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KING EDWARD'S HOSPITAL FUND
FOR LONDON

DIRECTORY
OF
CONVALESCENT AND OTHER HOMES

SERVING GREATER LONDON

1983

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PREFACE

The Directory was first published in 1948. As a result of reports of its usefulness received from Hospital Social Workers and other workers in the health field, it was decided to make it an annual publication.

All Convalescent Homes in the Directory require a recommendation for convalescence signed by a doctor.

Homes offering general convalescence are usually visited at least every two years by members of the Committee.

EXPLANATORY NOTE

The page containing details of each Home shows the Region in which the Home is situated at the top left hand corner, and at the top right hand corner is the name of the District Health Authority or the words 'Contractual Arrangements', 'Special School' or 'Independent'.

The ALPHABETICAL INDEX on pages vii to viii is an alphabetical list of Homes for adults. The prefix letters to each Home show whether men or women are accepted and whether the following facilities are provided: ground floor bedrooms, holiday and short stay beds, accommodation for the psychiatrically ill. An Alphabetical Index of Children's Homes follows at page ix.

The CLASSIFIED INDEX on pages x to xiv contains lists of Homes for adults which meet special medical and psychiatric needs as well as offering general convalescence.

LIST OF HOMES ADDED OR OMITTED SINCE THE LAST ISSUE OF THE DIRECTORY

ADDED

Garston Manor Medical Rehabilitation Centre, Nr Watford
The Wolfson Centre (Children), Mecklenburgh Square, WC1
The Wolfson Medical Rehabilitation Centre, Wimbledon, SW20

OMITTED

Cadlington House, Horndean
Edith Edwards House, Banstead
Hales House, Winterton-on-Sea
Hertfordshire Seaside Convalescent Home, St Leonards
St Mary's Home for Children, Broadstairs
Thomas Banting's Memorial Home, Worthing

Thomas Banting's Memorial

Unfortunately after providing convalescent care for more than one hundred years, the Thomas Banting Memorial Home in Worthing has had to close. The Trustees are selling the house and propose investing the proceeds to provide a fund to finance convalescents who wish to go to other private or charitable Homes but cannot afford the fees. As the original endowment was for ladies only, the Trustees feel that they must also restrict the payments to ladies.

Applications should be made to The Secretary, Thomas Banting's Memorial, 1 Highworth, Worthing, BN11 1ST (telephone: Worthing 37581).

Southern Convalescent Homes, Inc.

**THE BELL MEMORIAL HOME,
SOUTH STREET,
LANSING,
SUSSEX.**

(Lancing 752020)

PATIENTS: Women aged 16-75 years. Married couples in double rooms. General convalescence. Mild Asthmas. Subject to the absolute discretion of the Medical Officer and/or Senior Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage. Subject to the same discretion a limited number of patients with controlled colostomies can be accepted.

Ineligible: Normal exclusions. Bed cases.

RELIGION: Undenominational.

BEDS: 21 in shared rooms (3 per room), 27 single rooms and 7 double rooms.

TREATMENTS: No treatments or diets. Dry dressings. A lift operates.

STAFF: The Resident Senior Matron: Mrs S Gates

Nursing Staff: Matron and Assistants (untrained).

Medical Staff: Dr M Berkley (visiting).

LENGTH OF STAY: Usually 2 or 3 weeks.

ROUTINE AND RECREATION: The patients rise at 8.15 am and retire at 10 pm. Patients are expected to make their own beds. Impromptu concerts are organised from time to time.

Visiting Day: Any day.

CHARGES: £28 per week (shared rooms). £35.00 per week (single rooms), £32.00 (double rooms). When sharing room is used as double £42.00 per person.

RECEIVING DAY: Saturday (after 2 pm).

DEPARTURE DAY: Friday.

STATION: Lancing. 1.25 pm train from Victoria (change at Shoreham-by-Sea).

GENERAL: The Home stands a little back from the sea, about 2 minutes to the seashore. Home is closed for two weeks at Christmas.

APPLICATIONS: To the Senior Matron: Mrs S Gates, 164 South Street, Lancing, Sussex BN15 8AZ (0903 752020).

Catharine House for Gentlewomen

**57 CHURCH ROAD,
ST LEONARDS-ON-SEA,
EAST SUSSEX, TN37 6HJ.**

(0424-437419)

PATIENTS: Professional and other gentlewomen. General convalescence. Rest.

Ineligible: Normal exclusions; bed cases and cases requiring night attention.

RELIGION: Undenominational.

BEDS: 21 Single rooms, 7 on ground floor, and 2 twin bed basement flats. All rooms have hot and cold water.

TREATMENT: No specialised treatments.

STAFF: Chief Resident Officer: Lady Superintendent, Miss M Murray SRN SCM.

Nursing Staff: 1 Sister (SRN) part-time.

Medical Staff: Dr Anne Beattie (visiting).

LENGTH OF STAY: Usually 2 weeks, extended in special circumstances.

ROUTINE AND RECREATION: Breakfast in bed every day. Patients are expected to make their beds and keep their rooms tidy if they are well enough to do so. Colour Television, piano, wireless. Ample sitting-rooms, including Sun Lounge.

Visiting Day: Any day.

CHARGES: All rooms £58.00 (including VAT), per head per week. £68.00 Christmas period.

RECEIVING DAYS: Any weekday.

STATION: St. Leonards, Warrior Square, from Victoria or Charing Cross. The house is near the station.

GENERAL: A very comfortable house, standing high and not far from the shore. Central heating.

APPLICATIONS: to the Lady Superintendent at the Home, who will send the necessary application form.

Catisfield House

**55 THE DRIVE,
HOVE,
E. SUSSEX, BN3 3PF**

(Brighton 0273 736036)

PATIENTS: Gentlewomen aged 18-70. (Older ladies accepted entirely at Matron's discretion.) General convalescence. Recuperative Holidays occasionally, if beds available.

Ineligible: Bed cases, nervous disorders, terminal and inoperable cancer, asthma, diabetes and patients on special diet, colostomy cases.

BEDS: 19 single rooms, all with central heating and running hot and cold water (2 on ground floor). There is a lift to all floors.

TREATMENT: Medicines (oral only). Physiotherapy if arranged prior to admission.

STAFF: **Chief Resident Officer:** Matron SRN
Assistant to Matron
Medical Staff: Medical Officer (visiting).

LENGTH OF STAY: 2-3 weeks, extended only at discretion of Medical Officer.

ROUTINE AND RECREATION: Breakfast in bed. Ladies are asked to be downstairs for morning coffee at 10 am. Aim is to provide a happy homelike atmosphere, free from domestic work and with as few rules and regulations as possible. Lounge and Television room.

Visiting Times: Daily 10.30—12.30 or from 3.30—6.30 or 7.30—9.
(Meals cannot be provided for Visitors).

CHARGES: £56 per week (subject to review).

RECEIVING DAYS: Every afternoon except Sunday.

STATION: Brighton or Hove from Victoria and London Bridge. Taxis available at both stations.

GENERAL: Founded 1924 by endowment, a converted private house in centre of town, near sea and shops, very comfortably equipped with a pleasant garden and sun loggia. Opposite Hove Parish Church. Roman Catholic Church and bus stops adjacent. House usually closed 1 week over Christmas.

APPLICATIONS: To the Matron.

Chesham House

**1 CHESHAM PLACE,
BRIGHTON,
EAST SUSSEX, BN2 1FB**

(Officer in Charge and Residents) Brighton 696523

Parent Society: The Brighton, Hove and District Society for Mentally Handicapped Children.

GUESTS: Holidays and Short Stay Care for mentally handicapped children and adults.

RELIGION: Undenominational.

BEDS: 20 in rooms with 2-6 beds (3 beds on Ground Floor)

STAFF: **Officer in Charge.** 2 Deputies. Care/General Day Assistants and night staff.
Medical Staff: Visiting Medical Officer.

LENGTH OF STAY: Not exceeding one month on initial acceptance, extension beyond that period subject to individual review.

ROUTINE: Routine according to requirements. Garden with playground facilities, easy access to beach and Brighton Marina. Lift to Peter Pan's Childrens playground and special arrangements for most of the local amenities.

CHARGES: Fees on request.

RECEIVING AND DISCHARGE DAY: To be arranged with Officer in Charge.

STATION: Buses available from the station. Also Taxis.

APPLICATIONS: To the Officer in Charge.

SPECIAL CARE CAN BE NEGOTIATED.

Cheyne

(Centre for Mentally Handicapped Children)

**WOODLAND WAY,
WEST WICKHAM,
KENT, BR4 9LT**

(01 777 9426/7)

PATIENTS: Mentally and multiply handicapped patients from 2 years to 18 years old, requiring treatment and schooling.

RELIGION: Undenominational.

BEDS: 50 mental handicap children. All wards on the ground floor.

TREATMENT: Treatment and diets as recommended by Medical Staff. Full physiotherapy service. Hydrotherapy Unit.

STAFF: Nursing Officer in Charge, with supporting nursing staff responsible to Senior Nursing Officer, Mental Handicap, Bromley Health Authority.
Medical cover provided by Consultant Paediatrician, Consultant Psychiatrist, Orthopaedic Surgeon and visiting General Practitioner; Dental, Ophthalmic and other services available. Psychologist, Speech Therapist, Occupational Therapist, Physiotherapists, Social Worker and Play Leader also in attendance.

LENGTH OF STAY: Decided on merit of individual cases. Children are admitted for short-term care and during school holiday periods for social reasons.

ROUTINE AND RECREATION: T.V., radio and record players on all wards. Various outings to seaside and places of interest. Summer holiday playgroups. Garden with swings and adventure playground. Services of Play Leader and Occupational Therapist.

EDUCATION: Schooling is provided by Bromley Education Authority under supervision of a Head Teacher.

VISITING: Open by arrangement with Nursing Officer in charge.

STATION: To East Croydon from Victoria or Waterloo, then 'bus 119 to Woodland Way, or West Wickham from Charing Cross.

GENERAL: The Centre is pleasantly situated in 12 acres of grounds and woodland.

APPLICATIONS: To Consultant or Senior Nursing Officer. Priority given to children from the Bromley area.

Convalescent Police Seaside Home

**205 KINGSWAY,
HOVE,
SUSSEX, BN3 4FD.**

(Tel: 0273 773991)

PATIENTS: Men and women actually serving in the Police Force and Police pensioners, requiring general convalescence. Police pensioners and Police Officers on annual leave taken by arrangement.

Ineligible: Normal exclusions and those unable to care for themselves or climb stairs.

RELIGION: Undenominational.

BEDS: 50. There are two lifts.

TREATMENT: All types of diets. Dressings. Injections.

STAFF: Chief Resident Officer: Superintendent, D H Holmes.

Nursing Staff: 3 SRN.

Medical Staff: Dr H C M Jarvis (visiting).

LENGTH OF STAY: 2 weeks, which can be extended if necessary.

ROUTINE AND RECREATION: The patients get up at 7.30 am and go to bed at 11.00 pm. Billiards, table tennis, library, television, coach drives, and beach chalet.

Visiting Day: Any day.

CHARGES: On application.

RECEIVING DAYS: Tuesday and Friday (other days by arrangement).

DISCHARGE DAYS: Tuesdays and Fridays.

STATION: Hove, from Victoria or London Bridge. Patients are met at the station.

GENERAL: The Home is very comfortable and well equipped. The Home closes for up to two weeks over the Christmas period.

APPLICATIONS: To the Chief Medical Officer, Wellington House, 67 Buckingham Gate, London SW1 for Metropolitan Police officers; to the appropriate Chief Constable for officers of all other Forces. Pensioners and officers on annual leave, direct to the Superintendent.

Winged Fellowship Trust

Registered Charity 231924

CRABHILL HOUSE,
SOUTH NUTFIELD,
REDHILL, SURREY.

PATIENTS: Physically disabled men and women of 16 years and over. Including incontinents and those with additional physical ailments.

Ineligible: Mental illness and senility. Those in need of sick nursing, epileptics or blind persons unless they are wheelchair bound. Chronic bronchitics and asthmatics. (Guests are more likely to be rejected for being too lightly handicapped than the reverse).

RELIGION: Undenominational.

BEDS: 32 all on the ground floor comprising of 4 single and 4 twin bedded rooms, 4 three-bedded and 2 four-bedded rooms.

TREATMENT: Medication, injections, as prescribed by patient's doctor. Simple diets. Use of heated indoor swimming pool with assistance.

STAFF: Houseparent.

Three trained nurses and night auxiliary.

Care assistants, domestic staff plus resident volunteers of both sexes.

Doctor on call.

LENGTH OF STAY: 2 weeks only from March until December. Early booking advisable for summer months. Permanent accommodation cannot be offered.

ROUTINE AND RECREATIONS: Guests have breakfast at 9 am and retire when they wish. Guests are assisted with dressing, washing, bathing and toilet and with feeding, as required. Outings in coach ambulance include visits to shops, pubs, church, historical houses and other places of interest. Plenty of entertainment for those who wish to participate.

Visiting: Any day and time by arrangement with Houseparent.

CHARGES: Details given upon application.

RECEIVING DAY: Saturday after 2 pm.

DISCHARGE DAY: Saturday before 12 noon.

STATION: Redhill (Please advice Head Office in advance as to your travel arrangements).

