



# Ms Rachel Anticoni

# Carelink Manager

Carelink
Camden & Islington
Community
Health Services
NHS Trust
Block A
St Pancras Hospital
4 St. Pancras Way
London NW1 OPE

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# **Current Role Challenge**

I am the manager of Carelink, the social care division of the Trust which provides care to individuals in the community who are on the 'cusp' of NHS and social service provision. I am responsible for the operational and contractual management of the service, including the maintenance and monitoring of present contracts and also the marketing and tendering for 'new business'. As part of my organisational development project, I have taken the lead in devising and implementing a new appraisal system throughout the entire Nursing Directorate, and incorporating this appraisal system, clinical supervision and Personal Profiling into a Trust Portfolio for all nurses in the Trust.

### Key Learning from the Programme

- I have learned new ideas about organisations how they work as they do, and the people who work with them
- I have learned the value of reflection on all aspects of work
- I have learned about the changing role of the Nurse Leader
- I have realised the importance of being creative and innovative within the organisation
- I have gained an insight into the roles of present nurse leaders

### **BOARD SPONSOR**

Mr D Sloman
Contracts Director
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Community
Health Services
NHS Trust
Vezey Strong Wing
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### **Current Role Challenge**

- Making the shift from secondary to primary care a reality
- Improving the overall quality of service provision through an integrated approach to research, training and service development
- Developing high performance primary healthcare teams in inner city environments

### **NURSE MENTOR**

Ms Heather Cawthorne
NHS Executive
Anglia & Oxford RHA
6-12 Capital Drive
Linford Wood
Milton Keynes
MK14 60P

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### **Current Role Challenge**

My current secondment to the NHS Executive to work on a national project developing professional roles in anaesthetic services means that the challenges to my role are to:

- Encourage different professional groups to develop new ways of working together appropriately
- Support innovation that improves the quality of care for patients and job satisfaction for staff
- Establish new networking so that changes are used and shared effectively.



# Ms Kathryn Bergmanski

Senior Nurse Manager

Gwent Community Health NHS Trust Oakfield House Llanfrechfa Grange Cwmbran Gwent NP44 8YN

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# **Current Role Challenge**

I have recently been seconded from my Community Nurse Managers role into the Trust's Human Resources Department as Project Manager. This throws up many challenges as I acclimatise to working within a general management context away from the Nursing expertise and colleagues that create my usual environment. I am learning to recognise how nursing experience and values can contribute to a wider agenda, without necessarily dealing specifically with nursing issues.

# Key Learning from the Programme

- Have developed a greater political awareness through exposure to different people and organisations. Learnt a lot about how behaviour can effect others and the associated influencing skills. Continued learning about areas of health care that I do not necessarily have any ground experience in.
- Greater self-awareness of own skills and attributes, as well as how they might fit into the areas of healthcare I would want to influence.

BOARD SPONSOR Mr A Coffey Finance Director Grange House Llanfrechfa Grange Hospital Cumbran, Gwent

T: 01633 838521 F: 01633 643604

# **Current Role Challenge**

I am one of a number of Government Nurses working in the Civil service and based in London. I have responsibility in conjunction with other Civil Servants for developing policy for a specific number of subjects. I contribute the nursing dimension. The subjects I cover are wide-ranging and diverse and it is important that I keep up to date with current developments and trends so that policies are sound and relevant.

In addition to the above my role includes preparing briefing for ministers and the Chief Nursing Officer, drafting papers, contributing to speeches, Parliamentary Questions and giving advice to Ministers, the Chief Nursing Officer and other senior officials on issues relating to the subjects within my portfolio.

I liaise with the professional organisations and statutory bodies and maintain links with professionals working in the field. I see this as an important part of my role as it enables me to maintain a realistic perspective on the issues within my subjects without which my work could be viewed as far-fetched and "not being in the real world".

NURSE MENTOR
Ms Nola Ishmael
Nursing Officer
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# Ms Justine Faulkner

# General Manager Adult Mental Health Services

Lakeside Mental Health Management Offices WMUH Site Twickenham Road Isleworth Middlesex TW7 6AF

T: 0181 565 5316 F: 0181 321 5315

### **Current Role Challenge**

Involving mental health service users in the decision making process, in a way that is meaningful to both the service user and the organisation.

### Key Learning from the Programme

- That the value of the whole is greater than the sum of its parts!
- That the potential of collaborative workshop is maximised when all those involved share the view that power is infinite rather than failure.

