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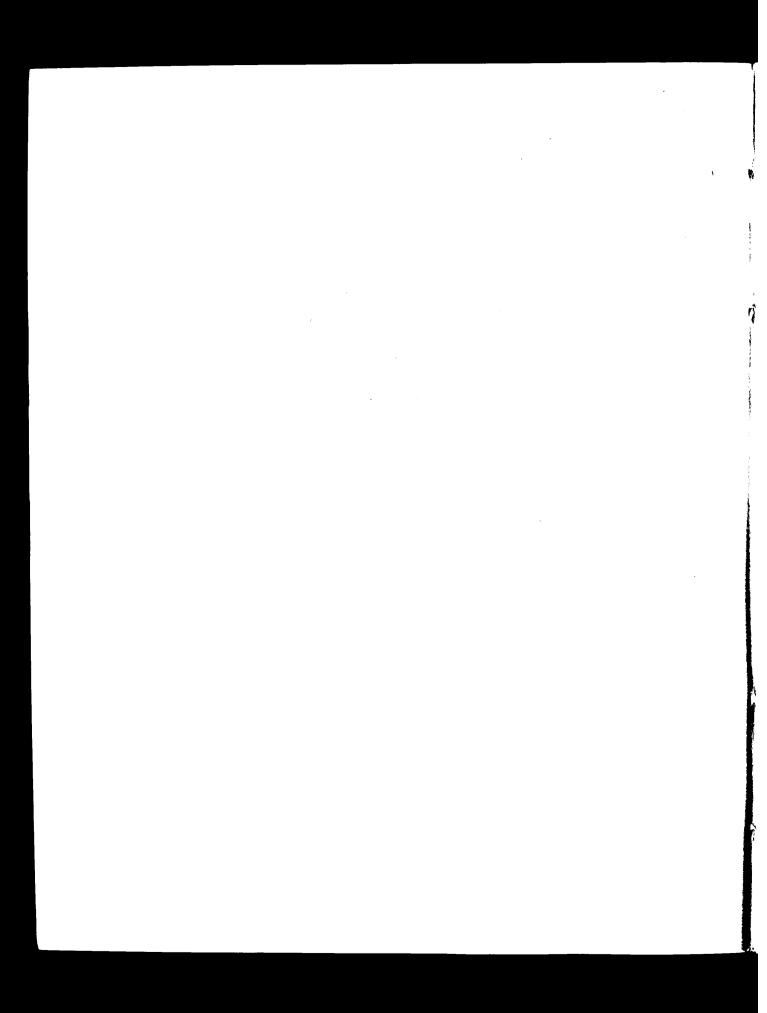
## NVALESCENT HOMES

SERVING GREATER LONDON



1969

KING EDWARD'S HOSPITAL FUND FOR LONDON

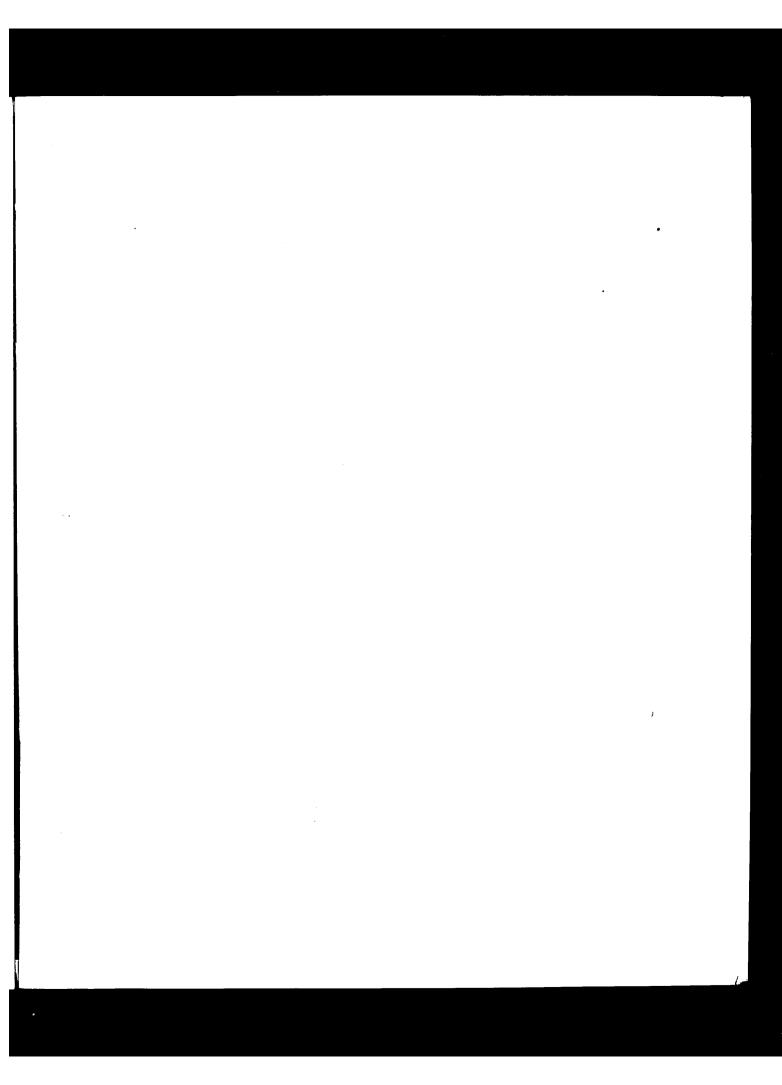


## KING EDWARD'S HOSPITAL FUND FOR LONDON DIRECTORY OF CONVALESCENT HOMES

#### AMENDMENT

Please note that, since the Directory went to press, <u>The House Beautiful</u>,
Bournemouth (page 18) has been closed.

14 Palace Court, W.2. 1st January, 1969.



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## KING EDWARD'S HOSPITAL FUND FOR LONDON

## **DIRECTORY**

OF

## CONVALESCENT HOMES

SERVING GREATER LONDON

1969

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HER MAJESTY THE QUEEN

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HIS ROYAL HIGHNESS THE DUKE OF GLOUCESTER, K.G.

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#### TABLE OF CONTENTS

									Page No.	
Preface			• •		••			• •	. • •	iv
Map of Hospital Reg	ions		• •	••	• • ·	••	• •	• •	••	v
Explanatory Note			• •	• •	• •	• •	• •	••		vi
List of Homes added Homes which ha					t issue	of the	Direct	ory and	••	viii
PART I										
Convalescent Homes and the Wessex the names of tov	Hospi	tal Re	gion ar	ranged	alpha		-	_		1-91
PART II										
Convalescent Homes the Wessex Regi						-	Regio	ns and	94	4-105
Geographical Index			••		• •				• •	ix
Alphabetical Index								••	••	xiv
Classified Index					••			• •		xvii
Children's Index					• •	• •		••		xxv

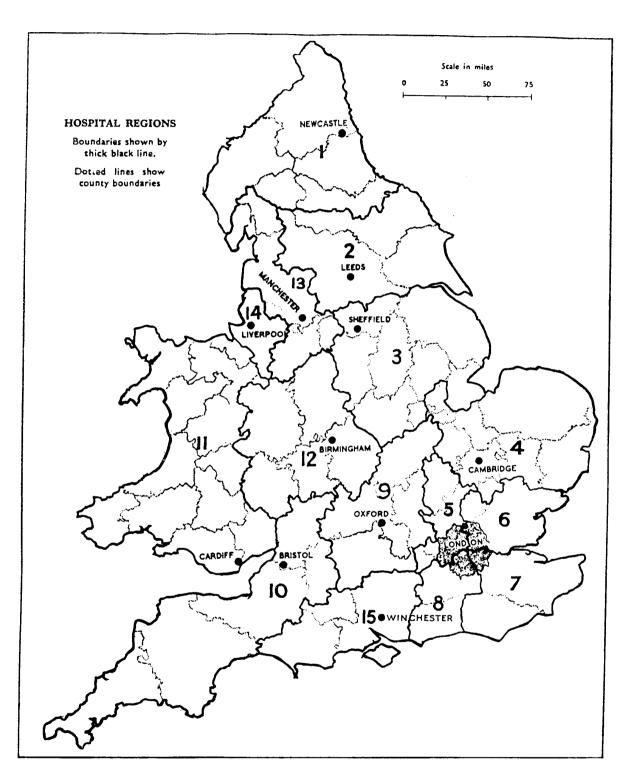
#### PREFACE

The Directory was first published in 1948. As a result of reports of its usefulness received from Medical Social Workers and Health Workers, it was decided to make it an annual publication.

The decision to include a particular Home in this directory lies at the discretion of the Committee. Nearly all the Independent homes were visited by one or more members of the Committee prior to their acceptance for the Directory, and subsequently annual visits have been made whenever possible. Homes within the National Health Service have also been visited, by courtesy of Regional Hospital Boards. A few private Homes that have contractual arrangements with Regional Hospital Boards have been included.

Homes which are situated outside the borders of the four Metropolitan Hospital Regions and of the Wessex Region have been placed in Part II, few of them having been visited by members of the Committee. Wherever they may be, all Homes in the Directory are for patients for whom convalescence or a recuperative holiday has been recommended by a doctor.

Information about 59 convalescent homes situated outside the four Metropolitan Hospital Board Regions can be found in the Directory of Convalescent Homes serving the Provinces published by the British Hospitals Contributory Schemes Association (1948), 87, Lord Street, Liverpool, 2. Price 10/- post free.



## **REGIONAL HOSPITAL BOARDS**

(See Map on previous page)

- 1 NEWCASTLE Regional Hospital Board, Benfield Road, Walker Gate, Newcastleon-Tyne 6. (Newcastle 659141.)
- 2 LEEDS Regional Hospital Board, Park Parade, Harrogate. (Harrogate 5061-8.)
- 3 SHEFFIELD Regional Hospital Board, Fulwood House, Old Fulwood Road, Sheffield 10. (Sheffield 35771.)
- 4 EAST ANGLIAN Regional Hospital Board, Union Lane, Chesterton, Cambridge. (Cambridge 61212.)

#### METROPOLITAN Regional Hospital Boards

- 5 NORTH-WEST
- 6 NORTH-EAST
- 40 Eastbourne Terrace, London, W.2

(01-262-8011)

- 7 SOUTH-EAST
- 8 SOUTH-WEST
- 9 OXFORD Regional Hospital Board, Old Road, Headington, Oxford. (Oxford 64861.)
- 10 SOUTH-WESTERN Regional Hospital Board, "Parklands" 27, Tyndalls Park Road, Bristol 8. (Bristol 38471.)
- 11 WELSH Regional Hospital Board, Temple of Peace and Health, Cathays Park, Cardiff. (Cardiff 31021/8.)
- 12 BIRMINGHAM Regional Hospital Board, Arthur Thomson House, 146/150, Hagley Road, Birmingham 16. (Edgbaston 4828.)
- 13 MANCHESTER Regional Hospital Board, Cheetwood Road, Manchester 8. (Deansgate 7271.)
- 14 LIVERPOOL Regional Hospital Board, Wilberforce House, The Strand, Liverpool 2. (051-236-8464.)
- 15 WESSEX Regional Hospital Board, Highcroft, Romsey Road, Winchester, Hants. (Winchester 5401.)

#### EXPLANATORY NOTE

PART I of the Directory contains Homes within the four Metropolitan Hospital Regions and the Wessex Region arranged alphabetically according to the name of the town or village in which the Home is situated. Where there is more than one Home in a particular town, they are arranged in alphabetical order according to the names of the Homes.

PART II provides similar information about Homes situated outside those Regions.

The page containing details of each Home shows the Hospital Region in which the Home is situated at the top left hand corner and at the top right hand corner the words: "National Health Service," "Contractual Arrangements," "Special School" or "Independent." Patients at the first two will normally be a charge to the Regional Hospital Board, those at Special Schools are maintained by Local Educational Authorities and those at Independent Homes are frequently approved by Local Health Authorities under the recuperative holiday schemes.

When it is desired to select a Home in a particular district, reference should first be made to the GEOGRAPHICAL INDEX of Homes on pages ix to xiii. Private Homes having contractual arrangements with Hospital Boards are printed in italics in this list.

ALPHABETICAL INDEX on pages xiv to xvi is an alphabetical list of all Homes. The prefix letters to each Home show whether men, women or children are accepted and whether the following facilities are provided:—breakfast in bed, bed cases, ground floor rooms, long term stay.

CLASSIFIED INDEX on pages xvii to xxiv contains lists of Homes showing the treatments they provide and medical conditions accepted. It also lists Homes taking particular social or occupational groups.

CHILDREN'S INDEX on page xxv contains a list of all the children's Homes showing the age groups accepted.

NORMAL EXCLUSIONS—Although the types of cases not admissible vary to a certain degree as between Homes, it can normally be taken that Pulmonary Tuberculosis, Pregnancy (after the fifth month), Mental Cases, Epilepsy, Incurable, Infectious and Contagious Diseases and usually Skin Disease, Open Sores and Wounds are not accepted, unless otherwise stated. In trying to decide whether a patient is eligible or not for any given Home, a study of the information given under TREATMENT and STAFF will give a good idea as to the type of work undertaken.

## LIST OF HOMES CLOSED AND HOMES OMITTED SINCE THE LAST ISSUE OF THE DIRECTORY

Homewood Convalescent Home, Woburn Sands.

Langworth Lodge, near Mansfield. Freeland Hospital, Freeland.

### MERCHANT SEAMEN'S CONVALESCENT HOME

## ALFOLD, SURREY.

(Loxwood 555/270)

(New premises will take patients after June 1969)

**PATIENTS:** Merchant Seaman only, aged 16 and upwards. All convalescent cases. **Ineligible:** Bed cases.

**RELIGION**: Undenominational.

**BEDS**: 25, in single rooms.

**TREATMENT:** Ultra-Violet and Infra-Red Light, Radiant Heat, Occupational Therapy. Special diets. All dressings.

STAFF: Chief Resident Officer: Warden/Manager, (S.R.N.)

Nursing Staff: 1 S.R.N.

Medical Staff: Dr. H. M. Kelsey (visiting).

**LENGTH OF STAY:** 3–4 weeks. Extensions granted.

ROUTINE AND RECREATION: Patients get up at 8 a.m. and go to bed at 10.30 p.m. There is a library and plenty of indoor games, radio, television and a licensed club.

Visiting Day: Any day by appointment.

**CHARGES:** None. King George's Fund for Sailors contributes towards the upkeep of each seaman and makes a grant to dependants during patients' convalescence.

**RECEIVING DAY:** Monday, or by arrangement.

**DISCHARGE DAY:** None fixed but usually Wednesdays.

STATION: Guildford from Waterloo. Patients are met at the station by the Home's car.

**GENERAL**: A splendidly equipped Home, standing high in beautiful country.

APPLICATIONS: to the Secretary, Merchant Seamen's War Memorial Society, Sachel Court, Alford, Surrey. (Telephone: Loxwood 555) or at any Branch Office of the National Union of Seamen.

## LONDON AND ASCOT PRIORY CONVALESCENT HOME

#### ASCOT PRIORY, ASCOT, BERKS.

(Winkfield Row 2067)

Parent Society: Society of The Most Holy Trinity, Ascot, Berks. (Winkfield Row 2067)

PATIENTS: Women from 30 upwards. General Convalescence. Post-operative cases. Chronics. Hearts.

Ineligible: Normal exclusions. Bed cases. Those requiring night nursing.

RELIGION: Church of England. (All denominations accepted).

BEDS: 27, in one large ward on the ground floor. No isolation ward.

TREATMENT: No treatments or diets. Simple dressings. Intra-muscular injections can be given.

STAFF: Chief Resident Officer: The Reverend Mother Superior.

Nursing Staff: 3 S.R.N. 1 S.E.A.N. Medical Staff: Dr. G. Cook (visiting).

LENGTH OF STAY: No limit. Minimum 2 weeks.

ROUTINE AND RECREATION: Patients rise at 8.30 a.m. after having breakfast in bed, and retire at 6.30 p.m. No domestic work is expected from the patients. There is a library, and facilities for handicraft work are available.

Visiting Day: Every day except Monday. 2.30 p.m. to 5 p.m.

CHARGES: £8 0s. 0d. per week. Personal laundry extra. There is one bed at a reduced charge of £2 10s. 0d. per week, obtainable via the Reverend Mother Superior.

RECEIVING DAYS: Monday and Thursday.

**DISCHARGE DAYS:** Monday and Thursday (or by arrangement)

STATION: Ascot, from Waterloo.

**GENERAL:** The Home, which was built in 1865, is set well back from the road amongst pine-woods. It is attached to a Convent and stands in extensive grounds Almoners are advised that it is suitable for elderly patients mostly of long stay.

APPLICATIONS: to the Reverend Mother Superior at the Home. N.H.S. patients to the N.W. Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, W.2.

## **EDITH EDWARDS HOUSE**

#### PARK ROAD, BANSTEAD, SURREY.

(Burgh Heath 54174)

Parent Society: The Invalid Children's Aid Association.

**PATIENTS:** Boys and Girls, from 5-12 years, suffering from communication difficulties on account of emotional disturbance. Maximum admission age-9.

**RELIGION**: Undenominational.

**BEDS**: 21.

**TREATMENT**: Psychiatric consultations. Routine medical supervision. Speech therapy.

STAFF: Chief Resident Officer: Headmistress, Miss P. Denny.

Medical Staff: Dr. A. Skarbek (Visiting Consultant Psychiatrist). Dr. Frances Hill, School Medical Officer.

**LENGTH OF STAY:** As required for satisfactory treatment.

**ROUTINE AND RECREATION:** Children get up at 7.30 a.m., and go to bed between 6.0 p.m. and 8.0 p.m.

School: 5 hours daily in small groups according to ability; individual teaching for assessment of particular methods required for each child. Short holidays spent at home four times a year, and half-term and other week-ends if considered desirable.

Visiting Day: By arrangement with the Headmistress.

**CHARGES**: Payable by Local Education Authority.

**RECEIVING DAY:** By arrangement.

**DISCHARGE DAY:** Normally at the end of term.

**STATION:** Sutton, Surrey, from Victoria thence by bus No. 164 to Banstead War Memorial at the entrance to Park Road.

**GENERAL**: A modern school building with small and varied rooms for a wide range of activities.

**APPLICATIONS:** to the General Secretary, The Invalid Children's Aid Association, 126, Buckingham Palace Rd., London, S.W.1. (01-730-9891)

S.W. METROPOLITAN REGION LONDON HOSPITAL GROUP

### ZACHARY MERTON ANNEXE

#### (CATHERINE GLADSTONE FOUNDATION)

#### HOLLY LANE,

#### BANSTEAD, SURREY.

(Burgh Heath 822)

Patients taken from the London Hospital only, (01-247 5454), or by arrangement from the North East Metropolitan Regional Board, if vacancies permit

PATIENTS: Men and women over 21. Medical and surgical cases. Bed cases.

**RELIGION**: Undenominational.

BEDS: 51, on ground floor, in wards of 6. Three single rooms.

TREATMENT: Physiotherapy and Occupational Therapy given. Limited number of Gastric and Diabetic diets provided. All dressings.

STAFF: Chief Resident Officer: Sister-in-Charge (S.R.N., R.F.N.)

Nursing Staff: Trained Nurses; Student Nurses; Pre-Training Students.

Medical Staff: Dr. D. Aldridge (Medical Officer in Charge).

Dr. R. A. S. Redd.

LENGTH OF STAY: Normal (maximum 1 month.)

ROUTINE AND RECREATION: After early tea at 7 a.m. the patients rise at 11 a.m. having had breakfast at 8 a.m. in bed and retire at 8 p.m. or on special occasions 9 p.m.

There is a library as well as facilities for indoor games, and television in the

patients' recreation room.

Visiting Day: Daily by arrangement with the Sister-in-Charge.

RECEIVING DAYS: Monday and Thursday (men); Tuesday and Friday (women).

DISCHARGE DAYS: Monday and Thursday (men); Tuesday and Friday (women).

STATION: Banstead from Victoria or London Bridge. Patients are brought from the London Hospital by ambulance.

GENERAL: The Home stands on high ground with an open field in front of it. All beds can be pushed out on to a wide, sunny terrace.

## WINIFRED HOUSE CONVALESCENT HOSPITAL FOR CHILDREN

#### BARNET GATE, ARKLEY, BARNET, HERTS.

(01-449-3343)

PATIENTS: Boys aged 2-10. Girls aged 2-12. Short or Long-term patients taken. Patients in plaster. Osteomyelitis. Non-Pulmonary T.B., T.B. Meningitis. Pneumonia. Asthma. Bed patients (limited number).

Ineligible: Normal exclusions.

**RELIGION**: Undenominational.

BEDS: 40, in wards of 8 to 12 beds. All on ground floor.

TREATMENT: Physiotherapy and Ultra-Violet Rays available. No diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N., R.S.C.N.).

Nursing Staff: 1 Full-time Sister; 1 Part Time Sister; 1 Part Time Senior Enrolled Nurse; 2 Enrolled Nurses; 4 Nursing Auxiliaries; 6 Pupil Nurses.

Medical Staff: Dr. K. R. Norton, (visiting consultant paediatrician).
Dr. L.R. Gardner (visiting), Dr. R.C.E. Norman (visiting).

**LENGTH OF STAY:** No limit.

**ROUTINE AND RECREATION:** Patients rise at 7.30 a.m. and retire at 7 p.m. There is a compulsory rest period.

There is a supply of toys and indoor games.

Visiting Day: Daily, 2 to 3.30 p.m., or by arrangement.

**RECEIVING DAY:** No special day.

DISCHARGE DAY: No special day.

**STATION:** New Barnet, from Kings Cross; or High Barnet (Northern Line). A bus runs from either station past the Home.

**GENERAL:** The Home was built in 1936 and stands on very high ground surrounded by fields. There is a large terrace for beds outside the Home.

APPLICATIONS: to the Matron.

#### **PARNHAM**

#### BEAMINSTER, DORSET.

(Beaminster 204)

**PATIENTS:** Elderly ladies suffering from a degree of mental deterioration, mainly loss of memory and confusion, but who are ambulant, able to walk up and down stairs unaided, and not incontinent on admission.

Ineligible: Bed-ridden and helpless cases, or those needing mental hospital treatment.

**RELIGION**: Undenominational.

**BEDS**: 52.

TREATMENT: Appropriate care, simple treatments and diets, regular chiropody dental treatment etc.

STAFF: Chief Resident Officers:—Warden: Mrs. H. M. Moulding, S.R.N. Secretary: Mr. R. F. Moulding.

#### Nursing Staff:

Deputy Warden, (S.R.N.)
Day assistants and night nurses.

#### Medical Staff:

Dr. T. Green (visiting).

Dr. C. E. Roachsmith (Hon. Consultant Psychiatrist).

CHARGES: Shared accom. (2-8 beds) from £,15 4 6d. Single rooms 17 gns.

**RECEIVING DAY:** By arrangement.

**DISCHARGE DAY:** By arrangement.

**STATION**: Crewkerne from Waterloo. (The Warden will arrange for a car to meet trains, if necessary).

GENERAL: A beautiful Elizabethan Manor, modernised, with central heating, spacious grounds and well laid out gardens. Residents are encouraged to lead as normal a life as possible and social activities are arranged.

(Short-stay cases can be accepted, if suitable, but the home is really for permanent residents).

APPLICATION: to Social Services Department, National Association for Mental Health, 39, Queen Anne Street, London, W.1. (01-935-1272).

### BEXHILL CONVALESCENT HOME FOR MEN

163, COODEN SEA ROAD, LITTLE COMMON, BEXHILL-ON-SEA, SUSSEX.

> (Cooden 2005) (Patients—Cooden 3782)

**PATIENTS:** Men from 17 years. General convalescence. Cardiac Diseases (including post cardiac surgery). Subject to the absolute discretion of the Medical Officer a few stabilised psychiatric patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in convalescent stage.

**Ineligible :** Bed cases. Colostomies. Urinary incontinence. Severe asthma. Inoperable malignant disease with a poor prognosis.

**RELIGION**: Undenominational.

BEDS: 80. (Dormitory Wards. No single rooms). Lift.

TREATMENT: Convalescent, gastric and other diets, (including full, light, low calorie, low salt, but not individual diets). Dressings. Physiotherapy and active exercises.

 $\textbf{STAFF: Chief Resident Officer:} \ \operatorname{Matron}.$ 

Nursing Staff: 7 S.R.N., 2 S.E.N.

Medical Staff: Dr. R. A. Andrews (visiting).

LENGTH OF STAY: 2 to 3 weeks or at discretion of the Medical Officer of the Home.

**ROUTINE AND RECREATION:** The patients are called at 7.15 a.m. and go to bed at 9.0-9.30 p.m.

There are facilities for suitable indoor and outdoor games. Television, radio and library.

Visiting Days: Wednesday, Saturday and Sunday 2 to 4.30 p.m.

**RECEIVING DAYS:** Monday and Thursday.

**DISCHARGE DAYS:** Monday and Wednesday

STATION: Cooden Beach, from Victoria.

**GENERAL**: The Home stands in its own grounds in a pleasant position. It is ten minutes' walk from the sea.

APPLICATIONS: to the Group Secretary, Hastings Group Hospital Management Committee, 9 White Rock Road, Hastings, Sussex. (Envelopes endorsed "Bexhill Convalescent Home.") Tel: Hastings 5400. Ext. 47.

## BEXHILL CONVALESCENT HOME FOR WOMEN

## OLD TOWN, BEXHILL-ON-SEA, SUSSEX.

(Bexhill 1131) (Patients—Bexhill 3076)

PATIENTS: Women from 17 years. General convalescence. Gynaecological. Orthopaedic. Cardiac Diseases (including Post Cardiac surgery). Subject to the absolute discretion of the Medical Officer a few stabilised psychiatric patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in convalescent stage.

Ineligible: Colostomies. Urinary incontinence. Pregnancy after the fourth month. Severe asthma. Inoperable malignant disease with a poor prognosis.

**RELIGION**: Undenominational.

BEDS: 90. 15 on ground floor. (Dormitory wards. No single rooms.) There is no lift at this home.

TREATMENT: Convalescent, gastric and other diets, (including full, light, low calorie, low salt, but not individual diets). Dressings. Physiotherapy and active exercises.

STAFF: Chief Officer: Matron.

Nursing Staff: 8 S.R.N.; 2 S.E.N. and 1 Nursing Auxiliary.

Medical Staff: Dr. R. A. Andrews (visiting).

LENGTH OF STAY: 2 to 3 weeks or at discretion of the Medical Officer of the Home

**ROUTINE AND RECREATION:** The patients are called at 7.0 a.m. and go to bed at 9.30-10.0 p.m. They are expected to make their own beds if well enough. Television, radio and library.

Visiting: Daily.

**RECEIVING DAYS:** Wednesday and Friday.

**DISCHARGE DAYS**: Tuesdays and Fridays.

STATION: Bexhill Central, from Victoria.

**GENERAL:** The Home stands in an open position in its own grounds. It is ten minutes' walk from the sea.

APPLICATIONS: to the Group Secretary, Hastings Group Hospital Management Committee, 9 White Rock Road, Hastings, Sussex. (Envelopes endorsed "Bexhill Convalescent Home.") Tel: Hastings 5400. Ext. 47.

## LITTLE FOLKS HOME

#### LITTLE COMMON, BEXHILL-ON-SEA, SUSSEX.

(Cooden 2284)

This Home is for patients from Queen Elizabeth Hospital for Children, London and, when there are vacancies, for patients from other hospitals in the N.E. Metropolitan Region, and elsewhere.

PATIENTS: Boys over one and under eleven years. Girls over one and under fourteen

years. General convalescence.

Ineligible: Normal exclusions.

**RELIGION:** Undenominational.

**BEDS**: 40.

TREATMENT: No treatments. Special diets provided. All dressings. Physiotherapy.

STAFF: Chief Resident Officer: Matron-in-Charge (S.R.N., R.S.C.N., S.C.M.)

Nursing Staff: 2 R.S.C.N., 10 Nursing Assistants.

1 Part-time physiotherapist, M.C.S.P.

Medical Staff: Dr. R. K. Reid (visiting).

**LENGTH OF STAY:** No limit, but as recommended by the hospital. Normally not less than 3 weeks.

**ROUTINE AND RECREATION:** Normal times of rising and retiring. There is a compulsory rest during the afternoon. Tuition for children over seven years old. There is a supply of toys and books as well as facilities for indoor and outdoor games.

Visiting: Saturday and Sunday between 1.45 and 3.45 p.m., and other days by arrangement. (Not on first weekend of stay).

**RECEIVING DAY:** Normally Wednesday.

DISCHARGE DAY: Normally Wednesday.

STATION: Cooden Beach, from Victoria.

GENERAL: The Home is about a mile from the sea and stands in 5 acres of ground.

APPLICATIONS: to the Medical Social Worker, Queen Elizabeth Hospital for Children, Hackney Road, London, E.2. (01-739-8422, Extension 12).

#### THE MENTAL AFTER CARE ASSOCIATION

#### LAWN COURT, 26-27, PARK ROAD, BEXHILL-on-SEA, SUSSEX.

**PATIENTS:** Men and Women suffering from some degree of mental disability. Normally long-stay but recuperative holidays also given.

**Ineligible:** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION**: Undenominational.

**BEDS**: 37. 1-5, according to size of rooms.

TREATMENT: Mental rehabilitation.

**STAFF**: Three resident staff trained or experienced in Mental nursing. **Medical Staff**: Visiting Physician.

**LENGTH OF STAY:** Recuperative holidays or indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 p.m. unless special concession granted. Television, radio and other indoor amusements provided. Outside activities encouraged.

Visiting: By arrangement with the Matron.

CHARGES: £7 17s. 6d.per week.

**DISCHARGE DAY:** Any week-day.

**RECEIVING DAY**: Any week-day.

**STATION**: Bexhill Central—frequent trains from Victoria.

GENERAL: Large house facing park and one minute from sea.