GENERAL: A large country house pleasantly situated in the heart of rural Surrey. Guests accommodation is in purpose designed ground floor extension of the original house. Level garden. No steps in guest areas.

APPLICATIONS: Holiday Office, Winged Fellowship Trust, 2nd floor, 64/66 Oxford Street, London W1N 0AL. Telephone: 01-636 5575/5886

Note: Winged Fellowship Trust has two other holiday centres for the physically disabled: Jubilee Lodge, Grange Farm, Chigwell, Essex.
Skylarks, Adbolton Lane, West Bridgford, Nottinghamshire.

Dedisham School for Autistic Children

**SLINFOLD, Nr HORSHAM,
SUSSEX.**

(Slinfold 790257)

Parent Society: The National Society for Autistic Children.

PUPILS: Boys and girls, aged 5-19, who have been diagnosed as autistic, or non-communicating.

RELIGION: Undenominational.

BEDS: 35. 9 girls, 26 boys.

MEDICAL: Specialist consultations as required. Routine medical attention. Speech therapy.

STAFF: Chief Resident Officer: Headmaster, Geoffrey C Pickering.

Medical Staff: Consultant Psychiatrist: now retired. New appointment not yet made.

School Medical Officer, Dr David Mathias MB BS DRCOG

LENGTH OF STAY: As required for meeting educational needs.

ROUTINE AND RECREATION: Children get up at 7.30 am, and go to bed between 7.30 pm and 8.30 pm.

School: 5 hours daily teaching in small groups, on individually planned programmes.

Recreation: organised by teaching and child care staff.

CHARGES: Payable by local authorities (Sept 1982 P.A. £9,900)

RECEIVING DAY: By arrangement.

DISCHARGE DAY: Normally at the end of term.

STATION: Horsham, from Victoria, Waterloo or London Bridge. Buses run from Horsham Station—passing the end of the drive. Dedisham is situated on the Horsham to Guildford main road.

VISITING DAY: By arrangement with the Principal.

GENERAL: The school faces South and has an open view over fields. It is recognised and registered with the Department of Education and Science as an Independent, Residential Special School. Normal School holidays at Easter, Summer, Christmas *plus* 1 week mid-way in each term.

APPLICATIONS: To the National Society Head Office, 1A Golders Green Rd. London, NW11 8EA, or to the Principal.

The Dominican Convalescent Home

**LONDON ROAD,
KELVEDON,
NEAR COLCHESTER,
ESSEX, CO5 9AN**

**Code 0376-
(Matron—Kelvedon 70359)
(Residents—Kelvedon 70405)**

Dominican Sisters

PATIENTS: Women over 16 years. General convalescence and rest.

Ineligible: Normal exclusions. Infirm. Bed cases. Colostomies, mentally disturbed or confused, unstablized epileptics

RELIGION: Roman Catholic. (Patients of any religion received).

BEDS: 26, of which 12 are on the ground floor; the remaining 14, single and double rooms, are served by a lift.

TREATMENT: No treatments. Gastric and diabetic diets provided. Simple dressings

STAFF: Chief Resident Officer: Administrator.

Nursing Staff: 2 SRN; 1 part-time SRN and 1 part-time SEN.

Medical Staff: Dr C Thompson, Dr G Willett (visiting).

LENGTH OF STAY: Usually 2 weeks, extended in special cases.

ROUTINE AND RECREATION: Breakfast at 8.30 am. Patients retire not later than 10 pm. They are expected to make their own beds if they are able to, and keep their rooms tidy. Colour Television.

Visiting Day: Any day to 9.30 pm.

CHARGES: £85.00 per week, private patients.

RECEIVING AND DISCHARGE DAYS: Mondays and Tuesdays.

STATION: Kelvedon from Liverpool Street, every hour (49 minutes). Patients are met at Kelvedon Station.

GENERAL: The building stands in pleasant country surroundings and has a good garden. The sea is within easy reach by bus or train. 1 hour to Clacton-on-Sea.

APPLICATIONS: To the Administrator of the Home.

NHS patients: to the Essex Area Health Authority, Collingwood Road, Witham.
Witham 516515 Ext. 324.

Edith Priday Home of the British Red Cross Society

21 & 23 ST JOHN'S PARK, BLACKHEATH, SE3 7TE

(Admissions: 01 858-8469)

(Matron: 01 858-0039)

(Patients: 01 858-1063)

PATIENTS: Men and women of 70 and over, mainly those living in the County of London, for convalescence.

Ineligible: Incontinent cases, mentally confused, colostomy and tracheostomy cases, bed-ridden or wheel chair cases.

RELIGION: Undenominational.

BEDS: 42, in wards of 2-4. (3 ground floor wards—women).

TREATMENTS: Some treatments undertaken. Gastric and diabetic diets provided. Simple dressings, where needed. Visiting physiotherapist.

A supply of drugs and walking aids where needed should accompany patients together with an up-to-date letter from the Ward Sister giving particulars of dosage and treatments. Name and address and telephone number of General Practitioner must be shown on forms.

STAFF: Chief Officer: Mrs L P P O'Mara SRN—Matron .

Admitting Officer: Matron.

Nursing Staff: 1 SRN, 1 SEN, 8 Nursing Auxiliaries.
2 Night Attendants.

Warden: 1 Resident.

Medical Staff: Dr W Chandler (Hon Medical Officer).

Admissions: Mrs A A Crisp.

LENGTH OF STAY: Maximum 4 weeks. Upon Matron's request Hospitals must accept responsibility for re-admissions.

ROUTINE AND RECREATION: Patients are expected to take all meals in the dining rooms. All clothing and possessions must be marked. No domestic work involved. Independence encouraged. Diversional therapy. Hair-dressing arranged. Trolley shop. Film shows. Coach trips. T.V. Miniature golf.

Visiting: Unrestricted. Outings encouraged.

CHARGES: £105.00 per week.

RECEIVING DAY: Thursday morning 10.00am to 12.30pm. Home open—all year round.

DISCHARGE DAY: Thursday.

STATION: Blackheath, from Charing Cross, Waterloo and London Bridge. Buses: 53, 54, 75, 89, and 108B.

GENERAL: There are ten unavoidable steps to the entrance but, internally there is a lift. The Home is situated off the A2, in a spacious residential district with pleasant gardens. Very near church, shops.

APPLICATIONS: To the Admissions Officer, 23 St. John's Park, Blackheath, London SE3 7TE. Tel: 01-858-8469.

Farnham Park Rehabilitation Centre

**FARNHAM ROYAL,
BUCKS.
SL2 3LR.**

Tel: Farnham Common 2271/2

PATIENTS: Ambulant cases, (in-patients able to climb one flight of stairs with handrails). Men and women, in-patients aged 18-60, out-patients aged 16-65, who, through a balanced programme of physiotherapy, remedial exercises, occupational therapy, speech therapy and hydrotherapy appropriate to the condition, are capable of being restored to full earning capacity in about three months or less or, in the case of permanent disability to such a capacity as the disability will allow.

INELIGIBLE: Normal exclusions. Cases suffering from incontinence of urine or faeces or nocturnal enuresis; Psychosis, severe neurosis, uncontrolled asthma, total blindness, epilepsy, unstabilised diabetes, infectious or contagious disease. Any cases needing night nursing apart from emergency.

RELIGION: Undenominational.

BEDS: 50, in 2 to 8-bedded rooms on first floor.

TREATMENT: Physiotherapy, remedial exercises, hydrotherapy, speech therapy, work of therapeutic value in workshops and gardens, special diets.

STAFF: Medical: J G P Williams, M.Sc. FRCS (Ed.), D.Phys.Med., Medical Director, also whole time Medical Assistant.

Nursing: Matron (SRN); 3 Nursing Sisters, 5 Physiotherapists. 3 remedial gymnasts, 6 occupational therapists, Speech Therapist, Social worker.

LENGTH OF STAY: Average 5 weeks.

ROUTINE AND RECREATION: Patients are graded as to their disability and re-examined by medical staff weekly or as necessary. DRO attends weekly. There is a library, games room, radiogram, television. Concerts arranged. Putting, squash, tennis, bowls, extensive gardens.

Visiting: Monday-Friday 5.0 to 6.0 pm, Saturday and Sunday 2 to 4.30 pm.

RECEIVING DAYS: Monday. (Except by special arrangement).

STATION: Slough.

GENERAL: Centre is a large house situated in 8 acres of garden and lawn, within easy reach of Slough and Windsor by bus. Car parking available (at owner's risk).

APPLICATIONS: To the Medical Director on the prescribed form with clinical and social notes.

Foxholm
3 MARINE DRIVE WEST,
BOGNOR REGIS,
SUSSEX.
PO21 2QA

(Bognor Regis 823517)
(0243 823517)

Bermondsey Medical Mission.

PATIENTS: Women over 60.

Ineligible: Cases requiring night attention or bed cases. Incontinent or mentally confused patients.

RELIGION: Interdenominational.

BEDS: 24; seven on the ground floor, 6 single rooms. Lift.

TREATMENT: Special diets provided: Light dressings.

STAFF: Nursing Staff: Matron (SRN)
2 Part time SRN;
Medical Staff: Visiting.

LENGTH OF STAY: Normally 2 weeks: longer in winter months if required.

ROUTINE AND RECREATION: Breakfast in bed, evening prayers, television, radio, books and piano.

CHARGES: £65.00 per week shared £70.00 per week single room

RECEIVING DAY: Monday afternoon

DISCHARGE DAY: Monday morning

VISITING DAY: Any day.

STATION: Bognor Regis. 13.30 train from Victoria will be met at Bognor Regis station, if requested.

GENERAL: The house is situated on the sea front within easy reach of shops.

APPLICATIONS: to the Matron.

French Convalescent Home

DE COURCEL ROAD

BRIGHTON

SUSSEX, BN2 5TF

Telephone (0273) 681678

RESIDENTS AND CONVALESCENTS: French, aged 60 years and over. Non-French are admitted if room available. Convalescents of any age.

RELIGION: Undenominational. R.C. chapel and Chaplain.

BEDS: 42 private rooms, Lift to all floors.

STAFF: Administrator

Nursing Staff: 5 Nursing Sisters, one being the Sister Superior.

Medical Staff: Visiting Doctor (clinic on Wednesdays).

LENGTH OF STAY: Permanent residency after trial period. Convalescence as available.

ROUTINE AND RECREATION: Breakfast at 8.00 am. Tea or coffee at 10.00 am. Lunch at 12.00 pm. Tea at 3.00 pm. Supper at 6.00 pm. Hot drinks if required at 8.30 pm. No meals normally served in bedrooms. 2 recreation rooms, television, large enclosed garden. On the promenade overlooking the Marina and the Sea.

VISITING DAYS: Any day after lunch

CHARGES: Available on request from Administrator, depending on care and type of room required from £95.00 per week.

RECEIVING DAYS: }
DISCHARGE DAYS: } By arrangement.

STATION: Brighton. Local buses and taxis.

GENERAL: There is a small shopping centre nearby.

APPLICATIONS: To the Administrator, with Doctor's letter.

Garston Manor Medical Rehabilitation Centre

HIGH ELMS LANE,

GARSTON,

WATFORD WD2 7JX.

Garston 73061/3

PATIENTS: Ambulant cases and wheelchair patients who are independent in the activities of daily living. Men and women in-patients aged 16-65 who are capable of benefiting from a balanced programme of physiotherapy, hydrotherapy, occupational therapy, speech therapy and remedial exercises appropriate to their condition.

Day patients within reasonable travelling distance.

Ineligible: Normal exclusions. Patients suffering from incontinence of urine or faeces or total blindness. Patients needing night care.

RELIGION: Undenominational.

BEDS: 55, 9 on the ground floor, no lift, 27 stairs.

TREATMENT: Physiotherapy, hydrotherapy, occupational therapy, speech therapy, remedial exercises.

There is an Employment Rehabilitation Centre in the grounds to which patients can be referred for industrial assessment if appropriate.

STAFF: Medical Director, two part-time Consultants and supporting staff.

VISITING: Saturday and Sunday 2.00 pm-6.00 pm.
Evenings 7.00 pm-9.00 pm at the discretion of Sister on Duty.
Patients are allowed home at weekends if they can arrange their own transport.

ADMISSION: Sunday and Monday.

STATION: Watford Junction.

GENERAL: The Centre is situated on the A405 between Watford and St. Albans and ½ mile from Junction 6 of the M.1. Cars can be brought to the Centre if permission is obtained. There is limited parking at owner's risk.

There is a Functional Assessment Unit and Information Service on Aids and Equipment for the Disabled.

LENGTH OF STAY: Depending on patients needs.

APPLICATION: The Medical Director with full medical and social report. Application forms available on request.

The John Horniman School
2 PARK ROAD,
WORTHING,
SUSSEX.

(Worthing 200317)

Parent Society: The Invalid Children's Aid Association.

PUPILS: Boys and girls aged 5-9 with severe speech and language disorders.
Up to 6 places for children with impaired hearing in addition to a language disorder.

Ineligible: Primary stammerers. Educationally sub-normal children. Seriously maladjusted children. Physically handicapped.

RELIGION: Undenominational.

BEDS: 24.

TREATMENT: Speech therapy. Specialist medical and psychological consultations.
Routine medical supervision.

STAFF: **Chief Resident Officer:** **Headmistress:** Mrs M Gillies.
Medical Staff: Dr D Palmer, School Medical Officer.

