

1974

# DIRECTORY

OF

## CONVALESCENT HOMES

SERVING GREATER LONDON



1974

KING EDWARD'S HOSPITAL FUND FOR LONDON

**THE KING'S FUND  
INFORMATION CENTRE**

11-13 CAVENDISH SQUARE  
LONDON W1G 0AN

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**HOSPITAL FUND FOR LONDON**

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## TABLE OF CONTENTS

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	Page No
Preface .. .. .	iv
Map of Hospital Regions .. .. .	v
Explanatory Note .. .. .	vii
List of Homes added and omitted since the last issue of the Directory and Homes which have changed their names .. .. .	viii

### PART I

Convalescent Homes situated within the four Metropolitan Hospital Regions and the Wessex Hospital Region arranged alphabetically according to the names of towns in which they are located .. .. .	1-80
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### PART II

Convalescent Homes situated outside the four Metropolitan Regions and the Wessex Region but taking patients from London .. .. .	82-93
Geographical Index .. .. .	ix
Alphabetical Index .. .. .	xiv
Classified Index .. .. .	xvii
Children's Index .. .. .	xxvii

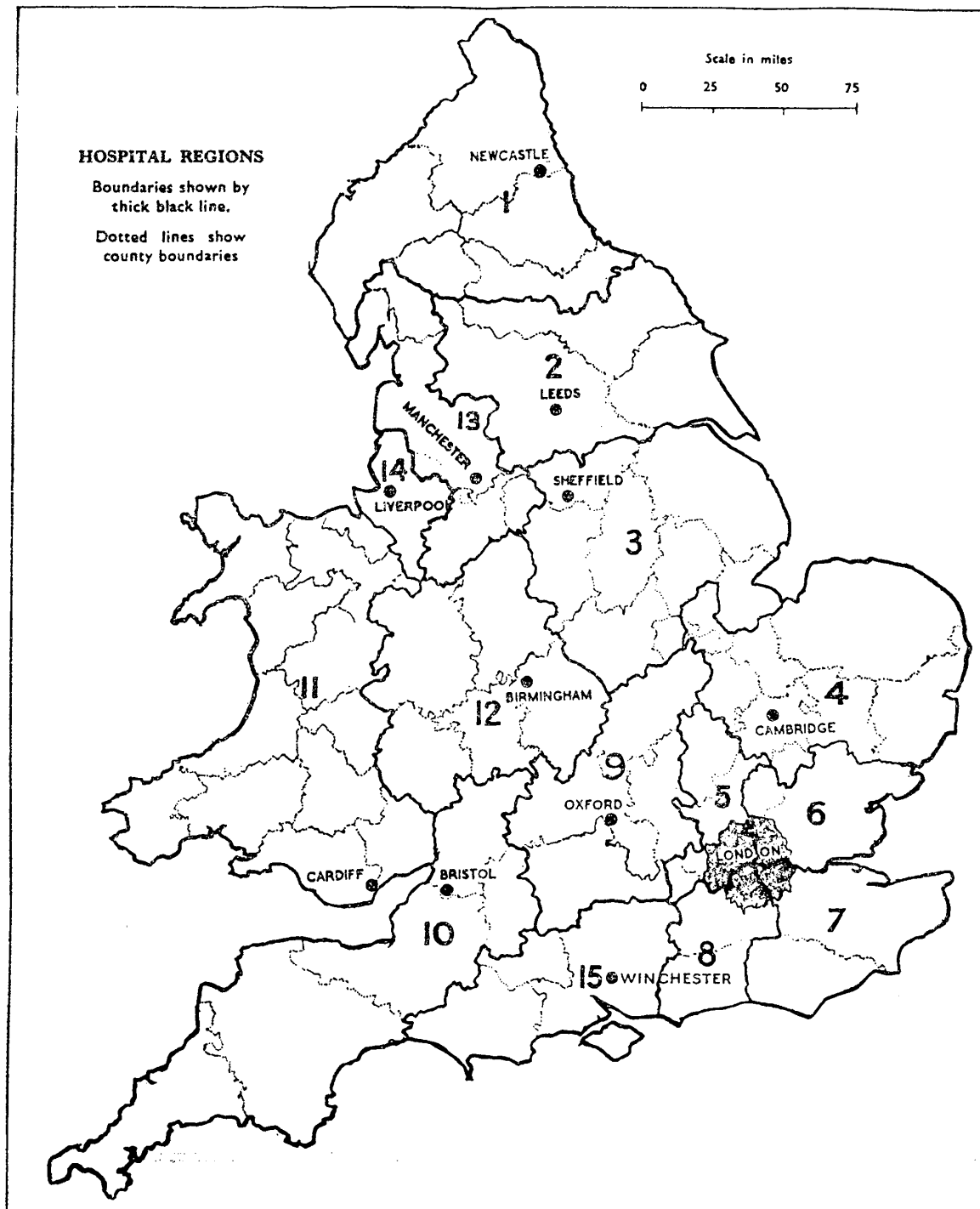
## *PREFACE*

The Directory was first published in 1948. As a result of reports of its usefulness received from Medical Social Workers and Health Workers, it was decided to make it an annual publication.

The decision to include a particular Home in this directory lies at the discretion of the Committee. Nearly all the Independent homes were visited by one or more members of the Committee prior to their acceptance for the Directory, and subsequently annual visits have been made whenever possible. Homes within the National Health Service have also been visited, by courtesy of Regional Hospital Boards. Private Homes that have contractual arrangements with Regional Hospital Boards have been included.

Homes which are situated outside the borders of the four Metropolitan Hospital Regions and of the Wessex Region have been placed in Part II, few of them having been visited by members of the Committee. Wherever they may be, all Homes in the Directory are for patients for whom convalescence or a recuperative holiday has been recommended by a doctor.

Information about 46 convalescent homes situated outside the four Metropolitan Hospital Board Regions can be found in the Directory of Convalescent Homes serving the Provinces published by the British Hospitals Contributory Schemes Association (1948), 30 Lancaster Gate, London, W2 3LT



## REGIONAL HOSPITAL BOARDS

*(See Map on previous page)*

- 1 NEWCASTLE Regional Hospital Board, Benfield Road, Walker Gate, Newcastle on Tyne, NE6 4PY (0632 659141.)
- 2 LEEDS Regional Hospital Board, Park Parade, Harrogate, HG1 5AH (0423 5061-8.)
- 3 SHEFFIELD Regional Hospital Board, Fulwood House, Old Fulwood Road, Sheffield, S10 3TH (0742 306511.)
- 4 EAST ANGLIAN Regional Hospital Board, Union Lane, Chesterton, Cambridge (0223 61212.)

### METROPOLITAN Regional Hospital Boards

- |              |   |   |
|--------------|---|---|
| 5 NORTH-WEST | } | 40 Eastbourne Terrace, London W2<br>(01-262-8011) |
| 6 NORTH-EAST |   |   |
| 8 SOUTH-WEST |   |   |
- 7 SOUTH-EAST Randolph House, 46-48 Wellesley Road, Croydon, CR9 3QA (01-686-8877.)
  - 9 OXFORD Regional Hospital Board, Old Road, Headington, Oxford, OX3 7LF (0865 64861.)
  - 10 SOUTH-WESTERN Regional Hospital Board, 27 Tyndalls Park Road, Bristol, BS8 1PJ (0272 38471.)
  - 11 WELSH Regional Hospital Board, Temple of Peace and Health, Cathays Park, Cardiff, CF1 3NW (0222 31021/8.)
  - 12 BIRMINGHAM Regional Hospital Board, Arthur Thomson House, 146/150 Hagley Road, Birmingham, B16 9PA (021-454-4828.)
  - 13 MANCHESTER Regional Hospital Board, Gateway House, Piccadilly South, Manchester M60 7LP (061-236-9456.)
  - 14 LIVERPOOL Regional Hospital Board, Wilberforce House, The Strand, Liverpool L2 7RW (051-236-8464)
  - 15 WESSEX Regional Hospital Board, Highcroft, Romsey Road, Winchester, Hants (0962 63511)

## EXPLANATORY NOTE

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PART I of the Directory contains Homes within the four Metropolitan Hospital Regions and the Wessex Region arranged alphabetically according to the name of the town or village in which the Home is situated. Where there is more than one Home in a particular town, they are arranged in alphabetical order according to the names of the Homes.

PART II provides similar information about Homes situated outside those Regions.

The page containing details of each Home shows the Hospital Region in which the Home is situated at the top left hand corner and at the top right hand corner the words: "National Health Service," "Contractual Arrangements," "Special School" or "Independent." Patients at the first two will normally be a charge to the Regional Hospital Board, those at Special Schools are maintained by Local Educational Authorities and those at Independent Homes are frequently approved by Local Health Authorities under the recuperative holiday schemes.

When it is desired to select a Home in a particular district, reference should first be made to the GEOGRAPHICAL INDEX of Homes on pages ix to xiii. Private Homes having contractual arrangements with Hospital Boards are printed in italics in this list.

ALPHABETICAL INDEX on pages xiv to xvi is an alphabetical list of all Homes. The prefix letters to each Home show whether men, women or children are accepted and whether the following facilities are provided:—breakfast in bed, bed cases, ground floor rooms, long term stay.

CLASSIFIED INDEX on pages xvii to xxvi contains lists of Homes showing the treatments they provide and medical conditions accepted. It also lists Homes taking particular social or occupational groups.

CHILDREN'S INDEX on page xxvii contains a list of all the children's Homes showing the age groups accepted.

NORMAL EXCLUSIONS—Although the types of cases not admissible vary to a certain degree as between Homes, it can normally be taken that Pulmonary Tuberculosis, Pregnancy (after the fifth month), Mental Cases, Incurable, Infectious and Contagious Diseases and usually Skin Disease, Open Sores and Wounds are not accepted, unless otherwise stated. In trying to decide whether a patient is eligible or not for any given Home, a study of the information given under TREATMENT and STAFF will give a good idea as to the type of work undertaken.

## **LIST OF HOMES ADDED AND OMITTED SINCE THE LAST ISSUE OF THE DIRECTORY**

### **HOMES ADDED**

King's House (MACA Home), Bournemouth

St. Francis de Sales Special School, Hayling Island

Crabhill House, Redhill

### **HOMES OMITTED**

Parnham, Beaminster

The John Howard Convalescent Home, Brighton

Angas Convalescent Home, Cudham

St. Michael's Convalescent Home, Westgate



**MERCHANT SEAMEN'S CONVALESCENT HOME****SPRINGBOK-RADCLIFFE****ALFOLD,  
SURREY.****(Loxwood 752270)****PATIENTS:** Serving Merchant Seamen only. All convalescent cases.**Ineligible :** Bed cases.**RELIGION :** Undenominational.**BEDS :** 25, in single rooms.**TREATMENT:** Infra-Red Light: Occupational Therapy: Special diets: All dressings.**STAFF: Chief Resident Officer:** Welfare Manager.**Nursing Staff:** 1 Female (Resident).**Medical Staff:** 1 Dr J W Hodson (on call).**LENGTH OF STAY :** 2-3 weeks. Extensions granted when recommended by Doctor.**ROUTINE AND RECREATION:** Patients get up at 7.30 am and go to bed at 10.30 pm. There is a library and plenty of indoor games, radio, television and a licensed club.**Visiting Day :** Any day by appointment.**CHARGES :** None. King George's Fund for Sailors contributes towards the upkeep of each seaman.**RECEIVING DAY:** By arrangement, usually Wednesdays.**DISCHARGE DAY:** By arrangement.**STATION:** Guildford (Surrey) or Horsham (Sussex).**GENERAL :** A splendidly equipped Home, in the grounds of the Society's 400 acre farm training centre, which is run for the rehabilitation of disabled seamen.**APPLICATIONS :** to the Secretary, Merchant Seamen's War Memorial Society, Alfold, Surrey. (Telephone: Loxwood 752270) or at any Branch Office of the National Union of Seamen.

## **LONDON AND ASCOT PRIORY CONVALESCENT HOME**

**ASCOT PRIORY,  
ASCOT,  
BERKS, SL5 8RT**

**(Winkfield Row 2067)**

**Parent Society: Society of The Most Holy Trinity, Ascot, Berks. SL5 8RT  
(Winkfield Row 2067)**

**PATIENTS:** Women from 50 upwards. General Convalescence. Post-operative cases. Chronics. Hearts.

**Ineligible:** Normal exclusions. Bed cases. Those requiring night nursing.

**RELIGION:** Church of England. (All denominations accepted).

**BEDS:** 27, in one large ward on the ground floor. No isolation ward.

**TREATMENT:** No treatments or diets. Simple dressings. Intra-muscular injections can be given.

**STAFF: Chief Resident Officer:** The Reverend Mother Superior.

**Nursing Staff:** 3 SRN, 1 SEN

**Medical Staff:** Dr G Cook (visiting).

**LENGTH OF STAY:** No limit. Minimum 2 weeks.

**ROUTINE AND RECREATION:** Patients rise at 8.30 am after having breakfast in bed, and retire at 6.30 pm. No domestic work is expected from the patients. There is a library, and facilities for handicraft work are available.