BOARD SPONSOR
Ms Valerie Howell
Director of Mental
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Trust Headquarters
Phoenix Court
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NURSE MENTOR Mr Tom Sandford Royal College of Nursing 20 Cavendish Square London W1M OAB

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# Ms Christine Halek

Senior Nurse Practitioner

Annex Nursing
Development Unit
Pathfinder NHS Trust
Harwood House
Springfield Hospital
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Tooting
London SW17 7DS

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# **Current Role Challenge**

Running a nurse led service outwith consultant responsibility. Developing the role of nurse as clinical consultant. Working across boundaries to provide integrated patient-centred services, particularly medical-nursing boundaries.

# Key Learning from the Programme

- · Strategic thinking and awareness
- Internal and personal barriers to change and managing risk
- Learning about my own organisation
- · Clarifying my career priorities

# **BOARD SPONSOR**

Mr D Selbie
Executive Director
of Operations &
Deputy Chief Executive
Pathfinder Mental
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NHS Trust
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NURSE MENTOR
Mr David Benton
Regional Nurse Director
NHSE (NGY)
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# Ms Liz Lightbown

# Senior Nurse

City and Hackney Community Services NHS Trust (Mental Health – Rehabilitation Service) 15 Homerton Row London E9 5ED

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### **Current Role Challenge**

- Rehabilitation, Mental Health Services leading/managing their integration for in-patient and community, and developing their profile and role in relation to General Adult Acute Services within the Trust. Managing the interface with external services
- Project Manager for the Investors in People Initiative (Job Roles/Descriptions and Appraisals)

### Key Learning from the Programme

- Theories on leadership different perspectives and attributes
- Developing and allowing the Right-Side of the Brain into how I operate, perceive, feel
- The need for space, time and thinking in order to lead or be leaderful
- How to integrate new "ways" into 'existing' ways

BOARD SPONSOR
Mr Ian Kent
Director of Priority
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NURSE MENTOR
Ms Pippa Gough
Royal College of Nursing
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# Ms Sara Lister

# Lecturer in Clinical Nursing

Directorate of Nursing & Quality Chelsea & Westminster Hospital 369 Fulham Road London SW10 9NH

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### **Current Role Challenge**

In an acute hospital environment where the intensity of patient care is continually increasing my task is to create accessible and meaningful educational and professional development opportunities for nursing staff believing that this is one of the keys to providing quality patient care.

# Key Learning from the Programme

- Clinical Leadership: defining and developing the role of the ward sister/charge
- Using patient information effectively: nursing diagnosis, integrated care pathways, computerised careplanning
- Future roles in nursing practice: The scope of Professional Practice, Specialist and Advanced Practitioner Roles
- Facilitating Development in Practice: clinical supervision, relationships between practice and education
- Determining and Assuring the Quality of Nursing Care:
- Discharge of patients from hospital: multi-disciplinary approach

# BOARD SPONSOR Ms Christine Christofinis Director of Operations Management 1 Lower Ground Floor Chelsea & Westminster Hospital

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London SW1 09N

### **Current Role Challenge**

My role involves, management of a range of directly provided clinical and non clinical support services, as well as working with five clinical directorates to deliver the Trust's contracts and efficient and effective quality healthcare services.

Current projects include programmes of joint working between specialties to deliver integrated packages of care, to ensure effective management of demand and activity management as well as a host of operational matters. The Trust has just concluded the selection of commercial partner to deliver non clinical support services to the Trust on a contract which will run for seven years and is valued at some £50 million. Integration of the new partner and delivery of high quality support services is one of the current challenges of the role. The Trust has embarked on an ambitious programme to replace the Hospital's information systems and the project "Acrobat" will engage the whole organisation in alteration to the means in which services are delivered.

# NURSE MENTOR Ms Kate Harmond Regional Nurse Director NHS Executive South Thames 40 Eastbourne Terrace London W2 3QR

T: 0171 725 2791 F: 0171 725 2666

# **Current Role Challenge**

I have had an unplanned career in the NHS, which I joined after completing my first degree in English literature and a prolonged period of travel as a "wild child" in the 1970's.

Qualified in mental health, midwifery and general nursing, I have been Director of Nursing in South Thames since September 1995.

My spiritual home is Bloomingdales in New York, and I am currently learning Spanish at Saturday school.



# Ms Karen Lockhart

Senior Nurse, Projects

Greater Glasgow
Community
G Mental Health
Services NHS Trust
Trust Headquarters
Gartnavel Royal Hospital
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# **Current Role Challenge**

My organisational development project involves attempting to find innovative ways to re-skill and re-train mental health nurses who would otherwise be made redundant due to the closer of mental health in-patient facilities. I am working with local universities to find shortened, but high quality, retraining packages to other parts of the nursing register, social work and professional allied to medicine.

Other role challenges include a pilot site for nurse prescribing and implementing clinical supervision across community nursing, learning disability and mental health nursing. I am involved in introducing integrated care pathways to the community in Glasgow and am active in improving services for people living with, and dying of, cancer.