LENGTH OF STAY: As required for satisfactory treatment or until maximum age.

EDUCATION AND RECREATION: Intensive integrated language programme carried out by teachers and speech therapists with individual teaching and speech therapy as required. Regular use made of the school minibus for outings in connection with educational programme and to the Downs for walks and free play. Holidays spent at home four times a year. Other weekends at home where practicable.

Visiting: By arrangement with the Senior Residential Care Officer.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: Normally at the beginning of the Spring and Autumn terms (i.e. 2nd, and 4th terms).

DISCHARGE DAY: Normally at the end of the Easter and Summer terms (i.e. 1st and 3rd terms).

STATION: Worthing Central.

GENERAL: School is well situated opposite the sea and near a recreation ground.

DAY UNIT: 6 boys and girls aged 2-5 with speech and language disorders attend mornings only. Organised in conjunction with Area Health Authority and Local Education Authority. Intensive language programmes carried out by speech therapist and nursery teacher.

APPLICATIONS: to the Secretary for Schools, The Invalid Children's Aid Association
126 Buckingham Palace Road, London, SW1 9SB (01-730-9891).

Winged Fellowship Trust

Registered Charity 231924

**JUBILEE LODGE,
GRANGE FARM,
CHIGWELL, ESSEX.**

PATIENTS: Physically disabled men and women of 16 years and over. Including incontinents and those with additional physical ailments.

Ineligible: Mental illness and senility. Those in need of sick nursing, epileptics or blind persons unless they are wheelchair bound. Chronic bronchitics and asthmatics. (Guests are more likely to be rejected for being too lightly handicapped than the reverse).

RELIGION: Undenominational.

BEDS: 32 all on the ground floor. Mostly four bedded but four singles and four double rooms with twin beds are available for those likely to disturb others at night or for disabled married couples.

TREATMENT: Medication, injections as prescribed by patient's doctor.

STAFF: Houseparent

Three trained nurses and night auxiliary.

Care assistants, domestic staff plus resident volunteers of both sexes.

Doctor on call.

LENGTH OF STAY: 2 weeks only from March until December. Early booking advisable for summer months. Permanent accommodation cannot be offered.

ROUTINE AND RECREATIONS: Guests have breakfast at 9.00 am and retire when they wish. Guests are assisted with dressing, washing, bathing and toilet and with feeding, as required. Outings in coach ambulance include visits to shops, pubs, church, the seaside, excursions to London and other places of interest. Plenty of entertainment.

Visiting: Any day and time by arrangement with Houseparent.

CHARGES: Details upon application.

RECEIVING DAY: Saturday after 2pm.

DISCHARGE DAY: Saturday before 12 noon.

STATION: None—guests need to use road transport.

GENERAL: A newly built, specially designed and equipped building standing in small area of ground made available to the Trust by the City Parochial Foundation within the grounds of the Grange Farm Sports and Leisure Centre.

APPLICATIONS: Holiday Office, Winged Fellowship Trust, 2nd Floor, 64/66 Oxford Street, London W1N 0AL. Tel: 01-636 5575/5886.

Note: Winged Fellowship Trust have two other holiday centres for the physically disabled: Skylarks, West Bridgford, Nottinghamshire, Crabhill House, South Nutfield, Near Redhill, Surrey.

King Edward VII Convalescent Home for Officers

OSBORNE HOUSE,
EAST COWES,
ISLE OF WIGHT. PO32 6JY. (Cowes 292511/2/3)

Owner: Department of the Environment, 2 Marsham St., London SW1

CONVALESCENTS: Serving Officers (men and women), Ex-Service Officers (men and women), Established Serving and Retired (on pension) Officers of the Civil Service (men and women), Permanently Unestablished Officers (men and women), Colonial Office and Foreign Office. Spouses of convalescents are admitted at the same time as the convalescent, subject to the availability of rooms at time of application. All admissions are subject to House Governor's personal approval.

RELIGION: Undenominational.

BEDS: 50, mostly in single rooms. 3 ground floor rooms. There is a lift.

TREATMENT: Physiotherapy, Remedial exercises. Remedial Hot Pool. Occupational Therapy. Simple dressings. No special diets.

STAFF: House Governor and Medical Superintendent: Surgeon Captain R S McDonald, MRCS LRCP DMRD RN (Retd.)

Nursing Staff: Matron (SRN); 2 Sisters (SRN); 2 SEN Night Nurses; 1 Physiotherapist; 1 Remedial Gymnast; 1 Occupational Therapist.

Medical Staff: One of a panel of 15 Hospital and Service Consultants visits monthly. 2 visiting local Consultants.

LENGTH OF STAY: Average 3 weeks. Open all the year, except Christmas.

ROUTINE AND RECREATION: According to patient's condition. No domestic work is expected of them.

Golf course and bathing beach. Sailing. Tennis court, croquet. Clock golf. Recreation hall with stage, billiards, library, radio and television. Indoor and outdoor entertainments organised frequently.

Visiting Day: Any day (see GENERAL).

CHARGES: No charge to Serving Officers and Department of Health and Social Security Disability Pension cases. £17.00 per day (subject to review) for ex-officers and Civil Service Officers. £20.00 per day for spouses of convalescents. 15p a day to "Sports Fund".

RECEIVING AND DISCHARGE DAYS: Monday, Wednesday and Friday.

STATION: Ryde, from Waterloo, via Portsmouth Harbour. Patients are met at Ryde Pier Head by the house car. Cases from the West country via Southampton-East Cowes.

GENERAL: Former private home of Queen Victoria, standing in 280 acres of grounds. There is a Guest House for patient's relatives nearby.

APPLICATIONS: To the House Governor/Medical Superintendent, via employing departments in the case of Civil Servants.

Lloyd Recuperative Centre

THE POPLARS, 32, MILL ROAD,

WEST WORTHING,

SUSSEX.

PATIENTS: Ages 16-75 years who are ambulant and can care for themselves.

Ineligible: Normal exclusions, patients requiring constant nursing and medical care.

RELIGION: Undenominational.

BEDS: 10 (single and twin-bedded rooms).

TREATMENT: Gastric and diabetic diets, simple dressings.

LENGTH OF STAY: 2 weeks which may be extended.

ROUTINE: Choice of menu—Breakfast 8.30 to 9.00 am. Lunch 1.00 to 1.30 pm. Light afternoon tea 4.00 pm. Dinner 6.45 to 7.15 pm.

CHARGES: On application.

RECEIVING DAY: Any day by arrangement with Head Office.

VISITORS: Any day after 10 am.

STATION: West Worthing from Victoria. Taxis available if required.

GENERAL: Situated in a most select area, on flat ground and enjoying one of the best climates on the South Coast, the Recuperative Centre is an imposing detached property having an "in and out" drive with ample parking facilities and a secluded garden. Approximately 500 yards from West Worthing Station through a pine-studded avenue in which seats are available, the Centre is about ½ mile from the sea, again through a pleasant wide tree-lined avenue with intermittent bench seating. If required, bus services to the Town Centre and beach.

The Centre is equipped and furnished to a high standard, fitted carpets throughout, coloured T.V., hot and cold water and shaving points in all bedrooms, full central heating. Minimum restrictions.

All rooms are on ground and first floor only; the Centre has hotel standards of fire prevention, all precautions having been taken and approved by the Local Council and West Sussex Fire Officials.

APPLICATIONS: Open all the year—applications should be made to Lloyd Memorial (Printers) Convalescent Home, "The Beeches", Brighton Road, Lower Kingswood, Surrey (Mogador 832057).

Lourdes House
22 ROYAL ESPLANADE, WESTBROOK,
MARGATE, KENT, CT9 5DX.

(Housemother) Thanet 0843-291533
(Guests) Thanet 23586

Parent Society: The Lourdes House (Thanet) Trust.

GUESTS: Families with a handicapped child. Within the terms of the Trust a "child" is a single young person up to the age of twenty-five years. Any degree of handicap welcome.

RELIGION: Roman Catholic. All denominations and races most welcome.

BEDS: 17, of which eight are on ground floor (there is also a ground floor bathroom and shower).

MEDICAL STAFF: Dr R G Taylor, MB, BSc, DObst RCOG. Visits as requested.

Team of volunteer nurses on call.

LENGTH OF STAY: Normal holiday period. Can be 1-4 weeks dependent on need.

CHARGES: For full board—Adults (including children over 12 years) £75.00 per week £10.75 per day. Children 12 years and under £50.00 per week £7.15 per day. (Bed, Breakfast, Mid-day Lunch and Evening Meal).
No Service Charge, No VAT, No Seasonal Increase.

RECEIVING DAY: Any day, usually Saturday.

STATION: Margate, from Victoria, Charing Cross and Waterloo.

GENERAL: Lourdes House aims to give families a holiday in happy homely surroundings. It can accommodate three to four families at a time, and is open throughout the year. It is situated facing the sea, at Westbrook. Close by are ramps leading to the beach, also putting greens and tennis courts, open in the Summer. This part of Kent is near many places of historic interest, including Canterbury, Dover, Sandwich and Reculver Towers. Within easy distance by car or bus are the North Foreland Lighthouse, Dickens Museum and "Bleak House" at Broadstairs and Quex Park Museum at Birchington.
Lourdes House has an enclosed garden, central heating and re-diffusion radio in all bedrooms.

APPLICATIONS: to Mrs Jean Anderton, Housemother, Lourdes House, 22 Royal Esplanade, Westbrook, Margate, Kent.

Lulworth Court
CHALKWELL ESPLANADE,
WESTCLIFF-ON-SEA,
ESSEX.

Parent Society: Queen Elizabeth's Foundation for the Disabled.

PATIENTS: Severely disabled men and women over 16.

Ineligible: Those suffering from mental disorders, infectious or contagious diseases, those who are senile and/or liable to make a disturbance at night, and those who are bedridden.

RELIGION: Undenominational.

BEDS: 20. In rooms with 3 to 6 beds.

TREATMENT: Full nursing care.

STAFF: Chief Officer: Superintendent.

Nursing Staff: Deputy Superintendent (Resident SRN); 1 Resident, 2 Non-Resident SRN's; 6 Assistant Nurses or as required. The staff are supported by a large number of Volunteers throughout the Summer months.

Medical Staff: Visiting Doctor.

LENGTH OF STAY: Approximately 2 weeks.

ROUTINE AND RECREATION: Breakfast in bed. Any special instructions observed. Two sitting rooms, one with colour TV. Purpose built shelter with toilet facilities on the Promenade. Outings and entertainments arranged.

CHARGES: For Convalescence: Under National Health Service.

For Holidays: Fees quoted on request. There is a small Fund to help with cases of exceptional need.

RECEIVING DAY: Weekdays.

DISCHARGE DAY: Weekdays.

STATION: Westcliff-on-Sea.

GENERAL: On the sea front in a residential area, close to Southend-on-Sea. The house is specially adapted for the severely disabled and there is a lift to take patients in standard sized wheelchairs to first floor and 4 bedrooms. One ground floor bedroom. Closure: The Home is closed from approx. 21st December to 21st January each year.

Visiting Day: Any day.

APPLICATIONS: to Miss M P Hurn, Holiday Organizer, Queen Elizabeth's Foundation for the Disabled, Leatherhead, Surrey KT22 0BN (Oxshott 2204).

Marie Carlile House

(formerly Kingsbury)

COLEY AVENUE,

WOKING, SURREY.

Church Army Short-stay Home.

(Woking 63304)

PATIENTS: Men and women over retirement age for holiday periods, or care and attention when relatives are away, post-hospital periods of rest and care.

Ineligible: Normal exclusions, lung diseases including asthma in advanced stages. Confusion. Epileptics and Incontinent cases.

RELIGION: Church of England, but non-Church of England are welcome.

BEDS: 27, 17 single, 5 double rooms, (11 on ground floor). There is a lift.

TREATMENT: No treatment, but light Diets provided.

STAFF: Church Army Officer in charge, Deputy and Four General Assistants + Domestic Staff.

Medical Staff: Doctor attends weekly or at request.

LENGTH OF STAY: Maximum 4 weeks, although extensions are allowed in special circumstances.

ROUTINE AND RECREATION: Visitors have breakfast at 9 am. Those who can are asked to make their own beds, which are equipped with modern interior spring mattresses, but this is undertaken for the more frail.

Visiting: Any day.

CHARGES: £62.00 per week.

RECEIVING DAY: Any day of the week. Applications to the Home.

DISCHARGE DAY: By arrangement with the Officer-in-Charge.

STATION: Woking.

GENERAL: The Home is centrally heated and well equipped; ten minutes' walk from Station. This Home is open all the year round.

APPLICATIONS: The Warden, Marie Carlile House, Coley Avenue, Woking, (Woking 63304).

Meath School
BROX ROAD,
OTTERS Shaw,
NEAR CHERTSEY,
SURREY.

(Ottershaw 2302)

Parent Society: The Invalid Children's Aid Association.

PUPILS: Boys and girls aged 5 to 12. Severe speech and language disorders.

Ineligible: Primary behaviour problems, gross motor disabilities.

RELIGION: Undenominational.

BEDS: 24.

TREATMENT: Speech therapy, psychological consultations. Routine medical supervision.

STAFF: Chief Resident Officer: Headmaster, R V Thomas.