**Visiting Day:** Every day 2.30 pm to 5 pm.

**CHARGES:** £10.50 per week. Personal laundry extra. There is one bed at a reduced charge of £2.50 per week, obtainable **via** the Reverend Mother Superior.

**RECEIVING DAYS:** Monday and Thursday.

**DISCHARGE DAYS:** Monday and Thursday (or by arrangement)

**STATION:** Ascot, from Waterloo.

**GENERAL:** The Home, which was built in 1865, is set well back from the road amongst pine-woods. It is attached to a Convent and stands in extensive grounds. Medical Social Workers are advised that it is suitable for elderly patients mostly of long stay.

**APPLICATIONS:** to the Reverend Mother Superior at the Home. NHS patients to the NW Metropolitan Regional Hospital Board, 40 Eastbourne Terrace, W2.

**EDITH EDWARDS HOUSE**

**PARK ROAD,  
BANSTEAD,  
SURREY.**

**(Burgh Heath 54174)**

**Parent Society: The Invalid Children's Aid Association.**

**PUPILS :** Boys and Girls, from 5-12 years, suffering from severe communication difficulties and behaviour disorders. Maximum admission age-9.

**RELIGION :** Undenominational.

**BEDS :** 21.

**TREATMENT :** Psychiatric consultations. Routine medical supervision. Speech therapy.

**STAFF : Chief Resident Officer:** Headmistress, Miss P Denny.

**Medical Staff:** Dr A Skarbek (Visiting Consultant Psychiatrist). Dr J R Mansfield, School Medical Officer.

**LENGTH OF STAY :** Minimum one year. Until ready for transfer or on reaching maximum age.

**ROUTINE AND RECREATION :** Children get up at 7.30 am, and go to bed between 6.0 pm and 8.0 pm.

**School:** 5 hours daily in small groups according to ability; individual teaching for assessment of particular methods required for each child. Short holidays spent at home four times a year, and half-term and other week-ends if considered desirable.

**Visiting Day:** By arrangement with the Headmistress.

**CHARGES :** Payable by Local Education Authority.

**RECEIVING DAY:** By arrangement.

**DISCHARGE DAY:** Normally at the end of term.

**STATION :** Sutton, Surrey, from Victoria thence by bus No 164 to Banstead War Memorial at the entrance to Park Road.

**GENERAL :** A modern school building with small and varied rooms for a wide range of activities.

**APPLICATIONS :** to the General Secretary, The Invalid Children's Aid Association, 126 Buckingham Palace Rd., London, SW1W 9SB (01-730-9891)

**ZACHARY MERTON ANNEXE**

**HOLLY LANE,  
BANSTEAD, SURREY.**

**(25 54822)**

**Patients taken from The London Hospital only, (01-247 5454), or by arrangement from the North East Metropolitan Regional Board, if vacancies permit**

**PATIENTS :** Men and women over 21. Medical and surgical cases. Bed cases.

**RELIGION :** Undenominational.

**BEDS :** 50, on ground floor, in one ward of 12, six wards of 6, 1 private room and 1 isolation room.

**TREATMENT :** Physiotherapy and Occupational Therapy given. Limited number of Gastric and Diabetic diets provided. All dressings.

**STAFF : Chief Resident Officer :** Sister-in-Charge SRN SCM

**Nursing Staff :** Trained Nurses; Student Nurses; Pupil Nurses ; Nursing Auxiliaries.

**Medical Staff :** Dr D G E Alldridge (Medical Officer in Charge).  
Dr R A S Redd.

**LENGTH OF STAY :** Normal (maximum 1 month.)

**ROUTINE AND RECREATION :** After early tea at 7 am those well enough are asked to be up and go to the dining room for breakfast at 8 am. All patients are encouraged to rest on their beds between 1.30 and 3 pm. There is a library and facilities for indoor games and separate television and sitting rooms.

**Visiting Day :** Open visiting every day between 11 am and 8 pm.

**RECEIVING DAYS :** Monday and Thursday (men); Tuesday and Friday (women).

**DISCHARGE DAYS:** Monday and Thursday (men); Tuesday and Friday (women).

**STATION :** Banstead from Victoria or London Bridge. Patients are brought from The London Hospital by ambulance.

**GENERAL :** The Home stands on high ground with an open field in front of it. All beds can be pushed out on to a wide, sunny terrace.

**BEXHILL CONVALESCENT HOME**

163 COODEN SEA ROAD,  
LITTLE COMMON,  
BEXHILL-ON-SEA,  
SUSSEX.

(Cooden 4577)  
(Patients—Cooden 3782)

**PATIENTS:** Men and Women from 17 years from the South-East Metropolitan Region and London Teaching Hospitals. General convalescence especially for post-operative cases. Cardiac Diseases (including post cardiac surgery). Subject to the absolute discretion of the Medical Officer and/or Matron a limited number of women patients with controlled colostomies can be accepted.

**Ineligible:** Bed and chairbound cases. Urinary incontinence. Severe asthma. Cor-pulmonale. Inoperable malignant disease with a poor prognosis. Psychotic illness and senile confusional states.

**RELIGION :** Undenominational.

**BEDS:** 72. (Dormitory Wards. No single rooms). Lift.

**TREATMENT:** Convalescent, gastric and other diets, (including full, light, low calorie, low salt, but not individual diets). Dressings. Physiotherapy and active exercises.

**STAFF : Chief Officer :** Nursing Officer.

**Nursing Staff :** 8 SRN

**Medical Staff :** Dr J G Holmes-Milner (visiting).

**LENGTH OF STAY:** 2 to 3 weeks or at discretion of the Medical Officer of the Home.

**ROUTINE AND RECREATION:** The patients are called at 7.15 am and go to bed at 9.0-9.30 pm.

There are facilities for suitable indoor and outdoor games. Television, radio and library. A trolley-shop service is provided by the W.R.V.S. on Tuesdays and Fridays.

**Visiting Days :** From 2 pm. daily.

**RECEIVING DAY :** Tuesday.

**DISCHARGE DAY :** Monday.

**STATION :** Cooden Beach, from Victoria.

**GENERAL :** The Home stands in its own grounds in a pleasant position. It is ten minutes' walk from the sea.

**APPLICATIONS:** to The Administrator, Bexhill Convalescent Home, Cooden, Bexhill-on-Sea, Sussex.

## THE MENTAL AFTER CARE ASSOCIATION

LAWN COURT, 26-27 PARK ROAD,  
BEXHILL-on-SEA,  
SUSSEX.

**PATIENTS** : Men and Women suffering from some degree of mental disability. Normally long-stay but recuperative holidays also given.

**Ineligible** : Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION** : Undenominational.

**BEDS** : 37. 1-5, according to size of rooms.

**TREATMENT** : Mental rehabilitation.

**STAFF** : Three resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY** : Recuperative holidays or indefinite long-term care.

**ROUTINE AND RECREATION** : All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities encouraged.

**CHARGES** : £10.50 per week.

**RECEIVING DAY** : }  
**DISCHARGE DAY** : } Any week-day.

**STATION** : Bexhill Central—frequent trains from Victoria.

**GENERAL** : Large house facing park and one minute from sea.

**APPLICATIONS** : To The Secretary, The Mental After Care Association, Eagle House,  
110 Jermyn Street, London, SW1Y 6HB

## THE MENTAL AFTER CARE ASSOCIATION

THE TOWERS, 18 EGERTON ROAD,  
BEXHILL-on-SEA,  
SUSSEX.

**PATIENTS:** Women suffering from some degree of mental disability.

**Ineligible :** Normal exclusions other than mental illness. Bed cases or those requiring nursing care and night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS :** 28. 1-4 according to size of rooms.

**TREATMENT :** Mental rehabilitation.

**STAFF:** Two resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY :** Recuperative holidays or indefinite long-term care.

**ROUTINE AND RECREATION :** All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities encouraged.

**CHARGES :** £10.50 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY:** } Any week-day.

**STATION :** Bexhill Central—frequent trains from Victoria Station.

**GENERAL :** Large house facing park, with Annexe, one minute from sea.

**APPLICATIONS :** To the Secretary, The Mental After Care Association, Eagle House,  
110 Jermyn Street, London, SW1Y 6HB

## THE WHITE HOUSE CONVALESCENT HOME

23 CANTELUPE ROAD,  
BEXHILL-ON-SEA,  
SUSSEX.

(Bexhill 212540)

### London Telecommunications Region Mutual Aid Fund

**PATIENTS :** Members of the London Telecommunications. Other patients accepted if vacancies. General convalescence either sex up to 65 years of age.

**Ineligible :** Normal exclusions. Bed cases. No diets.

**RELIGION :** Undenominational.

**BEDS :** 22, 3 single rooms; 8 rooms with 2 single beds; (including 1 on the ground floor); 1 room with 3 single beds.

**TREATMENT :** None. Simple dressings.

**STAFF : Chief Resident Officer :** Mrs M Russell (Matron).

**Nursing Staff :** None.

**Medical Staff :** Visiting Doctor.

**LENGTH OF STAY :** Normally 2 weeks.

**ROUTINE AND RECREATION :** No restrictions. Radio, television and small library.

**CHARGES:** £16.00 per week.

**RECEIVING DAY :** Saturday (after lunch).

**DISCHARGE:** Friday.

**STATION :** Bexhill (Central).

**GENERAL :** Home 150 yards from the sea. Garden.

**COMMUNICATIONS:** to General Secretary, LTR Mutual Aid Fund, Westel House, 32-38 Uxbridge Road, Ealing, London, W5 2BA 01-579-8421

**APPLICATIONS :** to P231B, Room 945 Camelford House, 87/90 Albert Embankment, London SE1 7TS (01-587-8000. Ext 7263.)



**ST MARY'S CONVALESCENT HOME****BEACH AVENUE,  
BIRCHINGTON-ON-SEA,  
KENT.****(Thanet 41667)**

**PATIENTS :** Diabetic men and women (including those with complications). A limited number of non-diabetic women are admitted by arrangement if beds are available.

**RELIGION :** Undenominational.

**BEDS :** 44 for women, 13 for men—limited accommodation on ground floor. There is a lift.

**TREATMENT :** Special training in diabetic diet and injection. Diabetic diets of all types are provided, including variations, e.g. diabetic gastrics. All dressings—subject to acceptance by Senior Nursing Officer.

**STAFF: Senior Nursing Officer:** Miss J M Wilson SRN ONC

**Nursing Staff:** 5 SRN; 5 SEN; 8½ Nursing Auxiliaries.

**Medical Staff:** Dr A Marshall (Visiting Consultant).

Dr J T Hayden (Visiting General Practitioner).

**LENGTH OF STAY :** 2 to 3 weeks—subject to medical necessity.

**ROUTINE AND RECREATION :** Patients rise at 7.30 am and go to bed at 10 pm. Those who are able are asked to make their own beds. So far as treatments permit, patients may go out daily until 8.00 pm.

**Visiting :** Daily.

**RECEIVING DAY :** {  
**DISCHARGE DAY :** } Any week-day, by arrangement.

**STATION :** Birchington, from Victoria or Cannon Street. Patients are met by arrangement at the station, which is only 2 minutes from the Home.

**GENERAL :** The Home was originally built as a Convalescent Home in 1888, and has been kept modernised. Passenger lift installed in 1967. The Home is situated within easy reach of the beach.

**APPLICATIONS :** to the Hospital Secretary at the Home.

**EDITH PRIDAY HOME**  
**OF THE BRITISH RED CROSS SOCIETY**  
 21 & 23 ST JOHN'S PARK, BLACKHEATH, SE3 7TE

(Matron : 01 858-0039)

(Patients : 01 858-1063)

**PATIENTS :** Men and women over 70, mainly those living in the County of London, for convalescence.

**Ineligible :** Incontinent cases, mentally confused, colostomy and tracheostomy cases or bed-ridden.

**RELIGION :** Undenominational.

**BEDS :** 42, in wards of 2-4. (3 ground floor wards—women).

**TREATMENTS :** Some treatments undertaken but physio-therapy must be arranged through Miller General Wing, SE10 8LJ, (Tel:01-692-1136), of Greenwich District Hospital. Gastric and diabetic diets provided. Simple dressings. *A supply of drugs should accompany patients together with an up-to-date letter from the Ward Sister giving particulars of dosage and treatments.* Patient's National Health Service number and name and address of General Practitioner must be shown on forms.

**STAFF : Chief Officer :** Matron (SRN).

**Nursing Staff :** 1 SRN, 4 SEN, 4 Nursing Auxiliaries.  
2 Night Attendants.

**Medical Staff :** Dr W Chandler (Hon. Medical Officer).

**Administration :** Secretary.

**LENGTH OF STAY :** Maximum 6 weeks. Upon request Hospitals must accept responsibility for admissions.

**ROUTINE AND RECREATION :** Patients are expected to take all meals in the dining rooms. All clothing and possessions must be marked. No domestic work involved. Independence encouraged. Diversional therapy. Hair-dressing and chiropody arranged. Trolley shop. Film shows. Coach trips. T.V.