# Key Learning from the Programme

The most exciting thing about the programme has been the discovery of my right brain! Much emphasis has been placed on being "alternative" and the Programme has exposed me to yoga, mediation and art. This has led to a considerable reduction in stress levels and a new way of approaching challenges. In addition, I have greatly valued the introduction to the whole system approach to management, and the different perspective that has given me on the world.

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Mr I A Reid
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NURSE MENTOR
Ms Sheila Drayton
Nurse Director University
Dental Hospital NHS
Trust, Health Park,
Cardiff CF4 4XY

Nursing and Management Consultant Sheila Drayton Associates 208 Fidlas Road, Cardiff CF4 5NA T/F: 01222 754879

### **Current Role Challenge**

My portfolio career enables me to remain within the NHS and to devote time to my specific areas of interest and expertise. These are strategic service reviews, and working with clinical teams to introduce more effective models of service delivery in primary and secondary care; and contributing to management programmes for clinicians and managers. The challenge is constant, and it is to assist both managers and clinicians to appreciate each others perspectives and priorities. In my NHS role the key challenge is to facilitate organisational development and lead the preparation for the Investors in People Assessment.



# Ms Helen MacKinnon

Professional Officer (Nursing)

National Board for Nursing Midwifery & Health Visiting for Scotland 22 Queen Street Edinburgh EH2 1NT

T: 0131 226 7371

# **Current Role Challenge**

Sustaining educational developments through organisational change.

# Key Learning from the Programme

Enhanced understanding of and insight into organisations, groups, self and their relationships.

# F: 0131 225 9970

BOARD SPONSOR
Mr George J Brechin
Chief Executive
Fife Healthcare
NHS Trust
Cameron House
Cameron Bridge
Leven KY8 5RG

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# **Current Role Challenge**

I took over as Chief Executive of Fife Healthcare full time in October 1996. The Trust faces major cultural and service problems, including the loss from 1 April of approximately 8% of its business to a neighbouring provider. It also faces a 1996/97 deficit approaching £4m, or 6% of income. The challenge is to turn the position around.

# NURSE MENTOR Ms Judith Hill Chief Nursing Officer Department of Health Northern Ireland Dundonald House Upper Newtownards Road Belfast BT4 3SF

T: 01232 520500 F: 01232 524421

# **Current Role Challenge**

Reshaping nursing, midwifery and health visiting practice and education to meet regional strategy for health and well-being. Issues include:

- Securing appropriate acute services for rural and urban communities, taking account of clinical effectiveness, use of telemedicine and impact of changes in medical education
- Developing primary care based services, nurse practitioner roles, nurse prescribing
- Developing women centred maternity care with enhanced midwifery roles
- Developing community development approaches by nurses, midwives and health visitors to targeting health and social need
- Developing education commissioning approaches to secure an appropriately skilled workforce

# Ms Julie Pearce

# Nursing Development Manager

Southampton General Hospital Tremona Road Southampton Hants SO16 6YD

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# **Current Role Challenge**

My current role challenge is to influence and support the operational and strategic development of nursing within the Trust in response to national policy and local service demands and ambitions. This includes work around practice, practice development, education, research, resource management and leadership. My working day involves providing professional advice, facilitating ideas, and project work.

# Key Learning from the Programme

The programme has been excellent and extremely challenging. The learning for me in this first year has focussed on personal effectiveness and exploring abilities, preferred approaches to work, and identifying ways in which different approaches may add to effectiveness particularly in relation to communicating ideas and working with groups of people.

The theoretical themes of diversity and organisations as complex social systems has influenced my understanding of the organisation I work in. This has opened up opportunities for dialogue with people in different areas of the organisation which in turn adds to the richness of learning and understanding. The two aspects which have had the greatest impact have been nature of relationships and the political environment.

The exploration of the theme of leadership has enabled me to expand my thinking around its nature and purpose. The next year will enable me to find ways of building leadership into development opportunities for nurses and others within the Trust.

BOARD SPONSOR
Mr D Gibson
Director of Human
Resources
Southampton University
Hospitals Trust
Trust Management
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Mr Jonathan Asbridge
Nursing Director
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# Mrs Helen Potts

# Service Development Manager/Professional Nurse Adviser

# WORKPLACE

Learning Disabilities
Directorate
Combined Healthcare
NHS Trust
Stallington Hall
Stallington Road
Blythe Bridge
Stoke-on-Trent ST11 9QL

### **Current Role Challenge**

Facilitating and taking a lead role in staff and organisational development as the learning disability services move to new community based homes and facilities.