**APPLICATIONS**: To The Secretary, The Mental After Care Association, Eagle House, 110, Jermyn Street, London, S.W.1.

## THE MENTAL AFTER CARE ASSOCIATION

#### THE TOWERS, 18 & 18a, EGERTON ROAD, BEXHILL-on-SEA, SUSSEX.

PATIENTS: Women suffering from some degree of mental disability.

Ineligible: Normal exclusions other than mental illness. Bed cases or those

requiring nursing care and night time attention are also ineligible.

**RELIGION**: Undenominational.

**BEDS**: 28. 1-4 according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Three resident staff trained or experienced in Mental nursing.

Medical Staff: Visiting Physician.

**LENGTH OF STAY:** Recuperative holidays or indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 p.m. unless special concession granted. Television, radio and other indoor amusements provided. Outside activities encouraged.

**CHARGES**:  $f_{1}$ 7 17s. 6d. per week.

**RECEIVING DAY:** Any week-day.

**DISCHARGE DAY:** Any week-day.

STATION: Bexhill Central—frequent trains from Victoria Station.

GENERAL: Large house facing park, with Annexe, one minute from sea.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House,

110, Jermyn Street, London, S.W.1.

## THE WHITE HOUSE CONVALESCENT HOME

#### 23 CANTELUPE ROAD, BEXHILL-ON-SEA, SUSSEX.

(Bexhill 2540)

### London Telecommunications Region Mutual Aid Fund

PATIENTS: Members of the London Telecommunications. Other patients accepted if vacancies. General convalescence either sex up to 65 years of age.

Ineligible: Normal exclusions. Bed cases. No diets.

**RELIGION**: Undenominational.

**BEDS**: 17, 4 single rooms; 5 rooms with 2 single beds; (including 1 on the ground floor); 1 room with 3 single beds.

TREATMENT: None. Simple dressings.

STAFF: Chief Resident Officer: Mrs. M. Russell (Matron).

Nursing Staff: None.

Medical Staff: Visiting Doctor.

LENGTH OF STAY: Normally 2 weeks.

ROUTINE AND RECREATION: No restrictions. Radio, television and small library.

CHARGES: £10 0s. 0d. per week.

**RECEIVING DAY:** Saturday.

**DISCHARGE:** Friday.

**STATION**: Bexhill (Central).

**GENERAL**: Home 150 yards from the sea. Garden.

COMMUNICATIONS: to General Secretary, L.T.R. Mutual Aid Fund, Westel House, 32-38 Uxbridge Road, Ealing, London, W.5. 01-579-8682

APPLICATIONS: to S/W.1., Room 945, Camelford House, 87/90 Albert, Embankment, London S.E.1. 01-587-8000. Ext. 7263.

## THE DIABETIC CONVALESCENT HOME

#### BEACH AVENUE, BIRCHINGTON-ON-SEA, KENT.

(Thanet 41667)

PATIENTS: Diabetic men and women (including those with complications). A limited number of non-diabetic women can be admitted by arrangement if beds are available.

**RELIGION**: Undenominational.

**BEDS:** 44 for women, 13 for men—limited accommodation on ground floor. There is a lift.

**TREATMENT:** Special training in diabetic diet and injection. Diabetic diets of all types are provided, including variations, e.g. diabetic gastrics. All dressings—subject to acceptance by Matron.

STAFF: Chief Resident Officer: Assistant Matron.

Nursing Staff: 6 S.R.N.; 3 S.E.N.; 8 Nursing Auxiliaries.

Medical Staff: Dr. T.S. Stone (visiting).

**LENGTH OF STAY:** 2 to 3 weeks—subject to medical necessity.

**ROUTINE AND RECREATION:** The patients get up at 7.30 a.m. and go to bed at 9 p.m. Those who are able are asked to make their own beds. So far as treatments permit, patients are allowed out daily until 6.45 p.m. during the summer months and until 4 p.m. during the winter months.

Visiting Day: By arrangement.

**RECEIVING DAY:** Patients are admitted on Tuesday and Friday, by arrangement.

**DISCHARGE DAY:** Monday.

**STATION:** Birchington, from Victoria or Cannon Street. Patients are met by arrangement at the station, which is only 2 minutes from the Home.

**GENERAL:** The Home was originally built as a Convalescent Home in 1888, and has been kept modernised. Passenger lift installed in 1967.

APPLICATIONS: to the Matron at the Home.

## EDITH PRIDAY HOME (THE BRITISH RED CROSS SOCIETY)

21 & 23, ST. JOHN'S PARK, S.E.3.

(01) 858-0039

(Patients: (01) 858-1063

PATIENTS: Men and women over 60, mainly those living in the County of London, for convalescence.

Ineligible: Incontinent cases, those mentally confused, colostomy cases or bed-ridden.

**RELIGION**: Undenominational.

BEDS: 42, in wards of 2-4. 3 ground floor wards (women).

TREATMENT: Some treatments can be arranged but physio-therapy must be arranged through Miller General Hospital, S.E,10. (Tel: 01-692-1136). Gastric and diabetic diets provided. Simple dressings. There is a lift. A supply of drugs should accompany patients and clothing should be marked.

STAFF: Chief Resident Officer: 1 Warden and 1 Senior S.E.N.

Nursing Staff: 1 S.R.N., 5 S.E.N. and 4 nursing auxiliaries. 1 Night Attendant.

Medical Staff: Dr. G. S. R. Little (Hon. Medical Officer).

Administration: Secretary.

LENGTH OF STAY: Maximum 6 weeks.

ROUTINE AND RECREATION: No domestic work involved. Independence encouraged. Diversional Therapy. Local Red Cross members entertain. Trolley Shop. Hair-dressing and chiropody arranged. Film shows.

Visiting Day: Unrestricted.

**CHARGES**: £11 4s. 0d. per week.

**RECEIVING DAY:** Thursday.

**DISCHARGE DAY:** Thursday.

**STATION:** Blackheath, from Charing Cross. Green Line bus (701 & 702) from Victoria to Roxy Cinema.

GENERAL: The Home is situated in spacious residential district. Pleasant garden, very near to church, shops, cinema, buses (53, 54, 75, 89, 108, 192, 228)

APPLICATIONS: to the Divisional Director, 46 Vanbrugh Park, London, S.E.3. (01) 858-0157

## **FOXHOLM**

#### 3 MARINE DRIVE WEST, BOGNOR REGIS.

(Bognor Regis 23517) (0243-3-23517)

#### Bermondsey Medical Mission.

PATIENTS: Women over 60.

**Ineligible:** Cases requiring night attention or bed cases. Incontinent or mentally confused patients.

**RELIGION**: Interdenominational (Mission).

BEDS: 24; ten on the ground floor, 3 single rooms upstairs.

TREATMENT: Special diets provided: Light dressings.

STAFF: Nursing Staff: Matron (S.R.N.).

2 Orderlies.

Medical Staff: Visiting.

**LENGTH OF STAY:** Normally 2 weeks: longer in winter months if required.

ROUTINE AND RECREATION: Breakfast in bed, evening prayers, weekly outing, television, radio, books and piano.

CHARGES: £8 8s. 0d. per week.

**RECEIVING DAY: Monday** 

**DISCHARGE DAY:** Monday

**VISITING DAY**: Any day.

STATION: Bognor Regis. 14.02 p.m. train from Victoria is met at Bognor Regis station.

**GENERAL**: The house is situated on the sea front within easy reach of shops.

**APPLICATIONS:** to the Secretary, Bermondsey Medical Mission, 44, Grange Road. London, S.E. 1. 01-237-4241.

## THE VICTORIA CONVALESCENT HOME

## THE ESPLANADE, BOGNOR REGIS,

SUSSEX.

(Bognor 42)

**PATIENTS:** Women aged 16–70, but older cases will receive consideration. General convalescence including Asthma, mild heart cases.

Ineligible: Normal exclusions. Bed cases. Diabetics.

**RELIGION**: Undenominational.

BEDS: 40, all in wards and 6 on ground floor. 7 single rooms and 9 cubicle beds. Lift.

**TREATMENT**: No special treatments. Simple and approved gastric diets are arranged. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 2 S.R.N., 1 S.E.N.

Medical Staff: Dr. Greenway, (visiting).

**LENGTH OF STAY:** As required.

ROUTINE AND RECREATION: The patients may rest in their rooms in the afternoons. Piano, wireless, books, television.

Visiting Day: Any day.

CHARGES: £7 0s. 0d. per week. Single rooms £10 10s. 0d. per week.

**RECEIVING DAYS:** Mondays.

**DISCHARGE DAY:** Mondays.

STATION: Bognor Regis, from Victoria. The Home is 7 minutes' walk from the station.

**GENERAL**: The Home was built in 1897 and stands on the sea front. It has a pleasant garden.

APPLICATIONS: to the Secretary, The Victoria Convalescent Home, Roselawn, Rose Walk, Seaford, Sussex (Seaford 3950)

## HAHNEMANN CONVALESCENT HOME

# HAHNEMANN ROAD, WEST CLIFF, BOURNEMOUTH, HANTS.

(Bournemouth 20115)

**PATIENTS:** Women. General convalescence. Subject to the absolute discretion of the Medical Officer and/or Sister-in-Charge, a few emotionally disturbed patients can sometimes be accepted. Such patients must have already RECEIVED treatment for their condition and be in the convalescent stage.

**Ineligible:** Patients suffering from Pulmonary Tuberculosis. Advanced Heart Disease. Bronchitis or Bronchial Asthma. Fits (Epileptic or other). Diabetes (or Special Diet), cases of incontinence or recovering from infectious disease. Patients under the age of 15.

**RELIGION:** Undenominational.

**BEDS**: 28. Lift available, but stone steps to main entrance.

TREATMENT: No diets. Most light dressings undertaken.

STAFF: Chief Resident Officer: Sister-in-Charge (S.R.N.).

Nursing Staff: 1 S.R.N.; 2 S.E.N.; 2 Nursing Auxiliaries.

Medical Staff: Dr. Rachel Hatfield.

**LENGTH OF STAY:** Minimum 2 weeks.

ROUTINE AND RECREATION: Patients get up at 8 a.m. and are in bed by 9.30 p.m. They are, if able, expected to make their own beds, but are not required to do any other form of domestic work. All patients rest in the afternoon. There is a library, wireless, piano and television.

Visiting Day: Daily, from 3-4 p.m. and 7-8 p.m.

**STATION:** Bournemouth Central, from Waterloo, thence by taxi to the Home.

**GENERAL**: Built in 1878 in a residential district near the sea on top of the cliffs.

**APPLICATIONS**: to the Sister-in-Charge.

## THE HOUSE BEAUTIFUL

## NATIONAL CHRISTIAN EDUCATION COUNCIL (formerly National Sunday School Union) CHILDREN'S HOLIDAY AND CONVALESCENT HOME

#### 11, DERBY ROAD, BOURNEMOUTH, HANTS.

(Bournemouth 27154)

PATIENTS: Boys aged 3-10. Girls aged 3-12. General convalescence. Ages during July, August - Boys 5-10, Girls 5-12.

Ineligible: Normal exclusions. Cases requiring constant nursing.

**RELIGION:** Protestant.

BEDS: 50, divided between 22 boys and 28 girls. 6 or 10 bed wards. No ground floor rooms. Isolation ward.

TREATMENT: No treatments or diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 1 Staff Nurse; 4 Assistant Nurses. Medical Staff: Dr. James Fisher (visits weekly).

LENGTH OF STAY: No Limit

ROUTINE AND RECREATION: The patients rise at 7.30 a.m. and retire from 6.30 to 8.30 p.m., according to age. Breakfast in bed is served when necessary. There are morning prayers. No school.

The Home has a large Summer House, Slide, Paddling Pool, etc. There is a

good supply of books and games, a toy-cupboard, a piano and a television.

Visiting by arrangement with the Matron.

CHARGES: £9 10s. 0d. per week. Special charges for children who are members of schools affiliated to the NCEC.

RECEIVING DAY: Thursday.

DISCHARGE DAY: Thursday.

STATION: Bournemouth Central, from Waterloo. Children are met by car at Bournemouth. Children travelling by the 1.47 p.m. train on Thursdays are escorted from Waterloo.

**GENERAL:** The buildings, which are fairly modern, are centrally heated and are surrounded by a small garden; about 6 minutes' walk from the sea.

**APPLICATIONS:** to the National Christian Education Council, Robert Denholm House, Nutfield, Redhill, Surrey.

## ST. JOSEPH'S CONVALESCENT HOME

#### 11 & 13, BRANKSOME WOOD ROAD, BOURNEMOUTH, HANTS.

(Bournemouth 27869) Staff ( ,, 23772) Patients

PATIENTS: Men and women aged 16-80. General convalescence.

Ineligible: Asthma or inoperable carcinoma.

**RELIGION:** Roman Catholic. (All denominations taken).

BEDS: 30 in men's home including 4 on the ground floor. 40 in women's home. None on ground floor but there is a lift. 16 in new extension for men and women having 12 single and 2 double rooms. This extension has its own lift.

**TREATMENT**: No treatments. Gastric, diabetic and other diets provided. Simple dressings.

STAFF: Chief Resident Officer: Reverend Mother.

Nursing Staff: 2 S.R.N. 1 S.E.N.

Medical Staff: Dr. P. J. Cremin (visiting).

**LENGTH OF STAY:** 2 weeks to 3 months.

ROUTINE AND RECREATION: Breakfast 8.15 a.m.; the women retire at 9.0 p.m., and the men at 9.30 p.m. Breakfast in bed if necessary. Patients are expected to make their own beds, and women to wash up dining room cutlery and set tables. Occupational therapy optional. Large summer house in garden of Women's Home.

Visiting Day: Any day.

CHARGES: £6 0s. 0d. per week. £7 0s. 0d. per week (2 bed wards). £8 0s. 0d. (private rooms). Rooms in the new extension 10 guineas weekly. Laundry extra.

**RECEIVING DAY:** Any day.

**DISCHARGE DAY:** Same as receiving day.

**STATION:** Bournemouth Central, from Waterloo. Patients make their own way to the Home. Taxis are available.

**GENERAL**: The Home is situated on sloping ground in a residential district, half a mile from the sea. It has an extensive garden. Central heating.

**APPLICATIONS**: to the Reverend Mother including N.H.S. patients.

## CONVALESCENT HOSPITAL FOR OFFICERS

#### 4, PERCIVAL TERRACE, BRIGHTON 7, SUSSEX.

(Brighton 66884)

Joint Committee of the Order of St. John of Jerusalem, and the British Red Cross Society.

PATIENTS: Ex-Service Naval, Army and Air Force Officers, including ex-War Service temporary officers. Wives and widows whose husbands are or were ex-officers. Members of the medical profession, not already eligible as ex-holders of commission in H.M. Forces, who have given service in the Emergency Service during the Second World War and officers of the Merchant Navy. A few beds are available for serving and retired men and women officers, members, auxiliary members of the Order of St. John and the British Red Cross Society.

Ineligible: Active Tuberculosis, Mental or Infectious cases. Disabled cases may be admitted in small numbers for short periods.

**RELIGION:** Undenominational.

BEDS: 24, mostly single rooms. Lift for invalid chairs.

TREATMENT: Diet as necessary; surgical dressings.

STAFF: Commandant (non-resident): Medical Superintendent, N. H. A. Mackinnon

M.B., Ch.B.

Nursing Staff: Matron (S.R.N.); 2 S.R.N.; 2 Assistant Nurses; 5 Male Orderlies.

LENGTH OF STAY: 4 weeks.

ROUTINE AND RECREATION: There is early morning tea in bed.

Patients retire at 10 p.m. Breakfast is provided in bed if necessary. There is a library and television room, etc. Hospital is within easy reach of local golf links, tennis courts, theatre and cinema.

Visiting day: unrestricted except meal times.

CHARGES: Charges at present £12 12s. 0d. a week. The Hospital is recognised by the Ministry of Pensions, The Officers' Association and the Royal Air Force Benevolent Fund, who frequently meet hospital expenses.

**RECEIVING DAY:** Any day.

**STATION:** Brighton. Hospital is 2 miles from station. Patients travel by taxi as there is no hospital transport.

GENERAL: The Hospital stands on the sea front, at the east end of Brighton, with an uninterrupted view over the English Channel.

**APPLICATIONS**: To the Commandant, Convalescent Hospital for Officers, 4, Percival Terrace, Brighton 7.

### FRENCH CONVALESCENT HOME

#### DE COURCEL ROAD, BRIGHTON 7, SUSSEX.

(Brighton 681678)

**PATIENTS:** Men, women and children from the age of 5 upwards. General convalescence. Out-patients of the French Hospital, outside patients who can speak some French. Permanent French aged 60 yrs. & over.

Ineligible: Normal exclusions. Patients requiring nursing, or unable to look after themselves. Bed cases. Mental patients.

**RELIGION**: All religions are admissible. (Sisters are Roman Catholic).

**BEDS:** 50 apportioned equally between sexes. Rooms of 2, 4 and 6; private rooms.

**TREATMENT:** No treatments, and normally no diets. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge S.R.N. (France).

Nursing Staff: 5 Sisters (3 S.R.N. France).

Medical Staff: Drs. W. A. Porter and G. E. Haward (visiting).

**LENGTH OF STAY:** Convalescents 2/4 weeks. Residents over 60 permanently.

**ROUTINE AND RECREATION:** Subject to the Matron's decision. No domestic work expected from patients except at their own request. 3 recreation rooms, Television.

Visiting Day: No special day.

CHARGES: General ward £5 10s. 0d. per week. Private £7 7s. 0d. to £10 10s. 0d.

**RECEIVING DAY:** No special day.

DISCHARGE DAY: No special day.

**STATION:** Brighton, from Victoria or London Bridge. Thence by No. 7 or No. 12 bus to Kemp Town.

**GENERAL:** Building on the sea front in excellent condition with a large garden.

**APPLICATIONS:** All applications to The Secretary, French Dispensary, 10 Monmouth Street, London, W.C.2. (836-5025) or (836-3851).

## THE JOHN HOWARD CONVALESCENT HOME

#### ROEDEAN ROAD, BRIGHTON BN2 5RR

MATRON (Brighton 66027) PATIENTS (Brighton 680801)

**PATIENTS:** Women aged 17 to 70. Fully mobile. The home is now open to eligible Professional men 17-70.

**Ineligible:** Normal exclusions, diabetics, asthma, colostomies, severe nervous disorders, chronic heart affections.

**RELIGION**: Undenominational.

BEDS: 33. Single rooms. 6 on the ground floor. Lift to each floor.

**TREATMENT:** A limited number of cases needing dressings or on light diets. Physiotherapy can be provided at local hospital, if arranged prior to admission.

**STAFF: Chief Officer:** Matron, S.R.N., S.C.M.

Resident Nursing Staff: 1 Sister, S.R.N. S.C.M., 1 Staff Nurse S.R.N., 1 S.E.N.

Medical Staff: Medical Officer (visiting).

**LENGTH OF STAY:** Minimum 2 weeks, extended at the discretion of the Medical Officer.

ROUTINE AND RECREATION: Breakfast at 9.0 a.m. Coffee at 10.30 a.m. Lunch at 12.30 p.m. Tea at 4.0 p.m. Supper at 6.45 p.m. Hot drinks if required at 8.30 p.m. Breakfast in bed for the first 3 days, extended as and when necessary. Wireless, Library and Television. Rest period 1.30 p.m.—3 p.m.

**VISITING DAYS:** Any day.

CHARGES: £12 12s. 0d. per week.

**RECEIVING DAYS:** Every afternoon 2 to 3 p.m. except Sunday and Bank Holidays.

**DISCHARGE DAYS:** Every day at the end of the convalescent period.

**STATION**: Brighton. Nos. 7 and 47 buses or taxis in station yard.

**GENERAL:** The Home is within 5 minutes of the sea and Downs. There is a frequent bus service, stopping outside the Home.

**APPLICATIONS:** to the Matron at the Home. It will be appreciated if dressings and diets are mentioned when applying.

### FAIRFIELD HOUSE OPEN AIR RESIDENTIAL SCHOOL

### FAIRFIELD ROAD, BROADSTAIRS, KENT.

(Telephone 0843-62132)

Owners: The Save the Children Fund, 29, Queen Anne's Gate, S.W.1.

**PUPILS:** Girls aged 5-16. Bronchitis, Asthma, Malnutrition, Post operative and general convalescence. Long term.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

BEDS: 60, in dormitories containing from 2 to 11 beds.

TREATMENT: Remedial exercises. Special diets. Comprehensive treatment asthmatics.

STAFF: Chief Resident Officer: The Head Mistress.

Nursing Staff: 1 S.R.N.; 5 Assistants.

Medical Staff: Medical Superintendent attends once weekly-or as required.

Teaching Staff: 4 Teachers full time; 1 Teacher part time.

LENGTH OF STAY: Not less than 1 term. (The School closes for holidays).

**ROUTINE AND RECREATION:** The children rise at 7.30 a.m. and go to bed between 7 and 9 p.m., according to age. There is a compulsory rest after dinner. There is a playroom and large supply of children's books, and games, clubs etc., radio and television.

Solarium with Vista-glass windows.

Visiting Day: At weekends only, limited to three visits per term.

**CHARGES**: Payable by Local Education Authority.

**RECEIVING DAY:** Beginning of school terms. January, April, September, and when vacancies occur.

DISCHARGE DAY: Last day of each school term.

STATION: Broadstairs, from Victoria. Pupils are met at Broadstairs station.

**GENERAL**: A Victorian house with  $4\frac{3}{4}$  acres of garden and playing space with equipments; about  $1\frac{1}{4}$  miles from the sea.

**APPLICATIONS:** to the Head Mistress.

### HEARTS OF OAK BENEFIT SOCIETY HOME

### CALLIS COURT ROAD, BROADSTAIRS, KENT.

(Thanet 62250)

PATIENTS: Men aged not over 70 and women not over 65 with priority for members of the Hearts of Oak Benefit Society or other Friendly Societies. General convalescence.

Ineligible: Normal exclusions. Bed cases.

**RELIGION:** Undenominational.

BEDS: 37 in single rooms for men, of which 4 are on the ground floor, and 11 in single rooms for women.

**TREATMENT**: Medical and nursing attention in emergency only.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: Sister, S.E.N.

Medical Staff: Dr. J. M. A. Jepps (visits twice weekly).

**LENGTH OF STAY:** Normally 2 weeks. Extensions allowed if recommended by the Medical Officer. Maximum 4 weeks.

ROUTINE AND RECREATION: Patients must observe the regulations of the Home. Breakfast is at 8.30 a.m. and all patients must be in bed by 10 p.m. No form of domestic work is expected from the patients.

There is a library as well as a supply of indoor games including two billiards tables; radio and television; in the garden the patients can play bowls. Weekly concerts are organised inside the Home, and there are also occasional coach trips to the surrounding districts.

Visiting Days: Wednesday, Saturday and Sunday, 2 to 5 p.m.

CHARGES: £9 9s. 0d. per week (non-members). No charge to members whose membership covers Convalescent Home benefit. All residents are responsible for their personal laundry.

RECEIVING DAY: Thursday, after 2 p.m.

DISCHARGE DAY: Thursday prior to mid-day.

**STATION:** Broadstairs, from Victoria. Patients met at the station with a car, if travelling by train and notice given to the Matron.

GENERAL: The buildings, which are modern, stand about a mile back from the sea in 10½ acres of ground. Lift serves all floors.

APPLICATIONS: to the Hearts of Oak Benefit Society, 155, Charing Cross Road, London, W.C.2. (01-734-9811) or direct to the Matron (Thanet 62250).

### LANTHORNE CONVALESCENT HOME FOR CHILDREN

### LANTHORNE ROAD, BROADSTAIRS, KENT.

(Thanet 62252 and Thanet 63891)

**PATIENTS:** Boys and girls aged 1-15. General convalescence after operation or illness. Bed cases. Diabetic boys and girls accepted.

Ineligible: Normal exclusions.

**RELIGION**: Undenominational.

**BEDS**: 102.

**TREATMENT:** A well-equipped physiotherapy department. Gastric and coeliac diets. All dressings. Diabetic diet and treatment.

STAFF: Nursing Staff: Matron; Assistant Matron; 10 S.R.N.; 4 S.E.N.; 17 Nursing Auxiliaries; 10 Cadet Nurses, 2 Ward Orderlies.

Medical Staff: Dr. C. H. T. Bond (visiting).

**LENGTH OF STAY:** According to requirements.

arrangement in special circumstances.

ROUTINE AND RECREATION: The patients get up at 7.30 a.m. and go to bed between 6 and 9 p.m., according to age. Television.

There are toys and other facilities for indoor and outdoor games. There is a recreation officer and a male attendant for boys, who organise hobbies, games, etc.

Visiting: Daily. Parents may take their children out, weather permitting or by

RECEIVING DAY:

Thursday, or by arrangement.

DISCHARGE DAY:

**STATION:** Broadstairs, from Victoria. Children are met at Victoria and conducted by an escort to the Home.

**GENERAL:** A well-constructed building in an excellent position with view over the sea and 4 acres of gardens and playing fields. The Home is within easy reach of the beach.

APPLICATIONS: to the Hospital Secretary, Princess Mary's Hospital, Wilderness Hill, Margate, Kent. Telephone Thanet 21578. (Application forms endorsed "Lanthorne Convalescent Home").

### ST. MARY'S HOME FOR CHILDREN

# (The Sisters of the Church) NORTH FORELAND ROAD, BROADSTAIRS, KENT.

(Thanet 62314

Parent Society: Church Extension Association, Inc., St. Michael's Convent)
Ham Common, Richmond, Surrey.

**PATIENTS:** Boys aged 3-9. Girls aged 3-15. General convalescence, after operation and illness. Chest cases. Non-infectious T.B. contacts. Malnutrition. Anaemia. Bronchitis. Asthma. Emotionally disturbed.

Ineligible: Normal exclusions. Bed cases. Severe hearts.

**RELIGION:** Church of England. (All denominations accepted).

**BEDS**: 40. Isolation room.

**TREATMENT:** Simple treatments, diets and dressings only.

STAFF: Chief Resident Officer: Sister Superior.

Staff: 6 Assistants (Sisters of the Community); 7 Resident Assistants; 1 Part time S.R.N.

Medical Staff: Dr. D. Chastell.

Dr. C. H. T. Bond, M.B., B.Ch. (Cam.).

**LENGTH OF STAY:** According to medical advice.

**ROUTINE**: Children get up at 7.0 a.m. and retire between 6-9 p.m. Rest according to need. School by arrangement with local authority.

RECREATION: Television. Radio. Facilities for indoor and outdoor games.

Visiting: Sundays. Weekdays by arrangement.

**CHARGES**: £7 10s. 0d. to £10 per week.

RECEIVING DAY:

By arrangement.

**DISCHARGE DAY:** 

**STATION**: Broadstairs.

**GENERAL**: Well-constructed modern house, centrally heated. Situated on the cliff top, with large gardens, and easy access to the shore.

**APPLICATIONS**: Sister Superior at the Home.

### THE MENTAL AFTER CARE ASSOCIATION

### 31, YORK ROAD, CHEAM, SURREY.

**PATIENTS:** Women of working age suffering from some degree of mental disability. For long and short stays. Recuperative holidays also given.

**Ineligible**: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION**: Undenominational.

**BEDS**: 25. Numbers according to size of rooms.

**TREATMENT:** Rehabilitation toward full employment and social independence.

STAFF: Two resident staff trained or experienced in Mental nursing.

Medical Staff: Visiting Physician.

**LENGTH OF STAY**: Normally 3-6 months, may be extended.

ROUTINE AND RECREATION: Meal times to suit residents' hours of employment. All residents make their own beds and help with domestic tasks where possible or reasonable. Bedtime not later than 11 p.m. unless special concession granted. Television, radio and other indoor and outdoor amusements provided. Outside interests encouraged.

**Visiting:** By arrangement with the Matron.

CHARGES: £7 17s. 6d. per week.

**RECEIVING DAY:** Any week day.

**DISCHARGE DAY:** Any week day.

**STATION**: Sutton or Cheam. Frequent trains from Victoria Station, also Green Line Coaches.

**GENERAL:** Detached residence with large garden.

**APPLICATIONS:** To the Secretary, The Mental After Care Association, Eagle House, 110, Jermyn Street, London, S.W.1.

### THE MENTAL AFTER CARE ASSOCIATION

### 78, BARROWGATE ROAD, CHISWICK, W.4.

**PATIENTS:** Men and women in need of rehabilitation or recuperation after a mental illness. Preference given to those under 50 years.

Ineligible: Normal exclusions other than mental illness. Bed cases or those

requiring nursing care or night time attention are also ineligible.

**RELIGION**: Undenominational.

BEDS: 23. Numbers according to size of rooms, mostly two or three.

TREATMENT: Rehabilitation towards full employment and social independence.

STAFF: Two resident staff trained or experienced in mental nursing.

Medical Staff: Visiting Physician.

**LENGTH OF STAY:** Normally 3-6 months.

ROUTINE AND RECREATION: Breakfast and evening meals to suit residents' hours of employment. All residents make their own beds and help with domestic work where possible and reasonable. Bedtime not later than 11 p.m. unless special concession granted. Television, radio and other indoor amusement provided. Outside interests encouraged.

Visiting: By arrangement with the Matron.

CHARGES: £7 17s. 6d. per week.

**RECEIVING DAY:** Any week day.

DISCHARGE DAY: Any week day.

STATION: Turnham Green and thence by bus. Frequent services.

GENERAL: Detached residence with garden; close to main road, buses and shops.

**APPLICATIONS**: To the Secretary, The Mental After Care Association, Eagle House, 110, Jermyn Street, London, S.W.1.

## MIDDLESEX BRANCH HOSPITAL AND CONVALESCENT HOME

CLACTON-ON-SEA, ESSEX.

(Clacton-on-Sea 22877) (Patients—Clacton-on-Sea 21992)

The Home is primarily intended for patients from The Middlesex Hospital. Others are admitted when vacancies permit.

PATIENTS: Men and women. General convalescence.

Ineligible: Normal exclusions, chronic chest cases in winter and early spring.

**RELIGION**: Undenominational.

**BEDS**: 62.

TREATMENT: Diets. Dressings.

