



King Edw:

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CORRIGENDUM

Would you please note that, since the Directory went to press, information has been received that Hillingdon House Convalescent Home, Harlow and Princess Louise Convalescent Home, Nazeing are at present closed.

30th December, 1975.

King's Fund,  
14 Palace Court,  
W2.

KING EDWARD'S HOSPITAL FUND  
FOR LONDON

DIRECTORY  
OF  
CONVALESCENT HOMES  
SERVING GREATER LONDON

1976

*Patron :*

HER MAJESTY THE QUEEN

*Governors :*

HRH PRINCESS ALEXANDRA, THE HON MRS ANGUS OGILVY GCVO  
LORD ASHBURTON KG KCVO JP  
LORD COTTESLOE GBE TD

*Treasurer :*

R J DENT

Chairman of the Management Committee :

LORD HAYTER

*Secretary :*

G A PHALP CBE TD

THE HOSPITAL  
24 N°

DONATIONS

Published Annually  
by  
King Edward's Hospital Fund for London  
14 Palace Court W2

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# KING EDWARD'S HOSPITAL FUND FOR LONDON

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## *PREFACE*

The Directory was first published in 1948. As a result of reports of its usefulness received from Medical Social Workers and Health Workers, it was decided to make it an annual publication.

The decision to include a particular Home in this directory lies at the discretion of the Committee. Nearly all the Independent homes were visited by one or more members of the Committee prior to their acceptance for the Directory, and subsequently annual visits have been made whenever possible. Homes within the National Health Service have also been visited, by courtesy of Area Health Authorities. Private Homes that have contractual arrangements with Regional Health Authorities have been included.

Homes which are situated outside the borders of the four Thames RHAs and of the Wessex Region have been placed in Part II, few of them having been visited by members of the Committee. Wherever they may be, all Homes in the Directory are for patients for whom convalescence or a recuperative holiday has been recommended by a doctor.

Information about 36 convalescent homes situated outside the four Thames RHAs can be found in the Directory of Convalescent Homes serving the Provinces published by the British Hospitals Contributory Schemes Association (1948), 30 Lancaster Gate, London, W2 3LT



## EXPLANATORY NOTE

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PART I of the Directory contains Homes within the four Thames RHAs and the Wessex Region arranged alphabetically according to the name of the town or village in which the Homes is situated. Where there is more than one Home in a particular town, they are arranged in alphabetical order according to the names of the Homes.

PART II provides similar information about Homes situated outside those Regions.

The page containing details of each Home shows the Region in which the Home is situated at the top left hand corner and at the top right hand corner the words: "National Health Service", "Contractual Arrangements," "Special School" or "Independent." Patients at the first two will normally be a charge to the RHA, those at Special Schools are maintained by Local Educational Authorities and those at Independent Homes are frequently approved by Local Health Authorities under the recuperative holiday schemes.

When it is desired to select a Home in a particular district, reference should first be made to the GEOGRAPHICAL INDEX of Homes on pages viii to xi. Private Homes having contractual arrangements with RHAs are printed in italics in this list.

ALPHABETICAL INDEX on pages xii to xiv is an alphabetical list of Homes. The prefix letters to each Home show whether men, women or children are accepted and whether the following facilities are provided:—breakfast in bed, bed cases, ground floor rooms, long term stay.

CLASSIFIED INDEX on pages xv to xxiv contains lists of Homes showing the treatments they provide and medical conditions accepted. It also lists Homes taking particular social or occupational groups.

CHILDREN'S INDEX on page xxv contains a list of all the children's Homes showing the age groups accepted.

NORMAL EXCLUSIONS—Although the types of cases not admissible vary to a certain degree as between Homes, it can normally be taken that Pulmonary Tuberculosis, Pregnancy (after the fifth month), Mental Cases, Incurable, Infectious and Contagious Diseases and usually Skin Disease, Open Sores and Wounds are not accepted, unless otherwise stated. In trying to decide whether a patient is eligible or not for any given Home, a study of the information given under TREATMENT and STAFF will give a good idea as to the type of work undertaken.

## **LIST OF HOMES OMITTED SINCE THE LAST ISSUE OF THE DIRECTORY**

Maureen's Oast House for Arthritics, Lamberhurst.

Limpsfield Convalescent Home for Women, Limpsfield.

Croft Annexe, Reigate.

The Headland, Torquay.

# **MERCHANT SEAMEN'S CONVALESCENT HOME**

**SPRINGBOK-RADCLIFFE**

**ALFOLD,  
SURREY.**

**(Loxwood 752270)**

**PATIENTS:** Serving Merchant Seamen only. All convalescent cases.

**Ineligible :** Bed cases.

**RELIGION :** Undenominational.

**BEDS :** 25, in single rooms.

**TREATMENT:** Infra-Red Light: Occupational Therapy: Special diets: All dressings.

**STAFF: Chief Resident Officer:** Welfare Manager.

**Nursing Staff:** 1 Female (Resident).

**Medical Staff:** 1 Dr J W Hodson (on call).

**LENGTH OF STAY :** 2-3 weeks. Extensions granted when recommended by Doctor.

**ROUTINE AND RECREATION:** Patients get up at 7.30 am and go to bed at 10.30 pm. There is a library and plenty of indoor games, radio, television and a licensed club.

**Visiting Day :** Any day by appointment.

**CHARGES :** None. King George's Fund for Sailors contributes towards the upkeep of each seaman.

**RECEIVING DAY:** By arrangement, usually Wednesdays.

**DISCHARGE DAY:** By arrangement.

**STATION:** Guildford (Surrey) or Horsham (Sussex).

**GENERAL :** A splendidly equipped Home, in the grounds of the Society's 400 acre farm training centre, which is run for the rehabilitation of disabled seamen.  
The Home is open all the year round.

**APPLICATIONS :** to the Secretary, Merchant Seamen's War Memorial Society, Alfold, Surrey. (Telephone: Loxwood 752270) or at any Branch Office of the National Union of Seamen.

# **LONDON AND ASCOT PRIORY CONVALESCENT HOME**

**ASCOT PRIORY,  
ASCOT,  
BERKS, SL5 8RT**

**(Winkfield Row 2067)**

**Parent Society: Society of The Most Holy Trinity, Ascot, Berks. SL5 8RT  
(Winkfield Row 2067)**

**PATIENTS:** Women from 50 upwards. General Convalescence. Post-operative cases. Chronics. Hearts.

**Ineligible:** Normal exclusions. Bed cases. Those requiring night nursing.

**RELIGION:** Church of England. (All denominations accepted).

**BEDS:** 16, in one large ward on the ground floor. No isolation ward.

**TREATMENT:** Simple dressings. Intra-muscular injections can be given.

**STAFF: Chief Resident Officer:** The Reverend Mother Superior.

**Nursing Staff:** 3 SRN, 1 SEN

**Medical Staff:** Dr G Cook (visiting).

**LENGTH OF STAY:** No limit. Minimum 2 weeks.

**ROUTINE AND RECREATION:** Patients rise at 8.30 am after having breakfast in bed, and retire at 6.30 pm. No domestic work is expected from the patients. There is a library, and facilities for handicraft work are available.

**Visiting Day:** Every day 2.30 pm to 5 pm.

**CHARGES:** £25.00 per week. Personal laundry extra. There is one bed at a reduced charge of £2.50 per week, obtainable via the Reverend Mother Superior.

**RECEIVING DAYS:** Monday to Friday.

**DISCHARGE DAYS:** As above.

**STATION:** Ascot, from Waterloo.

**GENERAL:** The Home, which was built in 1865, is set well back from the road amongst pine-woods. It is attached to a Convent and stands in extensive grounds. Medical Social Workers are advised that it is suitable for elderly patients mostly of long stay. The Home is open all the year round.

**APPLICATIONS:** to the Reverend Mother Superior at the Home. NHS patients to N.W. Thames Regional Health Authority, 40 Eastbourne Terrace, W2 3OR.

## **EDITH EDWARDS HOUSE**

**PARK ROAD,  
BANSTEAD,  
SURREY.**

**(Burgh Heath 54174)**

**Parent Society: The Invalid Children's Aid Association.**

**PUPILS :** Boys and Girls, from 5-12 years, suffering from severe communication difficulties and behaviour disorders. Maximum admission age-9.

**RELIGION :** Undenominational.

**BEDS :** 21.

**TREATMENT :** Psychiatric consultations. Routine medical supervision. Speech therapy.

**STAFF : Chief Resident Officer:** Headmistress, Miss P Denny.

**Medical Staff:** Dr A Skarbek (Visiting Consultant Psychiatrist). Dr J R Mansfield, School Medical Officer.

**Psychologist:** Mr P Conn.

**LENGTH OF STAY :** Minimum one year. Until ready for transfer or on reaching maximum age.

**ROUTINE AND RECREATION :** Children get up at 7.30 am, and go to bed between 6.0 pm and 8.0 pm.

**School:** 5 hours daily in small groups according to ability; individual teaching for assessment of particular methods required for each child. Short holidays spent at home four times a year, and half-term and other week-ends if considered desirable. Regular swimming. Riding lessons if desirable.

**Visiting Day:** By arrangement with the Headmistress.

**CHARGES :** Payable by Local Education Authority.

**RECEIVING DAY:** By arrangement.

**DISCHARGE DAY:** Normally at the end of term.

**STATION :** Sutton, Surrey, from Victoria thence by bus No 164 to Banstead War Memorial at the entrance to Park Road.

**GENERAL :** A modern school building with small and varied rooms for a wide range of activities.

**APPLICATIONS :** to the General Secretary, The Invalid Children's Aid Association, 126 Buckingham Palace Rd., London, SW1W 9SB (01-730-9891)

**ZACHARY MERTON ANNEXE**

**HOLLY LANE,  
BANSTEAD, SURREY.**

**(25 54822)**

Patients taken from The London Hospital only, (01-247 5454), or by arrangement from the North East Thames Regional Health Authority, if vacancies permit

**PATIENTS:** Men and women over 21. Medical and surgical cases. Bed cases.

**RELIGION:** Undenominational.

**BEDS:** 50, on ground floor, in one ward of 12, six wards of 6, 1 private room and 1 isolation room.

**TREATMENT:** Physiotherapy and Occupational Therapy given. Limited number of Gastric and Diabetic diets provided. All dressings.

**STAFF: Chief Resident Officer:** Nursing Officer SRN SCM

**Nursing Staff:** Trained Nurses; Student Nurses; Nursing Auxiliaries.

**Medical Staff:** Dr D G E Alldridge (Medical Officer in Charge).  
Dr R A S Redd.

**LENGTH OF STAY:** Normal (maximum 1 month).

**ROUTINE AND RECREATION:** After early tea at 7 am those well enough are asked to be up and go to the dining room for breakfast at 8 am. All patients are encouraged to rest on their beds between 1.30 and 3 pm. There is a library and facilities for indoor games and separate television and sitting rooms.

**Visiting day:** Open visiting every day between 11 am and 8 pm.

**RECEIVING DAYS:** Monday and Thursday (men); Tuesday and Friday (women).

**DISCHARGE DAYS:** Monday and Thursday (men); Tuesday and Friday (women).

**STATION:** Sutton from Victoria or London Bridge then bus No. 164 or 164a to Banstead, or Underground to Morden and buses as above. Patients are brought from The London Hospital by ambulance.

**GENERAL:** The Home stands on high ground with an open field in front of it. All beds can be pushed out on to a wide, sunny terrace.

## BEXHILL CONVALESCENT HOME

163 COODEN SEA ROAD,  
LITTLE COMMON,  
BEXHILL-ON-SEA,  
SUSSEX.

(Cooden 4577)  
(Patients—Cooden 3782)  
(STD Code 0424 3)

**PATIENTS:** Men and Women from 17 years from the South-East Thames Region and London Teaching Hospitals. General convalescence especially for post-operative cases. Cardiac Diseases (including post cardiac surgery). Subject to the absolute discretion of the Medical Officer and/or Nursing Officer a limited number of patients with controlled colostomies can be accepted.

**Ineligible:** Bed and chairbound cases. Urinary incontinence. Severe asthma. Cor pulmonale. Inoperable malignant disease with a poor prognosis. Psychotic illness and senile confusional states.

**RELIGION :** Undenominational.

**BEDS:** 72. (Dormitory Wards. No single rooms). Lift.

**TREATMENT:** Convalescent, gastric and other diets, (including full, light, low calorie, low salt, but not individual diets). Dressings. Physiotherapy and active exercises.

**STAFF : Chief Officer :** Nursing Officer.

**Nursing Staff :** 8 SRN

**Medical Staff :** Dr J G Holmes-Milner (visiting).

**LENGTH OF STAY:** 2 weeks or at discretion of the Medical Officer of the Home.

**ROUTINE AND RECREATION:** The patients are called at 7.15 am and go to bed at 9.0-9.30 pm.

There are facilities for suitable indoor and outdoor games. Television, radio and library. A trolley-shop service is provided by the W.R.V.S. on Tuesdays and Fridays.

**Visiting Days:** From 2 pm. daily, until 7.30 pm.

**RECEIVING DAY :** Tuesday.

**DISCHARGE DAY :** Monday.

**STATION :** Cooden Beach, from Victoria.

**GENERAL :** The Home stands in its own grounds in a pleasant position. It is ten minutes' walk from the sea.

**APPLICATIONS:** to The Administrator, Bexhill Convalescent Home, Cooden, Bexhill-on-Sea, Sussex.

## THE MENTAL AFTER CARE ASSOCIATION

LAWN COURT, 26-27 PARK ROAD,  
BEXHILL-on-SEA,  
SUSSEX.

**PATIENTS** : Men and Women suffering from some degree of mental disability. Normally long-stay but recuperative holidays also given.

**Ineligible** : Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION** : Undenominational.

**BEDS** : 36. 1-5, according to size of rooms.

**TREATMENT** : Mental rehabilitation.

**STAFF** : Three resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY** : Recuperative holidays or indefinite long-term care.

**ROUTINE AND RECREATION** : All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities encouraged.

**CHARGES** : £22.75 per week.

**RECEIVING DAY** :  
**DISCHARGE DAY** : } Any week-day.

**STATION** : Bexhill Central—frequent trains from Victoria.

**GENERAL** : Large house facing park and one minute from sea.

**APPLICATIONS** : To The Secretary, The Mental After Care Association, Eagle House,  
110 Jermyn Street, London, SW1Y 6HB



## THE MENTAL AFTER CARE ASSOCIATION

THE TOWERS, 18 EGERTON ROAD,  
BEXHILL-on-SEA,  
SUSSEX.

**PATIENTS:** Women suffering from some degree of mental disability. Normally long-stay but recuperative holidays also given.

**Ineligible :** Normal exclusions other than mental illness. Bed cases or those requiring nursing care and night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS :** 25. 1-4 according to size of rooms.

**TREATMENT :** Mental rehabilitation.

**STAFF:** Three resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY :** Recuperative holidays or indefinite long-term care.

**ROUTINE AND RECREATION :** All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities encouraged.

**CHARGES :** £22.75 per week.

**RECEIVING DAY :**  
**DISCHARGE DAY:** } Any week-day.

**STATION :** Bexhill Central—frequent trains from Victoria Station.

**GENERAL :** Large house facing park, with Annexe, one minute from sea.

**APPLICATIONS :** To the Secretary, The Mental After Care Association, Eagle House,  
110 Jermyn Street, London, SW1Y 6HB

## **THE WHITE HOUSE CONVALESCENT HOME**

**23 CANTELUPE ROAD,  
BEXHILL-ON-SEA,  
SUSSEX.**

**(Bexhill 212540)**

### **London Telecommunications Region Mutual Aid Fund**

**PATIENTS :** Members of the London Telecommunications. Other patients accepted if vacancies. General convalescence either sex up to 65 years of age.

**Ineligible :** Normal exclusions. Bed cases. No diets.

**RELIGION :** Undenominational.

**BEDS :** 22, 3 single rooms; 8 rooms with 2 single beds; (including 1 on the ground floor); 1 room with 3 single beds.

**TREATMENT :** None. Simple dressings.

**STAFF: Chief Resident Officer:** Mrs I Stewart (Matron).

**Nursing Staff:** None.

**Medical Staff:** Visiting Doctor.

**LENGTH OF STAY :** Normally 2 weeks.

**ROUTINE AND RECREATION :** No restrictions. Radio, television and small library.

**CHARGES:** £25.00 per week.

**RECEIVING DAY :** Saturday (after lunch).

**DISCHARGE:** Friday.

**STATION :** Bexhill (Central).

**GENERAL:** Home 150 yards from the sea. Garden. Closed for two weeks at Christmas.

**COMMUNICATIONS :** to Assistant Secretary, LTR Mutual Aid Fund, Ref Ms 223 Camelford House, 87/90 Albert Embankment, London SE1 7TS or 01-587-8000 Ext. 7378.

**APPLICATIONS :** to P231B, Room 945 Camelford House, 87/90 Albert Embankment, London SE1 7TS (01-587-8000. Ext 7263.)

**EDITH PRIDAY HOME  
OF THE BRITISH RED CROSS SOCIETY  
21 & 23 ST JOHN'S PARK, BLACKHEATH, SE3 7TE**

**(Admissions : 01 858-8469)**

**(Matron : 01 858-0039)**

**(Patients : 01 858-1063)**

**PATIENTS :** Men and women over 70, mainly those living in the County of London, for convalescence.

**Ineligible :** Incontinent cases, mentally confused, colostomy and tracheostomy cases or bed-ridden.

**RELIGION :** Undenominational.

**BEDS :** 42, in wards of 2-4. (3 ground floor wards—women).

**TREATMENTS :** Some treatments undertaken but physiotherapy must be arranged through Greenwich District Hospital, Vanbrugh Hill, Greenwich, London SE10 9HE (Tel. 01-858 8141). Gastric and diabetic diets provided. Simple dressings.

*A supply of drugs should accompany patients together with an up-to-date letter from the Ward Sister giving particulars of dosage and treatments.* Name and address and telephone number of General Practitioner must be shown on forms.

**STAFF : Chief Officer :** Matron (SRN).

**Admitting Officer:** Mrs A Crisp.

**Nursing Staff:** 4 SEN, 8 Nursing Auxiliaries.

2 Night Attendants.

**Medical Staff:** Dr W Chandler (Hon Medical Officer).

**Administration :** Secretary.

**LENGTH OF STAY :** Maximum 4 weeks. Upon request Hospitals must accept responsibility for re-admissions.

**ROUTINE AND RECREATION :** Patients are expected to take all meals in the dining rooms. All clothing and possessions must be marked. No domestic work involved. Independence encouraged. Diversional therapy. Hair-dressing and chiropody arranged. Trolley shop. Film shows. Coach trips. T.V.

