

Occasional Paper

KFC 86/25

A Survey of Health Services for Elderly People

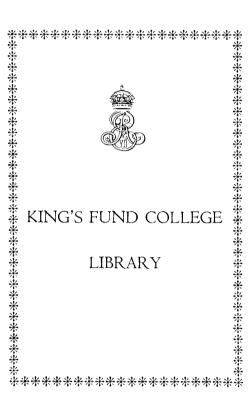
Recent innovations in the United Kingdom (1982 – 85) by Avis Hutt and James P Smith



QBFD (Hut)

on information provided by NHS district general managers المعودة

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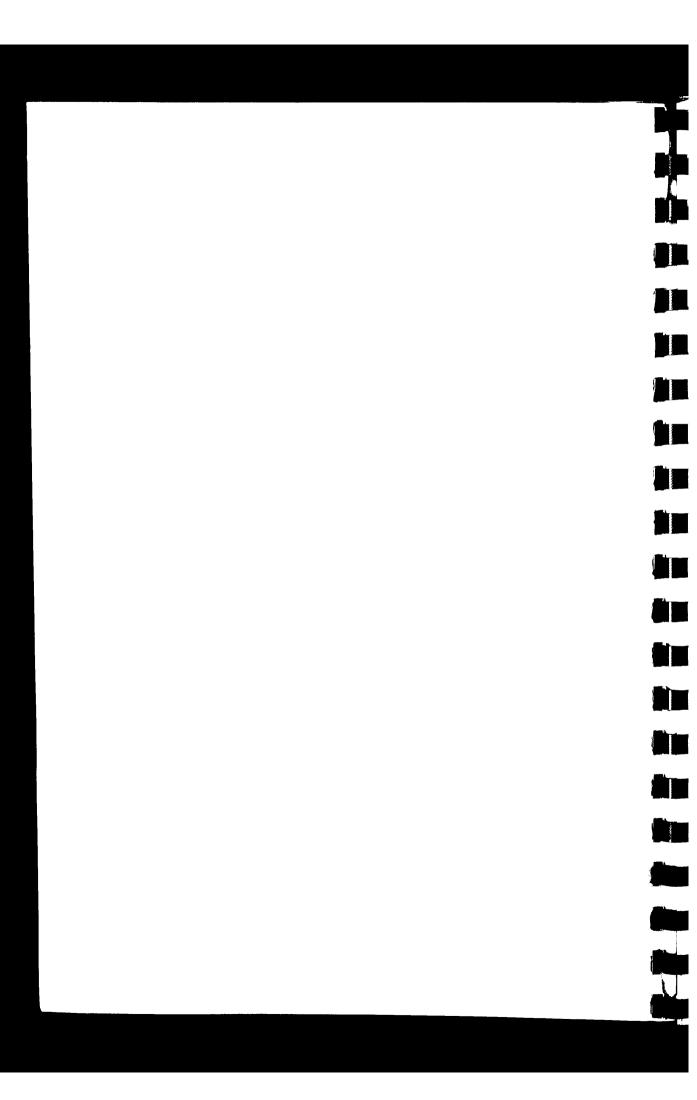
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PREFACE

Since joining the Long Term and Community Care Team at the King's Fund Centre on 1 June 1985, I have been attempting to develop further my interest in the health services provided for elderly people.

One of my earliest activities in that respect was to write to all NHS district general managers in the autumn of 1985 to find out about innovations in services for the elderly during 1982-85 and to identify centres of excellence and good practices.

The responses provided a good deal of interesting and useful information. The survey itself also generated a fair amount of interest in people who were keen that the information should be shared. I therefore decided to consider publishing the collated information. I was very fortunate indeed that Avis Hutt was available and willing to undertake the very demanding job of extracting the information from replies and collating it for each of the four countries in the United Kingdom.

This publication is the result of all that recent activity.

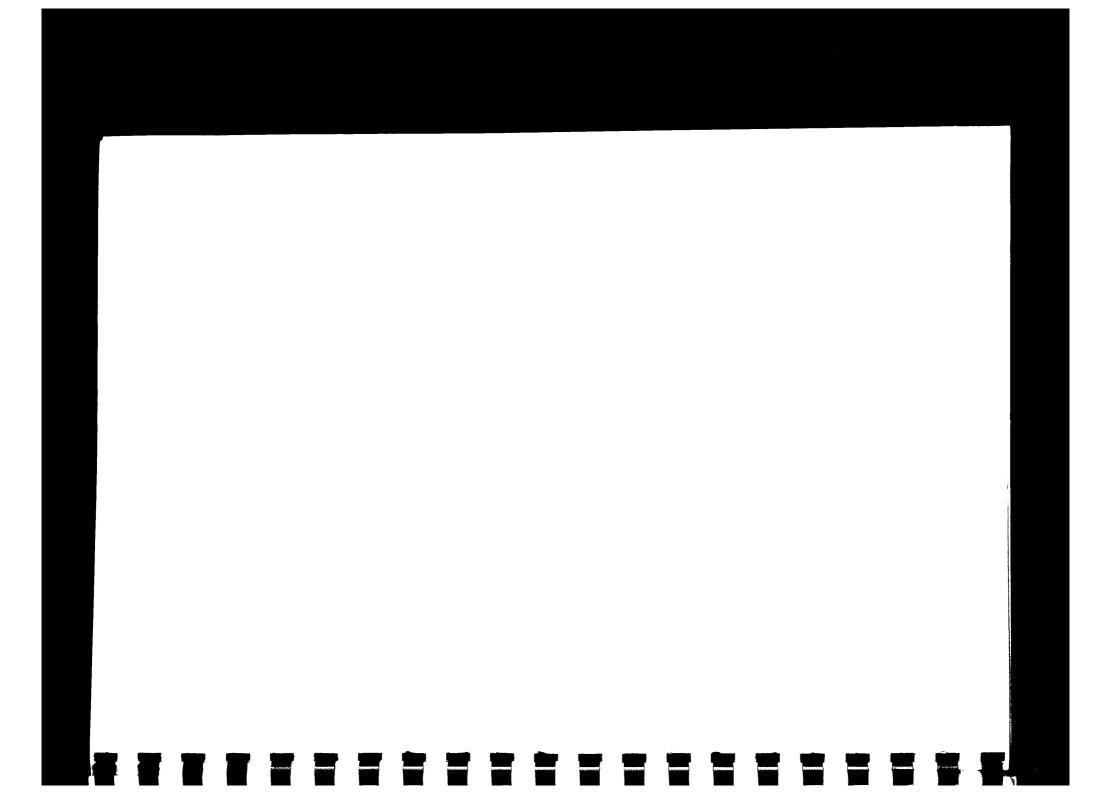
It will be used by us at the King's Fund Centre as a basis for discussion and planning of future Centre activities relating to elderly people and their care. I also hope that it will prove a useful source of information to NHS planners and practitioners, and policy "nakers.

The inclusion of any project or development in this publication does not imply any endorsement by the King's Fund. The information is included merely to share some of the NHS planning and service developments that took place in the United Kingdom during 1982-85.

James P Smith Assistant Director Long Term and Community Care King's Fund Centre, London February 1986.

REGION/HEALTH AUTHORITY	INNOVATION	GOOD PRACTICE/ CENTRE OF EXCELLENCE	KEY PERSON
EAST ANGLIAN REGION	<u> </u>		
Cambridge Health Authority	 (Volunteers) Weekend Club Tower Hospital, Ely (Volunteers) Patients clubroom Chesterton Hospital Musical movements classes (PT/OT) Shape East Unit minibus for local small groups use. 	1 Self-medication prior to discharge and for day hospital patients 2 Exchange nursing staffs between geriatric and psychogeriatric wards 3 Overnight stay rooms for relatives 4 Training courses for nursing, physic and occupational therapy staffs.	R H Cutting Unit Administrator Chesterton Hospital Union Lane Cambridge CB4 1PT Tel: (0223) 63415 ext 252
Norwich Health Authority	1 Opening of 25 place Geriatric Day Hospital on DGH site (West Norwich Hospital) 2 Pre-discharge self-care assessment unit (OTs) 3 St Michael Hospital, Aylsham Provision active rehabilitation unit for post-ostopaedic surgery patients.		D I Richmond Information Officer 102 Prince of Wales Road Norwich Tel: 611233
Peterborough Health Authority	 Carers group Sunday afternoon social for dementia sufferers and carers Extension to 7-day community psychiatric nursing service Appointment of full time health visitors for geriatric preventive service 24-hour district nursing service 	Hospital at Home Scheme (serves 50% elderly patients)	Alan R Burns District General Manager 41 Priestgate Peterborough PE1 1LN

REGION/HEALTH AUTHORITY	INNOVATION	GOOD PRACTICE/ CENTRE OF EXCELLENCE	KEY PERSON
MERSEY REGION			
Chester Health Authority	1 Unit of management for services to the elderly 2 Progressive patient care system 3 Transfer of drug prescribing to GPs for Day Unit patients 4 'Dawn and twilight' shifts to yield even spread of nursing staff 5 'Quality circle' concept for nursing staff 6 Open visiting staffs and relative support groups social functions, staff & patient holidays, dog visiting schemes, (to counter istitutionalisation) 7 Multidisciplinary Review Team/ Action Group 8 Purpose built Respite Care Unit		K L Cooper Unit Administrator Chester City Hospital Hoole Lane Chester CH2 3HE Tel: (0244) 315500 ext 591
Halton Health Authority	Hospital discharge and after-care scheme		Valerie Michel Unit Administrator Victoria Buildings Church Street Runcorn Cheshire Tel: Runcorn 74321
Liverpool Health Authority	1 Residential accommodation for severly elderly mentally ill providing domestic environment (DHSS Pilot Scheme) 2 A flexible intensive domiciliary care service for elderly persons suffering from dementia living alone (or with an elderly relative) 5 Pilot Community Housing Scheme (Geriatric Clinical Team & Merseyside Improved Housing Association) 12 bedded unit for training and support prior to discharge 4 Extension of night sitting service (supervised by nursing service) 5 Twilight Nursing Service 6 Boarding out service for a) respite b) rehabilitation 7 Good Neighbours Schemes (8 established by Age Concern) 8 Home Care Scheme (for 4 weeks following discharge)	Mossley Hui Hospital Unit for the elderly with with mental disorders	J E Weston District General Admir 1 Myrtle Street Liverpool L7 7DE Tel: 051-709-9290



Macclesfield Health Authority

Intensive Care Scheme on discharge from hospital (6 weeks intensive support)

St Helens and Knowsley Health Authority

South Sefton Health Authority

- Personalised patients clothing system
- 2 Full-time voluntary services organiser (financed Manpower Services Commission)
- Full-time activities coordinator (financed Manpower Services Commission)
- 4 Allocation of schoolgirls in continuing care wards as part of community care project
- 5 Upgrading of wards (furnishing, fabrics, bedclothes, colour)
- 6 Fund raising activities for special projects
- Wards adopted by local companies funds raised for patients amenities
- 8 Art project funded by Manpower Services Commission for mural by local artists
- 9 Relatives bereavement support group run by trained volunteers
- 10 Link with local Child Community Association
- Introduction of nursing housing process all areas
- 12 'Sitting service' in community provided Manpower Services Commission
- 13 Garden constructed by building improvements to provide safe outside amenities

Pat Nutton Asst General Admin Authority offices Macclesfield HA Prestbury Road Macclesfield SK10 3BC Tell: Macclesfield 21000

Care of the Aged Society Multidisciplinary hospital/ community members resulting in Voluntary Stroke Club and MacMillan nurses and wide activities Mr R J Watson Acting District Admin Cowley Hill Lane District HQ St Helens Merseyside Tel: St Helens 33722

Miss A M McNaughton District Nursing Officer Fazakerly Hospital Longmoor Lane Liverpool L9 7AL Tel: 051-525-3622

Wirral Health Authority

- 1 Extension of home help services
- 2 Augmentation of residential care places
- Home-maker service 'Crisis-intervention' facilities especially night sitting
- 4 Pilot scheme for carers of mentally III - (respite and support headed by community health team).