# Key Learning from the Programme

Greater self awareness leading to increased self belief in my skills and abilities; and the range of areas of which I am able to operate effectively.

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Ext: 3293

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# **BOARD SPONSOR**

Mr G Warren
Chief Executive
North Staffordshire
Combined
Healthcare NHS Trust
Bucknall Hospital
Eaves Lane
Bucknall
Stoke on Trent ST3 6RR

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### **Current Role Challenge**

Glen Warren has been Chief Executive of Combined Healthcare since 1994. He was previously Unit General Manager for Primary Care Services in North Straffordshire and unit Administrator for Redbridge H.A. North East Thames.

He is Project Co-ordinator for Tipping The Balance Towards Primary Health Care, a World Health Organisation collaborative project.

Combined Healthcare is a combined Trust providing services in Mental Health, Primary Care, Elderly Care and Learning Disabilities with a contracr income of some £77.4m.

The Trust is currently subject to major change with the imminent closure of a Learning Disabilities Unit which in

18 months has declined from 300 beds to 50 and will close during the summer. The Trust is also in the final stages of completion of a PFI bid for restructuring of Mental Health Services. It has a large provision in community hospitals with contributing care beds which will form part of a restructuring to enable the development of acute services within North Strafforshire.

NURSE MENTOR
Ms Sue Gregory
Nursing Director
Gwent Community
NHS Trust
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Llanfrechfa, Cwmbran
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# Ms Elaine Rosser

# Clinical Practice Development Support Nurse

Royal Liverpool & Broadgreen Hospitals Trust
Phoenix Development Services
Cedar House,
Prescot Street
Liverpool L7 8XP

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# **Current Role Challenge**

To move from my present post that I am comfortable in, into a operational/strategic post that will enable me to influence healthcare for the benefit of the patient I have managed to focus on my skills and the specific organisation I would function well within. It is just seizing the opportunity when it arises. Meanwhile I am using influencing skills to develop new skills as opportunities arise.

# Key Learning from the Programme

- How to influence healthcare developments positively, using specific learn skills ie selling and promoting new ideas
- Self-awareness and reflection in and past action to improve performance in the organisation I work in
- Political awareness understanding the broader picture than nursing and how to work effectively/efficiently within this
- Recognising hidden opportunities and capitalising on them
- Understanding the complex diverse and challenging life of organisations and survival techniques to work well within these.

### **BOARD SPONSOR**

Mr D Cain
Deputy Chief Executive
Royal Liverpool and
Broadgreen
University Hospitals
Trust
Prescot Street
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### **Current Role Challenge**

I took up my appointment as Deputy Chief Executive at the Royal Liverpool and Broadgreen University Hospitals NHS Trust on 1 April 1995 following the merger of two first wave Trusts to create one of the largest teaching hospitals in the United Kingdom. This Board level appointment supports the Clinical Chief Executive and represents a fairly unique model of management within the current NHS. I am formerly a Regional Director of Primary Care for the North West and previously was the Chief executive of the Walton Centre for Neurology and Neurosurgery.

My active interests are in the primary and secondary care interface, organisational change and management systems.

# NURSE MENTOR:

Mr Lance Gardner 39 Windermere Road Dewsbury WF12 7PQ

T: 01924 468798

### **Current Role Challenge**

My main aim this year is to ensure that the Trust I work with as a pilot site accepted within the "Choice and Opportunity" initiate. Secondly, I would like to identify a role for myself within a pilot site, developed from the above mentioned.

I want to develop sound and reliable skills in Project Management, and I would like to learn to be more of a "Completer/Finisher" as well as an Innovator.

Finally, to quote Reg Pyne, I don't want to be a victim of change. I want to be a manager of change.



# Ms Sarina Saiger

# Clinical Nurse Adviser

Bede Day Hospital –
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Hospital
Harton Lane, South
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Tyne & Wear NE34 OPL

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Ext: 2680

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# **Current Role Challenge**

I see my current role challenge as being the development of training packages to assist the education of Healthcare Assistants to enable them to become the true support workers of tomorrow's healthcare system, in conjunction with this, for qualified nurses, I see my current role challenge, as empowering them to take control of their career pathways, bridging the theory practice gap by ensuring true understanding of the concept of research.

My interests and developments include:

Mental Health Research – Community/Acute; Women's Issues; European Nursing Issues/Developments; Mental Health – Health Promotion

### Key Learning from the Programme

Networking; Board Level Working; Communications at Board Level; Media/Awareness Training; Organisational Strategy

### **BOARD SPONSOR**

Mr Bernard Lee
Executive Director of
Finance
G Business Planning
South Tyneside
Healthcare Trust
South Tyneside District
Hospital
Harton Lane,
South Shields
Tyne G Wear NE34 OPL

# **Current Role Challenge**

Maintaining stability within the organisation. We have a new Chairman appointed last November and the Chief Executive is retiring in July. These changes coupled with the need to achieve a large cost improvement target create uncertainty within the organisation. It is an important part of my role to provide reassurance throughout the organisation via the Finance and Business Planning teams.