**Visiting :** Unrestricted. Outings encouraged.

**CHARGES :** £19.95 per week.

**RECEIVING DAY :** Thursday morning 10.00 am. to 12.30 pm.

**DISCHARGE DAY :** Thursday.

**STATION :** Blackheath, from Charing Cross, Waterloo and London Bridge. Green Line bus (701 & 702) from Victoria to Roxy Cinema. Buses: 53, 54, 75, 89, 108B and 192.

**GENERAL :** There is a lift. The Home is situated in a spacious residential district with pleasant gardens. Very near church, shops, cinema.

**APPLICATIONS :** To the Admissions Office, 46 Vanbrugh Park, Blackheath, London, SE3 7AA. Tel: 01-858-0157.

**FOXHOLM**

**3 MARINE DRIVE WEST,  
BOGNOR REGIS,  
SUSSEX  
PO21 2QA**

**(Bognor Regis 23517)  
(024-33-23517)**

**Bermondsey Medical Mission.**

**PATIENTS :** Women over 60.

**Ineligible :** Cases requiring night attention or bed cases. Incontinent or mentally confused patients.

**RELIGION :** Interdenominational (Mission).

**BEDS:** 24; eight on the ground floor, 3 single rooms upstairs. Litt.

**TREATMENT :** Special diets provided : Light dressings.

**STAFF : Nursing Staff :** Matron (SRN).  
2 Part time SEN.

**Medical Staff :** Visiting.

**LENGTH OF STAY :** Normally 2 weeks: longer in winter months if required.

**ROUTINE AND RECREATION :** Breakfast in bed, evening prayers, television, radio, books and piano.

**CHARGES:** £15.00 per week shared. £16.50 per week Single room.

**RECEIVING DAY :** Monday afternoon

**DISCHARGE DAY:** Monday morning

**VISITING DAY :** Any day.

**STATION:** Bognor Regis. 14.02 pm train from Victoria is met at Bognor Regis station.

**GENERAL :** The house is situated on the sea front within easy reach of shops.

**APPLICATIONS :** to the Matron.

## THE VICTORIA CONVALESCENT HOME

THE ESPLANADE,  
BOGNOR REGIS,  
SUSSEX.

(Bognor 23042)

**PATIENTS:** Women, men and married couples aged 16-70, but older cases will receive consideration. General convalescence including Asthma, mild heart cases, diabetics. Subject to the absolute discretion of the Medical Officer and/or Matron a limited number of controlled colostomies can be accepted.

**Ineligible :** Normal exclusions. Bed cases.

**RELIGION :** Undenominational.

**BEDS:** 40 beds in all. 30 in wards mostly cubicled. 6 single rooms. 2 double rooms. 6 beds are on the ground floor. There is a lift.

**TREATMENT :** No special treatments. Simple and approved gastric diets are arranged. Simple dressings.

**STAFF: Chief Resident Officer:** Matron (SRN).

**Nursing Staff:** 1 Nurse SRN (resident).  
2 Nursing Auxiliaries.  
1 Night Nurse.

**Medical Staff :** Dr Greenway (visiting).

**LENGTH OF STAY :** As required.

**ROUTINE AND RECREATION :** The patients may rest in their rooms in the afternoons. Piano, wireless, books, television.

**Visiting Day :** Any day.

**CHARGES:** £8.75 per week. Single rooms £12.00 per week. Double rooms £10.00 per week each.

**RECEIVING DAYS :** Mondays.

**DISCHARGE DAY:** Mondays.

**STATION :** Bognor Regis, from Victoria. The Home is 7 minutes' walk from the station.

**GENERAL :** The Home was built in 1897 and stands on the sea front. It has a pleasant garden and is near to shops etc. Fully centrally heated. Television.

**APPLICATIONS :** to the Secretary, The Victoria Convalescent Home, Roselawn, Rose Walk, Seaford, Sussex (Seaford 893950).

## **HAHNEMANN CONVALESCENT HOME**

**HAHNEMANN ROAD,  
WEST CLIFF,  
BOURNEMOUTH,  
HANTS BH2 5JW**

**(Bournemouth 20115)**

**PATIENTS :** Women. General convalescence. Subject to the absolute discretion of the Medical Officer and/or Sister-in-Charge, a few emotionally disturbed patients can sometimes be accepted. Such patients must have already RECEIVED treatment for their condition and be in the convalescent stage.

**Ineligible :** Patients suffering from Pulmonary Tuberculosis. Advanced Heart Disease. Bronchitis or Bronchial Asthma. Fits (Epileptic or other). Diabetes (or Special Diet), cases of incontinence or recovering from infectious disease. Patients under the age of 15.

**RELIGION :** Undenominational.

**BEDS :** 28. Lift available, but stone steps to main entrance.

**TREATMENT :** No diets. Most light dressings undertaken.

**STAFF : Chief Resident Officer :** Matron (SRN).

**Nursing Staff :** 1 SRN; 2 SEN; 2 Nursing Auxiliaries.

**Medical Staff :** Dr Rachel Hatfield.

**LENGTH OF STAY :** Minimum 2 weeks.

**ROUTINE AND RECREATION :** Patients get up at 8 am and are in bed by 9.30 pm. They are, if able, expected to make their own beds, but are not required to do any other form of domestic work. All patients rest in the afternoon. There is a library, wireless, piano and television.

**Visiting:** Daily, unrestricted.

**STATION :** Bournemouth Central, from Waterloo, thence by taxi to the Home.

**GENERAL :** Built in 1878 in a residential district near the sea on top of the cliffs.

**APPLICATIONS :** to Matron.

## THE MENTAL AFTER CARE ASSOCIATION

KING'S HOUSE, 1 EARLE ROAD,  
WESTBOURNE,  
BOURNEMOUTH

**PATIENTS:** Men and Women suffering from some degree of mental disability.  
Normally long-stay but recuperative holidays also given.

**Ineligible:** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION:** Undenominational.

**BEDS:** 31. 1-4, according to size of rooms.

**TREATMENT:** Mental rehabilitation.

**STAFF:** Three resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY:** Recuperative holidays or indefinite long-term care.

**ROUTINE AND RECREATION:** All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities encouraged.

**CHARGES:** £10.50 per week.

**RECEIVING DAY:** }  
**DISCHARGE DAY** } Any week-day.

**STATION:** Bournemouth Central—frequent trains from Waterloo.

**GENERAL:** Detached residence with garden, close to Alum Chine and bus routes to surrounding areas of Bournemouth.

**APPLICATIONS:** To The Secretary, The Mental After Care Association, Eagle House, 110 Jermy Street, London, SW1Y 6HB.

## ST JOSEPH'S CONVALESCENT HOME

11 & 13 BRANKSOME WOOD ROAD,  
BOURNEMOUTH,  
HANTS, BH2 6BU

(Bournemouth 27869) Staff  
( „ 23772) Patients

**PATIENTS :** Men and women aged 16-80. General convalescence. Subject to the absolute discretion of the Medical Officer and/or Matron a limited number of patients with controlled colostomies can be accepted.

**Ineligible:** Asthma or inoperable carcinoma and severe or chronic chest and heart conditions.

**RELIGION :** Roman Catholic. (All denominations taken).

**BEDS :** 30 in men's home including 5 on the ground floor. 40 in women's home. None on ground floor but there is a lift. 16 in new extension for men and women having 12 single and 2 double rooms. This extension has its own lift.

**TREATMENT :** No treatments. Gastric, diabetic and other diets provided. Simple dressings.

**STAFF : Chief Resident Officer :** Reverend Mother.

**Nursing Staff :** 1 SRN 2 SEN.

**Medical Staff :** Dr P J Cremin (visiting).

**LENGTH OF STAY :** 2 weeks to 3 months.

**ROUTINE AND RECREATION :** Breakfast 8.15 am; the women retire at 9.0 pm, and the men at 9.30 pm. Breakfast in bed if necessary. Patients are expected (if able) to make their own beds, and women to wash up dining room cutlery and set tables. Occupational therapy optional. Large summer house in garden of Women's Home. Pianos, Wireless, Coloured Television in each Home.

**Visiting Day :** Any day.

**CHARGES:** £8.00 per week (4/6 bedded rooms). £10.00 per week (2 bedded rooms) £10.00 (private rooms). Single rooms in the new extension £12.00 weekly. Laundry extra.

**RECEIVING DAY :** Any day.

**DISCHARGE DAY :** Same as receiving day.

**STATION :** Bournemouth Central, from Waterloo. Patients make their own way to the Home. Taxis are available.

**GENERAL :** The Home is situated on sloping ground in a residential district, half a mile from the sea. It has an extensive garden. Central heating.

**APPLICATIONS :** to the Reverend Mother including NHS patients.

## CONVALESCENT HOSPITAL FOR OFFICERS

4 PERCIVAL TERRACE,  
BRIGHTON BN2 1FP  
SUSSEX.

(Brighton 66884)

**Joint Committee of the Order of St. John of Jerusalem, and the British Red Cross Society.**

**PATIENTS :** Ex-Service Naval, Army and Air Force Officers, including ex-War Service temporary officers. Wives and widows whose husbands are or were officers. Members of the medical profession, not already eligible as ex-holders of commission in H.M. Forces, who have given service in the Emergency Service during the Second World War and officers of the Merchant Navy. A few beds are available for serving and retired men and women officers, members, auxiliary members of the Order of St. John and the British Red Cross Society.

**Ineligible :** Active Tuberculosis, Mental or Infectious cases. Disabled cases may be admitted in small numbers for short periods.

**RELIGION:** Undenominational.

**BEDS:** 24, mostly single rooms. Lift for invalid chairs.

**TREATMENT :** Diet as necessary; surgical dressings.

**STAFF:** Visiting Medical Officer.

**Nursing Staff :** Matron (SRN); 2 SRN; 2 Assistant Nurses; 4 Male Orderlies.

**LENGTH OF STAY:** 4 weeks.

**ROUTINE AND RECREATION:** There is early morning tea in bed.

Patients retire at 10 pm. Breakfast is provided in bed if necessary. There is a library and television room, etc. Hospital is within easy reach of local golf links, tennis courts, theatre and cinema.

**Visiting day :** unrestricted except meal times.

**CHARGES:** Charges at present £29.40 per week. The Hospital is recognised by the Ministry of Pensions, The Officers' Association and the Royal Air Force Benevolent Fund, who frequently meet hospital expenses.

**RECEIVING DAY:** Monday to Friday inclusive.

**STATION:** Brighton. Hospital is 2 miles from station. Patients travel by taxi as there is no hospital transport.

**GENERAL:** The Hospital stands on the sea front, at the east end of Brighton, with an uninterrupted view over the English Channel.

**APPLICATIONS :** To the Secretary, Convalescent Hospital for Officers, 4 Percival Terrace, Brighton 7



**FRENCH CONVALESCENT HOME****DE COURCEL ROAD****BRIGHTON****SUSSEX, BN2 5TF**

**PATIENTS:** Permanent French aged 60 years and over. Holiday Rest Home for short visits up to 28 days—all nationalities; fully mobile men and women aged 17 upwards.

**RELIGION:** Undenominational. Has own R.C. chapel in the Home.

**BEDS:** 45 private rooms, Lift to all floors.

**TREATMENT:** A limited number of cases needing simple dressings or on light diets.

**STAFF: Chief Officer:** Secretary/Administrator.

**Nursing Staff:** 3 Nuns with some nursing experience.

**Medical Staff:** Medical Officer (visiting).

**LENGTH OF STAY:** Minimum 1 week. (French residents permanently).

**ROUTINE AND RECREATION:** Breakfast at 8.00 am. Tea at 10.30 am. Lunch at 12.30 pm. Tea at 4.00 pm. Supper at 6.30 pm. Hot drinks if required at 8.30 pm. No meals normally served in bedrooms. 3 recreation rooms, television, large enclosed garden.

**VISITING DAYS:** Any day.

**CHARGES:** £18.00 to £25.00 per week. Reduced terms for permanent French.

**RECEIVING DAYS:** Any day.

**DISCHARGE DAYS:** Every day at the end of the convalescence period.

**STATION:** Brighton. Buses Nos. 7; 37; 39; 47. Taxis in station yard.

**GENERAL:** The Home faces the sea, and is served by numerous buses. There is a small shopping centre adjacent in Arundel Street.

**APPLICATIONS:** To the Secretary/Administrator at the London headquarters address and telephone number:—2-12 Osnaburgh St., NW1 3DH (01-387-4612)

**VALUABLE ARTICLES:** The Home cannot accept responsibility for these, and entrants are therefore requested not to fetch them.

## FAIRFIELD HOUSE RESIDENTIAL SCHOOL

FAIRFIELD ROAD, BROADSTAIRS, KENT.

CT10 2JZ

(Telephone 0843-62132)

**OWNERS:** The Save the Children Fund, 29 Queen Anne's Gate, London, SW1H 9DH

**PUPILS:** Girls aged 5-16. Mild maladjustment, delicate, asthmatic, bronchietic, diabetic, epileptic (non-severe, well-controlled). Long stay or short stay.