S J Lince Unit General Manager St James Hospital Tollemaccie Road Birkenhead Merseyside L43 7SF Tel: 051-653-8133

REGION/HEALTH AUTHORITY	INNOVATION	GOOD PRACTICE/ CENTRE OF EXCELLENCE	KEY PERSON
NORTHERN REGION			**********
Darlington Health Authority	1 Care in the Community Project 2 Changing the skill-mix of community nursing teams 3 Richardson Community Hospital (involvement towns people, and relatives. Personalised clothing. Enrolled nurse therapist. Flexible working for nursing staff and patients plan out day. Holiday relief beds. Continence advisory service) 4 Psychiatric services to the elderly 5 Extension of psychiatric services to the elderly with improvement in quality of care a) Community pschiatric nurses b) Research into patient dependency and factors leading to falls c) Holiday relief beds (controlled by CPNs) d) Improved caring environment on wards e) Day facilities for elderly mentally ill 6 Greenbank NHS Nursing Home Project 7 Day Hospital for frail elderly 8 'Normalising' ward environment		Barry Swift Senior Nurse Memorial Hospital Hollyhurst Road Darlington Co Durham DL3 6HX Tel: 0325-460100
Gateshead Health Authority	 Gateshead Community Care Scheme. Health extension (Pilot) providing extra support to frail elderly in the community Screening pilot scheme set up by community nursing service (postal survey technique) 		Dr I R Bowns Registrar Comm Medicine Gateshead HA Alden House Tynegate Precinct Sunderland Road Gateshead Tyne & Wear NE8 3EP Tel: Gateshead 4783811 Ext 252 or 254
Newcastle Health Authority	Care Team for the Elderly (offers individual health care assessment, surveillance and health programme to every person 75+)	Diet directed to meeting individual preferences Traditional Sunday tea with relatives (Walkergate Hospital)	D Watson Service Planning Officer Newcastle HA Scottish Life House 2-10 Archbold Terrace Newcastle upon Tyne NE2 1EF Tel: Newcastle upon Tyne 2815011

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Northumberland Health Authority

North Tees Health Authority Intensive domicilary care scheme (Pilot project)
Reference: Gibbins et al
British Medical Journal 1982
pages 284, 330 and 333.
'Augmented Home Nursing as an
Alternative to Hospital Care for
Chronic Elderly Invalids'

Sunderland Health Authority

- 1 Health visitor surveillance programme in consultation with GPs
- 2 Extension of district nurse evening service
- Respite Care Unit for Elderly Frail (in social services residential home) staffed by NHS nurses
- Further education classes for elderly patients in hospital (joint Health and Local Education Authority)

Joint Aids Service (managed jointly by Health Authority and County Council)

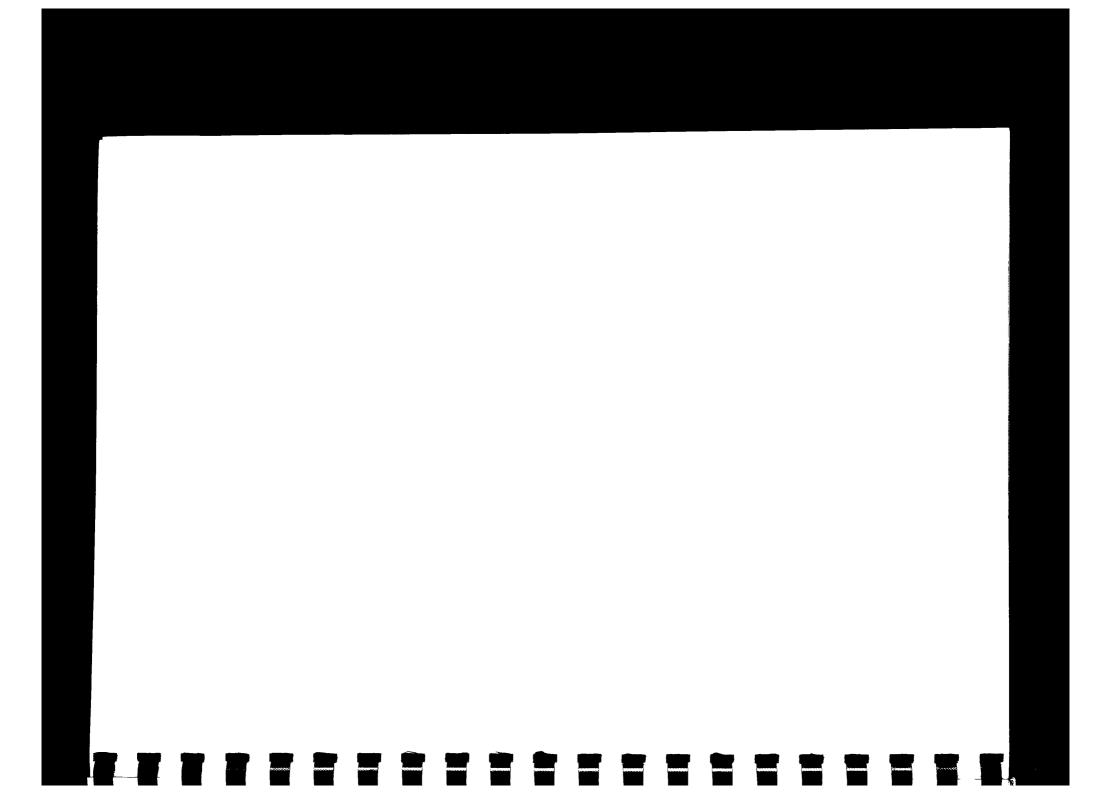
Provides aids quickly Excercise in close cooperation

Mr J Robinson Divisional Supplies Officer East Cottingwood Morpeth Northumberland NE61 2PD Tel: 0670 514331

Mr R J Armstrong Planning Officer Planning Department North Tees General Hosp. Hardwick Stockton-on-Tees Cleveland TS19 8PE Tel: 672122

Incontinence Service
Adult further education classes
Ryhope General Hospital
Sunderland

Mrs B Cockburn Asst Planning Officer Room 29A The Briars District General Hospital Kayll Road Sunderland SR4 7TP Tel: 656256



REGION/HEAL	П
AUTHORITY	

INNOVATION

GOOD PRACTICE/ CENTRE OF EXCELLENCE

KEY PERSON .-----

NORTH EAST THAMES REGION

Basildon & Thurrock Health Authority

- A) Mayflower Hospital Establishment of Physically Disabled Elderly Unit
- Extended use of pet therapy
- Extended use of hospital minibus Care assistant post on each ward to improve patients personalised clothing system
- B) St Andrew's Hospital Team approach to care Rationalisation of care - Day Hospital.

A & B

- Extended use of nursing process
 - a) Nursing roles kept at bedside
- b) Patient participation in own care.
- C) Orsett & Thurrock Hospitals As above plus
- Volunteers entertainments scheme

North East Essex Health Authority

- Multidisciplinary neighbourhood resource centres
- Harwich Register of the Elderly Research project on interdependency needs of the elderly population

City & Hackney Health Authority

- Nutritution education (community dietitian - teaching packs for health care workers)
- General advice and screening service for housebound elderly
- Pensioners health advice areas in in health centres
- Night shelter for elderly mentally
- Foot worker advisory clinic (with mobility clinic)
- Physiotherapy service walk in mobility clinics with open access for

Newham Health Authority

Plaistow Hospital (long stay) LEA jointly running arts & crafts classes in hospital

Mr A J White Hospital Administrator St Andrew's Hospital Stock Road Billericay Essex CM12 0BM Tel: 22611 ext 257

Mr M O'Keefe District Planning Officer NEEHA District Offices Turner Road Colchester Essex CO4 5JR Tel: 0206-851257

Frail elderly nursing team Community nursing liaison sisters

Dr Jane Leaver Spec. in Comm Medicine Community Health Services St Leonard's Hospital Nuttall Street London N1 5LZ Tel: 01-739-8484 ext 341

Mrs Cathy Gritzner Deputy Unit Administrator c/o Newham Chest Clinic

Newham Health Authority (contd) 2 LEA provides local historian as part of recall & local history project

Tower Hamlets Health Authority

- Dentistry service for all admission to Bethnal Green Hospital (in conjuction with MSC course in gerodontology
- 2 Computer assisted testing of patients with dementia
- Weekly visits to old peoples homes (Part III) by SHOs - Dept of Geriatric Medicine
- 4 Family aide scheme. Provides short term increased support to patients & families
- Day Centre for (social services) mentally frail (Age Concern)

Waltham Forest Health Authority

- Leisure Centre facility for inpatients especially from longstay wards
- 2 Voluntary services organiser
- 3 Patients welfare officer
- 4 Clothing sales & personalised clothing
- Nursing auxiliaries who provide early morning assistance to patients in their own homes before Day Hospital
- 6 Speech therapist introduction of reality orientation

Edith Road East Ham London E6 1DE Tel: 01-552-7933

Dr C Reisrei MB MRCR Consultant Geriatric Medicine The London Hospital (Mile End) Bancroft Road London E! 4DG Tel: 01-980-4855

Rachel C Stockdale Asst District Planning Adm Claybury Hall Woodford Green Essex IG8 8DB Tel: 01-505-6241

REGION/HEALTH	

INNOVATION

GOOD PRACTICE/ CENTRE OF EXCELLENCE KEY PERSON

NORTH WEST THAMES REGION

North Bedfordshire Health Authority

Minimal Care Unit (Clapham Hospital)

Miss M E Goole District General Manager Bedford General Hospital Kimbolton Road Bedford MK40 2NU Tel: 55122

East Hertfordshire Health Authority

- 1 Throughput of patients increased in 15 years from 50 600 per annum
- ? Three community-based stroke groups
- Two reality orientation groups in old peoples' homes
- 4 Appointment of speech therapist for elderly
- 5 Introduction of reminiscence therapy & equipment for faint speech amplification
- 6 Multidisciplinary training course in Amerind gestural code
- 7 Improved dialogue with voluntary bodies for communication-impaired elderly
- 8 Appointment of senior dietitian to develop service in hospitals and community throughout District
 - a improved dietetic service to geriatric wards and day hospitals
 b involvement in rehabilitation
 - programmes
 - c setting up domiciliary service
 - d contact with social services, meals on wheels & day centres
 - e nutrional advice to groups in community
 - f improved liaison with other health professionals
 - health professionals
 q in-service staff training
 - h production of literature on nutrition designed for elderly
- 9 3 pilot nursing studies
 - a nurse continence adviser
 - b geriatric visitor district nursing (aimed at secondary prevention)
 - c Primary prevention the elderly (health visitors)
- 10 Promotion of urinary continence in private homes.
- 11 'Flowing bed scheme' in rehabilitation wards

Geriatric Unit Queen Elizabeth II Hospital

Welwyn Garden City

Or I Clarke District Medical Adviser East Herts Hospital Stanstead Road Herts SG13 7HU Tel: 0707-328111

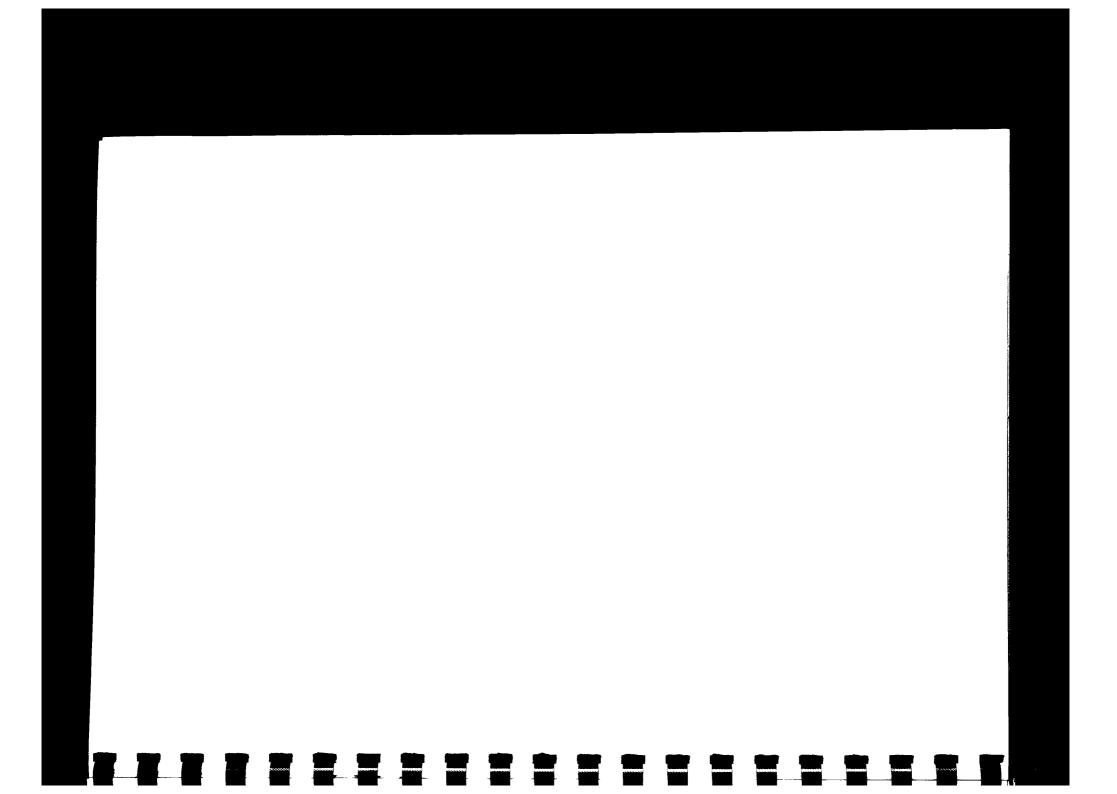
Mrs P Bryan-Smith District Speech Therapist Community Health Office Cole Green Lane Welwyn Garden City Herts AL7 3JB Tel: Welwyn Garden City 324541

Mrs H Cooper District Dietitian East Herts Hospital Stanstead Road Hertford Herts SG13 7HU Tel: 0707 328111

Development of MacMillan Service

Mrs M McCourt Director of Nursing Serv (Community)

Problem-solving multidisciplinary approach with individual care plans



East Hertfordshire Health Authority (contd)	12 13	Pipes alarm call system in sheltered housing Development of hospital 'Head of Elderly Care' post for improved communications re elderly mentally	2 3 4	Monitoring drug therapy and compliance Planned discharge community liaison Social activities (with volunteers)-	Mrs Irene Harris Senior Nurse
	14 15 16 17 18 19 20	ill Appointment 1 continence adviser and 1 geriatric visitor in rural areas	5	reminiscence & reality orientation sessions Facilities for blind patients.	Elderly Care Unit Queen Elizabeth II Welwyn Gardens City Tel: 328111
		dependant elderly people in rural areas (joint project East Herts Health Authority & Hertfordshire County Council)			Ms Ann Dellar Social Services Division East Hertfordshire
North Hertfordshire Health Authority	1 2 3 4 5 6 7	Patient's Club run by voluntary organisations Adult education classes Upgrading of continuing care wards Organised patients coach outings (special handicap bus hired) Introduction of personalised clothing system Monthly concerts (Council of Music for Hospitals) Participation in Youth Training Scheme.			Mr James P Brown Director Nursing Services Hitchin Hospital Aightonhead Way Hitchin Herts SG5 2LM Tel: (0462)-59701
Barnet Health Authority	1 2 3 4 5	Checklist for discharge (quality monitoring) Better communication established between ward and community staff Relative support groups Information package for carers Pet therapy	1 2 3 4 5	Medical Assessment and Treatment Unit at Barnet General Hospital Change of name for unit (Elderly replaces Geriatric) Invidualised patient care Personalised clothing Appointment of a liaison health visitor for the elderly Research on senile dementia	Miss Ann P Harrison Senior Nurse/ Support Planning District Offices Colindale Hospital Colidale Avenue London NW9 5HG Tel: 01-255-1555 ext 283
Hounslow & Spelthorne Health Authority		NOTHING TO REPORT FOR 1982 - 85			A MacDonald Director of Operations and Planning