In the same vein, during the last 12 months I have lost three senior finance staff through retirement. Unifying the new team and boosting their confidence levels is an important current task.

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**NURSE MENTOR** 

# Ms Neslyn Watson-Druee Consultant Beacon Organisational Development & Training Services

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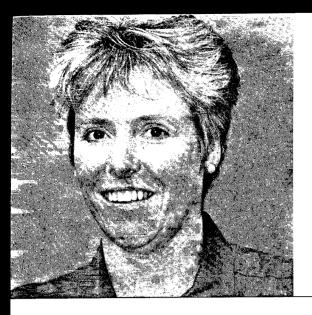
1 Rowlls Road

T/F: 0181 549 0505

### **Current Role Challenge**

Supporting teams and boards to focus on their purpose, performance management and harmonising work environments to enable people to release their creativity and intelligence. Enabling people to see the wider applications of psychological typologies in influencing styles and exploring the 'shadow self'.

Keeping race on health service agenda as good practice in service development, social justice and economic imperative. Motivating and support and supporting staff who have been treated unfairly to develop political skills and strategies to enhance their visibility and market their credibility. Reviewing my own development and constantly enabling myself to keep ahead of the game. Protecting my credibility as a mover and shaker in race and health service development. Making time to balance my life attend to my garden and exploring the gifts of my shadow.



# Ms Susan Scott

# Head of Nursing Practice

Northwick Park NHS Trust Watford Road Harrow Middlesex HA1 3UJ

T: 0181 869 2056 F: 0181 869 2422

### **Current Role Challenge**

We need to collaborate and share our ideas and good practices around patient care. I will be developing links and working in co-operation with other local providers, purchasing authorities and GP's to look at ways of improving our services by working outside the traditional and hierarchical boundaries.

I will be strengthening hospital nursing within the Trust by working with different groups of staff. Using creative process eg story telling and collage I hope to promote and encourage possibilities, bigger, newer and better ideas on what we can achieve and how effective it might be. This work is likely to include many and varied "stakeholders" of nursing.

This year I will be working to identify staff within the Trust from a broad range of clinical and managerial backgrounds who will be able to make a difference to our service. A leadership programme where learning takes place together is being developed for this group and currently awaits funding.

# Key Learning from the Programme

A much deeper understanding of who I am, what kind of leader I am and what kind of leader I want to be.

Following the "Organisational Raid" I have been able to transfer the learning to my own Trust and from that possibilities have emerged and frustrations lessened.

Through mentorship I have learnt greatly around the nature of how things happen at Board level. I have attempted and had some success with influencing people at all levels in the organisation.

Conflict is an area where I have learnt that to understand and engage with the difficulty, then to work with it may actually be the key to creativity and new ideas.

BOARD SPONSOR
Mr Gary Ward
Non Executive Director
93 Blacketts Wood Drive
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### **Current Role Challenge**

As a Non Executive Director I find myself in a minority as a Mentor, my background is from business and commerce having operated at a senior Board level for a number of years. I do not however consider this as a disadvantage due to the significant leadership and personal development content of the course. Within the hospital I have to divorce my Board duties from my Mentor duties in order to give a balanced and reasoned response top issues that affect Susan Scott which are by definition part of the day to day operations of the hospital.

Confidentiality is of supreme importance and any achievements that Susan makes within her current role and future career have to have originated from and be owned by Susan. My role is to support and give guidance, where required, to her to enable her to make the right decisions about her future based on a careful self assessment of her true motivations and beliefs.

**NURSE MENTOR** 

Mr Iain Graham

Head of Department -

Nursing

Midwifery and Health

**Visiting** 

Institute of Health and Community Studies

**Bournemouth University** 

Christchurch Road Bournemouth BH1 3LG

T: 01202 504318

Ext: 4404

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**Current Role Challenge** 

I lead an academic department of Nursing, Midwifery and Health Visiting at the

University of Bournemouth, Dorset, UK.

My teaching interests lie in the area of:

Primary Focus: Leadership

NHS Development Nursing theory development

IDS/Communication

Secondary Focus: IPS/Communication

Research Methods Mental Health

My Research interests lie in the following area:

Primary Focus:

Practice development via the use of new paradigm

research

Secondary Focus:

Role development

I represent Nurse development in a number of national and international initiaitves as well as being involved in leadership activitioes at a local and University level.