**Ineligible:** Normal exclusions. Bed cases.

**RELIGION:** Undenominational.

**BEDS:** 52 in rooms containing 2-10 beds. (Provision for total of 65 planned for 1974/75).

**TREATMENT:** Remedial exercises. Special Diets. Comprehensive treatment asthmatics.

**STAFF Chief Resident Officer:** The Headmistress

**Nursing Staff:** 1 SRN: 10 Child Care Assistants

**Medical Staff:** Medical Superintendent attends once weekly—or as required

**Teaching Staff:** 4 Teachers full time; 1 Teacher part time

**LENGTH OF STAY:** Not less than 1 term. (School closes for the holidays)

**ROUTINE AND RECREATION:** The children rise at 7.30 a.m. and go to bed between 7 and 9.30 p.m. according to age. There is a rest after dinner. There is a play-room and large supply of children's books and games, clubs, etc., radio and television.

Fully-equipped Domestic Science Unit and full school curriculum.

Solarium with Vita-glass windows.

Fully-equipped Gymnasium/Assembly Hall due for completion early 1974.

**Visiting:** Preferably at week-ends, but by arrangement.

**CHARGES:** Payable by Local Education Authority.

**RECEIVING DAY:** Beginning of School terms. Four term year: January, April, July, October, and when vacancies occur.

**DISCHARGE DAY:** Last day of each School term.

**STATION:** Broadstairs, from Victoria. Pupils are met at Broadstairs station.

**GENERAL:** A Victorian house with  $4\frac{3}{4}$  acres of garden and playing space with equipment. About  $1\frac{1}{4}$  miles from the sea.

**APPLICATIONS:** to the Headmistress.

## HEARTS OF OAK BENEFIT SOCIETY HOME

CALLIS COURT ROAD,  
BROADSTAIRS,  
KENT.

(0843 62250)

**PATIENTS :** Men aged not over 70 and women not over 65 with priority for members of the Hearts of Oak Benefit Society or other Friendly Societies. General convalescence.

**Ineligible :** Normal exclusions. Bed cases.

**RELIGION :** Undenominational.

**BEDS :** 37 in single rooms for men, of which 4 are on the ground floor, and 11 in single rooms for women.

**TREATMENT :** Medical and nursing attention in emergency only.

**STAFF :** Chief Resident Officer : Matron.

Nursing Staff : Sister (SEN)

Medical Staff : Dr J M A Jepps (visits twice weekly).

**LENGTH OF STAY :** Normally 2 weeks. Extensions allowed if recommended by the Medical Officer. Maximum 4 weeks.

**ROUTINE AND RECREATION :** Guests should observe the regulations of the Home. Breakfast is at 8.30 am and all patients should be in bed by 10 pm. No form of domestic work is expected from the guests.

There is a library as well as a supply of indoor games including two billiards tables ; radio and television ; in the garden the patients can play bowls. Weekly concerts are organised inside the Home, and there are also occasional coach trips to the surrounding districts.

**Visiting Days :** Wednesday, Saturday and Sunday, 2 to 5 pm.

**CHARGES :** £11.55 per week (non-members) inclusive of VAT. No charge to members whose membership covers Convalescent Home benefit. All residents are responsible for their personal laundry.

**RECEIVING DAY :** Thursday, after 2 pm.

**DISCHARGE DAY :** Thursday, prior to mid-day.

**STATION :** Broadstairs, from Victoria. Patients met at the station with a car, if travelling by train and notice given to the Matron.

**GENERAL :** The buildings, which are modern, stand about a mile back from the sea in 10½ acres of ground. Lift serves all floors.

**APPLICATIONS :** to the Hearts of Oak Benefit Society, Hearts of Oak House, Euston Road, London, NW1 2DL (01-387-5020) or direct to the Matron (0843 62250).

## ST MARY'S HOME FOR CHILDREN

(The Sisters of the Church)  
NORTH FORELAND ROAD,  
BROADSTAIRS,  
KENT.

(Thanet 62314)

Parent Society : Church Extension Association, Inc., St. Michael's Convent,  
Ham Common, Richmond, Surrey.

**PATIENTS :** Boys aged 3-9. Girls aged 3-15. "In care". Occasional vacancies for short periods of convalescence. Noninfectious T.B. contacts. Malnutrition Emotionally disturbed.

**RELIGION :** Church of England. (All denominations accepted).

**BEDS :** 36.

**STAFF : Chief Resident Officer :** Sister-in-Charge.

Staff : 1 Assistant (Sister of the Community); 9 Resident Assistants, plus part-time non residents.

Medical Staff : Dr D Chastell.  
Dr C H T Bond MB BCh (Cam).

**LENGTH OF STAY :** According to medical advice.

**ROUTINE :** Children get up at 7 am and retire between 6-10 pm. Rest according to need. School by arrangement with local authority.

**RECREATION :** Television. Radio. Facilities for indoor and outdoor games. Play ground apparatus—swings, climbing frame, etc.

**Visiting :** Free.

**CHARGES :** £19.00—£22.00 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY :** } By arrangement.

**STATION :** Broadstairs.

**GENERAL :** Well-constructed modern house, centrally heated. Situated on the cliff top, with large gardens, and easy access to the shore.

**APPLICATIONS :** Sister-in-charge at the Home.

## THE MENTAL AFTER CARE ASSOCIATION

31 YORK ROAD,  
CHEAM,  
SURREY.

**PATIENTS :** Women of working age suffering from some degree of mental disability. For long and short stays. Recuperative holidays also given.

**Ineligible :** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS :** 25. Numbers according to size of rooms.

**TREATMENT:** Rehabilitation toward full employment and social independence.

**STAFF:** Two resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY :** Normally 3-6 months, may be extended.

**ROUTINE AND RECREATION:** Meal times to suit residents' hours of employment. All residents make their own beds and help with domestic tasks where possible or reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor and outdoor amusements provided. Outside interests encouraged.

**CHARGES:** £10.50 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY:** } Any week day.

**STATION :** Sutton or Cheam. Frequent trains from Victoria Station, also Green Line Coaches.

**GENERAL:** Detached residence with large garden.

**APPLICATIONS :** To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

## THE MENTAL AFTER CARE ASSOCIATION

78 BARROWGATE ROAD,  
CHISWICK, W4

**PATIENTS :** Men and women in need of rehabilitation or recuperation after a mental illness. Preference given to those under 50 years.

**Ineligible :** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS :** 23. Numbers according to size of rooms, mostly two or three.

**TREATMENT :** Rehabilitation towards full employment and social independence.

**STAFF:** Two resident staff trained or experienced in mental nursing.

**LENGTH OF STAY :** Normally 3-6 months.

**ROUTINE AND RECREATION :** Breakfast and evening meals to suit residents' hours of employment. All residents make their own beds and help with domestic work where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusement provided. Outside interests encouraged.

**CHARGES:** £10.50 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY :** } Any week day.

**STATION :** Turnham Green and thence by bus. Frequent services.

**GENERAL:** Detached residence with garden; close to main road, buses and shops.

**APPLICATIONS :** To the Secretary, The Mental After Care Association, Eagle House,  
110 Jermyn Street, London, SW1Y 6HB

# THE MIDDLESEX HOSPITAL CONVALESCENT HOME

CLACTON-ON-SEA,  
ESSEX, CO15 6EY

(Clacton-on-Sea 22877)  
(Patients—Clacton-on-Sea 21992)

The Home is primarily intended for patients from The Middlesex Hospital. Others are admitted when vacancies permit.

**PATIENTS :** Men and women. General convalescence.

**Ineligible :** Normal exclusions, chronic chest cases in winter and early spring.

**RELIGION :** Undenominational.

**BEDS :** 62. Lifts to all floors.

**TREATMENT :** Diets. Dressings.

**STAFF: Chief Resident Officer:** Nursing Officer (SRN RMN CMB Part 1)

**Nursing Staff:** 3 Sisters (SRN); 7 Staff Nurses; 3 Enrolled Nurses; 10 Nursing Auxiliaries.

**Medical Staff :** Dr C J Haxton visits regularly and when required.

**LENGTH OF STAY :** Usually two weeks.

**ROUTINE AND RECREATION :** Breakfast at 8.30 am is served in bed if necessary. There is a library, wireless and television, a quiet room, and a games room.

**Visiting Day :** Any day 2 to 6 pm, and by arrangement with the Nursing Officer

**RECEIVING DAY :** Tuesday (see arrangements under STATION).

**DISCHARGE DAY :** Tuesday (see arrangements under STATION).

**STATION :** Clacton-on-Sea from Liverpool Street. Patients normally travel by coach from The Middlesex Hospital, leaving there at 9.30 am. On return the coach arrives at the Hospital about 4.45 pm.

**GENERAL :** The Home is situated in delightful grounds, about 5 minutes from the sea and 15 minutes from the town centre.

**APPLICATIONS :** to the Resident Medical Officer, The Middlesex Hospital, London, W1 01-636-8333, extension 347.

## ST MICHAEL'S CONVALESCENT HOME

MARINE PARADE EAST,  
CLACTON-ON-SEA,  
ESSEX, CO15 6JW

(Clacton 23688)

**Owners :** Westminster Sisters of Mercy, 11 Harewood Avenue, NW1.

**PATIENTS :** Women up to 75 years of age—over 75 subject to approval by the Medical Officer. General convalescence. Colostomies. A limited number of emotionally disturbed patients.

**Ineligible :** Normal exclusions. Asthmas, cardiac failure and other severe heart conditions.

**RELIGION :** Roman Catholic. (All denominations taken).

**BEDS :** 85 in single and sharing rooms. Lifts to all floors.

**TREATMENT :** All diets, if notified prior to arrival. All dressings. Physiotherapy should be arranged with Clacton Hospital before patients are sent to the Home

**STAFF : Chief Resident Officer :** Mother Superior.

**Nursing Staff :** Religious Sisters, SRN and Assistant Nurses.

**Medical Staff :** Dr Kennedy McIntyre (visiting).

**LENGTH OF STAY :** As arranged, maximum three months.

**ROUTINE AND RECREATION:** Early tea is served to each patient in bed. Patients are expected to take all meals in the dining room. There is a library. The beach is only a few yards away. There is a Chapel in the Convent grounds, but attendance is not compulsory. Television and wireless. Large balconies overlooking the sea.

**Visiting Hours :** 10 am to 8 pm daily.

**CHARGES:** Single rooms £11.50. Sharing rooms £9.50. Units £15.

**RECEIVING DAYS :** Tuesdays, Thursdays, Fridays and Saturdays. Patients should leave before dinner on the day of departure.

**DISCHARGE DAY :** Any day.

**STATION :** Clacton-on-Sea, from Liverpool Street. Taxis available at Clacton.

**GENERAL :** The Home stands on the sea front and faces south. Central heating and supplementary heating when necessary.

**APPLICATIONS :** to the Matron.



## ST OSYTH'S PRIORY CONVALESCENT HOME

NEAR CLACTON.

ESSEX.

(St. Osyth's 235)

**PATIENTS:** Men and women up to 69. General convalescence. A limited number of colostomy cases can be accepted.

**Ineligible :** Hearts. Asthma. Those unable to climb stairs.

**RELIGION :** Undenominational.

**BEDS :** 36, in rooms containing 1-5 beds. None on ground floor.

**TREATMENT :** General Nursing treatment. Gastric and diabetic diets. Dressings.

**STAFF :** Chief Resident Officer : Matron (SRN).

Nursing Staff : 1 SRN; 1 SEN; 1 Nursing Orderly.

Medical Staff : Dr Colquhoun (visiting).

**LENGTH OF STAY :** Normally 2 weeks.

**ROUTINE AND RECREATION :** Patients are called with tea in bed at 7 am Breakfast at 8.30 am, lunch at 12.30 pm, afternoon tea at 3 pm, evening meal at 6 pm. Light refreshments are provided at 10.30 am and 8.0 pm. Patients go to bed at 9.30 pm. Lights out at 10.0 pm. Wireless. Piano. Billiards. Darts. Television. Table Tennis.

**Visiting Day:** Every day.

**CHARGES :** Payable by Regional Hospital Board.

**RECEIVING DAY:** Monday. (If own transport, please arrive between 3-4 pm).

**STATION :** Clacton-on-Sea from Liverpool Street. (Patients are met). Coaches from King's Cross pass the Home.

**GENERAL:** The Home is a large private residence situated in the centre of the village, two miles from the sea. The grounds are very interesting, containing several historical buildings and the gardens provide many interesting walks.

**APPLICATIONS :** to North East Metropolitan Regional Hospital Board, 40 Eastbourne Terrace, London, W2 (01-262-8011 Ex 207.)

## KING EDWARD VII CONVALESCENT HOME FOR OFFICERS

OSBORNE HOUSE,  
EAST COWES,  
ISLE OF WIGHT. PO32 6JY. (Cowes 2511/2/3)

**Owner :** Department of the Environment, 2 Marsham St., London SW1

**CONVALESCENTS :** Serving Officers (men and women), Ex-Service Officers (men and women), Established Serving and Retired (on pension) Officers of the Civil Service (men and women), Permanently Unestablished Officers (men and women), Colonial Office and Foreign Office. All admissions are subject to House Governor's personal approval.