Riverside Health Authority

- Elderly Mentally III at Banstead Hospital Daytime Club (reminisence and reality orientation therapy)
- Shift in emphasis from 'continuing care in ultra safe environment' to improving quality of life by minimal use of mechanical and clinical restraints
- Different mealtimes from rest of hospital
- 'Bed making team' release of skilled nursing - more time for nurse/patient interaction
- Clinical trials of new equipment
- In-service training
- Elderly Mentally III at Horton Hospital Assessment/Admission ward
- (multidisciplinary emphasis) Individual care plans
- Holiday relief beds
- Reality orientation in all wards

Paddington & North Kensington Health Authority

- Activities officer
- Personalised clothing
- Home care team (social services scheme funded by joint finance) Intensive personal care to dependent frail elderly up to maximum of 3 months following discharge from hospital
- Mental health team for the elderly provides community service for elderly mentally ill with back-up of in-patients beds and a Day Hospital

Frank McGurrin Senior Nurse Manager c/o Department 4 Banstead Hospital Sutton Surrey Tel: 01-642-6611 (a bleep)

R Aubeeluck Senior Nurse Manager Horton Hospital Long Grove Road Epsom Surrey KT19 8PZ Tel: Epsom 29696

Dr Angela Middleton Consultant Geriatrician 16 South Wharf Road London W2 1PF

Statute Control

REGION/HEALTH AUTHORITY	NOITAVONM	GOOD PRACTICE/ CENTRE OF EXCELLENCE	KEY PERSON
SOUTH EAST THAMES F	REGION		
Brighton Health Authority	1 Combined geriatric-orthopaedic ward - maximum stay of six weeks. 2 Action Task Force (reorientation of people caring for elderly patients on long-stay & rehabilitation wards) 3 Survey to establish numbers of patients able to go to Part III accommodation 4 Contract beds in private nursing homes under care of consultant geriatrician 5 Closure of small geriatric hospital to fund NHS nursing home on same site. 6 Mental health 'Task force' (provides advice to community including private nursing home staff)	1 Open access to physiotherapy services for GPs. Establishment of district community physiotherapy service 2 Collaboration with Social Services in production of a joint joint strategic plan shifting care from institutional to community 3 Community stroke clubs 4 Community hospice team	Dr Jenifer Bennett Senior Registrar in Community Medicine District Medical Office 2nd Floor A Block Brighton General Hospital Elm grove Brighton East Sussex Tel: (0273) 696011 ext 3672
Hastings Health Authority	1 Emphasis on patients' and relatives participation in care-clubs, patients committees in long-stay hospital and outings 2 Psychogeriatric care based on community support and cooperation with social services 3 Orthopaedic/geriatric unit for rehabilition of elderly with fractures 4 Integration of geriatric care with general medicine		Dr T M Strouthidis MB FRCP Consultant Physician Dept of Medicine for for the Elderly St Helen's Hospital Frederick Road Hastings East Sussex TN35 5AH Tel: (0424) 427090
Canterbury & Thanet Health Authority	1 Augmented Home Care Nursing Scheme (pilot scheme to assess the needs and benefits of home support for the elderly. Provision of full range of nursing social and voluntary services)		Mr A Clayton Senior Nurse - Planning Regency Buildings 3 Royal Crescent Ramsgate Kent CT11 9PF Tel: (0843) 594592 ext 41
South East Kent Health Authority	1 Community liaison nursing service 2 Continence advisory service 3 Loan equipment service 4 Senior psychiatric medical and nursing appointments 5 Innovation of psychogeriatric assessment beds	Loan equipment service Community Support Unit	Miss V Hicks Director of Nursing Servs St Mary's Hospital Etching Hill Nr Folkstone Kent Tel: (0303) 862137

William I

South East Kent Health Authority (contd)	6 7 8 9	Self-medication programme Pet therapy Community support unit for elderly mentally ill Social services & housing programmes (including introduction of alarm system)
Maidstone Health Authority	1	Night shared care service (joint funding)
	2	Project team for the elderly at risk
Tunbridge Wells Health Authority		
Medway Health Authority	1 2 3 4 5	Psychogeriatric multidisciplinary panels for the elderly mentally infirm Structured support of 5 major Age Concern Day Care Centres by District Health Authority Establishment of Day Care Centre for elderly mentally ill (managed by Age Concern) Establishment of hospital day assessment unit for EMSI Establishment of regular multidisciplinary meetings with local authority housing management & welfare staff (Sheltered Housing Units)
Bromley Health Authority	1	Establishment of a service development team for elderly to plan overall policies for elderly and establish close working relationship with hospital, community and local authority services.

authority services

Centre for the Hearing Impaired
(joint funding)

David Parr
Director of Nursing Servs
Farm Cottage
Maidstone Hospital
Hermitall Lane
Maidstone
Kent
Tel: (0622) 29000

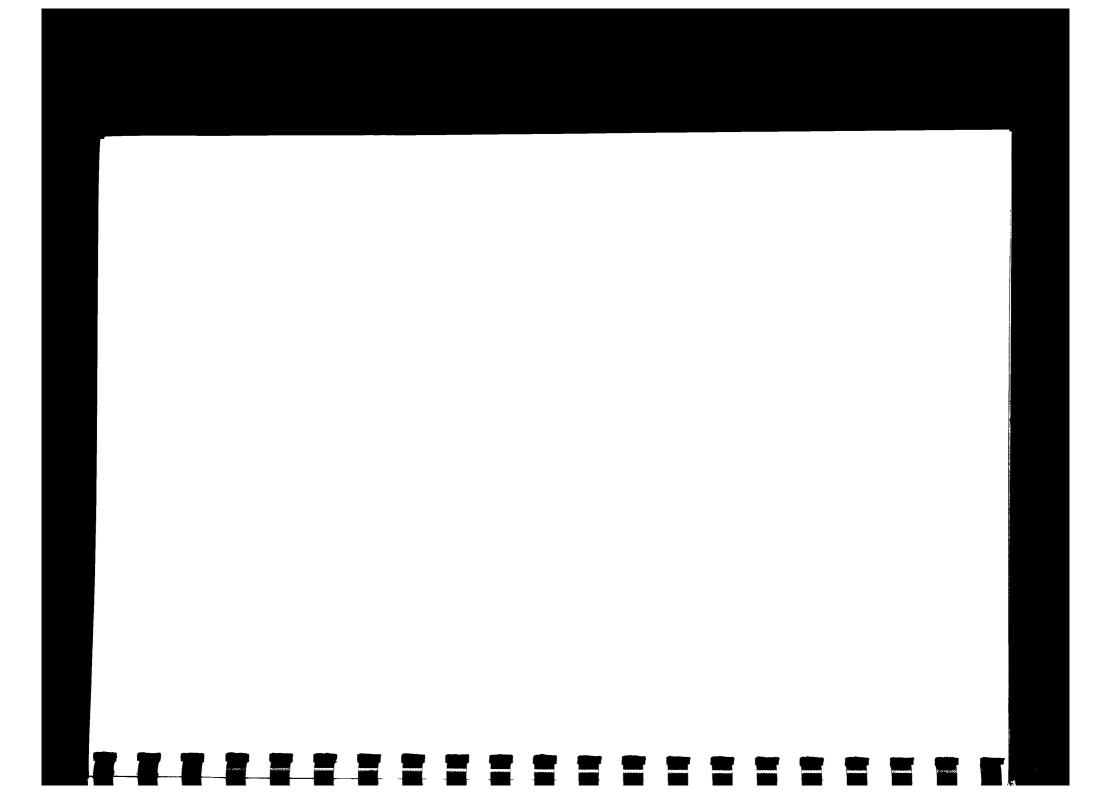
NHS Nursing Home

Dr E J McGuire District Medical Officer Sherwood Park Pembury Road Tunbridge Wells Kent TN2 3QE Tel: (0892) 38811

ext 228

Dr F B G Wood Senior Medical Officer Care of the Elderly Medway Hospital Windmill Road Gillingham Kent ME7 5NY Tel: Medway 401334

Miss F I Woolston Farnborough Hospital Farnborough Common Farnborough Orpington Kent BR6 8ND Tel: Farn 53333 ext 341



Greenwich Health Authority

NO INNOVATIONS CLAIMED FOR 1982-85

Lewisham & N Southwark 1 Health Authority

- Specialist phsiotherapy post (Guy's Hospital) to monitor rehabilitation of elderly patients on acute medical wards
- Speech therapist to investigate communication needs of the elderly
- Research health visitor to investigate health needs of the elderly
- Development of dental care in New Cross area (to provide dental health profile)
- 5 Study of day care facilities (commissioned by Centre for Policy on Ageing)
- 6 Joint training courses
- 7 Establishment of community team
- 8 'Care at Home' project based on GP practice.

Miss P Lawrence Senior Nurse Planning Greenwich HA Devonport Annexe King William Walk London SE10 9JH Tel: 01-858-8090 ext 380

Cathy Carmichael Assistant to Priority Care Manager Mary Sheridan House St Thomas' Street London SE1 9RY Tel: 01-407-7600 ext 3716

REGION/HEALTH AUTHORITY	INNOVATION	GOOD PRACTICE/ CENTRE OF EXCELLENCE	KEY PERSON		
SOUTH WEST THAMES REGION					
North West Surrey Health Authority	1 Review of District's whole range of services resulting in a consultative report containing recommendation for improving the service. Special feature is commitment from the agencies involved through an Action Plan identifying responsibility.		John Egan PAA Medical Advisory Machinery & Planning Support Botley Park & St Peter's Hospital Guilford Road Chertsey Surrey KT16 0AA Tel: Otlershaw 2000		
Kingston & Esher Health Authority	Appointment of 3 liaison visitors for the elderly (district nurses)		Mrs J A Baxter Nurse Director (Community) 17 Upper Brighton Road Surbiton Surrey Tel: 01-390-1111 ext 267		
Richmond, Twickenham & Roehampton Health Authority	 Voluntary services ambulance for patient transport (based at purpose-built hospital) Upgrading of sanitary annexes Monthly evening social club for patients, relatives and friends. 		Mr S V Williams Unit Administrator Elderly Unit St John's Hospital London SW11 1SP Tel: 01-874-1022 ext 298		
Merton & Sutton Health Authority	"Significant improvements" but "no special innovative scheme".		Mr R L Phillips Assistant District Admin Planning & Patient Serv 6 Homeland Drive Sutton Surrey SM2 5LY Tel: 01-643-3322		
Wandsworth Health Authority	Long term care research project Domiciliary Aide Project Carers Group for care of the elderl at risk in Tooting Liaison with Tooting Action Group for Pensioners	Wandsworth Geriatric Service (No waiting list) y	Sally Collard Geriatric Coordinator Planning Department 1st Floor, Grosvenor Wing St George's Hospital Blackshaw Road Tooting London SW17 Tel: 01-627-1255 ext 4932		

Chichester	Health
Authority	

"In progress of examining.... services attempting to bridge.... gap between hospital and community services"

Mid-Downs Health Authority

Establishment of hospital/community liaison sister

Worthing Health Authority

- Development of multidisiplinary teamwork between hospital and community resulting in shortened length of stay in acute wards
- 2 Stroke Unit at Southlands Hospital
- 3 Improvements in long stay care (Swandean Hospital as focal point). Policy document as basis for regular audit.
- 4 Increase in number of beds for acute care of the elderly
- 5 Increased community services including twilight and night services
- 6 Opening of psychogeriatric unit with in-patient and Day Hospital facilities.

- DHSS national demonstration centre for geriatric care and rehabilitation, Horsham Hospital
- 2 Multidisiplinary case conference with health, social and voluntary services at Crawley & Horsham Hospitals
 - Southlands Hospital (stroke ward)
- Worthing Hospital acute medical ward used as training ward for incoming and training staff
- 3 Southlands Hospital Psychogeriatric Unit
- Swandean Hospital (energy team and entertainments activity)

P D Hounsome District Gen Manager PO Box 42 Royd West Sussex Hosp. Broyle Road Chichester West Sussex PO19 Tel: 0243-781411 ext 44

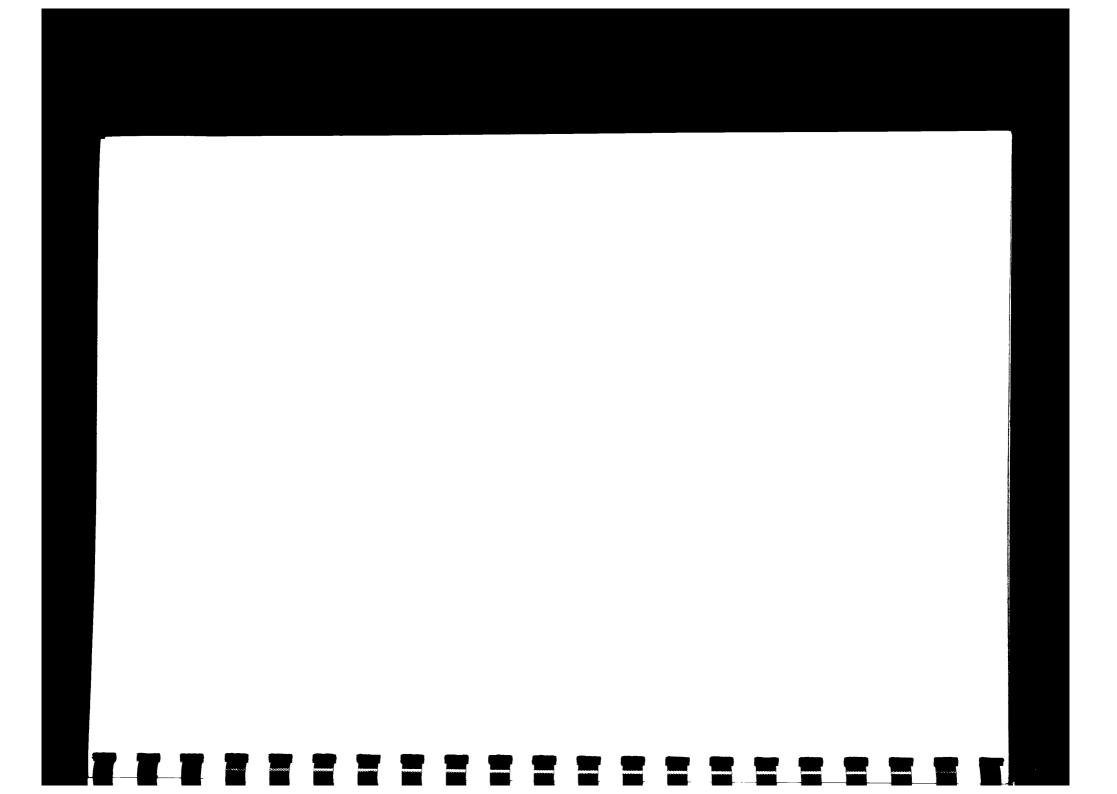
Brian J Corton
Director of Nursing
Crawley Hospital
West Green Drive
Crawley
West Sussex BN11 2DH
Tel: Crawley 27866
ext 376