STAF: Chief Resident Officer: Assistant Matron in Charge (S.R.N., R.M.N., C.M.B., Part 1).

Nursing Staff: 2 Sisters (S.R.N., C.M.B., Part 1); 6 Staff Nurses; 12 Nursing Auxiliaries.

Medical Staff: Dr. H. P. Clark and Dr. C. A. Haxton visit regularly and when required.

**LENGTH OF STAY**: Usually two weeks.

**ROUTINE AND RECREATION:** Breakfast at 8.30 a.m. is served in bed if necessary. There is a library, wireless and television, a quiet room, and a games room.

Visiting Day: Any day 2 to 6 p.m., and by arrangement with the Assistant Matron in Charge.

**RECEIVING DAY:** Tuesday (see arrangements under STATION).

DISCHARGE DAY: Tuesday (see arrangements under STATION).

STATION: Clacton-on-Sea from Liverpool Street. Patients normally travel by coach from The Middlesex Hospital, leaving there at 9.0 a.m. On return the coach arrives at the Hospital about 5.15 p.m.

GENERAL: The Home is situated in delightful grounds, about 5 minutes from the sea and 15 minutes from the town centre.

APPLICATIONS: to the Resident Medical Officer, The Middlesex Hospital, London, W.1. 01-636-8333, extention 347.

### ST. MICHAEL'S CONVALESCENT HOME

### MARINE PARADE EAST, CLACTON-ON-SEA, ESSEX.

(Clacton 23688)

Owners: Westminster Sisters of Mercy, 11, Harewood Avenue, N.W.1.

**PATIENTS:** Women up to 75 years of age—over 75 subject to approval by the Medical Officer. General convalescence. Colostomies. A limited number of emotionally disturbed patients.

Ineligible: Normal exclusions. Asthmas, cardiac failure and other severe heart conditions.

**RELIGION**: Roman Catholic. (All denominations taken).

BEDS: 98 in single and sharing rooms. Lifts to all floors.

TREATMENT: All diets, if notified prior to arrival. All dressings. Physiotherapy should be arranged with Clacton Hospital before patients are sent to the Home.

STAFF: Chief Resident Officer: Mother Superior.

Nursing Staff: Religious Sisters, S.R.N. and Assistant Nurses.

Medical Staff: Dr. Kennedy McIntyre (visiting).

LENGTH OF STAY: As arranged, maximum three months.

ROUTINE AND RECREATION: Early tea is served to each patient in bed. Patients are expected to take all meals in the dining room. If able, patients are asked to help dust and tidy their rooms. No other domestic work is expected of them. There is a library. The beach is only a few yards away. There is a Chapel in the Convent grounds, but attendance is not compulsory. Television and wireless. Large balconies overlooking the sea.

Visiting Hours: 10 a.m. to 8 p.m. daily.

CHARGES: Single rooms from 7½ & 8 gns. Sharing rooms 6½ gns.

**RECEIVING DAYS:** Tuesdays, Thursdays, Fridays and Saturdays. Patients may be admitted for urgent reasons only on Sunday. Patients should leave before dinner on the day of departure.

**DISCHARGE DAY:** Any day.

STATION: Clacton-on-Sea, from Liverpool Street. Taxis available at Clacton

**GENERAL**: The Home stands on the sea front and faces south. Central heating and supplementary heating when necessary.

**APPLICATIONS**: to the Matron.

### ST. OSYTH'S PRIORY CONVALESCENT HOME

### NEAR CLACTON,

#### ESSEX.

(St. Osyth's 235)

**PATIENTS**: Men and women up to 69. General convalescence including cancer and colostomies.

Ineligible: Hearts. Asthma. Those unable to climb stairs.

**RELIGION**: Undenominational.

BEDS: 36, in rooms containing 1-5 beds. None on ground floor.

TREATMENT: General Nursing treatment. Gastric and diabetic diets. Dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 1 S.R.N.; 1 S.E.A.N.; 1 Nursing Orderly.

Medical Staff: Dr. Colquhoun (visiting).

LENGTH OF STAY: Normally 2-3 weeks.

ROUTINE AND RECREATION: Patients are called with tea in bed at 7 a.m. Breakfast at 8.30 a.m., lunch at 12.30 p.m., afternoon tea at 3 p.m., evening meal at 6 p.m. Light refreshments are provided at 10.30 a.m. and 8.0 p.m. Patients go to bed at 9.30 p.m. Lights out at 10.0 p.m. Wireless. Piano. Billiards. Darts. Television. Table Tennis.

Visiting Day: Every day 2-5 p.m.

CHARGES: Payable by Regional Hospital Board.

**RECEIVING DAY:** Monday.

STATION: Clacton-on-Sea from Liverpool Street. (Patients are met). Coaches from King's Cross pass the Home.

**GENERAL:** The Home is a large private residence situated in the centre of the village, two miles from the sea. The grounds are very interesting, containing several historical buildings and the gardens provide many interesting walks. It is usually possible to provide accommodation for husbands or wives accompanying a patient.

APPLICATIONS: to North East Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London, W.2. (AMBassador 8011).

### PRINCESS MARY'S HOSPITAL (REHABILITATION)

WILDERNESS HILL, CLIFTONVILLE, MARGATE, KENT.

(Thanet 21578)

PATIENTS: Active rehabilitation for men and women of any age in most medical and surgical conditions and non-infectious tuberculosis patients. Unit for valvotomy cases. A limited number of colostomy cases are accepted. A new unit now of 24 beds for heavily disabled cases of either sex was brought into use in 1962.

Ineligible: Peptic ulcer cases on medical treatment, cases of inoperable carcinoma, diabetic cases. Except for patients admitted to the Heavily Disabled Unit, those unable to climb stairs are ineligible.

**RELIGION**: Undenominational.

BEDS: 156 female beds, (including the unit of 13 beds for Student Nurses from general hospitals who are in need of rehabilitation), 50 male beds, (including 4 cardiac beds) and 24 beds (either sex) in Heavily Disabled Unit. A three-bedded amenity ward (either sex) is available.

TREATMENT: There is an excellent Physiotherapy Department, Therapeutic Pool and Gymnasium—all modern treatments are carried out. A large new Occupational Therapy Department was opened in 1962. This includes an Assessment Unit, Kitchen, and Workshop with a Technical Instructor in charge. All dressings. Diets are limited to "Full", "Slimming" and "Low-residue".

STAFF: Chief Resident Officer: Matron.

Nursing Staff: Assistant Matron, Night Sister, 15 S.R.N. (Sisters and Staff Nurses), 19 S.E.N., 14 Ward Orderlies.

Medical Staff: Dr. R. W. Barter and Dr. Audrey Carey, (Consultants in Physical Medicine). 2 visiting Physicians (Dr. J. A. Loveless and Dr. W. G. Benson).

**LENGTH OF STAY:** 2-5 weeks. Average 3 months in Non-Infectious Tuberculosis Unit. Up to 3 months in unit for heavily disabled cases.

ROUTINE AND RECREATION: Same as in general hospital. As far as possible, patients have the afternoons free.

There is a recreation hall where social evenings are arranged 5 or 6 times a week by the Recreation Officer.

Visiting: Daily.

RECEIVING DAYS: Patients are admitted and discharged on Tuesday and Thursday.

**STATION:** Margate. Patients travel from Victoria in parties which are escorted by two nurses and are conveyed from Margate Station to the hospital.

**GENERAL**: A hospital for rehabilitation situated in pleasant surroundings and within easy reach of the beach.

**APPLICATIONS:** to the Regional Hospital Board of the area in which the patient resides for non-infectious tuberculosis cases.

To the Consultant in Physical Medicine, Princess Mary's Hospital, Margate, for all other patients.

### **BROOKLANDS CONVALESCENT HOME**

COGGESHALL. Nr. COLCHESTER, ESSEX.

(Admin-Coggeshall 207) (Patients and Staff—do. 538)

PATIENTS: Male convalescents, who are recovering from an acute condition. Colostomies following abdomino-perineal excisions if not needing daily washouts. Acute heart conditions, including valvotomies, but not chronic cases still in failure. Patients should be ambulant and able to look after their own basic needs. **Ineligible:** Asthmatics, Chronic bronchitics, Cor pulmonale. Incontinent urinary cases and those involving the use of apparatus. Skin diseases. (Patients over 70 only if genuinely convalescent and mentally alert).

**RELIGION**: Undenominational.

BEDS: 10 on ground floor and 20 first floor (2, 3, 4 and 6 bedded). No lift. One two-bedded room on first floor which can be used as a single room when available.

TREATMENT: Post-operative dressings, diets, normal nursing.

STAFF: Chief Resident Officers: Secretary (Administrative duties only).

Matron:— S.R.N., S.C.M.

Nursing Staff: 1 S.R.N.; 1 S.E.N.; 4 Nursing Orderlies.

Medical Staff: Dr. Geo. Fletcher-Morris (visiting).

LENGTH OF STAY: N.H.S. patients 2 or 3 weeks; extensions depend on medical

recommendation. Other patients by arrangement.

ROUTINE AND RECREATION: Putting green, television, billiards and snooker, library and usual games. Five public rooms including a quiet room reserved for non-smokers. Patients called at 7.30 a.m. with tea, and go to bed by 9 p.m. (Lights out 10 p.m.). Patients can rest in bed at any time. Light refreshments available mid-morning and afternoon tea in addition to usual lunch and 3 course evening meal. Local buses to Braintree (6 miles), Colchester (10 miles), and Chelmsford (15 miles). Daily coaches during summer months to Clacton 25 miles), West Mersea, etc.

Visiting Day: Any day.

CHARGES: N.H.S. patients through N.E. Met. Regional Hospital Board. A number of beds available for other patients and those needing recuperative holidays.

RECEIVING AND DISCHARGE DAY: Any day by arrangement.

STATIONS: Kelvedon (from Liverpool Street). Patients met at the station. Also coaches from London to Kelvedon or Braintree, thence by local bus.

GENERAL: The Home is a large private residence, situated in an admirable position about \( \frac{1}{4} \) mile from the centre of the village (3,000 population). Nearly 5 acres of grounds, with own kitchen garden.

APPLICATIONS: N.H.S. patients to N.E. Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London, W.2 (AMBassador 8011). Recuperative holiday cases through County Councils. Other patients to Principal.

## KING EDWARD VII CONVALESCENT HOME FOR OFFICERS

OSBORNE HOUSE, EAST COWES, ISLE OF WIGHT.

(Cowes 2511)

Owners: The Ministry of Public Building and Works, Lambeth Bridge House, London, S.E.1.

CONVALESCENTS: Serving Officers (men and women), Ex-Service Officers (men and women), Established Serving and Retired (on pension), Officers of the Civil Service (men and women), Permanently Unestablished Officers (men and women), Colonial Office and Foreign Office.

Ineligible: Psychiatric, tubercular and incurable cases.

**RELIGION**: Undenominational.

BEDS: 50, mostly in single rooms. 3 ground floor rooms. There is a lift.

**TREATMENT:** Physiotherapy, Remedial exercises. Remedial Hot Pool. Occupational Therapy. All diets. Simple dressings.

STAFF: House Governor and Medical Superintendent: Surgeon Captain W. J. F. Guild, C.B.E., M.D., F.R..C.S., (Ed.) R.N. (retd.,)

Nursing Staff: Matron (S.R.N.); 1 Sister (S.R.N.); 5 S.R.N.; 1 Physiotherapist; 1 Remedial Gymnast; 1 Occupational Therapist.

Medical Staff: One of a panel of 15 Hospital and Service Consultants visits monthly.

2 visiting local Consultants.

**LENGTH OF STAY:** Average 3 weeks.

**ROUTINE AND RECREATION:** According to patient's condition. No domestic work is expected of them.

Private golf course and bathing beach. Sailing. Tennis courts, bowls, croquet. Clock golf. Recreation hall with cinema and stage, billiards, library, wireless and television. Indoor and outdoor entertainments organised frequently.

Visiting Day: Any day (see GENERAL).

CHARGES: No charge to Serving Officers and Ministry of Pensions cases. At present 30/- per day for ex-Officers and Civil Service Officers. 1/6 a day to "Sports Fund".

RECEIVING AND DISCHARGE DAYS: Monday, Wednesday and Friday.

**STATION:** Ryde, from Waterloo, via Portsmouth Harbour. Patients are met at Ryde by the house car. Cases from the West Country via Southampton-East Cowes.

**GENERAL**: Former palace of Queen Victoria, standing in 400 acres of grounds, where there is maintained a hostel for patients' relatives.

**APPLICATIONS**: to the House Governor/Medical Superintendent, via employing departments in the case of Civil servants.

### CROWHURST HOME OF HEALING

### THE OLD RECTORY, CROWHURST, nr. BATTLE, SUSSEX.

(Crowhurst 204)

**PATIENTS:** Those who need rest or are suffering from some personal shock, from the stress of life, or who need a time of convalescence. The family atmosphere and the Services which are held daily in the Chapel are of great value to these individuals. Ambulant patients only.

**RELIGION**: All denominations welcomed.

**BEDS:** 29, in single rooms, but a few double rooms are available for those accompanied by relative or friend.

**TREATMENT**: Personal interviews and a therapeutic programme (Tuesday to Tuesday) designed to aid relaxation, healing and readjustment. Good food but no special diets.

STAFF: Warden: The Rev. George Bennett (C. of E.), member of the Churches' Council of Healing. Chaplain: The Rev. Harry Weston (Baptist).

Medical Staff: Dr. Kenneth Brown (visiting).

LENGTH OF STAY: Usually 2-3 weeks. Variable by consultation with Warden.

ROUTINE AND RECREATION: Breakfast in rooms, main meals in dining room. Family Prayers, 10 a.m. Evensong, 6 p.m. The Home is much like a private hotel with drawing room, T.V. Room, Silent Room and Library, etc. Patients are known as 'visitors' or 'guests'. A weekly therapeutic programme is arranged. Delightful garden and countryside.

Visiting: Midweek afternoons.

**CHARGES:** A Contribution of £12 12s. 0d. a week is asked (with additional 10/registration fee).

**RECEIVING DAY:** Midweek is preferred; Tuesday afternoon is best.

STATION: Crowhurst, from Charing Cross; 5 minutes' walk.

**GENERAL:** The Home is situated in beautiful country and surrounded by an attractive and secluded garden. Across the valley is the sea, four miles distant. In easy reach of Bexhill and Hastings.

**APPLICATIONS:** to the Warden.

### THE MENTAL AFTER CARE ASSOCIATION

### COIGNAFEARN, 226, PAMPISFORD ROAD, S. CROYDON, SURREY.

**PATIENTS:** Men and women in need of rehabilitation after mental illness. Preference to those under 50 years. Short recuperative holidays.

**Ineligible**: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION**: Undenominational.

BEDS: 42. Numbers according to size of rooms.

TREATMENT: Rehabilitation towards full employment and social independence.

**STAFF**: Three resident staff; Warden, Matron and Assistant trained or experienced in mental nursing.

Medical Staff: Visiting Physician.

**LENGTH OF STAY**: Normally 3-6 months, may be extended.

ROUTINE AND RECREATION: Breakfast and evening meals to suit residents' hours of employment. All residents make their own beds and help with domestic work where possible and reasonable. Bedtime not later than 11 p.m. unless special concession granted. Television, radio and indoor and outdoor interests provided.

Visiting: By arrangement with the Matron.

**CHARGES**:  $f_0$ 7 17s. 6d. per week.

**RECEIVING DAY:** Any weekday.

**DISCHARGE DAY:** Any weekday.

**STATION**: East Croydon, thence by 'bus. Frequent trains from Charing Cross or Victoria Stations.

GENERAL: Large house and annexe with pleasant garden, overlooking park at rear.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110, Jermyn Street, London, S.W.1.

### ANGAS CONVALESCENT HOME FOR SEAMEN

### (SEAMEN'S HOSPITALS GROUP)

#### CUDHAM,

#### KENT.

(Biggin Hill 2003)

**PATIENTS:** Merchant Navy. Priority given to patients from the Seamen's Hospitals Group.

Ineligible: Cases requiring active nursing.

**RELIGION**: Undenominational.

BEDS: 36. Includes separate accommodation for Officers.

**TREATMENT:** Treatments and diets as ordered. Occupational Therapy is provided. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge (S.R.N.).

Nursing Staff: 1 S.R.N.; 2 S.E.N. with 5 junior staff.

Medical Staff: Visiting Doctor from "Dreadnought" Hospital, Greenwich.

LENGTH OF STAY: As required. Normally 2 weeks.

ROUTINE AND RECREATION: Patients rise at 7 a.m. and retire at 9.30 p.m. All forms of indoor and outdoor recreation. A certain amount of supervised occupational therapy, e.g. soft toys, rug making, etc., can be voluntarily undertaken by patients.

Visiting Day: Daily, between 2 p.m. and 5 p.m. (it is regretted that visitors cannot be given tea).

RECEIVING DAY: Monday, Wednesday and Friday.

STATION: Orpington, from Charing Cross or Victoria. Bus half-hourly from station.

GENERAL: Own garden produce.

APPLICATIONS: only to the House Governor, "Dreadnought" Seamen's Hospital, Greenwich, London, S.E.10 (GREenwich 3433).

### LLOYD MEMORIAL (PRINTERS) CONVALESCENT HOME

DEAL, KENT.

Office (Deal 182) Patients (Deal 318)

**PATIENTS:** Men and women aged 16–75. General convalescence. Printers and others. (See Applications.)

**Ineligible:** Normal exclusions. Severe heart disease and chronic diseases of an incurable nature. Bed cases. Colostomy. Cancer. Emphysema. Bronchiectasis. Pulmonary or laryngeal tuberculosis.

**RELIGION**: Undenominational.

BEDS: 65 for men and 71 for women in 1-5 bedded rooms. There is a lift.

TREATMENT: No Treatments. Light gastric diets provided. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 1 S.R.N. and Assistants.

Medical Staff: Drs. A. R. P. Calder and C. J. Farrer visit weekly and on call.

**LENGTH OF STAY:** 2-3 weeks. Extensions granted on certificate.

ROUTINE AND RECREATION: Patients rise at 7.30 a.m. for breakfast at 8.30 a.m., lights are put out at 10.30 p.m. Women are expected to make their own beds, (health permitting) but are not asked to do any other form of domestic work. Patients must be in by 9.30 p.m.

The Home has a Rediffusion wireless installation and television as well as a library and billiards tables. Coach and other outings are arranged at nominal charges.

Visiting Day: Any afternoon.

**CHARGES**: From £8 5s. 0d. per week.

RECEIVING DAY: Saturday.

DISCHARGE DAY: Saturday.

**STATION:** Deal, from Charing Cross. Seats for patients are reserved on the 1.00 p.m. train on Saturdays. Taxis at the station, which is about a mile from the Home (charge, 1s.)

GENERAL: Situated in the centre of Deal, two minutes from the sea. There is a large sheltered garden containing a garden lounge.

APPLICATIONS: to Mr. J. E. Rawlins, The Beeches, Brighton Road, Lower Kingswood, Surrey (Mogador 2057).

Health Service and other patients only admitted on completion of the appropriate form and Medical Certificate to be received at the London Office by Wednesdays.

### YARBURGH CHILDREN'S HOME

### HIGHFIELD ROAD, EAST GRINSTEAD, SUSSEX.

(East Grinstead 23215)

PATIENTS: Children aged 1-6 years. General convalescence. (Clothing provided.)

**Ineligible:** Bed cases. Normal exclusions. Those requiring special attention at night.

**RELIGION**: Undenominational.

TREATMENT: No treatments, diets or dressings. T.B. contacts, not infectious.

BEDS: 18 beds in wards, no ground floor rooms. Isolation ward provided.

STAFF: Chief Resident Officer: Matron (N.N.E.B.)

Nursing Staff: 1 Sister (N.N.E.B.); 2 Staff Nurses (N.N.E.B.); 6 Assistant

Nursery Nurses; 1 Nightnurse.

Medical Staff: Dr. M. Worlock, B.A., M.R.C.S., L.R.C.P. (visiting).

LENGTH OF STAY: Any length of time from one week to a number of years.

ROUTINE AND RECREATION: The children get up at 7 a.m. and go to bed at 6 p.m. Breakfast in bed is provided if necessary. Recreations and nursery school activities outdoors whenever possible. Also indoor nursery school for the older children

Visiting Day: No special day.

CHARGES: £10 10s. 0d. per week

RECEIVING DAY: Any day.

STATION: East Grinstead, from Victoria and London Bridge. Patients met at East Grinstead.

**GENERAL:** The Home is a converted house on the outskirts of East Grinstead. There is a garden suitable for small children.

**APPLICATIONS:** to the Matron.

### ALL SAINTS HOSPITAL

### MEADS, EASTBOURNE, SUSSEX.

(Eastbourne 20106)

**PATIENTS:** Women, normally from 16 to 65, but consideration will be given to suitable patients above the age of 65. General convalescence. Subject to the absolute discretion of the Medical Officer a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage.

Ineligible: Normal exclusions. Bed cases. Bronchitis in winter months. Asthma and Severe Hearts.

**RELIGION:** Undenominational.

**BEDS:** 51 on second floor served by lift. There are steps from wards to bathrooms and lavatories. There is no Isolation Ward.

TREATMENT: Simple treatments, diets and dressings only.

STAFF: Hospital Secretary: G. H. Cole.

Matron: Miss L. E. Burleigh, S.R.N., S.C.M. Nursing Staff: Assistant Matron and 2 S.R.N.

Medical Staff: Dr. D. A. L. Ashforth, M.B., B.S., M.R.C.S., L.R.C.P., D.A. (visiting).

**LENGTH OF STAY:** Normally 2 weeks.

**ROUTINE AND RECREATION:** Patients must normally get up to meals, be in by 9.30 p.m., and lights out at 10 p.m.

Recreation room, wireless, television, quiet room and library.

Visiting Day: Any day.

RECEIVING DAYS: Monday and Thursday.

**DISCHARGE DAYS:** Wednesday and Sunday.

**STATION:** Eastbourne, from Victoria. The Home is about a mile and a half from the station, with a good bus service.

GENERAL: Part of a well-built hospital, comfortably furnished, 2 minutes from sea.

**APPLICATIONS:** to the Hospital Secretary.

N.B. This unit will close for Convalescent patients during the first half of 1969.

### SELIGMAN CONVALESCENT HOME

## ELSTREE COURT, MEADS ROAD, EASTBOURNE, SUSSEX.

PATIENTS: Jewish men and women from 16-75. General Convalescence.

Ineligible: Normal exclusions and bed cases.

**RELIGION:** Jewish.

BEDS: 21. 12 for men and 9 for women. (None on ground floor). There is a lift. Arrangements can sometimes be made for married couples.

TREATMENT: Light medical treatment. Simple gastric or diabetic diets.

STAFF: Chief Resident Officer: Matron.

Medical Officer: Dr. D. A. L. Ashforth.

**LENGTH OF STAY:** 2 weeks. (An extension may be granted on recommendation of the Medical Officer or by arrangement).

ROUTINE AND RECREATION: Breakfast at 8.30 a.m. and patients retire about 10 p.m. They may rest after lunch in comfortable lounges. There is television and wireless.

VISITING DAYS: Any day from 2-4 p.m. except Wednesday and Saturday.

CHARGES: £1 or £2 per week for members. Non-members £14 gns. per week.

RECEIVING DAY: Wednesday.

**DISCHARGE DAY:** Wednesday.

STATION: Eastbourne.

**GENERAL:** The Home is intended for those who seek convalescence in an orthodox Jewish atmosphere. Synagogue attached to the Home.

APPLICATIONS: To the United Jewish Friendly Society, Absa House, 46, Commercial Road, London. E.1. Telephone 709-0838-9.

### FARNHAM PARK REHABILITATION CENTRE

### FARNHAM ROYAL, BUCKS.

Tel: Farnham Common 2271/2

**PATIENTS:** Ambulant cases, able to climb one flight of stairs with hand-rails. Men and women, in-patients aged 18-60, out-patients aged 16-65, who, through a balanced programme of physiotherapy, remedial exercises, occupational therapy and hydrotherapy appropriate to the condition, are capable of being restored to full earning capacity in about two months or less or, in the case of permanent disability to such capacity as the disability will allow.

**INELIGIBLE:** Normal exclusions. Cases suffering from incontinence of urine or faeces or nocturnal enuresis. Psychosis, severe neurosis, asthma, total blindness, epilepsy, unstabilised diabetes, infectious or contagious disease. Any cases needing night nursing apart from emergency.

**RELIGION:** Undenominational.

BEDS: 60, in 2 to 8-bedded rooms on first floor.

**TREATMENT:** Physiotherapy, remedial exercises, hydrotherapy, work of therapeutic value in workshops and gardens, special diets.

STAFF: Medical: J. G. P. Williams, F.R.C.S. Ed., D. Phys. Med., Medical Director, also whole time Medical Assistant.

Nursing: Matron (S.R.N.), 3 Nursing Sisters, 4 Physiotherapists, 3 remedial gymnasts, 5 occupational therapists.

**LENGTH OF STAY:** Average 6 weeks.

ROUTINE AND RECREATION: Patients are graded as to their disability and re-examined by medical staff weekly or as necessary. There is a library, games room, radiogram, television. Concerts arranged. Putting, tennis, bowls, extensive gardens.

Visiting: Monday-Friday 5.0 to 6.0 p.m., Saturday and Sunday 2 to 4.30 p.m.

RECEIVING DAYS: Monday. (Except by special arrangement).

STATION: Slough.

GENERAL: Centre is a large house situated in 8 acres of garden and lawn, within easy reach of Slough and Windsor by bus. Car parking available (at owners risk)

APPLICATIONS: to the Medical Director on the prescribed form with clinical and social notes.

### **MAITLAND HOUSE**

### OLD ROAD, FRINTON-ON-SEA. ESSEX.

(Frinton 4657)

**PATIENTS:** Convalescent Guest House for women including those with a tuberculous background. Ground floor double room for married couples. Mothers with sick children considered.

Ineligible: Positive sputum cases. Epileptics, Special diets.

**RELIGION**: Undenominational.

**BEDS**: 15, mostly in shared rooms. One single, one double, and one three-bedroom ground floor; bathroom and lavatory adjacent. Four single rooms with h & c and views of the sea on the first floor.

TREATMENT: Post hospital care. Chemotherapy programmes. Simple dressings.

STAFF: Chief Resident Officer: Warden, Miss N. Farrell, S.R.N.

Nursing Staff: Miss N. Farrell, S.R.N.

Medical Staff: General Practitioner as required.

**LENGTH OF STAY**: Two to four weeks.

**ROUTINE AND RECREATION:** The aim of the Trustees is to provide a quiet holiday and convalescent service in the atmosphere of home. There are, therefore, few restrictions or routine arrangements. Guests are asked to make their own beds if possible. T.V. Beach hut.

Visiting Day: No restrictions.

**CHARGES**: 9 gns-12 gns. per week according to type of accommodation and whether shared or single.

**RECEIVING DAY:** Monday or by arrangement. Please notify time of arrival. Dinner cannot be kept after 1 p.m.

**DISCHARGE DAY:** Monday or by arrangement.

**STATION**: Frinton-on-Sea from Liverpool Street. Through train  $1\frac{1}{2}$  hours. The Home is half a mile from the station. Taxis meet guests at station without extra charge.

**GENERAL:** The house is comfortable and adjacent to the sea front, shops and places of worship. Central heating throughout. Sun lounge and garden. The house is run by the Maitland Trust which is registered with the Charity commissioners.

**APPLICATIONS**: to Mrs. Carling, A.I.M.S.W., 27, Holmwood Avenue, Shenfield, Essex.

### SAINT DOMINIC'S OPEN AIR SCHOOL FOR BOYS

### MOUNT OLIVET, HAMBLEDON, GODALMING, SURREY.

(Wormley 2741)

Parent Society: The Sisters of the Sacred Hearts of Jesus and Mary, address and telephone number as above.

PATIENTS: Boys aged 5-16. Asthma, Malnutrition, Debility, Hæmophilia, Spastic, Eczema.

**Ineligible:** Bed cases. All other complaints.

RELIGION: Roman Catholic. (Children of all denominations taken).

**BEDS**: 80, all in wards. Some on ground floor. Classrooms are all on ground floor. Isolation accommodation is provided.

TREATMENT: Breathing exercises. Postural drainage. Daily tonic dressings. Coeliac and Gastric diets.

STAFF: Chief Resident Officer: Reverend Mother.

Nursing Staff: 1 S.R.N.; 1 Assistant Nurse.

Medical Staff: Dr. Gethen (visiting).

LENGTH OF STAY: No limit.

**ROUTINE AND RECREATION:** The boys rise at 7.30 a.m. and retire in groups from 7-9 p.m.

The Home has a playroom and a library, and there are ample facilities for indoor and outdoor games.

Visiting Days: By arrangement with parents.

CHARGES: Payable by Local Education Authority.

**RECEIVING DAY:** No special day.

DISCHARGE DAY: When children are considered fit.

STATION: Witley, from Waterloo. A bus from the station passes near the Home.

**GENERAL**: A Victorian house, 500 feet above sea-level with a large garden, which includes a playground, football pitch, tennis court and swimming pool.

**APPLICATIONS:** to the Superintendent at the Home.

### EDITH CAVELL HOME OF REST FOR NURSES

### COOMBE HEAD, HASLEMERE, SURREY.

(Haslemere 2711)

PATIENTS: Practising Nurses and Midwives requiring rest.

Ineligible: Male nurses and those requiring nursing or medical treatment.

**RELIGION:** Undenominational.

BEDS: 10, in single rooms.

**TREATMENT:** No treatments, diets or dressings.

STAFF: Chief Resident Officer: Superintendent (S.R.N.).

Nursing Staff: None.

Medical Staff: Doctor attends on request

LENGTH OF STAY: Up to 2 or 3 weeks. Sometimes extended.

**ROUTINE AND RECREATION:** Visitors rise about 8.30 a.m. and retire at 10.30 p.m. Opportunities for indoor and outdoor games, picnics, etc., in summer. There is a piano, television and wireless.

CHARGES: £6 6s. 0d. per week.