**Visiting:** Unrestricted. Outings encouraged.

**CHARGES:** £33.60 per week.

**RECEIVING DAY:** Thursday morning 10.00 am. to 12.30 pm. Home open—all year round.

**DISCHARGE DAY:** Thursday.

**STATION :** Blackheath, from Charing Cross, Waterloo and London Bridge. Green Line bus (701 & 702) from Victoria to Roxy Cinema. Buses: 53, 54, 75, 89, 108B and 192.

**GENERAL :** There is a lift. The Home is situated in a spacious residential district with pleasant gardens. Very near church, shops, cinema.

**APPLICATIONS:** To the Admissions Officer, 23 St. John's Park, Blackheath, London, SE3 7TE. Tel: 01-858-8469.

**FOXHOLM**

**3 MARINE DRIVE WEST,  
BOGNOR REGIS,  
SUSSEX  
PO21 2QA**

**(Bognor Regis 23517)  
(024-33-23517)**

**Bermondsey Medical Mission.**

**PATIENTS :** Women over 60.

**Ineligible :** Cases requiring night attention or bed cases. Incontinent or mentally confused patients.

**RELIGION :** Interdenominational (Mission).

**BEDS:** 24; eight on the ground floor, 5 single rooms upstairs. Lift.

**TREATMENT :** Special diets provided : Light dressings.

**STAFF : Nursing Staff :** Matron (SRN).

2 Part time SEN.

**Medical Staff :** Visiting.

**LENGTH OF STAY :** Normally 2 weeks: longer in winter months if required.

**ROUTINE AND RECREATION :** Breakfast in bed, evening prayers, television, radio, books and piano.

**CHARGES:** £20.00 per week shared £24.00 per week single room

**RECEIVING DAY :** Monday afternoon

**DISCHARGE DAY:** Monday morning

**VISITING DAY :** Any day.

**STATION:** Bognor Regis. 14.02 pm train from Victoria is met at Bognor Regis station.

**GENERAL :** The house is situated on the sea front within easy reach of shops.

**APPLICATIONS :** to the Matron.

# THE VICTORIA CONVALESCENT HOME

THE ESPLANADE,  
BOGNOR REGIS,  
SUSSEX.

(Bognor 23042)

**PATIENTS:** Women, men and married couples aged 16-75, but older cases will receive consideration. General convalescence including Asthma, mild heart cases, diabetics. Subject to the absolute discretion of the Medical Officer and/or Matron a limited number of controlled colostomies can be accepted.

**Ineligible :** Normal exclusions. Bed cases.

**RELIGION :** Undenominational.

**BEDS:** 40 beds in all. 30 in wards mostly cubicled. 6 single rooms. 2 double rooms 6 beds are on the ground floor. There is a lift.

**TREATMENT:** No special treatments. Simple dressings.

**STAFF: Chief Resident Officer:** Matron (SRN).

**Nursing Staff :** 1 Nurse SEN (resident).

2 Nursing Auxiliaries.

1 Night Nurse.

**Medical Staff :** Dr Greenway (visiting).

**LENGTH OF STAY :** As required.

**ROUTINE AND RECREATION :** The patients may rest in their rooms in the afternoons. Piano, wireless, books, colour television.

**Visiting Day :** Any day.

**CHARGES:** Single rooms £16.00 per week. Double rooms £14.00 per week each. Wards £12.00 per week.

**RECEIVING DAYS :** Mondays.

**DISCHARGE DAY:** Mondays.

**STATION :** Bognor Regis, from Victoria. The Home is 7 minutes' walk from the station.

**GENERAL :** The Home was built in 1897 and stands on the sea front. It has a pleasant garden and is near to shops etc. Fully centrally heated. Closed each year for the week in which Christmas day falls.

**APPLICATIONS :** to the Secretary, The Victoria Convalescent Home, Roselawn, Rose Walk, Seaford, Sussex (Seaford 0323-893950).

**HAHNEMANN CONVALESCENT HOME**

**HAHNEMANN ROAD,  
WEST CLIFF,  
BOURNEMOUTH,  
HANTS BH2 5JW**

**(Bournemouth 20115)**

**PATIENTS :** Women. General convalescence. Subject to the absolute discretion of the Medical Officer and/or Sister-in-Charge, a few emotionally disturbed patients may sometimes be accepted. Such patients must have already RECEIVED treatment for their condition and be in the convalescent stage.

**Ineligible :** Patients suffering from Pulmonary Tuberculosis. Advanced Heart Disease. Bronchitis or Bronchial Asthma. Fits (Epileptic or other), Diabetes (or Special Diet), colostomies, cases of incontinence or recovering from infectious disease. Patients under the age of 15.

**RELIGION :** Undenominational.

**BEDS :** 32 (shared rooms). Lift available, but stone steps to main entrance.

**TREATMENT :** No diets. Most dressings undertaken.

**STAFF: Chief Officer:** Matron (SRN SCM).

**Nursing Staff:** 1 SRN; 2 SEN; 2 Nursing Auxillaries.

**Medical Staff:** Dr M Harling.

**LENGTH OF STAY:** Maximum 2 weeks.

**ROUTINE AND RECREATION :** Patients get up at 8 am and are in bed by 9.30 pm. They are, if able, expected to make their own beds, but are not required to do any other form of domestic work. All patients rest in the afternoon (1pm. to 2 pm.) There is a radio, piano, and television. Patients may go out daily apart rest period.

**Visiting:** Daily, unrestricted (apart from patients' rest period).

**STATION:** Bournemouth Central, from Waterloo, thence by taxi to the Home, at own expense.

**GENERAL :** Built in 1878 in a residential district near the sea on top of the cliffs. Closed each year for the week in which Christmas day falls.

**APPLICATONS :** To Matron.

## THE MENTAL AFTER CARE ASSOCIATION

KING'S HOUSE, 1 EARLE ROAD,  
WESTBOURNE,  
BOURNEMOUTH

**PATIENTS:** Men and Women suffering from some degree of mental disability.

**Ineligible:** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION:** Undenominational.

**BEDS:** 31. 1-4, according to size of rooms.

**TREATMENT:** Mental rehabilitation.

**STAFF:** Three resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY:** Recuperative holidays or indefinite long-term care.

**ROUTINE AND RECREATION:** All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities encouraged.

**CHARGES:** £22.75 per week.

**RECEIVING DAY:** }  
**DISCHARGE DAY** } Any week-day.

**STATION:** Bournemouth Central—frequent trains from Waterloo.

**GENERAL:** Detached residence with garden, close to Alum Chine and bus routes to surrounding areas of Bournemouth.

**APPLICATIONS:** To The Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

## ST JOSEPH'S CONVALESCENT HOME

11 & 13 BRANKSOME WOOD ROAD,  
BOURNEMOUTH,  
HANTS, BH2 6BU

(Bournemouth 27869) Staff  
( „ 23772) Patients

**PATIENTS :** Men and women aged 16-80. General convalescence. Subject to the absolute discretion of the Medical Officer and/or Matron a limited number of patients with controlled colostomies can be accepted.

**Ineligible:** Asthma or inoperable carcinoma and severe or chronic chest and heart conditions.

**RELIGION :** Roman Catholic. (All denominations taken).

**BEDS :** 30 in men's home including 5 on the ground floor. 40 in women's home. None on ground floor but there is a lift. 16 in new extension for men and women having 12 single and 2 double rooms. This extension has its own lift.

**TREATMENT :** No treatments. Gastric, diabetic and other diets provided. Simple dressings.

**STAFF : Chief Resident Officer :** Reverend Mother.

**Nursing Staff :** 1 SRN 2 SEN.

**Medical Staff :** Dr P J Cremin (visiting).

**LENGTH OF STAY :** 2 weeks to 3 months.

**ROUTINE AND RECREATION :** Breakfast 8.15 am; the women retire at 9.0 pm and the men at 9.30 pm. Breakfast in bed if necessary. Patients are expected (if able) to make their own beds, and women to wash up dining room cutlery and set tables. Occupational therapy optional. Large summer house in garden of Women's Home. Pianos, Wireless, Coloured Television in each Home.

**Visiting Day :** Any day.

**CHARGES:** £12.00 per week (4/6 bedded rooms). £14.00 per week (2 bedded rooms) £14.00 (private rooms). Single rooms in the new extension £16.00 weekly. Laundry extra.

**RECEIVING DAY :** Any day.

**DISCHARGE DAY :** Same as receiving day.

**STATION :** Bournemouth Central, from Waterloo. Patients make their own way to the Home. Taxis are available.

**GENERAL :** The Home is situated on sloping ground in a residential district, half a mile from the sea. It has an extensive garden. Central heating.

**APPLICATIONS :** to the Reverend Mother including NHS patients.



## CONVALESCENT HOSPITAL FOR OFFICERS

4 PERCIVAL TERRACE,  
BRIGHTON BN2 1FP  
SUSSEX.

(Brighton 66884)

**Joint Committee of the Order of St. John of Jerusalem, and the British Red Cross Society.**

**PATIENTS :** Ex-Service Naval, Army and Air Force Officers, including ex-War Service temporary officers. Wives and widows whose husbands are or were officers. Members of the medical profession, not already eligible as ex-holders of commission in H.M. Forces, who have given service in the Emergency Service during the Second World War and officers of the Merchant Navy. A few beds are available for serving and retired men and women officers, members, auxiliary members of the Order of St. John and the British Red Cross Society.

**Ineligible :** Active Tuberculosis, Mental or Infectious cases. Disabled cases may be admitted in small numbers for short periods.

**RELIGION:** Undenominational.

**BEDS:** 22, mostly single rooms. Lift for invalid chairs.

**TREATMENT:** Diet as necessary; surgical dressings. Trained Staff day and night.

**STAFF:** Visiting Medical Officer.

**Nursing Staff:** Matron (SRN); 2 SRN; 1 SEN; Male Orderlies.

**LENGTH OF STAY:** Usually as requested—2-4 weeks.

**ROUTINE AND RECREATION:** There is early morning tea in bed.

Patients retire as desired. Breakfast is provided in bed if necessary. There is a library and television room, etc. Hospital is within easy reach of local golf links, tennis courts, theatre and cinema.

**Visiting hours:** unrestricted except meal times.

**CHARGES:** Charges at present £43.40 per week. The Hospital is recognised by the DHSS, The Officers' Association and the Royal Air Force Benevolent Fund who frequently meet hospital expenses.

**RECEIVING DAY:** Normally Monday to Friday inclusive.

**STATION:** Brighton. Hospital is 2 miles from station. Patients travel by taxi as there is no hospital transport.

**GENERAL:** The Hospital stands on the sea front, at the east end of Brighton, with an uninterrupted view over the English Channel.

**APPLICATIONS :** To the Secretary, Convalescent Hospital for Officers, 4 Percival Terrace, Brighton BN2 1FP.

**FRENCH CONVALESCENT HOME****DE COURCEL ROAD****BRIGHTON****SUSSEX, BN2 5TF**

**PATIENTS:** Permanent French, aged 60 years and over. A few non-French are admitted on exceptional occasions.

**RELIGION:** Undenominational. Has own R.C. chapel in the Home.

**BEDS:** 44 private rooms, Lift to all floors.

**TREATMENT:** A limited number of cases needing simple dressings or on light diets.

**STAFF: Chief Officer:** Secretary/Administrator.

**Nursing Staff:** 4 Nuns.

**Medical Staff:** Medical Officer (visiting).

**LENGTH OF STAY:** Permanent (after 1 week's trial period).

**ROUTINE AND RECREATION:** Breakfast at 8.00 am. Tea at 10.30 am. Lunch at 12.30 pm. Tea at 4.00 pm. Supper at 6.30 pm. Hot drinks if required at 8.30 pm. No meals normally served in bedrooms. 2 recreation rooms, television, large enclosed garden.

**VISITING DAYS:** Any day.

**CHARGES:** Dependent on financial means.

**RECEIVING DAYS:** Any day.

**DISCHARGE DAYS:** Any day.

**STATION:** Brighton. Buses Nos. 7; 37; 39; 47. Taxis in station yard.

**GENERAL:** The Home faces the sea, and is served by numerous buses. There is a small shopping centre adjacent in Arundel Street.

**APPLICATIONS:** To the Secretary/Administrator at the London headquarters address and telephone number:—6-12 Osnaburgh St., NW1 3DH (01-387-4612)

**VALUABLE ARTICLES:** The Home cannot accept responsibility for these, and entrants are therefore requested not to fetch them.

# FAIRFIELD HOUSE RESIDENTIAL SCHOOL

FAIRFIELD ROAD, BROADSTAIRS, KENT.

CT10 2JZ

(Telephone 0843-62132)

**OWNERS:** The Save the Children Fund, 157 Clapham Road, London, SW9 0PT.

**PUPILS:** Girls aged 5-16. Mild maladjustment, delicate, asthmatic, bronchietic, diabetic, epileptic (non-severe, well-controlled). Long stay or short stay.

**Ineligible:** Normal exclusions. Bed cases.

**RELIGION:** Undenominational.

**BEDS:** 52 in rooms containing 2-10 beds. (Provision for total of 65 planned for 1976/77).

**TREATMENT:** Remedial exercises. Special Diets. Comprehensive treatment asthmatics.

**STAFF Chief Resident Officer:** The Headmistress

**Nursing Staff:** 1 SRN: 10 Child Care Assistants

**Medical Staff:** Medical Superintendent attends once weekly—or as required

**Teaching Staff:** 5 Teachers full time; 1 Teacher part time

**LENGTH OF STAY:** Not less than 1 term. (School closes for the holidays)

**ROUTINE AND RECREATION:** The children rise at 7.30 a.m. and go to bed between 7 and 9.30 p.m. according to age. There is a rest after dinner. There is a play-room and large supply of children's books and games, clubs, etc., radio and television.

Fully-equipped Domestic Science Unit and full school curriculum.

Solarium with Vita-glass windows.

Fully-equipped Gymnasium/Assembly Hall.

**Visiting:** Preferably at week-ends, but by arrangement.

**CHARGES:** Payable by Local Education Authority.

**RECEIVING DAY:** Beginning of School terms. Four term year: January, April, July, October, and when vacancies occur.

**DISCHARGE DAY:** Last day of each School term.

**STATION:** Broadstairs, from Victoria. Pupils are met at Broadstairs station.

**GENERAL:** A Victorian house with  $4\frac{3}{4}$  acres of garden and playing space with equipment. About  $1\frac{1}{4}$  miles from the sea.

**APPLICATIONS:** To the Headmistress.

## HEARTS OF OAK BENEFIT SOCIETY HOME

CALLIS COURT ROAD,  
BROADSTAIRS,  
KENT.

(0843 62250)

**PATIENTS :** Men aged not over 70 and women not over 65 with priority for members of the Hearts of Oak Benefit Society or other Friendly Societies. General convalescence.

**Ineligible :** Normal exclusions. Bed cases.

**RELIGION :** Undenominational.

**BEDS :** 37 in single rooms for men, of which 4 are on the ground floor, and 11 in single rooms for women.

**TREATMENT :** Medical and nursing attention in emergency only.

**STAFF :** Chief Resident Officer : Matron.

**Medical Staff :** Dr J M A Jepps (visits twice weekly).

**LENGTH OF STAY :** Normally 2 weeks. Extensions allowed if recommended by the Medical Officer. Maximum 4 weeks.

**ROUTINE AND RECREATION :** Guests should observe the regulations of the Home. Breakfast is at 8.30 am and all patients should be in bed by 10 pm. No form of domestic work is expected from the guests. There is a library as well as a supply of indoor games including two billiards tables ; radio and television ; in the garden the patients can play bowls. Weekly concerts are organised inside the Home, and there are also occasional coach trips to the surrounding districts.

**Visiting Days :** Wednesday, Saturday and Sunday, 2 to 5 pm.

**CHARGES :** £21.60 per week (non-members) inclusive of VAT. No charge to members whose membership covers Convalescent Home benefit. All residents are responsible for their personal laundry.

**RECEIVING DAY :** Thursday, after 2 pm.

**DISCHARGE DAY :** Thursday, prior to mid-day.

**STATION :** Broadstairs, from Victoria. Patients met at the station with a car, if travelling by train and notice given to the Matron.

**GENERAL :** The buildings, which are modern, stand about a mile back from the sea in 10½ acres of ground. Lift serves all floors. The Home is closed for two weeks over the Christmas period.

**APPLICATIONS :** To the Hearts of Oak Benefit Society, Hearts of Oak House, Euston Road, London, NW1 2DL (01-387-5020) or direct to the Matron (0843 62250).

## ST MARY'S HOME FOR CHILDREN

(The Sisters of the Church)  
NORTH FORELAND ROAD,  
BROADSTAIRS,  
KENT.

(Thanet 62314)

**Parent Society :** Church Extension Association, Inc., St. Michael's Convent,  
Ham Common, Richmond, Surrey.

**PATIENTS :** Boys aged 3-9. Girls aged 3-15. "In care". Occasional vacancies for short periods of convalescence. Noninfectious T.B. contacts. Malnutrition. Emotionally disturbed.

**RELIGION :** Church of England. (All denominations accepted).

**BEDS :** 26.

**STAFF :** Chief Resident Officer : Sister-in-Charge.

**Staff :** 1 Assistant (Sister of the Community); 6 Resident Assistants, plus part-time non residents.

**Medical Staff :** Dr D Chastell.  
Dr C H T Bond MB BCh (Cam).

**LENGTH OF STAY :** According to medical advice, or local Authority Placement.

**ROUTINE :** Children get up at 7 am and retire between 6-10 pm. Rest according to need. School by arrangement with local authority.

**RECREATION :** Television. Radio. Facilities for indoor and outdoor games. Play ground apparatus—swings, climbing frame, etc.

**Visiting :** Free.

**CHARGES :** £41.19 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY :** } By arrangement.

**STATION :** Broadstairs.

**GENERAL :** Well-constructed modern house, centrally heated. Situated on the cliff top, with large gardens, and easy access to the shore.

**APPLICATIONS :** Sister-in-charge at the Home.

## THE MENTAL AFTER CARE ASSOCIATION

31 YORK ROAD,  
CHEAM,  
SURREY.

**PATIENTS :** Women of working age suffering from some degree of mental disability.  
For long and short stays.

**Ineligible :** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS:** 29. Main House—19. Numbers according to size of rooms.  
Units—10 single rooms.

**TREATMENT:** Rehabilitation toward full employment and social independence.

**STAFF:** Two resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY :** Normally 3-6 months, may be extended.

**ROUTINE AND RECREATION:** Meal times to suit residents' hours of employment.  
All residents make their own beds and help with domestic tasks where possible or reasonable. Bedtime not later than 11 pm unless special concession granted.  
Television, radio and other indoor and outdoor amusements provided. Outside interests encouraged.

**CHARGES:** £22.75 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY:** } Any week day.

**STATION :** Sutton or Cheam. Frequent trains from Victoria Station, also Green Line Coaches.

**GENERAL:** Detached residence with large garden. Also two purpose built self-care units for 10 women thought ready to live more independently.