Mr R D Houghton Director of Nursing Services Care of the Elderly Worthing Hospital Park Avenue Worthing Sussex BN11 2DH Tall 205111

Tel: 205111 ext 469

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REGION/HEALTH AUTHORITY	INNOVATION	GOOD PRACTICE/ CENTRE OF EXCELLENCE	KEY PERSON
NORTH WESTERN REGION	Regional Strategic Plan Ward questionnaire developed by a Regional Performance Indicator Group	COMIC OF EXCELLINE	Dr A J Lane AGM (Planning) Gateway House Piccadilly South Manchester M60 7LP Tel: 061-236-9486 ext 433
Stockport Health Authority	Elderly screening scheme Confused elderly persons (Demonstration development District) Joint high dependency home (Reinbeck) - Health Authority and Local Authority Staffs		Dr J K McCann Community Physician District Offices Bramhall Moor Lane Hazel Grove Nr Stockport Cheshire SK7 5AB Tel: 061-483-1010
Bolton Health Authority	Post-retirement advisory and screening clinics Health visitors liaison team services Holiday relief service	Upper Gastro-intestinal Endoscopy Service Acute service for the elderly Rotation of junior medical staff	Mr S A Fox District Info Officer 43 Churchgate Bolton Lancashire BL1 1JF Tel: 28755 ext 298
Oldham Health Authority	 Total medical care 'under one roof' Early intervention and intensive rehabilitation policy 	 Multidisciplinary weekly meetings for planning discharge Admission from A & E Department for all with medical and rehabilitation problems Geriatric Day Hospital Diabetic Clinic in Day Hospital 	Dr G L Bhan Consultat Physician in Geriatric Medicine Oldham & District General Hospital Rochdale Road Oldham OL1 2JH Tel: 061-624-0420 ext 4160
Blackpool, Wyre & Fylde Health Authority		1 Screening programes for over 60s. 2 Relatives support groups 3 Acute stroke rehabilitation group 4 Urodynamic Clinic and promotion of continence programme 5 Primary care model of nursing 6 Emergency service in community (Bank nurses - auxiliary grade) 7 NHS Experimental Nursing Home	Mr P Carter District Gen Manager District Offices Furness Drive Poulton-le-Fylde Lancs FY6 8JS Tel: Blackpool 892211 ext 37



Burnley, Pendle &	1	Reduction of bed complement
Rossendale Health	2	Counselling for distressed/
Authority		bereaved relatives
	3	Survey monitoring quality of care
	4	Resuscitation trolley in each ward
	5	Self-medication introduction
	6	Development of Promotion of continence
		programme
	7	Information booklets for patients'
		relatives (including a bereavment
		booklet)
	8	Introduction of open visiting
	9	Appointment of nursing process
		coordinator
	10	Improved treatment for stroke
		patients
	11	Encouragement of good housekeeping
		methods
	12	Provision of more 'homely
		atmosphere counterpanes-curtains
		etc.
	13	Leisure activities and activity
		centre
	14	Personalised clothing
		-
Lancaster Health	1	C-b-biller
Authority	1	Establishment of new unit with
,		rehabilitation and day facilities
	2	on District General Hospital site
	2	Improvement in services for
		elderly mentally ill with policy
		of active intervention and a
		holistic approach
South Manchester Health	1	Stroke rehabilitation ward
Authority	2	Orthopoedic rebalitation ward
•	3	Continuing care ward - base for
	-	University of Manchester nursing
		research projects
	4	Leisure facilities
	5	Day Hospital
	-	Oo, Hoopital
Teeffeeld		
Trafford Health	1	Service providing assistance with
Authority		bathing for the non-ill but less
		able elderly

able elderly

regimes

needs/problems

Investigation into health related

Service to assist elderly persons

to comply with medically

prescribed oral medication

Rehabilitation Units on all wards at Burnley General hospital Mr N P Fryer
Hospital Administrator Burnley General Hospital Casterton Avenue Burnley

Lancs Tel: 0282-25071

Lancaster Moor Hospital (see Nursing Mirror Aug 7.85 Vol 761 No 6) Mr M Guy Nurse Planner Lancaster Moor Hospital District Administrator Quernmore Road Lancaster LA1 3JR Tel: 65241

Mrs I E Scott Ass. Director of Nursing Services Geriatric Area Withington Hospital Manchester M20 8LR Tel: 447 4547

G Ogden Community Administrator Basford House Stretford Memorial Hosp. Seymour Grove Old Trafford Manchester M16 00U

Salford Health Authority

- 1 Rehabilitation Unit adjoining Day Hospital for physiotherapy, occupational therapy, speech therapy and research
- Patch system introduced coterminus with social work patches established for four consultant teams
- Weekly multidisiplinary case conferences which include a clinical psychologist and a bioengineer
- 4 A two week intensive post discharge help scheme home helps attend three times a day
- Regular care conferences between a geriatrician and psychogeriatrician
- 6 Decision to establish a Chair of Geriatric Medicine.

Ladywell Hospital

Ms C Wall Unit General Manager Ladywell Hospital Eccles New Road Salford M5 2AA Tel: 061-789-2753

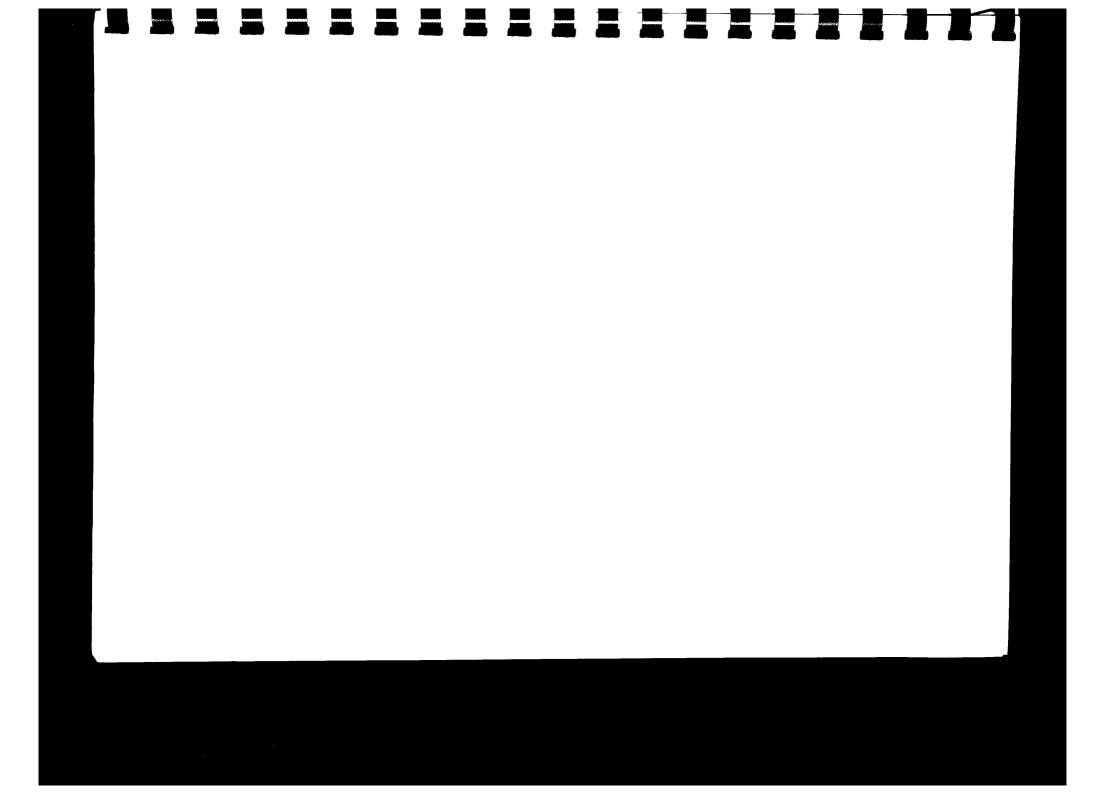
....

REGION/HEALTH INNOVATION AUTHORITY GOOD PRACTICE/ KEY CENTRE OF EXCELLENCE OXFORD REGION PERSON Aylesbury Vale "No recent innovations" Health Authority R M Hill Director of Admin. & Personnel Peverel Court Portway Road Stone Aylesbury Bucks HP17 8RP Tel: 0296-748111 ext 32 Kettering Health DHSS Rising Tide Project for Authority Elderly Mentally III Dr A Evans Crisis Admission Unit and Day Consultant Psychogeriatric Service run by multidisplinary St Mary's Hospital team in rural area London Road Kettering Northants Tel: 0536-85381 Wycombe Health Authority 1 Opening of joint funded nursing home for elderly mentally (Also given as centre of Dr R J Regan excellence) ill patients. Consultant Physician General refurbishment (including Amersham General Hospital cloth uphostered chairs) Amersham Extension of the night nursing Bucks

Tel: Amersham 4411

service

Use of duvets



REGION/HEALTH AUTHORITY	ININOVATION	GOOD PRACTICE/ CENTRE OF EXCELLENCE	KEY PERSON
SOUTH WESTERN REGI	<u>ON</u>		
Cornwall & Isles of Scilly Health Authority	 Mobile Day Hospital/Centre for confused elderly Day Centre (financed by voluntal effort, Social Services and Health Authority) in remote areas Regular health service support including weekly session for eldermentally ill. 	h	Dr D W McDonald Consultant Paychiatrist Dr T M Switherbank Consultant Physician Barncoose Hospital Redruth Cornwall TR15 3TR Tel: 0209-213021
Exeter Health Authority	Decentralised service for confused elderly Range of provision includes a long-term residential care b holiday relief beds c 7-day Day Centre d domiciliary care		Michael T W Court Ass District Administrator Dean Clarke House Southernhay East Exeter EX1 1PG Tel: 52211
Frenchay Health Authority	Comprehensive 24 hour nursing care service in each elderly persons home Introduction of an assessment and monitoring service for over 60s each general practice Development of a training packar for health assistants (RGN) in primary care team responsible for elderly Customer satisfaction survey.	- ge	Mrs E V J Williams DNS Community Wendover Community Unit Downend Road Fishponds Bristol Tel: 573206
	1 Changes in admission policy result in expansion of acute service and increase in throughout 2 Introduction of intermittent admission schemes eg 'floating' to schemes to augment holiday relie admissions 3 Memory disorders clinic establish a Improvements in service for continuing care patients-in leisuractivities, social amenities, music therapy.	ped ef ed e	Dr R D Barber District Headquarters Beckspool Road Frenchay Common Bristol BS16 1ND

Initiation of research projects and introduction of regular undergraduate

teaching.



Gloucester	Health
Authority	

- Day Centre for elderly mentally ill which also trains volunteers and social services residential care staffs.
- Family Relief Scheme (set up by Age Concern and mental health unit of Gloucestershire Royal Hospital)
- 3 'Help Yourself to Health' (Pilot scheme run by Community Health Council Age Concern and LHA Health Education Unit)
- 4 'Balance of Care' Research Project (planned to start 1986) (joint project Open University and Health Authority)

North Devon Health Authority

- Establishment of a continence advisory service
- 2 Establishment of a stroke unit
- 3 Teaching programme introduced for staff of 'independent sector' nursing homes.
- Establishment of a 'hypothermia alert' system

Plymouth Health Authority

- Reality orientation programme
- 2 Joint planning innoviative with Devon Social Services Department to develop locally based services for the elderly at Tavistock
- 3 Introduction of volunteer manicuring services for long-stay elderly patients

Somerset Health Authority

Augmented Home Care System
Aims to prevent unnecessary hospital
commission by providing immediate
domestic support by specially
trained home helps used when
relatively minor illness would
otherwise lead to hospital admission

Southmead Health Authority

- Welltray Joint Assessment and Rehabilitation Unit (joint health and social services approach to the needs of the elderly)
- Developing services for the Elderly Mentally Ill (The Trefgarre Initiative) and setting up local day
- care centres run by Social Services
 Support of voluntary organisation
 Support the Elderly Mentally III
 (SEMI) which provides sitting
 service in district.