**RECEIVING DAY:** 

- Preferably Saturday but any day except Sunday.

**DISCHARGE DAY:** 

**STATION**: Haslemere, from Waterloo. When possible, visitors are met at the station with a car, for which a charge is made. Taxis are also available.

**GENERAL**: A modern house, standing high in beautiful country.

APPLICATIONS: to the Secretary, Edith Cavell Home of Rest for Nurses, 1, Vere Street, London, W.1. (01-629 1618).

### HERMITAGE CONVALESCENT HOME

### 32, HOLMSDALE GARDENS, HASTINGS, SUSSEX.

(Hastings 818)

PATIENTS: Men and women aged 16-70. General convalescence. Printers and others. Subject to the absolute discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage.

**Ineligible:** Normal exclusions. Heart cases. Those unable to look after themselves.

**RELIGION**: Undenominational.

BEDS: 85 (including 36 for women), in 3, 4 or 5 bedded wards. There are 3 twin-bedded rooms for married couples. None on the ground floor, but there is a patients' lift.

**TREATMENT:** Modified gastric diets. Treatments undertaken at Royal East Sussex Hospital (adjacent to Home), but this must be arranged in advance by the sending hospital and physiotherapy is seldom available at short notice. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 2 S.R.N.

Medical Staff: Dr. Dunbar Johnson (visiting).

**LENGTH OF STAY:** Maximum 3 weeks.

**ROUTINE AND RECREATION:** The patients breakfast at 8.30 a.m. and must retire by 10 p.m. Women (excluding gynæcological cases) are expected to make their own beds. Patients may rest on their beds during the afternoon.

Television, radio, piano, billiards, bagatelle, table tennis, darts, croquet, etc.

**Visiting Day:** Every day between 2–5 p.m. excluding Saturday. Not permitted for patients who have been in residence less than four days.

**CHARGES**: £7 15s. 0d. per week.

**RECEIVING DAY:** Tuesday. (From 2 to 5 p.m.)

**DISCHARGE DAY:** Tuesday (before lunch).

STATION: Hastings, from Victoria, Charing Cross or Cannon Street.

**GENERAL:** The Home, which was built about 1880, is situated on a steep hill 4 minutes' walk from the sea and 3 minutes from the railway station. It stands in its own grounds, and possesses a delightful rose garden. Central heating. Hot and cold water in all bedrooms. Patients' telephone: — Hastings 7428.

APPLICATIONS: to Mr. F. A. Cross, Secretary, Printers' Medical Aid & Sanatoria Association, 154, Fleet Street, London, E.C.4. (01-353-3903 and 7005).

### ST. PATRICK'S RESIDENTIAL OPEN AIR SCHOOL

### BEACH ROAD, SOUTH HAYLING, HAMPSHIRE.

(Hayling 3759)

Parent Society: The Sisters of the Sacred Hearts of Jesus and Mary.

**PATIENTS**: Girls aged 5-16. Malnutrition. Debility. General convalescence. Bronchiectasis, asthma and arthritis.

Ineligible: Normal exclusions. Bed cases. Surgical, Orthopaedic, epilepsy and non-consultant cases.

RELIGION: Roman Catholic. (Patients of all denominations taken.)

BEDS: 95 (2 wards with 28 beds, 6 with 6 beds, 1 with 3 beds) and Isolation Ward.

**TREATMENT:** Treatments and simple dressings.

STAFF: Chief Resident Officer: Reverend Mother.

Nursing Staff: 2 S.R.N.; 2 Untrained; Visiting physiotherapist.

Medical Staff: Dr. D. Broughton (visiting).

Teaching staff: Six trained certified teachers and visiting P.E., music and

French teachers.

LENGTH OF STAY: In accordance with the Medical Officer's advice.

ROUTINE AND RECREATION: The children rise at 7.30 a.m. and retire at 7 p.m. and 8 p.m. The bigger girls help with very light duties—e.g. laying tables, drying dishes, etc.

There is a library as well as a supply of indoor games, T.V. etc. Large playground for outdoor games, excellent sea bathing. Facilities for gardening hobbies. Home Economics Department and quiet room for senior girls.

Visiting Day: Once monthly, by arrangement with the Reverend Mother.

CHARGES: Payable by Local Education Authority.

**RECEIVING DAY:** By arrangement with Superintendent.

**DISCHARGES:** End of December and July.

**STATION:** Havant. Thence by Hayling Island bus to Beachlands Terminus. The children are escorted from London (Waterloo).

GENERAL: The Home stands on the sea front and has a large garden.

APPLICATIONS: arranged by Local Education Authority.

## CROLE WYNDHAM MEMORIAL HOME FOR CONVALESCENT CHILDREN

### SEA VIEW ROAD, HERNE BAY, KENT.

(Herne Bay 4416)

**PATIENTS**: Boys and girls aged  $2\frac{1}{2}$ -12. General convalescence.

Ineligible: Bed cases. T.B. Psychiatric cases. Major Epilepsy.

**RELIGION:** Undenominational.

**BEDS**: 19 in 3 dormitories. Isolation ward.

TREATMENT: No diets. Simple dressings. Breathing and remedial exercises.

STAFF: Chief Resident Officer: Sister-in-Charge S.R.N., S.C.M., R.S.C.N.

Nursing Staff: 1 Sister, S.R.N.; 5 Assistant Nurses, or Orderlies.

Medical Staff: Dr. D. Savory (visiting), and Staff from Kent and Canterbury

Hospital.

**LENGTH OF STAY:** Normally four weeks—subject to medical necessity.

**ROUTINE AND RECREATION:** Children are called at 7.30 a.m. and go to bed at 7 p.m. There is a rest period for one hour immediately after lunch each day. No school.

Nursery. Outdoor playgrounds. Beach hut in summer. Books, radio, television, piano, gramophone.

**Visiting Day:** Sunday, 2 to 5.30 p.m. or any other day by arrangement.

**RECEIVING DAYS:** Any day, but no later than 2.00 p.m. if possible.

DISCHARGE DAYS: Any day but normally latter half of the week

**STATION**: Herne Bay, from Victoria. No. 41 bus passes the Home. No. 43 bus from the end of Station Road also passes the Home.

**GENERAL**: A well-adapted building, situated on high ground at Beltinge, Herne Bay, near to the sea and the East Cliff.

**APPLICATIONS:** to the Admissions Officer, Canterbury Group Hospital Management Committee, at Nunnery Fields Hospital, Canterbury, Kent. (Canterbury 64661).

### FRIENDLY SOCIETIES' CONVALESCENT HOME

### BELTINGE, HERNE BAY, KENT.

Parent Society: Friendly Societies operating in the Metropolitan Area.

PATIENTS: Men and women from 16: Age limit of 80 years of age.

(Subject to the absolute discretional of the Medical Officer and Matron one or two emotionally disturbed patients can sometimes be accepted. Such patients must have received treatment and be in the convalescent stage.)

Ineligible: Normal exclusions. Bed cases. Epileptics, pregnant and mental cases

**RELIGION**: Undenominational.

BEDS: 54 for men and 34 for women.

TREATMENT: No treatments. Light gastric diets. There is a lift but no ground floor bedrooms.

STAFF: Chief Resident Officer: Matron.

Assistant Matron.

Medical Staff: Dr. P. H. Watkins (visiting).

**LENGTH OF STAY:** Minimum of 2 weeks, extension may be granted on recommendation of the Medical Officer.

ROUTINE AND RECREATION: Breakfast at 8. 45 a.m. Women patients are expected to make their beds. There is a library, television and sound radio and facilities for billiards, darts, bowls, putting.

Visiting Day: Any day except Thursday, after 2 p.m.

CHARGES: £10 0s. 0d. per week (abated for hospitals, local authorities and subscribing societies).

RECEIVING AND DISCHARGE DAY: Thursday.

STATION: Herne Bay. Patients are met by arrangement.

**GENERAL**: A large well-built Home standing in 15 acres of grounds, with a good bus service to the station and seafront.

APPLICATIONS: to the Secretary, Friendly Societies' Convalescent Home, 309, Upper Street, London, N.1. (01-226-1944).

### THE RAILWAY CONVALESCENT HOME

### RECULVER ROAD, BELTINGE, HERNE BAY, KENT.

(Herne Bay 4084)

PATIENTS: Railwaymen of working age who subscribe to the Railway Convalescent Homes, and those up to 5 years after retirement and 3 years following redundancy.

Ineligible: Bed cases. All cases requiring constant nursing care.

**RELIGION**: Undenominational.

**BEDS**: 83 in wards containing 3-12 beds; 3 beds on ground floor. (Beddage will be reduced following modernisation in 1969.)

**TREATMENT:** No treatment. Gastric and Diabetic diets. Simple dressings. Colostomy cases admitted, under certain circumstances.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: Assistant (S.R.N.).

Medical Staff: Dr. P. Watkins (visiting).

LENGTH OF STAY: 4 weeks maximum.

**ROUTINE AND RECREATION:** Patients rise at 7 a.m. and retire at 10 p.m. All patients are expected to be in the grounds by 9.30 p.m. No domestic work is done by the patients.

There are billiards, bagatelle, table tennis, darts, bowls, putting green, piano, radio and television.

Visiting Day: Every afternoon, 2 to 4 p.m. by arrangement with Matron.

**CHARGES**: None.

RECEIVING DAYS: Tuesday and Thursday.

STATION: Herne Bay, from Victoria. Conveyance arranged from and to the station.

**GENERAL**: Large gardens supply fresh vegetables, own poultry. The Home is an easy walk from the cliffs.

APPLICATIONS: to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House", 93-96, High Street, Uxbridge, Middlesex. Telephone: Uxbridge 35567/8.

### **CATISFIELD HOUSE**

### 55, THE DRIVE, HOVE. BN3 3PF

(Brighton 736036)

**PATIENTS**: Gentlewomen aged 18-70, but older patients will be considered if active. General convalescence and Recuperative Holiday.

**Ineligible**: Bed cases, nervous disorders, diabetics and patients on special diet or requiring surgical or colostomy dressings, or injections.

**RELIGION**: Undenominational.

**BEDS**: 18 single rooms, all with running hot and cold water (2 on ground floor). There is a lift to all floors.

TREATMENT: Medicines (oral only). Physiotherapy if arranged prior to admission.

STAFF: Chief Resident Officer: Matron.

Assistant Matrons.

Medical Staff: Medical Officer (visiting).

LENGTH OF STAY: 2-3 weeks, extended only at discretion of Medical Officer.

ROUTINE AND RECREATION: Breakfast in bed. Ladies are asked to be downstairs for morning coffee at 10 a.m. Aim is to provide a happy homelike atmosphere, free from domestic work and with as few rules and regulations as possible. Television. Use of beach hut during summer months.

Visiting Times: Daily 10—12.30 or from 4.30—6.30.

CHARGES: 7 gns. per week.

**RECEIVING DAYS:** Every afternoon except Sunday.

**STATION**: Brighton or Hove from Victoria and London Bridge. Taxis available at both stations.

**GENERAL**: Founded 1924 by endowment, a converted private house near sea and shops, very comfortably equipped with a pleasant garden and sun loggia. Opposite Hove Parish Church. Roman Catholic Church and bus stops adjacent.

APPLICATIONS: to the Matron.

### CONVALESCENT POLICE SEASIDE HOME

205-209, Kingsway, HOVE, SUSSEX BN3 4FD

(Brighton 773991)

**PATIENTS:** Men and women actually serving in the Police Force, requiring general convalescence. Police pensioners up to 65 years of age and Police Officers on annual leave taken by arrangement.

Ineligible: Cases of phthisis, fits and certain Mental disorders.

**RELIGION**: Undenominational.

**BEDS**: 53 of which 44 are in single rooms. There are two lifts.

TREATMENT: All types of diets. Dressings. Injections.

STAFF: Chief Resident Officer: Lady Superintendent.

Nursing Staff: 2 S.R.N.

Medical Staff: 2 Visiting Doctors.

**LENGTH OF STAY**: 2 weeks, which can be extended if necessary.

**ROUTINE AND RECREATION:** The patients get up at 7.30 a.m. and go to bed at 10.15 p.m.

Billiards, table tennis, library, television, coach drives, etc.

Visiting Day: Any day.

**CHARGES**: On application.

**RECEIVING DAY:** Tuesday and Friday (other days by arrangement).

**DISCHARGE DAYS:** Tuesdays and Fridays.

STATION: Hove, from Victoria or London Bridge. Patients are met from the station.

**GENERAL**: The Home is very comfortable and well equipped.

APPLICATIONS: In the case of members of the Metropolitan Police Force to the Chief Medical Officer, New Scotland Yard, London S.W.1. In the case of Provincial Forces, Pensioners and Annual Leave to the Lady Superintendent.

### THE DOMINICAN CONVALESCENT HOME

LONDON ROAD,
KELVEDON,
NEAR COLCHESTER, (Kelvedon 405)—Residents
ESSEX. (Kelvedon 359)—
Convent and Matron

### Sisters of the Order of St. Dominic.

PATIENTS: Women over 16 years. General convalescence and rest.

Ineligible: Normal exclusions. Infirm. Bed cases. Colostomies.

**RELIGION:** Roman Catholic. (Patients of other denominations taken).

**BEDS**: 28, of which 14 are on the ground floor; the remaining 14, single and double rooms, are served by a lift.

TREATMENT: No treatments. Gastric and diabetic diets provided. Simple dressings

STAFF: Chief Resident Officer: Mother Prioress.

Nursing Staff: 3 S.R.N.; 2 Assistant Nurses.

Medical Staff: Dr. Mackenzie, Dr. Burt (visiting).

LENGTH OF STAY: Usually 3 or 4 weeks, extended in special cases.

ROUTINE AND RECREATION: Breakfast at 8.45 a.m. and lights are put out at 10 p.m. Patients are expected to make their own beds and keep their rooms tidy. Visiting Day: Any day by arrangement. Saturday and Sunday 2 p.m. to 4.30 p.m.

CHARGES: £12 12s. 0d. per week.

RECEIVING AND DISCHARGE DAYS: Tuesdays and Thursdays.

STATION: Kelvedon from Liverpool Street. every two hours (54 minutes). Patients are met at Kelvedon Station.

**GENERAL:** The building stands in pleasant country surroundings and has a good garden. The sea is within easy reach by bus or train.

**APPLICATIONS:** to the Mother Prioress at the Home.

N.H.S. patients: to the N.E. Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London, W.2. (AMBassador 8011).

### SOUTHERN CONVALESCENT HOMES, INC.

# THE BELL MEMORIAL HOME, SOUTH STREET, LANCING, SUSSEX.

(Lancing 2020)

PATIENTS: Women aged 14–75 years. General convalescence. Mild Asthmas. Subject to the absolute discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage.

Ineligible: Normal exclusions. Bed cases.

**RELIGION:** Undenominational.

BEDS: 6 in shared rooms (3 per room), 23 single rooms and 10 double rooms.

TREATMENTS: No treatments or diets. Dry dressings. A lift has recently been installed.

STAFF: The Resident Superintendent: Mr. Leeks.

Nursing Staff: Matron and Assistant (untrained).

Medical Staff: Dr. T. D. Collier (visiting) Dr. M. Berkley (visiting).

**LENGTH OF STAY:** Usually 2 or 3 weeks.

ROUTINE AND RECREATION: The patients rise at 8.15 a.m. and retire at 10 p.m. Patients are expected to give a certain amount of help with making beds and washing up.

Impromptu concerts and excursions are organised from time to time.

Visiting Day: Any day.

CHARGES: £5 10s. 0d. per week (shared rooms). £6 0s. 0d. per week (single rooms) £5 15s. 0d. (double rooms).

**RECEIVING DAY:** Saturday.

**DEPARTURE DAY:** Friday.

**STATION:** Lancing. The 1.25 p.m. train from Victoria and 12.56 p.m. from London Bridge are met on Saturdays.

**GENERAL**: The Home stands a little back from the sea, about 2 minutes to the seashore.

**APPLICATIONS:** to the Secretary, Sister Ivy Baldock, The Central Hall, Bermondsey Street, London, S.E.1. (407-2014).

### TYRWHITT HOUSE

### OAKLAWN ROAD, LEATHERHEAD, SURREY.

Parent Society: The Ex-Services Mental Welfare Society. (Registered in accordance with the National Assistance Act, 1948 and the Charities Act, 1960)

PATIENTS: All ranks of all branches of Her Majesty's Forces, including ex-officers and men of the Mercantile Marine, suffering from Psychoses or Neuroses arising from active or long regular service. Before admission all patients have to undergo a Psychiatric examination by the Society's Consultant or full medical reports submitted for his consideration.

**Ineligible:** Those who on psychiatric examination are found to require active medical treatment. Epileptics. Bed cases.

**RELIGION**: Undenominational.

BEDS: 27.

**TREATMENT:** Skilled psychiatric nursing. Rehabilitation by gardening, woodwork, cardboard-box making, etc., which is organised by an experienced Occupational Supervisor, working in close co-operation with the Nursing Staff.

STAFF: Trained in Mental and Nervous illness.

Chief Resident Officer: Matron.

Nursing Staff: 2 Sisters.

Chief Consultant: Dr. C. P. Blacker, G.M., M.C., M.D., F.R.C.P.

**LENGTH OF STAY:** In accordance with medical advice.

**RECEIVING DAY:** Any day, except Saturday or Sunday.

DISCHARGE DAY: At the discretion of Chief Consultant.

STATION: Leatherhead from Waterloo, 'bus runs close to the House.

GENERAL: Patients considered suitable may be later transferred to Thermega Ltd., manufacturers of electrical appliances, to work under sheltered conditions. This industrial colony employs over 90 disabled men and women, who remain until considered fit enough to resume their previous occupations.

APPLICATIONS: to the Administrative Secretary, Ex-Services Mental Welfare Society, 37/9 Thurloe Street, London, S.W.7. (584-8688)

### **CAXTON CONVALESCENT HOME**

### THE CHART, LIMPSFIELD, NEAR OXTED, SURREY.

**PATIENTS:** Men and women aged 15-70. General convalescence. People in any way associated with the printing industry have priority. A few married couples can be accepted.

**Ineligible :** Normal exclusions. Non-ambulant cases. Borderline cases will be considered.

**RELIGION**: Undenominational.

BEDS: 56 in 2, 4, 7 or 10 bed wards. There is a lift.

TREATMENTS: No treatments or diets.

STAFF: Chief Resident Officer: Hostess.

Nursing Staff: Sister S.R.N., Nurse S.E.N. Medical Staff: Dr. Lankester (visiting).

LENGTH OF STAY: Usually 3 weeks, with extensions to 3 months maximum.

ROUTINE AND RECREATION: The patients rise at 8 a.m. and retire by 10 p.m. They are not allowed to do any work in the Home, except making their beds. There is a library as well as television, billiards, bagatelle and facilities for other indoor and outdoor games.

Visiting Day: Any day between 2 to 5p.m. (Not more than 2 visitors per patient).

**CHARGES**: Members of the Printing Industry provided they are 5/- per year subscribers are taken for 3 weeks free of charge: extensions granted by arrangement. £6 0s. 0d. per week non-subscribing printers and all others. There is free travel from London to the Home for subscribers, together with minibus from Oxted Station to the Home. Non-subscribers pay own fare; free transport is available from Oxted Station to the home and return.

RECEIVING AND DISCHARGE DAYS: Wednesday and Saturday.

**STATION:** Oxted, from Victoria or London Bridge. Patients travelling by the 10.55 a.m. or 3.55 p.m. train from Victoria are met at the station.

**GENERAL:** A modern building standing in good grounds. All bedroom windows face South and have a good open view.

**APPLICATIONS**: to Mr. A. C. Oram, Secretary, Caxton Convalescent Home, London Office, 1 Gough Square, London, E.C.4 (01-353-2574); to whom all correspondence must be addressed.

### LIMPSFIELD CONVALESCENT HOME FOR WOMEN

### WOLF'S ROW, LIMPSFIELD, SURREY.

(Oxted 2096)

PATIENTS: Women over 60. General convalescence after illness or operation.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

BEDS: 16 beds, 4 shared rooms—3 single rooms. 5 beds on the ground floor.

TREATMENT: Dry dressings. Injections. No diets, no asthma cases.

STAFF: Chief Resident Officer: Matron. Miss P. M. Wright, S.E.N.

Medical Staff: Dr. Cockerill. (Visiting).

**LENGTH OF STAY:** 2-3 weeks, or longer if required.

**ROUTINE AND RECREATION:** The patients rise at 8.30 a.m. and go to bed at 9.30 p.m. Rest from 2 to 4 p.m. A little help is expected from those who are well enough.

Television, wireless, car drives and quiet outings are arranged.

Visiting Days: Wednesday and Sunday afternoons. Other times by arrangement.

CHARGES: £6 0s. 0d. per week shared room, £7 0s. 0d. single room.

RECEIVING DAYS:

- Tuesday and Friday.

DISCHARGE DAYS:

STATION: Oxted is the station for Limpsfield. London patients should travel from Victoria (direct) by the 2.9 p.m. train. The taxi charge is 4/6

GENERAL: The Home is a "Cottage Home," built in 1939 in delightful country on the edge of Limpsfield Common.

APPLICATIONS: to the Matron.

### WENHAM HOLT CONVALESCENT HOME

### HILLBROW, LISS,

NR. PETERSFIELD, HANTS.

Office (Liss 2340) Patients (Liss 2174)

**PATIENTS:** Women over 14 years only. General convalescence after acute illness and operation. As there is a steep approach to the garden, this Home is unsuitable for the aged and asthmatic.

Ineligible: Normal exclusions. Bed cases.

**RELIGION:** Undenominational.

**BEDS**: 32, in wards of 3-5 beds. 1 ground floor room (5 beds). There is a lift between ground and first floors.

TREATMENT: No treatments or diets.

STAFF: Chief Resident Officer: Matron, (S.R.N., S.C.M.).

Nursing Staff: 3 S.R.N.; 2 Assistant Nurses; 6 other whole or part-time Nurses.

Medical Staff: Dr. J. M. S. Knott (visiting Consultant Physician).
A local General Practitioner is on call.

LENGTH OF STAY: One week or more as required.

ROUTINE AND RECREATION: The patients rise between 8 and 10 a.m. and retire between 8 and 9 p.m. They may have breakfast in bed if they wish during the first week. The lounge is equipped with television. There is also a quiet room.

Visiting Day: Any day 2.30 p.m. to 7 p.m. (No shill any condition).

Visiting Day: Any day, 2.30 p.m. to 7 p.m. (No children under 12 allowed to visit).

**RECEIVING DAY:** Monday, Tuesday and Friday.

**STATION:** Petersfield. From Waterloo via Guildford, and from Portsmouth. No. 24 bus (Aldershot and District) passes the Home and leaves Petersfield station daily each hour on the hour. Return journey from the Home at 30 minutes past each hour. Southdown express coaches (Victoria-Portsmouth) will stop at the gates.

GENERAL: Fairly modern building on high ground standing back from the main A3 London-Portsmouth road in  $7\frac{1}{2}$  acres of gardens and woodland with beautiful country views. About 25 miles from Portsmouth.

APPLICATIONS: to the Matron (Miss D. K. Cook, S.R.N., S.C.M.), Monday to Friday between 10 a.m. and 12 noon by phone.

# RUSTINGTON CONVALESCENT HOME FOR MEN

# LITTLEHAMPTON, SUSSEX.

(Rustington 3368)

Governors: The Worshipful Company of Carpenters.

**PATIENTS:** Men aged 16–70+. General convalescence to enable patient to resume his employment.

Ineligible: Normal exclusions. Severe heart cases. Asthma (from 1st Oct.-1st May). Bronchitis (from 1st Oct.-1st May).

**RELIGION**: Undenominational.

BEDS: 57, in 2 to 6 bed wards. Some single rooms. A lift should be available from March, 1969.

TREATMENT: No treatments. Gastric diets. Simple post-operative dressings.

STAFF: Nursing Staff: Matron, Deputy Matron and Nursing Sister. 3 in all. (S.R.N.) Medical Staff: Dr. P. Owen (visiting).

**LENGTH OF STAY:** 2 weeks, may be extended if recommended by Medical Officer of the Home.

**ROUTINE AND RECREATION:** The patients rise for breakfast at 8 a.m., and retire by 9.30 p.m. They may rest on their beds during the afternoon if they so wish. No form of domestic work is expected of them.

Recreation under Matron's supervision. Separate recreation room for billiards, table tennis, bowls and putting green.

Visiting Day: Any day, 2 to 4 p.m.

CHARGES: £5 5s. 0d. per week.

**RECEIVING AND DISCHARGE DAY:** Wednesday.

**STATION:** Littlehampton, 2.25 p.m. train from Victoria. Patients are met at Littlehampton Station with a car.

GENERAL: The Home stands in its own grounds of 9 acres facing the sea.

APPLICATIONS: to the Secretary, The Rustington Convalescent Home, Carpenter's Hall, 1 Throgmorton Avenue, London, E.C.2. (01-588-1347).

N.H.S. patients: to the S.W. Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London, W.2 (AMBassador 8011).

# THE RAILWAY CONVALESCENT HOME, "SHOTTENDANE"

#### SHOTTENDANE ROAD, MARGATE, KENT.

(Thanet 23761)

PATIENTS: Railwaywomen of working age who subscribe to the Railway Convalescent Homes. Wives of railwaymen, provided the husband is of working age and subscribes to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date and 3 years following redundancy.

**Ineligible:** Bed cases. All cases requiring constant nursing care and those unable to climb stairs.

**RELIGION**: Undenominational.

BEDS: 28, in wards containing 2 to 3 beds. Hot and cold water in all wards.

TREATMENT: No treatments or diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: Asst./Relief Matron (S.R.N.)

Medical Staff: Dr. T. J. Paterson (visiting).

LENGTH OF STAY: 4 weeks maximum.

**ROUTINE AND RECREATION:** Patients rise at 7 a.m. and retire at 10 p.m. All patients are expected to be in grounds by 9.30 p.m. No domestic work is done by the patients.

There is a supply of games—darts, table tennis, piano and radio and television. Visiting Day: Every afternoon 2 to 4 p.m. by arrangement with Matron.

CHARGES: None.

RECEIVING DAYS: Tuesday and Thursday.

STATION: Margate, from Victoria. Conveyance arranged from and to the Station.

GENERAL: Large gardens supply fresh vegetables. Excellent grounds where patients may rest. The Home is within walking distance of the Promenade (approx. 1 mile). Bus to town is 20 minutes.

APPLICATIONS: to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96, High Street, Uxbridge, Middlesex. Telephone: Uxbridge 35567/8.

# PRINCESS LOUISE CONVALESCENT HOME

#### NAZEING, ESSEX.

(Nazeing (NN7) 3132)

**PATIENTS:** Women from 16 years of age, requiring general convalescence. Applications from patients over 70 will be carefully considered, but the number accepted for admission has to be restricted. Stabilised diabetic patients, those having gastric diets, and surgical patients requiring simple dressings.

**Ineligible:** Bed cases, epileptics, chronic bronchitics and asthmatics, patients with congestive heart failure and those having anti-coagulant treatment.

**RELIGION**: Undenominational.

BEDS: 20. All on ground floor. Cubicled, in two dormitories, no private rooms.

TREATMENT: See under "Patients" above.

**STAFF:** Assistant Matron, Deputy Sister, S.R.N., Part-time Staff Nurse, Auxiliary Nurse, 2 Ward Orderlies.

Medical Staff: Dr. F. Beilby (visiting)

LENGTH OF STAY: Two weeks, but longer if particularly requested by the Doctor.

**ROUTINE AND RECREATION:** Patients rise at 7.30 a.m. and retire at 9.30 p.m. One hour's rest in the afternoon or as required. There is television and an organised social evening once weekly.

Visiting Day: Daily from 2.00 to 4.00 p.m.

**RECEIVING DAY:** Wednesday, or by arrangement.

**DISCHARGE DAY:** Discharges normally take place also on Wednesday, but they may be arranged for Saturday or Sunday in certain circumstances.

STATION: Broxbourne from Liverpool Street. There is a bus from the Station (No. 327) direct to the Home on Monday to Saturday. The only bus on Sunday is No. 393, which leaves the Station at 12.42 p.m. and 2.42 p.m. only. For patients requiring transport, orders should be given to the local Ambulance Authority, who make convoy arrangements.

**GENERAL:** It is a bungalow-type Home with small garden and terrace overlooking countryside, but not near the sea. The drive in is a steep slope leading from the road to the front door, and this may limit some patients to the actual precincts of the building and terrace.

**APPLICATIONS:** to the Senior Medical Social Worker, The Prince of Wales General Hospital, The Green, Tottenham, N.15. (01-808-0303).

# NETLEY CASTLE CONVALESCENT HOME

# NETLEY ABBEY,

#### NEAR SOUTHAMPTON,

HANTS.

SO<sub>3</sub> 5FA

(Hamble 2257)

PATIENTS: Men aged 16-70. Surgical post-operative and medical.

Ineligible: Bed cases. Colostomies. Patients who are unable to manage stairs.

**RELIGION**: Undenominational.

BEDS: 45, in rooms containing 3-4 beds and one with 6 beds.

TREATMENT: Gastric diets. (Stage III only). All minor dressings and treatments.

STAFF: Sister in Charge.

Nursing Staff: 7, including Registered and Enrolled Nurses.

Medical Staff: Dr. C. C. Bamber (visiting).

**LENGTH OF STAY:** Average 2-3 weeks.

ROUTINE AND RECREATION: There is a set daily routine—breakfast 8.15 a.m. and patients retire at 10 p.m. Patients are allowed out at any time, but are expected to be in to main meals. Billiards and equipment for indoor and outdoor games are available. Library facilities by arrangement with Administrative Officer.

Visiting Day: Any day 2 p.m. to 8 p.m.

RECEIVING DAY: Monday, or other days by arrangement.

DISCHARGE DAY: Monday (Fortnightly) or Saturday/Sunday by arrangement.

STATION: Netley, from Waterloo. Change at Southampton Station. Bus from Netley Station to Convalescent Home. Patients are met at Southampton on Mondays at 1.12 p.m.