**RELIGION :** Undenominational.

**BEDS :** 50, mostly in single rooms. 3 ground floor rooms. There is a lift.

**TREATMENT :** Physiotherapy, Remedial exercises. Remedial Hot Pool. Occupational Therapy. Simple dressings. No special diets.

**STAFF : House Governor and Medical Superintendent :** Surgeon Captain L G Topham MD ChB FRCP (Ed) MRCP (Lond) RN (Retd).

**Nursing Staff :** Matron (SRN); 2 Sisters (SRN); 4 SRN; 1 Physiotherapist; 1 Remedial Gymnast.

**Medical Staff :** One of a panel of 15 Hospital and Service Consultants visits monthly.  
2 visiting local Consultants.

**LENGTH OF STAY :** Average 3 weeks.

**ROUTINE AND RECREATION :** According to patient's condition. No domestic work is expected of them.

Golf course and bathing beach. Sailing. Tennis courts, croquet. Clock golf. Recreation hall with stage, billiards, library, radio and television. Indoor and outdoor entertainments organised frequently.

**Visiting Day :** Any day (see GENERAL).

**CHARGES:** No charge to Serving Officers and Ministry of Pensions cases. At present £2.50 per day for ex-Officers and Civil Service Officers. 5p a day to "Sports Fund".

**RECEIVING AND DISCHARGE DAYS :** Monday, Wednesday and Friday.

**STATION :** Ryde, from Waterloo, via Portsmouth Harbour. Patients are met at Ryde, Pier Head by the house car. Cases from the West country via Southampton-East Cowes.

**GENERAL :** Former private home of Queen Victoria, standing in 400 acres of grounds. where there is maintained a Guest House for patients' relatives.

**APPLICATIONS :** to the House Governor/Medical Superintendent, via employing departments in the case of Civil Servants.

**THE OLD RECTORY,  
THE CHURCH'S MINISTRY OF HEALING  
CROWHURST, nr BATTLE,  
SUSSEX.**

(Crowhurst 204)

**PATIENTS :** Those who need rest or are suffering from some personal shock, from the stress of life, or who need a time of convalescence. The family atmosphere and the Services which are held daily in the Chapel are of great value to these individuals. Ambulant patients only.

**RELIGION :** All denominations welcomed.

**BEDS :** 30, mainly in single rooms, but a few double rooms are available for those accompanied by relative or friend.

**TREATMENT :** Personal interviews and a therapeutic programme (Tuesday to Tuesday) designed to aid relaxation, healing and readjustment. Good food but no special diets.

**STAFF : Warden :** The Rev Paul Peters (Anglican), member of the Churches' Council of Healing.

**Visiting Consultants:** The Ven L W Harland (Anglican), The Rev G A Cornforth (Methodist).

**Medical Staff :** Dr Kenneth Brown (visiting).

**LENGTH OF STAY:** Usually 2-3 weeks. Variable by consultation with Warden.

**ROUTINE AND RECREATION:** Breakfast in rooms, main meals in dining room. Family Prayers, 10 am, Evensong 6 pm. The Home is much like a private hotel with drawing room, TV Room, Silent Room and Library, etc. Patients are known as 'visitors' or 'guests'. A weekly therapeutic programme is arranged. Delightful garden and countryside.

**CHARGES:** A Contribution of £19.60 a week is asked (with additional 50p registration fee.)

**RECEIVING DAY :** Midweek is preferred; Tuesday afternoon is best.

**STATION:** Crowhurst, from Charing Cross; 5 minutes' walk.

**GENERAL:** The Home is situated in beautiful country and surrounded by an attractive and secluded garden. Across the valley is the sea, four miles distant. In easy reach of Bexhill and Hastings.

**APPLICATIONS:** to the Warden.

## THE MENTAL AFTER CARE ASSOCIATION

COIGNAFEARN,  
226 PAMPISFORD ROAD,  
S CROYDON,  
SURREY, CR2 6DB

**PATIENTS** : Men and women in need of rehabilitation after mental illness. Preference to those under 50 years. Short recuperative holidays.

**Ineligible** : Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION** : Undenominational.

**BEDS** : 42. Numbers according to size of rooms.

**TREATMENT** : Rehabilitation towards full employment and social independence.

**STAFF** : Four resident staff trained or experienced in mental nursing.

**LENGTH OF STAY** : Normally 3-6 months, may be extended.

**ROUTINE AND RECREATION** : Breakfast and evening meals to suit residents' hours of employment. All residents make their own beds and help with domestic work where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and indoor and outdoor interests provided.

**CHARGES** : £10.50 per week.

**RECEIVING DAY** : }  
**DISCHARGE DAY** : } Any weekday.

**STATION** : East Croydon, thence by 'bus. Frequent trains from Charing Cross or Victoria Stations.

**GENERAL** : Large house and annexe with pleasant garden, overlooking park at rear.

**APPLICATIONS** : To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

## **LLOYD MEMORIAL (PRINTERS) CONVALESCENT HOME**

**DEAL,  
KENT.**

**This Home is closed.**

The Society propose to open a smaller Home, equipped to a high standard, elsewhere on the south coast. When these plans have been effected an appropriate entry will again appear in this Directory.

**YARBURGH CHILDREN'S HOME**

**HIGHFIELD ROAD,  
EAST GRINSTEAD,  
SUSSEX.**

**(East Grinstead 23215)**

**PATIENTS :** Children aged 1-7 years. General convalescence.

**Ineligible :** Bed cases. Normal exclusions. Those requiring special attention at night.

**RELIGION :** Undenominational.

**TREATMENT :** No treatments, diets or dressings. TB contacts, not infectious.

**BEDS :** 18 beds in wards, no ground floor rooms. Isolation ward provided.

**STAFF : Chief Resident Officer :** Matron (NNEB)

**Nursing Staff :** 1 Sister (NNEB); 3 Staff Nurses (NNEB); 6 Student Nursery Nurses; 3 Nursery Assistants; 1 Nightnurse;

**Medical Staff :** Dr M Worlock BA MRCS LRCP (visiting).

**LENGTH OF STAY :** Any length of time from one week to a number of years.

**ROUTINE AND RECREATION :** The children get up at 7.15 am and go to bed at 6-7 pm. Breakfast in bed is provided if necessary. Recreations and nursery school activities outdoors whenever possible. Also indoor nursery school for the older children.

**Visiting Day :** Any day.

**CHARGES:** £17.15 per week.

**RECEIVING DAY :** Any day.

**STATION:** East Grinstead, from Victoria and London Bridge.

**GENERAL :** The Home is a converted house on the outskirts of East Grinstead. There is a garden suitable for small children.

**APPLICATIONS :** to the Matron.

## SELIGMAN CONVALESCENT HOME

ELSTREE COURT, MEADS ROAD,  
EASTBOURNE,  
SUSSEX.

**PATIENTS:** Jewish men and women from 16-75. General Convalescence. Subject to the absolute discretion of the Medical Officer and/or Matron a limited number of patients with controlled colostomies can be accepted.

**Ineligible:** Normal exclusions and bed cases.

**RELIGION:** Jewish.

**BEDS :** 21. 12 for men and 9 for women. (None on ground floor). There is a lift. Arrangements can sometimes be made for married couples.

**TREATMENT:** Light medical treatment. Simple gastric or diabetic diets.

**STAFF: Chief Resident Officer:** Matron.

**Medical Officer :** Dr D A L Ashforth.

**LENGTH OF STAY:** 2 weeks. (An extension may be granted on recommendation of the Medical Officer or by arrangement).

**ROUTINE AND RECREATION:** Breakfast at 8.30 am and patients retire about 10 pm. They may rest after lunch in comfortable lounges. There is television and wireless.

**VISITING DAYS :** Any day from 2-4 pm except Wednesday.

**CHARGES:** Non-members from £19.00 + VAT per week. A reduction in charge to Non-members is made during the winter period—October to March.

**RECEIVING DAY:** Wednesday.

**DISCHARGE DAY:** Wednesday.

**STATION:** Eastbourne.

**GENERAL:** The Home is intended for those who seek convalescence in an orthodox Jewish atmosphere. Synagogue attached to the Home.

**APPLICATIONS :** To the United Jewish Friendly Society, Absa House, 46 Commercial Road, London, E1 1LW Telephone 01-709-0838.

## THE MENTAL AFTER CARE ASSOCIATION

THE HILL HOUSE,  
PORTSMOUTH ROAD,  
ESHER.  
SURREY, KT10 9LP

**PATIENTS:** Men and Women suffering from some degree of mental disability. Normally long-stay but recuperative holidays also given.

**Ineligible:** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION:** Undenominational.

**BEDS:** 35, 1-5, according to size of rooms.

**TREATMENT:** Mental rehabilitation.

**STAFF:** Four resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY:** Recuperative holidays or indefinite long-term care.

**ROUTINE AND RECREATION:** All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities arranged.

**CHARGES:** £10.50 per week.

RECEIVING DAY }  
DISCHARGE DAY } Any week-day

**STATION:** Esher—frequent trains from Waterloo or Green Line coach No 715

**GENERAL:** Large house and garden on bus route to town centre.

**APPLICATIONS:** To The Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.



**FARNHAM PARK REHABILITATION CENTRE****FARNHAM ROYAL,  
BUCKS. SL2 3LP****Tel: Farnham Common 2271/2**

**PATIENTS:** Ambulant cases, able to climb one flight of stairs with hand-rails. Men and women, in-patients aged 18-60, out-patients aged 16-65, who, through a balanced programme of physiotherapy, remedial exercises, occupational therapy and hydrotherapy appropriate to the condition, are capable of being restored to full earning capacity in about two months or less or, in the case of permanent disability to such capacity as the disability will allow.

**INELIGIBLE:** Normal exclusions. Cases suffering from incontinence of urine or faeces or nocturnal enuresis. Psychosis, severe neurosis, asthma, total blindness, epilepsy, unbalanced diabetes, infectious or contagious disease. Any cases needing night nursing apart from emergency.

**RELIGION:** Undenominational.

**BEDS:** 53, in 2 to 8-bedded rooms on first floor.

**TREATMENT:** Physiotherapy, remedial exercises, hydrotherapy, work of therapeutic value in workshops and gardens, special diets.

**STAFF: Medical:** J G P Williams, FRCS (Ed) D Phys Med Medical Director, also whole time Medical Assistant.

**Nursing:** Matron (SRN), 3 Nursing Sisters, 4 Physiotherapists, 3 remedial gymnasts, 5 occupational therapists.

**LENGTH OF STAY:** Average 6 weeks.

**ROUTINE AND RECREATION:** Patients are graded as to their disability and re-examined by medical staff weekly or as necessary. DRO attends weekly. There is a library, games room, radiogram, television. Concerts arranged. Putting, tennis, bowls, extensive gardens.

**Visiting:** Monday - Friday 5.0 to 6.0 pm, Saturday and Sunday 2 to 4.30 pm.

**RECEIVING DAYS :** Monday. (Except by special arrangement).

**STATION:** Slough.

**GENERAL:** Centre is a large house situated in 8 acres of garden and lawn, within easy reach of Slough and Windsor by bus. Car parking available (at owners risk)

**APPLICATIONS:** to the Medical Director on the prescribed form with clinical and social notes.

## THE MENTAL AFTER CARE ASSOCIATION

RUSSELL HOUSE, 13 MARINE PARADE,  
FOLKESTONE,  
KENT.

**PATIENTS :** Men and women suffering from some degree of mental disability. Normally long-stay but recuperative holidays also given.

**Ineligible :** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS :** 24. 1-4 according to size of rooms.

**TREATMENT :** Mental rehabilitation.

**STAFF :** Three resident staff trained or experienced in mental nursing.

**LENGTH OF STAY :** Recuperative holidays or indefinite long-term care.

**ROUTINE AND RECREATION:** All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities encouraged.

**CHARGES:** £10.50 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY:** } Any week-day.

**STATION :** Folkestone Central—frequent trains from Charing Cross.

**GENERAL :** Large house facing sea and near Leas and Harbour.

**APPLICATIONS:** to the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

## **SAINT DOMINIC'S OPEN AIR SCHOOL FOR BOYS**

**MOUNT OLIVET,  
HAMBLEDON,  
GODALMING, SURREY.**

**(Wormley 2741)**

**Parent Society :** The Sisters of the Sacred Hearts of Jesus and Mary, address and telephone number as above.

**PATIENTS :** Boys aged 5-16. Asthma, Malnutrition, Debility, Hæmophilia, Spastic, Eczema, Diabetes, Phenylketonuria.

**Ineligible :** Bed cases. All other complaints.

**RELIGION :** Roman Catholic. (Children of all denominations taken).

**BEDS :** 80, all in wards. Some on ground floor. Classrooms are all on ground floor. Isolation accommodation is provided.

**TREATMENT :** Breathing exercises. Postural drainage. Daily tonic dressings. Coeliac and Gastric diets.

**STAFF :** Chief Resident Officer : Sister Superior.

**Nursing Staff :** 1 SRN; 1 Assistant Nurse.

**Medical Staff :** Dr Gethen (visiting).

**LENGTH OF STAY :** No limit.

**ROUTINE AND RECREATION :** The boys rise at 8 am and retire in groups from 7-9 pm.

The Home has a playroom and a library, and there are ample facilities for indoor and outdoor games.