My current challenges are to:

- 1. Complete my doctorate which has looked at how Nurses develop personal mastery and artistery in practice
- 2. Development and create a clinical department of Nursing associated with the academic.



# Ms Christine Sharples

# Head of Primary Care

Fulwood Clinic Lytham Road Fulwood Preston PR2 8JB

T: 01772 729121 F: 01772 787395

### **Current Role Challenge**

Empowering staff and enabling them to make the transition from unprofessional management to a model of team co-ordinators and self managed nursing teams in a primary care setting.

# Key Learning from the Programme

Living on the edge of chaos is necessary for innovation and development to happen – and it can actually be fun!

BOARD SPONSOR
Mr M Carolan
Director of Human
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Guild Community
Healthcare NHS Trust
Human Resources
Department
Moor Parkhouse
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### **Current Role Challenge**

Since the publication of four white papers on the development of a Primary Care Led NHS and the NHS: A Service with Ambitions in 1996, the workload of The Queen's Nursing Institute has increased dramatically. The unique contribution from a non membership a political body appears to be valued and respected, particularly in relation to promoting the nurses' contribution to the development of Primary Care Organisations. The proposed changes offer many exciting opportunities for nurses and it is critical they are encouraged to be creative in the development of service delivery, support of which is readily available from the Queen's Nursing Institute. However, my current role challenge is to balance a growing professional agenda with my personal and professional development. I am half way through a Masters degree in Health Management which I am thoroughly enjoying and benefiting from but increasingly my professional workload is eroding my time for personal study. The dilemma lies in my desire to enhance the nursing professions influence on the development of a Primary Care Led NHS whilst waiting to complete my degree.

NURSE MENTOR
Ms Pippa Bagnall
Queen's Nursing
Institute
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# Ms Kate Smook

# Acute Services Manager

Services for Elderly People Forest Healthcare Trust (from 6 May 1997)

Home Address: 42b Kilworth Avenue Southend on Sea Essex SS1 2DT

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# **Current Role Challenge**

New post, managing 7 existing wards and 1 ward due to transfer to the service combining operational management with practice development.

# Key Learning from the Programme

- · Risk taking and dealing with conflict
- Personal effectiveness
- Managing the business

### **BOARD SPONSOR**

Mr P Mullin
Operational Director
(Primary & Community
Health Services)
Forest Healthcare
NHS Trust
Claybury Hall
PO Box 13
Woodford Green
Essex IG8 8DB

# **Current Role Challenge**

The most challenging aspect of my current role of Operational Director for Primary and Community services is to maintain the throughput of patients through services and protect basic quality standards in the face of a decreasing funding base in real terms and chronic workforce supply problems in some professions and specialties. The resource trend (down) is almost perfectly inversely related to demand trend (up – for emergency care and reduced waiting times) and patient expectations (up). Otherwise, life's a breeze!

T: 0181 535 6807 F: 0181 535 6439

NURSE MENTOR
Ms Shirley Goodwin
Hillingdon Health
Authority
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97-109 High Street
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West Drayton
Middlesex UB7 7HJ

T: 01895 452056 F: 01895 452050



# Ms Rachel Sowter

# Clinic Manager/Senior Sister

Outpatients Department Good Hope Hospital NHS Trust Rectory Road Sutton Coldfield B75 7RR

T: 0121 378 2211 F: 0121 311 1087

### **Current Role Challenge**

I believe the most significant role challenge facing me in 1997/98 will be the role my department plays in developing patient focussed care across the Trust.

### The challenges I am facing include:

- Leading staff through the change process
- Ensuring nursing staff are educated and prepared to function in new roles
- Contributing to the Trust's strategy 'Patient Carer The Nursing and Midwifery Contribution'
- Ensuring that nursing's contribution within Outpatients is maximised

# Key Learning from the Programme

- Confident in my own values and beliefs
- Challenge and confirmation of my strengths and weaknesses
- Increased political awareness
- Working and learning outside my own organisation
- Using insights from programme in the working situation
- Managing increased staff performance through increased self awareness and greater self-management
- Moving on to something different

BOARD SPONSOR
Mr Ian Cleminson
Personnel Director
Good Hope Hospital
NHS Trust
Rectory Road
Sutton Coldfield
West Midlands B75 7RR

# **Current Role Challenge**

I am currently an Executive Director with 29 years' NHS experience. I have corporate responsibility to ensure Trust fulfils its statutory obligations and provides high quality services to patient, GPs and Purchasers.

Individual accountability for organisational development, all Personnel and training matters, Occupational Health and health and safety.