GENERAL: The Home is a converted Elizabethan Castle centrally heated throughout, overlooking Southampton Water, commanding views of the New Forest, The Solent, Isle of Wight, etc. The grounds are extensive, with considerable water frontage.

**APPLICATIONS:** to the Administrative Officer.

# MEATH SCHOOL

#### BROX ROAD. OTTERSHAW, NEAR CHERTSEY. SURREY

(Ottershaw 302)

Parent Society: The Invalid Children's Aid Association.

PATIENTS: Boys aged 8 to 12. Asthma, mild bronchiectasis, other non-infectious

chest cases.

Ineligible: Boys deemed maladjusted or educationally sub-normal.

**RELIGION:** Undenominational.

**BEDS:** 32

TREATMENT: Physiotherapy.

STAFF: Chief Resident Officer: Headmaster, R. V. Thomas.

Nursing Staff: Matron, R.S.C.N., Assistant Matron, S.E.N., 1 assistant

Nurse, Night Nurse.

Medical Staff: Dr. S. J. R. Macoun, M.R.C.P., M.R.C.S. (visiting Con-

sultant Paediatrician).

Dr. C. E. McQuade, M.B., F.R.C.S., (School Medical Officer).

LENGTH OF STAY: According to medical necessity; normally a minimum stay of one year. (School holidays spent at home).

STATION: Woking, from Waterloo.

ROUTINE AND RECREATION: The boys get up at 7.30 a.m. Lights out at 8.15 p.m. The curriculum is planned to provide a wide variety of interests; and, in addition to the basic subjects, includes drama, art and various crafts. Cub Pack. School for  $4\frac{1}{2}$  hours daily.

Visiting Day: By arrangement with the Headmaster.

CHARGES: Payable by Local Education Authorities.

GENERAL: The School stands in 8 acres of garden and woodland. Swimming pool.

RECEIVING DAY: Normally at the beginning of the school term.

DISCHARGE DAY: Normally at the end of the school term.

APPLICATIONS: to the General Secretary, The Invalid Children's Aid Association. 126, Buckingham Palace Road, London, S.W.1. (01-730-9891).

# **MOOR HOUSE SCHOOL**

#### HURST GREEN, OXTED, SURREY.

(Oxted 2271/2)

Recognised by the Department of Education and Science.

**PATIENTS:** Boys and girls aged 8-16 years, of normal intelligence, suffering from severe speech and language disorders.

Suitability for admission is investigated by the Consultant Neurologist, Educational Psychologist, Speech Therapists and Educationalists. When necessary cases are referred to a Consultant Plastic Surgeon, an Orthodontist or other Medical Specialists.

Ineligible: Normal exclusions: Stammerers. Educationally sub-normal children. Severely spastic cases. Seriously maladjusted children.

**RELIGION:** Undenominational.

**BEDS:** 61

**MEDICAL:** Specialist Medical consultations as required. Routine medical attention. Resident S.R.N. Intensive speech therapy, each child being given several sessions a week.

STAFF: Chief Resident Officer: Headmaster, Mr. F. W. Flaherty Consultant Neurologist: Dr. F. Clifford Rose, M.B., M.R.C.P., D.C.H.

**RECEIVING DAY:** New entrants will normally be received on the second day of the Terms commencing in January, April and September.

**EDUCATION:** Children receive suitable special education.

**RECREATION:** This is organised by a team of Houseparents under the guidance of a trained Housefather. Playing field and grounds,  $6\frac{1}{2}$  acres overall. **Visiting days:** Most weekends during term.

CHARGES: Payable by local Education Authorities.

LENGTH OF STAY: As required for satisfactory treatment.

**STATION:** Hurst Green from Victoria or London Bridge. Thence 5 minutes to Moor House.

GENERAL: An enlargement programme was completed in the summer of 1960 whereby accommodation was increased to 61 children. The John Horniman School, Worthing is a preparatory school for Moor House.

APPLICATIONS: to the Headmaster at the School.

#### **CROFT ANNEXE**

(THE LONDON HOSPITAL)

# CHURCH ROAD, SOUTH PARK, REIGATE, SURREY.

(Reigate 42067)

Patients taken from the London Hospital only or by arrangement from the North East Metropolitan Regional Board if vacancies permit.

**PATIENTS:** Women and girls over 12. Medical and surgical cases. No diets. Patients must be fully ambulant as there is not a lift.

**RELIGION**: Undenominational.

BEDS: 19, in 4 wards. No ground floor rooms.

TREATMENT: Some Physiotherapy. Occupational Therapy given. Small dressings.

STAFF: Chief Resident Officer: Sister-in-Charge (S.R.N.).

Nursing Staff: Trained Nurses and Pre-Training Students. Nursing Auxiliaries.

Medical Officer: Dr. D. Aldridge (Medical Officer in Charge).

LENGTH OF STAY: Normal (maximum, 1 month).

ROUTINE AND RECREATION: The patients are called at 7 a.m. with tea, and have breakfast at 8 a.m. They retire at 8 p.m. Breakfast in bed is provided, winter time only. No school. There is television in the patients' sitting-room. There is a plentiful supply of books.

Visiting Days: Daily by arrangement with the Sister-in-Charge.

RECEIVING & DISCHARGE DAYS: Friday and Tuesday.

STATION: Redhill, from Victoria or London Bridge. Patients are brought from the London Hospital by ambulance. A bus runs from the station to near the Home.

GENERAL: An old-fashioned but well adapted house, with a good view and a large garden.

# CATHARINE HOUSE FOR GENTLEWOMEN

#### 57, CHURCH ROAD, ST. LEONARDS-ON-SEA, SUSSEX.

(Hastings 419)

PATIENTS: Professional gentlewomen. General convalescence. Rest.

Ineligible: Normal exclusions; bed cases and cases requiring night attention.

**RELIGION:** Undenominational.

BEDS: 20 single rooms, 7 on ground floor. All rooms have hot and cold water.

TREATMENT: No specialised treatments, diets or dressings.

STAFF: Chief Resident Officer: Lady Superintendent.

Nursing Staff: 1 Sister (S.R.N.); and 1 Assistant Nurse. (Retd. S.R.N.)

Medical Staff: Dr. Anne Beattie (visiting).

LENGTH OF STAY: Usually 2 or 4 weeks, extended in special circumstances.

ROUTINE AND RECREATION: Breakfast in bed every day. Patients are expected to make their beds and keep their rooms tidy if they are well enough to do so. Television, piano, wireless. Ample sitting-rooms.

Visiting Day: Any day from 11.0-12.30 and 3.30-6.30. Teas 1/6 each visitor.

CHARGES: All single rooms £9 9s. 0d. per week. Patients also pay for personal laundry, medicine, and extra milk; all rooms have slot meters for gas or electric fires.

RECEIVING DAYS: Monday or Tuesday. Hospital cases any day as arranged.

**STATION:** St. Leonards, Warrior Square, from Victoria or Charing Cross. The house is near the station and patients are met if necessary.

**GENERAL**: A very comfortable old-fashioned house, standing high and not far from the shore.

**APPLICATIONS:** to the Lady Superintendent at the Home, who will send an application form which requires a medical and social recommendation.

### HERTFORDSHIRE SEASIDE CONVALESCENT HOME

#### ST. LEONARDS-ON-SEA, SUSSEX.

(Hastings 553)

PATIENTS: Men and women over 14 years old. Priority for residents of Hertfordshire, but patients are accepted from elsewhere. General convalescence. Ambulant plasters. Subject to the absolute discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage.

Ineligible: Bed cases. Colostomies.

**RELIGION**: Undenominational.

BEDS: 48. Wards of 3 to 8 beds. 7 double rooms. 4 single rooms.

TREATMENT: No treatments or dressings. Simple gastric diets. There is a lift.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Assistants: 2 Sisters (S.R.N.)
Medical Staff: Visiting doctor.

**LENGTH OF STAY**: Up to 19 days.

**ROUTINE AND RECREATION:** There is a supply of indoor and garden games, and a library. Billiards room. Television, wireless.

Visiting Day: Any day.

CHARGES: £8 8s. 0d. to £10 10s. 0d. according to accommodation.

**RECEIVING DAY:** Monday.

DISCHARGE DAY: Saturday.

STATION: West St. Leonards, from Charing Cross. The station is very near the Home.

GENERAL: A very pleasant building with a sun lounge, central heating etc., in prominent position with a fine view over the sea. Recent modernisation to a very high standard. Standing in its own grounds and situated on a bus route. A telephone box is available for patients.

APPLICATIONS: to the Matron at the Home.

# QUEEN CHARLOTTE'S AND CHELSEA HOSPITALS CONVALESCENT HOME

# 119-121, WEST HILL ROAD. ST. LEONARDS-ON-SEA, SUSSEX.

(Hastings 1217)

**PATIENTS:** Women who require convalescence following in-patient treatment for gynaecological disorders.

Ineligible: No gynaecological conditions are ineligible, but some patients with other conditions as well cannot be dealt with successfully. In case of doubt enquiries should be addressed to the Matron of the Home.

**RELIGION**: Undenominational.

**BEDS**: 40.

**TREATMENT:** Normal post-operative treatments.

STAFF: Chief Resident Officer: Matron (S.R.N.)

Nursing Staff: 7 S.R.N. or Assistant Nurses.

Medical Staff: Dr. W. Hoadley Gabb (visiting).

LENGTH OF STAY: 2 weeks.

ROUTINE AND RECREATION: No domestic work is expected of the patients.

Visiting: Any day at any reasonable time.

RECEIVING DAYS:

DISCHARGE DAYS:

Mondays and Thursdays.

STATION: Warrior Square, Hastings, from Charing Cross.

**GENERAL**: This is a well-equipped Convalescent Home with delightful garden overlooking the sea. Adequate "sitting-out" accommodation.

**APPLICATIONS:** To the Matron at the Home.

# THE MENTAL AFTER CARE ASSOCIATION

#### CASTLE GLEN, CASTLE ROAD, SANDGATE, Nr. FOLKESTONE, KENT.

**PATIENTS:** Women suffering from some degree of mental disability. Normally long-stay but recuperative holidays also given.

**Ineligible:** Normal exclusions other than mental illness. Bed cases and those requiring nursing care or night time attention are also ineligible.

**RELIGION**: Undenominational.

**BEDS**: 33. 2-4 according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Three resident staff trained or experienced in Mental nursing.

Medical Staff: Visiting Physician.

LENGTH OF STAY: Recuperative holidays or indefinite long term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other amusements provided. Outside activities encouraged.

**CHARGES**:  $f_{1}$ 7 17s. 6d. per week.

**RECEIVING DAY**: Any week day.

**DISCHARGE DAY:** Any week day.

STATION: Folkestone Central—frequent trains from Charing Cross.

**GENERAL**: Large house and garden running down to the sea. Near main road to shops and other nearby resorts.

**APPLICATIONS**: To the Secretary, The Mental After Care Association, Eagle House, 110, Jermyn Street, London, S.W.1.

# HART'S LEAP CHILDREN'S HOME

#### SANDHURST, NEAR CAMBERLEY, SURREY.

(Crowthorne 2599)

PATIENTS: Boys and girls aged 2-8 years. General convalescence.

Ineligible: Normal exclusions. Bed cases. Hearts.

**RELIGION**: Undenominational.

BEDS: 30 in rooms containing 5-8 beds. None on ground floor. Isolation ward.

TREATMENT: Special diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: Sister (S.R.N.); 4 Nursery-trained Nurses; 4 Untrained;

1 Night Nurse.

Medical Staff: Dr. G. W. Hadfield (visiting).

Mr. A. A. Thurston, Dental Officer.

LENGTH OF STAY: According to medical advice.

ROUTINE AND RECREATION: The children get up at 7.30 a.m. and go to bed between 5.30 p.m. and 7 p.m. There is an hour's rest after lunch. Older children can attend the local school: children under 5 have a Montessori teacher in the home. There are plenty of toys, and a good garden in which to play.

Visiting Day: Saturday and Sunday. Matron writes once a week.

CHARGES: £8 8s. 0d. per week, but subject to revision.

RECEIVING DAY:

≻ Any time

DISCHARGE DAY:

**STATION:** Camberley, from Waterloo. Patients arriving in parties are met with a taxi for which the sender pays.

**GENERAL**: A fine house, standing in large wooded grounds in the country.

APPLICATIONS: Direct to Matron and through Medical Officer and Children's Officer of any London Borough and Hospital Medical Social Workers.

# PILGRIMS SCHOOL

FIRLE ROAD, SEAFORD, SUSSEX.

(Seaford 2697)

Parent Society: The Invalid Children's Aid Association.

**PATIENTS:** Boys from the ages of 12 to 16. Asthma. Other non-infectious chest conditions.

Ineligible: Boys deemed maladjusted or E.S.N.

**RELIGION**: Undenominational.

BEDS: 60 beds.

TREATMENT: Physiotherapy.

STAFF: Chief Resident Officer: Headmaster—I. J. Smith

Nursing Staff: Matron, S.E.N.; Assistant Matron; Night Nurse; Male

Supervisor.

Medical Staff: Dr. Leslie G. Scott, M.D., M.R.C.P., (visiting Consultant

Paediatrician).

Dr. C. H. C. Thomas, (School Medical Officer).

**LENGTH OF STAY:** According to medical necessity; normally a minimum stay of one year. (School holidays spent at home).

ROUTINE AND RECREATION: The boys get up at 7.30 a.m.; lights out at 8.45 p.m. The curriculum is planned to provide a wide variety of interests, and in addition to the basic subjects, includes drama, art and various crafts. Well equipped modern woodwork room. Graded physical training and outdoor sports help the boys towards increased self-confidence and build up a sense of security and of well being. Scout troop.

School for 4½ hours per day—additional study hours for G.C.E. candidates ('O'

level). R.S.A. examinations also taken.

Visiting Day: By arrangement with the Headmaster.

**CHARGES:** Payable by Local Education Authority.

**RECEIVING DAY:** Normally at beginning of school term.

**DISCHARGE DAY:** Normally at the end of the school term.

STATION: Seaford from Victoria.

**GENERAL:** Situated high on the Downs above Seaford with 8 acres of playing space, it is ideally placed for its purpose. The majority of the boys are asthmatic and, in treating them, the emphasis is on normality. Swimming pool.

**APPLICATIONS:** to the General Secretary, The Invalid Childrens' Aid Association, 126, Buckingham Palace Road, London, S.W.1. (01-730-9891).

# BRITISH LEGION CHURCHILL COURT CONVALESCENT HOME

#### KIPPINGTON ROAD, SEVENOAKS, KENT.

(Sevenoaks 52018)

PATIENTS: Ex-Service men and women. General convalescence. Hearts.

Ineligible: Normal exclusions; bed cases; bronchiectasis. (See British Legion Application Form for details).

**RELIGION:** Undenominational.

BEDS: 30 for men, 10 for women; 2 wards for men on ground floor. Wards vary from 2 to 7 beds. There is a lift.

TREATMENT: Physiotherapy can be arranged at a clinic in Sevenoaks. Light diets. Simple dressings.

STAFF: Chief Resident Officer: Manager.

Nursing Staff: Sister.

Medical Staff: Dr. Dudley E. Yarrow (visiting).

**LENGTH OF STAY:** Usually 2 weeks.

ROUTINE AND RECREATION: Patients get up at 8 a.m. and lights out is at 10.30 p.m. Patients are expected to make their own beds.

Billiards, table tennis, croquet, miniature golf, bowls, television.

**CHARGES:** Free. Borne by British Legion. Other Service Funds, etc., are asked to contribute towards cost of maintenance.

**RECEIVING DAY:** Thursday. 2 p.m. to 4.30 p.m.

**DISCHARGE DAY:** Thursday. 9 a.m. to 11.30 a.m. (or Wednesday p.m. if more convenient.

STATION: Sevenoaks, from Charing Cross or London Bridge. Patients met at station.

GENERAL: A modern house in the country with a large garden. Comfortably equipped.

APPLICATIONS: through Local Service Committees of the British Legion. (Addresses available at Local Post Offices). Medical Social Worker by telephone to B.L.H.Q. (Service Dept.) Whitehall 8131.

### DEDISHAM CONVALESCENT NURSERY HOME

#### SLINFOLD, NR. HORSHAM, SUSSEX.

(Slinfold 257)

**PATIENTS**: Children aged 2-7, babies 0-2. General convalescence. Long-term cases preferred. Plasters.

Ineligible: Normal exclusions. Hearts. Bed cases. Epilepsy.

**RELIGION:** Undenominational.

BEDS: 32, for 2-7 year olds. 16 for 0-2 year olds. Isolation wards provided.

TREATMENT: Simple treatments. Special diets provided. Simple dressings.

STAFF: Chief Resident Officers: Matron S.R.N., R.S.C.N. and Deputy Matron,

S.R.N, R.S.C.N.

Nursing Staff: 1 Nursery School Warden; 2 R.S.C.N; 4 N.N.E.B.;

14 Student Nursery Nurses; 8 Nursery Assistants.

Medical Staff: Dr. H. M. Kelsey, M.B., B.S., M.R.C.S., (visiting);

Dr. S. L. Henderson, B.A. (Oxon), M.R.C.S., L.R.C.P.,

(visiting).

Dental: Mr. P. B. Morrell, L.D.S., R.C.S., (visiting).

**LENGTH OF STAY:** As recommended by the Medical Officers.

ROUTINE AND RECREATION: The children are placed in four family groups and get up at 7.30 a.m. and go to bed at 6 p.m. Slight variations are made in the time, according to age. There is a compulsory rest in the afternoon. There is a supply of indoor games and a large garden with climbing frames, slides, etc. Children of school age attend the Slinfold Primary School if fit enough.

Visiting: Every day between 10 a.m. and 6 p.m. Parents are particularly requested not to bring other children.

CHARGES: Payable by Local Authority, for children of 2-7, £12 12s. 0d. + 5/clothing allowance. For 0-2 year olds, £14 14s. 0d. + 5/- clothing allowance.

RECEPTION AND DISCHARGE: Any day by arrangement.

STATION: Horsham, from Victoria, Waterloo or London Bridge. Buses Nos. 33 and 50 run from Horsham Station—passing the end of the drive. Dedisham is situated on the Horsham to Guildford main road.

GENERAL: The Home faces south and has an open view over fields. The Baby Wing has its own isolation wards.

**APPLICATIONS**: to the Matron.

# **DAVID SALOMON'S HOUSE**

# (CONVALESCENT HOSPITAL FOR WOMEN) SOUTHBOROUGH,

NR. TUNBRIDGE WELLS, KENT.

(Tunbridge Wells 29171)

**PATIENTS:** Women from Hospitals in the South East Metropolitan area and from other London areas when vacancies permit. Medical (including three cardiac patients) and surgical cases. Plasters and long-term orthopaedic cases chiefly from local hospitals. Some bed cases are admitted.

Ineligible: Normal exclusions. Asthmatics. Epileptics.

(Note: Most beds are above ground floor and there is no lift).

**RELIGION**: Undenominational.

**BEDS**: 70, in wards containing 2–9 beds, with the exception of one big ward of 16 beds for Orthopaedic patients. One ward containing 3 beds on the ground floor for cardiacs.

TREATMENT: Physiotherapy. Gastric and other simple diets. All dressings.

STAFF: Chief Resident Officer: Matron (S.R.N., S.C.M.).

Nursing Staff: 5 Sisters S.R.N.;

1 Staff Nurse S.R.N.

3 Assistant Nurses S.E.N.

Medical Staff: Mr. J. Mayer, F.R.C.S. (visiting Orthopædic Consultant).

Dr. L. J. Bailey.

**LENGTH OF STAY:** Normally 2-3 weeks, can be extended at the discretion of the visiting Medical Officer.

**ROUTINE AND RECREATION:** Patients make their own beds if fit enough to do so, but are not required to do any other form of domestic work unless they wish. They are encouraged to rest during the afternoon and to be outside as much as possible.

There is a library and television.

Visiting: Daily 2 p.m. to 6 p.m. for convalescent patients. For Orthopædic patients in special ward, visiting daily 2 p.m. to 4 p.m. and 7 p.m. to 8 p.m. Other times by arrangement with Matron.

**RECEIVING DAY:** Any weekday, except Saturday and Sunday.

STATION: Tonbridge from Charing Cross. Green Line coach to Tunbridge Wells coach depot. Patients can be met there, or at Tonbridge station (48 hours' notice to be given).

**GENERAL:** The Hospital is a large country mansion, with 36 acres of grounds, about a mile from Southborough. There is a frequent bus service from the end of the road to the nearby towns. (1 mile).

**APPLICATIONS:** to the Matron.

# **WORDSWORTH HOUSE**

#### SWANAGE, DORSET.

(Swanage 2577)

PATIENTS: Women.

Ineligible: Normal exclusions.

**RELIGION**: A Church of England Home, but members of other denominations accepted.

**BEDS**: 13 Single rooms, 8 double rooms, 2 three bedded rooms, 9 cubicles (6 in one room and three in the other).

TREATMENT: No diets.

**STAFF**: No nursing staff.

LENGTH OF STAY: As recommended.

ROUTINE AND RECREATION: Breakfast 9 a.m. Lunch 1 p.m. Supper 6.30 p.m. (Except on Sundays when it is High Tea at 5.30 p.m.) Visitors are expected to make their own beds. Television Room, well stocked library, radio.

**Visiting Day**: Visiting at any time.

CHARGES: \*Single and double rooms £7 0s. 0d.-£7 10s. 0d.\* per week according to season and room. £6 0s. 0d. per week cubicle accommodation. There is a 10% 'height of the season' surcharge from 1st July to mid-September.

RECEIVING DAY: Saturday from May to October, any week day at other times of the year.

**STATION:** Swanage from Waterloo. Coach from Victoria to Bournemouth and then No. 7 bus to Swanage.

GENERAL: Wordsworth House, built in 1908, is situated the Durlston side of Swanage. Partial central heating. Hot and cold water in all rooms. There is a private chapel within the building, and guests are invited to attend daily prayers and occasional services taken by the Clergy. Early tea and hot drinks at night are available at a small extra charge. Buses from the pier—No. 104—stop outside the house. House closed during October for staff holidays.

APPLICATIONS: to the Warden, Wordsworth House, Swanage.

# SPELTHORNE ST. MARY

#### THORPE, NR. EGHAM. SURREY.

(Chertsey 3112)

Owners: Community of St. Mary the Virgin, Wantage.

**PATIENTS:** Women alcoholics and drug addicts.

**Ineligible**: Any other type of case.

**RELIGION:** Church of England, but any denomination received.

**BEDS**: 55, 39 being in single rooms and the remainder in double rooms.

**TREATMENT**: Treatment according to the nature of the case. Occupational therapy; Group-therapy.

STAFF: Chief Resident Executive Officer: Sister Superior.

Nursing Staff: 3 S.R.N. Sisters of the Community; 1 S.R.N. and 1 S.E.N.

Medical Staff: A resident doctor—Sister of the Community.

Dr. S. J. Poots (visiting Physician).

Dr. C. Harris

Dr. M. M. Glatt (Consultant Psychiatrists).

**LENGTH OF STAY:** At Doctor's discretion. Ordinarily 6 months.

ROUTINE AND RECREATION: Breakfast 8 a.m. Lights out 10.30 p.m. Meals in bed as necessary. A graded programme of occupation, rest and recreation is provided according to individual needs. Training facilities in Crafts, Gardening and Cooking. There is a hard tennis-court, croquet and miniature golf; T.V., a radiogram and a good library both of books and records; expeditions are arranged to places of interest.

CHARGES: £8 8s. 0d. per week (double rooms) and from £12 12s. 0d. to £21 0s. 0d. per week (private rooms).

RECEIVING DAY:

- Any day.

DISCHARGE DAY:

STATION: Virginia Water or Egham nearest, but bus service only from Staines. (All stations from Waterloo).

**GENERAL**: The house stands in 22 acres of parkland.

APPLICATIONS: to the Sister Superior at the Home.

# ST. CATHERINE'S HOME

#### GROVE ROAD, VENTNOR, ISLE OF WIGHT.

(Ventnor 722/723)

**PATIENTS:** Boys aged 5-13 years; girls aged 5 to 11 years on admission. General convalescence. Bronchitis. Post-operative convalescent chest cases. Asthma and Eczema. Long term debility. Malnutrition. Fibrocystics.

Ineligible: Normal exclusions. Bed cases.

**RELIGION:** Church of England.

**BEDS**: 157 in wards containing 2-16 beds. Some on ground floor.

**TREATMENT**: As required. Remedial exercises and breathing exercises for Asthma Physiotherapy where necessary. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge.

Nursing Staff: 3 S.R.N., 2 S.E.N., Remedial Gymnast and suitably trained Staff.

Medical Officer: Dr. E. F. Burndred.

**LENGTH OF STAY:** Minimum 6 months.

**ROUTINE AND RECREATION:** The children rise at 7.30 or 8 a.m. and go to bed between 6.30 and 8 p.m., according to age. There is a one-hour rest in the afternoon. School holidays: Saturday and Sunday.

The Home has a library as well as a supply of indoor games. There are also football and cricket pitches, and troops for Scouts and Cubs and Brownies.

Visiting Days: Saturday and Sunday, once a month or by arrangement with Sister-in-Charge.

CHARGES: Payable by Local Education Authority.

**RECEIVING DAY:** Termly or during term if vacancy available.

STATION: Regular train services operate between Waterloo and Portsmouth, and connect with the boats from Portsmouth Harbour to Ryde Pier Head. From Ryde Pier the journey is continued by train to Shanklin and by bus to Ventnor, or by bus from Ryde Esplanade to Ventnor.

**GENERAL:** The Home, which was built in 1895, has since been modernised. It stands 250 feet above sea-level and is sheltered from the north by St. Boniface Down. It faces south, and has large grounds.

**APPLICATIONS:** to the Sister-in-Charge.

### SAMUEL LEWIS SEASIDE CONVALESCENT HOME

# NAZE PARK ROAD, WALTON-ON-NAZE,

ESSEX.

(Frinton-on-Sea 5627) 02556

PATIENTS: Jewish men and women. General convalescence. Subject to the absolute discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage.

Ineligible: Normal exclusions; bed cases.

RELIGION: Jewish. The Home has its own Synagogue.

BEDS: 86, in wards of 1-12 beds. Some ground floor rooms. There is a lift.

TREATMENT: Simple medical treatment. Diets. Simple dressings.

STAFF: Chief Resident Officer: Matron, S.R.N.

Nursing Staff: 5 S.R.N., 7 Auxiliaries.

Medical Officer: Dr. W. R. Kynan (visiting).

LENGTH OF STAY: 2-4 weeks.

ROUTINE AND RECREATION: Indoor games are provided. Radio, T.V. and miniature golf.

Visiting Day: Monday, Wednesday, Thursday and Sunday 2 p.m. to 5 p.m.

CHARGES: Through Divisional Medical Officers for recuperative holidays. N.E. Metropolitan R.H.B. for convalescent cases. Private patients by arrangement.

**RECEIVING AND DISCHARGE DAY:** Tuesday.

**STATION:** Walton-on-Naze, from Liverpool Street. Patients are conveyed from London by coach.

**GENERAL**: The Home which was built about 50 years ago has since been modernised and faces the sea.

APPLICATIONS: to Divisional Medical Officers for recuperative holidays; to N.E. Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London W.2 (01-262-8011) for convalescence. Other patients to Jewish Welfare Board, Homes Administration Dept., Lionel Cohen House, 74a, Charlotte Street, London, W.1. (01-636-1644).

### **LULWORTH COURT**

#### CHALKWELL ESPLANADE, WESTCLIFF-ON-SEA ESSEX.

Parent Society: Queen Elizabeth's Foundation for the Disabled.

PATIENTS: Severely disabled men and women over 16.

**Ineligible:** Those suffering from mental disorders, infectious or contagious diseases, those who are senile and/or liable to make a distubance at night, and those who are bedridden.

**RELIGION:** Undenominational.

BEDS: 20. In rooms with 3 to 6 beds.

TREATMENT: Full nursing care.

STAFF: Chief Resident Officer: Superintendent, S.R.N.

Nursing Staff: 1 S.R.N., 6 Assistant Nurses or as required.

Medical Staff: Visiting doctor.

LENGTH OF STAY: Approximately 2 weeks

ROUTINE AND RECREATION: Breakfast in bed. Any special instructions observed. Large sitting room overlooking sea front; colour T.V.; trolley shop. Outings and entertainments arranged.

CHARGES: Approximately £11 0s. 0d. per week.

**RECEIVING DAY:** Late afternoons five times weekly.

DISCHARGE DAY: Mornings five times weekly.

STATION: Westcliff-on-Sea.

GENERAL: On the sea front in a residential area, close to Southend-on-Sea. The house is specially adapted for the severely disabled an there is a lift to take patients in standard sized wheelchairs to first floor and 3 bedrooms. One ground floor bedroom.

Visiting Day: Any day.

APPLICATIONS: to Miss M. P. Hurn, Holiday Organizer, Queen Elizabeth's Foundation for the Disabled, Leatherhead Court, Leatherhead, Surrey, (Oxshott 2204).

#### CHEYNE HOSPITAL

#### WOODLAND WAY, WEST WICKHAM, KENT.

(SPRingpark 1955)

**PATIENTS**: Patients from one month to 10 years old suffering from all types of long term illnesses, orthopaedic, medical and incurable, requiring treatment and schooling.

Ineligible: Mentally handicapped and diabetic patients.

**RELIGION**: Undenominational.

BEDS: 60. All wards on the ground floor. All beds can be wheeled on to open terraces.

**TREATMENT:** Treatment and diets as recommended by Consultants. Full physiotherapy service. Hydrotherapy Unit.

STAFF: Sister in charge, with supporting nursing staff, responsible to Senior Nursing Officer, Children's Area, Bromley Group of Hospitals.

Medical Staff: Full consultant, paediatric, cardiological and orthopaedic and dental service.

LENGTH OF STAY: Normally 3 months, no limit.

ROUTINE AND RECREATION: T.V., radio and record players in all wards. Film shows and car rides regularly. Cub and Brownie packs. Sunshine coach, roundabout, and large well-equipped playroom.