Ms P Charlwood Director of Planning and Information Wotton House Horton Road Gloucester GL1 3PR Tel: 29421

Personalised laundry service

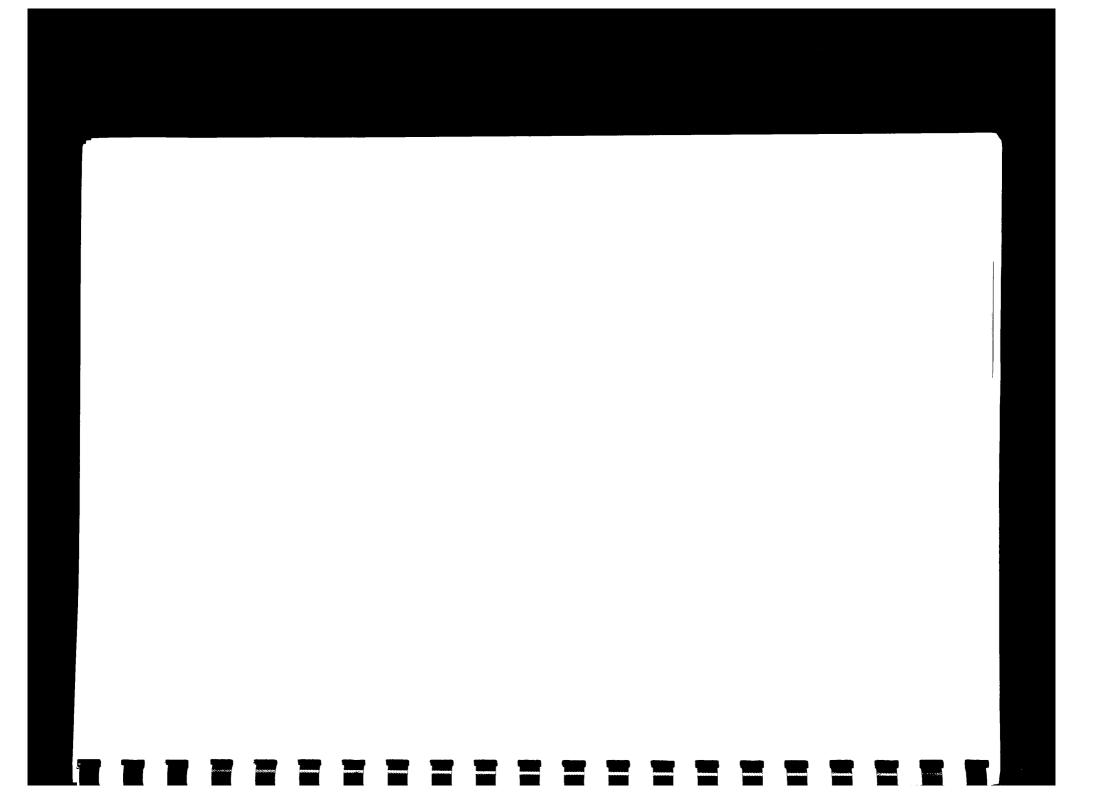
Consultant Physician
Care of Elderly
N Devon District Hospital
Raleigh Park
Barnstaple EX31 4JB
North Devon
Tel: 0271 71577

Dr S Barber

St Mary's Hospital Launceston (Day care for the elderly with special innovative approach to occupational therapy) R E Lacey Unit Administrator (Community Hospital Unit) Station Road Liskeard Cornwall PL14 4DG Tel: Lisk 43308

E G Ferris Services Planning & Information Officer County Hall Taunton Somerset Tel: Taunton 73491 ext 230

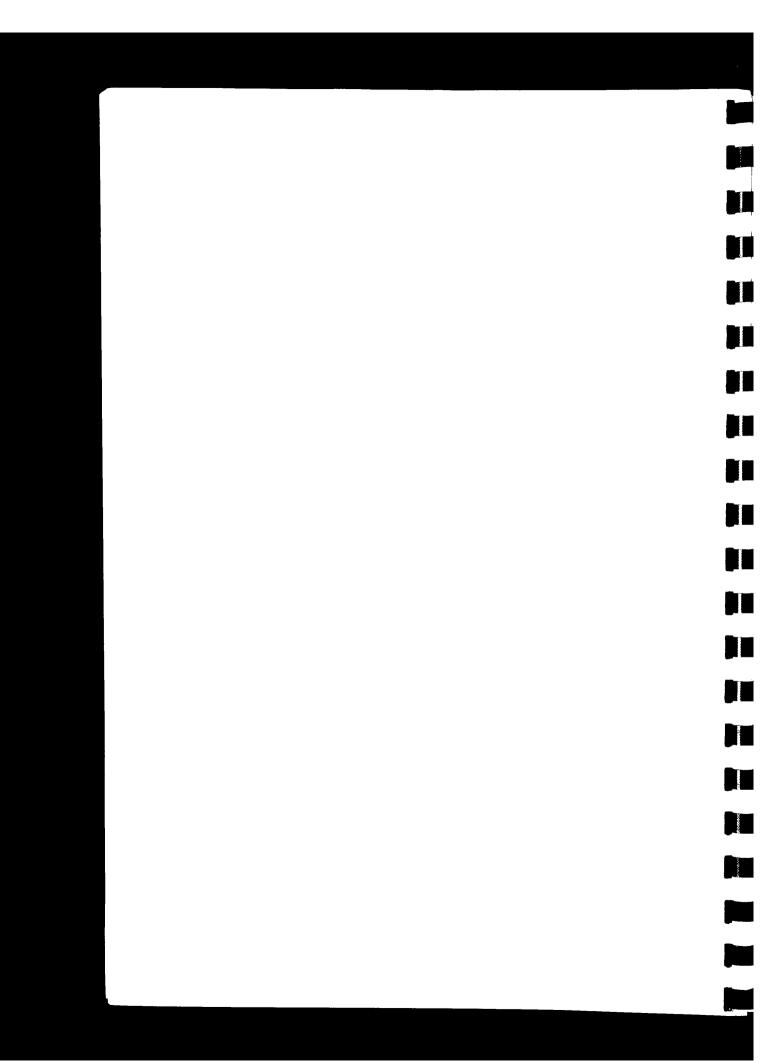
Or Kieran Morgan Specialist in Community Medicine District Headquarters Southmead Hospital Westbury-on-Trym Bristol BS10 5NB Tel: 0272-505050



Torbay Health Authority

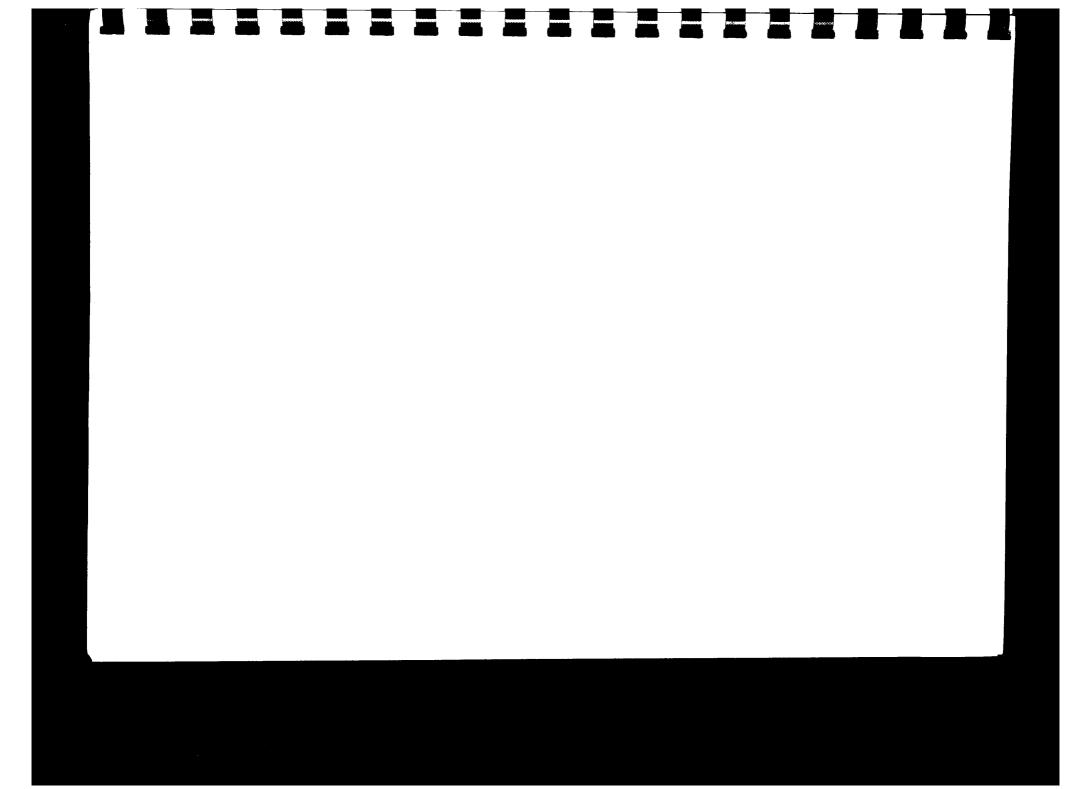
- 1 l year strategy development study into services for the elderly
- 2 Development of services for the elderly mentally ill includes local community mental health centre, and facilities for in-patient and day
- Oevelopment of joint-funded Day Hospital/Day Care facilities at Dartmouth GP Hospital (with high level of volunteer involvement)

Mr O Williams Ass. Director Administrator Planning & Information Hengrave House Torbay Hospital Lawes Bridge Torquay TG2 7AA Tel: 0803-64567



REGION/HEALTH AUTHORITY	INNOVATION	GOOD PRACTICE/ CENTRE OF EXCELLENCE	KEY PERSON
TRENT REGION		CLIVINE OF EXCELLENCE	FERSON
North Derbyshire Health Authority	District Strategic Plan	No information of any implementation	Dr A Martindale Corporate Planning Manager Scarsdale Hospital Newbold Road Chesterfield S41 7PF
North Lincolnshire Health Authority	Twilight nursing service		Mrs N Coupland Head of District Nursing Services St Mark's House Lincoln LN5 7AE Tel: Lincoln 0522-27196
Nottingham Health Authority •	Attachment of community psych sister/charge nurse to assessmer wards and Day Hospital - St Fr Unit	ot Cidosly Massally 711)	1 Mrs W D Parsons DNS - City Hospital Unit HQ Hucknall Road Nottingham NG5 1PB Tel: 608111
	2 Activities nurse (University Hos 3 Community liaison nurse 4 Age Concern office situated in Department (facilates referral f home support)	A & F	ext 2583 2-4 Mr Parker Director Nursing Servs University Hospital Nottingham NG7 2UH Tel: 0602-700111
Rotherham Health Authority	1 Multidisplinary professional grou which provides voluntary evening counselling service to relatives. 2 Individualised nursing care proces and provides attend by invitation and patients' personalised clothing system and laundrette facilities site. 5 Chiropody service for Day Hosp patients and laundrette facilities site. 6 In-patients spend day at Day Hoppion to discharge and transfer Day Hospital. 7 Changes in the patients' day. 8 Presence of volunteers on wards Relatives encouraged to assist in patients' care. 10 Nurse counselling (support provider latives). 11 Continuing in-service training/up for different professional groups.	g ess nselves. on ital espital to ded to eddating	Dr B K Mondał Unit General Manager Badsley Moor Lane Hospital Badsley Moor Lane Rotherham S65 2OL Tel: Rotherham 362222

REGION/HEALTH AUTHORITY	INNOVATION	GOOD PRACTICE/ CENTRE OF EXCELLENCE	KEY PERSON
WESSEX REGION			
West Dorset Health Authority	1 Bridport (ESMI) Elderly Severly Mentally III Team - provides community care support service - a joint Social Services/Health initiative 2 Bridport Elderly Project 1981 survey of 75 + population Screening programmes introduced 3 The Lyme Regis Hospital Project 1985 Review of health care needs of population 4 The Blandford ESMI Ward study 1985 (designed to influence the quality		Dr Maria Dlugolecka SCM/Head of Department Dept of Comm Medicine Admin HQ Herrison House Herrison Hospital Dorchester Dorset DT2 7HT Tel: 0305-63661 ext 355
	and model of care currently available in the long-term psychologeriatric wards)		
Southampton & South East Hampshire Health Authority	 Care attendant service (jointly organised with Hampshire Social Services) Setting up of a care planning team (composition includes private and voluntary sectors, housing - statutory and housing associations) Social Services, health services) Provision of care attendants in sheltered & Part III housing to cope with greater dependency levels Development of all (except acute) services on a patch basis co-terminus with a social service area Performance evaluation exercise 	 Southampton DHA pioneered the 11½ (very sheltered) housing concept. Several schemes working well. Health assistants (RGNs working under direction of health visitors - screening and other preventive work with elderly) Elderly Mentally Frail Service (See Mental Illness and the Elderly by Alison Norman published by the Centre for Policy on Ageing) 	Mrs S Nattrass Grosvenor House 18-20 Cumberland Place Southampton Tel: 34321
Winchester Health Authority	 Very sheltered housing with augmented staff support Screening project for elderly people in the community Coordination of services Review of the quality of care in long-stay hospitals 		Dr D J Acres SCM King's Walk Silvers Hill Winchester Hants SO23 8AF Tel: 0962-68111 ext 260
Portsmouth & SE Hampshire Health Authority	 Trial care attendance scheme for the elderly Pilot scheme to evaluate physiotherapy for patients at home Travelling Day Hospital for rural areas 	 Trial NHS Nursing Home (Jubilee House, Cosham, Portsmouth). Psychiatric service for the elderly based at St James' Hospital, Portsmouth. Training commitment for senior 	Or P S Wilkins Consultant Geriatric Unit St Mary's Hospital Milton Road Portsmouth PO3 6AD Tel: 0705-822331



Portsmouth & SE Hampshire Health Authority (contd)

- 4 Review of health needs of Part III residents
- 5 Collaboration between Health and Social Services on agreeing standards and establishing inspectorate for nursing and rest homes

Salisbury Health Authority

- Development of services with Age Concern through use of joint finance to help maintain the frail elderly at home.
- Funding for exercise programmes through District Positive Health Group
- 3 Phasing out all long stay wards in present form and introduction of longer term residential care where appropriate on a smaller, more intimate scale
- 4 Development of services with Alzheimers Disease society. Funding of post for the society to provide a sitting and support service for the elderly mentally ill