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NURSE MENTOR
Ms Liz Hewitt
Director of Nursing & Quality
Bridgend & District
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Trust Headquarters
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T: 01656 752752 F: 01656 665377



# Mr Mark Steer

# Team Leader

North Cornwall
Community Mental
Health
Wadebridge Health
Office
Brooklyn
Wadebridge
Cornwall PL27 7AT

T: 01208 815903 F: 01208 251512 Voicemail: 01208 251319

# **Current Role Challenge**

To successfully lead a multi-disciplinary team to provide a comprehensive, quality 24 hour Community Mental Health Service to the people of North Cornwall. To strengthen the relationships and enhance service provision at the interface between primary and secondary care by working closely with service users, General Practitioners, Social Services and other agencies.

In addition to providing services, to purchase quality Mental Health from a wide range of other Mental Health providers. To remain healthy, energetic and passionate about the provision of Community Mental Health. To provide ongoing leadership support to enable the North Cornwall Community Mental Health Team members to provide dynamic and creative mental health to the people of North Cornwall. To be well informed of advances and developments in community mental health.

### **Key Learning from the Programme**

- To see beyond horizons.
- Personal leadership development and confidence.
- In-depth awareness of health politics.
- Creative approaches to process, facilitating a richness of outcomes.
- The real value and understanding of networking and mentorship.
- To learn from the opportunity to meet with and listen to current health leaders.

BOARD SPONSOR
Mr P Sanders
Chairman
Trust Headquarters
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Cornwall PL26 6AD

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### **Current Role Challenge**

Implementing a joint Social Services and Health Authority Mental Health Strategy which will close the main mental health hospital and provide a county wide community based service with a significant reduction in beds.

With the Health Authority and other Trusts to restructure the community hospital provision to assist the Health Authority recover from a £4m recurring funding deficit.

To rationalise the Trust's estate, in conjunction with the two above, to reduce the operating costs of the Trust. At best this will achieve combining inpatient services in each major town in Cornwall onto a single integrated healthcare facility from the present 2, 3, 4 and sometimes more.

Managing 4,500 staff in 23 hospitals and 75 other healthcare facilities across 1400 square miles of rural Cornwall.

Managing ever increasing public expectation of healthcare provision in a period of, for all practical purposes, reducing resource levels.

Interpreting and implementing a continuing care strategy which places ever increasing responsibilities on Trust clinical staff and increasing financial risk and exposure to the Trust in the short and long term.

# NURSE MENTOR Mr Ben Thomas Maudsley Hospital Denmark Hill London SE5 8AZ

T: 0171 703 6333 F: 0171 252 7570

# **Current Role Challenge**

I am a Director of Clinical Services and Chief Nurse Advisor at the Bethlem and Maudsley NHS Trust. The Trust has a world wide reputation for advancing mental health care. Current role challenges include maximising the opportunities for nurses who are going to enrich nursing practice and influence future developments. Increasing opportunities will mean overcoming conventional limitations and being prepared to move outside traditional ways of providing healthcare.



# Ms Karen Tomlinson

# Clinical Effectiveness Development Manager

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The Kings Mill Centre Mansfield Road Sutton in Ashfield Notts NG17 4JL

T: 01623 22515 Ext: 3243 F: 01623 25449

### **Current Role Challenge**

Maintaining the balance in working jointly for both a purchaser and a provider and integrating national policy into local activity. Also, achieving a balance between the corporate agenda and the focus of nursing issues.

### Key Learning from the Programme

Recognising the need for local, regional and national networking and the value of a learning set that provides a safe, confidential and supportive environment.

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### **Current Role Challenge**

Managing a multi-disciplinary Department of Public Health and Clinical Practice

Maintaining specialist skills and knowledge.

NURSE MENTOR
Ms Wendy Hewitt-Sayer
Brown Lion House
Llanmaes
Vale of Glamorgan
CF61 2XR

T/F: 01446 795026

# **Current Role Challenge**

I am currently working on a project "The Developing Role of the Clinical Nurse" for the Nursing Division at the Welsh Office. Having spent the last 6 years as a Trust nurse executive. I am seeking a change and exploring alternative senior nursing and health service roles for my future.



# Ms Elaine Speirs

# Services Manager for the Elderly

Watford General Hospital Vicarage Road Watford Hertfordshire WD1 8HB

T: 01923 244366 Ext: 7305 F: 01923 217715

### **Current Role Challenge**

A joint post as a Specialist Nurse in Elderly Care across two Trusts hospital and community. Part of a service whose aim is to promote and respond to health needs of older people with a preparedness to cross professional, territorial and organisational boundaries.

- Introducing a model of Ambulatory Care based on an Integrated Pathway for the elderly with acute medical and surgical conditions
- developing a computerised programme in a functional rehabilitation unit that delivered measurable outcomes

### Key Learning from the Programme

An opportunity to widely explore and to have a better understanding of different organisations and how they are effective. To have the freedom to a part of and to observe group workings. To examine a variety of relationships and connected developments. To be given the luxury to look at my 'self' and how I interact and evolve.