**EDUCATION:** Special schoolrooms, 3 teachers. General subjects and handicrafts up to and including 11 plus.

Visiting: Every day from 3 to 6.30 p.m. and at other times by arrangement. Children go home for weekends and school holidays if suitable.

**STATION:** To East Croydon from Victoria or Waterloo then bus 119 to Woodland Way, or West Wickham from Charing Cross.

**GENERAL**: The hospital is pleasantly situated in 12 acres of grounds.

APPLICATIONS: to the Sister-in-Charge at the Hospital.

## THE MENTAL AFTER CARE ASSOCIATION

#### ROYAL OAK HOUSE, 9/11, EGBERT ROAD, WESTGATE-ON-SEA, KENT.

PATIENTS: Women suffering from some degree of mental disability. Minimum age 45 years. Normally long-stay but recuperative holidays also given.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION**: Undenominational.

**BEDS**: 39. 1-5 according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Three resident staff trained or experienced in Mental nursing.

Medical Staff: Visiting Physician.

**LENGTH OF STAY**: Recuperative holidays or indefinite long term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other indoor amusement provided. Outside activities encouraged.

**CHARGES**:  $f_{s}$ 7 17s. 6d. per week.

**DISCHARGE DAY:** Any week day.

STATION: Westgate-on-Sea—frequent trains from Victoria.

GENERAL: Large house—one minute from the sea.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110, Jermyn Street, London, S.W.1.

### ST. CECILIA'S

#### WEST BAY, WESTGATE-ON-SEA,

KENT. Thanet (31461—Superintendent) (OTH3) (31409—Guests)

#### Parent Society: Musicians' Benevolent Fund

**PATIENTS:** Professional musicians, both men and women, needing a recuperative rest or convalescence after illness. Members of other professions (not over 70 years of age) accepted when accommodation is available.

Ineligible: Normal exclusions, coronaries, most heart conditions, colostomies, bronchial or asthmatic conditions and all cases requiring diets or nursing.

**RELIGION**: Undenominational.

BEDS: 21 singles in 15 rooms, 6 of which are on the ground floor.

TREATMENT: None. No diets. (In general, set meals are planned on a low starch—high protein basis).

STAFF: Chief Resident Officer: Lady Superintendent. Medical Staff: Dr. R. G. Taylor.

**LENGTH OF STAY:** Normally 2 weeks: can be extended on medical recommendation when accommodation is available.

ROUTINE AND RECREATION: Early tea 8.0 a.m., breakfast 9.0 a.m., luncheon 12.30 p.m., dinner 6.0 p.m., hot drinks 8.0 p.m., house closed 10.0 p.m. Food cannot be served in bedrooms or between meal times. Piano, wireless, television, indoor games and library.

Visiting Day: Any day.

CHARGES: Musicians: £6 6s. 0d. per week from April to mid-October and £5 5s. 0d. per week from mid-October to March or according to circumstances.

Non-Musicians: £10 10s. 0d. per week April-October (inclusive). £8 8s. 0d. November-March; and this also applies to those coming through the Recuperative Holiday Scheme.

**RECEIVING DAY:** Wednesday. Guests are asked to write time of arrival to Superintendent.

**DISCHARGE DAY:** Wednesday.

STATION: Westgate-on-Sea, a few minutes' walk from the Home. Trains from Victoria at 40 minutes past each hour. 10.40 a.m. and 2.40 p.m. recommended.

**GENERAL**: The Home is a modern, well-planned building, on the seafront, and is very comfortably equipped. Hot and cold water in all bedrooms. Central heating.

APPLICATIONS: to the Director General, Musicians' Benevolent Fund, St. Cecilia's House, 16, Ogle Street, London W.1. (01-636-4481/2).

# ST. MICHAEL'S CONVALESCENT HOME

#### ELM GROVE, WESTGATE-ON-SEA, KENT.

(Thanet 31448)

Parent Society: The Deaconess Community of St. Andrew, 12, Tavistock Crescent, London, W.11 (BAYswater 2662).

**PATIENTS:** Women. General convalescence, for mobile patients. Subject to the absolute discretion of the Medical Officer and or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage. Elderly married couples can occasionally be accommodated.

**Ineligible:** Normal exclusions. Serious Hearts, including Coronary Thrombosis. Adrenalectomy. Chest conditions are given individual consideration, on application.

**RELIGION**: Church of England Home. Other denominations welcomed.

**BEDS**: 30. 18 in single rooms, remainder in curtained cubicles, 2 of which are on the ground floor.

**TREATMENT**: Very simple diets. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge.

Nursing Staff: 2 S.R.N.; 1 Assistant Nurse.

Medical Staff: Dr. J. D. Mathers and Dr. R. G. Taylor (visiting).

LENGTH OF STAY: Average 3 weeks. Maximum 6 weeks.

**ROUTINE AND RECREATION:** Early tea 8.0 a.m. Breakfast 9.0 a.m. No domestic work is expected of patients. Wireless, television and books are available. Patients may attend chapel daily.

Visiting Day: Any day.

CHARGES: From £8 8s. 0d. per week.

**RECEIVING DAY:** Monday afternoons.

**DISCHARGE DAY:** Monday morning.

**STATION**: Westgate-on-Sea, from Victoria. Patients travelling down on the 1.40 p.m. train are met by taxi at Westgate station.

**GENERAL:** The Home is a modernised Victorian building in an open position near the sea. Comfortably equipped, central heating.

APPLICATIONS: to the Sister-in-Charge at the Home.

# DANESWOOD CONVALESCENT HOME

#### ASPLEY HEATH WOBURN SANDS, NEAR BLETCHLEY, BUCKS.

(Official) Woburn Sands 3113 (Patients) Woburn Sands 2372

PATIENTS: Women and girls from 14-75 years of age. General convalescence.

Ineligible: Colostomies and Asthmas.

**RELIGION**: Undenominational.

BEDS: 50, in small wards, chiefly 2 or 4 bed wards. No ground-floor rooms or lift.

**TREATMENT:** As required. Physiotherapy can be arranged at Edgbury Hospital nearby. All diets and dressings provided.

STAFF: Chief Officer: Matron.

Nursing Staff: Trained nurses.

Enrolled nurses.

Nursing auxiliaries.

Medical Staff: Dr. G. Worden (visiting).

**LENGTH OF STAY:** 2 weeks, may be extended on recommendation of visiting doctor.

ROUTINE AND RECREATION: Patients rise and retire at varying times according to individual conditions. There are library facilities, fortnightly film shows, wireless, television, indoor and outdoor games. Also facilities for washing and ironing personal laundry.

Visiting Day: Every Afternoon.

**RECEIVING DAY:** Monday to Friday.

**DISCHARGE DAY:** Normally 14 days after admission, e.g. admitted on a Tuesday discharged on a Tuesday.

**STATION:** Woburn Sands. G.L.C. and Bucks. patients admitted on Tuesdays and Wednesdays.

**GENERAL**: Two-storied building standing on high ground, with attractive wooded district all round.

APPLICATIONS: to the Matron, Edgbury Hospital, Woburn Sands (Woburn Sands 2392).

# **KINGSBURY**

#### COLEY AVENUE, WOKING, SURREY. Church Army Short-stay Home.

(Woking 63304)

**PATIENTS:** Men and women over 60 years of age for holiday periods, or care and attention when relatives are away, post-hospital periods of rest and care.

Ineligible: Normal exclusions, lung diseases (including Asthma in advanced stages.) Incontinent cases.

RELIGION: Church of England, but non-Church of England are sometimes received.

**BEDS**: 24 cubicle rooms including 7 on the ground floor. One single room on the first floor and six single rooms on the ground floor.

TREATMENT: No treatment, but light Diets provided.

**STAFF:** Church Army Sister in charge, Assistant and Three General Assistants. **Medical Staff:** Doctor attends weekly or at request.

LENGTH OF STAY: Maximum 4 weeks, although extensions are allowed in special circumstances.

**ROUTINE AND RECREATION:** Visitors have breakfast at 9 a.m. Those who can are asked to make their own beds, which are equipped with modern interior spring mattresses, but this is undertaken for the more frail.

Visiting: Any day.

CHARGES: £7 2s. 2d. per week.

**RECEIVING DAY:** By arrangement with the Church Army Headquarters, Sunset Homes Department, to whom all applications should be made.

**DISCHARGE DAY:** By arrangement with C.A. Headquarters.

**STATION:** Woking.

**GENERAL:** The Home is centrally heated and well equipped; ten minutes' walk from Station.

APPLICATIONS: The Church Army Headquarters, Sunset Homes Department, P.O. Box 67., 185, Marylebone Road, N.W.1.

## ST. PETER'S CONVENT

#### MAYBURY HILL, WOKING, SURREY.

(Woking 61137)

**PATIENTS:** Women up to 70. Consideration is given to a limited number of patients over 70 who are genuinely convalescent and mentally alert. General medical and post-operative convalescence. Hearts.

Ineligible: Asthma, fits, (epileptic or other), infectious and skin diseases. Neurosis, cancer in advanced stage, or if liable to be offensive to others.

RELIGION: Anglican Community. (All denominations accepted).

**BEDS:** 47. First Floor: Large ward, 11 beds, Balcony ward 4 beds. 1 small private room. 11 single rooms for private long-term patients. Lift.

**Ground floor:** Large ward divided into 2, 6 beds each. 1 private room. Verandah ward 7 beds.

Verandah ward 7 beds.

TREATMENT: Simple medical treatments. Mild gastric diets. Simple dressings.

STAFF: Chief Resident Officer: Reverend Mother Superior.

Nursing Staff: Assistant Superior, S.R.N., 4 S.R.N., and 2 part time S.R.N.;

1 S.E.N.; 1 Dispenser,

Medical Staff: Mr. L. G. Higgins

Dr. Dalgleish

Dr. K. A. M. Moore

Dr. McKenzie

(visiting).

**LENGTH OF STAY:** Usually 2 weeks, but no fixed limit. Usual maximum 1 month.

**ROUTINE AND RECREATION:** All patients have breakfast in bed and retire before or after supper as desired. Afternoon rest if required.

Library, wireless, television. Convalescents allowed out to afternoon cinemas.

Visiting Day: Any day except Friday, 2 to 5 p.m.

CHARGES: Wards, £8 8s. 0d.; Private rooms from 10 guineas.

**RECEIVING DAYS:** Monday, before 12 noon.

**DISCHARGE DAY:** Normally Monday

STATION: Woking, from Waterloo, thence by Maybury Hill bus or taxi.

**GENERAL:** Built in 1883, the Convent stands on high ground facing 20 acres of ground.

**APPLICATIONS:** to the Admissions Sister of the Community of St. Peter at the Convent (with return postage).

N.H.S. patients: to the S.W. Metropolitan Regional Hospital Board, 40 Eastbourne Terrace, London, W.2.

# ST. JOHN'S OPEN AIR SCHOOL

# CHIGWELL CONVENT, WOODFORD BRIDGE,

ESSEX.

(BUCkhurst 1624)

Parent Society: The Sisters of the Sacred Hearts of Jesus and Mary.

**PATIENTS:** Boys aged 5–15. General convalescence. Hearts, chests, malnutrition. Bed cases. Long term. Asthma and Bronchiectasis.

Ineligible: Normal exclusions. Severely handicapped.

**RELIGION**: Roman Catholic. (All denominations accepted).

**BEDS**: 100 in wards containing from 6 to 18 beds. Some on ground floor. Self-contained isolation ward, 9 beds.

TREATMENT: Treatments. Breathing exercises. Postural drainage. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge.

Nursing Staff: 2 S.R.N.

Medical Staff: Dr. K. Perry (Consultant); Dr. Taylor (visiting).

School Staff: 5 Qualified Teachers.

LENGTH OF STAY: No limit.

ROUTINE AND RECREATION: The boys get up at 7.30 a.m. and go to bed between 7.30 and 8.45 p.m. according to age and health. There is compulsory rest for heart cases. Parents of non-Roman Catholic children are asked for permission if their children wish to attend Roman Catholic Services.

The Home has a library and there are plenty of facilities for indoor and outdoor games. Boys go out for swimming, shopping and walks.

Visiting Day: Second Sunday in the month, 2 to 5 p.m.

(Special consideration for parents as needed, especially for those who live far away). Boys go home for school holidays and for weekends during the term.

**CHARGES**: Payable by Local Education Authority.

RECEIVING DAY: No special day.

**DISCHARGE DAY:** End of term (normally).

STATION: South Woodford (Central Line). Then No. 10 bus, Abridge or Woodford Bridge. Patients are met at South Woodford Station by request.

GENERAL: An old Manor House, with the boys' block added in 1916, standing in its own grounds near Epping Forest.

**APPLICATIONS**: to the Sister-in-Charge of the Home.

# THE JOHN HORNIMAN SCHOOL

2, PARK ROAD, WORTHING, SUSSEX.

(Worthing 317)

Parent Society: The Invalid Children's Aid Association.

**PATIENTS:** Boys and girls aged 5-9 suffering from severe speech disorders. This school is a preparatory unit for Moor House School, Oxted, and selection of cases for admission will be undertaken by the Consultant Neurologist of Moor House School, Dr. Clifford Rose.

Ineligible: Normal exclusions. Primary stammers. Educationally sub-normal children. Severely spastic cases. Seriously maladjusted children.

**RELIGION:** Undenominational.

**BEDS**: 24.

**TREATMENT:** Speech Therapy. Specialist medical consultations. Routine medical supervision.

STAFF: Chief Resident Officer: Headmistress: Miss M. Palmer.
Senior Speech Therapist: Miss C. P. S. Griffith, L.C.S.T. Dip Aud.
Medical Staff: Dr. F. Clifford Rose (Visiting Consultant Neurologist).
Dr. D. Palmer, School Medical Officer.

**LENGTH OF STAY:** As required for satisfactory treatment or until of age for transfer to Moor House School, Oxted.

ROUTINE AND RECREATION: Children get up at 7.30 a.m. and go to bed between 6 and 7 p.m. School 5 hours daily. Intensive speech therapy according to individual needs. Children return home for all school holidays—four term year. Visiting Day: By arrangement with the Matron.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: Normally at the beginning of the Spring and Autumn terms.

DISCHARGE DAY: Normally at the end of the Christmas and Summer terms.

STATION: Worthing Central.

**GENERAL**: Built as a Convalescent Home for children by John Horniman Trustees about 1890. Entirely redecorated and modernised. Playground and lawn with sandpit and paddling pool. School is opposite the sea and near a recreation ground.

**APPLICATIONS:** to the General Secretary, The Invalid Children's Aid Association, 126, Buckingham Palace Road, London, S.W.1. (01-730-9891).

# MILDMAY CONVALESCENT HOME

# WORDSWORTH ROAD, WORTHING, SUSSEX.

(Worthing 9875)

PATIENTS: Married couples and Women aged 20 to 70. General convalescence.

**Ineligible:** Normal exclusions. Bed cases. Infirm or advanced cases of illness and those needing night attention. Asthma.

**RELIGION**: Interdenominational.

BEDS: 26, A few single rooms, others shared. All on first floor. Lift.

**TREATMENT**: No special treatment. Gastric diets. Simple dressings.

STAFF: Chief Resident Officer: Matron, Miss M. Jameson, S.R.N., S.C.M.

Nursing Staff: Sister (S.R.N.).

Medical Staff: Dr. R. H. Neeve, M.B., B.Sc. Lond. (visiting).

LENGTH OF STAY: 2 weeks, extended to 4 weeks on medical grounds.

ROUTINE AND RECREATION: Patients get up in time for breakfast at 8.30 a.m. and retire by 9.30 p.m. There is a rest hour for everybody after lunch. There is television, games, wireless, a record player and piano. Evening prayers (Voluntary).

Visiting Day: Every day, by arrangement with Matron.

CHARGES: £8 0s. 0d. per week.

RECEIVING DAYS: Mondays, Wednesdays and Fridays, preferably between 2 and 4 p.m.

**DISCHARGE DAYS:** As above preferably before 11.30 a.m.

**STATION:** Victoria to Worthing.

GENERAL: A few minutes from the sea, on level ground near to shops.

**APPLICATIONS:** to the Matron.

# THE QUEEN ALEXANDRA HOSPITAL HOME

for Disabled Sailors, Soldiers and Airmen.
GIFFORD HOUSE,
WORTHING,
SUSSEX.

(Worthing 2486)

PATIENTS: Disabled Ex-Servicemen only. No accommodation for Officers.

Ineligible: Cases of tuberculosis and all infectious diseases.

RELIGION: Church of England but any denomination received.

**BEDS:** 64. Fourteen beds available in wards on ground floor for seriously disabled men living at home in need of a change or convalescence with treatment following an illness or operation.

TREATMENT: According to Disability. Physiotherapy and Occupational Therapy available.

STAFF: Medical Officer: Dr. P. Murphy, M.B., B.Ch.

Matron: Miss D. P. Morris, S.R.N.

State Registered Staff.

LENGTH OF STAY: At Doctor's discretion and according to demand on beds.

**ROUTINE AND RECREATION:** Television, radio, good library, indoor games. Outings and Entertainments arranged by local residents and Societies.

CHARGES: Every case considered according to means.

RECEIVING DAY:

Any day.

DISCHARGE DAY:

**STATION:** West Worthing.

GENERAL: This Hospital Home fulfils a dual role—it provides a home for some 50 disabled Ex-Servicemen who are permanently resident and carries out the recreative and convalescent work already described; Gifford House has sheltered gardens and is within easy reach of the sea. Worthing has a level stretch of sea front and so is ideal for patients in chairs.

**APPLICATIONS:** to the Secretary.

# THOMAS BANTING MEMORIAL HOME

#### BANTING HOUSE, 28, DOWNVIEW ROAD, WORTHING, SUSSEX.

(Worthing 47461)

PATIENTS: Ladies aged 18 to 75. General convalescence.

Ineligible: Normal exclusions. Those requiring any form of nursing, special

diets, or unable to manage stairs.

**RELIGION:** Undenominational.

BEDS: 6, in single rooms, on 1st floor. 2 in a double room on 2nd floor.

**TREATMENT:** No diets or dressings, but Physiotherapy can be arranged at Worthing Hospital. Arrangements to be made by the Hospital sending the patient.

STAFF: Chief Resident Officer: Lady Superintendent.

Nursing Staff: None.

Medical Staff: Dr. Densham (visiting).

**LENGTH OF STAY**: 2 or 3 weeks, which can be extended to 8 if necessary.

**ROUTINE AND RECREATION:** Patients should be up by 9 a.m. Writing and reading rooms. Cinemas, concerts, etc., in Worthing.

Visiting Day: Any day.

**CHARGES**: £8 18s. 6d. per week. Patients pay for gas and electric fires in their bedrooms by slot meter. Deposit of £3 3s. 0d. should be remitted in advance of the visitor's arrival.

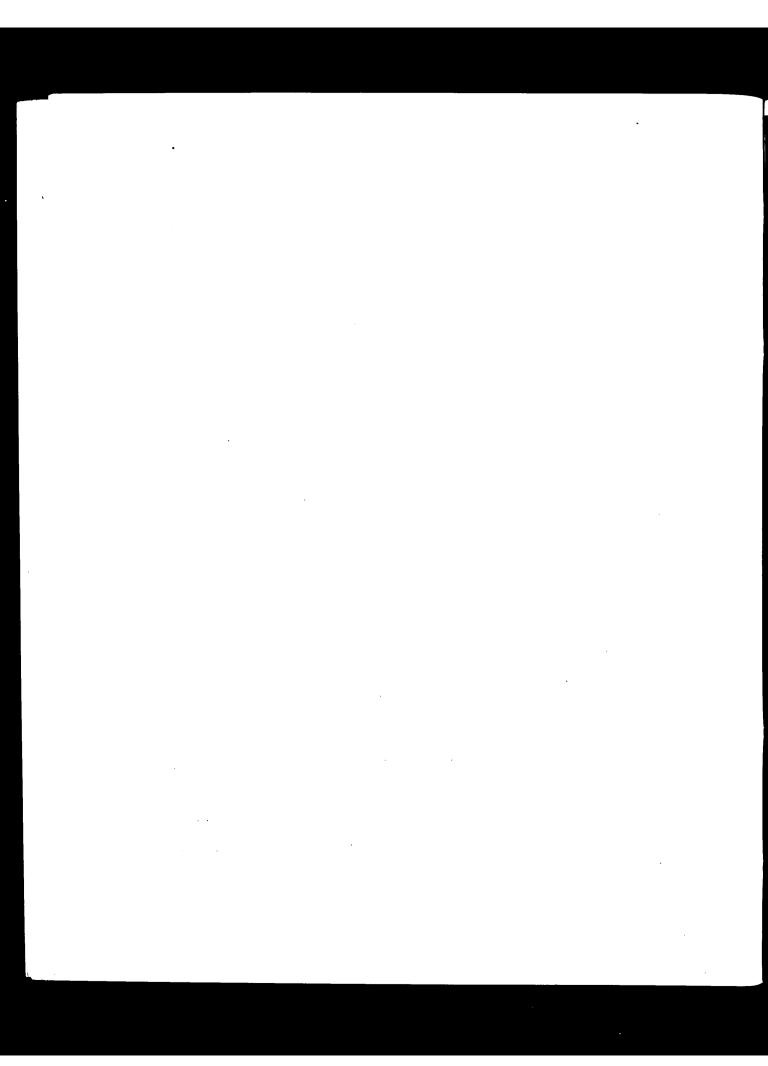
**RECEIVING DAYS:** Monday to Friday inclusive.

**DISCHARGE DAYS:** Monday to Friday inclusive or at weekend by arrangement.

STATION: West Worthing, from Victoria, thence 5 minutes' walk, or by taxi.

**GENERAL:** The Home is a comfortable, old-fashioned house in a quiet road intended only for the reception of ladies of reduced means. It would be much appreciated if patients would bring suitcases small enough to be carried upstairs without difficulty by female staff.

**APPLICATIONS:** to the Secretary, Thomas Banting's Memorial, 1, Highworth, Worthing. (Worthing 6580 and 6465).



# PART II

The Homes listed in this section are outside the boundaries of the four Metropolitan and Wessex Regional Hospital Boards. Only those Homes nearest to London are regularly visited by members of the Auxiliary Hospitals Committee.

#### THE RAILWAY CONVALESCENT HOME

# "BRIDGE HOUSE," DAWLISH, DEVON.

(Dawlish 3303)

**PATIENTS:** Railwaymen of working age who subscribe to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

Ineligible: Bed cases, and all cases requiring constant nursing care, and those unable to climb stairs.

**RELIGION**: Undenominational.

BEDS: 57. None on ground floor. Wards contain 3 to 9 beds.

TREATMENT: No treatments or diets. Simple dressings. Colostomy cases accepted.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: Assistant Relief Matron (S.R.N.). Medical Staff: Dr. D. B. Peterkin (visiting).

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**LENGTH OF STAY:** 4 weeks maximum.

ROUTINE AND RECREATION: Patients rise at 7 a.m. and retire at 10 p.m. All patients to be in the grounds by 9.30 p.m. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, piano, radio, television, and putting green.

Visiting Day: Every afternoon, 2 to 4 p.m. by arrangement with Matron.

**CHARGES**: None.

RECEIVING DAYS: Tuesday and Thursday.

STATION: Dawlish, from Paddington. Conveyance arranged from and to Station.

**GENERAL**: Large gardens supply fresh vegetables. Own poultry. Short, easy walk to seashore.

APPLICATIONS: to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House", 93/96, High Street, Uxbridge, Middlesex. Telephone: Uxbridge 35567/8.

#### THE MENTAL AFTER CARE ASSOCIATION

# 158, FOXHALL ROAD, IPSWICH, SUFFOLK.

**PATIENTS:** Men and women in need of rehabilitation after mental illness. Preference to those under 50 years. Short recuperative holidays also given.

**Ineligible:** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION**: Undenominational.

**BEDS**: 35. Numbers according to size of rooms.

TREATMENT: Rehabilitation towards full employment and social independence.

**STAFF:** Three resident staff; Warden, Matron and Assistant trained or experienced in Mental nursing.

Medical Staff: Visiting Physician.

**LENGTH OF STAY:** Normally 3-6 months, may be extended.

ROUTINE AND RECREATION: Breakfast and evening meals to suit residents' hours of employment. All residents make their beds and help with domestic work where possible and reasonable. Bedtime not later than 11 p.m. unless special concession granted. Television, radio and indoor and outdoor interests provided. Visiting: By arrangement with the Matron.

CHARGES: £7 17s. 6d. per week.

**RECEIVING DAY:** 

Any week day.

**DISCHARGE DAY:** 

STATION: Ipswich—frequent trains from Liverpool Street Station.

GENERAL: Large house and garden on bus route to town centre and Felixstowe.

**APPLICATIONS**: To the Secretary, The Mental After Care Association, Eagle House, 110, Jermyn Street, London, S.W.1.

### ORCHARD DENE

# 19 VIEW ROAD, RAINHILL, NEAR LIVERPOOL, LANCS.

(Prescot 4122)

Parent Society: The National Society for Mentally Handicapped Children.

**PATIENTS:** Short stay and extended care for all grades of mentally handicapped children from 2–12 years of age, including those suffering from epilepsy or cerebral palsy.

**Ineligible**: Infectious diseases and children who are a danger to themselves and others.

**RELIGION**: Undenominational.

**BEDS**: 21 in 5 dormitories of 3 to 6 beds; (4 or 5 extra children taken in the peak summer period).

TREATMENT: Nursing care and social training.

STAFF: Nursing Staff: Matron and Assistant Matron (resident).

2 Night Nurses 8 Assistants.

Medical Staff: Dr. G. McKenna (visiting).

LENGTH OF STAY: 1 to 8 weeks. Can be extended if necessary.

ROUTINE: Routine is according to requirements. Large garden with well equipped playground. Selected children attend Junior Training Centre daily.

CHARGES: £13 13s. 0d. per week

RECEIVING DAY:

By arrangement.

DISCHARGE DAY:

STATION: Rainhill, or by H2, H3 and H4 buses from Pier Head, Liverpool, to Victoria Hotel, Rainhill.

APPLICATIONS: Residential Services Officer, N.S.M.H.C. Centre, 86, Newman Street, London, W.1 (01-636-2861)

THE OLD ABBEY, MARINE DRIVE, LLANDUDNO, NORTH WALES.

(Llandudno 77625)

**PATIENTS:** Railwaywomen of working age who subscribe to the Railway Convalescent Homes. Wives of railwaymen, provided the husband is of working age and subscribes to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

**Ineligible:** Bed cases. All cases requiring constant nursing care, and those unable to climb stairs.

**RELIGION**: Undenominational.

**BEDS**: 25, in 2 and 3 bed wards. None on the ground floor. Hot and cold water in every bedroom.

**TREATMENT**: Normal gastric and diabetic diets, etc. Simple dressings. Colostomy cases accepted.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: None.

Medical Staff: Dr. S. Salisbury (visiting).

**LENGTH OF STAY:** 4 weeks maximum.

**ROUTINE AND RECREATION:** Patients rise at 7 a.m. and retire at 10 p.m. All patients to be in grounds by 9.30 p.m. No domestic work is done by the patients. There is a piano, radio, television and card games, etc.

Visiting Day: Every afternoon, 2 to 4 p.m. by arrangement with Matron.

**CHARGES**: None.

RECEIVING DAYS: Tuesday and Thursday.

STATION: Llandudno, from Euston. Conveyance arranged from and to the Station.

**GENERAL:** The Home commands extensive views from Conway Castle to the Isle of Anglesey. Large gardens run down to the seashore, and supply fresh vegetables.

**APPLICATIONS:** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96, High Street, Uxbridge, Middlesex. Telephone: Uxbridge 35567/8.

# MARLBOROUGH CHILDREN'S CONVALESCENT HOSPITAL

#### MARLBOROUGH,

WILTS.

(Marlborough 2271-2)

PATIENTS: Boys and girls from birth to 15th birthday. Orthopædic cases. Chests. Non-infectious skin cases. Asthmatics. Rheumatic Hearts. Post-operatives. Bed cases.

Ineligible: Normal exclusions.

**RELIGION**: Undenominational.

BEDS: 108, including a modern ward accommodating 26 boy patients.

TREATMENT: Fully equipped physiotherapeutic department with Hubbard Tank etc.; remedial exercises; all diets and dressings.

STAFF: Chief Resident Officer: Assistant Matron-in-Charge.

Nursing Staff: 1 Assistant Matron; 10 S.R.N.; 3 S.E.N.; 25 Nursing Auxiliaries.

Medical Officers & Visiting Medical Staff:

Dr. L. F. Jones, Consulting Paediatrician

Dr. J. B. Stewart, Consultant in Physical Medicine

Mr. J. C. Scott, Consulting Orthopædic Surgeon

Dr. K. D. Crow, Consulting Dermatologist

Dr. T. R. Maurice, Medical Officer

Dr. W. L. Calnan, Medical Officer

Mr. R. B. Jones, Dental Surgeon

LENGTH OF STAY: Minimum 1 month. No limit.

ROUTINE AND RECREATION: The children who are fit to do so normally rise at 7.45 a.m. and have breakfast at 8.30 a.m. There is a compulsory rest in the afternoon. All the children are in bed by 7 p.m. No domestic work is required of them. Scouts, cubs, guides and brownies. Occupational therapy. Films, luxury coach, games room.

Facilities for outdoor games. Playground. Country walks, nature study, etc.

School: Recognised Ministry of Education Hospital School. Head Teacher and 7 assistants. Also Nursery School.

Visiting Days: At any time at discretion of Assistant Matron-in-Charge or Ward Sister, but preferably after School (3.30 p.m.) on weekdays.

RECEIVING DAY: Any day.

**DISCHARGE DAY:** Any day but usually at weekends.

**STATION:** Swindon from Paddington. The Hospital is 13 miles from Swindon at which there is a bus service (No. 470) to and from Marlborough. It can also be reached by coach.

**GENERAL**: The Hospital stands in its own grounds on the edge of Marlborough Downs, 500 feet above sea-level.

APPLICATIONS: to the Assistant Matron-in-Charge.