**Visiting Days :** By arrangement with parents.

**CHARGES :** Payable by Local Education Authority.

**RECEIVING DAY :** No special day.

**DISCHARGE DAY :** When children are considered fit.

**STATION :** Witley, from Waterloo. A bus from the station passes near the Home.

**GENERAL :** A Victorian house, 500 feet above sea-level with a large garden, which includes a playground, football pitch, tennis court and swimming pool.

**APPLICATIONS :** to the Superintendent at the Home.

## EDITH CAVELL HOME OF REST FOR NURSES

COOMBE HEAD,  
HASLEMERE,  
SURREY.

(Haslemere 2711)

**PATIENTS :** Practising Nurses and Midwives requiring rest.

**Ineligible:** Male nurses and those requiring nursing or medical treatment.

**RELIGION :** Undenominational.

**BEDS :** 9, in single rooms.

**TREATMENT :** No treatments, diets or dressings.

**STAFF : Chief Resident Officer :** Superintendent.

**Nursing Staff :** None.

**Medical Staff:** Doctor attends on request

**LENGTH OF STAY :** Up to 2 or 3 weeks. Sometimes extended.

**ROUTINE AND RECREATION :** Visitors rise about 8.30 am and retire at 10.30 pm.  
Opportunities for indoor and outdoor games, picnics, etc, in summer. There is a piano, television and wireless.

**CHARGES:** £7.70 per week.

**RECEIVING DAY:** }  
**DISCHARGE DAY:** } Preferably Saturday but any day except Sunday.

**STATION :** Haslemere, from Waterloo. When possible, visitors are met at the station with a car, for which a charge is made. Taxis are also available.

**GENERAL :** A modern house, standing high in beautiful country.

**APPLICATIONS :** to the Secretary, Edith Cavell Home of Rest for Nurses, 1 Vere Street, London, W1M 9HQ (01-629 1618).

**ST. FRANCIS DE SALES SPECIAL SCHOOL**

**2 Beach Road, Hayling Island,  
Hants PO11 OAD**

**(Hayling Island. 3759)**

**Parent Society:** The Sisters of the Sacred Hearts of Jesus and Mary.

**PATIENTS:** Boys 5 to 12 years. Severely mentally subnormal

**RELIGION:** Roman Catholic (Children of all denominations received.)

**BEDS:** 50

**TREATMENT:** General health care and training, taking into account the physical, intellectual, emotional and social aptitudes of their respective development. Speech therapy.

**STAFF: Chief Resident Officer:** Sister Superior

**Nursing Staff:** 2 S.E.N Sisters

**Medical Staff:** Dr. D. H. Broughton (Visiting)

**Teaching staff:** 1 Qualified Head teacher with Diploma for SSN children  
also 4 Sisters with Diploma for severely subnormal boys.

**LENGTH OF STAY:** up to school leaving age.

**ROUTINE AND RECREATION:** The children breakfast at 8 am and retire in groups according to age and condition from 7 pm to 9 pm. There is an abundance of equipment in the classrooms and gymnasium so that each boy can gain knowledge and training through experimental activity. Music is considered essential as also craft work games and rhythmic activities. There are indoor and outdoor recreational facilities of every kind and frequent outings.

**VISITING:** Parents and friends may come any weekend.

**CHARGES:** Payable by Local Education Authorities.

**RECEIVING DAY:** By arrangement with Sister Superior.

**STATION:** Havant. Thence by Haling Island Bus (174) to Beachlands Terminus.

**GENERAL:** The School faces the English Channel, has a large garden, is close to the beach and there is a fine park within easy reach.

**APPLICATIONS:** arranged by Local Education Authorities.

## **FRIENDLY SOCIETIES' CONVALESCENT HOME**

**BELTINGE,  
HERNE BAY,  
KENT.**

**(A Registered Charity supported by Friendly Societies operating in the Metropolitan Area).**

**PATIENTS :** Men and women from 16; Age limit of 80 years of age. (Subject to the absolute discretion of the Medical Officer and Matron one or two emotionally disturbed patients can sometimes be admitted during quiet periods of the year. They must have received treatment and be in the convalescent stage and an undertaking to remove should they suffer a relapse and disturb other patients must be given. A limited number of patients with controlled colostomies can be accepted under like conditions.)

**Ineligible :** Normal exclusions. Bed cases. Epileptics, pregnant and mental cases.

**RELIGION :** Undenominational.

**BEDS :** 60 for men and 40 for women.

**TREATMENT :** No treatments. Light gastric diets. There is a lift but no ground floor bedrooms.

**STAFF : Chief Resident Officer :** Matron.

Assistant Matron.

**Medical Staff :** Dr P H Watkins (visiting).

**LENGTH OF STAY :** Minimum of 2 weeks, extension may be granted on recommendation of the Medical Officer.

**ROUTINE AND RECREATION :** Breakfast at 8.45 am. There is a library, television and sound radio and facilities for billiards, darts, bowls, putting.

**Visiting Day :** Any day except Thursday, after 2 pm.

**CHARGES:** £16.00 per week (abated for hospital, local authorities and subscribing societies).

**RECEIVING AND DISCHARGE DAY :** Thursday.

**STATION :** Herne Bay. Patients are met by arrangement.

**GENERAL :** A large well-built Home standing in 15 acres of grounds, with a good bus service to the station and seafront.

**APPLICATIONS :** to the Secretary, Friendly Societies' Convalescent Home, 309 Upper Street, London, N1 (01-226-1944).

## THE RAILWAY CONVALESCENT HOME

RECVLVER ROAD,  
BELTINGE,  
HERNE BAY, KENT.  
CT6 6LF

(022-73-4084)

**PATIENTS :** Male Employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes, and those up to 5 years after retirement and 3 years following redundancy.

**Ineligible:** Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

**RELIGION:** Undenominational.

**BEDS:** 83 in wards containing 3-12 beds; 3 beds on ground floor. (Beddage will be reduced following modernisation in 1974).

**TREATMENT:** No treatment. Gastric and Diabetic diets. Simple dressings. Colostomy case admitted, under certain circumstances.

**STAFF: Chief Resident Officer:** Matron.

**Nursing Staff:** Assistant/Relief Matron (SRN).

**Medical Staff:** Dr P Watkins (visiting).

**LENGTH OF STAY:** 4 weeks maximum.

**ROUTINE AND RECREATION :** Patients rise at 7 am and retire at 10 pm. All patients are expected to be in the grounds by 9.30 pm. No domestic work is done by the patients.

There are billiards, bagatelle, table tennis, darts, bowls, putting green, piano radio and colour television.

**Visiting Day:** Every afternoon, 2 to 4 pm by arrangement with Matron.

**CHARGES :** None.

**RECEIVING DAYS :** }  
**LEAVING DAYS :** } Tuesday and Thursday.

**STATION :** Herne Bay, from Victoria. Conveyance arranged from and to the station

**GENERAL :** Large gardens supply fresh vegetables, own poultry. The Home is an easy walk from the cliffs.

**APPLICATIONS :** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House", 93-96 Oxford Road, Uxbridge, Middlesex. UB8 1HW. Telephone: Uxbridge 35567/8.

**CATISFIELD HOUSE****55 THE DRIVE,****HOVE.****BN3 3PF****(Brighton 736036)**

**PATIENTS :** Gentlewomen aged 18-70, but older patients will be considered if active.  
General convalescence. Recuperative Holidays occasionally, if beds available.

**Ineligible :** Bed cases, nervous disorders, terminal and inoperable cancer, asthma, diabetics and patients on special diet, or requiring surgical dressings or injections, colostomy cases.

**RELIGION :** Undenominational.

**BEDS :** 19 single rooms, all with running hot and cold water (2 on ground floor). There is a lift to all floors.

**TREATMENT :** Medicines (oral only). Physiotherapy if arranged prior to admission.

**STAFF : Chief Resident Officer:** Matron.

Assistant Matrons.

**Medical Staff:** Medical Officer (visiting).

**LENGTH OF STAY :** 2-3 weeks, extended only at discretion of Medical Officer.

**ROUTINE AND RECREATION :** Breakfast in bed. Ladies are asked to be downstairs for morning coffee at 10 am. Aim is to provide a happy homelike atmosphere, free from domestic work and with as few rules and regulations as possible. Lounge and Television room. Use of beach hut during summer months.

**Visiting Times :** Daily 10—12.30 or from 4.30—6.30.

**CHARGES:** Under review

**RECEIVING DAYS :** Every afternoon except Sunday and Bank Holidays.

**STATION :** Brighton or Hove from Victoria and London Bridge. Taxis available at both stations.

**GENERAL:** Founded 1924 by endowment, a converted private house in centre of town, near sea and shops, very comfortably equipped with a pleasant garden and sun loggia. Opposite Hove Parish Church. Roman Catholic Church and bus stops adjacent.

**APPLICATIONS :** to the Matron.



## CONVALESCENT POLICE SEASIDE HOME

205 Kingsway,  
HOVE,  
SUSSEX, BN3 4FD

(Tel: 0273 773991)

**PATIENTS** : Men and women actually serving in the Police Force and Police pensioners, requiring general convalescence. Police pensioners and Police Officers on annual leave taken by arrangement.

**Ineligible** : Cases of phthisis, fits and certain Mental disorders.

**RELIGION** : Undenominational.

**BEDS** : 53 of which 41 are in single rooms. There are two lifts.

**TREATMENT** : All types of diets. Dressings. Injections.

**STAFF : Chief Resident Officer**: Superintendent, D. H. Holmes

**Nursing Staff**: 2 SRN

**Medical Staff**: 2 Visiting Doctors.

**LENGTH OF STAY** : 2 weeks, which can be extended if necessary.

**ROUTINE AND RECREATION** : The patients get up at 7.30 am and go to bed at 11.00 pm.

Billiards, table tennis, library, television, coach drives, and beach chalet

**Visiting Day** : Any day.

**CHARGES** : On application.

**RECEIVING DAYS** : Tuesday and Friday (other days by arrangement).

**DISCHARGE DAYS**: Tuesdays and Fridays.

**STATION** : Hove, from Victoria or London Bridge. Patients are met at the station.

**GENERAL** : The Home is very comfortable and well equipped.

**APPLICATIONS** : To the Chief Medical Officer, Tintagel House, Albert Embankment, London SE1 7UD for Metropolitan Police officers ; to the appropriate Chief Constable for officers of all other Forces. Pensioners and officers on annual leave, direct to the Superintendent.

## LONDON TRANSPORT BENEVOLENT FUND

**'PHILBEACH' CONVALESCENT HOME**

**STATION ROAD, HYTHE, KENT.**

**(Hythe 67013)**

**PATIENTS:** Women Employees of London Transport Executive who are contributors to the London Transport Benevolent Fund and the wives of members who may be accompanied by not more than three children under eight years of age. The Home is also available to wives and widows of retired members. Admission can also be arranged for women who, although not members of the Fund, are sponsored by Fund members, and by arrangement with hospitals, trade unions and other organisations.

**Ineligible:** Normal exclusions, asthmatics and heart cases (unless adequately controlled.)

**RELIGION:** Undenominational.

**BEDS:** 83. 1 to 4 according to size of rooms. Lift.

**TREATMENT:** No treatments. Simple dressings. All diets. Limited number of plaster cases accepted.

**STAFF: Chief Resident Officer:** Matron (SRN).

**Nursing Staff:** Assistant Matron (SEN).

**Medical Staff:** Drs J Comyn and J Barham (visiting).

**LENGTH OF STAY:** 2 weeks (3 weeks maximum on doctor's recommendation).

**ROUTINE AND RECREATION:** Patients rise at 7.30 am with early morning tea and take breakfast at 8.30 am. All children are in bed by 7.30 pm and patients at 10.30 pm. No domestic work is done by patients but, if possible, patients are required to make their own beds. Smoking is allowed in the common rooms but not in the bedrooms. Films, colour television, putting green, table tennis library, hair dressing salon, outdoor and indoor childrens playground. Other facilities include laundry and baby feeding and changing rooms.

**Visiting:** Any day (Tuesday excepted) between 9.30 am and 12.30 pm and between 2 pm and 6 pm. Cars are not permitted in the grounds.

**CHARGES:** Members—no charge. Other organisations £10.00 + VAT per week. (excluding fares).

**RECEIVING AND LEAVING DAY:** Tuesday.

**TRAVEL ARRANGEMENTS:** Coach from and to Selbie House, Allsop Place, Baker Street, London, NW1.

**STATION:** The nearest station is Sandling Junction, from Charing Cross (Southern Region), but the most convenient means of reaching the home is by train to Folkestone Central and then by bus to the "Classic" cinema, Hythe.

**GENERAL:** Nine acres of lawns, woodlands and gardens overlooking the sea. 10 minutes walk to sea front. Bus service.

**APPLICATIONS:** To the Secretary, London Transport Benevolent Fund, Selbie House Allsop Place, London, NW1 Telephone 01-935-3826/0923.