BOARD SPONSOR
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Quality Director
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Trust
Vicarage Road
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Herts WD1 8HB

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### **Current Role Challenge**

I have a BA (Hons) MBA and joined the NHS 7 years ago as a part time Voluntary Services Organiser and have since worked as a Ward Manager (the Balmoral project), Business Development Manager, Directorate Manager and I am now a Director of Mount Vernon and Watford NHS Hospitals Trust with current responsibility for quality issues, contracts and now am the Lead for Elderly Services.

As the Director with particular responsibility for quality, I am involved in a variety of issues reflecting the 3 major perspectives on quality that we support in this acute Trust: client/professional/efficient use of resources. There are a range of initiatives to support each perspectives, for example:

- client: satisfaction/complaints information use and Patient's Charter Standards
- professional: clinical audit/effectiveness and risk management
- efficiency: business planning and service re-configurations and quality assurance including the King's Fund Organisational Audit accreditation.

The challenge does not lie in being involved in a range of interesting (and sometimes exciting) projects – that's fun! Rather the challenge lies in co-ordinating them so that a gain in one area is not a loss in another, ie so that the total service is improved to patients.

NURSE MENTOR
Mr David Thompson
Professor of Nursing
Institute of Nursing
Studies
University of Hull
Cottingham Road
Hull HU6 7RX

T: 01482 466161/ 466220 F: 01482 466699

### **Current Role Challenge**

In my role as Professor of Nursing and Director of Research and Development in the School of Health at the University of Hull, I work with a team of colleagues to establish a strong research profile in nursing in particular and health in general. We have developed three programmes of work, each of which comprises four or five projects. These programmes are: cardiac rehabilitation; primary and community health care; and organisation and delivery of acute care. Central to the work in all three programmes is the assessment of clinical effectiveness. We ensure that research findings are, whenever possible, notes upon and reflected in the development of clinical practice. Particularly strong links have been developed between the University and the local NHS trusts to bring nursing research and practice closer together. Through emphasis is placed on multi-disciplinary collaboration, we are careful to ensure that recognition is given to nurses' and nursings' unique and valuable contribution.







# Mrs Pauline Werhun

Deputy Director of Nursing Practice & Clinical Development

Sandwell Healthcare NHS Trust Sandwell General Hospital Lyndon West Bromwich W Mids B71 4HJ

T: 0121 607 3473 F: 0121 607 3343

### **Current Role Challenge**

- Nursing contribution to Primary Lead NHS
- Year of the Nurse Initiative (Retention, Recruitment, Skills, Best Practice)
- Multi-skilling in Primary Care
- The Specialist Practitioner role
- Career Pathways and Personal Development
- Multi-agency working

### Key Learning from the Programme

- Value of National Networking
- Experiencing large/small group dynamics
- Assisting in programme development/evaluation
- Relating Leadership Theory i.e. Practice and Personal Development
- Power of the Unspoken Word
- Understanding Organisations

# BOARD SPONSOR Mr Antony Sumara Director of Primary Care and Child Health Management Block Sandwell General Hospital Lyndon

T: 0121 607 3158 F: 0121 607 3343

West Bromwich W Mids B71 4HJ

### **Current Role Challenge**

- To lead Primary Care developments
- To participate in a National Action Learning Set for Primary Care
- To develop a variety of models for innovative Primary Care delivery
- To work collaboratively in developing the UK's first Health Park Neptune
- To develop Resource Centres within Primary Care
- To further develop multi-agency working

# NURSE MENTOR Current Role Challenge

Mr Simon Old
Nursing Officer
Clinical Information
NHS Executive
Department of Health
Room 7/E/24
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Quarry Hill
Leeds LS2 7UE

I work for the NHS Executive as a Nursing Officer with responsibilities for NHS Information Management Technology and clinical information related issues. The focus of my work is the use and management of clinical information in support of clinical and management processes. Working with the clinical professions I am involved in national developmental programmes associated with, "A Language of Health", electronic patient records, clinical record standards and integrating information management and use into curricula.



# Ms Pauline Werhun

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**NURSE MENTOR** 

# Mr Simon Old Nursing Officer Clinical Information

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### **Current Role Challenge**

I work for the NHS Executive as Nursing Officer with responsibility for NHS Information Management and Technology and clinical information related issues. The focus of my work is the use and management of clinical information in support of clinical and management processes. Working with the clinical professions I am involved in national developmental programmes associated with, "A Language of Health", electronic patient records, clinical record standards and integrating information management and use into curricula.

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