Medical Staff: Dr D G Robins MB, MRCP, LRCP, DCH, DRCOG, (visiting Consultant Paediatrician)
Dr J E Godrich (School Medical Officer).

LENGTH OF STAY: As required for satisfactory treatment or until maximum age.

STATION: Woking from Waterloo

EDUCATION AND RECREATION: Teaching in small groups with special emphasis on language remediation. Individual teaching and speech therapy as required. Swimming pool and all purpose recreation hall. Normal three term year and half terms. Other weekends at home where practicable.

Visiting: By arrangement with the Headmaster.

CHARGES: Payable by Local Education Authorities.

GENERAL: The School stands in 8 acres of garden and woodland. Own garden produce.

RECEIVING DAY: Normally at the beginning of the school year.

DISCHARGE DAY: Normally at the end of the school year.

APPLICATIONS: To the Secretary for Schools, The Invalid Children's Aid Association, 126 Buckingham Palace Road, London, SW1W 9SB (01-730-9891).

The Mental After Care Association

LAWN COURT, 26-27 PARK ROAD

BEXHILL-on-SEA,

SUSSEX.

PATIENTS: Men and women suffering from some degree of mental disability.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 34. 1-5, according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Three resident staff trained or experienced in mental nursing.

LENGTH OF STAY: Indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other indoor interests provided. Outside activities encouraged.

CHARGES: £63.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any week-day.

STATION: Bexhill Central—frequent trains from Victoria.

GENERAL: Large house facing park and one minute from sea.

APPLICATIONS: To The Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

The Mental After Care Association

**THE TOWERS, 18 EGERTON ROAD,
BEXHILL-on-SEA,
SUSSEX.**

PATIENTS: Men and women suffering from some degree of mental disability.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care and night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 24. 1-4 according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Three resident staff trained or experienced in mental nursing.

LENGTH OF STAY: Indefinite long-term care or recuperative holidays.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio, record player and other indoor interests provided. Outside activities encouraged.

CHARGES: £63.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any week-day.

STATION: Bexhill Central—frequent trains from Victoria Station.

GENERAL: Large house facing park, with Annexe, one minute from sea.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House,
110 Jermyn Street, London, SW1Y 6HB.

The Mental After Care Association

**CLIFTON HOUSE, 1 GRANTLEY ROAD,
BOSCOMBE,
BOURNEMOUTH,
BH5 1HW.**

PATIENTS: Men and women suffering from some degree of mental disability.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 35, 1-5, according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Four resident staff trained or experienced in mental nursing.

LENGTH OF STAY: Indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio, record player and other indoor interests provided. Outside activities arranged.

CHARGES: £63.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any week-day.

STATION: Bournemouth Central—frequent trains from Waterloo.

GENERAL: Detached residence with small garden, near to bus routes and all amenities and only a few minutes away from the sea.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn St., London SW1Y 6HB.

The Mental After Care Association

**KING'S HOUSE, 1 EARLE ROAD,
WESTBOURNE,
BOURNEMOUTH.**

PATIENTS: Men and women suffering from some degree of mental disability.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 30. 1-4, according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Three resident staff trained or experienced in mental nursing.

LENGTH OF STAY: Indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio, record player and other indoor interests provided. Outside activities encouraged.

CHARGES: £63.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any week-day.

STATION: Bournemouth Central—frequent trains from Waterloo.

GENERAL: Detached residence with garden, close to Alum Chine and bus routes to surrounding areas of Bournemouth.

APPLICATIONS: To The Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

The Mental After Care Association

**31 YORK ROAD,
CHEAM,
SURREY.**

PATIENTS: Men and women of working age suffering from some degree of mental disability. For long and short stays.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 28. Main House—18. Numbers according to size of rooms.
Units—10 single rooms.

TREATMENT: Rehabilitation toward full employment and social independence.

STAFF: Three resident staff trained or experienced in mental nursing.

LENGTH OF STAY: As appropriate to individual needs.

ROUTINE AND RECREATION: Meal times to suit residents' hours of employment. All residents make their own beds and help with domestic tasks where possible or reasonable. Television, radio, record player, and other indoor and outdoor interests provided. Outside interests encouraged.

CHARGES: £77.00 per week in units. £63.00 in main house.

RECEIVING DAY: }
DISCHARGE DAY: } Any week day.

STATION: Sutton or Cheam. Frequent trains from Victoria Station, also Green Line Coaches.

GENERAL: Detached residence with large garden. Also two purpose built self-care units for residents thought ready to live more independently.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

The Mental After Care Association

78, BARROWGATE ROAD,

CHISWICK, W4.

PATIENTS: Men and women in need of rehabilitation or recuperation after a mental illness. Preference given to those under 50 years.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 20. Numbers according to size of rooms, mostly two or three.

TREATMENT: Rehabilitation towards full employment and social independence.

STAFF: Three resident staff trained or experienced in mental nursing.

LENGTH OF STAY: As appropriate to individual needs.

ROUTINE AND RECREATION: Breakfast and evening meals to suit residents' hours of employment. All residents make their own beds and help with domestic work when possible and reasonable. Television, radio and other indoor interests provided. Outside activities encouraged.

CHARGES: £77.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any week day.

STATION: Turnham Green and thence by bus. Frequent services.

GENERAL: Detached residence with garden; close to main road, buses and shops.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

The Mental After Care Association

**COIGNAFEARN,
226 PAMPISFORD ROAD,
S CROYDON,
SURREY, CR2 6DB**

PATIENTS: Men and women in need of rehabilitation after mental illness. Preference given to those under 50 years.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 35. Numbers according to size of rooms.

TREATMENT: Rehabilitation towards full employment and social independence

STAFF: Four resident staff trained or experienced in mental nursing.

LENGTH OF STAY: As appropriate to individual needs.

ROUTINE AND RECREATION: Breakfast and evening meals to suit residents' hours of employment. All residents make their own beds and help with domestic work where possible and reasonable. Television, radio, record player and indoor and outdoor interests provided.

CHARGES: £77.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any weekday.

STATION: East Croydon, thence by bus. Frequent trains from Charing Cross or Victoria Stations.

GENERAL: Large house and annexe with pleasant garden, overlooking park at rear.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House
110 Jermyn Street, London, SW1Y 6HB

The Mental After Care Association

**RUSSELL HOUSE, 13 MARINE PARADE,
FOLKESTONE,
KENT.**

PATIENTS: Men and women suffering from some degree of mental disability.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 22. 1-4 according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Three resident staff trained or experienced in mental nursing.

LENGTH OF STAY: Indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio, record player and other indoor interests provided. Outside activities encouraged.

CHARGES: £63.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any week-day.

STATION: Folkestone Central—frequent trains from Charing Cross.

GENERAL: Large house facing sea and near Leas and Harbour.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House
110 Jermyn Street, London, SW1Y 6HB.

The Mental After Care Association

**CASTLE GLEN, CASTLE ROAD,
SANDGATE, Nr FOLKESTONE,
KENT.**

PATIENTS: Men and women suffering from some degree of mental disability.

Ineligible: Normal exclusions other than mental illness. Bed cases and those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 30. 2-4 according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Four resident staff trained or experienced in mental nursing.

LENGTH OF STAY: Indefinite long term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other interests provided. Outside activities encouraged.

CHARGES: £63.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any week day.

STATION: Folkestone Central—frequent trains from Charing Cross.

GENERAL: Large house and garden running down to the sea. Near main road to shops and other nearby resorts.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

The Mental After Care Association

**RADLEY, 28 QUEENS ROAD,
TANKERTON, Nr. WHITSTABLE,
KENT.**

PATIENTS: Men and women suffering from some degree of mental disability.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 38—mostly singles and doubles.

TREATMENT: Mental rehabilitation.

STAFF: Four resident staff trained or experienced in mental nursing.

LENGTH OF STAY: Indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other indoor interests provided. Outside activities encouraged.

CHARGES: £63.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any week-day.

STATION: Whitstable—frequent trains from Victoria.

GENERAL: Large detached house, garden, a few minutes from sea, and a small house used as a group home for 5 residents.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

The Mental After Care Association

**ROYAL OAK HOUSE,
9/11 EGBERT ROAD,
WESTGATE-ON-SEA,
KENT.**

PATIENTS: Men and women suffering from some degree of mental disability. Minimum age 45 years.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 35. 1-5 according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Four resident staff trained or experienced in mental nursing.

LENGTH OF STAY: Indefinite long term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other indoor interests provided. Outside activities encouraged.

CHARGES: £63.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any week day.

STATION: Westgate-on-Sea—frequent trains from Victoria.

GENERAL: Large house—one minute from the sea.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

Merchant Seamen's Convalescent Home
SPRINGBOK-RADCLIFFE
ALFOLD,
SURREY.

(0403 752270)

PATIENTS: Serving Seafarers only. All convalescent cases. In addition double room accommodation now available for recuperating married seamen and their wives.

RELIGION: Undenominational.

BEDS: 23, in single rooms.

TREATMENT: Occupational Therapy: Special diets.

STAFF: Chief Resident Officer: Warden.

Medical Staff: Dr J W Hodson (on call).
Dr W J Jarratt (on call).

LENGTH OF STAY: 2 weeks. Extensions granted when recommended by Doctor.

RECREATION: There is a library and plenty of indoor games, radio, television and a licensed club.

Visiting Day: Any day by appointment.

CHARGES: None.

RECEIVING DAY: By arrangement.

DISCHARGE DAY: By arrangement.

STATION: Guildford (Surrey) or Horsham (Sussex).

GENERAL: A splendidly equipped Home, in the grounds of the Society's 400 acre farm training centre, which is run for the rehabilitation of disabled seamen.
The Home is open all the year round.

APPLICATIONS: to the Secretary, Merchant Seamen's War Memorial Society, Alfold, Surrey, or at any Branch Office of the National Union of Seamen.

Mildmay Convalescent Home

**45, WORDSWORTH ROAD,
WORTHING,
SUSSEX, BN11 3JB.**

(Worthing 39875)

PATIENTS: Married couples and Women aged 25 to 70. General convalescence.

Ineligible: Normal exclusions. Bed cases. Infirm or advanced cases of illness and those needing night attention. Asthma, diabetics (insulin controlled) Ileostomies, certain heart conditions.

RELIGION: Interdenominational.

BEDS: 28. Double and single rooms. Lift to first floor. Patients must be able to negotiate a few stairs and preferably to make own bed. No ground floor bedrooms.

TREATMENT: No special treatment. Gastric diets. Dry dressings.

STAFF: Chief Resident Officer: Matron, Miss Q E Willcocks, SRN SCM.

Nursing Staff: Sisters SRN and SEN.

Medical Staff: Dr Crawley, MB, ChB. (visiting).

LENGTH OF STAY: 2 weeks.

ROUTINE AND RECREATION: Patients get up in time for breakfast at 8.30 am and retire by 9.30 pm. There is a rest for 1½ hours after lunch. There is television, games, radio, a record player and piano. Evening prayers (voluntary). Delightful garden and summer house.

Visiting Day: Every day during visiting hours according to brochure or by arrangement with Matron.

CHARGES: £65 single room per person per week. £55 double room per person per week.

RECEIVING DAYS: Mondays to Fridays, preferably before 12 noon. Afternoon admission by arrangement.

DISCHARGE DAYS: As above, before 11.30 am. Exceptions by arrangement.

STATION: Victoria to Worthing. (Not West Worthing station).

GENERAL: A few minutes from the sea, on level ground near to shops.

APPLICATIONS: to the Matron.

Moor House School
HURST GREEN,
OXTED,
SURREY, RH8 9AQ.

(Oxted 2271/2)

Recognised by the Department of Education and Science.

PATIENTS: Boys and girls aged 7-16 years, of normal intelligence, suffering from severe speech and language disorders.

Suitability for admission is investigated by the Educational Psychologist, Speech Therapists, Educationalists, and other Specialists when necessary.

Ineligible: Normal exclusions: Stammerers. Educationally sub-normal children. Severely spastic cases. Seriously maladjusted children. Significant Hearing Loss.

RELIGION: Undenominational.

BEDS: 80.

MEDICAL: Specialist Medical consultations as required. Routine medical attention. Intensive speech therapy.

STAFF: Chief Resident Officer: Principal: Mr John Lea, MSc AMusTCL.

RECEIVING DAY: New entrants will normally be received on the second day of the Terms commencing in April and September.

EDUCATION: Children receive suitable remedial education.

RECREATION: This is organised by a team of Houseparents. Playing field and grounds 6½ acres overall.

Visiting Days: Half term holiday of one week and two visiting week-ends each term.

CHARGES: Payable by local Education Authorities.

LENGTH OF STAY: To School leaving age or as required for satisfactory treatment.

STATION: Hurst Green from Victoria or London Bridge. Thence 5 minutes walk to Moor House.

GENERAL: Modern buildings recently completed now provide accommodation for 80 children. The School has its own indoor heated swimming pool, and craft centre.

APPLICATIONS: to the Principal at the School.

Netley Waterside House
VICTORIA ROAD,
NETLEY,
SOUTHAMPTON, HANTS.

PARENT BODIES: This holiday home for severely disabled persons is sponsored by Refresh—a charity established by the Responauts (those dependant on respiratory machinery) and the London Borough of Lambeth.