**APPLICATIONS :** To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

## THE MENTAL AFTER CARE ASSOCIATION

78 BARROWGATE ROAD,  
CHISWICK, W4

**PATIENTS** : Men and women in need of rehabilitation or recuperation after a mental illness. Preference given to those under 50 years.

**Ineligible** : Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION** : Undenominational.

**BEDS** : 23. Numbers according to size of rooms, mostly two or three.

**TREATMENT** : Rehabilitation towards full employment and social independence.

**STAFF** : Two resident staff trained or experienced in mental nursing.

**LENGTH OF STAY** : Normally 3-6 months.

**ROUTINE AND RECREATION** : Breakfast and evening meals to suit residents' hours of employment. All residents make their own beds and help with domestic work where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusement provided. Outside interests encouraged.

**CHARGES** : £22.75 per week.

**RECEIVING DAY** : }  
**DISCHARGE DAY** : } Any week day.

**STATION** : Turnham Green and thence by bus. Frequent services.

**GENERAL** : Detached residence with garden; close to main road, buses and shops.

**APPLICATIONS** : To the Secretary, The Mental After Care Association, Eagle House,  
110 Jermyn Street, London, SW1Y 6HB

# THE MIDDLESEX HOSPITAL CONVALESCENT HOME

CLACTON-ON-SEA,  
ESSEX, CO15 6EY

(0255 22877)

(Patients—0255 21992)

The Home is primarily intended for patients on discharge from hospitals in the North-East District of Kensington and Chelsea and Westminster AHA. Others are admitted when vacancies permit.

**PATIENTS :** Men and women. General convalescence.

**Ineligible:** Normal exclusions, chronic chest cases in winter.

**RELIGION :** Undenominational.

**BEDS:** 62. Lifts to all floors. No single rooms.

**TREATMENT :** Diets. Dressings.

**STAFF: Chief Resident Officer:** Nursing Officer (SRN QNS CMB Part 1)

**Nursing Staff:** 3 Sisters (SRN); 7 Staff Nurses; 3 Enrolled Nurses; 10 Nursing Auxiliaries.

**Medical Staff :** Dr C A Haxton visits regularly and when required.

**LENGTH OF STAY :** Usually two weeks.

**ROUTINE AND RECREATION :** Breakfast at 8.30 am is served in bed if necessary. There is a library, wireless and television, a quiet room, and a games room.

**Visiting Day:** Any day 10 am. to 6 pm. and by arrangement with the Nursing Officer.

**RECEIVING DAY :** Tuesday (see arrangements under STATION).

**DISCHARGE DAY :** Tuesday (see arrangements under STATION).

**STATION:** Clacton-on-Sea from Liverpool Street. Patients usually travel by coach from the Middlesex Hospital, leaving there at 9.30 am. On return the coach arrives at the Hospital at 4.45 pm. Transport is not normally arranged from the Hospital to the patient's home.

**GENERAL :** The Home is situated in delightful grounds, about 5 minutes from the sea and 15 minutes from the town centre.

**APPLICATIONS:** "Convalescent" forms (A4, etc.—in duplicate if possible) to the Admissions Office, The Middlesex Hospital, Mortimer Street, London, W1N 8AA. Enquiries: 01-636 8333 Ext: 347.



## ST MICHAEL'S CONVALESCENT HOME

MARINE PARADE EAST,  
CLACTON-ON-SEA,  
ESSEX, CO15 6JW

(Clacton 23688)

**Owners :** Westminster Sisters of Mercy, 11 Harewood Avenue, NW1.

**PATIENTS :** Women up to 75 years of age—over 75 subject to approval by the Medical Officer. General convalescence. Colostomies. A limited number of emotionally disturbed patients.

**Ineligible :** Normal exclusions. Asthmas, cardiac failure and other severe heart conditions.

**RELIGION :** Roman Catholic. (All denominations taken).

**BEDS :** 85 in single and sharing rooms. Lifts to all floors.

**TREATMENT :** All diets, if notified prior to arrival. All dressings. Physiotherapy should be arranged with Clacton Hospital before patients are sent to the Home

**STAFF : Chief Resident Officer :** Mother Superior.

**Nursing Staff :** Religious Sisters, SRN and Assistant Nurses.

**Medical Staff :** Dr T J Ryan (visiting).

**LENGTH OF STAY :** As arranged, maximum three months.

**ROUTINE AND RECREATION:** Early tea is served to each patient in bed. Patients are expected to take all meals in the dining room. There is a library. The beach is only a few yards away. There is a Chapel in the Convent grounds, but attendance is not compulsory. Television and wireless. Large balconies overlooking the sea.

**Visiting Hours :** 10 am to 8 pm daily.

**CHARGES:** Single rooms £13.50. Sharing rooms £11.50. Units £18. + V.A.T.

**RECEIVING DAYS :** Tuesdays, Thursdays, Fridays and Saturdays. Patients should leave before dinner on the day of departure.

**DISCHARGE DAY :** Any day.

**STATION :** Clacton-on-Sea, from Liverpool Street. Taxis available at Clacton.

**GENERAL :** The Home stands on the sea front and faces south. Central heating and supplementary heating when necessary.

**APPLICATIONS :** To the Matron.

## ST OSYTH'S PRIORY CONVALESCENT HOME

NEAR CLACTON,

ESSEX.

(St. Osyth's 820 235)

**PATIENTS:** Men and women up to 69. General convalescence. A limited number of colostomy cases can be accepted.

**Ineligible :** Hearts. Asthma. Those unable to climb stairs.

**RELIGION :** Undenominational.

**BEDS :** 36, in rooms containing 1-5 beds. None on ground floor.

**TREATMENT :** General Nursing treatment. Gastric and diabetic diets. Dressings.

**STAFF : Chief Resident Officer :** Matron (SRN).

**Nursing Staff :** 3 SRN; 1 Nursing Orderly.

**Medical Staff :** Dr Colquhoun (visiting).

**LENGTH OF STAY :** Normally 2 weeks.

**ROUTINE AND RECREATION :** Patients are called with tea in bed at 7 am. Breakfast at 8.30 am, lunch at 12.30 pm, afternoon tea at 3 pm, evening meal at 6 pm. Light refreshments are provided at 10.30 am and 8.0 pm. Patients go to bed at 9.30 pm. Lights out at 10.0 pm. Wireless. Piano. Billiards. Darts. Television. Table Tennis.

**Visiting Day:** Every day.

**CHARGES :** Payable by Regional Hospital Board.

**RECEIVING DAY:** Monday. (If own transport, please arrive between 3-4 pm).

**STATION :** Clacton-on-Sea from Liverpool Street. (Patients are met). Coaches from King's Cross pass the Home.

**GENERAL:** The Home is a large private residence situated in the centre of the village, two miles from the sea. The grounds are very interesting, containing several historical buildings and the gardens provide many interesting walks.

**APPLICATIONS:** To North East Thames Regional Health Authority, 40 Eastbourne Terrace, London, W2 (01-262-8011 Ex. 207).

## KING EDWARD VII CONVALESCENT HOME FOR OFFICERS

OSBORNE HOUSE,  
EAST COWES,  
ISLE OF WIGHT. PO32 6JY. (Cowes 2511/2/3)

**Owner :** Department of the Environment, 2 Marsham St., London SW1

**CONVALESCENTS :** Serving Officers (men and women), Ex-Service Officers (men and women), Established Serving and Retired (on pension) Officers of the Civil Service (men and women), Permanently Unestablished Officers (men and women), Colonial Office and Foreign Office. All admissions are subject to House Governor's personal approval.

**RELIGION :** Undenominational.

**BEDS :** 50, mostly in single rooms. 3 ground floor rooms. There is a lift.

**TREATMENT :** Physiotherapy, Remedial exercises. Remedial Hot Pool. Occupational Therapy. Simple dressings. No special diets.

**STAFF: House Governor and Medical Superintendent:** Surgeon Captain R S McDonald, MRCS LRCP DMRD RN (Retd.)

**Nursing Staff :** Matron (SRN); 2 Sisters (SRN); 4 SRN; 1 Physio-therapist; 1 Remedial Gymnast.

**Medical Staff :** One of a panel of 15 Hospital and Service Consultants visits monthly.  
2 visiting local Consultants.

**LENGTH OF STAY:** Average 3 weeks. Open all the year.

**ROUTINE AND RECREATION :** According to patient's condition. No domestic work is expected of them.

Golf course and bathing beach. Sailing. Tennis court, croquet. Clock golf. Recreation hall with stage, billiards, library, radio and television. Indoor and outdoor entertainments organised frequently.

**Visiting Day :** Any day (see GENERAL).

**CHARGES:** No charge to Serving Officers and Department of Health and Social Security Disability Pension cases. £4.50 per day 1st April to 30th September and £3.50 per day 1st October to 31st March for ex-officers and Civil Service Officers. 10p a day to "Sports Fund."

**RECEIVING AND DISCHARGE DAYS :** Monday, Wednesday and Friday.

**STATION :** Ryde, from Waterloo, via Portsmouth Harbour. Patients are met at Ryde, Pier Head by the house car. Cases from the West country via Southampton-East Cowes.

**GENERAL:** Former private home of Queen Victoria, standing in 400 acres of grounds. There is a Guest House for patient's relatives nearby.

**APPLICATIONS :** To the House Governor/Medical Superintendent, via employing departments in the case of Civil Servants.

**THE OLD RECTORY,  
THE CHURCH'S MINISTRY OF HEALING  
CROWHURST, nr BATTLE,  
SUSSEX.**

(Crowhurst 204)

**PATIENTS :** Those who need rest or are suffering from some personal shock, from the stress of life, or who need a time of convalescence. The family atmosphere and the Services which are held daily in the Chapel are of great value to these individuals. Ambulant patients only.

**RELIGION :** All denominations welcomed.

**BEDS :** 30, mainly in single rooms, but a few double rooms are available for those accompanied by relative or friend.

**TREATMENT :** Personal interviews and a therapeutic programme (Tuesday to Tuesday) designed to aid relaxation, healing and readjustment. Good food but no special diets.

**STAFF : Warden :** The Rev Paul Peters (Anglican), member of the Churches' Council of Healing.

**Visiting Consultants:** The Rev G A Cornforth (Methodist). The Rev F A W Coleridge (Anglican).

**Medical Staff :** Dr Kenneth Brown (visiting).

**LENGTH OF STAY:** Usually 1-2 weeks. Variable by consultation with Warden.

**ROUTINE AND RECREATION:** Breakfast in rooms, main meals in dining room. Family Prayers, 10 am, Evensong 6 pm. The House is much like a private hotel with drawing room, TV Room, Silent Room and Library, Art and Craft Room etc. Patients are known as 'visitors' or 'guests'.

**CHARGES:** A Contribution of £24.00 a week is asked (with a non-returnable deposit of £4.00 per head due on booking).

**RECEIVING DAY :** Midweek is preferred; Tuesday afternoon is best.

**STATION:** Crowhurst, from Charing Cross; 5 minutes' walk.

**GENERAL:** The House is situated in beautiful country and surrounded by an attractive and secluded garden. Across the valley is the sea, four miles distant. In easy reach of Bexhill and Hastings.

**APPLICATIONS:** To the Warden.

## THE MENTAL AFTER CARE ASSOCIATION

COIGNAFEARN,  
226 PAMPISFORD ROAD,  
S CROYDON,  
SURREY, CR2 6DB

**PATIENTS :** Men and women in need of rehabilitation after mental illness. Preference to those under 50 years.

**Ineligible :** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS :** 43. Numbers according to size of rooms.

**TREATMENT :** Rehabilitation towards full employment and social independence.

**STAFF :** Four resident staff trained or experienced in mental nursing.

**LENGTH OF STAY :** Normally 3-6 months, may be extended.

**ROUTINE AND RECREATION :** Breakfast and evening meals to suit residents' hours of employment. All residents make their own beds and help with domestic work where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and indoor and outdoor interests provided.

**CHARGES:** £22.75 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY :** } Any weekday.

**STATION :** East Croydon, thence by bus. Frequent trains from Charing Cross or Victoria Stations.

**GENERAL :** Large house and annexe with pleasant garden, overlooking park at rear.

**APPLICATIONS :** To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

**YARBURGH CHILDREN'S HOME**

**HIGHFIELD ROAD,  
EAST GRINSTEAD,  
SUSSEX.**

**(East Grinstead 23215)**

**PATIENTS :** Children aged 1-7 years. General convalescence.

**Ineligible :** Bed cases. Normal exclusions. Those requiring special attention at night.

**RELIGION :** Undenominational.

**TREATMENT :** No treatments, diets or dressings. TB contacts, not infectious.

**BEDS :** 18 beds in wards, no ground floor rooms. Isolation ward provided.

**STAFF : Chief Resident Officer :** Matron (NNEB)

**Nursing Staff :** 1 Sister (NNEB); 3 Staff Nurses (NNEB); 6 Student Nursery Nurses; 4 Nursery Assistants; 1 Nightnurse;

**Medical Staff :** Dr M Worlock BA MRCS LRCP (visiting).

**LENGTH OF STAY :** Any length of time from one week to a number of years.

**ROUTINE AND RECREATION :** The children get up at 7.15 am and go to bed at 6-7 pm. Breakfast in bed is provided if necessary. Recreations and nursery school activities outdoors whenever possible. Also indoor play school for the pre-school children.

**Visiting Day :** Any day.

**CHARGES:** £4.30 per day (£30.10 per week).

**RECEIVING DAY :** Any day.

**STATION:** East Grinstead, from Victoria and London Bridge.

**GENERAL :** The Home is a converted house on the outskirts of East Grinstead. There is a garden suitable for small children. The Home is open all the year round.

**APPLICATIONS :** To the Matron.

## THE MENTAL AFTER CARE ASSOCIATION

THE HILL HOUSE,  
PORTSMOUTH ROAD,  
ESHER.  
SURREY, KT10 9LP

**PATIENTS:** Men and Women suffering from some degree of mental disability.

**Ineligible:** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION:** Undenominational.

**BEDS:** 35, 1-5, according to size of rooms.

**TREATMENT:** Mental rehabilitation.

**STAFF:** Four resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY:** Recuperative holidays or indefinite long-term care.

**ROUTINE AND RECREATION:** All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities arranged.

**CHARGES:** £22.75 per week.

**RECEIVING DAY** }  
**DISCHARGE DAY** } Any week-day

**STATION :** Esher—frequent trains from Waterloo or Green Line coach No 715.

**GENERAL:** Large house and garden on bus route to town centre.

**APPLICATIONS:** To The Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

## FARNHAM PARK REHABILITATION CENTRE

FARNHAM ROYAL,  
BUCKS. SL2 3LP

Tel: Farnham Common 2271/2

**PATIENTS:** Ambulant cases, able to climb one flight of stairs with hand-rails. Men and women, in-patients aged 18-60, out-patients aged 16-65, who, through a balanced programme of physiotherapy, remedial exercises, occupational therapy and hydrotherapy appropriate to the condition, are capable of being restored to full earning capacity in about three months or less or, in the case of permanent disability to such a capacity as the disability will allow.

**INELIGIBLE:** Normal exclusions. Cases suffering from incontinence of urine or faeces or nocturnal enuresis. Psychosis, severe neurosis, asthma, total blindness, epilepsy, unstabilised diabetes, infectious or contagious disease. Any cases needing night nursing apart from emergency.

**RELIGION:** Undenominational.

**BEDS:** 53, in 2 to 8-bedded rooms on first floor.

**TREATMENT:** Physiotherapy, remedial exercises, hydrotherapy, speech therapy, work of therapeutic value in workshops and gardens, special diets.

**STAFF: Medical:** J G P Williams, FRCS (Ed) D Phys Med Medical Director, also whole time Medical Assistant.

**Nursing:** Matron (SRN); 3 Nursing Sisters, 6 Physiotherapists, 2 remedial gymnasts, 6 occupational therapists, Speech Therapist, Social worker.

**LENGTH OF STAY:** Average 6 weeks.

**ROUTINE AND RECREATION:** Patients are graded as to their disability and re-examined by medical staff weekly or as necessary. DRO attends weekly. There is a library, games room, radiogram, television. Concerts arranged. Putting, squash, tennis, bowls, extensive gardens.

**Visiting:** Monday-Friday 5.0 to 6.0 pm, Saturday and Sunday 2 to 4.30 pm.

**RECEIVING DAYS :** Monday. (Except by special arrangement).

**STATION:** Slough.

**GENERAL:** Centre is a large house situated in 8 acres of garden and lawn, within easy reach of Slough and Windsor by bus. Car parking available (at owners risk)

**APPLICATIONS:** To the Medical Director on the prescribed form with clinical and social notes.



## **THE MENTAL AFTER CARE ASSOCIATION**

**RUSSELL HOUSE, 13 MARINE PARADE,  
FOLKESTONE,  
KENT.**

**PATIENTS :** Men and women suffering from some degree of mental disability.

**Ineligible :** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS :** 24. 1-4 according to size of rooms.

**TREATMENT :** Mental rehabilitation.

**STAFF :** Three resident staff trained or experienced in mental nursing.

**LENGTH OF STAY :** Recuperative holidays or indefinite long-term care.

**ROUTINE AND RECREATION:** All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities encouraged.

**CHARGES:** £22.75 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY:** } Any week-day.

**STATION :** Folkestone Central—frequent trains from Charing Cross.

**GENERAL :** Large house facing sea and near Leas and Harbour.

**APPLICATIONS:** To the Secretary, The Mental After Care Association, Eagle House  
110 Jermyn Street, London, SW1Y 6HB.

## SAINT DOMINIC'S OPEN AIR SCHOOL FOR BOYS

MOUNT OLIVET,  
HAMBLEDON,  
GODALMING, SURREY.

(Wormley 2741)

**Parent Society:** The Sisters of the Sacred Hearts of Jesus and Mary, address and telephone number as above.

**PATIENTS:** Boys aged 5-16. Asthma, Malnutrition, Debility, Haemophilia, Spastic, Eczema, Diabetes, Phenylketonuria.

**Ineligible:** Bed cases. All other complaints.

**RELIGION:** Roman Catholic. (Children of all denominations taken).

**BEDS:** 80, all in wards. Some on ground floor. Classrooms are all on ground floor. isolation accommodation is provided.

**TREATMENT:** Breathing exercises. Postural drainage. Daily tonic dressings. Coeliac and Gastric diets.

**STAFF: Chief Resident Officer:** Sister Superior.

**Nursing Staff:** 1 SRN; 2 Assistant Nurses.

**Medical Staff:** Dr Williams (visiting).

**LENGTH OF STAY:** No limit.

**ROUTINE AND RECREATION:** The boys rise at 8.30 am and retire in groups from 7-9 pm.

The Home has a playroom and a library, and there are ample facilities for indoor and outdoor games.