Swindon Health Authority

- Individual nursing care plans
- 2 Upgraded wards (fabrics, furniture, fittings)
- 3 Saturday Club for in-patients run by local probation service
- Bar serving alcoholic drinks on male continuing care ward with voluntary help of local brewery. Provides social centre for ward
- 5 Hairdressing service for women patients in continuing care wards
- Peripatetic Day Hospital (in planning stage)

registrars (linked to University of Southampton) by Department of Geriatric Medicine

> Dr N G Armand Smith Director of Planning & Development Odstock Hospital Salisbury Tel: 336262 ext 2775

Trevor Goodman District General Manager Princess Margaret Hospital Okus Road Swindon Wilts SN1 4JU Tel: 0793-36231

REGION/HEALTH AUTHORITY	INNOVATION	GOOD PRACTICE/ CENTRE OF EXCELLENCE	KEY PERSON
WEST MIDLANDS REGION			
Dudley Health Authority		Hasbury Lodge Hayley Green Hospital Unit which provides domestic accommodation for 8 geriatric patients to facilitate their assessment and final rehabilitation prior to discharge.	Mrs M P Maynard Nurse Specialist Planning Falcon House The Minories Dudley West Midlands DY2 8PG Tel: Dudley 56911 ext 246
Shropshire Health Authority	 Community support scheme for elderly mentally infirm (joint Health Authority and Social Services initiative). Community Care Centres for elderly mentally frail. Steering Committee includes Health Authority, Age Concern, Social Services 		Dr E Foster Specialist in Comm Med Health Department Shirehall Abbey Foregate Shrewsbury Shropshire Tel: Shrewsbury 2545704
Herefordshire Health Authority	"Caring Aids to blur the distinction between home helps and nursing auxiliaries"	Psychogeriatric services including a 24 hour community psychiatric nursing services in radio contact with base b close working with geriatric department c Social Services access to beds in assessment units for problem residents in residential homes Appointment of 'boarding out' social worker specialising in home finding for individuals or small groups.	A L Dickinson Deputy District Admin Victoria House Eign Street Hereford Tel: 0432-272012
Worcester & District Health Authority	NOTHING TO REPORT FOR 1982 - 85		Miss Ann Buckley Family & Preventive Care Services Unit Issac Maddox House Shrub Hill Road Worcester WR4 9RW Tel: 0905-61311
Kidderminster & District Health Authority	Joint funded domiciliary laundry service Home care assistant posts (to fill gap in service provided by district nurses and home helps) Housing development through housing association to provide for elderly		D Bromley Assistant DA Sunnyside Mill Street Kidderminster Worcs DY11 6XN Tel: Kidderminster

association to provide for elderly people with mentally handicapped relatives in an appropriate

environment

Kidderminster Worcs DY11 6XN Tel: Kidderminster 0562 4711

North Warwickshire Health Authority	1 2 3 4 5 6 7 8	Term 'Care of the Elderly' replaced 'Geriatrics'. Self-manned ambulance for Day Hospital Activities organiser appointed Quality circles developed Entertainment Committee established Reality orientation introduced Informal nurse/patient relationship on one ward Care of Elderly Course for trained staff 'Ward of excellence' and development of tool for measuring quality of care		George Eliot Hospital 2 wards developing as 'Centre of Excellence' in Cheveral Wing	Mrs D Kent Senior Nurse Cheveral Wing George Eliot Hospital College Street Nuneaton Tel: 384201
South Warwickshire Health Authority		Second minibus for Heathcote Day Unit	1 2	Fully operational Day Unit Self-care Unit at Hertford Hall. All patients are transferred before discharge to help develop conpetence in daily living	Mrs S Darby Social Worker Memorial Hospital Hertford Hall Warwick Tel: 0926-491491
Coventry Health Authority	1	Establishment of joint planning and management arrangements for restructuring services for the elderly a continuing residential care b local authority residential accommodation with emphasis on sheltered housing rather than Part III accommodation c increase in community nursing support to L A residential units and in primary health care d night sitting service e establishment of evening nursing service	1 2 3 4	Continuing care at Whitley Hospital Very sheltered housing units Input district nursing time into local authority residential accommodation Specialist health visitor appointed	Mr A D Tooth District Planning Officer 2nd Floor Christchurch House Greyfriars Lane Coventry CV1 2GQ Tel: 0203 555311 ext 215
South East Stafforshire Health	1	Appointment of two new consultant physicians Community laundry service throughout			Dr J A Sorrell District Medical Officer Burton District Hospital

Community laundry service throughout

Establishment of health care planning

Authority

Burton-upon-Trent Staffs DE13 ORB Tel: 66333

Centre Belvedere Road

East Birmingham Health Authority

Stroke Unit (Arden Lodge)

Central Birmingham Health Authority

- Project to assess assessibility of services for the frail elderly & disabled with telephones and to prospectively assess new applications
- Computerisation of record system for home aids loans/domiciliary incontinence service
- Special visiting service for the elderly
- Birmingham Crossroads Care Attendant Scheme (support for families responsible for care of disabled, including elderly persons)
- Specialist help for the elderly in the Inner City with psychiatric disorder (community psychiatric nurses)
- Living at Home (Improved facilities for physiotherapy and occupational therapy)
- Home from Home (An assisted lodging scheme involving carers 'fostering' in their own homes daily or for short periods)

South Birmingham Health Authority

- Caring for Carers Course
- Joint funded Day Centres
- Planned short stay system within hospital Service
- Nurse continence advisor
- Hospital-based mobile home
- Cooperation between community nurses and home help services
- Geriatric health visitors

West Birmingham Health Authority

LETTER RECEIVED DESCRIBING RESEARCH IN PROGRESS

Geriatric Unit Yardley Green Unit East Birmingham Hospital Yardley Green Road Birmingham B9 5PX Tel: 021-772-4311 ext 4894

Mrs S Gold

Nursing Officer

Mrs J McCabe Assistant District Planning Officer Queen Elizabeth Hospital Vincent Drive Edgbaston Birmingham B15 2TH Tel: 021-472-2294

Dr P Mayer Geriatrician Dept of Geriatric Medicine

John Hickling Assistant Director of Nursing Services Geriatric Department Dudley Road Hospital Birmingham B18 7QM Tel: 021-554-3801 ext 4917

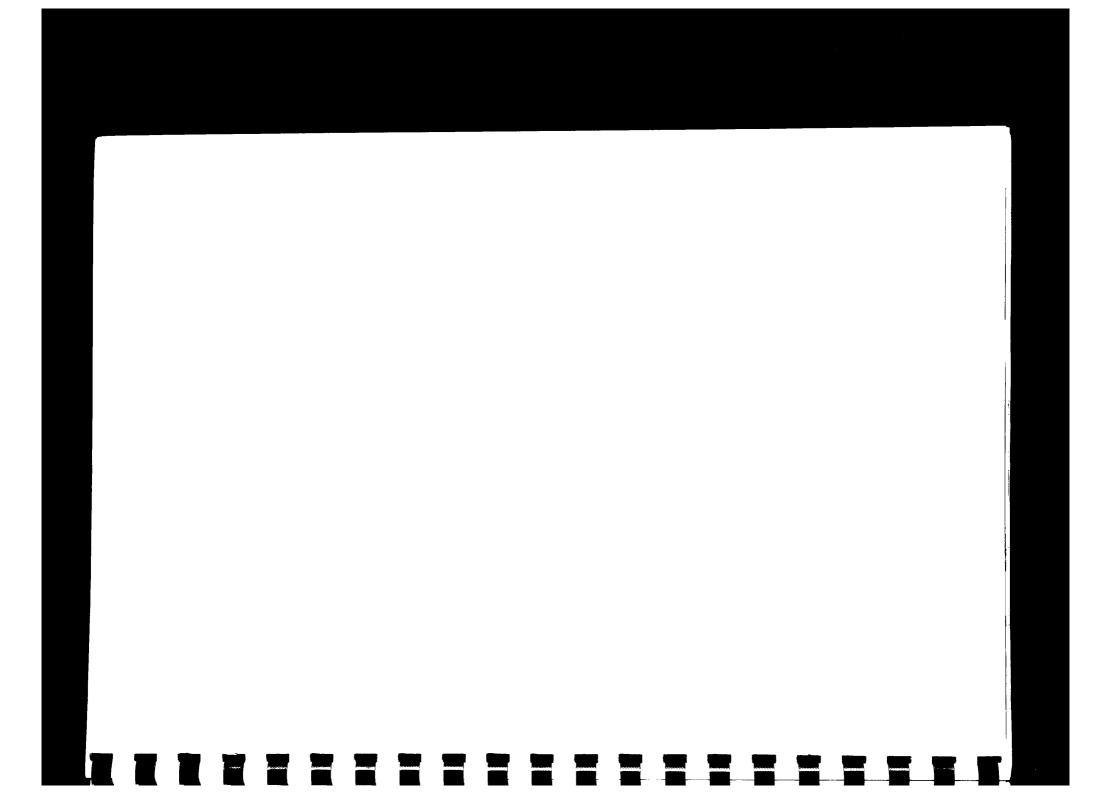
'Ward of the Year' prize

Geriatric Medicine

Selly Oak Hospital

Birmingham B29 6JF

West Midlands Institute of



REGION/HEALTH AUTHORITY	INNOVATION	GOOD PRACTICE/ CENTRE OF EXCELLENCE	KEY PERSON
YORKSHIRE REGION	***************************************		
East Yorkshire Health Authority		(Designated by DHSS) 'National Demonstration Centre in in Medical Rehabilitation of the Elderly'. Department of Medicine for the Elderly in Hull and East Yorkshire	Mr P Hitchen Westwood Hospital Beverley North Humberside HU17 8BU
Hull Health Authority	Provides age-related service with direct admission policies with multidisplinary patient care and rehabilitation. No waiting list no long-stay wards 1 Information service on aids and epuipment 2 Education of NHS staffs at all levels and liaison with Social Services and voluntary sector 3 Advisory service 4 Research projects 5 Liaison with manufacturers	Close dialogue between Health and Social Services neighbourhood team Specialist help teams Carers support group	M S Whitehead Deputy Administrator Kingston General Hospital Beverley Road Hull HU3 1UR Tel: 0482-28631
Grimsby Health Authority	NOTHING TO REPORT FOR PERIOD 1 (PLANNING ACCOMMODATION FOR E WITH HOUSING ASSOCIATION)	982 - 85 LDERLY	Dr J C MacInnes Scartho Hall Scartho Road Grimsby South Humberside DN33 2BA Tel: 0472 74111
Scunthorpe Health Authority	Community staff nurse attached to group practice Introduction of personalised policies for patients and relatives Links with 6th form colleges Links with voluntary organisations Hospital bus linking peripheral areas Enrolled nurses in OT department for continuity of care Implementation of team nursing and patient allocation Shopping days for patients Relatives invited to work with	Department of Medicine for the Elderly Scunthorpe General Hospital Publications 1 Health & Social Services Journal June 10 1982 2 Developing an Active Geriatric Service - Scunthorpe Public Health Journal London 1980 84 155-160	Dr P K DasGupta FRCP Consultant Physician Dept of Medicine for the Elderly Scunthorpe General Hospit Cliff Gardens Scunthorpe DN15 78H Tel: 0724 843481

nurses prior to discharge 10 Quiet teaching room for learners.

York Health Authority

- 1 Community Physiotherapy Project Aims to provide physiotherapy expertise where it would not otherwise be available e.q.
- travel problems
- b living environment
- support for carers
- d recent discharge follow up at home
- e welfare homes
- Swimming group (majority are stroke patients)
- Community occupational therapy for elderly

Scarborough Health Authority

- Appointment of additional consultant
 geriatric medicine and psychiatry
- Re-allocation of in-patient accommodation to provide interim EPD (elderly physically handicapped)

accommodation

Harrogate Health Authority

- 1 Aids loans system
- Social rehabilitation programme for 'long stay' patients
- 3 Physiotherapy service to Part III
- 4 Mobility Clinic (referrals from GPs) to assess patients' needs for mobility aids
- 5 Voluntary hospital after care scheme organised by Age Concern (gives short term support following hospital discharge) Knaresborough

Community psychiatric nurses

Dr W Wintersgill District HQ Bootham Park Hospital York YO3 7BY Tel: 0904-642171

Mr E D O'Farrell SAA (Planning) Scarborough Hospital Scalby Road Scarborough North Yorkshire YO12 6QL Tel: 0723-368111 ext 241