## THE DOMINICAN CONVALESCENT HOME

LONDON ROAD,  
KELVEDON,  
NEAR COLCHESTER,

ESSEX. CO5 9AN (Matron—Kelvedon 70359)  
(Residents—Kelvedon 70405)

**Sisters of the Order of St. Dominic.**

**PATIENTS :** Women over 16 years. General convalescence and rest.

**Ineligible :** Normal exclusions. Infirm. Bed cases. Colostomies.

**RELIGION :** Roman Catholic. (Patients of other denominations taken).

**BEDS :** 28, of which 14 are on the ground floor ; the remaining 14, single and double rooms, are served by a lift.

**TREATMENT :** No treatments. Gastric and diabetic diets provided. Simple dressings.

**STAFF : Chief Resident Officer :** Matron.

**Nursing Staff:** 2 SRN; 1 Assistant Nurse; 1 part time SRN.

**Medical Staff :** Dr Spear, Dr Willett (visiting).

**LENGTH OF STAY :** Usually 2 to 4 weeks, extended in special cases.

**ROUTINE AND RECREATION :** Breakfast at 8.30 am. Patients retire not later than 10 pm. They are expected to make their own beds if they are able to, and keep their rooms tidy. Colour Television.

**Visiting Day :** Any day 2 pm to 9 pm.

**CHARGES:** £17.25 per week.

**RECEIVING AND DISCHARGE DAYS :** Tuesdays and Thursdays.

**STATION :** Kelvedon from Liverpool Street, every two hours (49 minutes). Patients are met at Kelvedon Station.

**GENERAL :** The building stands in pleasant country surroundings and has a good garden. The sea is within easy reach by bus or train. 1 hour to Clacton-on-Sea.

**APPLICATIONS :** to the Matron at the Home.

NHS patients: to the NE Metropolitan Regional Hospital Board, 40 Eastbourne Terrace, London, W2 (01-262-8011).

## MAUREEN'S OAST HOUSE FOR ARTHRITICS

LAMBERHURST,

KENT.

**PATIENTS:** Arthritic men and women, for holiday period.

**Ineligible:** Normal exclusions. Cases over 10 stone in weight, needing lifting; Incontinent cases.

**RELIGION:** Undenominational.

**BEDS:** 5 single bedrooms on ground floor, sliding doors, hand rails for support.

**TREATMENT:** No treatment, but nursing care, dressings and injections when required.

**STAFF:** Matron-in-Charge.

Married couple.

**Medical Staff:** Local Doctor visits at request.

**LENGTH OF STAY:** 13 days.

**ROUTINE AND RECREATION:** Early morning tea about 8.00 am. Breakfast 8.30 am in bed. Patients may retire when they wish but not later than 10.30 pm. Television, wireless, books and games. Patients taken for occasional drives, circumstances permitting.

**VISITING:** Any day by arrangement.

**CHARGES:** £10.00 per week, to sponsoring organisation.

**RECEIVING DAY:** Monday, in time for lunch.

**DISCHARGE DAY:** Saturday morning.

**TRANSPORT:** (Transport to Maureen's Oast House by arrangement.) Arthritics are collected and returned by ambulance.

**GENERAL:** The house stands in an acre of a delightful garden on high ground. It is carpeted throughout, central heating, no stairs. Adjustable chairs and beds, plus many other features to ensure the comfort and safety of patients.

**APPLICATIONS:** To The Secretary, "Maureens Oast House," 4 Hans Crescent, London, S.W.1. (01-235-1432).

# **SOUTHERN CONVALESCENT HOMES, INC.**

**THE BELL MEMORIAL HOME,  
SOUTH STREET,  
LANCING,  
SUSSEX.**

**(Lancing 2020)**

**PATIENTS:** Women aged 14-75 years. Married couples in double rooms. General convalescence. Mild Asthmas. Subject to the absolute discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage. Subject to the same discretion a limited number of patients with controlled colostomies can be accepted.

**Ineligible:** Normal exclusions. Bed cases.

**RELIGION :** Undenominational.

**BEDS :** 18 in shared rooms (3 per room), 23 single rooms and 6 double rooms.

**TREATMENTS:** No treatments or diets. Dry dressings. A lift has recently been installed

**STAFF : The Resident Superintendent :** Mr Leeks.

**Nursing Staff :** Matron and Assistant (untrained).

**Medical Staff :** Dr T D Collier (visiting) Dr M Berkley (visiting).

**LENGTH OF STAY :** Usually 2 or 3 weeks.

**ROUTINE AND RECREATION:** The patients rise at 8.15 am and retire at 10 pm. Patients are expected to give a certain amount of help with making beds and washing up.

Impromptu concerts and excursions are organised from time to time.

**Visiting Day :** Any day.

**CHARGES:** £7.50 per week (shared rooms). £8.50 per week (single rooms). £8.50 (double rooms). When sharing room is used as double £12.00 per person.

**RECEIVING DAY :** Saturday (after 2 pm).

**DEPARTURE DAY:** Friday.

**STATION :** Lancing. 1.23 pm train from Victoria (change at Shoreham-by-Sea).

**GENERAL :** The Home stands a little back from the sea, about 2 minutes to the seashore.

**APPLICATIONS :** to the Secretary, Sister Ivy Baldock, The Bell Memorial Home, 164 South Street, Lancing, Sussex BN15 8AZ (090-63-2020).

## **TYRWHITT HOUSE**

**OAKLAWN ROAD,  
LEATHERHEAD,  
SURREY.**

**Parent Society : The Ex-Services Mental Welfare Society. (Registered in accordance with the National Assistance Act, 1948 and the Charities Act, 1960)**

**PATIENTS :** All ranks of all branches of Her Majesty's Forces, including ex-officers and men of the Mercantile Marine, suffering from Psychoses or Neuroses arising from active or long regular service. Before admission all patients have to undergo a Psychiatric examination by the Society's Consultant or full medical reports submitted for his consideration.

**Ineligible:** Those who on psychiatric examination are found to require active medical treatment. Epileptics. Bed cases.

**RELIGION :** Undenominational.

**BEDS :** 20.

**TREATMENT :** Skilled psychiatric nursing. Rehabilitation by gardening, cardboard-box making, etc., which is organised by an experienced Occupational Supervisor, working in close co-operation with the Nursing Staff.

**STAFF: Chief Resident Officer:** Matron.

**Nursing Staff :** 2 Sisters.

**Chief Consultant:** Dr J F D Murphy MD FRC Psych DPM.

**LENGTH OF STAY :** In accordance with medical advice.

**RECEIVING DAY :** Any day, except Saturday or Sunday.

**DISCHARGE DAY :** At the discretion of Chief Consultant.

**STATION :** Leatherhead from Waterloo, 'bus runs close to the House.

**GENERAL:** Patients considered suitable may be later transferred to Thermega Ltd., manufacturers of electrical appliances, to work under sheltered conditions.

This industrial colony employs mentally disabled men and women.

**APPLICATIONS :** to the General Secretary, Ex-Services Mental Welfare Society, 37 Thurloe Street, London, SW7 2LL (01-584-8688).

## CAXTON CONVALESCENT HOME

LIMPSFIELD CHART,  
SURREY. RH8 OTE

**PATIENTS :** Men and women aged 18-80. General convalescence. People in any way associated with the printing industry have priority. A few married couples can be accepted.

**Ineligible :** Normal exclusions. Non-ambulant cases. Borderline cases will be considered.

**RELIGION :** Undenominational.

**BEDS :** 46 in 2, & 3 bed rooms, all fitted h & c. There is a lift.

**TREATMENTS :** No treatments. Light dressings, injections; diets considered.

**STAFF : Chief Resident Officer :** Superintendent

**Nursing Staff :** None

**Medical Staff :** Dr M Myers (visiting).

**LENGTH OF STAY :** Usually 3 weeks, with extensions to 3 months maximum.

**ROUTINE AND RECREATION :** The patients rise at 8 am and retire by 10 pm. They are not allowed to do any work in the Home, except making their beds. There is a library as well as television, billiards, bagatelle and facilities for other indoor and outdoor games, putting green.

**Visiting Day :** Any day between 2 to 5 pm (Not more than 2 visitors per patient).

**CHARGES :** Members of the Printing Industry provided they are 50p per year subscribers are taken for 3 weeks free of charge: extensions granted by arrangement. Fees for non-subscribers apply to the Superintendent. There is free travel from London to the Home for subscribers, together with minibus from Oxted Station to the Home. Non-subscribers pay own fare; free transport is available from Oxted Station to the home and return.

**RECEIVING DAY:** Saturday afternoon.

**DISCHARGE DAY :** Friday.

**STATION :** Oxted, from Victoria or London Bridge. Patients travelling by the 14.09 train from Victoria are met at the station.

**GENERAL :** A modern building standing in good grounds. All bedroom windows face South and have a good open view.

**APPLICATIONS :** to the Superintendent at above address. 'Phone Limpsfield Chart 2213

**LIMPSFIELD CONVALESCENT HOME FOR WOMEN**

**WOLF'S ROW,  
LIMPSFIELD,  
SURREY, RH8 0EB**

**(Oxted 2096)**

**PATIENTS :** Women over 60. General convalescence after illness or operation.

**Ineligible :** Normal exclusions. Bed cases.

**RELIGION :** Undenominational.

**BEDS :** 16 beds, 4 shared rooms—3 single rooms. 5 beds on the ground floor.

**TREATMENT :** Dry dressings. Injections. No special diets. No asthma cases.

**STAFF: Chief Resident Officer: Matron:** Miss J O'Sullivan

**Medical Staff:** Dr M Myers (Visiting).

**LENGTH OF STAY :** 2-3 weeks, or longer if required.

**ROUTINE AND RECREATION:** The patients rise at 8.30 am and go to bed at 9.30 pm. Rest from 2 to 4 pm.

Television, wireless, car drives and quiet outings are arranged.

**Visiting Days:** Wednesday and Sunday afternoons. Other times by arrangement.

**CHARGES:** £10.00 per week shared room, £12.00 single room.

**RECEIVING DAYS :** }  
**DISCHARGE DAYS :** } Tuesday and Friday.

**STATION:** Oxted is the station for Limpsfield. London patients should travel from Victoria (direct) by the 2.9 pm train. The taxi charge is 25p.

**GENERAL :** The Home is a "Cottage Home," built in 1939 in delightful country on the edge of Limpsfield Common.

**APPLICATIONS:** to the Matron.



## WENHAM HOLT CONVALESCENT HOME

HILLBROW,  
LISS,  
NR PETERSFIELD,  
HANTS.

Office (Liss 2340)  
Patients (Liss 2174)

**PATIENTS :** Women over 18 years only. General convalescence after acute illness and operation. As there is a steep approach to the garden, this Home is unsuitable for the aged and asthmatic.

**Ineligible :** Normal exclusions. Bed cases.

**RELIGION :** Undenominational.

**BEDS :** 30, in wards of 3-5 beds. 1 ground floor room (5 beds). There is a lift between ground and first floors.

**STAFF: Chief Resident Officer:** Sister-in-Charge.

**Nursing Staff:** 3 SRN; 2 Assistant Nurses; 6 other whole or part-time Nurses.

**Medical Staff :** Dr J M S Knott (visiting Consultant Physician).  
A local General Practitioner is on call.

**LENGTH OF STAY :** Two weeks.

**ROUTINE AND RECREATION :** The patients rise between 8 and 10 am and retire between 8 and 9 pm. They may have breakfast in bed if they wish during the first week. The lounge is equipped with television. There is also a quiet room.

**Visiting Day :** Any day, 2.30 pm to 7 pm.

**RECEIVING DAYS :** Monday, Tuesday and Friday.

**STATION:** Petersfield. From Waterloo via Guildford, and from Portsmouth. No. 24 Alder Valley bus passes the Home and leaves Petersfield Station on weekdays every other hour at 10 minutes past the hour (even hours). Sunday service leaves Petersfield Station at 11.55 13.55, 16.55. Return journeys on weekdays at 28 minutes past the hour (odd hours) and on Sundays at 13.27, 16.27, 19.27. Southdown express coach (Victoria-Portsmouth) will stop at the gates.

**GENERAL:** Fairly modern building on high ground standing back from the main A3 London-Portsmouth road in  $7\frac{1}{2}$  acres of gardens and woodland with beautiful country views. About 25 miles from Portsmouth.

**APPLICATIONS:** to the Sister-in-Charge, Monday to Friday between 10 am and 12 noon by phone.

**RUSTINGTON CONVALESCENT HOME FOR MEN**  
**LITTLEHAMPTON,**  
**SUSSEX.**

**(Rustington 3368)**

**Governors : The Worshipful Company of Carpenters.**

**PATIENTS :** Men aged 16-70+. General convalescence to enable patient to resume his employment. Subject to the absolute discretion of the Medical Officer and/or Matron a limited number of controlled colostomies can be accepted.

**Ineligible :** Normal exclusions. Severe heart cases. Asthma (from 1st Oct.-1st May). Bronchitis (from 1st Oct.-1st May).