**Visiting Days:** By arrangement with parents.

**CHARGES:** Payable by Local Education Authority.

**RECEIVING DAY:** No special day.

**DISCHARGE DAY:** When children are considered fit.

**STATION:** Witley, from Waterloo. A bus from the station passes near the Home.

**GENERAL:** A Victorian house, 500 feet above sea-level with a large garden, which includes a playground, football pitch, tennis court and swimming pool. School closed Christmas, 2 weeks, Easter 2 weeks, Summer 4 weeks. Spring, Summer and Autumn Half-terms, 1 week each.

**APPLICATIONS:** To the Superintendent at the Home.

**HILLINGDON HOUSE CONVALESCENT HOME****HARLOW, ESSEX.****(Harlow 27227  
Patients—27235)**

**PATIENTS:** Men and women from 16–70 years of age; patients over the age of 70 will be carefully considered, as there are only a limited number of suitable beds available.

**Ineligible:** Normal exclusions: bed cases, colostomies, severe heart cases, incontinent patients. Not recommended for chronic bronchitics and asthmatics.

**RELIGION:** Undenominational.

**BEDS:** 29 convalescent. Wards of four, five, and six beds on two floors. No lift. No single rooms.

**TREATMENT:** Physiotherapy, diet and dressings as required. A copy of the doctor's in-patient summary must accompany the patient to enable treatment to be continued. Patients on drugs should bring a two weeks supply with them.

**STAFF:** Sister in Charge, Deputy Sister, SRN and SEN staff. Twenty four hour cover of qualified nursing staff.

**Medical Staff:** Dr Hughes and Dr Nash (visiting).

**LENGTH OF STAY:** Two weeks, extended in exceptional circumstances if beds available.

**ROUTINE AND RECREATION:** Patients rise at 7.30 am and retire at 10.00 pm. No domestic work is done by the patients. Patients may rest on their beds at any time. Radio earphones to each bed. Television—colour and black and white. Piano and supply of games, including croquet and clock golf.

**Visiting:** Any time except for mealtimes or during patient's treatment.

**RECEIVING DAY and DISCHARGING DAY:** Thursday.

**STATION:** Harlow Town from Liverpool Street. On Monday to Saturday London Country Buses operate a Dial a Bus Service to Hillingdon House, which can be called from the special telephone outside Harlow Town Station, and if travelling by bus or Green Line Coach, it can also be booked from Harlow Bus Station. This bus does not operate on Sundays. Visitors will need to hire a taxi from either the railway or coach station. The approximate cost of the fare £1. For patients requiring transport, arrangements can be made with the Medical Records Officer, Princess Alexandra Hospital, Harlow at the time of booking.

**GENERAL:** A country house situated in very pleasant grounds. The gardens are on different levels, which enables patients to take gentle walks and increase their activity as they get better. The Home is a 20 minute walk from the Old Harlow Shopping Centre (there is a short hill to negotiate on return from the Centre). There are village shops nearer. The Home is closed for 2 weeks over Christmas.

**APPLICATIONS:** To the Medical Records Officer, Princess Alexandra Hospital, Harlow, telephone: Harlow 26791.

**SPELTHORNE ST. MARY**

**55 MILTON ROAD,  
HARPENDEN  
HERTS, AL5 5NX**

**Harpenden 68511**

**Owners:** Community of St. Mary the Virgin, Wantage.

**PATIENTS:** Women alcoholics and drug addicts.

**Ineligible:** Any other type of case.

**RELIGION:** Church of England, but any denomination received.

**BEDS:** 17. All single rooms.

**TREATMENT:** Treatment according to the nature of the case. Occupational therapy  
Group therapy.

**STAFF:** **Chief Resident Executive Officer and Social Worker:** Sister Superior

**Nursing Staff:** 2 S.R.N. Sisters of the Community.

**Other Staff:** Sisters of the Community

**Medical Staff:** Dr. M Williams (visiting Physician)  
Dr M M Glatt Dr J L McClure

**LENGTH OF STAY:** Minimum 6 months.

**ROUTINE AND RECREATION:** Breakfast 8 am. Lights out normally 10.30 pm.  
Meals in bed if necessary. A graded programme of occupation, rest and recreation  
is provided according to individual needs. Training facilities in Crafts, Typing,  
Cooking etc. The house is ten minutes walk from a pleasant shopping centre,  
and 5 minutes from a common. Expeditions are arranged to places of interest,  
and there is a good library in the house both of books and records.

**CHARGES:** £26.00 per week.

**RECEIVING DAY** }  
**DISCHARGE DAY** } Any day as arranged.

**STATION:** Good trains from St. Pancras. Station 10 minutes walk from house.

**APPLICATIONS:** To the Sister Superior.

**ST. FRANCIS DE SALES SCHOOL**

**2 Beach Road, Hayling Island,  
Hants PO11 OAD**

**(Hayling Island 3759)**

**Parent Society:** The Sisters of the Sacred Hearts of Jesus and Mary.

**PATIENTS:** Boys 5 to 12 years. Severely mentally handicapped.

**RELIGION:** Roman Catholic (Children of all denominations received.)

**BEDS:** 50.

**TREATMENT:** General health care and training, taking into account the physical, intellectual, emotional and social aptitudes of their respective development. Speech therapy.

**STAFF: Chief Resident Officer:** Sister Superior.

**Nursing Staff:** 1 SRN, 1 SEN.

**Medical Staff:** Dr D. H. Broughton (Visiting).

**Teaching Staff:** 1 Qualified Head Teacher with Diploma for ESN children.  
3 Assistant teachers (Sisters) qualified and with Diploma for SSN boys. 1 Qualified Male Teacher with Diploma for SSN children.

**LENGTH OF STAY:** up to school leaving age.

**ROUTINE AND RECREATION:** The children breakfast at 8 am and retire in groups according to age and condition from 7 pm to 9 pm. There is an abundance of equipment in the classrooms and gymnasium so that each boy can gain knowledge and training through experimental activity. Music is considered essential as also craft work games and rhythmic activities. There are indoor and outdoor recreational facilities of every kind and frequent outings.

**VISITING:** Parents and friends may come any weekend.

**CHARGES:** Payable by local Education Authorities.

**RECEIVING DAY:** By arrangement with Sister Superior.

**STATION:** Havant. Thence by Hayling Island Bus (301) to Beachlands Terminus.

**GENERAL:** The School faces the English Channel, has a large garden, is close to the beach and there is a fine part within easy reach. School closed at Christmas, Easter and during August.

**APPLICATIONS:** Arranged by Local Education Authorities.

## FRIENDLY SOCIETIES' CONVALESCENT HOME

BELTINGE,  
HERNE BAY,  
KENT.

(A Registered Charity supported by Friendly Societies operating in the Metropolitan Area).

**PATIENTS:** Men and women from 16; age limit of 80 years of age. (Subject to the absolute discretion of the Medical Officer and Matron one or two emotionally disturbed patients can sometimes be admitted during quiet periods of the year. They must have received treatment and be in the convalescent stage and an undertaking to remove should they suffer a relapse and disturb other patients must be given. A limited number of patients with controlled colostomies can be accepted under like conditions.)

**Ineligible:** Normal exclusions. Bed cases. Epileptics, pregnant and mental cases.

**RELIGION:** Undenominational.

**BEDS:** 60 for men and 40 for women.

**TREATMENT:** No treatments. Light gastric diets. There is a lift but no ground floor bedrooms.

**STAFF:** Chief Resident Officer: Matron.  
Assistant Matron.

**Medical Staff:** Dr P H Watkins (visiting).

**LENGTH OF STAY:** Minimum of 2 weeks, extension may be granted on recommendation of the Medical Officer.

**ROUTINE AND RECREATION:** Breakfast at 8.45 am. There is a library, television and sound radio and facilities for billiards, darts, bowls, putting.

**Visiting Day:** Any day except Thursday, after 2 pm.

**CHARGES:** £25.00 per week.

**RECEIVING AND DISCHARGE DAY:** Thursday.

**STATION:** Herne Bay. Patients are met by arrangement.

**GENERAL:** A large well-built Home standing in 15 acres of grounds, with a good bus service to the station and seafront. The Home will be closed from 13th December 1974 to 24th January, 1975.

**APPLICATIONS:** to the Secretary, Friendly Societies' Convalescent Home, 309 Upper Street, London, N1 (01-226-1944).

## THE RAILWAY CONVALESCENT HOME

RECVLVER ROAD,  
BELTINGE,  
HERNE BAY, KENT.  
CT6 6LF

(022-73-4084)

**PATIENTS :** Male Employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes, and those up to 5 years after retirement and 3 years following redundancy.

**Ineligible:** Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases; unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

**RELIGION:** Undenominational.

**BEDS:** 83 in wards containing 3-12 beds; 3 beds on ground floor. (Beddage will be reduced following modernisation).

**TREATMENT:** No treatment. Gastric and Diabetic diets. Simple dressings, Colostomy case admitted, under certain circumstances.

**STAFF: Chief Resident Officer:** Matron.

**Nursing Staff:** Assistant/Relief Matron (SRN).

**Medical Staff:** Dr P Watkins (visiting).

**LENGTH OF STAY:** 4 weeks maximum.

**ROUTINE AND RECREATION :** Patients rise at 7 am and retire at 10 pm. All patients are expected to be in the grounds by 9.30 pm. No domestic work is done by the patients.

There are billiards, bagatelle, table tennis, darts, bowls, putting green, piano radio and colour television.

**Visiting Day:** Every afternoon, 2 to 4 pm by arrangement with Matron.

**CHARGES :** None.

**RECEIVING DAYS :** } Tuesday and Thursday.  
**LEAVING DAYS :** }

**STATION :** Herne Bay, from Victoria. Conveyance arranged from and to the station.

**GENERAL :** Large gardens supply fresh vegetables, own poultry. The Home is an easy walk from the cliffs.

**APPLICATIONS :** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House", 93-96 Oxford Road, Uxbridge, Middlesex, UB8 1HW. Telephone: Uxbridge 35567/8. (STD Code 0895).

**CATISFIELD HOUSE**

**55 THE DRIVE,  
HOVE.**

**BN3 3PF**

**(Brighton 0273 736036)**

**PATIENTS:** Gentlewomen aged 18-70. A very limited number of older ladies can be accommodated and are accepted entirely at Matron's discretion. General convalescence. Recuperative Holidays occasionally, if beds available.

**Ineligible :** Bed cases, nervous disorders, terminal and inoperable cancer, asthma, diabetics and patients on special diet, or requiring surgical dressings or injections, colostomy cases.

**RELIGION :** Undenominational.

**BEDS :** 19 single rooms, all with running hot and cold water (2 on ground floor). There is a lift to all floors.

**TREATMENT :** Medicines (oral only). Physiotherapy if arranged prior to admission.

**STAFF: Chief Resident Officer:** Matron SRN  
Assistant to Matron

**Medical Staff:** Medical Officer (visiting).

**LENGTH OF STAY :** 2-3 weeks, extended only at discretion of Medical Officer.

**ROUTINE AND RECREATION :** Breakfast in bed. Ladies are asked to be downstairs for morning coffee at 10 am. Aim is to provide a happy homelike atmosphere, free from domestic work and with as few rules and regulations as possible. Lounge and Television room. Beach hut during summer months sometimes available.

**Visiting Times :** Daily 10—12.30 or from 4.30—6.30.  
(Meals cannot be provided for Visitors).

**CHARGES:** Under review.

**RECEIVING DAYS :** Every afternoon except Sunday and Bank Holidays.

**STATION :** Brighton or Hove from Victoria and London Bridge. Taxis available at both stations.

**GENERAL:** Founded 1924 by endowment, a converted private house in centre of town, near sea and shops, very comfortably equipped with a pleasant garden and sun loggia. Opposite Hove Parish Church. Roman Catholic Church and bus stops adjacent. House usually closed 3 weeks August, 1 week over Christmas.

**APPLICATIONS :** To the Matron.



## CONVALESCENT POLICE SEASIDE HOME

205 Kingsway,  
HOVE,  
SUSSEX, BN3 4FD

(Tel: 0273 773991)

**PATIENTS** : Men and women actually serving in the Police Force and Police pensioners, requiring general convalescence. Police pensioners and Police Officers on annual leave taken by arrangement.

**Ineligible** : Cases of phthisis, fits and certain Mental disorders.

**RELIGION** : Undenominational.

**BEDS** : 53 of which 41 are in single rooms. There are two lifts.

**TREATMENT** : All types of diets. Dressings. Injections.

**STAFF** : **Chief Resident Officer**: Superintendent, D H Holmes.

**Nursing Staff**: 2 SRN.

**Medical Staff**: 2 Visiting Doctors.

**LENGTH OF STAY** : 2 weeks, which can be extended if necessary.

**ROUTINE AND RECREATION** : The patients get up at 7.30 am and go to bed at 11.00 pm.

Billiards, table tennis, library, television, coach drives, and beach chalet.

**Visiting Day** : Any day.

**CHARGES** : On application.

**RECEIVING DAYS** : Tuesday and Friday (other days by arrangement).

**DISCHARGE DAYS**: Tuesdays and Fridays.

**STATION** : Hove, from Victoria or London Bridge. Patients are met at the station.

**GENERAL**: The Home is very comfortable and well equipped. The Home closes for up to eight days over the Christmas period.

**APPLICATIONS** : To the Chief Medical Officer, Tintagel House, Albert Embankment, London SE1 7UD for Metropolitan Police officers ; to the appropriate Chief Constable for officers of all other Forces. Pensioners and officers on annual leave, direct to the Superintendent.

## LONDON TRANSPORT BENEVOLENT FUND

### 'PHILBEACH' CONVALESCENT HOME

STATION ROAD, HYTHE, KENT.

(0303-67013)

**PATIENTS:** Women Employees of London Transport Executive who are contributors to the London Transport Benevolent Fund and the wives of members who may be accompanied by not more than three children under eight years of age. The Home is also available to wives and widows of retired members. Admission can also be arranged for women who, although not members of the Fund, are sponsored by Fund members, and by arrangement with hospitals, trade unions and other organisations.

**Ineligible:** Normal exclusions, asthmatics and heart cases (unless adequately controlled.)

**RELIGION:** Undenominational.

**BEDS:** 83. 1 to 4 according to size of rooms. Lift.

**TREATMENT:** No treatments. Simple dressings. All diets. Limited number of plaster cases accepted.

**STAFF:** Chief Resident Officer: Matron (SRN).

Nursing Staff: Assistant Matrons 2 (SEN)

Medical Staff: Drs J Comyn and J Barham (visiting).

**LENGTH OF STAY:** 2 weeks (3 weeks maximum on doctor's recommendation).

**ROUTINE AND RECREATION:** Patients rise at 7.30 am with early morning tea and take breakfast at 8.30 am. All children are in bed by 7.30 pm and patients at 10.30 pm. No domestic work is done by patients but, if possible, patients are required to make their own beds. Smoking is allowed in the common rooms but not in the bedrooms. Films, colour television, putting green, library, hair dressing salon, outdoor and indoor childrens playground. Other facilities include laundry and baby feeding and changing rooms.

**Visiting:** Any day (Tuesday excepted) between 9.30 am and 12.30 pm and between 2 pm and 6 pm. Cars are not permitted in the grounds.

**CHARGES:** Members—no charge. Other organisations £14.00 + VAT per week (excluding fares). Children over 12 months £4.00 + VAT under 12 months—no charge. (Charges are subject to periodic reviews).

**RECEIVING AND LEAVING DAY:** Tuesday.

**TRAVEL ARRANGEMENTS:** Coach from and to Selbie House, Allsop Place, Baker Street, London, NW1.

**STATION:** The nearest station is Sandling Junction, from Charing Cross (Southern Region), but the most convenient means of reaching the home is by train to Folkestone Central and then by bus to the "MECCA" cinema, Hythe.

**GENERAL:** Nine acres of lawns, woodlands and gardens overlooking the sea. 10 minutes walk to sea front. Bus service. Home closed Christmas week.

**APPLICATIONS:** To the Secretary, London Transport Benevolent Fund, Selbie House Allsop Place, London, NW1 Telephone 01-935-3826/0923.

## THE DOMINICAN CONVALESCENT HOME

LONDON ROAD,  
KELVEDON,  
NEAR COLCHESTER,

ESSEX. CO5 9AN (Matron—Kelvedon 70359)  
(Residents—Kelvedon 70405)

**Sisters of the Order of St. Dominic.**

**PATIENTS :** Women over 16 years. General convalescence and rest.

**Ineligible :** Normal exclusions. Infirm. Bed cases. Colostomies.

**RELIGION :** Roman Catholic. (Patients of other denominations taken).

**BEDS :** 28, of which 14 are on the ground floor ; the remaining 14, single and double rooms, are served by a lift.

**TREATMENT :** No treatments. Gastric and diabetic diets provided. Simple dressings.

**STAFF : Chief Resident Officer :** Matron.

**Nursing Staff:** 2 SRN; 1 Assistant Nurse; 1 part time SRN.

**Medical Staff:** Dr Spear, Dr Willett (visiting).

**LENGTH OF STAY :** Usually 2 to 4 weeks, extended in special cases.

**ROUTINE AND RECREATION :** Breakfast at 8.30 am. Patients retire not later than 10 pm. They are expected to make their own beds if they are able to, and keep their rooms tidy. Colour Television.

**Visiting Day :** Any day 2 pm to 9 pm.

**CHARGES:** £20.50 per week, but now under review.

**RECEIVING AND DISCHARGE DAYS :** Tuesdays and Thursdays.

**STATION :** Kelvedon from Liverpool Street, every two hours (49 minutes). Patients are met at Kelvedon Station.

**GENERAL :** The building stands in pleasant country surroundings and has a good garden. The sea is within easy reach by bus or train. 1 hour to Clacton-on-Sea.

**APPLICATIONS:** To the Matron of the Home.

NHS patients: to the NE Thames Regional Health Authority, 40 Eastbourne Terrace, London, W2 (01-262-8011).

## **SOUTHERN CONVALESCENT HOMES, INC.**

**THE BELL MEMORIAL HOME,  
SOUTH STREET,  
LANCING,  
SUSSEX.**

**(Lancing 2020)**

**PATIENTS:** Women aged 16-75 years. Married couples in double rooms. General convalescence. Mild Asthmas. Subject to the absolute discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage. Subject to the same discretion a limited number of patients with controlled colostomies can be accepted.

**Ineligible:** Normal exclusions. Bed cases.

**RELIGION :** Undenominational.

**BEDS :** 21 in shared rooms (3 per room), 23 single rooms and 5 double rooms.

**TREATMENTS:** No treatments or diets. Dry dressings. A lift has recently been installed

**STAFF : The Resident Superintendent :** Mrs Leeks.

**Nursing Staff :** Matron and Assistant (untrained).

**Medical Staff :** Dr T D Collier (visiting) Dr M Berkley (visiting).

**LENGTH OF STAY :** Usually 2 or 3 weeks.

**ROUTINE AND RECREATION:** The patients rise at 8.15 am and retire at 10 pm. Patients are expected to give a certain amount of help with making beds and washing up, (wiping up only).