Marjorie Booth District Head OT

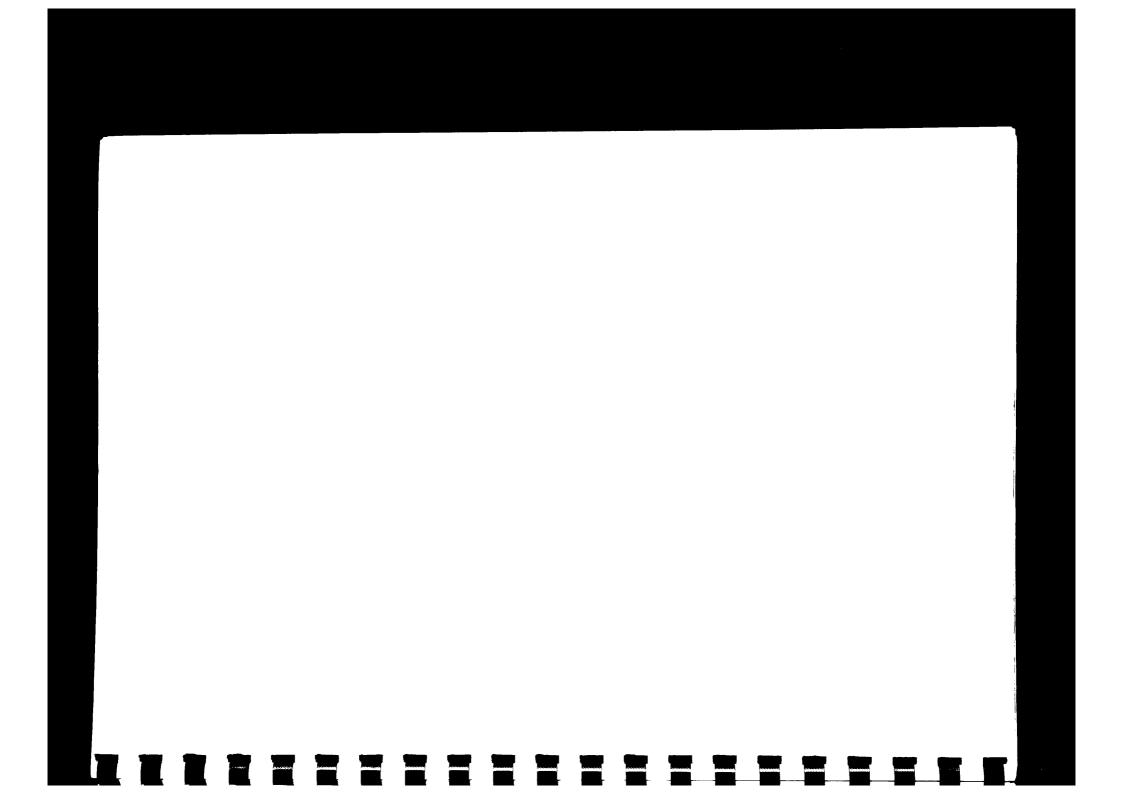
Mrs P L Harrison Active Superintendent Physiotherapist Harrogate District Hosp. Lancaster Park Road Harrogate North Yorkshire Tel: 0423-885959 ext 43

Mr E Whitefield Nursing Officer Scotton Banks Hospital Ripley Round Knaresborough North Yorkshire Tel: 862671

Mr K R Nice
Unit Administrator
Northowram Hospital
Northowram
Halifax
West Yorkshire HX3 75W
Tel: Halifax 201101

Calderdale Health Authority

1 Creation of a home care team (4 nursing auxiliaries provide morning and afternoon care seven days a week in patients' home) Aim to control admission to hospital



Dewsbury Health Authority Home Care Service for the Elderly Unqualified staff give care to the level of a 'caring relative' Mr G Naylor Assistant to Chief Nursing Officer Dewsbury Health Authority Lyndhurst 20 Oxford Road Dewsbury WF13 4JU

Pontefract Health Authority Stroke Patients Support Group (in conjunction with Age Concern) Volunteers are given training J Watkinson Unit Administrator Castleford & Normanton District Hospital Hightown Castleford WF10 5LT Tel: 0977 556411

Bradford Health Authority A retrospective cohort study to test hypothesis that closing a long-stay geriatric hospital and moving the patients would endanger their health (1982-85) No significant effect on survival M R Baker District Medical Officer Bradford Health Authority Daisy Bank 109 Duckworth Lane Bradford BD9 6RL Tel: Bradford 494133

GOOD PRACTICE/ CENTRE OF EXCELLENCE KEY PERSON

NORTHERN IRELAND

Northern Health & Social Services Board

- Ballymena
- Purpose-built psychogeriatric unit at Holywell Hospital, Ballymena
- Purpose-built geriatric unit and day hospital at Coleraine Hospital
- Antrim/Ballymena Unit 2
- Ferrard House-residential home for confused people programmes include reality orientation reminisence. self-help, craft group, music appreciaton, keep-fit. Initial and on-going assessment on residents - active programme of staff development
- Reminiscence therapy in all units
- Nursing process operational in all units
- Group diversional therapy
- Production of comprehensive 'Teaching Package' (commended by HAS) for nurses in Braid Valley Hospital
- Hospital/Community Nursing Liaison Scheme introduced Braid Valley
- Larne, Carrickfergus & Newtownabbey Unit
- Management of old people's homes
- Introduction of senior care assistant Primary worker role with professional supervision
- Magherafelt, Cookstown & Social Services District
- Short-term accommodation in 2 homes
- Shared care system. Patients admitted on rotational basis

Southern Health & Social Services Board

- Respite beds introduced
- Improvement of environment and promotion of independence

Dr B Smyth Registrar in Community Medicine County Hall Ballymena BT42 1QB Tel: 0266 3333

Mr S Morrison Assistant Director of Social Services Braid Valley Hospital Cushendall Road Ballymena

Mr T D Savage Assistant Chief Admin Nursing Officer County Hall Ballymena BT42 1QB Tel: 0266-3333

- 1 Fashion shows in unit allowing personal choice Personal choice of bedroom decor
- and furniture Residents meetings and committee
- which liaison with management
- Care programmes
- Terminal care.

Mr W Keirigan Ass Principal Social Worker Whiteabbey Hospital Doach Road Newtownabbey BT37 9RH Tel: Newtownabbey 53031

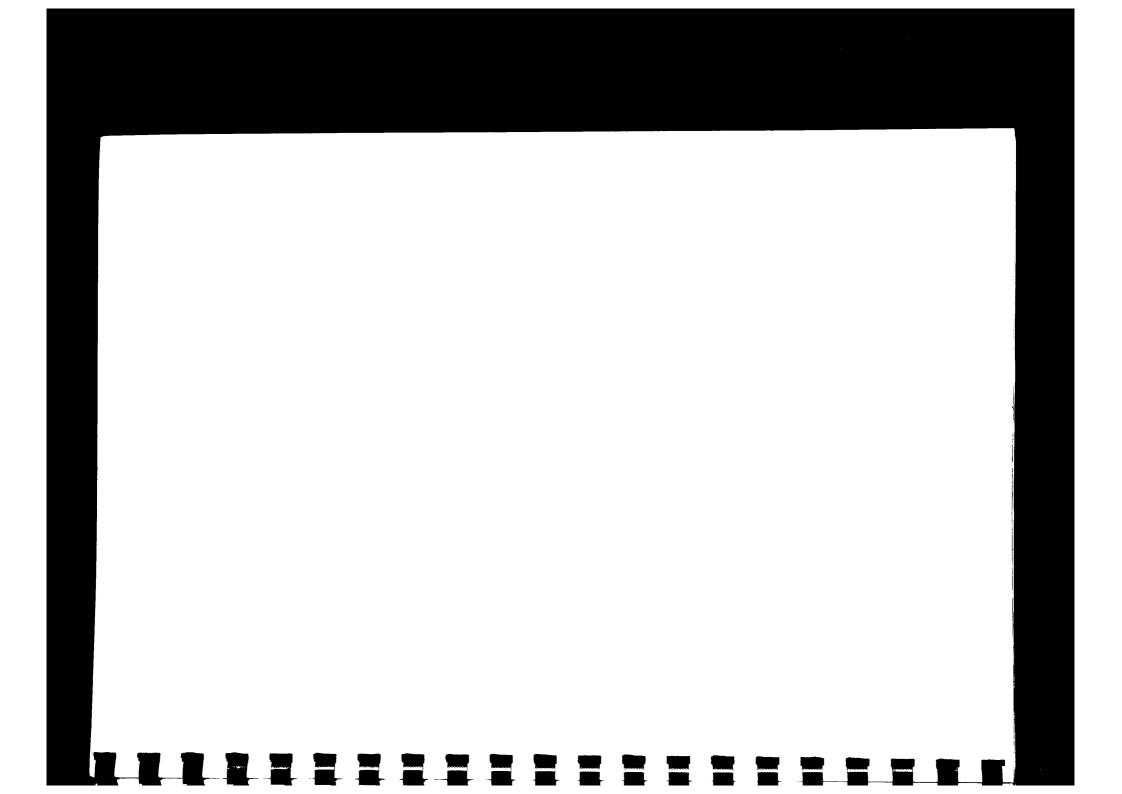
Mr James Cooper Senior Social Worker District Office 44 King Street Magherafelt Tel: 0648-31031

N C Mutholland Area Planning & Services Officer 20 Seagoe Industrial Area Portadown Craigavon Co Armagh BT63 5QD Tel: Craigavon 336611

¥ North Downs and Ards Health & Social Services District Pilot Scheme Stay-a-While-Short Term Care Team for the Elderly

'Fostering for the Elderly'

Noelle Devine Senior Social Worker 'Stay a While' James Street Newtownards Co Down BT23 4EP Tel: Newtownards 812661 ext 366



REGION/HEALTH AUTHORITY	INNOVATION	GOOD PRACTICE/ CENTRE OF EXCELLENCE	
SCOTLAND			
Argyil & Clyde i-lealth Board	Renfrew/Dumbarton Opening of Psychogeriatric Unit sited in grounds of general hospital Relatives support group Local branch Alzheimers Disease Society formed Alzheimers Disease Society (in close cooperation with Psychogeriatric department) opened Day Centres in Paisley & Linwood Relatives on the the derily with mental disability to provide local facilities in Dumbarton		
Ayrshire & Arran Health Board	1 Documents produced: Standards of Nursing Practice and Philosophy of Care for all new staff 2 Kirklandside Hospital, Ayrshire Central Hospital, Ravenspark Hospital 3 Systematic nursing plans using Orem's model b Study on patient/nurse dependency system c Development of personal laundry system and personal clothing meeting individual need d Recreational services with local authority cooperation e Incontinence/skin care trials f Research on reasons for constipation- bowel massage g Relatives support group h Council of Music for Hospitals biggart Hospital Volunteers and community liaison Introduction of the latest equipment for one of the publish	Kirklandside Hospital Research Project to identify needs of elderly patients	
	for care of the elderly c Appointment of 4 geriatric liaison health visitors and sister for		

promotion of continence

Services Department

Rehabiltation Unit

Improved cooperation with Social

Construction of Day Hospital and

'Alongside' experience for hospital and community sisters within unit

KEY

PERSON

Dr D S Ross Specialist in Community Medicine Gilmour House Paisley PA1 1DU Tel: 041-887-0131 ext 416

Larry MacKie

Frank Henderson ADNS Biggart Hospital Prestwick

Tel: Prestwick 70611

Ayrshire

Chief Area Nursing Officer Area Headquarters PO Box 13 la Hunters Avenue Ayr KA8 9DW Tel: 0292-281821 J W Welch Director of Nursing Services Unit Crosshouse Hospital Kilmarnock KA2 0BE Tel: 0563-21133



Ayrshire Health B		
Borders I	⊣ealth	Board

Unit 4 Programme of rehabilitation for the elderly with multidisplinary team

Director Nursing Services Ailsa Hospital Dalmellington Road Tel: 265136

- Day Hospital at Geriatric Assessment Unit, Sanderson Hospital
- Night nursing service established -Galashiels (Emergency Service)
- Evening nursing service

- Stroke clubs in six centres in the Borders area
- Old people's home for group living

Dr Stewart A Stephen Consultant Physician in Geriatric Medicine Sanderson Hospital Galashiels Tel: 55381

Mr P F Lawlor

Forth Valley Health Board

Stirling District

Randomised control trial of collaborative ortho/geriatric rehabilitation versus conventional management for elderly females with fractured hips (Bannockburn Hospital)

Dr David C Kerrie Consultant Physician in Geriatric Medicine Royal Infirmary Stirling FK8 2AU Tel: Stirling 73151

Grampian Health Board

South Grampian Health District

Educational package on medicines for carers and groups in the community Tape/Slide programme produced with Age Concern, Scotland

Mr Arthur Williams Chief Administrator Pharmaceutical Officer Pharmacy Department Foresthill Aberdeen AB9 2ZB Tel: 681818 ext 2399

West Grampian Health District

- Extension of hospital beds in assessment units, and long stay units
- Extension of day room space
- Psychogeriatric day unit

Patients personal clothing laundry on main hospital site in Elgin (cited by Scottish Hospital Advisory Service)

Mr C Morrison Administrator West Unit Grampian Health Board Pluscarden Road Elain Moray IV30 1PJ Tel: Elgin 44041 ext 200

Greater Glasgow Health Board

- Ortho-Geriatric Unit in Gartnavel General Hospital Project to assess the benefits of a formal ortho/ geriatric unit
- Day Hospital care including facilities for general practitioners to refer patients for full one day assessments

Geriatric medical service run by 4 consultants with back up facilities

B O Williams Consultant in Administrative Change Gartnavel General Hospital 1053 Great Western Road Glasgow G12 0YN Tel: 041-334-8122

Greater Glasgow Health Board (contd)

Pre-assessment of candidates for residential care

Northern Health District

- Introduction of effective ward drug control by pharmacists with counselling service
- 2 Introduction of pre-discharge frail ambulant wards
- Introduction of mixed sex continuing care ward
- 4 Appointment of specialist geriatric physiotherapy supervisor
- Re-designation of two registrar posts for doctors already MRCP
- Introduction of a combined general/ geriatric medicine senior registrar training post.

Lanarkshire Health Board

Motherwell, Clydesdale Unit

- 1 15-seater Mercedes coach for patients outings
- Purchase of electric organ for wards (Strathclyde Hospital)
- Pat-a-dog scheme
- 4 Self-medication
- 5 Personal laundry (Law Hospital)

Tayside Health Board

Angus Unit

- Extension of assessment and rehabilitation provision and continuing care in 4 peripheral hospitals
- Four week scheme (2 patients share a bed each spending 4 weeks in hospital and four at home)
- 3 Holiday admissions

Perth & Kinross Unit

- Commissioning hospitals (3)
 Extensions for in-patients and Day
 Hospital
- 2 Patient's bus

Stobhill General Hospital Geriatric Unit Dr James Davie Ward 11 A/B Stobhill Hospital Balornock Glasgow Tel: 041-558-0111 ext 371

Upgrading day areas

J A Anderson Administrator Strathclyde Hospital Motherwell ML1 3BW Tel: 0698 64661 Mr J M Donald Administrator Law Hospital Carluke ML8 5ER Tel: Wishaw 351100 ext 102

Dr T S Callaghan Consultant Physician Stracathro Hospital Brechin Angus DP9 7QA Tel: Edzell 7291 ext 221

M A Haigh Administrator Bridge of Earn Hospital Perth PH2 9AQ Tel: 0738-812331 ext 27

II

Highland	Health
Board	

Northern Unit

- Care of the Elderly Nursing Group to monitor quality of care including exchange hospital visits and review of facilities: nursing process philosophy-care plans.