#### LEASOWE CASTLE, MORETON, WIRRAL, CHESHIRE.

(Arrowebrook 5096)

**PATIENTS:** Railwaymen of working age who subscribe to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

N.B. During the summer months this home may be changed over to accepting to female patients only. (To relieve waiting lists for Llandudno and Margate homes).

Ineligible: Bed cases and all cases requiring constant nursing care. Those unable to climb stairs.

**RELIGION**: Undenominational.

BEDS: 59. None on ground floor. Wards contain 2 to 4 beds—curtained. Hot and cold water in every bedroom.

TREATMENT: No treatments. Simple dressings—colostomy cases admitted.

**STAFF: Chief Resident Officer:** Matron (S.R.N.).

Nursing Staff: Assistant/Relief Matron (S.R.N.)

Medical Staff: Dr. D. A. Rice (visiting).

LENGTH OF STAY: 4 weeks maximum.

ROUTINE AND RECREATION: Patients rise at 7 a.m. and retire at 10 p.m. All patients to be in the grounds by 9.30 p.m. No domestic work is done by the patients. Billiards, darts, table tennis, putting, piano, radio and television.

Visiting Day: Every afternoon 2 to 4 p.m. by arrangement with Matron.

**CHARGES**: None.

RECEIVING DAYS:

Tuesday and Thursday.

**LEAVING DAYS:** 

STATION: Moreton, from Euston. Conveyance arranged from and to the Station.

**GENERAL:** Large gardens supply fresh vegetables. Own poultry. Private entrance from seashore. Short electric train journey into Liverpool.

**APPLICATIONS:** to the Secretary and Administrator, The Railway Convalescent Homes: "High Bridge House", 93/96, High Street, Uxbridge, Middlesex. Telephone, Uxbridge 35567/8.

# "TRENYTHON," PAR, CORNWALL.

(Par 2572)

**PATIENTS:** Railwaymen of working age who subscribe to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

Ineligible: Bed cases and all cases requiring constant nursing care.

**RELIGION**: Undenominational.

BEDS: 41. Two on the ground floor. Wards contain 2-6 beds.

TREATMENT: No treatments. Gastric and diabetic diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: Assistant/Relief Matron (S.R.N.).

Medical Staff: Dr. J. L. Barnardo (visiting).

LENGTH OF STAY: 4 weeks maximum.

ROUTINE AND RECREATION: Patients rise at 7 a.m. and go to bed at 10 p.m. All patients to be in the grounds by 9.30 p.m. No domestic work is done by the patients. Billiards, bagatelle, darts, bowls, piano, radio and television.

Visiting Day: Every afternoon, 2 to 4 p.m. by arrangement with Matron.

CHARGES: None.

RECEIVING DAYS:

Tuesday and Thursday.

**LEAVING DAYS:** 

STATION: St. Austell, from Paddington. Conveyance arranged from and to the Station.

GENERAL: Large gardens supply fresh vegetables, own poultry, grounds include extensive woods. Home overlooks St. Austell Bay, but is a fair walk from seashore. Bus service from Home to Par town and sea.

APPLICATIONS: to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96, High Street, Uxbridge, Middlesex. Telephone: Uxbridge 35567/8.

#### ASCOG MANSION, ROTHESAY, ISLE OF BUTE, SCOTLAND.

(Rothesay 121)

**PATIENTS:** Railwaymen of working age who subscribe to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

**Ineligible:** Bed cases and all cases requiring constant nursing care, and those unable to climb stairs.

**RELIGION**: Undenominational.

BEDS: 32. None on the ground floor. Wards contain 2 to 6 beds.

TREATMENT: No treatment. Gastric and diabetic diets provided. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: None.

Medical Staff: Dr. T. Wilson Howie (visiting).

LENGTH OF STAY: Maximum stay 4 weeks.

ROUTINE AND RECREATION: Patients rise at 7 a.m. and retire at 10 p.m. All patients to be in the grounds by 9.30 p.m. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, bowls, piano, radio, television and putting green.

Visiting Day: Every afternoon, 2 to 4 p.m. by arrangement with Matron.

CHARGES: None.

RECEIVING DAYS:

Tuesday and Thursday.

LEAVING DAYS:

STATION: Rothesay, from Euston, via Glasgow and Wemyss Bay—Conveyance arranged from and to the Pier

GENERAL: Large gardens supply fresh vegetables. Own poultry. Home on seashore.

**APPLICATIONS:** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96, High Street, Uxbridge, Middlesex. Telephone: Uxbridge 35567/8.

#### **BYNG HOUSE**

# 68, PROMENADE, SOUTHPORT, LANCS.

(Southport 3950)

PATIENTS: Ex-Servicemen. General convalescence.

Ineligible: Normal exclusions. Bed cases. Bronchiectasis.

**RELIGION**: Undenominational.

BEDS: 38, in 1-4 bed wards; none on ground floor but there is a lift.

TREATMENT: No treatments or dressings. Light diets.

STAFF: Chief Resident Officer: Manager, Mr. L. E. Watson.

Nursing Staff: None.

Medical Staff: Dr. Sir John Mott, (Visiting).

**LENGTH OF STAY:** 2 weeks, sometimes extended.

**ROUTINE AND RECREATION:** Patients rise in time for 8.45 a.m. breakfast, and retire at 10.30 p.m. They are expected to make their own beds. No other domestic work is required.

The Home has a library and television as well as facilities for indoor and outdoor games.

Visiting Day: By arrangement with the Manager.

**CHARGES:** Free. Payable by British Legion. Other Service Funds, etc., are asked to contribute towards cost of maintenance.

**RECEIVING DAY:** Thursday.

**DISCHARGE DAY:** Thursday.

STATION: Southport, from Euston. A bus (Route No 17) from Lord Street runs near the Home.

GENERAL: The house stands on the promenade and it has a small garden facing the sea.

APPLICATIONS: through Local Service Committees of the British Legion. (Addresses available at Local Post Offices).

# "THE HEADLAND"

#### CLIFF ROAD, TORQUAY, DEVON.

(Torquay 22161)

PATIENTS: Men and women aged 17-70. General convalescence. 2 Male colostomy beds.

Ineligible: Normal exclusions. Bed cases. Asthma and Neurasthenia.

**RELIGION:** Undenominational.

BEDS: 35, divided between men and women.

TREATMENT: No treatments. Mild gastric diets. simple dressings.

STAFF: Under direction of Mrs. M. Stamp, Matron, Torbay Hospital, Torquay.

Chief Resident Officer: Sister-in-Charge (S.R.N., S.C.M.)

Nursing Staff: 4 S.R.N. 2 S.E.N.

Medical Staff: Dr. J. B. Coughlan (visiting).

**LENGTH OF STAY:** Arranged by South Western Regional Hospital Board. Normal period 14 days.

**ROUTINE AND RECREATION:** Breakfast at 8.45 a.m. An afternoon rest is advised. There is a library as well as indoor games.

Visiting Days: Daily—afternoon or evening on application to Sister-in-Charge.

RECEIVING DAYS: Monday and Friday.

DISCHARGE DAYS: Monday and Friday.

STATION: Torquay, from Paddington. Taxis are available at the station.

GENERAL: The Home stands in its own grounds, on a headland overlooking Torbay.

APPLICATIONS: to the South Western Regional Hospital Board, Parklands, Tyndalls Park Road, Bristol 8 (Bristol 38471).

# BRITISH LEGION CONVALESCENT AND HOLIDAY HOME

SOMERSET LEGION HOUSE, 5-8, CLAREMONT CRESCENT, WESTON-SUPER-MARE, SOMERSET.

(Manager) Weston-super-Mare 29589 (Residents) Weston-super-Mare 21211

PATIENTS: Ex-Service men and women of any age. Adult dependants. General convalescence. Rest.

Ineligible: Normal exclusions. Bed cases. Bronchiectasis. Epilepsy. Children.

**RELIGION:** Undenominational.

BEDS: 64, mainly in 2-bedded rooms. Some on ground floor. Few single rooms. Accommodation for 12 married couples. Hot and cold water in all bedrooms.

TREATMENTS: No treatments or dressings. Light diets.

STAFF: Chief Resident Officer: Manager.

Nursing Staff: None.

Medical Staff: Dr. Leo T. Martin (visiting).

**LENGTH OF STAY:** Normally 2 weeks. Can be extended at the discretion of the Medical Officer.

ROUTINE AND RECREATION: There are few restrictions. No domestic work is expected of the guests.

There is a library, and facilities for indoor and outdoor games. Patients arrange own whist drives and social evenings.

Visiting Day: Any day.

CHARGES: Free. Borne by British Legion. Other Service funds, etc., are asked to contribute towards the cost of maintenance.

RECEIVING AND DEPARTURE DAY: Thursday.

**STATION:** Weston-super-Mare, from Paddington. The Home is about 1 mile from the station. Bus service to within 50 yards of the Home.

**GENERAL:** The Home is a converted hotel and delightfully situated on the seafront. Many of the rooms overlook the sea. Electric passenger lifts. Central heating throughout.

APPLICATIONS: through Local Service Committees of the British Legion (Addresses available at Local Post Offices).

# EDITH CAVELL HOME OF REST FOR NURSES

# THE CROSSWAYS, WINDERMERE, WESTMORLAND.

(Windermere 3256)

PATIENTS: Practising Nurses and Midwives requiring rest.

Ineligible: Male nurses and those requiring nursing or medical attention.

**RELIGION**: Undenominational.

BEDS: 13, in single and double rooms.

TREATMENT: No treatments, diets or dressings.

STAFF: Chief Resident Officer: Superintendent (S.R.N.).

Nursing Staff: None.

Medical Staff: Doctor attends on request.

**LENGTH OF STAY:** Up to 2 weeks. Sometimes extended.

ROUTINE AND RECREATION: Guests rise about 8.30 a.m. and retire at 10.30 p.m. There is a supply of books as well as wireless and television. The Home is in the Lake District where some of the most beautiful scenery in England is to be found.

Visiting Day: Any day.

CHARGES: £5 5s. 0d. per week.

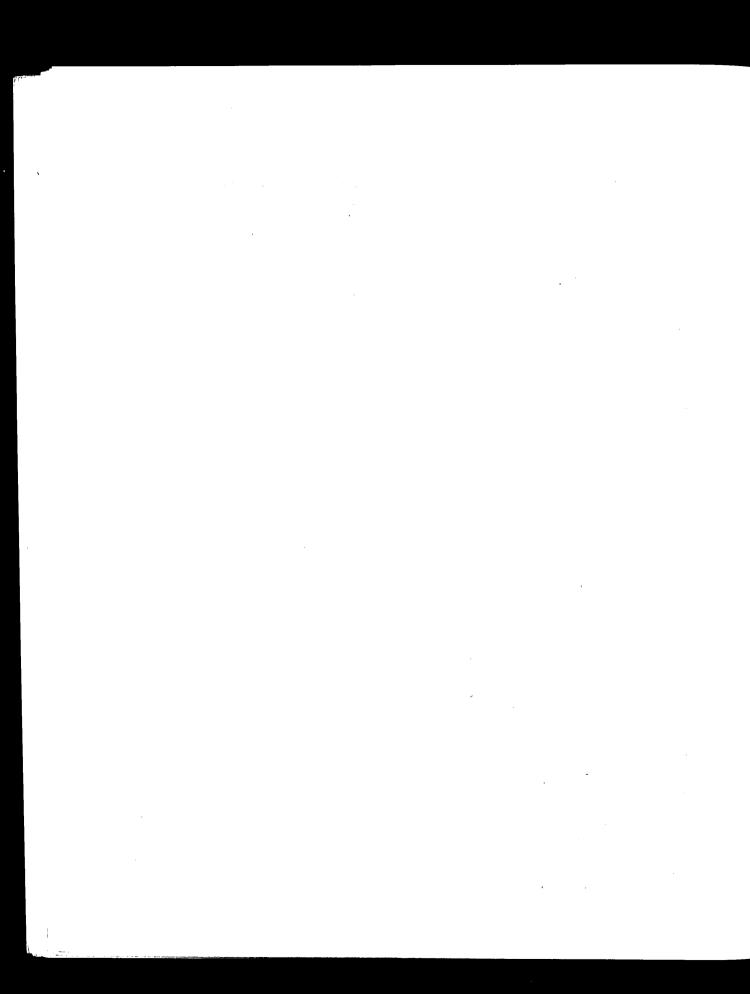
RECEIVING DAY: Preferably Saturday but any day except Sunday.

DISCHARGE DAY:

STATION: Windermere, from Euston. The Home is 10 minutes' walk from the station.

**GENERAL**: A fairly modern house with a small garden situated in a residential neighbourhood, about 20 minutes from the lake.

APPLICATIONS: to the Secretary, Edith Cavell Homes of Rest for Nurses, 1, Vere Street, London, W.1. (01-629 1618).



#### 1970 EDITION OF DIRECTORY

The 1970 edition of the Directory of Convalescent Homes Serving Greater London will be ready for distribution on the 1st January, 1970. It is priced 7s. 6d., post free, and orders may be sent at any time and preferably before the end of November, 1969. Please do not send any remittance with your order as an invoice requesting payment will be forwarded to you with the Directory.

# ORDER FORM DIRECTORY OF CONVALESCENT HOMES

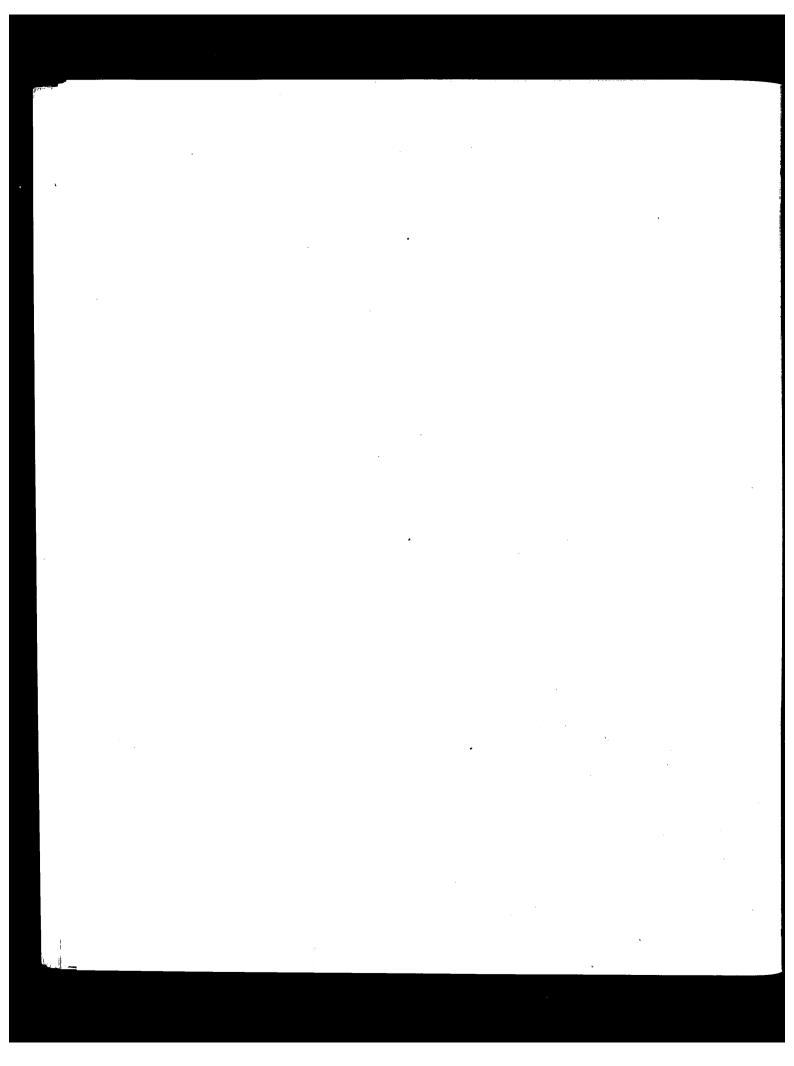
Name
Address
Please forward to the above addresscopy/copies of the 1970 Directory of Convalescent Homes.
King Edward's Hospital Fund for London,

14, Palace Court, W.2.

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# **INDICES**



### GEOGRAPHICAL INDEX

Alphabetical list of Towns in which Convalescent Homes are situated. (The letters M W and C indicate whether the Home takes Men, Women or Children. An asterisk signifies there is no age limit, or that the limit is over 70. Italics indicate a Private Home with Contractual Arrangements).

Name of Town	n and Home						Page
Alfold, Sur *M	REY Merchant Seamen's Convalescent Home						1
Ascot, Berks *W	SHIRE London and Ascot Priory Convalescent Hor	n <b>e</b>			••	••	2
Banstead, St C *MW	JRREY Edith Edwards House Zachary Merton Annexe (London Hospital)		••	••			3
BARNET, HER							5
Beaminster, *W	Dorset Parnham					• •	6
W C MW W	Bexhill Convalescent Home for Men Bexhill Convalescent Home for Women Little Folks Home Lawn Court (Mental After-care Home) The Towers (Mental After-Care Home) White House Convalescent Home						7 8 9 10 11 12
Birchington *MW	-on-Sea, Kent Diabetic Convalescent Home						13
	London, S.E.3 Edith Priday Home						14
*W	rs, Sussex				• •		15 16
C	Hahnemann Convalescent Home House Beautiful (N.C.E.C. Convalescent Home	 ome) 	• •	• •			17 18 19
*MWC	USSEX Convalescent Hospital for Officers (O. of St French Convalescent Home John Howard Convalescent Home		В.R.С	c.s.) 		••	20 21 22
Broadstairs, C MW C							23 24 25 26
CHEAM, SURE W	Mental After-Care Home						27
CHISWICK, L	ONDON, W.4. Mental After-Care Home						28

Name of Town and Home						Pag
CLACTON-ON-SEA, ESSEX  MW Middlesex Branch Hospital and Convalescent H  *W St. Michael's Convalescent Home  MW St. Osyth's Priory Convalescent Home	ome 	••	••			29 30 31
CLIFTONVILLE, KENT *MW Princess Mary's Hospital (Rehabilitation)			• •			32
Coggeshall, Essex *M Brooklands Convalescent Home			••			33
Cowes, Isle of Wight  MW King Edward VII Convalescent Home for Offi	icers (O	sborne	House	·)		34
Crowhurst, Sussex MW Crowhurst Home of Healing				••		35
Croydon, Surrey MW Coignafearn, Mental After-Care Home		••	• •			36
CUDHAM, KENT  *M Angas Convalescent Home for Seamen		• •	••	••		37
Dawlish, Devon M Railway Convalescent Home					••	94
Deal, Kent *MW Lloyd Memorial Printers' Convalescent Home					••	38
East Grinstead, Sussex C Yarburgh Children's Home		••	••			39
Eastbourne, Sussex  W All Saints Hospital  *MW Seligman Convalescent Home			••	••		40
Farnham Royal, Bucks.  MW Farnham Park Rehabilitation Centre	••	••	••	••	••	41 42
Frinton-on-Sea, Essex *W Maitland House	••	••	• •	• •	••	43
GODALMING, SURREY C St. Dominic's Open Air School for Boys	••			• •	••	44
HASLEMERE, SURREY W Edith Cavell Home of Rest for Nurses	••					45
Hastings, Sussex MW Hermitage Convalescent Home	••			••	••	46
HAYLING ISLAND, HAMPSHIRE C St. Patrick's Residential Open Air School		••				47
Herne Bay, Kent C Crole Wyndham Memorial Home for Convales *MW Friendly Societies Convalescent Home	cent Ch	ildren	••	••		48 49
Wi Railway Convalescent Home Hove, Sussex	••	••	••	••	• •	50
*W Catisfield House Convalescent Home MW Convalescent Police Seaside Home		••	• •	••	• •	51 52
IPSWICH, SUFFOLK  MW Mental After Care Home		• •				95

Name of Town and Home						Page
Kelvedon, Essex *W Dominican Convalescent Home			• •		••	53
Lancing, Sussex **W Bell Memorial (Southern Convalescent Homes,	Inc.)			• •		54
Leatherhead, Surrey M Tyrwhitt House						55
LIMPSFIELD, SURREY  MW Caxton Convalescent Home  *W Limpsfield Convalescent Home for Women	••				••	56 57
Liss, Nr. Petersfield, Hants. W Wenham Holt Convalescent Home		• •	• •			58
LITTLEHAMPTON, SUSSEX  *M Rustington Convalescent Home for Men	••					59
Liverpool, Lancs. C Orchard Dene				• •		96
Llandudno, Caernarvon W Railway Convalescent Home	••					97
Margate, Kent W Railway Convalescent Home						60
Marlborough, Wilts. C Marlborough Children's Convalescent Hospital						98
Moreton, Cheshire M Railway Convalescent Home	• •				••	99
Nazeing, Essex. *W Princess Louise Convalescent Home	••					61
NETLEY ABBEY, HANTS.  M Netley Castle Convalescent Home			••			62
Ottershaw, Surrey C Meath School		• •			••	63
Oxted, Surrey C Moor House School					• •	64
Par, Cornwall M Railway Convalescent Home	••		• •		••	100
REIGATE, SURREY *WC Croft Annexe (London Hospital)						65
ROTHESAY, ISLE OF BUTE, SCOTLAND M Railway Convalescent Home						101
St. Leonards-on-Sea, Sussex  *W Catharine House for Gentlewomen  *MW Hertfordshire Seaside Convalescent Home  *W Over Charlotte's and Chalese Hospitals Conva	· · · · laccent	 		••	••	66 67 68

Name of Town and Home						Page
Sandgate, Folkestone, Kent W Castle Glen, Mental After-Care Home						69
Sandhurst, Camberley, Surrey C Hart's Leap Children's Home	••					70
Seaford, Sussex C Pilgrims School					••	71
Sevenoaks, Kent *MW British Legion Churchill Court Convales	cent Home		••	• •	••	72
SLINFOLD, SUSSEX C Dedisham Convalescent Nursery Home				• •		73
Southborough, Kent W David Salomon's House	••		••	••	••	74
Southport, Lancs.  *M Byng House				••	••	102
SWANACE, DORSET  W Wordsworth House			•••	••	••	75
Thorpe, Surrey W Spelthorne St. Mary		••	••	••	••	75 76
TORQUAY, DEVON  MW The Headland Conveledant Home		••	••	••	••	103
VENTNOR, ISLE OF WIGHT C St. Catherine's Home		••	••	••	••	
Walton-on-Naze, Essex *MW Samuel Lewis Seaside Convalescent Hom	ne	••	••	••	• •	77
Westcliff-on-Sea, Essex.  MW Lulworth Court	ie	••	••	••	••	78 <b>7</b> 2
West Wickham, Kent C Cheyne Hospital	••	• •	••	• •	••	79
Westgate-on-Sea, Kent	••	••	••	• •	• •	80
W St. Michael's Convolencent Home	me	••	• •	• •	• •	81 82 83
Weston-super-Mare, Somerset *MW British Legion Convalescent and Holida	y Homes (	Somers				104
WINDERMERE, WESTMORLAND W Edith Cavell Home of Rest for Nurses .					•	105
Woburn Sands, Nr. Bletchley, Beds. *WC Daneswood Convalescent Home						
Woking, Surrey	• • •	••	••	• •	••	84
*MW Kingsbury *W St. Peter's Convent	• ••	• •	• •	• •	• •	85

Name of Town and Home								Page
Woodford Bridge, Essex								
C St. John's Open Air School								87
Worthing, Sussex								
								88
W Mildmay Convalescent Home	• •	• •	• •	• •	• •	• •		89
M Queen Alexandra Hospital Home		• •	• •	• •	• •	• •	• •	90 91

# ALPHABETICAL INDEX

# Alphabetical List of Homes Appearing in the Directory

# Prefix letters denote the following:-

VI	Men acc	epted. W Women accepted.		C C	hildre	n acc	epted
•	No fixed	age limit, or patients over 70 accepted.	Bre	akfast			
c	Bed cases	g Ground floor bedrooms.				_	g stay
		Italics indicate a Private Home with Contractual Art	ranger	nent <b>s</b>			
F	Refe <b>r</b> enc <b>e</b>						
	letters	Name of Home					Page
	W	All Saints Hospital, Eastbourne					40
	M*	Angas Convalescent Home for Seamen, Cudham					37
	W*	Banting House, Worthing					91
	W*	Bell Memorial, Lancing					54
	$\mathbf{M}$	Bexhill Convalescent Home for Men				• •	7
	$\mathbf{W}\mathbf{g}$	Bexhill Convalescent Home for Women				• •	
	MW*g	British Legion Churchill Court Convalescent Home, Se	venoa	ks			72
	MW*g	British Legion Convalescent and Holiday Home, Westo	n-sup	er-Mar	e.	• •	104
	M*g	Brooklands Convalescent Home, Coggeshall				• •	33
	M*	Byng House, Southport	_			• •	102
	W	Castle Glen Mental After-Care Home, Sandgate, Folks	tone	• •		• •	69
	W*ag	Catharine House for Gentlewomen, St. Leonards			• •		66
	W*a	Catisfield House Convalescent Home, Hove		••		• •	51
	$\mathbf{M}\mathbf{W}$	Caxton Convalescent Home, Limpsfield				• •	56
	Cabgl	Cheyne Hospital, West Wickham		• •	• •	• •	80
	MW*g	Churchill Court Convalescent Home, Sevenoaks		• •	• •	• •	72
	MW	Coignafearn Mental After-Care Home, Croydon			• •	• •	
	MW*a	Convalescent Hospital for Officers, Brighton (O. of St.	Iohn	 ⊥ p p	 Cev	• •	36
	MW	Convalescent Police Seaside Home, Hove	Joini				20
	WC*ab	Croff Anneye (London Hospital) Doingto			• •	• •	52
	С	Crole Wyndham Memorial Home for Convalescent Chil	dran	 U	 D	• •	65
	MWag	Crowhurst Home of Healing, Crowhurst	uren,			• •	48
	WC*	Daneswood Convalescent Home, Woburn Sands	•		• •	• •	35
	Wgb	David Salomon's House Southborough			• •	• •	84
	Cl	Dedisham Convalescent Nursony Home Clinfold			• •	• •	74
	MW*g	Diabetic Convalescent Home Pirchington and Con			• •	• •	73
	W*g	Dominican Convalescent Home Volume			• •	• •	13
	$\widetilde{\mathbf{w}}$	Edith Cavell Home of Post for Names II-1	-		• •	• •	53
	W	Edith Cavell Home of Doot for Norman XX. 1			• •	• •	45
	Cl	Edith Edwards House Denstand			• •	• •	105
	MW*g	Edith Priday Home Blockhooth CE 2			• •	• •	3
	CĬ	Fairfield House Open Air Residential School, Broadstair	•		• •	••	14
	MW	Farnham Park Rehabilitation Centre, Farnham Royal	δ.		• •	• •	23
	W*ag	Foxholm, Bognor Regis			•	• •	42
	MWC*	French Convalescent Home Rrighton			•	• •	15
		- 1 on the continues continue, brighton			•		21

Reference letters	Name of Home				Page
MW*	Friendly Societies' Convalescent Home, Herne Bay				49
W	Hahnemann Convalescent Home, Bournemouth				17
	Hart's Leap Children's Home, Sandhurst				70
	Headland Convalescent Home, Torquay				103
	Hearts of Oak Benefit Society Home, Broadstairs				24
	Hermitage Convalescent Home, Hastings				46
MW*	Hertfordshire Seaside Convalescent Home, St. Leonards				67
Cal	House Beautiful (NCEC. Convalescent Home), Bournemout	th			18
C1	John Horniman School, Worthing				88
	John Howard Convalescent Home, Brighton				22
	King Edward VII Convalescent Home for Officers, East Co	wes			34
_	Kingsbury, Woking				85
_	Lanthorne Convalescent Home for Children, Broadstairs				25
	Lawn Court (Mental After-Care Home), Bexhill			• • •	10
	Limpsfield Convalescent Home for Women, Limpsfield			• • •	57
	Little Folks Home, Bexhill	• •	• •		9
	Lloyd Memorial Printers' Convalescent Home, Deal		• •		38
	London and Ascot Priory Convalescent Home, Ascot		• •		2
	Lulworth Court, Westcliff-on-Sea		• •		79
	Maitland House, Frinton-on-Sea				43
	Marlborough Children's Convalescent Hospital, Marlboroug				98
	Meath School, Ottershaw	•••			63
	Mental-After Care Home, Cheam				27
	Mental-After Care Home, Chiswick				28
	Mental-After Care Home, Ipswich				95
	Merchant Seamen's Convalescent Home, Alfold				1
	Middlesex Branch Hospital and Convalescent Home, Clacto	n-on-	Sea		29
	Mildmay Convalescent Home, Worthing	• •		• •	89
	Moor House School, Oxted	• •	• •	• •	64
MW*g	Musicians' Benevolent Fund Convalescent Home, Westgate-	-on-Se	ea	• •	82
$\mathbf{M}$	Netley Castle Convalescent Home, Netley Abbey	• •			62
Cl	Orchard Dene Convalescent Home for Mentally Handie	cappe	d Child	lren,	
	Rainhill, Liverpool	• •	• •	• •	96
$\mathbf{MWg}$	Osborne House, East Cowes	• •	• •	• •	34
W*1	Parnham, Beaminster, Dorset	• •	• •	• •	6
Cl	Pilgrims School, Seaford	• •	• •	• •	71
W*g	Princess Louise Convalescent Home, Nazeing	• •	• •	• •	61
MW*	Princess Mary's Hospital (Rehabilitation), Cliftonville	• •	• •	• •	32
Mbg W*	Queen Alexandra Hospital Home, Worthing Queen Charlotte's and Chelsea Hospitals Convalescent Home	 me, S	 t. Leon	 ards	90 68
	Railway Convalescent Home, Dawlish				94
	Railway Convalescent Home, Herne Bay				50
	Railway Convalescent Home, Llandudno				97
	Railway Convalescent Home, Margate				60
	Railway Convalescent Home, Moreton	••,		• •	99
	Railway Convalescent Home, Par	• •	• •	••	100
	Railway Convalescent Home, Rothesay	• •	• •		101

Reference letters	Name of Home			Page
W	Royal Oak House Mental After-Care Home, Westgate-on-Se	a	 	81
M*	Rustington Convalescent Home for Men, Littlehampton		 	59
Cgl	St. Catherine's Home, Ventnor		 	77
MW*g	St. Cecilia's, Westgate-on-Sea		 	82
Cgl	St. Dominic's Open Air School for Boys, Godalming		 	44
Cbgl	St. John's Open Air School, Woodford Bridge		 	87
MW*al	St. Joseph's Convalescent Home, Bournemouth		 	19
C	St. Mary's Home for Children, Broadstairs		 	26
W*	St. Michael's Convalescent Home, Clacton-on-Sea		 	30
$\mathbf{W}_{\mathbf{g}}$	St. Michael's Convalescent Home, Westgate-on-Sea		 	83
MW	St. Osyth's Priory Convalescent Home, Nr. Clacton		 	31
C1	St. Patrick's Residential Open Air School, Hayling Island		 	47
W*ag	St. Peter's Convent, Woking		 	86
MW*g	Samuel Lewis Seaside Convalescent Home, Walton-on-Naze		 	78
	Seligman Convalescent Home, Eastbourne	• •	 	41
MW*g	Somerset Legion House, Weston-super-Mare		 	104
$\mathbf{W}^*$	Southern Convalescent Homes, Inc. (Bell Memorial), Lancin	ıg	 	54
Wa	Spelthorne St. Mary, Thorpe	• •	 	76
W1	The Towers Mental After-Care Home, Bexhill-on-Sea		 	11
	Thomas Banting Memorial Home, Worthing		 	91
$\mathbf{M}$	Tyrwhitt House, Leatherhead		 	55
	Victoria Convalescent Home, Bognor Regis		 	16
Wag	Wenham Holt Convalescent Home. Liss		 	58
MWg	White House Convalescent Home, Bexhill		 	12
Cbgl	Winifred House Convalescent Hospital for Children, Barnet		 	5
$\mathbf{W}$	Wordsworth Home, Swanage		 • •	75
Ca	Yarburgh Children's Home, East Grinstead		 • •	39
	Zachary Merton Annexe (London Hospital), Banstead			4

# CLASSIFIED INDEX

(The letters M W B and G indicate whether the Home takes Men, Women, Boys or Girls.)