Impromptu concerts are organised from time to time.

**Visiting Day :** Any day.

**CHARGES:** £11.50 per week (shared rooms). £12.00 per week (single rooms). £12.00 (double rooms). When sharing room is used as double £17.25 per person.

**RECEIVING DAY :** Saturday (after 2 pm).

**DEPARTURE DAY:** Friday.

**STATION :** Lancing. 1.23 pm train from Victoria (change at Shoreham-by-Sea).

**GENERAL :** The Home stands a little back from the sea, about 2 minutes to the seashore. Home is closed for two weeks at Christmas.

**APPLICATIONS :** To the Secretary, Sister Ivy Baldock, The Bell Memorial Home, 164 South Street, Lancing, Sussex BN15 8AZ (090-63-2020).

## **TYRWHITT HOUSE**

**OAKLAWN ROAD,  
LEATHERHEAD,  
SURREY.**

**Parent Society : The Ex-Services Mental Welfare Society. (Registered in accordance with the National Assistance Act, 1948 and the Charities Act, 1960)**

**PATIENTS :** All ranks of all branches of Her Majesty's Forces, including ex-officers and men of the Mercantile Marine, suffering from Psychoses or Neuroses arising from active or long regular service. Before admission all patients have to undergo a Psychiatric examination by the Society's Consultant or full medical reports submitted for his consideration.

**Ineligible:** Those who on psychiatric examination are found to require active medical treatment. Epileptics. Bed cases.

**RELIGION :** Undenominational.

**BEDS :** 20.

**TREATMENT :** Skilled psychiatric nursing. Rehabilitation by gardening, cardboard-box making, etc., which is organised by an experienced Occupational Supervisor, working in close co-operation with the Nursing Staff.

**STAFF: Chief Resident Officer:** Matron.

**Nursing Staff:** 2 Sisters.

**Chief Consultant:** Brigadier J F D Murphy MD FRC Psych DPM.

**LENGTH OF STAY :** In accordance with medical advice.

**RECEIVING DAY :** Any day, except Saturday or Sunday.

**DISCHARGE DAY :** At the discretion of Chief Consultant.

**STATION :** Leatherhead from Waterloo, 'bus runs close to the House.

**GENERAL:** Patients considered suitable may be later transferred to Thermega Ltd., manufacturers of electrical appliances, to work under sheltered conditions.

This industrial colony employs mentally disabled men and women.

**APPLICATIONS :** To the General Secretary, Ex-Services Mental Welfare Society, 37 Thurloe Street, London, SW7 2LL (01-584-8688).

## WENHAM HOLT CONVALESCENT HOME

HILLBROW,  
LISS,  
NR. PETERSFIELD,  
HANTS.

Office (Liss 2340)  
Patients (Liss 2174)

**PATIENTS:** Women over 18 years only. General convalescence after acute illness and operation. As there is a steep approach to the garden, this Home is unsuitable for the aged and asthmatic.

**Ineligible:** Normal exclusions. Bed cases.

**RELIGION:** Undenominational.

**BEDS:** 23, in wards of 3-5 beds. 1 ground floor room (5 beds). There is a lift between ground and first floor.

**STAFF: Chief Resident Officer:** Sister-in-Charge.

**Nursing Staff:** 3 SRN; 2 Assistant Nurses; 6 other whole or part-time Nurses.

**Medical Staff:** Dr J M S Knott (visiting Consultant Physician).  
A local General Practitioner is on call.

**LENGTH OF STAY:** Two weeks.

**ROUTINE AND RECREATION:** The patients rise between 8 and 10 am and retire between 8 and 9 pm. They may have breakfast in bed if they wish during the first week. The lounge is equipped with television. There is also a quiet room.

**Visiting Day:** Any day, 2.30 pm to 7 pm.

**RECEIVING DAYS:** Tuesday and Friday.

**STATION:** Petersfield. From Waterloo via Guildford and from Portsmouth. No. 274 Alder Valley bus passes the Home and leaves Petersfield Station on weekdays every other hour at 10 minutes past the hour (even hours). Return journeys on weekdays at 31 minutes past the hour (odd hours).

**GENERAL:** Fairly modern building on high ground standing back from the main A3 London-Portsmouth road in 7½ acres of gardens and woodland with beautiful country views. About 25 miles from Portsmouth.

**APPLICATIONS:** To the Sister-in-Charge, Monday to Friday between 10 am and 12 noon by phone.

**RUSTINGTON CONVALESCENT HOME FOR MEN**  
**LITTLEHAMPTON,**  
**SUSSEX.**

(Rustington 3368)

**Governors : The Worshipful Company of Carpenters.**

**PATIENTS :** Men aged 16-70+. General convalescence to enable patient to resume his employment. Subject to the absolute discretion of the Medical Officer and/or Matron a limited number of controlled colostomies can be accepted.

**Ineligible :** Normal exclusions. Severe heart cases. Asthma (from 1st Oct.-1st May). Bronchitis (from 1st Oct.-1st May).

**RELIGION :** Undenominational.

**BEDS :** 41 in single and double rooms all with H and C water.

**TREATMENT :** No treatments. Gastric diets. Simple post-operative dressings.

**STAFF : Nursing Staff :** Matron, Deputy Matron and 2 Nursing Sisters. 4 in all (SRN).

**Medical Staff :** Dr P Owen (visiting).

**LENGTH OF STAY :** 2 weeks, may be extended if recommended by Medical Officer of the Home.

**ROUTINE AND RECREATION :** The patients rise for breakfast at 8.15 am, and retire by 9.30 pm. They may rest on their beds during the afternoon if they so wish. No form of domestic work is expected of them. Separate rooms for billiards and television. Bowls and putting course on the lawns in front of the Home.

**Visiting Day :** Any day, until 8 pm, preferably in the afternoon.

**CHARGES :** £30.00 per week.

**RECEIVING AND DISCHARGE DAY :** Wednesday. Closed for 3 weeks Mid. December.

**STATION :** Littlehampton, 10.23 am train from Victoria. Pursell's Taxi from Littlehampton Station (fare paid by Home).

**GENERAL :** The Home stands in its own grounds of 9 acres facing the sea and has recently undergone complete modernisation including installation of a lift.

**APPLICATIONS :** To the Secretary, The Rustington Convalescent Home, Carpenter's Hall, 1 Throgmorton Avenue, London, EC2 (01-588-1347).

# THE RAILWAY CONVALESCENT HOME, "SHOTTENDANE"

SHOTTENDANE ROAD,

MARGATE, KENT.

CT9 4BS.

(0843 3-23761)

**PATIENTS :** Female Employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. (Wives, provided the husband is of working age and contributes to the Railway Convalescent Homes). Also retired personnel up to 5 years after retirement date and 3 years following redundancy (this applies also to wives of retired personnel).

**Ineligible:** Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

**RELIGION :** Undenominational.

**BEDS:** 28, in wards containing 2 to 3 beds. Hot and cold water in most wards.

**TREATMENT:** No treatments. Gastric and diabetic diets. Simple dressings. Colostomy cases admitted, under certain conditions.

**STAFF : Chief Resident Officer :** Matron (SRN).

**Medical Staff :** Dr T G Paterson (visiting).

**LENGTH OF STAY :** 4 weeks maximum.

**ROUTINE AND RECREATION :** Patients rise at 7 am and retire at 10 pm. All patients are expected to be in grounds by 9.30 pm. No domestic work is done by the patients.

There is a supply of games, piano and radio and colour television.

**Visiting Day:** Every afternoon 2 to 4 pm by arrangement with Matron.

**CHARGES :** None.

**RECEIVING DAYS :** }  
**LEAVING DAYS :** } Tuesday and Thursday.

**STATION :** Margate, from Victoria. Conveyance arranged from and to the Station.

**GENERAL :** Large gardens supply fresh vegetables. Excellent grounds where patients may rest. The Home is within walking distance of the Promenade (approx 1 mile). Bus to town is 20 minutes.

**APPLICATIONS:** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex, UB8 1HW. Telephone: Uxbridge 35567/8. (STD Code 0895).



## PRINCESS LOUISE CONVALESCENT HOME

NAZEING, ESSEX.

(Nazeing 3132)  
Patients (Nazeing 2507)

**PATIENTS :** Women from 16 years of age, requiring general convalescence. Applications from patients over 70 will be carefully considered, but the number accepted for admission has to be restricted. Stabilised diabetic patients, those having gastric diets, and surgical patients requiring simple dressings.

**Ineligible:** Bed cases, chronic bronchitics and asthmatics, patients with colostomies, congestive heart failure and those having anti-coagulant treatment.

**RELIGION :** Undenominational.

**BEDS :** 20. All on ground floor. Cubicled, in two dormitories, no private rooms.

**TREATMENT :** See under "Patients" above.

**STAFF:** Sister I/C, Deputy Sister, SRN, 2 Enrolled Nurses, 1 Ward Orderly.

**Medical Staff:** Dr F Beilby (visiting).

**LENGTH OF STAY :** Two weeks, but longer if particularly requested by the Doctor.

**ROUTINE AND RECREATION :** Patients rise at 7.30 am and retire at 9.30 pm. One hour's rest in the afternoon or as required. There is colour television.

**Visiting Day :** Daily from 14.00 to 19.00 hrs. (Visitors are asked to avoid meal times)

**RECEIVING DAY:** Tuesday.

**DISCHARGE DAY:** Discharges normally take place also on Tuesday.

**STATION:** Broxbourne from Liverpool Street. There is a bus from the Station (No 327) direct to the Home on Monday to Saturday. There is no bus service to the Home on a Sunday but taxis are available at Broxbourne Station. Transport arranged when bookings are made.

**GENERAL :** It is a bungalow-type Home with small garden and terrace overlooking countryside, but not near the sea. The drive in is a steep slope leading from the road to the front door, and this may limit some patients to the actual precincts of the building and terrace. The Home is closed for 2 weeks over Christmas.

**APPLICATIONS:** Medical Records Officer, Princess Alexandra Hospital, Hamstel Rd, Harlow. (Harlow 26791).

**NETLEY CASTLE CONVALESCENT HOME****NETLEY ABBEY,  
NEAR SOUTHAMPTON,  
HANTS, SO3 5FA****(Hamble 2257)**

**PATIENTS :** Men aged 16-75. Surgical post-operative and medical up and able to look after themselves.

**Ineligible :** Bed cases. Colostomies. Patients who are unable to manage stairs.

**RELIGION :** Undenominational.

**BEDS :** 42, in rooms containing 3-4 beds and one with 6 beds.

**TREATMENT :** Gastric diets. (Stage III only). Only minor dressings and treatments.

**STAFF :** Sister in Charge.

**Nursing Staff :** 8, including Registered and Enrolled Nurses.

**Medical Staff:** Dr N Kotibhaskar (visiting).

**LENGTH OF STAY :** Average 2-3 weeks.

**ROUTINE AND RECREATION :** There is a set daily routine—breakfast 8.15 am and patients retire at 10 pm. Patients are allowed out at any time, but are expected to be in to main meals, and in by 9 pm. Billiards and equipment for indoor and outdoor games are available. Library facilities by arrangement with Administrative Officer.

**Visiting Day :** Any day 10 am to 8 pm.

**RECEIVING DAY :** Monday, or other days by arrangement.

**DISCHARGE DAY :** Monday (Fortnightly) or Saturday/Sunday by arrangement.

**STATION :** Netley, from Waterloo. Change at Southampton Station. Bus from Netley Station to Convalescent Home. Patients are met at Southampton on Mondays at 12.40 pm by Hospital coach.

**GENERAL :** The Home is an ancestral house centrally heated throughout, overlooking Southampton Water, commanding views of the New Forest, The Solent, Isle of Wight, etc. The grounds are extensive, with considerable water frontage.

**APPLICATIONS :** To the Administrative Officer.

Closed for four weeks during the month of August and for one week at Christmas.

## PIRATES SPRING

ST. MARY'S BAY,  
NEW ROMNEY,  
KENT.

(New Romney 3351)

**Parent Society:** The National Society for Mentally Handicapped Children.

**PATIENTS:** Short stay and extended care for all grades of mentally handicapped children up to 16 years of age .

**Ineligible** Infectious diseases and children who are a danger to themselves or others.

**RELIGION:** Undenominational.

**BEDS:** 27 (isolation facilities available if necessary).

**TREATMENT:** Child care and social training.

**EDUCATION:** Provided by Local Authority on the premises.

**STAFF:** Matron and 2 Assistant Matrons. Trained care staff day and night.

**Medical Staff:** Visiting Medical Officer and Physiotherapy Adviser.

**LENGTH OF STAY:** Not exceeding one year on initial acceptance; extension beyond that period subject to individual review.

**ROUTINE:** Routine is according to requirements. Well equipped playground and large garden with private access to beach.

**CHARGES:** £51.94 per week.

**RECEIVING DAY:** }  
**DISCHARGE DAY:** } By arrangement.

**STATION:** Folkestone Central. Bus from market place to St. Mary's Bay Garage.

**APPLICATIONS:** Director of Residential Establishments NSMHC Centre, Pembridge Hall, 17 Pembridge Square, London W.2 4EP. (01-229-8941).

**MEATH SCHOOL**

**BROX ROAD,  
OTTERS HAW,  
NEAR CHERTSEY,  
SURREY.**

**(Ottershaw 2302)**

**Parent Society: The Invalid Children's Aid Association.**

**PUPILS :** Boys aged 8 to 12. Asthma, mild bronchiectasis, other non-infectious chest cases.

**Ineligible:** Boys deemed maladjusted or educationally sub-normal.

**RELIGION:** Undenominational.

**BEDS:** 32

**TREATMENT:** Physiotherapy.

**STAFF: Chief Resident Officer:** Headmaster, R V Thomas.

**Nursing Staff:** Senior School Nurse (RSCN); School Nurse (SEN); Night Nurse, 2 Child Care Workers.

**Medical Staff:** Dr S J R Macoun MRCP MRCS (visiting Consultant Paediatrician).

Dr H. W. Lawson (School Medical Officer).

**LENGTH OF STAY:** According to medical necessity; normally a minimum stay of one year. (School holidays spent at home.) Transfer to senior school can be arranged if required. (See Pilgrims School, p 57.)

**STATION:** Woking, from Waterloo.

**ROUTINE AND RECREATION:** The boys get up at 7.30 am. Lights out at 8.15 pm. The curriculum is planned to provide a wide variety of interests; and, in addition to the basic subjects, includes drama, art and various crafts. Cub Pack. School for 4½ hours daily.

**Visiting Day:** By arrangement with the Headmaster.

**CHARGES:** Payable by Local Education Authorities.

**GENERAL :** The School stands in 8 acres of garden and woodland. Swimming pool. All purpose Recreation Hall.

**RECEIVING DAY:** Normally at the beginning of the school year.

**DISCHARGE DAY:** Normally at the end of the school year.

**APPLICATIONS:** To the General Secretary, The Invalid Children's Aid Association, 126 Buckingham Palace Road. London, SW1W 9SB (01-730-9891).

**MOOR HOUSE SCHOOL****HURST GREEN.****OXTED,****SURREY, RH8 9AG****(Oxted 2271/2)**

Recognised by the Department of Education and Science.

**PATIENTS:** Boys and girls aged 6-16 years, of normal intelligence, suffering from severe speech and language disorders.

Suitability for admission is investigated by the Educational Psychologist, Speech Therapists, Educationalists, and other Specialists when necessary.

**Ineligible :** Normal exclusions: Stammerers. Educationally sub-normal children. Severely spastic cases. Seriously maladjusted children. Significant Hearing Loss.

**RELIGION:** Undenominational.

**BEDS:** 80.

**MEDICAL:** Specialist Medical consultations as required. Routine medical attention. Intensive speech therapy.

**STAFF: Chief Resident Officer:** Principal: Mr John Lea.

**Consultant Paediatrician:** Dr H Barrie MD FRCP.

**RECEIVING DAY:** New entrants will normally be received on the second day of the Terms commencing in January, April and September.

**EDUCATION:** Children receive suitable special education.

**RECREATION:** This is organised by a team of Houseparents under the guidance of a trained Housefather. Playing field and grounds, 6½ acres overall.

**Visiting days:** Most weekends during term.

**CHARGES:** Payable by local Education Authorities.

**LENGTH OF STAY:** As required for satisfactory treatment.

**STATION:** Hurst Green from Victoria or London Bridge. Thence 5 minutes to Moor House.

**GENERAL:** New buildings recently completed now provide accommodation for 80 children. The School has its own indoor heated swimming pool.

**APPLICATIONS:** to the Principal at the School.

## CRABHILL HOUSE

**SOUTH NUTFIELD  
REDHILL, SURREY.**

**(Nutfield Ridge 2221)**

**Parent Society:** The Winged Fellowship Trust. Regd charity no 231924. Regd Office 58, College Road, Dulwich SE 21.

**PATIENTS:** Men and women 16 years and over. For severely disabled people, including incontinents, colostomies etc. For holidays only, throughout the year except January.

**Ineligible:** Normal exclusions but chairbound epileptics and chairbound blind accepted. Chronic bronchitics and asthmatics cannot be accepted unless on specific medical recommendation, and prior discussion.

**RELIGION:** Undenominational.

**BEDS:** 32, all ground floor.

**TREATMENT:** Medication, injections—as prescribed by patient's doctor. Simple diabetic diets. Use of swimming pool with assistance.

**STAFF: Chief Resident Officer:** Housemother

**Nursing Staff:** 2 SRN, Resident Assistance, plus voluntary resident and non resident helpers.

**Medical staff:** Dr J A Butler (visiting on request).

**LENGTH OF STAY:** Normally 2 weeks. (Closed during January)

**ROUTINE AND RECREATION:** Early morning tea 7.30. Guests assisted with dressing, washing, bathing and toilet and with feeding, as required. Sun lounge, recreation room, indoor heated swimming pool, gardens, TV, radio, record player, library, indoor games, coach outings, visits to shops, village pub., etc. Entertainments most evenings. Guests retire at times of their own choice.

**Visiting day:** any day and time by arrangement with Housemother

**CHARGES:** £32.00 p.w. (1975—under review for 1976) through Local Authority, Hospital or private society or privately.

**RECEIVING DAY:** Saturday after 2.00 pm.

**DISCHARGE DAY:** Saturday before 12.00 noon.

**STATION:** Redhill (not suitable for wheelchair bound people as flight of steps to exit and ambulance required to bring to centre at S. Nutfield).

**GENERAL:** Rural surroundings near village. Patients sleeping accommodation and facilities in purpose-designed ground floor extension of the original house. The latter contains public rooms and staff accommodation. Level garden. No steps in patients accommodation areas nor in access to open air. Closed during January.

**APPLICATIONS:** to the Winged Fellowship Trust, 79/80 Petty France, London SW1 tel: 01-222-3589 or 3761 (this is the holidays and administration office).