GUESTS: There are two main categories of holiday makers at Netley. The most severely disabled, including those dependant on respiratory machinery, are accommodated in large rooms, four of which are provided. Two are self contained flats suitable for families and all are fitted with POSSUM controlled T.V. telephone and radio. The remaining 26 beds are for severely disabled persons principally from the London Borough of Lambeth, but applications are accepted from any severely disabled person in the London region and if there are vacancies a suitable applicant from outside London will be considered.

RELIGION: Undenominational.

TREATMENT: Medication and injections as prescribed by guest's doctor. Simple diets. SRN or SEN always on duty. Staff concerned with the care of Responauts have received special training at St Thomas' Hospital.

STAFF: The operation of the establishment is under the direction of the Principal, assisted by a Deputy Principal, Care Officers and other supporting staff. A visiting Medical Officer calls twice a week and upon request.

LENGTH OF STAY: Normally two weeks.

ROUTINE AND RECREATION: The aim of Netley is to provide as normal a holiday as possible, there is a licensed bar, television lounges and an Entertainments Officer is employed to arrange outings, entertainment, etc.

RECEIVING AND DISCHARGING DAY: Mid-week bookings are preferred but alternative days can be arranged.

CHARGES: Quoted on request.

TRANSPORT: Netley Waterside House has its own transport and guests can be collected and returned from their homes in the South of England, from airports or from Southampton or Netley stations.

VISITING: Any day.

GENERAL: Netley is custom built in the grounds of Netley Castle Convalescent Home, It enjoys a south-west frontage on the Southampton Water and across Victoria Road are the ruins of St Mary's a Cistercian Abbey founded 1239 A.D. The building is entirely free of steps or ramps internally. Access to the first floor is by lift and particular care has been taken in the design to ensure that disabled persons may have a carefree and enjoyable holiday.

APPLICATIONS: To Director of Social Services, London Borough of Lambeth, 234-244 Stockwell Road, SW9 9SR. 01-274-7722, or to the REFRESH Booking Secretary, 7 Stockwell Park Crescent, London SW9. 01-737-4656.

THE OLD RECTORY,
The Church's Ministry of Healing
CROWHURST, nr BATTLE,
SUSSEX.

(Crowhurst 204)

PATIENTS: Those who need rest or are suffering from some personal shock, from the stress of life, who have a particular need of healing, or who need a time of convalescence. The family atmosphere and the Services which are held daily in the Chapel are of great value to these individuals. Ambulant patients only.

RELIGION: All denominations welcomed.

BEDS: 30, mainly in single rooms, but a few double rooms are available for those accompanied by relative or friend.

TREATMENT: Personal interviews and a therapeutic programme (Tuesday to Tuesday) designed to aid relaxation, healing and readjustment. Good food but no special diets.

STAFF: **Warden** The Rev David Payne (Anglican), member of the Churches' Council of Healing.

Medical Staff: Dr P Rice-Oxley (visiting).

LENGTH OF STAY: Usually 1-2 weeks.

ROUTINE AND RECREATION: Breakfast in rooms, main meals in dining room. Family Prayers, 10 am, Evensong 6 pm. The House is much like a private hotel with drawing room, TV Room, Silent Room and Library, Art and Craft Room, Games Room. Patients are known as 'visitors' or 'guests'.

CHARGES: A Contribution of £85.00 a week is asked (with a non-returnable deposit of £5.00 per head due on booking).

RECEIVING DAY: Midweek is preferred; Tuesday afternoon is best.

STATION: Crowhurst, from Charing Cross; 5 minutes' walk.

GENERAL: The House is situated in beautiful country and surrounded by an attractive and secluded garden. Across the valley is the sea, four miles distant. In easy reach of Bexhill and Hastings.

APPLICATIONS: To the Secretary.

Passmore Edwards Medical Rehabilitation Centre
MARINE PARADE EAST,
CLACTON-ON-SEA,
ESSEX CO15 6JT

(Clacton-on-Sea 424814/5)

PATIENTS: Ambulant cases and patients in a wheelchair who can manage with the help of one person. Men and women, in-patients aged 16-70 who, through a balanced programme of physiotherapy, occupational therapy, speech therapy and hydrotherapy appropriate to the condition, are capable of benefitting.

Ineligible: Normal exclusions. Patients suffering from incontinence of urine or faeces or total blindness.

RELIGION: Undenominational.

BEDS: 40

TREATMENT: Physiotherapy, occupational therapy, hydrotherapy, speech therapy.

STAFF: Medical: Dr J B Millard MD PhysMed, Medical Director, and supporting staff.

LENGTH OF STAY: This depends on the patient's needs.

VISITING Monday to Friday, 7.00 to 8.30 pm.
Saturday and Sunday, 10-12 noon, 2-5 pm and 7.00 to 8.30 pm.
Patients are allowed home at weekends if they can arrange own transport.

ADMISSION: Monday and Tuesday.

STATION: Clacton-on-Sea.

GENERAL: The Centre is situated on the sea front, a mile from the town centre. Car parking available (at owner's risk).

APPLICATIONS: To the Medical Director with a medical report and social work report.
Application forms available on request.

London Transport Benevolent Fund
'PHILBEACH' CONVALESCENT HOME,
STATION ROAD,
HYTHE, KENT.

(0303-67013)

PATIENTS: Women Employees of London Transport Executive who are contributors to the London Transport Benevolent Fund and the wives of members who may be accompanied by not more than three children under eight years of age. The Home is also available to wives and widows of retired members. Admission can also be arranged for women who, although not members of the Fund, are sponsored by Fund members, and, by arrangement, patients can also be accepted from trade unions, hospitals, local authorities and other organisations.

Ineligible: Infectious or contagious diseases and those unable to care for themselves. Those subject to fits, or suffering from mental, cardiac or respiratory diseases can be accepted if there is satisfactory evidence that these conditions are well-controlled.

RELIGION: Undenominational.

BEDS: 90. 1 to 4 according to size of rooms. Lift.

TREATMENT: No treatments. Simple dressings. All diets. Limited number of plaster cases accepted.

STAFF: Chief Resident Officer: House Manager.

Nursing Staff: Nursing Sister (SRN).

Medical Staff: Dr J Barham and Dr J Baker (visiting).

LENGTH OF STAY: 2 weeks (3 weeks maximum on doctor's recommendation).

ROUTINE AND RECREATION: Patients rise at 7.30 am with early morning tea and take breakfast at 8.30 am. All children are in bed by 7.30 pm and patients at 10.30 pm. Films, colour television, putting green, library, hair dressing salon, outdoor and indoor childrens playground. Other facilities include laundry and baby feeding and changing rooms.

Visiting: Any day (Tuesday excepted) between 9.30 am and 12.30 pm and between 2 pm and 6 pm. Cars are not permitted in the grounds.

CHARGES: Members—no charge. Outside organisations £46.00 per week + VAT (excluding fares). Children over 12 months £15.00 per week + VAT (excluding fares); under 12 months—no charge. (Charges are subject to periodic reviews).

RECEIVING AND LEAVING DAY: Tuesday.

TRAVEL ARRANGEMENTS: Coach from and to Hilden House, Parry Street, Vauxhall, London, SW8 1RU.

STATION: The nearest station is Sandling Junction, from Charing Cross (Southern Region), but the most convenient means of reaching the home is by train to Folkestone Central and then by bus to the "MECCA" cinema, Hythe.

GENERAL: Nine acres of lawns, woodlands and gardens overlooking the sea. 10 minutes walk to sea front. Bus service. Home open throughout the year.

APPLICATIONS: To the Secretary, London Transport Benevolent Fund, Hilden House, Parry Street, London SW8 1RU. Telephone 01-735 1145.

Pilgrims School
FIRLE ROAD,
SEAFORD,
SUSSEX.

(Seaford 822697)

Parent Society: The Invalid Children's Aid Association.

PUPILS: Boys from the ages of 12 to 16 + . Asthma. Other non-infectious chest conditions. Eczema, cystic fibrosis, diabetes and other medical disorders requiring similar management.

Ineligible: Boys deemed maladjusted or educationally sub-normal.

RELIGION: Undenominational.

BEDS: 63 beds.

TREATMENT: Physiotherapy.

STAFF: **Chief Resident Officer:** Headmaster—P B Murtagh.

Nursing Staff: Senior School Nurse (SRN), School Nurse; Night Staff.
Full 24 hours nursing cover.

Medical Staff: Dr Leslie G Scott FRCP (visiting Consultant Paediatrician).
Dr K J McGhee (School Medical Officer).

LENGTH OF STAY: According to medical necessity; normally a minimum stay of one year.

EDUCATION AND RECREATION: A balanced curriculum of secondary education is provided for the boy of at least average intelligence. Courses normally lead to CSE or O level examinations. Small classes. Remedial teaching available. Good facilities for practical subjects. Careers counselling. Normal three term year and half terms. Good recreational facilities. Duke of Edinburgh Award Scheme, Swimming Pool. Gymnasium. Ecology Area. Garden Plots. Links with Local Community.

Visiting: By arrangement with the Headmaster.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: Normally at beginning of school year.

DISCHARGE DAY: Normally at the end of school year.

STATION: Seaford from Victoria.

GENERAL: Situated high on the Downs above Seaford with 8 acres of playing space.

APPLICATIONS: to the Secretary for Schools, The Invalid Children's Aid Association,
126 Buckingham Palace Road, London SW1W 9SB (01-730-9891).

Princess Marina House

**SEAFIELD ROAD
RUSTINGTON
SUSSEX BN16 2JG.**

Rustington (09-062) 4044

Parent Society: The Royal Air Force Benevolent Fund

PATIENTS: All ranks now serving or who have served in the Royal Air Force (including Auxiliaries and Reserves), the Women's Royal Air Force, Princess Mary's Royal Air Force Nursing Service and their adult dependants are eligible for admission.

Ineligible: Normal exclusions: bed cases and those who have had a recent heart attack.

RELIGION: Undenominational.

BEDS: 46 in single and double rooms, some of which are available for those accompanied by a wife/husband or a close relative to provide assistance where needed. Lift. Ramps, for wheel-chairs.

TREATMENT: Simple diets, dressings, injections, medication as prescribed by own doctor.

STAFF: Chief Resident Officer: Manager—Retired RAF Officer.

Nursing Staff: A SRN is on duty during the day and on call at night.

Medical Staff: Visiting Medical Officer.

LENGTH OF STAY: Normally 2 weeks.

ROUTINE AND RECREATION: Guests are expected to take all meals in the dining room. There are comfortable lounges, library and television rooms and there is a Club with a bar, bar billiards and darts, a card-room and sun veranda. The Convalescent Home is surrounded by gardens which include croquet and putting lawns.

CHARGES: According to financial means.

RECEIVING DAYS: Monday/Thursday (Tuesday following Bank Holidays).

DEPARTURE DAYS: Monday/Thursday.

STATION: Littlehampton from Victoria. Transport is provided from the station.

GENERAL: Princess Marina House stands with its own private beach on the seashore at Rustington between Littlehampton and Worthing. The Home closes for 3 weeks over Christmas.

APPLICATIONS: To the Secretary, Princess Marina House, Royal Air Force Benevolent Fund, 67 Portland Place, London, W1N 4AR. Tel: 01-580 8343, Ext. 3 or 42.

The Queen Alexandra Hospital Home

for Disabled Sailors, Soldiers and Airmen.

GIFFORD HOUSE,

WORTHING,

SUSSEX, BN11 4LJ

(Worthing 202486)

PATIENTS: Disabled Ex-Servicemen only. No accommodation for Officers.

RELIGION: Church of England but any denomination received.

BEDS: 64. Fifty for permanent patients and fourteen beds available in wards on ground floor for seriously disabled men living at home in need of a change or convalescence with treatment following an illness or operation.

TREATMENT: According to Disability. Physiotherapy and Leisure Activities available.

STAFF: Medical Officer: Dr A B Cormick, MB, ChB.

Matron: Mrs A Warner SRN.

State Registered Staff.

LENGTH OF STAY: 2-4 weeks.

ROUTINE AND RECREATION: Outings by Ambulance/Coach. Entertainments arranged by local residents and Societies.

CHARGES: Every case considered according to means.

RECEIVING DAY: }
DISCHARGE DAY: } Any day. Open all the year round.

STATION: Worthing.

GENERAL: This Hospital Home fulfils a dual role—it provides a home for some 50 disabled Ex-Servicemen who are permanently resident and carries out the recreative and convalescent work already described; Gifford House has sheltered gardens and is within easy reach of the sea. Worthing has a level stretch of sea front and so is ideal for patients in chairs.

APPLICATIONS: to the Secretary.

**Queen Charlotte's Hospital for Women
Convalescent Home**

**119-121 WEST HILL ROAD,
ST LEONARDS-ON-SEA,
SUSSEX TN38 0NQ.**

(0424 421217)

PATIENTS: Post-operative gynaecological, from any hospital.

RELIGION: Undenominational.

BEDS: 42. (Includes 1 Amenity Room).

TREATMENT: Normal post-operative treatments.

STAFF: Chief Resident Officer: Matron (SRN).

Nursing Staff: 7 SRN.

Medical Staff: Visiting Doctor.

LENGTH OF STAY: 2 weeks

ROUTINE AND RECREATION: Lounge, Solarium, Library, Radio and TV.

Visiting: Daily, 10 am.-6.45 pm.