 Clinical professional group providing expertise and arranging conferences etc.
- Four-fold use in number of beds provided in private nursing homes in Highlands

Southern Unit

- Belhaven Unit in Fort William for assessment and rehabilitation in conjuction with existing long-stay unit in Glencoe
- New consultant geriatrician's post established in October 1985
- Comprehensive training programme (Highland College of Nursing & Midwifery)

Lothian Health Board

West Lothian Unit

- Day Hospital opened for geriatric and psychogeriatric patients (Whitburn). Dietitian also makes domiciliary visits.
- 2 Bangour General Hospital Day Hospital opened
- 3 St Michael's Hospital, Linlithgow new 30 bed Geriatric Unit opened
- 4 Combined Geriatric & Psychogeriatric Day Hospital in Linlithgow
- Good neighbour network in Craigshill, Livingstone.

Orkney Health Board

- Introduction of community physiotherapy
- 2 Introduction of community alarm system

Shetland Health Board Hospital at home

Migdale Hospital Bonar bridge Sutherland

Highland College of Nursing Midwifery

(Care of elderly modules for student nurses)

Mr J MacLean Director of Nursing Services 32 Northcote Street Wick Caithness KW1 5QP Tel: 0955-2061/3659

J M Melling Director of Nursing Services 14 Ardoss Street Inverness IV3 5NT Tel: 0463-232401

A F Maltman Unit Administrator Bangour General Hospital Broxburn West Lothian EH52 6LR Tel: 0506-81334

Dr J I Cromarty General Manager/CAMO New Scapa Road Kirkwell Orkney KW15 1BX Tel: 0956-2763 ext 257

Mr D March General Manager 28 Burgh Road Lerwick Shetland Tel: 0595-2945

REGION/HEALTH AUTHORITY	INNOVATION	GOOD PRACTICE/ CENTRE OF EXCELLENCE	KEY PERSON
WALES			
Clwyd Health Authority	1 Provision of 24-hour seven day a week care service 2 Provision of six-place day non-residential care for elderly mentally ill in community at Wrexham 3 Installation of Tunstall Telecom Piper Solo 2-way communication in households in private sector 4 Home care scheme in Rhyl/Abergele area 5 Establishment of night sitter service for elderly mentally ill in Rhyl area (Pilot Scheme) 6 Establishment of continence service in social services residential homes and homes for the elderly in the private sector 7 Financial assistance with commissioning costs of a 12 place residential unit for elderly mentally ill clients.	Development of network of four community hospitals in support of the two general hospitals in Clwyd All include a Day Hospital and Mold Community Hospital is the first purpose built community hospital of Wales	Dr B O Wilson Community Physician Preswylfa Hendy Road Mold Tel: Mold 2171
Gwent Health Authority	Joint Care Planning Team for the Elderly established in parallel with existing and similar joint agencies in mental health care		R A Williams Planning Officer Mamhilad Pontypool
	St Cadoc's Hospital 1 Two consultant psychiatrists with special interest in psychogeriatrics 2 Increase in size of psychogeriatric day centre (Malpas Day Centre) 3 Increase in numbers of community nurses 4 Provision of psychogeriatric assessment ward and two continuing care wards at General Hospital 5 Occupational therapy service for psychogeriatric day patients 6 Provision of travelling day hospital for three outlying areas 7 Development of psychogeriatric multidisplinary community teams (with local authority)	Psychogeriatric assessent ward (St Woolos Hospital) Malpas Day Centre at St Cadoc's Hospital Psychogeriatric multidisplinary teams Community psychiatric nursing service	Mrs Julie Moss Administrative Assistant St Cadoc's Hospital Caerleon Gwent NP6 1XQ Tel: Caerleon 421121 ext 240 AND J T Hawkins Director of Nursing Service Tel: ext 317

Gwent Health Authority (contd)

Mount Pleasant Hospital

- Improved ratio trained to untrained nursing staff
- 2 Rationalised nursing management structure in line with 'Patients First' document
- Improvement ward equipment, environment, in-service training community club, multidisiplinary meetings an eg 'attitudes' etc
- 4 Patients welfare fund run by nursing staff

Royal Gwent Hospital Newport

- Opening of purpose-built unit with geriatric and psychogeriatric beds and 7-day a week day hospital
- 2 Geriatric liaison nurse appointment
- 3 Patients activities team
- Establishment of memory clinics
 Setting-up of a continence prevention
- 6 Appointment of two senior dietitians

North Gwent Nevill Hall Hospital

- Appointment of two new consultants emphasis on rehabilitation resulting in increased turnover
- 2 Day hospital opened which accommodates patients staying for a maximum of 6 weeks for treatments eg. blood transfusions, endoscopies and sigmoidoscopies
- 3 Appointment of a general surgeon with increased in urology and a gynaecologist with an interest in urinary incontinence
- 4 A stroke club for North East Gwent
- 5 Greater emphasis on community care
- 6 Establishment of peripheral geriatric out-patient clinic at Ebbw Vale Hospital

South Gwent St Woolos Hospital

- A service to elderly established by a Senior Clinical Psychologist Projects include
 - a memory clinic for GP referrals

- b reality orientation and reminiscence therapy
- c Gwent branch of Alzheimers Disease Society

Mount Pleasant Hospital

David Meales Director of Nursing Services Mount Pleasant Hospital Chepstow Gwent Tel: Chepstow 2232

Miss V E Martin
Director of Nursing Services
Royal Gwent Hospital
Newport
Gwent
Tel: Newport 0633-52233
ext 4042
Miss S M Medford
Chief Dietitian

R W Williams SNO General Nevill Hall Abergavenny Gwent NP7 7EG Tel: 0873-2091

Dr Michael Edwards

- Clinical psychology (care of the elderly) in South Gwent cited as a example of Good Practice in Mental Health in a publication by Gwent Health Authority
- Memory Clinic
- Radiological service to the elderly

Mrs Sally Futnish Senior Clinical Psychologist Elm Ward St Woolos Hospital Newport Gwent NP2 4SZ Tel: 0633 52244 (ext 4871)

Gwent Health Authority (contd)

- d assessment of functional abilities of elderly patients
- e Teaching in multidisciplinary team
- f research in conjuction with
 Department of Geriatric Medicine

Community

- 1 8 new private nursing homes
- 2 8 new private residential homes
- 3 Hospital Discharge Scheme
- 4 Pilot home care project (Eastern Valleys)
- 5 Crossroads attendant Care Scheme (Islwyn)
- 6 Routine follow up visits to all 75 + patients discharged from casualty and short stay accident & emergency wards
- Follow up check visit and 'put to bed' service for 'at risk' patients discharged from casualty between 7 pm and 3 am
- 8 Pilot scheme to identify elderly 'at risk' and to assess early identification need and health visitor involvement
- District nurse 'paging' system to expedite hospital discharges and urgent visits referred by GPs

Health Education

- Support and action on Health Education Council's 'Age Well' campaign
- 2 Use of Open University's 'caring for the older person'
- Nursing services involved with a Managing incontinence b Stroke rehabilitation
- b Stroke renabilitation

Dental Care

Project to improve and develop dental services for the elderly population in Gwent

Adaptation of LAY for the older

District Health Education Officer Health Education Centre Mill Street Caerleon Gwent NP6 1XG Tel: 421960

Derek Hector

Gwent Dental Services

including yearly screening of residents in old people's homes, routine care in hospitals and day centres. Dental Clinics held in Geriatric Units Mr C Jones Senior Dental Officer Dental Department Ashgrove Clinic George Street Pontypool Gwent Tel: Pontypool 04955 3841

Miss L Clarke Assistant Director of Nursing Services (Community) Clytha Clinic Clytha Park Road Newport Gwent Tel: Newport 64011

Gwynedd Health Authority

- 1 Change from prediminately long-stay service to active rehabilitation service Increase in acute geriatric beds and through care
- 2 Local initiatives to improve transport problems on trial peripheral day hospital run in a school hall
- 3 Gofal Scheme (Social Services) in Arfon and Nan
- 4 Health care planning team document produced
- 5 Joint venture with the Social Services (involving University College of North Wales) of research project to investigate the balance of care model

West Glamorgan Health Authority

- Intensive home support scheme with additional care assistant (Social Services and Health Authority)
- 2 The Staying at Home Project (intensive home support)
- Integrated Care and Accommodation for the Elderly Scheme (Augmented sheltered housing)

Dr D B Prichard
Consultant Geriatrician
Department of Medicine for
the Elderly
Ysbyty Gwynedd
Bangor
Gwynedd
Tel: Bangor 351177
ext 4343

Dr Joyce Thomas Specialist in Community Medicine 36 Orchard Street Swansea SA1 5AG West Glamorgan Tel: 0792-42066



King Edward's Hospital Fund for London

KFC 85/228

King's Fund Centre 126 Albert Street London NW1 7NF Telephone 01-267 6111

Director: W G Cannon MA FHA

25th November, 1985.

To: All District General Managers
District Health Authorities (Wales, Scotland and Northern Ireland)

Dear District General Manager,

SERVICES FOR ELDERLY PEOPLE

I am keen to collate as much information as possible about recent innovations in services provided for elderly people in the NHS, particularly those provided for the frail elderly. I would also like to identify areas of 'good practice' and 'centres of excellence'.

This information will be very useful for us when we attempt to identify priorities for research. It will also be especially helpful for those who regularly seek information from the Centre about trends in services for elderly people. The information will also assist us in identifying useful places to visit when preparing programmes for our overseas visitors who are anxious to learn more about the services for elderly people within the NHS.

I have recently sought similar information from English DHAs.

I know there are many demands on your time, but I would be grateful if you could arrange for an appropriate colleague to complete the enclosed information sheet and return it to me at the above address.

Many thanks.

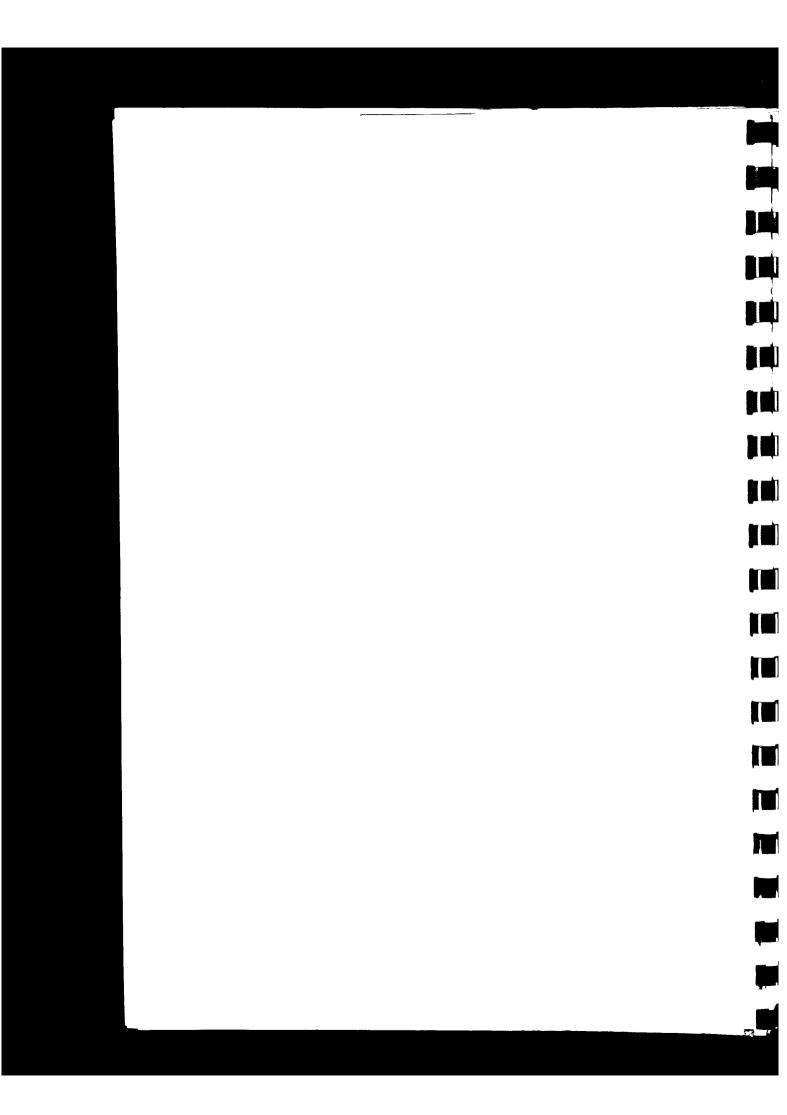
Yours sincerely,

James P. Smith, FRCN,

Assistant Director

Long Term and Community Care

James P. Junt



HEALTH SERVICES FOR THE ELDER	<u>L</u> Y
NAME OF DISTRICT:	
(within)(state name of country)
Please give brief details of services for elderly people	f any innovations in the during 1982-85

4

(Leave blank)

Salar Sa

If there are any particular 'good practices' or 'centres of excellence' in the District, please indicate below:

(Leave blank)

Please	give	details	of	appropriate	contact	person	<u>1T</u>
further	info	ormation	is	required			

Name:.....Designation:....

......

Telephone number:....

Thank you for providing the information. Please return completed form to: James P. Smith, Assistant Director, Long Term and Community Care, King's Fund Centre, 126 Albert Street, London, NW1 7NF by 1ST JANUARY, 1986.

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