**CATHARINE HOUSE FOR GENTLEWOMEN**

**57 CHURCH ROAD,  
ST LEONARDS-ON-SEA,  
EAST SUSSEX, TN37 6HJ**

**(0424-437419)**

**PATIENTS:** Professional and other gentlewomen. General convalescence. Rest.

**Ineligible :** Normal exclusions; bed cases and cases requiring night attention.

**RELIGION :** Undenominational.

**BEDS:** 15 single rooms, 7 on ground floor. and 2 twin bed basement flats. All rooms have hot and cold water.

**TREATMENT:** No specialised treatments.

**STAFF : Chief Resident Officer :** Lady Superintendent.

**Nursing Staff:** 2 Sisters (SRN) part-time.

**Medical Staff :** Dr Anne Beattie (visiting).

**LENGTH OF STAY:** Usually 2 weeks, extended in special circumstances.

**ROUTINE AND RECREATION :** Breakfast in bed every day. Patients are expected to make their beds and keep their rooms tidy if they are well enough to do so. Colour Television, piano, wireless. Ample sitting-rooms, including Sun Lounge.

**Visiting Day:** Any day. Teas 10p each visitor.

**CHARGES:** All rooms £18.00+VAT, per head per week. Patients also pay for night drinks.

**RECEIVING DAYS :** Any weekday.

**STATION :** St. Leonards, Warrior Square, from Victoria or Charing Cross. The house is near the station.

**GENERAL:** A very comfortable house, standing high and not far from the shore. Central heating.

**APPLICATIONS:** to the Lady Superintendent at the Home, who will send the necessary application form.

## HERTFORDSHIRE SEASIDE CONVALESCENT HOME

ST LEONARDS-ON-SEA,

SUSSEX.

(Hastings 420553)

**PATIENTS:** Men and women over 14 years old. Priority for residents of Hertfordshire but patients accepted from elsewhere. General convalescence. Age no barrier. Subject to the discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can be accepted. Such patients must already have received treatment for their condition and be in the convalescent stage. A limited number of controlled colostomies, again at such discretion. All applications sympathetically considered.

**Ineligible:** Bed cases.

**RELIGION:** Undenominational.

**BEDS:** 45. Single and double rooms on two floors. All rooms have their own vanitory units. No bedrooms on ground floor. There is a lift. Accommodation for married couples.

**TREATMENT:** Minor treatments and dressings. Simple diets including controlled diabetics.

**STAFF: Chief Resident Officer:** Matron (SRN).

**Assistants:** 2 Sisters (SRN).

**Medical Staff:** Visiting doctor.

**LENGTH OF STAY:** Up to 19 days.

**ROUTINE AND RECREATION:** There is a supply of indoor and garden games, and a library. Billiards room. Television, wireless. Minibus. Bowling Green.

**Visiting Day:** Any day.

**CHARGES:** On application to Matron. November to February, both inclusive, holidays for elderly people are offered at £25.00 per person per week. Married couples can be taken.

**RECEIVING DAY:** Monday

**DISCHARGE DAY:** Saturday

} or other times by arrangement with Matron.

**STATION:** Warrior Square Station, St. Leonards from Charing Cross or Victoria. Patients are met by Mini-bus.

**GENERAL:** A very pleasant building with a sun lounge, central heating etc., in prominent position with a fine view over the sea. Recent modernisation to a very high standard. Standing in its own grounds and situated on a bus route. A telephone box is available for patients in the Home.

**APPLICATIONS:** to the Matron at the Home.



**QUEEN CHARLOTTE'S HOSPITAL FOR WOMEN**  
**CONVALESCENT HOME****119-121 WEST HILL ROAD,  
ST LEONARDS-ON-SEA,  
SUSSEX, TN38 0NQ****(0424 421217)**

**PATIENTS :** Women who require convalescence following in-patient treatment for gynaecological disorders.

**Ineligible:** Some patients with other conditions as well as their gynaecological conditions. In case of doubt enquiries should be addressed to the Matron of the Home.

**RELIGION :** Undenominational.

**BEDS :** 40.

**TREATMENT :** Normal post-operative treatments.

**STAFF: Chief Resident Officer:** Matron (SRN).

**Nursing Staff:** 7 SRN or SEN.

**Medical Staff:** Visiting Doctor.

**LENGTH OF STAY :** 2 weeks.

**ROUTINE AND RECREATION:** Lounge, Solarium, Library, Radio and TV.

**Visiting:** Daily, 10 am. – 6.45 pm.

**RECEIVING DAYS :** }  
**DISCHARGE DAYS:** } Mondays and Thursdays.

**STATION :** Warrior Square, Hastings, from Charing Cross.

**GENERAL :** This is a well-equipped Convalescent Home with delightful garden overlooking the sea. Adequate "sitting-out" accommodation.

**NOTE:** The Home may be closed for a week or ten days at Christmas time.

**APPLICATIONS :** To the Matron at the Home.

## THE MENTAL AFTER CARE ASSOCIATION

CASTLE GLEN, CASTLE ROAD,  
SANDGATE, Nr FOLKESTONE,  
KENT.

**PATIENTS:** Women suffering from some degree of mental disability.

**Ineligible :** Normal exclusions other than mental illness. Bed cases and those requiring nursing care or night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS :** 30. 2-4 according to size of rooms.

**TREATMENT :** Mental rehabilitation.

**STAFF :** Three resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY :** Recuperative holidays or indefinite long term care.

**ROUTINE AND RECREATION :** All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other amusements provided. Outside activities encouraged.

**CHARGES:** £22.75 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY:** } Any week day.

**STATION :** Folkestone Central—frequent trains from Charing Cross.

**GENERAL :** Large house and garden running down to the sea. Near main road to shops and other nearby resorts.

**APPLICATIONS :** To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

## PILGRIMS SCHOOL

FIRLE ROAD,  
SEAFORD,  
SUSSEX.

(Seaford 822697)

**Parent Society : The Invalid Children's Aid Association.**

**PUPILS :** Boys from the ages of 12 to 16. Asthma. Other non-infectious chest conditions.

**Ineligible :** Boys deemed maladjusted or ESN.

**RELIGION :** Undenominational.

**BEDS:** 63 beds.

**TREATMENT:** Physiotherapy.

**STAFF: Chief Resident Officer:** Headmaster—P B Murtagh.

**Nursing Staff:** Senior School Nurse (SRN), School Nurse; Night Nurse; Housemaster.

**Medical Staff:** Dr Leslie G Scott FRCP (visiting Consultant Paediatrician).

Dr C G Vokins (School Medical Officer).

**LENGTH OF STAY:** According to medical necessity; normally a minimum stay of one year. (School holidays spent at home).

**ROUTINE AND RECREATION :** The boys get up at 7.30 am; lights out at 8.45 pm. The curriculum is planned to provide a wide variety of interests, and in addition to the basic subjects, includes drama, art and various crafts. Well equipped modern woodwork room and science laboratory. Graded physical training and outdoor sports help the boys towards increased self-confidence and build up a sense of security and of well being. Duke of Edinburgh Award scheme. School for 4½ hours per day—additional study hours for GCE candidates ('O' level). CSE examinations also taken.

**Visiting Day :** By arrangement with the Headmaster.

**CHARGES :** Payable by Local Education Authority.

**RECEIVING DAY:** Normally at beginning of school year.

**DISCHARGE DAY:** Normally at the end of the school year.

**STATION :** Seaford from Victoria.

**GENERAL :** Situated high on the Downs above Seaford with 8 acres of playing space, it is ideally placed for its purpose. The majority of the boys are asthmatic and, in treating them, the emphasis is on normality. Swimming pool. Gymnasium.

**APPLICATIONS :** to the General Secretary, The Invalid Children's Aid Association, 126 Buckingham Palace Road, London, SW1W 9SB (01-730-9891).

**THE ROYAL BRITISH LEGION  
CHURCHILL COURT CONVALESCENT HOME**

**KIPPINGTON ROAD,  
SEVENOAKS,  
KENT.**

**(Sevenoaks 52018)**

**PATIENTS :** Ex-Service men and women. General convalescence. Hearts.

**Ineligible :** Normal exclusions ; bed cases ; bronchiectasis. (See Royal British Legion Application Form for details).

**RELIGION :** Undenominational.

**BEDS :** 26 for men, 14 for women; 1 ward for men on ground floor. Wards vary from 2 beds (for married couples) to 6 beds. There is a Lift.

**TREATMENT :** Physiotherapy can be arranged at a clinic in Sevenoaks. Light diets. Simple dressings.

**STAFF : Chief Resident Officer :** Manager.

**Nursing Staff :** Sister.

**Medical Staff :** Dr Dudley E Yarrow (visiting).

**LENGTH OF STAY :** Usually 2 weeks.

**ROUTINE AND RECREATION :** Patients get up at 8 am and lights out is at 10.30 pm. Patients are expected to make their own beds.  
Billiards, table tennis, croquet, miniature golf, bowls, television.

**CHARGES :** Free. Borne by Royal British Legion. Other Service Funds, etc, are asked to contribute towards cost of maintenance.

**RECEIVING DAY:** Tuesday 2 pm to 4.30 pm.

**DISCHARGE DAY:** Tuesday 9 am to 11.30 am (or Monday pm if more convenient)

**STATION :** Sevenoaks, from Charing Cross or London Bridge. Patients met at station

**GENERAL :** A modern house in the country with a large garden. Comfortably equipped  
Closed Period: Normally from Mid December to end of January.

**APPLICATIONS:** Medical Social Worker by telephone to Churchill Court, Sevenoaks (0732) 52018. Through Local Service Committees of the Royal British Legion. (Addresses available at Local Post Offices).

## DEDISHAM SCHOOL FOR AUTISTIC CHILDREN

SLINFOLD, Nr HORSHAM,  
SUSSEX.

(Slinfold 257)

**Parent Society:** The National Society for Autistic Children.

**PATIENTS:** Boys and girls, aged 5-18, who have been diagnosed as autistic, aphasic or non-communicating.

**RELIGION:** Undenominational.

**BEDS:** 35—9 girls, 26 boys.

**MEDICAL:** Specialist consultations as required. Routine medical attention. Speech therapy.

**STAFF: Chief Resident Officer:** Headmaster, Geoffrey C Pickering.

**Medical Staff:** Consultant Psychiatrist, Dr Joan Wells MD MRCP DPM.  
School Medical Officer, Dr David Mathias MB BS DRCOG.

**LENGTH OF STAY:** As required for satisfactory treatment.

**ROUTINE AND RECREATION:** Children get up at 7.30 am, and go to bed between 7.30 pm and 8.30 pm.

**School:** 5 hours daily teaching in small groups, on individually planned programmes.

**Recreation:** organised by teaching and child care staff.

**CHARGES:** Payable by local authorities (Sept 1975 P.A. £2,850).

**RECEIVING DAY:** By arrangement.

**DISCHARGE DAY:** Normally at the end of term.

**STATION:** Horsham, from Victoria, Waterloo or London Bridge. Buses run from Horsham Station—passing the end of the drive. Dedisham is situated on the Horsham to Guildford main road.

**VISITING DAY:** By arrangement with the Principal.

**GENERAL:** The school faces South and has an open view over fields. It is registered with the Department of Education and Science as an Independent, Residential Special School. Normal School holidays at Easter, Summer, Christmas *plus* 1 week mid-way in each term.

**APPLICATIONS:** To the National Society Head office, 1A Golders Green Rd. London, NW11 8EA

**WORDSWORTH HOUSE**

**SWANAGE,  
DORSET, BH19 2HR**

**(Swanage 2577)**

**PATIENTS :** Women.

**Ineligible :** Normal exclusions.

**RELIGION :** A Church of England Home, but members of other denominations accepted.

**BEDS:** 16 Single rooms, 8 double rooms, 3 three bedded rooms.

**TREATMENT :** No diets.

**STAFF :** No nursing staff.

**LENGTH OF STAY:** As recommended. Maximum 1 Month.

**ROUTINE AND RECREATION :** Breakfast 9 am. Lunch 1 pm. Supper 6.00 pm.  
(Except on Sundays when it is High Tea at 5.30 pm.) Visitors are expected to make their own beds. Television Room, well stocked library, radio.

**Visiting Day :** Visiting at any time.

**CHARGES:** On application to the Warden.

**RECEIVING DAY :** } Saturday from May to October, any week day at other times of  
**DEPARTURE DAY:** } the year.

**STATION:** Wareham from Waterloo. Coach from Victoria to Bournemouth and then No 7 bus to Swanage.

**GENERAL :** Wordsworth House, built in 1908, is situated the Durlston side of Swanage. Partial central heating. Hot and cold water in all rooms. There is a private chapel within the building, and guests are invited to attend daily prayers and occasional services taken by the Clergy. Early tea and hot drinks at night are available at a small extra charge. Buses from the pier—No 145—stop outside the house. House closed during October for staff holidays.

**APPLICATIONS :** to the Warden, Wordsworth House, Swanage.

# ST CATHERINE'S SCHOOL

GROVE ROAD,  
VENTNOR,  
ISLE OF WIGHT, PO38 1TT

(852722)

**PUPILS:** Boys aged 5-13½ years; girls aged 5 to 13½ years on admission. General convalescence. Bronchitis. Post-operative convalescent chest cases. Asthma and Eczema. Long term debility. Malnutrition. Fibrocystics. Diabetics.

**Ineligible :** Normal exclusions. Bed cases.

**RELIGION :** Church of England.

**BEDS :** 154 in wards containing 2-16 beds. Some on ground floor.

**TREATMENT :** As required. Remedial exercises and breathing exercises for Asthma Physiotherapy where necessary. Simple dressings.

**STAFF : Chief Resident Officer :** Sister-in-Charge.

**Nursing Staff:** 4 SRN, 2 SEN, Remedial Gymnast and suitably trained staff.

**Medical Officer :** Dr B J Periera, MB, BS.

**LENGTH OF STAY :** Minimum one term.

**ROUTINE AND RECREATION:** The children rise at 7.45 or 8 am and go to bed between 6.30 and 8 pm, according to age. School holidays: Saturday and Sunday. The Home has a gymnasium and library as well as a supply of indoor games. There are also football and cricket pitches, and troops for Scouts and Cubs and Brownies. Heated Swimming Pool.

**Visiting Days :** Saturday and Sunday, once a month or by arrangement with Sister-in-Charge.

**CHARGES :** Payable by Local Education Authority.

**RECEIVING DAY :** Termly or during term if vacancy available.

**STATION :** Regular train services operate between Waterloo and Portsmouth, and connect with the boats from Portsmouth Harbour to Ryde Pier Head. From Ryde Pier the journey is continued by train to Shanklin and by bus to Ventnor, or by bus from Ryde Esplanade to Ventnor.

**GENERAL :** The Home, which was built in 1895, has since been modernised. It stands 250 feet above sea-level and is sheltered from the north by St Boniface Down. It faces south, and has large grounds. Closed for School holidays—Christmas, Easter and Summer. Office open during Holidays for enquiries and applications.

**APPLICATIONS :** to the Sister-in-Charge.

## **SAMUEL LEWIS SEASIDE CONVALESCENT HOME**

**5 SUNNY POINT,  
WALTON-ON-NAZE,  
ESSEX.**

**(Frinton-on-Sea 5627)  
02556**

**PATIENTS :** Jewish men and women. General convalescence. Subject to the absolute discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage.

**Ineligible :** Normal exclusions ; bed cases.

**RELIGION :** Jewish. The Home has its own Synagogue.

**BEDS :** 86, in wards of 1-12 beds. Some ground floor rooms. There are lifts.

**TREATMENT :** Simple medical treatment. Diets. Simple dressings.

**STAFF : Chief Resident Officer :** Matron (SRN)

**Nursing Staff :** 5 SRN, 7 Auxiliaries.

**Medical Officer :** Dr W R Kynan (visiting).

**LENGTH OF STAY :** 2-4 weeks.

**ROUTINE AND RECREATION :** Indoor games are provided. Radio, TV and miniature golf.

**Visiting Days :** Monday, Wednesday, Thursday and Sunday 2 pm to 5 pm.

**CHARGES :** Through Divisional Medical Officers for recuperative holidays. NE Thames RHA for convalescent cases. Private patients by arrangement.

**RECEIVING AND DISCHARGE DAY:** Tuesday.

**STATION :** Walton-on-Naze, from Liverpool Street. Patients are conveyed from London by coach.

**GENERAL :** The Home which was built about 70 years ago has since been modernised and faces the sea.

**APPLICATIONS :** To Directors Social Services of Local Authorities for recuperative holidays; to NE Thames Regional Health Authority, 40 Eastbourne Terrace, London W2 (01-262-8011) for convalescence. Other patients to Jewish Welfare Board, Homes Administration Dept., 315/317 Ballards Lane, London, N12 8LP. (01-446-1499).



**LULWORTH COURT**  
**CHALKWELL ESPLANADE,**  
**WESTCLIFF-ON-SEA**  
**ESSEX.**

**Parent Society : Queen Elizabeth's Foundation for the Disabled.**

**PATIENTS :** Severely disabled men and women over 16.

**Ineligible :** Those suffering from mental disorders, infectious or contagious diseases, those who are senile and/or liable to make a disturbance at night, and those who are bedridden.

**RELIGION :** Undenominational.

**BEDS:** 20. In rooms with 3 to 6 beds.

**TREATMENT:** Full nursing care.

**STAFF : Chief Resident Officer :** Superintendent (SRN.)

**Nursing Staff:** 1 SRN, 6 Assistant Nurses or as required.

**Medical Staff:** Visiting doctor.

**LENGTH OF STAY:** Approximately 2 weeks

**ROUTINE AND RECREATION:** Breakfast in bed. Any special instructions observed. Large sitting room overlooking sea front; colour TV. Purpose built shelter with toilet facilities on the Promenade. Outings and entertainments arranged.

**CHARGES:** For Convalescence: Under National Health Service.  
For Holidays: Fee quoted on request.

**RECEIVING DAY:** Late afternoons on 4 week-days.

**DISCHARGE DAY:** Mornings on 4 week-days.

**STATION:** Westcliff-on-Sea.

**GENERAL:** On the sea front in a residential area, close to Southend-on-Sea. The house is specially adapted for the severely disabled and there is a lift to take patients in standard sized wheelchairs to first floor and 4 bedrooms. One ground floor bedroom. Closure: The Home is closed from approx. 21st December to 21st January each year and for one week during May.

**Visiting Day:** Any day.

**APPLICATIONS :** to Miss M P Hurn, Holiday Organizer, Queen Elizabeth's Foundation for the Disabled, Leatherhead, Surrey KT22 0BN (Oxshott 2204).

## CHEYNE HOSPITAL

WOODLAND WAY,  
WEST WICKHAM,  
KENT, BR4 9LT.

(Tel. 01 777 1955)

**PATIENTS:** Patients from 2 years to 11 years old suffering from physical and/or mental handicap requiring treatment and schooling.