RECEIVING DAYS: }
DISCHARGE DAYS: } Mondays and Thursdays.

STATION: Warrior Square, Hastings, from Victoria (transport provided from station).

GENERAL: A well-equipped Convalescent Home in delightful grounds overlooking the sea. The two houses are linked by a corridor. The Home closes for a week or ten days at Christmas time.

APPLICATIONS: To the Matron at the Home.

The Railway Convalescent Home, "Shottendane"

SHOTTENDANE ROAD,

MARGATE, KENT.

CT9 4BS.

(0843-23761)

PATIENTS: Female Employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. (Wives, provided the husband is contributing to the Railway Convalescent Homes). Also retired and redundant personnel within certain limits (this applies also to wives of retired personnel).

Please note that paying patients are now admitted irrespective of any connection with Nationalised Public Transport.

Ineligible: Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders and Incontinence.

RELIGION: Undenominational.

BEDS: 28, in rooms containing 2 to 3 beds. Hot and cold water in most bedrooms. No Ground floor bedrooms; No Lifts.

TREATMENT: No treatments. Gastric and diabetic diets. Simple dressings. Colostomy cases admitted, under certain conditions.

STAFF: Chief Resident Officer: Matron (SRN).

Medical Staff: Dr T G Paterson (visiting).

LENGTH OF STAY: 2 weeks.

ROUTINE AND RECREATION: Patients rise at 7 am and retire at 10 pm. All patients are expected to be in grounds by 9.30 pm. No domestic work is done by the patients. There is a supply of games, piano and radio and colour television.

Visiting Day: Every afternoon 2 to 4 pm by arrangement with Matron.

CHARGES: None, to contributors.

FEE FOR PAYING PATIENTS: Apply below re Fees (Minimum stay 3 days).

RECEIVING DAYS: }
LEAVING DAYS: } Tuesday.

STATION: Margate, from Victoria. Conveyance arranged from and to the Station.

GENERAL: Excellent grounds where patients may rest. The Home is within walking distance of the Promenade (approx 1 mile). Bus to town is 20 minutes.

APPLICATIONS: To The Railway Convalescent Homes, First Floor, 6/8 Hampshire Terrace, Portsmouth, PO1 2UD. Telephone: Portsmouth 736961 (STD Code 0705).

Rustington Convalescent Home

LITTLEHAMPTON,

SUSSEX.

(Rustington 3368)

Governors: The Worshipful Company of Carpenters

PATIENTS: Ages 16-70 + , Subject to the absolute discretion of the Medical Officer and/or Matron, a limited number of controlled colostomies can be accepted.

The Home is open to both men and women either individually or sponsored private patients and also N.H.S. patients on the recommendation of a hospital authority. Patients may be accompanied by their spouses.

Ineligible: Normal exclusions. Severe heart cases. Patients requiring psychiatric treatment, who are senile or suffering from other mental changes, blind or helpless. Asthma and bronchitis (from 1st Oct. - 1st May).

RELIGION: Undenominational.

BEDS: 41 (Single and double rooms all with H & C water).

TREATMENT: No treatments. Gastric and Diabetic diets. Simple post-operative dressings.

STAFF: Nursing Staff: Matron and three Nursing Sisters (4 in all).

Medical Staff: Dr P Owen (visiting).

LENGTH OF STAY: 2 weeks, may be extended if recommended by Medical Officer of the Home, or patient's Doctor or Hospital Authority.

ROUTINE AND RECREATION: Patients rise for breakfast, they may rest on their beds during the afternoon if they wish to do so. Separate rooms for billiards and television. No form of domestic work is expected of them.

Visiting: Any day until 8 pm preferable during the afternoon.

CHARGES: £85.00 per week for patients. £80.00 per week for spouses or other accompanying guests.

ADMISSIONS: Wednesday. Closed for 3 weeks at Christmas.

STATION: Littlehampton 10.23 am train from Victoria. Arun Taxi Service from Littlehampton Station (fare paid by the Home).

GENERAL: The Home stands in its own grounds of 7 acres facing the sea and has been modernised, including the installation of a lift.

APPLICATIONS: To the Secretary, The Rustington Convalescent Home, Carpenters' Hall, 1, Throgmorton Avenue, London EC2. Telephone (01-588-1347).

St Catherine's School

GROVE ROAD,

VENTNOR,

ISLE OF WIGHT, PO38 1TT.

Ventnor 852722

PUPILS: Boys aged 5-16 years; girls aged 5 to 16 years. Secondary Education: Boys and girls are normally admitted for education in the School between the ages of 5 and 16 inclusive. By arrangement with the Isle of Wight County Council, certain children can remain in the domestic and medical care of St Catherine's beyond age 13 and attend the Island's secondary schools for their education. Children requiring special teaching because of speech or language disorders can, however, continue beyond age 13 to be taught in the School's special unit for this purpose. General convalescence. Bronchitis. Post-operative convalescent chest cases. Asthma and Eczema. Long term debility. Malnutrition. Fibrocystics. Diabetics. Teaching unit for children with speech and language disorders with full time Speech Therapist and Remedial Teachers. Physiotherapy provided.

Ineligible: Normal exclusions. Bed cases.

RELIGION: Church of England (non-denominational).

BEDS: 90 in dormitories containing 2-16 beds. Some on ground floor.

TREATMENT: As required. Remedial exercises and breathing exercises for Asthma. Physiotherapy where necessary. Simple dressings.

STAFF: **Chief Resident Officer:** Sister-in-Charge.

Nursing Staff: 2 SRN, 1 SEN, and suitably trained staff.

Medical Staff: Dr E J Wimperis, MA, BM, B.Ch., MRCP.

Head Teacher and fully qualified Teaching Staff. 2 Speech Therapists.

LENGTH OF STAY: Minimum one term.

ROUTINE AND RECREATION: The children rise at 7.45 or 8 am and go to bed between 6.30 and 9 pm, according to age. School holidays: Saturday and Sunday. The School has a gymnasium and library as well as a supply of indoor games. There are also football and cricket pitches, and troops for Scouts and Cubs and Brownies. Heated Swimming Pool. Also outside Youth Activities.

Visiting Days: Saturday and Sunday, every third week. Full week for ½ term (as in state schools) and ¼ term weekends at the discretion of Parents. Parents may phone children between 6-8 pm.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: Termly or during term if vacancy available.

STATION: Regular train services operate between Waterloo and Portsmouth Harbour, and connect with the boats from Portsmouth Harbour to Ryde Pier Head. From Ryde Pier the journey is continued by train to Shanklin and by bus to Ventnor, or by bus from Ryde Esplanade to Ventnor.

GENERAL: The School, which was built in 1895, has since been modernised. It stands 250 feet above sea-level and is sheltered from the north by St Boniface Down. It faces south, and has large grounds. Closed for School holidays—Christmas, Easter and Summer.

APPLICATIONS: to the Sister-in-Charge.

Saint Dominic's School for Boys

**MOUNT OLIVET,
HAMBLEDON,
GODALMING, SURREY. GU8 4DX.**

(Wormley 2741)

Parent Society: The Sisters of the Sacred Hearts of Jesus and Mary, address and telephone number as above.

PATIENTS: Boys aged 5-16. Asthma, Spastic, Eczema, Diabetes.

Ineligible: Bed cases. All other complaints.

RELIGION: Roman Catholic. (Children of all denominations taken).

BEDS: 76, all in wards. Some on ground floor. Classrooms are all on ground floor. Isolation accommodation is provided.

TREATMENT: Breathing exercises. Postural drainage. Daily tonic dressings. Coeliac and Gastric diets.

STAFF: Chief Resident Officer: Sister Superior.

Nursing Staff: 1 SRN; 2 Assistant Nurses.

Medical Staff: Dr Williams (visiting).

Head Teacher, Deputy Head Teacher, 7 Lay Teachers.

LENGTH OF STAY: No limit.

ROUTINE AND RECREATION: The boys rise at 8.30 am and retire in groups from 7-9 pm. The Home has a playroom and a library, and there are ample facilities for indoor and outdoor games.

Visiting Days: By arrangement with parents.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: No special day.

DISCHARGE DAY: When children are considered fit.

STATION: Witley, from Waterloo. A bus from the station passes near the Home.

GENERAL: A Victorian house, 500 feet above sea-level with a large garden, which includes a playground, football pitch, tennis court and swimming pool. School closed Christmas 2 weeks, Easter 2 weeks, Summer 4 weeks. Spring, Summer and Autumn Half-terms, 1 week each.

APPLICATIONS: To the Superintendent at the Home.

St Joseph's Convalescent Home

11 & 13 BRANKSOME WOOD ROAD,

BOURNEMOUTH,

HANTS, BH2 6BU.

(Bournemouth 27869) Staff

(Bournemouth 23772) Patients

PATIENTS: Men and women aged 16-80. General convalescence. Subject to absolute discretion of the Medical Officer and/or Matron a limited number of patients with controlled colostomies can be accepted.

Ineligible: Asthma or inoperable carcinoma and severe or chronic chest and heart conditions.

RELIGION: Roman Catholic. (All denominations taken).

BEDS: 20 in men's home including 4 on the ground floor. 30 in women's home. None on ground floor but there is a lift. 16 in new extension for men and women having 12 single and 2 double rooms. This extension has its own lift.

TREATMENT: No treatments. Gastric, diabetic and other diets provided. Simple dressings.

STAFF: Chief Resident Officer: Reverend Mother

Nursing Staff: 1 SRN 1 SEN.

Medical Staff: Dr W Cremin (visiting).

LENGTH OF STAY: 2 weeks to 3 months.

ROUTINE AND RECREATION: Breakfast 8.00 am; the patients retire 9.30 pm. Breakfast in bed if necessary. Patients are expected (if able) to make their own beds, and women to wash up dining room cutlery and set tables. Occupational therapy optional. Large summer house in garden of Women's Home. Pianos, Wireless, Coloured Television in each Home.

Visiting Day: Any day

CHARGES: £32.00 per week (4 bedded rooms). £35.00 per week (2 bedded rooms) £40.00 (private rooms).
Laundry extra.

RECEIVING DAY: Any day.

DISCHARGE DAY: Same as receiving day.

STATION: Bournemouth Central, from Waterloo. Patients make their own way to the Home. Taxis are available.

GENERAL: The Home is situated on sloping ground in a residential district, half a mile from the sea. It has an extensive garden. Central heating.

APPLICATIONS: to the Reverend Mother.

St Michael's Convalescent Home

**MARINE PARADE EAST,
CLACTON-ON-SEA,
ESSEX CO15 6JW**

(Clacton-on-Sea 423688)

OWNERS: Westminster Sisters of Mercy, 11 Harewood Avenue, NW1.

PATIENTS: Women up to 75 years of age—over 75 subject to approval of the Medical Officer. General convalescence. Colostomies. A limited number of emotionally disturbed patients.

Ineligible: Normal exclusions. Asthmas, incontinent, severe heart conditions.

RELIGION: Roman Catholic. (All denominations taken)

BEDS: 67 in single and sharing rooms.

TREATMENT: All diets, if notified prior to arrival. All dressings. Physiotherapy should be arranged with Clacton Hospital before patients are sent to the Home.

STAFF: Chief Resident Officer: Sister Superior.

Nursing Staff: Religious Sisters, SRN and Assistant Nurses.

Medical Staff: Dr T J Ryan (visiting)

LENGTH OF STAY: As arranged. (At present we have 15 residents to help defray the cost of fuel oil during winter).

ROUTINE AND RECREATION: Early tea is served to each patient in bed. Patients are expected to take all meals in the dining room. Television, piano. Large balconies overlooking the sea. The beach is only a few yards away. There is a Chapel in the Convent grounds, but attendance is not compulsory.

Visiting Hours: 10 am to 8 pm daily.

CHARGES: Sharing Rooms £50.00. Single Rooms £65.00. Units—(Which comprise of bedroom, bathroom and toilet) £75.00.

RECEIVING DAYS: Tuesdays, Thursdays and Saturdays. Patients should leave before lunch on the day of departure.

DISCHARGE DAY: Any day.

STATION: Clacton-on-Sea from Liverpool Street. Taxis available at Clacton.

GENERAL: The Home is magnificently situated as close to the sea front as a building could be and faces south. Central heating and supplementary heating when necessary.

APPLICATIONS: To the Matron.

St Peter's Convent

MAYBURY HILL,

WOKING,

SURREY.

(Woking 21224)
and (Woking 61137)

PATIENTS: Women. Consideration is given to a limited number of patients up to 80 years of age who are genuinely convalescent and mentally alert. General medical and post-operative convalescence. Hearts. Orthopaedic cases and colostomies.

Ineligible: Asthma, fits, (epileptic or other), infectious and skin diseases. Neurosis, cancer in advanced stage, or if liable to be offensive to others.

RELIGION: Anglican Community. (All denominations accepted).

BEDS: Convalescent—First Floor—total 20 (Large Ward 11, Small Ward 4. Balcony 4, One small private room). **Guest Floor** Six single rooms available for those needing less nursing care. There is a sitting room with adjoining kitchen where breakfast and afternoon tea etc. may be prepared (food provided). Dinner and Supper in dining room. Lift to all floors. Other rooms in this unit available for relatives or friends. **Private Nursing Wing** Single Rooms available for short term convalescents.

TREATMENT: Simple medical treatments. Mild gastric diets. Simple dressings.