Item					Page
ALCOHOL AD	DICTS Spelthorne St. Mary, Thorpe				76
Anaemia					
	Bexhill Convalescent Home for Men, Bexhill				7
W	Bexhill Convalescent Home for Women, Bexhill				8
M	Brooklands Convalescent Home, Coggeshall				33
BG	St. Mary's Home for Children, Broadstairs	• •	• •		26
Аѕтнма					
$\mathbf{W}$	Bell Memorial Home, Lancing				54
	Bexhill Convalescent Home for Men, Bexhill			• •	7
	Bexhill Convalescent Home for Women, Bexhill	• •		• •	8
	Catisfield House Convalescent Home, Hove	• •	• •	• •	51
D.C	Fairfield House Open Air Residential School, Broadstairs		• •	• •	23 98
	Marlborough Children's Convalescent Hospital. Marlborough Meath School, Ottershaw		• •	• •	63
	Pilgrims School, Seaford	• •	• •	• •	71
	St. Catherine's Home, Ventnor	• •	• •	• •	77
B	St. Dominic's Open Air School for Boys, Godalming	• •	• • •	• • •	44
					26
В	St. John's Open Air School, Woodford Bridge				87
G	St. Patrick's Residential Open Air School, South Hayling				47
MW	Samuel Lewis Seaside Convalescent Home, Walton-on-Naze				78
	Victoria Convalescent Home, Bognor Regis		• •		16
BG	Winifred House Convalescent Hospital for Children, Barnet	• •	• •	• •	5
BED CASES (Se	ee Alphabetical Index)				
D					
BLIND	Parhill Convalement Home for Mon. Parhill				7
	Bexhill Convalescent Home for Men, Bexhill Bexhill Convalescent Home for Women, Bexhill	• •	• •	• •	8
	,	• •	• •	• •	0
Breakfast in	BED (see Alphabetical Index)				
British Legi	ON				
MW	British Legion Churchill Court Convalescent Home, Sevenoa	ks			72
MW	British Legion Convalescent and Holiday Home, Weston-sup	er-Ma	re		104
$\mathbf{M}$	Byng House, Southport				102
Represent Rep	Cross Society				
	Convalescent Hospital for Officers, Brighton				20
	Edith Priday Home, St. John's Park, Blackheath	• •	• •	• •	14
_		•	• •	• •	- '
BRONCHIECTA					00
	Cheyne Hospital, West Wickham	• •	• •	• •	80
R	Meath School, Ottershaw	• •	• •	• •	63 87
В	St. John's Open Air School, Woodford Bridge	• •	• •	• •	47
MW	St. Patrick's Residential Open Air School, South Hayling Samuel Lewis Seaside Convalescent Home, Walton-on-Naze	• •	• •	• •	78
141 44	Danitudi Liewis Deasiud Convaiescent Home, Walton-on-ivaze	• •	• •	• •	70
BRONCHITIS A	ND CHEST CASES				
G	Fairfield House Open Air Residential School, Broadstairs			• •	23
BG	Marlborough Children's Convalescent Hospital, Marlborough	ı			98
BG		• •	• •	• •	77
В	St. John's Open Air School, Woodford Bridge	• •	• •	• •	87

Item					Page
Bronchitis a	ND CHEST CASES (cont.)				
RG	St. Mary's Home for Children, Broadstairs				26
мw	Samuel Lewis Seaside Convalescent Home, Walton-on-	Naze	• •	• •	78
747.44	Dainuel Bente Beasiae Convaicación 125ma, Wasser on	2 (020		••	,,
CANCER	THE CALL AND THE				-
M	Bexhill Convalescent Home for Men, Bexhill		• • •	• •	7
	Bexhill Convalescent Home for Women, Bexhill		• • •	• •	8
	Brooklands Convalescent Home, Coggeshall		• • •	• •	33
	Dominican Convalescent Home, Kelvedon			• •	53
	St. Osyth's Priory Convalescent Home, near Clacton.				31
MW	Samuel Lewis Seaside Convalescent Home, Walton-on-	Naze	• •	• •	78
CEREBRAL PA	LSY				
BG	Orchard Dene, Liverpool				96
20	· · · · · · · · · · · · · · · · · · ·			• •	, ,
CHRONICS	I and an all Access Delicers Commissions House Access				2
W	London and Ascot Priory Convalescent Home, Ascot	• •	• •	• •	2
CIVIL SERVAN	TTC				
	King Edward VII Convalescent Home for Officers (C	Sborne	House).	East	
212 11	Cowes		,		34
			• •	• •	٠.
COELIACS					
	Dedisham Convalescent Nursery Home, Slinfold				73
	Lanthorne Convalescent Home for Children, Broadstair	• ••	• •	• •	25
		ο	• • •	• •	23 9
ъС	Little Folks Home, Bexhill		• •	• •	9
Colostomies					
					2.2
1/1	Brooklands Convalescent Home, Coggeshall	• • •	• •	• •	33
IV1	Headland Convalescent Home, Torquay	•, ••	• • •	• •	103
	Princess Mary's Hospital (Rehabilitation), Cliftonville	• •	• •	• •	32
	Railway Convalescent Home, Dawlish		• • •	• •	94
	Railway Convalescent Home, Herne Bay		• •	• •	50
	Railway Convalescent Home, Llandudno				97
	Railway Convalescent Home, Moreton		• • •		99
	St. Michael's Convalescent Home, Clacton				30
MW	St. Osyth's Priory Convalescent Home, near Clacton				31
MW	Samuel Lewis Seaside Convalescent Home, Walton-on-	Naze			78
DIABETICS					
M	Brooklands Convalescent Home, Coggeshall				33
WG	Daneswood Convalescent Home, Woburn Sands				84
W	David Solomon's House, Southborough				74
MW	Diabetic Convalescent Home, Birchington-on-Sea				13
	Dominican Convalescent Home, Kelvedon				53
	Edith Priday Home, Blackheath				14
	Foxholm, Bognor Regis			• •	î5
	Hart's Leap Children's Home, Sandhurst,		• •	• •	70
	King Edward VII Convalescent Home for Officers (C	)sborne	House).	East	,,
	Cowes				34
RG	Lanthorne Convalescent Home for Children, Broadstair	s	• • •	• • •	25
	Little Folks Home, Bexhill	- · ·	••		9
	Marlborough Children's Convalescent Hospital, Marlbo	rough	• • •	• •	98
	Princess Louise Convalescent Home, Nazeing	- ~ ~ E11	• •	• •	61
	Railway Convalescent Home, Herne Bay	• • •	•	• •	50
	Railway Convalescent Home, Henre Bay	• •	• • •	• •	97

Item						Page
Diabetics (cont.)						400
	• •	• •	• •	• •	• •	100 101
	• •	• •	• •	• •	• •	101
MW St. Joseph's Convalescent Home, Bournemouth		• •	• •	• •	• •	30
	••.	• •	• •	• •	• •	31
MW St. Osyth's Priory Convalescent Home, near Cl	acton	 NT	• •	• •	• •	78
MW Samuel Lewis Seaside Convalescent Home, Wa				• •	• •	41
	• •	• •	• •	• •	• •	4
MW Zachary Merton Annexe, Banstead	• •	••	• •	• •	• •	7.
DIETS (see Coeliacs. Diabetics)						
DRUG ADDICTS W Spelthorne St. Mary, Thorpe				• •	••	76
ECZEMA (see also Skin Cases)						
B St. Dominic's Open Air School for Boys, God	lalming	5			• • •	44
MW Samuel Lewis Seaside Convalescent Home, Wal	lton-on	-Naze	• •	• •	• •	78
EPILEPTICS						
M Bexhill Convalescent Home for Men, Bexhill						7
W Bexhill Convalescent Home for Women, Bexhil						8
	• •	• •	• •	• •	• •	96
Ex-Service Personnel						
MW British Legion Churchill Court Convalescent H	ome, S	evenoa	ks			72
MW British Legion Convalescent and Holiday Home	, West	on-sup	er-I	Mare		104
M Byng House, Southport						102
MW Convalescent Hospital for Officers, Brighton						20
MW King Edward VII Convalescent Home for Of	fficers	(Osbor	ne i	House),	East	
		• •				34
M Queen Alexandra Hospital Home, Worthing						90
	• •	• •	• •	• •	• •	55
FRIENDLY SOCIETIES						
MW Friendly Societies' Convalescent Home, Herne	Bay					49
MW Hearts of Oak Benefit Society Home, Broadstain	rs					24
	• •	• •	• •	• •	• •	41
Gastrics						
W All Saints Hospital, Eastbourne					• •	40
M Bexhill Convalescent Home for Men, Bexhill	. •				• •	7
W Bexhill Convalescent Home for Women, Bexhi	ill		• •		• •	8
MW British Legion Churchill Court Convalescent I	Home,	Seveno	oaks	• •	• •	72
M Brooklands Convalescent Home, Coggeshall				• •		33
MW Convalescent Hospital for Officers, Brighton	• •	• •	• •	• •	• •	20
MW Convalescent Police Seaside Home, Hove		• •	• •	• •	• •	52
WG Daneswood Convalescent Home, Woburn Sand	ds	• •	• •	• •	• •	84
W David Salomon's House, Southborough	::	• •	• •	• •	• •	74
BG Dedisham Convalescent Nursery Home, Slinfo	old	• •	• •	• •	• •	73
MW Diabetic Convalescent Home, Birchington-on-		• •	• •	• •	• •	13
( Dominioum Commission	• •	• •	• •	• •	• •	53
MW Edith Priday Home, Blackheath	· .	• •	• •	• •	• •	14
MW Farnham Park Rehabilitation Centre, Farnham	Royal	• •	• •	• •	• •	42 15
W Foxholm, Bognor Regis	· .	• •	• •	• •	• •	15 49
MW Friendly Societies' Convalescent Home, Herne		• •	• •	• •	• •	70
BG Hart's Leap Children's Home, Sandhurst	• •	• •		• •	• •	70

Item			Pag
Gastrics (cont.)			
MW Headland Convalescent Home, Torquay			10
MW Hermitage Convalescent Home, Hastings		• •	4
MW Hertfordshire Seaside Convalescent Home, St. Leonards			6
MW John Howard Convalescent Home, Brighton			2
MW King Edward VII Convalescent Home for Officers (Osborn	e House),	East	
Cowes		• •	3
BG Lanthorne Convalescent Home for Children, Broadstairs			2
W Limpsfield Convalescent Home for Women, Limpsfield			5
BG Little Folks Home, Bexhill		• •	
MW Lloyd Memorial Printers' Convalescent Home, Deal			3
BG Marlborough Children's Convalescent Hospital, Marlborough	1	• •	9
MW Middlesex Branch Hospital and Convalescent Home, Clacton MW Mildmay Convalescent Home, Worthing	• •	• •	2
M Netley Castle Convolescent Home Notley Abban	• ••	• •	8
W Princess Louise Convolement Home Manie	• • •	• •	6
MW Princess Mary's Hospital (Rehabilitation) Cliftonville	• • • •	• •	6
M Railway Convolescent Home Home De-		• •	3
W Railway Convalescent Home, I landudno		• •	50 9'
M Railway Convalescent Home Par	• • •	• •	10
M Railway Convalescent Home Rothesov	• ••	• •	10
M Rustington Convolescent Home for Mon Littlehammton		• •	59
MW St. Joseph's Convalescent Home, Bournemouth		• • •	19
W St. Michael's Convalescent Home Clacton		• • •	30
MW St. Osyth's Priory Convalescent Home, Nr. Clacton		• • •	3
G St. Patrick's Residential Open Air School, Hayling Island		• •	42
W St. Peter's Convent, Woking			86
MW Samuel Lewis Seaside Convalescent Home. Walton-on-Naze			78
MW Seligman Convalescent Home, Eastbourne			41
W Victoria Convalescent Home, Bognor Regis			16
MW Zachary Merton Annexe, Banstead		• •	4
Gentlefolk			
W Catharine House for Gentlewomen, St. Leonards			66
W Catisfield House Convalescent Home Horro	• • •	• •	66 51
	• ••	• •	J 1
GROUND FLOOR BEDROOMS (see Alphabetical Index)			
Hearts			
M Bexhill Convalescent Home for Men, Bexhill			7
W Bexhill Convalescent Home for Women, Rexhill		• •	Ś
MW British Legion Churchill Court Convalescent Home, Sevenoak	s		72
M Brooklands Convalescent Home, Coggeshall			33
BG Cheyne Hospital, West Wickham			80
W David Salomon's House, Southborough			74
W Dominican Convalescent Home, Kelvedon			53
W London and Ascot Priory Convalescent Home, Ascot			2
BG Marlborough Children's Convalescent Hospital, Marlborough	• •	• •	98
B St. John's Open Air School, Woodford Bridge	• ••	• •	87
W St Peter's Convent Wolfing	• • • •	• •	19
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze.	• • •	• •	86
W Victoria Convalescent Home, Bognor Regis	• ••	• •	78
	• • •	• •	16
Invalid Children's Aid Association			
BG Edith Edwards House, Banstead			3
BG John Horniman School, Worthing			88
B Meath School, Ottershaw		• •	63
B Pilgrims School, Seaford			71

Item						Pag
Iewish	PATIE	NTS				
•	MW	Samuel Lewis Seaside Convalescent Home, Walton-on-Naze		• •	• •	73
	MW	Seligman Convalescent Home, Eastbourne	• •	• •	• •	4:
Lifts						44
	W	All Saints Hospital, Eastbourne	• •	• •	• •	40
	M	Bexhill Convalescent Home for Men, Bexhill		• •	• •	7:
	M	British Legion Churchill Court Convalescent Home, Sevenoa Byng House, Southport	.KS	• •		102
	1VI 1X/	Byng House, Southport			• • •	51
	MX	Caxton Convalescent Home, Limpsfield			• •	56
	MW	Convalescent Hospital for Officers, Brighton				20
		Convalescent Police Seaside Home, Hove				52
		Diabetic Convalescent Home, Birchington - on - Sea				13
		Dominican Home, Kelvedon				53
	MW	Edith Priday Home, Blackheath				14
	MW	Friendly Societies' Convalescent Home, Herne Bay				49
	$\mathbf{w}$	Hahnemann Convalescent Home, Bournemouth	• •	• •	• •	17
		Hearts of Oak Home, Broadstairs	• •	• •	• •	24
	MW		• •	• •	• •	40
	MW	Title Country Court Contractor Co	• •	• •	• •	63
	$\mathbf{B}\mathbf{G}$		• •	• •	• •	88
	MW				East	22
	$\mathbf{M}\mathbf{W}$	King Edward VII Convalescent Home for Officers (Osborn				34
	> #117		• •	• •	• •	38
	MW		• •	• •	• •	79
	MW		• •	• •	• •	89
	MW	Tilliania, Collinatorelli albania, ii e	• •	• •	• •	19
	IVI W				• •	30
		~ · · · · · · · · · · · · · · · · · · ·				86
	VV 13.71.3.3.7	St. Peter's Covent, Woking Samuel Lewis Seaside Convalescent Home, Walton-on-Naze	• •		• • •	78
	1V1 VV	Seligman Convalescent Home, Eastbourne			• •	41
	1V1 VV	Southern Convalescent Homes, Inc. (Bell Memorial) Lancing	· ·			54
	w	Victoria Convalescent Home, Bognor Regis	••			16
						58
Light						
Light		Bexhill Convalescent Home for Men, Bexhill				7
	337	Bexhill Convalescent Home for Women, Bexhill				8
	P.C.	Crole Wyndham Memorial Home for Convalescent Children,	Herne			48
	MW	Diabetic Convalescent Home, Birchington-on-Sea				13
	T G	Fairfield House Open Air Residential School, Broadstairs				23
	BĞ					25
	MW	Princess Mary's Hospital (Rehabilitation), Cliftonville				32
	В	St. Dominic's Open Air School for Boys, Godalming				44
	MW	Seligman Convalescent Home, Pastbourne				41
	BG	Winifred House Convalescent Hospital for Children, Barnet	• •	• •	• •	5
LONDO	N TEL	ECOMMUNICATIONS				
	MW	White House Convalescent Home, Bexhill	• •	• •	• •	12
Long '	Term :	STAY (see Alphabetical Index)				
MARRI		•				
11,22111111	LD 00	British Legion Convalescent Holiday Home, Weston-super-M	<b>I</b> are			104
		Caxton Convalescent Home, Limpsfield				56
		Hertfordshire Seaside Home, St. Leonards-on-Sea				67
		Maitland House, Frinton				43
		Mildmay Convalescent Home, Worthing				89
		St. Michael's Convalescent Home, Westgate - on - Sea		• •		83
		Seligman Convalescent Home, Eastbourne				41
		Southern Convalescent Homes, Inc., (Bell Memorial), Lancing	ıg			54

Item								Page
MENTAL DETER W F	RIORATION Parnham, Beaminster, Dorset						••	6
	NDICAPPED PATIENTS Orchard Dene, Liverpool							96
MENTAL PATIE	NTS							
MW C	Castle Glen, Mental After-Care Hom Coignafearn, Mental After-Care Hom	ne, Croy	don	• •	• •	• •	• •	69 36
MW I	Lawn Court, Mental After-Care Hor	ne, Bex		• •	• •	• •	• •	10
	Mental After-Care Home, Cheam Mental After-Care Home, Chiswick	• •	• •	• •	• •	• •	• •	27 28
	Mental After-Care Home, Ipswich	• •	• •	• •	• •	• •	• •	95
WE	Royal Oak House, Mental After-Care					• • •	• •	81
wî	The Towers, Mental After-Care Hor	ne, Bexh	ill-on-S	ea		• •	• •	11
Merchant Nav								
	Angas Convalescent Home for Seame	en Cudh	am					37
MN	Merchant Seamen's Convalescent Ho	me, Alfo	ld			• •		í
					••	• •	• •	
Musicians May S	st. Cecilia's, Westgate-on-Sea							82
101 00 5	or. Cecina's, Westgate-on-Dea	• •	• •	• •	• •	• •	• •	02
Neurotics	1.1. C. 7.6 POI							
	pelthorne St. Mary, Thorpe	• •	• •	• •	• •	• •	• •	76
	Cyrwhitt House, Leatherhead	• •	• •	• •	• •	• •	• •	55
Nurses and $N$	lidwives							
	Edith Cavell Home of Rest for Nurse			• •	• •	• •	• •	45
	Edith Cavell Home of Rest for Nurse Maitland House, Frinton-on-Sea	es, wina	ermere		• •	• •	• •	105 43
	Princess Mary's Hospital (Rehabilitat	tion) Clif	tonville	• •	• •	• •	• •	32
		ciony Cin	tonvine		• •	••	• •	32
OCCUPATIONAL		C 1	1					27
	Angas Convalescent Home for Seam Bexhill Convalescent Home for Mer			• •	• •	• •	• •	37 7
wG	Croft Annexe (London Hospital), R	eigate		• •	• •		• •	65
"W	David Salomon's House, Southboro	ugh	• •		• •		• •	74
MW	Edith Priday Home, Blackheath			• •			• • •	14
$\mathbf{M}\mathbf{W}$	Farnham Park Rehabilitation Centre	e, Farnha	ım Roya	1				42
$\mathbf{M}\mathbf{W}$	King Edward VII Convalescent Ho	ome for	Officers	(Osbo	rne H	iouse),	East	
DC	Cowes		. 1 % /		; •	• •	• •	34
	Marlborough Children's Convalesce				~	• •	• •	98
	Princess Mary's Hospital (Rehabilita Queen Alexandra Hospital Home, V			е	• •	• •	• •	32 90
w	Spelthorne St. Mary, Thorpe	voruning	• •	• •	• •	• •	• •	76
M	Tyrwhitt House, Leatherhead		• • •	• •	• •	• •		55
	Zachary Merton Annexe, Banstead							4
ORTHOPARDIC (	See also plasters)							
M	Bexhill Convalescent Home for Mer	n. Bexhil	1					7
	Bexhill Convalescent Home for Wo					• • •	• • •	8
BG	Cheyne Hospital, West Wickham				• •	• •	• •	80
	David Salomon's House, Southboro		• •					74
	Farnham Park Rehabilitation Centre	e, Farnha	ım Roya	ıl		• •		42
MW	Lulworth Court, Westcliff-on-Sea			.11.	; .		• •	79
	Marlborough Children's Convalesce Winifred House Convalescent Hosp					• •	• •	98
	-	101 C	muren,	Danie	·	• •	• •	5
Physiotherapy								
	Banting House, Worthing			• •	• •	• •	• •	91
	Bexhill Convalescent Home for Wes			• •	• •	• •	• •	7

Item						Pag
PHYSIOTHERAXY (cont.)						
MW British Legion Churchill Court Convalescent	Home,	Seven	oaks			72
W Catisfield House, Hove	••					51
BG Cheyne Hospital, West Wickham						80
MW Convalescent Hospital for Officers, Brighton				• •		20
						6.
WG Daneswood Convalescent Home, Woburn Sa	nds					84
W David Salomon's House, Southborough				• •		74
G Fairfield House Open Air Residential School						23
MW Farnham Park Rehabilitation Centre, Farnha		1		• •		4:
MW John Howard Convalescent Home, Brighton		• •	• •			2
MW King Edward VII Convalescent Home for	Officers	(Osbo	rne F	House)	East	_
Cowes		• •		• •	• •	34
BG Lanthorne Convalescent Home for Children,	Broads	tairs	• •			2
	••		••	• •	• •	
BG Marlborough Children's Convalescent Hospit			gh		• •	98
B Meath School, Ottershaw		• •	• •	• •		63
B Pilgrims School, Seaford						71
MW Princess Mary's Hospital (Rehabilitation), Cl		e		• •		32
M Queen Alexandra Hospital Home, Worthing	• •	• •		• •	• •	90
				• •		30
W Thomas Banting Memorial Home, Worthing					• •	91
BG Winifred House Convalescent Hospital for C	hildren,	Barne	t			
MW Zachary Merton Annexe, Banstead						4
Dr. sampro (acc also Outhonoodia)						
PLASTERS (see also Orthopaedic)  M Bexhill Convalescent Home for Men, Bexhill						7
		• •	• •	• •	• •	8
W Bexhill Convalescent Home for Women, Bexh	.111	• •	• •	• •	• •	74
W David Salomon's House, Southborough		• •	• •	• •	• •	73
BG Dedisham Convalescent Nursery Home, Slinfo	) Ia T		• •	• •	• •	67
MW Hertfordshire Seaside Convalescent Home, St.			• •	• •	• •	07
BG Winifred House Convalescent Hospital for Ch	maren,	Darnet	• •	• •	• •	•
Police						
MW Convalescent Police Seaside Home, Hove						52
1/1// 001/410000110 1 01100 0040140 110110, 110/0	• •	• •				
Printers						
MW Caxton Convalescent Home, Limpsfield						56
MW Hermitage Convalescent Home, Hastings						46
MW Lloyd Memorial Printers' Convalescent Home	. Deal					38
**************************************	,					
Professional Classes (see Gentlefolk)						
1 NOTESSIONAL CEMESES (See Controller)						
PSYCHIATRIC NURSING						
M Tyrwhitt House, Leatherhead						<b>5</b> 5
·						
RAILWAY CONVALESCENT HOMES						0.4
M Railway Convalescent Home, Dawlish		• •	• •	• •	• •	94
M Railway Convalescent Home, Herne Bay			• •	• •	• •	50
W Railway Convalescent Home, Llandudno		• •	• •	• •	• •	97
W Railway Convalescent Home, Margate	• •	• •	• •	• •	• •	60
M Railway Convalescent Home, Moreton		• •		• •	• •	99
M Railway Convalescent Home, Par	• •		• •	• •	• •	100
M Railway Convalescent Home, Rothesay	• •	• •		• •	• •	101
_						
REHABILITATION	ъ.					40
MW Farnham Park Rehabilitation Centre, Farnham	Koyal		•• .	n	• •	42
MW King Edward VII Convalescent Home for Office	rs (Usbo	rne Ho	ouse),	east Co	wes	34
MW Princess Mary's Hospital (Rehabilitation), Cliff	tonville	• •	• •	• •	• •	32
M Tyrwhitt House, Leatherhead	• •	• •	• •	• •	• •	55

Item						Page
RHEUMATISM						
BG	Cheyne Hospital, West Wickham					80
BG	Marlborough Children's Convalescent Hospital, Marl	boroug	h			98
Roman Cath	OLICS					
$\mathbf{W}$	Dominican Convalescent Home, Kelvedon					53
MWBG	French Convalescent Home, Brighton				• •	21
В	St. Dominic's Open Air School for Boys, Godalming				• •	44
В	St. John's Open Air School, Woodford Bridge					87
$\mathbf{M}\mathbf{W}$	St. Joseph's Convalescent Home, Bournemouth					19
$\mathbf{W}$	St. Michael's Convalescent Home, Clacton					30
G	St. Patrick's Residential Open Air School, South Hay	ling				47
Skin Cases (	see also Eczema)					
	Marlborough Children's Convalescent Hospital, Marl	horoug	h			98
$\mathbf{M}\mathbf{W}$	St. Osyth's Priory Convalescent Home, near Clacton		••	• • •	• • •	31
$\mathbf{M}\mathbf{W}$	Samuel Lewis Seaside Convalescent Home, Walton-or	n-Naze			• • •	78
Sр <b>е</b> есн Тнек	APY		• •	• •	• • •	
BG	Edith Edwards House, Banstead					3
BG	John Horniman School, Worthing				• •	88
BG	Moor House School, Oxted	••			• • •	64
	•	• •		• •	• •	٠.
Tuberculosia	5					
$\mathbf{w}$	Maitland House, Frinton-on-Sea					43
$\mathbf{M}\mathbf{W}$	Princess Mary's Hospital (Rehabilitation), Cliftonville		• •			32
BG	Winifred House Convalescent Hospital for Children,	Barnet			• •	5
Tuberculosis				-	- •	•
	St. Mary's Home for Children, Broadstairs					26
BG	Yarburgh Children's Home Fast Grinstead	• •	• •	• •	• •	20

### INDEX OF HOMES FOR CHILDREN

#### Alphabetical list of Children's Homes showing age groups accepted at each Home

$A_{\mathcal{B}}$	ges	Name of Home		Page
Boys	Girls	·		_
$\frac{1}{12}$ -10	$\frac{1}{12}$ -10	Cheyne Hospital, West Wickham		80
	12-15	Croft Annexe (London Hospital), Reigate		65
2½-12	$2\frac{1}{2}$ -12	Crole Wyndham Memorial Home for Convalescent Children, Hern	e Bay	48
0-7	0-7	Dedisham Convalescent Nursery Home, Slinfold		73
5-12	5-12	Edith Edwards House, Banstead		3
	5-16	Fairfield House Open Air Residential School, Broadstairs		23
5-15	5-15	French Convalescent Home, Brighton		21
2-8	2-8	Hart's Leap Children's Home, Sandhurst		70
3-10	3-12	House Beautiful, Bournemouth		18
5-9	5-9	John Horniman School, Worthing		88
1-15	1-15	Lanthorne Convalescent Home for Children, Broadstairs		25
1-11	1-14	Little Folks Home, Bexhill		9
0-15	0-15	Marlborough Children's Convalescent Hospital, Marlborough		98
8-12		Meath School, Ottershaw		63
8-16	8-16	Moor House School, Oxted		64
2-12	2-12	Orchard Dene, Liverpool		96
12-16		Pilgrims School, Seaford		71
5-13	5-11	St. Catherine's Home, Ventnor		77
5-16		St. Dominic's Open Air School for Boys, Godalming		44
5-15		St. John's Open Air School, Woodford Bridge		87
3-9	3-15	St. Mary's Home for Children, Broadstairs		26
	5-16	St. Patrick's Residential Open Air School, Hayling Island		47
2-10	2-12	Winifred House Convalescent Hospital for Children, Barnet		5
1-6	1-6	Yarburgh Children's Home, East Grinstead		39

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