**Ineligible:** Diabetic patients.

**RELIGION:** Undenominational.

**BEDS:** 35. All wards on the ground floor. All beds can be wheeled on to open terraces.

**TREATMENT:** Treatment and diets as recommended by Consultants. Full physiotherapy service. Hydrotherapy Unit.

**STAFF:** Sister in charge, with supporting nursing staff, responsible to Senior Nursing Officer, Childrens Area, Bromley Area Health Authority.

**Medical Staff:** Full consultant, paediatric, orthopaedic and dental service. Physiotherapists, Speech Therapist, Social Worker.

**LENGTH OF STAY:** Decided on Merit of individual case. Children are admitted to the hospital during the school holiday periods for social reasons.

**ROUTINE AND RECREATION:** T.V., radio and record players in all wards. Film shows and car rides. Cub and Brownie activities with local packs. Garden with swings and large well-equipped playroom.

**EDUCATION:** Special schoolroom, 6 teachers. General subjects and handicrafts up to and including 11 plus, provided by the London Education Authority.

**VISITING:** Open, by arrangement with Sister in charge.

**STATION:** To East Croydon from Victoria or Waterloo then bus 119 to Woodland Way, or West Wickham from Charing Cross.

**GENERAL:** The hospital is pleasantly situated in 12 acres of grounds.

**APPLICATIONS:** To Senior Nursing Officer at the Hospital.

## **THE MENTAL AFTER CARE ASSOCIATION**

**ROYAL OAK HOUSE, 9/11 EGBERT ROAD,  
WESTGATE-ON-SEA,  
KENT.**

**PATIENTS :** Women suffering from some degree of mental disability. Minimum age 45 years.

**Ineligible :** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS :** 38. 1-5 according to size of rooms.

**TREATMENT :** Mental rehabilitation.

**STAFF :** Three resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY :** Recuperative holidays or indefinite long term care.

**ROUTINE AND RECREATION :** All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other indoor amusement provided. Outside activities encouraged.

**CHARGES:** £22.75 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY:** } Any week day.

**STATION :** Westgate-on-Sea—frequent trains from Victoria.

**GENERAL :** Large house—one minute from the sea.

**APPLICATIONS :** To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

**ST CECILIA'S**  
**WEST BAY,**  
**WESTGATE-ON-SEA,**  
**KENT. (Thanet 31461—Superintendent)**  
**(0843 31409—Guests)**

**Parent Society : Musicians' Benevolent Fund**

**PATIENTS** : Professional musicians, both men and women, needing a recuperative rest or convalescence after illness. Members of other professions (not over 70 years of age) accepted when accommodation is available.

**Ineligible** : Normal exclusions, coronaries, most heart conditions, colostomies, bronchial or asthmatic conditions and all cases requiring diets or nursing.

**RELIGION** : Undenominational.

**BEDS** : 20 singles in 14 rooms, 6 of which are on the ground floor.

**TREATMENT** : None. **No diets.** (In general, set meals are planned on a low starch—high protein basis).

**STAFF** : **Chief Resident Officer** : Lady Superintendent. (S.R.N.)

**Medical Staff**: Dr R G Taylor (visiting).

**LENGTH OF STAY**: Normally 2 weeks.

**ROUTINE AND RECREATION** : Early tea 8.0 am, breakfast 9.0 am, luncheon 12.30 pm, dinner 6.0 pm, hot drinks 8.0 pm, house closed 10.0 pm. Food cannot be served in bedrooms or between meal times.

Piano, wireless, television, indoor games and library.

**Visiting Day**: Any day.

**CHARGES**: **Musicians**: £12.60 per week or according to circumstances.

**Non-Musicians**: £17.50 per week and this also applies to those coming through the Recuperative Holiday Scheme.

**RECEIVING DAY** : Wednesday. Guests are asked to write time of arrival to Superintendent.

**DISCHARGE DAY**: Wednesday.

**STATION** : Birchington or Margate. Trains from Victoria at 40 minutes past each hour. 10.40 am and 2.40 pm recommended.

**GENERAL** : The Home is a modern, well-planned building, on the seafront, and is very comfortably equipped. Hot and cold water in all bedrooms. Central heating. The Home is closed for approximately ten days over the Christmas holiday.

**APPLICATIONS**: to the Convalescence Secretary, Musicians' Benevolent Fund, St. Cecilia's House, 16 Ogle Street, London, W1P 7LG (01-636-4481/2).

**DANESWOOD CONVALESCENT HOME****ASPLEY HEATH  
WOBURN SANDS,  
NEAR BLETCHLEY,  
BUCKS.****(Official) Woburn Sands 3113****(Patients) Woburn Sands 2372****PATIENTS :** Women and girls from 14-75 years of age. General convalescence.**Ineligible :** Colostomies and Asthmas.**RELIGION :** Undenominational.**BEDS:** 50, in small wards, chiefly 2 or 4 bed wards. No ground-floor rooms or lift.**TREATMENT :** As required. Physiotherapy can be arranged at Edgbury Hospital nearby. All diets and dressings provided.**STAFF: Senior Officers:** Sector Administrator, Nursing Officer.**Nursing Staff :** Trained nurses.

Enrolled nurses.

Nursing auxiliaries.

**Medical Staff:** Dr G Worden (visiting).**LENGTH OF STAY :** 2 weeks.**ROUTINE AND RECREATION :** Patients rise and retire at varying times according to individual conditions. There are library facilities, wireless, television, indoor games. Also facilities for washing and ironing personal laundry. Library service organised by the British Red Cross.**Visiting :** Unrestricted visiting up to 9 pm.**RECEIVING DAY :** Monday to Friday.**DISCHARGE DAY :** Normally 14 days after admission, eg admitted on a Tuesday discharged on a Tuesday.**STATION :** Bletchley. GLC patients admitted on Tuesdays and Wednesdays and patients from Buckinghamshire hospitals on Mondays and Fridays.**GENERAL :** Two-storied building standing on high ground, with attractive wooded district all round. The Home is open all the year round.**APPLICATIONS:** to the Nursing Officer, Edgbury Hospital, Woburn Sands (Woburn Sands 2392)

**KINGSBURY**  
**COLEY AVENUE,**  
**WOKING, SURREY.**  
**Church Army Short-stay Home.**

**(Woking 63304)**

**PATIENTS:** Men and women over 60 years of age for holiday periods, or care and attention when relatives are away, post-hospital periods of rest and care.

**Ineligible :** Normal exclusions, lung diseases including asthma in advanced stages. Diabetics. Confusion. Epileptics and Incontinent cases.

**RELIGION:** Church of England, but non-Church of England are received.

**BEDS:** 27 including 7 on the ground floor. A few single rooms are available. There is a lift.

**TREATMENT:** No treatment, but light Diets provided.

**STAFF:** Church Army Officer in charge, Assistant and Three General Assistants.

**Medical Staff:** Doctor attends weekly or at request.

**LENGTH OF STAY:** Maximum 4 weeks, although extensions are allowed in special circumstances.

**ROUTINE AND RECREATION :** Visitors have breakfast at 9 am. Those who can are asked to make their own beds, which are equipped with modern interior spring mattresses, but this is undertaken for the more frail.

**Visiting:** Any day.

**CHARGES:** £15.96 per week but now under review.

**RECEIVING DAY:** By arrangement with the Church Army Headquarters, Sunset Homes Department, to whom all applications should be made.

**DISCHARGE DAY:** By arrangement with CA Headquarters.

**STATION:** Woking.

**GENERAL:** The Home is centrally heated and well equipped; ten minutes' walk from Station. This Home is open all the year round.

**APPLICATIONS:** The Church Army Headquarters, Sunset Homes Department, PO Box 67, 185 Marylebone Road, NW1 5 QL

# ST PETER'S CONVENT

MAYBURY HILL,  
WOKING,  
SURREY.

(Woking 61137)

**PATIENTS:** Women. Consideration is given to a limited number of patients over 70 who are genuinely convalescent and mentally alert. General medical and post-operative convalescence. Hearts. Orthopaedic cases and colostomies.

**Ineligible:** Asthma, fits, (epileptic or other), infectious and skin diseases. Neurosis, cancer in advanced stage, or if liable to be offensive to others.

**RELIGION :** Anglican Community. (All denominations accepted).

**BEDS:** Convalescent—First floor—total 20. (Large Ward, 11. Small ward, 4. Balcony, 4 one small private room). Guest Floor. New unit, six single rooms available for patients needing less nursing care. There is a sitting room with an adjoining kitchen in which patients may prepare their own breakfast and afternoon tea (food provided). Dinner and supper in dining room. Lift to all floors. Private Nursing wing. Single Rooms available for short term convalescents £40 p.w.

**TREATMENT :** Simple medical treatments. Mild gastric diets. Simple dressings.

**STAFF : Chief Resident Officer :** Reverend Mother Superior.

**Nursing Staff:** Assistant Superior (SRN); 5 SRN and 2 part time SRN; 2 SEN; 1 Dispenser.

**Medical Staff :** Mr L G Higgins  
Dr Dalglish  
Dr K A M Moore  
Dr Rae } (visiting).

**LENGTH OF STAY :** Usually 2 weeks, but no fixed limit. Usual maximum 1 month.

**ROUTINE AND RECREATION :** All patients have breakfast in bed and retire before or after supper as desired. Afternoon rest if required.

Library, wireless, television. Convalescents allowed out to afternoon cinemas.

**Visiting:** 2 to 5 pm. 7.0 — 7.45 pm for those unable to come in the afternoon.

**CHARGES:** Wards, £30 ward bed £40 single rooms, p.w.

**RECEIVING DAY:** Monday, before 12 noon.

**DISCHARGE DAY:** Normally Monday.

**STATION :** Woking, from Waterloo, thence by Maybury Hill bus or taxi.

**GENERAL:** Built in 1883, the Convent stands on high ground in 20 acres of ground.

**APPLICATIONS :** to the Admissions Sister of the Community of St. Peter at the Convent (with return postage), for N.H.S. patients.

## THE JOHN HORNIMAN SCHOOL

2 PARK ROAD,  
WORTHING,  
SUSSEX.

(Worthing 200317)

**Parent Society : The Invalid Children's Aid Association.**

**PUPILS :** Boys and girls aged 5-9 suffering from severe speech and language disorders.

**Ineligible :** Primary stammers. Educationally sub-normal children. Severely spastic cases. Seriously maladjusted children.

**RELIGION :** Undenominational.

**BEDS :** 24.

**TREATMENT :** Speech therapy. Specialist medical and psychological consultations  
Routine medical supervision.

**STAFF : Chief Resident Officer : Headmistress :** Miss M Palmer.

**Medical Staff :** Dr A Robinson (Visiting Consultant Paediatrician)  
Dr D Palmer School Medical Officer.

**LENGTH OF STAY :** As required for satisfactory treatment or until maximum age.

**ROUTINE AND RECREATION :** Children get up at 7.30 am and go to bed between 6 and 7 pm. Intensive integrated language programme carried out by teachers and speech therapists with individual teaching and speech therapy as required. Regular use made of the school minibus for outings in connection with educational programme and to the Downs for walks and free play. Four-term year—all holiday spent at home.

**Visiting Day :** By arrangement with the Matron.

**CHARGES :** Payable by Local Education Authority.

**RECEIVING DAY:** Normally at the beginning of the Spring and Autumn terms (i.e. 2nd, and 4th terms).

**DISCHARGE DAY:** Normally at the end of the Easter and Summer terms (i.e. 1st and 3rd terms).

**STATION :** Worthing Central.

**GENERAL :** Built as a Convalescent Home for children by John Horniman Trustees about 1890. Entirely redecorated and modernised. Playground and lawn with sandpit and paddling pool. School is opposite the sea and near a recreation ground.

**APPLICATIONS :** to the General Secretary, The Invalid Children's Aid Association, 126 Buckingham Palace Road, London, SW1W 9SB (01-730-9891).



## LLOYD RECUPERATIVE CENTRE

THE POPLARS, 32, MILL ROAD,  
WEST WORTHING,  
SUSSEX,

**PATIENTS:** Ages 16–75 years who are ambulant and can care for themselves.

**Ineligible:** Normal exclusions, patients requiring constant nursing and medical care.

**RELIGION:** Undenominational.

**BEDS:** 10 (single and twin-bedded rooms).

**TREATMENT:** Gastric and diabetic diets, simple dressings.

**LENGTH OF STAY:** 2 weeks which may be extended.

**ROUTINE:** Choice of menu—Breakfast 8.30 to 9.00 am. Lunch 12.30–1.00 pm. Light afternoon tea 4.00 pm. Dinner 6.45 to 7.15 pm.

**CHARGES:** On application.

**RECEIVING DAY:** Any day by arrangement with Head Office.

**VISITORS:** Any day after 10 am.

**STATION:** West Worthing from Victoria. Taxis available if required.

**GENERAL:** Situated in a most select area, on flat ground and enjoying one of the best climates on the South Coast, the Recuperative Centre is an imposing detached property having an “in and out” drive with ample parking facilities and a secluded garden. Approximately 500 yards from West Worthing Station through a pine-studded avenue in which seats are available, the Centre is about  $\frac{1}{2}$  mile from the sea, again through a pleasant wide tree-lined avenue with intermittent bench seating. If required, bus services to the Town Centre and beach.

The Centre is equipped and furnished to a high standard, fitted carpets throughout, coloured T.V., hot and cold water and shaving points in all bedrooms, full central heating. Minimum restrictions.

All rooms are on ground and first floor only; the Centre has hotel standards of fire prevention, all precautions having been taken and approved by the Local Council and West Sussex Fire Officials.

**APPLICATIONS:** Open all the year—applications should be made to Lloyd Memorial (Printers) Convalescent Home, “The Beeches”, Brighton Road, Lower Kingswood, Surrey (Mogador 2057).

**MILDMAY CONVALESCENT HOME**

**WORDSWORTH ROAD,  
WORTHING,  
SUSSEX, BN11 3JB**

**(Worthing 39875)**

**PATIENTS :** Married couples and Women aged 20 to 70. General convalescence.

**Ineligible :** Normal exclusions. Bed cases. Infirm or advanced cases of illness and those needing night attention. Asthma.

**RELIGION :** Interdenominational.

**BEDS :** 30. Double and single rooms. Lift to first floor. Patients must be able to negotiate a few stairs.

**TREATMENT :** No special treatment. Gastric diets. Simple dressings.

**STAFF: Chief Resident Officer:** Matron, Miss M Jameson SRN SCM.

**Nursing Staff :** Sister (SRN).

**Medical Staff :** Dr R H Neeve MB BSc Lond (visiting).

**LENGTH OF STAY :** 2 weeks.

**ROUTINE AND RECREATION :** Patients get up in time for breakfast at 8.30 am and retire by 9.30 pm. There is a rest hour for everybody after lunch. There is television, games, wireless, a record player and piano. Evening prayers (voluntary).

**Visiting Day :** Every day, by arrangement with Matron.

**CHARGES:** £20 per week.

**RECEIVING DAYS:** Mondays, Wednesdays and Fridays, preferably between 2 and 3 pm. Morning admission by arrangement.

**DISCHARGE DAYS:** As above preferably before 11.30 am.

**STATION:** Victoria to Worthing.

**GENERAL:** A few minutes from the sea, on level ground near to shops.

**APPLICATIONS :** to the Matron.

## THE QUEEN ALEXANDRA HOSPITAL HOME

for Disabled Sailors, Soldiers and Airmen.

GIFFORD HOUSE,

WORTHING,

SUSSEX, BN11 4LJ

(Worthing 202486)

**PATIENTS :** Disabled Ex-Servicemen only. No accommodation for Officers.

**Ineligible:** Cases of tuberculosis and all infectious diseases.

**RELIGION :** Church of England but any denomination received.

**BEDS :** 64. Fifty for permanent patients and fourteen beds available in wards on ground floor for seriously disabled men living at home in need of a change or convalescence with treatment following an illness or operation.

**TREATMENT :** According to Disability. Physiotherapy and Occupational Therapy available.

**STAFF : Medical Officer :** Dr P Murphy MB BCh.

**Matron :** Miss D P Morris SRN.

State Registered Staff.

**LENGTH OF STAY :** At Doctor's discretion and according to demand on beds.

**ROUTINE AND RECREATION :** Television, radio, good library, indoor games.

Outings and Entertainments arranged by local residents and Societies.

**CHARGES :** Every case considered according to means.

**RECEIVING DAY :** }  
**DISCHARGE DAY :** } Any day. Open all the year round.

**STATION :** West Worthing.

**GENERAL :** This Hospital Home fulfils a dual role—it provides a home for some 50 disabled Ex-Servicemen who are permanently resident and carries out the re-creative and convalescent work already described ; Gifford House has sheltered gardens and is within easy reach of the sea. Worthing has a level stretch of sea front and so is ideal for patients in chairs.

**APPLICATIONS :** to the Secretary.

## THOMAS BANTING MEMORIAL HOME

BANTING HOUSE,  
28 DOWNVIEW ROAD,  
WORTHING, SUSSEX.

(Worthing 47461)

**PATIENTS :** Ladies aged 18 to 75. General convalescence.

**Ineligible:** Normal exclusions. Those requiring any form of nursing, special diets, or unable to manage stairs.

**RELIGION :** Undenominational.

**BEDS:** 6, in single rooms, on 1st floor. 1 on 2nd floor, 1 on Ground floor.

**TREATMENT :** No diets or dressings, but Physiotherapy can be arranged at Worthing Hospital. Arrangements to be made by the Hospital sending the patient.

**STAFF : Chief Resident Officer :** Lady Superintendent.

**Nursing Staff :** None.

**Medical Staff :** Dr P A T Martin (visiting).

**LENGTH OF STAY :** 2 or 3 weeks, which can be extended to 8 if necessary.

**ROUTINE AND RECREATION :** Patients should be up by 9 am.

Writing and reading rooms. Cinemas, concerts, etc, in Worthing.

**Visiting Day :** Any afternoon.

**CHARGES:** £17.50 per week. Patients pay for gas and electric fires in their bedrooms by slot meter. Deposit of £5.00 should be remitted in advance of the visitor's arrival.

**RECEIVING DAYS :** Monday to Friday inclusive.

**DISCHARGE DAYS :** Monday to Friday inclusive or at weekend by arrangement.

**STATION :** West Worthing, from Victoria, thence 5 minutes' walk, or by taxi.

**GENERAL :** The Home is a comfortable, old-fashioned house in a quiet road intended only for the reception of ladies of reduced means. It would be much appreciated if patients would bring suitcases small enough to be carried upstairs without difficulty by female staff. Closing: The Home usually closes for about 1 week at Christmas.

**APPLICATIONS :** to the Secretary, Thomas Banting's Memorial, 1 Highworth, Worthing (Worthing 37581).—9—1 am and 2.30—5 pm.