STAFF: **Chief Resident Officer:** Reverend Mother Superior.

Nursing Staff: Assistant Superior (SRN); 5 SRN and 2 part time SRN; 3 SEN; 1 Dispenser; 24 hour nursing cover.

Medical Staff: Dr Buchanan, Dr Dalglish, Dr K A M Moore, Dr Rae (visiting).

LENGTH OF STAY: Usually 2 weeks, but no fixed limit. Usual maximum 1 month.

ROUTINE AND RECREATION: All patients have breakfast in bed and retire before or after supper as desired. Afternoon rest if required.

Library, radio, television. Convalescents allowed out to afternoon cinemas.

Visiting: 2.0 to 5.0 pm. 7.0 to 7.45 pm for those unable to come in the afternoon. Guest floor New Unit: 7.30 to 8.30 pm. Smoking—Outside only.

CHARGES—Wards: On Application.

Guest Unit: On Application

RECEIVING DAY: Normally Monday.

DISCHARGE DAY: Normally Monday.

STATION: Woking, from Waterloo, thence by Maybury Hill bus or taxi.

GENERAL: Built in 1883, the Convent stands on high ground in 20 acres of ground.

APPLICATIONS: to the Admissions Sister of the Community of St. Peter at the Convent (with return postage), for N.H.S. patients.

St. Peter's and St. James'
(THE DONKEY CLUB)
**HOME FOR THE SEVERELY DISABLED,
LONE BARN FARM,
WIVELSFIELD GREEN,
HAYWARDS HEATH,
SUSSEX.**

Wivelsfield Green 598

**Parent Society: The Donkey Club.
(Registered under the Charities' Act 1960)**

PATIENTS: Severely disabled and chronic sick.

Ineligible: Senile, Infectious diseases.

RELIGION: Undenominational. Chapel of Unity to be built.

BEDS: 18, 14 single rooms, 2 twin beds, double rooms.

TREATMENT: Full nursing care—Physiotherapist visits twice weekly.

STAFF: Administrator and Founder: Mrs Susan Dinnage, SRN.

Nursing Staff: SRN, Trained Care Staff. Nursing Auxiliaries (Male and Female).

Medical Staff: Dr J H Pendered visits Thursdays. On call 24 hrs.

LENGTH OF STAY: According to need.

ROUTINE AND RECREATION: Very severely disabled have breakfast in bed, others breakfast 9 am. Dinner 1 pm. Tea 5.30 pm. TV lounge (colour), quiet lounge, library.

CHARGES: Fees on request.

RECEIVING AND DISCHARGING DAYS: By arrangement.

STATION: Haywards Heath, Sussex.

APPLICATIONS: The General Secretary, Administrator and Founder, Mrs Susan Dinnage, SRN, Lone Barn Farm, Wivelsfield Green, Haywards Heath, Sussex.

Our challenge, "no one will be refused admittance on the grounds of their disability(ies) being too difficult."

Spelthorne St. Mary
55 MILTON ROAD,
HARPENDEN,
HERTS, AL5 5NX.

(Harpenden 68511)

Owners: Community of St. Mary the Virgin, Wantage.

PATIENTS: Women alcoholics

Ineligible: Any other type of case.

RELIGION: Church of England, but any denomination received.

BEDS 17. All single rooms.

TREATMENT: Treatment according to the nature of the case. Occupational therapy.
Group therapy.

STAFF: Chief Resident Executive Officer: Sister Superior

Nursing Staff: 2 SRN Sisters of the Community.

Other staff: Sisters of the Community

Medical Staff: Dr M Williams (visiting Physician)
Dr M M Glatt, Dr J L McClure

LENGTH OF STAY: Minimum 6 months.

ROUTINE AND RECREATION: Breakfast 8 am. Lights out normally 10.30 pm. Meals in bed if necessary. A graded programme of occupation, rest and recreation is provided according to individual needs. Training facilities in Crafts, Typing, Cooking etc. The house is ten minutes walk from a pleasant shopping centre, and 5 minutes from a common. Expeditions are arranged to places of interest, and there is a good library in the house both of books and records.

CHARGES: £63.00 per week plus pocket money.

RECEIVING DAY: }
DISCHARGE DAY: } Any day as arranged.

STATION: Good trains from St. Pancras. Station 10 minutes walk from house.

APPLICATIONS: To the Sister Superior.

Tyrwhitt House
OAKLAWN ROAD,
LEATHERHEAD,
SURREY.

Parent Society: The Ex-Services Mental Welfare Society. (Registered in accordance with the National Assistance Act, 1948 and the Charities Act, 1960)

PATIENTS: Men of all ranks suffering from psychiatric disabilities who have served in the Armed Forces or Merchant Navy, more particularly those with active or long regular service.

Before admission all patients are assessed by the Society's Consultant Psychiatrist either by interview or reference to medical reports submitted for his consideration.

Ineligible: Those who on psychiatric examination are found to require active medical treatment or require constant supervision i.e. epileptics, bed cases, senile dementia.

RELIGION: Undenominational

BEDS: 20.

TREATMENT: Skilled psychiatric nursing. Occupational therapy under the supervision of an experienced Occupational Therapist working in close co-operation with the Nursing staff.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: 6 Sisters.

Chief Consultant: Brigadier J F D Murphy MD FRCPsych DPM.

LENGTH OF STAY: In accordance with medical advice.

RECEIVING DAY: Any day, except Saturday or Sunday.

DISCHARGE DAY: At the discretion of Chief Consultant.

STATION: Leatherhead from Waterloo.

GENERAL: The Home stands in its own grounds of 7 acres in a delightful peaceful area of Surrey.

APPLICATIONS: To the General Secretary, Ex-Services Mental Welfare Society, 37 Thurloe Street, London, SW7 2LL (01-584-8688).

The White House Convalescent Home

23 CANTELUPE ROAD,

BEXHILL-on-SEA,

SUSSEX.

(Bexhill 212540)

British Telecommunications London Mutual Aid Fund

PATIENTS: Members of the British Telecommunications. Other patients accepted if vacancies. General convalescence either sex up to 70 years of age.

Ineligible: Bed cases. Severe Mental Cases and those with major dietary needs.

RELIGION: Undenominational.

BEDS: 23. 4 single rooms; 8 rooms with 2 single beds; (including 1 on the ground floor); 1 room with 3 single beds.

TREATMENT: None. Simple dressings.

STAFF: **Chief Resident Officer:** Mrs I Stewart (Matron).

Nursing Staff: None.

Medical Staff: Visiting Doctor.

LENGTH OF STAY: Normally 2 weeks.

ROUTINE AND RECREATION: No restrictions. Radio, television and small library.

CHARGES: £56.00 per week, plus £8.40 VAT.

RECEIVING DAY: Saturday (after lunch).

DISCHARGE: Friday.

STATION: Bexhill (Central).

GENERAL: Home 150 yards from the sea. Garden. Closed for two weeks at Christmas.

COMMUNICATIONS: to The Secretary, BTL Mutual Aid Fund, Ref P23 BTL HQ Camelford House, 87-90 Albert Embankment, London SE1 7TS (01-587 8335)

APPLICATIONS: to P23, Room 930 Camelford House, 87/90 Albert Embankment, London SE1 7TS (01-587-7263).

The Wolfson Centre (Children)

MECKLENBURGH SQUARE,

LONDON WC1N 2AP.

(01 837 7618)

DESCRIPTION: The Wolfson Centre is associated with The Hospitals for Sick Children Great Ormond Street and The Institute of Child Health of London University. The Centre contains the Academic Department of Developmental Paediatrics of The Institute, and provides clinical services for the assessment of handicapped children of all types from local, regional and national referrals. It is the regional assessment centre for NE Thames.

PATIENTS: All types of disability in childhood (0-19 years). The majority are seen as day patients, although some stay with their parents in the residential unit. Following analysis of problems, programmes of treatment and education are recommended.

Ineligible: Children requiring hospital type care and nursing specially overnight and at weekends.

RELIGION: Undenominational.

BEDS: 6 in family residential unit.

TREATMENT: Medical, educational, psychology, nursing, social work, physiotherapy, occupational, speech therapy, aids and equipment.

STAFF: Professor Kenneth S Holt MD FRCP DCH, Paediatrician and Director,
Dr Patricia M Sonksen MD DObst RCOG, Paediatrician
Dr Michael Huntley BA MEd PhD, Educational Psychologist and supporting staff.

LENGTH OF STAY: According to needs.

STATION: Kings Cross.

APPLICATIONS: To Director.

The Wolfson Medical Rehabilitation Centre

**COPSE HILL, WIMBLEDON,
LONDON, SW20 0NQ.**

(01 946 7711)

PATIENTS: Neurological disability, ambulant cases and wheelchair patients. Men and women aged 16 upwards, who are capable of benefiting from our individually charted programme, which may include Physiotherapy, Hydrotherapy, Occupational Therapy and Speech Therapy as appropriate to the condition.

Ineligible: Normal exclusions.

RELIGION: Undenominational.

BEDS: 48.

TREATMENT: Rehabilitation—towards maximum independence.

STAFF: Medical: Dr D G Jenkins MB FRCP D.Phys.Med, Medical Director, and supporting staff.

LENGTH OF STAY: Dependent upon patients needs.

VISITING: Monday to Friday 4.00 pm to 8.30 pm.
Saturdays and Sundays open visiting.
Patients are encouraged to return home at weekends if they can arrange their own transport.

ADMISSIONS: Sunday and Monday.

STATION: Wimbledon—Southern Region and District Line, Underground.

GENERAL: The Centre is situated in the grounds of Atkinson Morley's Hospital, approximately 1 mile from centre of Wimbledon. Car parking available at owners risk.

APPLICATIONS: To Medical Director with medical and social work reports, and written undertaking to accept total responsibility for patient at the end of their rehabilitation period.

Yarburgh Children's Home
HIGHFIELD ROAD,
EAST GRINSTEAD,
SUSSEX.

(East Grinstead 23215)

PATIENTS: Children aged 5-13 years. General convalescence.

Ineligible: Bed cases. Normal exclusions. Those requiring special attention at night.

RELIGION: Undenominational.

TREATMENT: No treatments, TB contacts, not infectious.

BEDS: 18 beds in bedrooms, no ground floor rooms. Isolation ward provided.

STAFF: Chief Resident Officer: Officer in Charge (CRCCYP)

Matron: NSPCC qualified.

Care Staff: 2 Senior House Parents (NNEB & PRC) 3 House Parents (PRC)

Medical Staff: Dr M Worlock BA MRCS LRCP (visiting)

LENGTH OF STAY: Any length of time from one week to a number of years.

ROUTINE AND RECREATION: The children get up at 7.30 am and go to bed at 6-9.30 pm. Breakfast in bed is provided if necessary. Recreations and activities outdoors whenever possible. Also indoor play school for the pre-school children.

Visiting Day: Any day.

CHARGES: £12.00 per day, £84.00 weekly
£8.50 per day Reservation fee.

RECEIVING DAY: Any day.

STATION: East Grinstead, from Victoria and London Bridge.

GENERAL: The Home is a converted house on the outskirts of East Grinstead. There is a garden suitable for children. The Home is open all the year round.

APPLICATIONS: To the Officer in Charge.

PART II

The Homes listed in this section are outside the boundaries of the four Thames and Wessex Regional Health Authorities.

Byng House
30, PROMENADE,
SOUTHPORT,
MERSEYSIDE, PR8 1QU.

(Southport 37875)

PATIENTS: Ex-Service men and women of any age. Adult dependants. General convalescence. Rest.

Ineligible: Normal exclusions. Bed cases. Bronchiectasis. Epilepsy unless controlled. Children.

RELIGION: Undenominational.

BEDS: 67, in 2 bed rooms; none on ground floor but there is a lift.

TREATMENT: No treatments or dressings. Light diets.

STAFF: Chief Resident Officer: Manager.

Nursing Staff: None.

Medical Staff: Dr T J Szczesniak (visiting).

LENGTH OF STAY: 2 weeks, sometimes extended.

ROUTINE AND RECREATION: Patients rise in time for 8.30 am. breakfast, and retire at 10.30 pm. They are expected to make their own beds. No other domestic work is required.

The Home has a library and television as well as facilities for indoor and outdoor games.

Visiting: Anytime, excepting meal-times, until 8.00 pm.

CHARGES: Free. Payable by British Legion. Other Service Funds, etc., are asked to contribute towards cost of maintenance.

RECEIVING DAY: Tuesday.

DISCHARGE DAY: Tuesday.

STATION: Southport, from Euston.

GENERAL: The house stands on the promenade and has a large garden. **CLOSED DECEMBER AND JANUARY.**

APPLICATIONS: Through Local Service Committees of the Royal British Legion. (Addresses available at Local Post Offices).

Dawn House School

**HELMSLEY ROAD,
RAINWORTH,
Nr. MANSFIELD,
NOTTS.**

(Blidworth 5361)

Parent Society: The Invalid Children's Aid Association.

PUPILS: Boys and girls aged 5-13 with severe speech and language disorders.

Ineligible: Primary stammerers. Educationally sub-normal children. Physically handicapped children. Seriously maladjusted children. Children with a significant hearing loss.

RELIGION: Undenominational.

BEDS: 48 resident and up to 6 day pupils.

TREATMENT: Speech therapy. Consultations with medical specialists if required. Routine medical supervision.