## **PART II**

The Homes listed in this section are outside the boundaries of the four Thames and Wessex Regional Health Authorities. Only those Homes nearest to London are regularly visited by members of the Auxiliary Hospitals Committee.

## THE RAILWAY CONVALESCENT HOME

"BRIDGE HOUSE,"

DAWLISH, DEVON.

EX7 9AU

(Dawlish 3303)

**PATIENTS :** Male employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

**Ineligible:** Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

**RELIGION :** Undenominational.

**BEDS:** 57. None on ground floor. Wards contain 3 to 9 beds.

**TREATMENT:** No treatments. Gastric and diabetic diets. Simple dressings. Colostomy cases accepted.

**STAFF : Chief Resident Officer :** Matron (SRN).

**Nursing Staff :** Assistant/Relief Matron (SRN).

**Medical Staff :** Dr D B Peterkin (visiting).

**LENGTH OF STAY :** 4 weeks maximum.

**ROUTINE AND RECREATION :** Patients rise at 7 am and retire at 10 pm. All patients to be in the grounds by 9.30 pm. No domestic work is done by the patients. Billiards, darts, piano, radio, colour television, and putting green.

**Visiting Day:** Every afternoon, 2 to 4 pm by arrangement with Matron.

**CHARGES :** None.

**RECEIVING DAYS:** }  
**LEAVING DAYS :** } Tuesday and Thursday.

**STATION :** Dawlish, from Paddington. Conveyance arranged from and to Station.

**GENERAL :** Large gardens supply fresh vegetables. Own poultry. Short, easy walk to seashore.

**APPLICATIONS:** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex. UB8 1HW. Telephone: Uxbridge 35567/8. (STD Code 0895).

## THE MENTAL AFTER CARE ASSOCIATION

158 FOXHALL ROAD,  
IPSWICH,  
SUFFOLK.

**PATIENTS :** Men and women in need of rehabilitation after mental illness. Preference to those under 50 years.

**Ineligible :** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS :** 34. Numbers according to size of rooms.

**TREATMENT :** Rehabilitation towards full employment and social independence.

**STAFF :** Four resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY :** Indefinite

**ROUTINE AND RECREATION :** Breakfast and evening meals to suit residents' hours of employment. All residents make their beds and help with domestic work where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and indoor and outdoor interests provided.

**CHARGES:** £22.75 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY:** } Any week day.

**STATION :** Ipswich—frequent trains from Liverpool Street Station.

**GENERAL :** Large house and garden on bus route to town centre and Felixstowe.

**APPLICATIONS :** To the Secretary, The Mental After Care Association, Eagle House  
110 Jermyn Street, London, SW1

**ORCHARD DENE**

**19 VIEW ROAD,  
RAINHILL,  
NEAR LIVERPOOL, LANCs.**

**(Prescot 4122)**

**Parent Society : The National Society for Mentally Handicapped Children.**

**PATIENTS :** Short stay and extended care for all grades of mentally handicapped children from 2-12 years of age, including those suffering from epilepsy or cerebral palsy.

**Ineligible :** Infectious diseases and children who are a danger to themselves and others.

**RELIGION :** Undenominational.

**BEDS :** 26 in 6 rooms of 2 to 6 beds, (isolation facilities available if necessary).

**TREATMENT:** Nursing care and education provided by Local Authority.

**STAFF: Nursing Staff:** Matron and 2 Assistant Matrons.  
2 Night Nurses  
12 Care Assistants

**Medical Staff:** Dr G McKenna (visiting), and Physiotherapy Adviser.

**LENGTH OF STAY:** Not exceeding one year on initial acceptance: extension beyond that period subject to individual review.

**ROUTINE :** Routine is according to requirements. Large garden with well equipped playground.

**CHARGES:** £37.45 per week, plus school fees payable to providing authority.

**RECEIVING DAY:** }  
**DISCHARGE DAY:** } By arrangement.

**STATION :** Rainhill, or by H2, H3 and H4 buses from Pier Head, Liverpool, to Victoria Hotel, Rainhill.

**APPLICATIONS :** Director of Residential Establishments, NSMHC Centre, Pembridge Hall, 17, Pembridge Square, London, W2 4EP (01-229-8941).



## THE RAILWAY CONVALESCENT HOME

THE OLD ABBEY,  
MARINE DRIVE,  
LLANDUDNO  
NORTH WALES.

(Llandudno 77625)

**PATIENTS :** Female Employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. (Wives, provided the husband is of working age and contributes to the Railway Convalescent Homes). Also retired personnel up to 5 years after retirement date or 3 years following redundancy (this applies also to wives of retired personnel).

**Ineligible:** Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

**RELIGION :** Undenominational.

**BEDS :** 25, in 2 and 3 bed wards. None on the ground floor. Hot and cold water in every bedroom.

**TREATMENT :** Normal gastric and diabetic diets, etc. Simple dressings. Colostomy cases accepted.

**STAFF : Chief Resident Officer :** Matron (SRN).

**Medical Staff:** Dr I Wynne Hughes (visiting).

**LENGTH OF STAY :** 4 weeks maximum.

**ROUTINE AND RECREATION :** Patients rise at 7 am and retire at 10 pm. All patients to be in grounds by 9.30 pm. No domestic work is done by the patients. There is a piano, radio, colour television and card games, etc.

**Visiting Day:** Every afternoon, 2 to 4 pm by arrangement with Matron.

**CHARGES :** None.

**RECEIVING DAYS :** }  
**LEAVING DAYS :** } Tuesday and Thursday.

**STATION :** Llandudno, from Euston. Conveyance arranged from and to the Station.

**GENERAL :** The Home commands extensive views from Conway Castle to the Isle of Anglesey. Large gardens run down to the seashore, and supply fresh vegetables.

**APPLICATIONS:** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex. UB8 1HW. Telephone: Uxbridge 35567/8. (STD Code 0895).

**DAWN HOUSE SCHOOL**

**HELMSLEY ROAD,  
RAINWORTH,  
Nr. MANSFIELD,  
NOTTS.**

**(Blidworth 5361)**

Parent Society: The Invalid Children's Aid Association

**PUPILS:** Boys and girls aged 5-13 suffering from severe speech and language disorders.

**Ineligible:** Primary stammers. Educationally sub-normal children. Physically handicapped children. Seriously maladjusted children.

**RELIGION:** Undenominational.

**BEDS:** 48. Up to 6 day pupils. Provision for Day Nursery Unit—up to 6 children aged 2-5 for observation and part-time attendance.

**TREATMENT:** Speech therapy. Consultations with medical specialists if required. Routine medical supervision.

**STAFF: Chief Resident Officer:** Headmistress, Mrs S Naidoo.

**Senior Speech Therapist**—Mrs C Potter.

**LENGTH OF STAY:** As required for satisfactory treatment or until maximum age.

**ROUTINE AND RECREATION:** Children get up at 7.30 am and go to bed between 6-8 pm depending on age. Intensive and integrated language programmes are carried out by teachers and speech therapists. Specialist remedial education is linked to the language work and planned to meet each child's individual need.

**Visiting Day:** By arrangement with the Senior Child Care Officer.

**CHARGES:** Payable by Local Education Authority.

**RECEIVING DAY:** Normally at the beginning of the Spring and Autumn Terms, (i.e. 2nd and 4th terms).

**DISCHARGE DAY:** Normally at the end of the Easter and Summer Terms (i.e. 1st and 3rd terms).

**STATION:** Alfreton—Mansfield Parkway.

**GENERAL:** Purpose built school on a 10 acre site adjoining Forestry Commission land, but within a few minutes walk of the main Mansfield to Newark road. All-purpose recreation hall. Art/Craft/Domestic Science room.

**APPLICATIONS:** to the General Secretary, The Invalid Children's Aid Association, 126 Buckingham Palace Road, London SW1W 9SB (01-730-9891).

## MARLBOROUGH CHILDREN'S CONVALESCENT HOSPITAL

MARLBOROUGH,  
WILTS, SN8 1JT

(Marlborough 2271-2)

**PATIENTS:** Boys and girls from 18 months to 16th birthday. Orthopaedic cases. Chests. Non-infectious skin cases. Asthmatics. Rheumatic Hearts. Post-operatives. Bed cases.

**Ineligible :** Normal exclusions.

**RELIGION :** Undenominational.

**BEDS :** 91, including a modern ward accommodating 26 boy patients.

**TREATMENT :** Fully equipped physiotherapeutic department with Hubbard Tank etc; remedial exercises ; all diets and dressings.

**STAFF: Chief Resident Officer:** Nursing Officer.

**Nursing Staff:** 11 SRN; 3 SEN; 25 Nursing Auxiliaries.

**Medical Officers & Visiting Medical Staff:**

Dr L F Jones Consulting Paediatrician

Dr D W Hide Consultant Paediatrician

Dr P N Knight Consultant in Physical Medicine

Mr J Cockin Consulting Orthopaedic Surgeon

Dr K D Crow Consulting Dermatologist

Dr T R Maurice Medical Officer

Dr W L Calnan Medical Officer

Mr R B Jones Dental Surgeon

**LENGTH OF STAY :** Minimum 1 month. No limit.

**ROUTINE AND RECREATION :** The children who are fit to do so normally rise at 7.45 am and have breakfast at 8.30 am. There is a compulsory rest in the afternoon. All the children are in bed by 8 pm. No domestic work is required of them. Occupational therapy. Films, luxury coach, games room, heated swimming pool nearby.

Facilities for outdoor games. Playground. Country walks, nature study, etc.

School : Recognised Ministry of Education Hospital School. Head Teacher and 7 assistants. Also Nursery School.

**Visiting Days:** At any time at discretion of Nursing Officer or Ward Sister, but preferably after School (3.30 pm) on weekdays.

**RECEIVING DAY :** Any day.

**DISCHARGE DAY:** Any day but usually at weekends.

**STATION :** Swindon from Paddington. The Hospital is 13 miles from Swindon at which there is a bus service (No 470) to and from Marlborough. It can also be reached by coach.

**GENERAL :** The Hospital stands in its own grounds on the edge of Marlborough Downs, 500 feet above sea-level.

**APPLICATIONS:** to the Nursing Officer.

## THE RAILWAY CONVALESCENT HOME

"TRENYPHON,"  
PAR, CORNWALL.  
PL24 2TS

(072 681 2572

**PATIENTS :** Male employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

**Ineligible:** Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

**RELIGION :** Undenominational.

**BEDS :** 41. Two on the ground floor. Wards contain 2-6 beds.

**TREATMENT :** No treatments. Gastric and diabetic diets. Simple dressings. Colostomy cases accepted.

**STAFF : Chief Resident Officer :** Matron (SRN).

**Nursing Staff:** Assistant/Relief Matron (SRN).

**Medical Staff:** Dr N Haskins (visiting).

**LENGTH OF STAY :** 4 weeks maximum.

**ROUTINE AND RECREATION :** Patients rise at 7 am and go to bed at 10 pm. All patients to be in the grounds by 9.30 pm. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, bowls, piano, radio and colour television.

**Visiting Day:** Every afternoon, 2 to 4 pm by arrangement with Matron.

**CHARGES :** None.

**RECEIVING DAYS :** }  
**LEAVING DAYS:** } Tuesday and Thursday.

**STATION:** St. Austell, from Paddington. Conveyance arranged from and to the Station.

**GENERAL:** Large gardens supply fresh vegetables, own poultry, grounds include extensive woods. Home overlooks St. Austell Bay, but is a fair walk from seashore. Bus service from Home to Par town and sea.

**APPLICATIONS:** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex, UB8 1HW. Telephone: Uxbridge 35567/8. (STD Code 0895).

## THE RAILWAY CONVALESCENT HOME

ASCOG MANSION,  
ROTHESAY,  
ISLE OF BUTE,  
SCOTLAND, PA20 9EU

(Rothesay 2721)

**PATIENTS :** Male employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

**Ineligible:** Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

**RELIGION :** Undenominational.

**BEDS :** 32. None on the ground floor. Wards contain 2 to 6 beds.

**TREATMENT :** No treatment. Gastric and diabetic diets provided. Simple dressings. Colostomy cases accepted.

**STAFF : Chief Resident Officer :** Matron (SRN).

**Medical Staff :** Dr T Wilson Howie (visiting).

**LENGTH OF STAY :** Maximum stay 4 weeks.

**ROUTINE AND RECREATION :** Patients rise at 7 am and retire at 10 pm. All patients to be in the grounds by 9.30 pm. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, bowls, piano, radio, colour television and putting green.

**Visiting Day:** Every afternoon, 2 to 4 pm by arrangement with Matron.

**CHARGES :** None.

**RECEIVING DAYS :** }  
**LEAVING DAYS :** } Tuesday and Thursday.

**STATION :** Rothesay, from Euston, via Glasgow and Wemyss Bay—Conveyance arranged from and to the Pier.

**GENERAL :** Large gardens supply fresh vegetables. Own poultry. Home on seashore.

**APPLICATIONS :** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex, UB8 1HW. Telephone: Uxbridge 35567/8. (STD Code 0895).

**BYNG HOUSE**  
**30, PROMENADE,**  
**SOUTHPORT,**  
**MERSEYSIDE, PT9 0JB**

**(Southport 36898)**

**PATIENTS:** Ex-Servicemen and Women—General convalescence.

**Ineligible:** Normal exclusions. Bed cases. Bronchiectasis.

**RELIGION:** Undenominational.

**BEDS:** 70, in 1-2 bed wards; none on ground floor but there is a lift.

**TREATMENT:** No treatments or dressings. Light diets.

**STAFF: Chief Resident Officer:** Manager.

**Nursing Staff:** None.

**Medical Staff:** Dr T J Szczesniak (visiting).

**LENGTH OF STAY:** 2 weeks, sometimes extended.

**ROUTINE AND RECREATION:** Patients rise in time for 8.45 am. breakfast, and retire at 10.30 pm. They are expected to make their own beds. No other domestic work is required.

The Home has a library and television as well as facilities for indoor and outdoor games.

**Visiting:** Anytime, excepting meal-times, until 8.00 pm.

**CHARGES:** Free. Payable by British Legion. Other Service Funds, etc., are asked to contribute towards cost of maintenance.

**RECEIVING DAY:** Tuesday.

**DISCHARGE DAY:** Tuesday.

**STATION:** Southport, from Euston.

**GENERAL:** The house stands on the promenade and has a large garden. **CLOSED DECEMBER AND JANUARY.**

**APPLICATIONS:** Through Local Service Committees of the Royal British Legion. (Addresses available at Local Post Offices).

## ROYAL BRITISH LEGION REST AND CONVALESCENT HOME

SOMERSET LEGION HOUSE,  
17/23 BIRNBECK ROAD,  
WESTON-SUPER-MARE,  
AVON, BS23 2EH

(Manager) Weston-super-Mare 29589  
(Residents) Weston-super-Mare 21211

**PATIENTS :** Ex-Service men and women of any age. Adult dependants. General convalescence. Rest.

**Ineligible :** Normal exclusions. Bed cases. Bronchiectasis. Epilepsy unless controlled, Children.

**RELIGION :** Undenominational.

**BEDS:** 106, mainly in 2-bedded rooms. Some on ground floor. Few single rooms. Accommodation for 43 married couples. Hot and cold water in all bedrooms.

**TREATMENTS :** No treatments or dressings. Light diets.

**STAFF : Chief Resident Officer :** Manager.

**Nursing Staff :** None.

**Medical Staff :** Dr Leo T Martin (visiting).

**LENGTH OF STAY :** Normally 2 weeks. Can be extended at the discretion of the Medical Officer.

**ROUTINE AND RECREATION :** There are few restrictions. No domestic work is expected of the guests.

Patients arrange own whist drives and social evenings.

**Visiting Day:** Any day.

**CHARGES :** Free. Borne by British Legion. Other Service funds, etc, are asked to contribute towards the cost of maintenance.

**RECEIVING AND DEPARTURE DAY:** Tuesday.

**STATION :** Weston-super-Mare, from Paddington. The Home is about 1 mile from the station. Bus service to within 50 yards of the Home.

**GENERAL :** The Home is a converted hotel and delightfully situated on the seafront. Many of the rooms overlook the sea. Electric passenger lifts. Central heating throughout.

**APPLICATIONS:** Through Local Service Committees of the Royal British Legion, (Addresses available at Local Post Offices). HQ, Royal British Legion controls all admissions, patients cannot be admitted on direct applications to the Home.

**HALES HOUSE**  
**WINTERTON-ON-SEA,**  
**NEAR GREAT YARMOUTH,**  
**NORFOLK.**

(Winterton-on-Sea 271)

**Parent Society :** The National Society for Mentally Handicapped Children.

**PATIENTS :** Short stay and extended care for all grades of mentally handicapped children up to 16 years of age, including those suffering from epilepsy or cerebral palsy.

**Ineligible :** Infectious diseases and children who are a danger to themselves and others.

**RELIGION :** Undenominational.

**BEDS :** 24 in six four-bedded rooms (isolation facilities available if necessary).

**TREATMENT :** Child care and social training.

**EDUCATION:** Provided by Local Authority.

**STAFF :** Matron and Assistant Matron (resident). Trained care staff day and night.

**Medical Staff:** Visiting Medical Officer and Physiotherapy Adviser.

**LENGTH OF STAY:** Not exceeding one year on initial acceptance: extension beyond that period subject to individual review.

**ROUTINE :** Routine is according to requirements. Large garden with well equipped playground, adjoining sand dunes.

**CHARGES:** £37.45 per week.

**RECEIVING DAY :**  
**DISCHARGE DAY:** } By arrangement.

**STATION :** Great Yarmouth. Number 6 bus to Winterton-on-Sea.

**APPLICATIONS :** Director of Residential Establishments, NSMHC Centre, Pembridge Hall, 17, Pembridge Square, London, W2. 4EP (01-229-8941).



## 1977 EDITION OF DIRECTORY

The 1977 edition of the Directory of Convalescent Homes Serving Greater London will be ready for distribution on the 1st January, 1977. It is priced £1 and postage will be charged at the prevailing rate. Orders may be sent at any time and preferably before the end of November, 1976. Please do not send any remittance with your order as an invoice requesting payment will be forwarded to you with the Directory.

### KING EDWARD'S HOSPITAL FUND FOR LONDON

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#### DIRECTORY OF CONVALESCENT HOMES

*Name* .....

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.....

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Please forward to the above address.....copy/copies of the 1977 Directory of Convalescent Homes.

PLEASE NOTE:—

Orders for this publication should be sent to  
King Edward's Hospital Fund for London,  
14, Palace Court, Bayswater,  
London, W2 4HT.

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Prefix letters denote the following:—

- M Men accepted.                      W Women accepted.                      C Children accepted.  
 \* No fixed age limit, or patients over 70 accepted.                      a Breakfast in bed provided.  
 b Bed cases accepted.                      g Ground floor bedrooms.                      1 Long stay.

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Printed by  
PENDRAGON PRESS, PAPWORTH EVERARD  
nr. CAMBRIDGE