STAFF: Chief Resident Officer: Headmistress, Mrs S Naidoo

Senior Speech Therapist: Mrs C Haynes.

Medical Staff: Dr D Mellor (visiting Consultant Paediatric Neurologist).
Dr S H Harrison (School Medical Officer).

LENGTH OF STAY: As required for satisfactory treatment or until maximum age.

EDUCATION AND RECREATION: Intensive and integrated language programmes are carried out by teachers and speech therapists. Special remedial education is linked to the language work to meet individual needs. Normal three term year and half terms. Weekends at home where practicable. Recreation organised by Principal Care Officer and team of Residential House Staff. Regular swimming, riding lessons. Cubs, Scouts and other local community activities.

Visiting: By arrangement with the Principal Care Officer.

CHARGES: Payable by the Local Education Authority.

RECEIVING DAY: Normally at the beginning of Autumn Term.

DISCHARGE DAY: Normally at the end of term.

STATION: Nottingham.

GENERAL: Purpose built school on 10 acres' site adjoining Forestry Commission land but within a few minutes walk of the main Mansfield to Newark road.

APPLICATIONS: to the Secretary for Schools, The Invalid Children's Aid Association, 126 Buckingham Palace Road, London, SW1W 9SB (01 730 9891).

The Mental After Care Association

158 FOXHALL ROAD,

IPSWICH,

SUFFOLK.

PATIENTS: Young men and young women who have had a chronic mental illness or who are suffering from personality disorders.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 34. Numbers according to size of rooms.

TREATMENT: Residents are encouraged into a regular work routine within the hostel prior to being tried in outside employment.

STAFF: Five resident staff trained or experienced in mental nursing.

LENGTH OF STAY: As appropriate to individual needs.

ROUTINE AND RECREATION: Residents do their own cooking, cleaning and laundry. Various forms of occupation are provided in the hostel. Social activities include table tennis, putting, croquet etc.

CHARGES: £77.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any week day.

STATION: Ipswich—frequent trains from Liverpool Street Station.

GENERAL: Large house and garden on bus route to town centre and Felixstowe.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London. SW1.

The Mental After Care Association

CHARLOTTE MEWS

SWINDON,

WILTS. SN1

PATIENTS: Men and women in need of rehabilitation after mental illness. Preference given to those under 50 years.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 29. 1-3 according to size of rooms.

TREATMENT: Rehabilitation towards employment and social independence.

STAFF: Three resident staff trained or experienced in mental nursing.

LENGTH OF STAY: As appropriate to individual needs.

ROUTINE AND RECREATION: Meals to suit residents' employment. All residents make their own beds and help with domestic work. Television, radio, record player and indoor and outdoor interests provided. Day centre provided for those not in paid employment.

CHARGES: £77.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any weekday.

STATION: Swindon—frequent trains from Paddington Station.

GENERAL: Large house with pleasant garden, in the Old Town overlooking park at rear.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London SW1Y 6HB.

The Railway Convalescent Home

"BRIDGE HOUSE,"

DAWLISH, DEVON.

EX7 9AU.

(0626-86-3303)

PATIENTS: Male employees and husbands of female employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired and redundant personnel within certain limits.

Please note that paying patients are now admitted irrespective of any connection with Nationalised Public Transport.

Ineligible: Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders, and Incontinence.

RELIGION: Undenominational.

BEDS: 61. Some on ground floor. Rooms contain 1-3 beds. No lifts.

TREATMENT: No treatments. Gastric and diabetic diets. Simple dressings. Colostomy cases accepted.

STAFF: Chief Resident Officer: Matron (SRN).

Medical Staff: Dr J R Andrews (visiting).

LENGTH OF STAY: 2 weeks.

ROUTINE AND RECREATION: Patients rise at 7 am and retire at 10 pm. All patients to be in the grounds by 9.30 pm. No domestic work is done by the patients. Billiards, darts, piano, radio, colour television, and putting green.

Visiting Day: Every afternoon, 2 to 4 pm by arrangement with Matron.

CHARGES: None, to contributors.

FEE FOR PAYING PATIENTS: Apply below re Fees (Minimum stay 3 days).

RECEIVING DAY: }
LEAVING DAY: } Tuesday.

STATION: Dawlish, from Paddington. Conveyance arranged from and to Station.

GENERAL: Modernisation will be completed April 1982. Large gardens supply fresh vegetables. Short easy walk to seashore.

APPLICATIONS: To The Railway Convalescent Homes, First Floor, 6/8 Hampshire Terrace, Portsmouth, PO1 2UD. Telephone: Portsmouth 736961 (STD Code 0705).

The Railway Convalescent Home

THE OLD ABBEY,
MARINE DRIVE,
LLANDUDNO,
NORTH WALES

(0492-77625)

PATIENTS: Female Employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. (Wives, provided the husband is a contributor to the Railway Convalescent Homes). Also retired and redundant personnel within certain limits (this applies also to wives of retired personnel).

Please note that paying patients are now admitted irrespective of any connection with Nationalised Public Transport.

Ineligible: Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases; unless covered by a Doctor's Certificate to the effect that no infection remains, serious Mental and Neurotic disorders and Incontinence.

RELIGION: Undenominational.

BEDS: 25, in 2 and 3 bed rooms. None on the ground floor. Hot and cold water in every bedroom. No lifts.

TREATMENT: Normal gastric and diabetic diets, etc. Simple dressings. Colostomy cases accepted.

STAFF: Chief Resident Officer: Matron (SRN).

Medical Staff: Dr N Roberts.

LENGTH OF STAY: 2 weeks.

ROUTINE AND RECREATION: Patients rise at 7 am and retire at 10 pm. All patients to be in grounds by 9.30 pm. No domestic work is done by the patients. There is a piano, radio, colour television and card games, etc.

Visiting Day: Every afternoon, 2 to 4 pm by arrangement with Matron.

CHARGES: None to contributors.

FEES FOR PAYING PATIENTS: Apply below re Fees (Minimum stay 3 days).

RECEIVING DAY: }
LEAVING DAY: } Tuesday.

STATION: Llandudno, from Euston. Conveyance arranged from and to the Station.

GENERAL: The Home commands extensive views from Conway Castle to the Isle of Anglesey. Large gardens run down to the seashore, and supply fresh vegetables.

APPLICATIONS: To The Railway Convalescent Homes, First Floor, 6/8 Hampshire Terrace, Portsmouth, PO1 2UD. Telephone: Portsmouth 736961 (STD Code 0705).

The Railway Convalescent Home

ASCOG MANSION,
ROTHESAY,
ISLE OF BUTE,
SCOTLAND, PA20 9EU

(0700-2721)

PATIENTS: Male employees and husbands of female employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired and redundant personnel within certain limits. A pilot scheme for married couples is in operation.

Please note that paying patients are now admitted irrespective of any connection with Nationalised Public Transport.

Ineligible: Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders and Incontinence.

RELIGION: Undenominational.

BEDS: 32. None on the ground floor. Rooms contain 2 to 6 beds. No lifts.

TREATMENT: No treatment. Gastric and diabetic diets provided. Simple dressings. Colostomy cases accepted.

STAFF: **Chief Resident Officer:** Matron (SRN).
Medical Staff: Dr T J Gordon Howie (visiting).

LENGTH OF STAY: 2 weeks.

ROUTINE AND RECREATION: Patients rise at 7 am and retire at 10 pm. All patients to be in the grounds by 9.30 pm. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, bowls, piano, radio, colour television and putting green.

Visiting Day: Every afternoon, 2 to 4 pm by arrangement with Matron.

CHARGES: None, to contributors.

FEE FOR PAYING PATIENTS: Apply below re Fees (Minimum stay 3 days).

RECEIVING DAY: }
LEAVING DAY: } Tuesday.

STATION: Rothesay, from Euston, via Glasgow and Wemyss Bay—Conveyance arranged from and to the Pier.

GENERAL: Large gardens supply fresh vegetables. Home on seashore.

APPLICATIONS: To The Railway Convalescent Homes, First Floor, 6/8 Hampshire Terrace, Portsmouth, PO1 2UD. Telephone: Portsmouth 736961 (STD Code 0705).

Winged Fellowship Trust

Registered Charity 231924

**SKYLARKS, ADBOLTON LANE,
WEST BRIDGFORD,
NOTTINGHAMSHIRE.**

(Not Registered as a Nursing Home with the AHA)

PATIENTS: Physically disabled men and women of 16 years and over. Including incontinents and those with additional physical ailments.

Ineligible: Mental illness and senility. Those in need of sick nursing, epileptics or blind persons unless they are wheelchair bound. Chronic bronchitics and asthmatics. (Guests are more likely to be rejected for being too lightly handicapped than the reverse).

RELIGION: Undenominational.

BEDS: 36 all on the ground floor comprising of 10 single and 9 twin bedded rooms and 2 four bedded rooms.

TREATMENT: Medication, injections as prescribed by patient's doctor. Simple diets.

STAFF: Houseparent.

Three trained nurses and night auxiliary.

Care assistants, domestic staff plus resident volunteers of both sexes.

Doctor on call.

LENGTH OF STAY: 2 weeks only from March until December. Early booking advisable for summer months. Permanent accommodation cannot be offered.

ROUTINE AND RECREATIONS: Guests have breakfast at 9.0 am and retire when they wish. Guests are assisted with dressing, washing, bathing and toilet and with feeding, as required. Outings in coach ambulance include visits to shops, pubs, church, historical houses and other places of interest. Plenty of entertainment for those who wish to participate.

Visiting: Any day and time by arrangement with Houseparent.

CHARGES: Details given upon application.

RECEIVING DAY: Saturday after 2 pm.

DISCHARGE DAY: Saturday before 12 noon.

STATION: Nottingham.

GENERAL: A newly built, specially designed and equipped building within a beautiful country park, close to the River Trent and the National Watersports Centre, Trent Bridge cricket ground and Nottingham racecourse.

APPLICATIONS: Holiday Office, Winged Fellowship Trust, 2nd floor, 64/66 Oxford Street, London W1N 0AL. Tel: 01-636-5575/5886.

Note: Winged Fellowship Trust have two other holiday centres for the physically disabled: Jubilee Lodge, Grange Farm, Chigwell, Essex.
Crabhill House, South Nutfield, Near Redhill, Surrey.

Royal British Legion Rest and Convalescent Home

**SOMERSET LEGION HOUSE,
17/23 BIRNBECK ROAD,
WESTON-SUPER-MARE, AVON, BS23 2EH.**

(Manager) Weston-super-Mare 29589

(Residents) Weston-super-Mare 21211

PATIENTS: Ex-Service men and women of any age. Adult dependants. General convalescence. Rest.

Ineligible: Chair cases. Bed cases. Communicable diseases. Tuberculosis. Epilepsy unless controlled. Psychiatric patients, Colostomy and incontinence cases. Children.

RELIGION: Undenominational.

BEDS: 87, mainly in 2-bedded rooms. 2 on ground floor. Few single rooms. Accommodation for 40 married couples. Hot and cold water in all bedrooms.

TREATMENTS: No treatments or dressings. Light diets.

STAFF: Chief Resident Officer: Manager.

Nursing Staff: None.

Medical Staff: Dr Paul Wilson (visiting).

LENGTH OF STAY: Normally 2 weeks. Can be extended at the discretion of the Medical Officer.

ROUTINE AND RECREATION: There are few restrictions. No domestic work is expected of the guests, other than to make own bed.

Patients arrange own social evenings.

Visiting day: Any day, except meal times, 2.00 pm until 6.00 pm.

CHARGES: Free. Borne by British Legion. Other Service funds, etc, are asked to contribute towards the cost of maintenance.

RECEIVING AND DEPARTURE DAY: Wednesday, admissions. Tuesday discharges.

STATION: Weston-super-Mare. The Home is about 1 mile from the station. Bus service to within 50 yards of the Home.

GENERAL: The Home is a converted hotel and delightfully situated on the seafront. Many of the rooms overlook the sea. Electric passenger lift. Central heating throughout.

APPLICATIONS: Through Local Services Committees of the Royal British Legion, (Addresses available at Local Post Offices). HQ, Royal British Legion controls all admissions. Patients cannot be admitted on direct applications to the Home.

A Provisional Order Form

If a 1984 edition of the Directory of Convalescent and other Homes Serving Greater London is produced, it will be ready for distribution in January 1984.

If you wish to place what must for the time being be a provisional order, will you please complete and despatch this form to reach us by 30th November 1983. If the Directory is produced, an invoice requesting payment will be forwarded with your copy or copies.

Directory of Convalescent and Other Homes

Name

Address

.....

If a 1984 edition is produced, please forward to the above address copy/copies.
(The form should be returned to The Grants Secretary, King Edward's Hospital Fund for London, 14 Palace Court, London, W2 4HT).

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M Men accepted.

W Women accepted.

* No fixed age limit, or patients over 70 accepted.

P Accommodation for the psychiatrically ill

H Holiday and short stay beds.

g Ground floor bedroom.

C Children as well as adults accepted.

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- E Epilepsy.
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- H Holiday and short stay beds.
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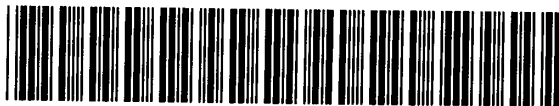
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