**RELIGION :** Undenominational.

**BEDS :** 41 in single and double rooms all with H and C water.

**TREATMENT :** No treatments. Gastric diets. Simple post-operative dressings.

**STAFF : Nursing Staff :** Matron, Deputy Matron and 2 Nursing Sisters. 4 in all (SRN).

**Medical Staff :** Dr P Owen (visiting).

**LENGTH OF STAY :** 2 weeks, may be extended if recommended by Medical Officer of the Home.

**ROUTINE AND RECREATION :** The patients rise for breakfast at 8-15 am, and retire by 9.30 pm. They may rest on their beds during the afternoon if they so wish. No form of domestic work is expected of them. Separate rooms for billiards and television. Bowls and putting course on the lawns in front of the Home.

**Visiting Day :** Any day, until 8 pm, preferably in the afternoon.

**CHARGES :** £7.00 per week.

**RECEIVING AND DISCHARGE DAY :** Wednesday.

**STATION :** Littlehampton, 10.25 am train from Victoria. Burchell's Taxi from Littlehampton Station (fare paid by Home).

**GENERAL :** The Home stands in its own grounds of 9 acres facing the sea and has recently undergone complete modernisation including installation of a lift.

**APPLICATIONS :** to the Secretary, The Rustington Convalescent Home, Carpenter's Hall, 1 Throgmorton Avenue, London, EC2 (01-588-1347).

NHS patients : to the SW Metropolitan Regional Hospital Board, 40 Eastbourne Terrace, London, W2 (01-262-8011).

# THE RAILWAY CONVALESCENT HOME, "SHOTTENDANE"

SHOTTENDANE ROAD,

MARGATE, KENT.

CT9 4BS.

(0843 3-23761)

**PATIENTS :** Female Employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. (Wives, provided the husband is of working age and contributes to the Railway Convalescent Homes). Also retired personnel up to 5 years after retirement date and 3 years following redundancy (this applies also to wives of retired personnel).

**Ineligible:** Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

**RELIGION :** Undenominational.

**BEDS:** 28, in wards containing 2 to 3 beds. Hot and cold water in most wards.

**TREATMENT:** No treatments. Gastric and diabetic diets. Simple dressings. Colostomy cases admitted, under certain conditions.

**STAFF : Chief Resident Officer :** Matron (SRN).

**Nursing Staff :** Assistant/Relief Matron (SRN).

**Medical Staff :** Dr T G Paterson (visiting).

**LENGTH OF STAY :** 4 weeks maximum.

**ROUTINE AND RECREATION :** Patients rise at 7 am and retire at 10 pm. All patients are expected to be in grounds by 9.30 pm. No domestic work is done by the patients.

There is a supply of games, piano and radio and colour television.

**Visiting Day:** Every afternoon 2 to 4 pm by arrangement with Matron.

**CHARGES :** None.

**RECEIVING DAYS :** } Tuesday and Thursday.  
**LEAVING DAYS :** }

**STATION :** Margate, from Victoria. Conveyance arranged from and to the Station.

**GENERAL :** Large gardens supply fresh vegetables. Excellent grounds where patients may rest. The Home is within walking distance of the Promenade (approx 1 mile). Bus to town is 20 minutes.

**APPLICATIONS:** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex, UB8 1HW. Telephone: Uxbridge 35567/8.

## PRINCESS LOUISE CONVALESCENT HOME

NAZEING, ESSEX.

(Nazeing 3132)

**PATIENTS :** Women from 16 years of age, requiring general convalescence. Applications from patients over 70 will be carefully considered, but the number accepted for admission has to be restricted. Stabilised diabetic patients, those having gastric diets, and surgical patients requiring simple dressings.

**Ineligible:** Bed cases, chronic bronchitics and asthmatics, patients with congestive heart failure and those having anti-coagulant treatment.

**RELIGION :** Undenominational.

**BEDS :** 20. All on ground floor. Cubicled, in two dormitories, no private rooms.

**TREATMENT :** See under "Patients" above.

**STAFF:** Sister I/C, Deputy Sister, SRN, 2 Enrolled Nurses, 1 Ward Orderly.

**Medical Staff:** Dr F Beilby (visiting).

**LENGTH OF STAY :** Two weeks, but longer if particularly requested by the Doctor.

**ROUTINE AND RECREATION :** Patients rise at 7.30 am and retire at 9.30 pm. One hour's rest in the afternoon or as required. There is colour television.

**Visiting Day :** Daily from 14.00 to 19.00 hrs. (Visitors are asked to avoid meal times)

**RECEIVING DAY :** Wednesday, or by arrangement.

**DISCHARGE DAY :** Discharges normally take place also on Wednesday, but they may be arranged for Saturday or Sunday in certain circumstances.

**STATION:** Broxbourne from Liverpool Street. There is a bus from the Station (No 327) direct to the Home on Monday to Saturday. There is no bus service to the Home on a Sunday but taxis are available at Broxbourne Station. For patients requiring transport, orders should be given to the local Ambulance Authority, who make convoy arrangements.

**GENERAL :** It is a bungalow-type Home with small garden and terrace overlooking countryside, but not near the sea. The drive in is a steep slope leading from the road to the front door, and this may limit some patients to the actual precincts of the building and terrace.

**APPLICATIONS :** to the Senior Medical Social Worker, The Prince of Wales General Hospital, The Green, Tottenham, N15 (01-808-1081).

**NETLEY CASTLE CONVALESCENT HOME**

**NETLEY ABBEY,  
NEAR SOUTHAMPTON,  
HANTS, SO3 5FA**

**(Hamble 2257)**

**PATIENTS :** Men aged 16-75. Surgical post-operative and medical up and able to look after themselves.

**Ineligible :** Bed cases. Colostomies. Patients who are unable to manage stairs.

**RELIGION :** Undenominational.

**BEDS :** 42, in rooms containing 3-4 beds and one with 6 beds.

**TREATMENT :** Gastric diets. (Stage III only). Only minor dressings and treatments.

**STAFF :** Sister in Charge.

**Nursing Staff :** 8, including Registered and Enrolled Nurses.

**Medical Staff:** Dr C C Bamber (visiting).

**LENGTH OF STAY :** Average 2-3 weeks.

**ROUTINE AND RECREATION :** There is a set daily routine—breakfast 8.15 am and patients retire at 10 pm. Patients are allowed out at any time, but are expected to be in to main meals, and in by 9 pm. Billiards and equipment for indoor and outdoor games are available. Library facilities by arrangement with Administrative Officer.

**Visiting Day :** Any day 10 am to 8 pm.

**RECEIVING DAY :** Monday, or other days by arrangement.

**DISCHARGE DAY :** Monday (Fortnightly) or Saturday/Sunday by arrangement.

**STATION :** Netley, from Waterloo. Change at Southampton Station. Bus from Netley Station to Convalescent Home. Patients are met at Southampton on Mondays at 1.12 pm by Hospital coach.

**GENERAL :** The Home is an ancestral house centrally heated throughout, overlooking Southampton Water, commanding views of the New Forest, The Solent, Isle of Wight, etc. The grounds are extensive, with considerable water frontage.

**APPLICATIONS :** to the Administrative Officer.

Closed for four weeks during the month of August and for one week at Christmas.

## PIRATES SPRING

ST. MARY'S BAY,  
NEW ROMNEY,  
KENT.

(New Romney 3351)

**Parent Society:** The National Society for Mentally Handicapped Children

**PATIENTS:** Short stay and extended care for all grades of mentally handicapped children up to 16 years of age and females in a slightly higher age range, including those suffering from epilepsy or cerebral palsy.

**Ineligible** Infectious diseases and children who are a danger to themselves or others.

**RELIGION:** Undenominational

**BEDS:** 36 (isolation facilities available if necessary)

**TREATMENT:** Child care and social training.

**STAFF:** Matron and 2 Assistant Matrons. Trained care staff day and night.

**Medical Staff:** Visiting Medical Officer and Physiotherapy Adviser.

**LENGTH OF STAY:** Not exceeding one year on initial acceptance; extension beyond that period subject to individual review.

**ROUTINE:** Routine is according to requirements. Well equipped playground and large garden with private access to beach.

**CHARGES:** £24.00 per week

**RECEIVING DAY:** }  
**DISCHARGE DAY:** } By arrangement

**STATION:** Folkestone Central. Bus from market place to St. Mary's Bay Garage.

**APPLICATIONS:** Director of Residential Establishments NSMHC Centre, Pembridge Hall, 17 Pembridge Square, London W.2 4EP. (01-229-8941)

**MEATH SCHOOL**

**BROX ROAD,  
OTTERSRAW,  
NEAR CHERTSEY,  
SURREY.**

**(Ottershaw 2302)**

**Parent Society: The Invalid Children's Aid Association.**

**PUPILS:** Boys aged 8 to 12. Asthma, mild bronchiectasis, other non-infectious chest cases.

**Ineligible:** Boys deemed maladjusted or educationally sub-normal.

**RELIGION:** Undenominational.

**BEDS:** 32

**TREATMENT:** Physiotherapy.

**STAFF: Chief Resident Officer:** Headmaster, R V Thomas.

**Nursing Staff:** Matron (RSCN); Assistant Matron (SEN); Night Nurse,  
1 Child Care Worker.

**Medical Staff:** Dr S J R Macoun MRCP MRCS (visiting Consultant Paediatrician).

Dr C E McQuade MB FRCS (School Medical Officer).

**LENGTH OF STAY:** According to medical necessity; normally a minimum stay of one year. (School holidays spent at home.) Transfer to senior school can be arranged if required. (See Pilgrims School, p 66.)

**STATION:** Woking, from Waterloo.

**ROUTINE AND RECREATION:** The boys get up at 7.30 am. Lights out at 8.15 pm. The curriculum is planned to provide a wide variety of interests; and, in addition to the basic subjects, includes drama, art and various crafts. Cub Pack. School for 4½ hours daily.

**Visiting Day:** By arrangement with the Headmaster.

**CHARGES:** Payable by Local Education Authorities.

**GENERAL:** The School stands in 8 acres of garden and woodland. Swimming pool.

**RECEIVING DAY:** Normally at the beginning of the school term.

**DISCHARGE DAY:** Normally at the end of the school term.

**APPLICATIONS:** to the General Secretary, The Invalid Children's Aid Association.  
126 Buckingham Palace Road, London, SW1W 9SB (01-730-9891).

**MOOR HOUSE SCHOOL**

**HURST GREEN,  
OXTED,  
SURREY, RH8 9AG**

**(Oxted 2271/2)**

Recognised by the Department of Education and Science.

**PATIENTS:** Boys and girls aged 8-16 years, of normal intelligence, suffering from severe speech and language disorders.

Suitability for admission is investigated by the Consultant Paediatrician, Educational Psychologist, Speech Therapists and Educationalists. When necessary cases are referred to a Consultant Plastic Surgeon, an Orthodontist or other Medical Specialists.

**Ineligible :** Normal exclusions: Stammerers. Educationally sub-normal children. Severely spastic cases. Seriously maladjusted children.

**RELIGION:** Undenominational.

**BEDS:** 61

**MEDICAL:** Specialist Medical consultations as required. Routine medical attention. Resident SRN. Intensive speech therapy, each child being given several sessions a week.

**STAFF: Chief Resident Officer:** Headmaster, Mr F W Flaherty  
**Consultant Neurologist:** Dr H Barrie MD MRCP

**RECEIVING DAY:** New entrants will normally be received on the second day of the Terms commencing in January, April and September.

**EDUCATION:** Children receive suitable special education.

**RECREATION:** This is organised by a team of Houseparents under the guidance of a trained Housefather. Playing field and grounds, 6½ acres overall.

**Visiting days:** Most weekends during term.

**CHARGES:** Payable by local Education Authorities.

**LENGTH OF STAY:** As required for satisfactory treatment.

**STATION:** Hurst Green from Victoria or London Bridge. Thence 5 minutes to Moor House.

**GENERAL:** New buildings in course of erection and due for completion mid-1974 will increase accommodation to 80 children.

**APPLICATIONS:** to the Headmaster at the School.



**CRABHILL HOUSE****SOUTH NUTFIELD****REDHILL, SURREY.****(Nutfield Ridge 2221)**

**Parent Society:** The Winged Fellowship Trust. Regd charity no 231924. Regd Office 58, College Road, Dulwich SE 21.

**PATIENTS:** Men and women 16 years and over. For severely disabled people, including incontinents, colostomies etc. For holidays only, throughout the year except January.

**Ineligible:** Normal exclusions but chairbound epileptics and chairbound blind accepted. Chronic bronchitics and asthmatics cannot be accepted unless on specific medical recommendation, and prior discussion.

**RELIGION:** Undenominational

**BEDS:** 32, all ground floor.

**TREATMENT:** Medication, injections—as prescribed by patient's doctor. Simple diabetic diets. Use of swimming pool with assistance.

**STAFF: Chief Resident Officer:** Housemother

**Nursing Staff:** 2 SRN, Resident Assistance, plus voluntary resident and non resident helpers.

**Medical staff:** Dr. J. A. Butler (visiting on request).

**LENGTH OF STAY:** Normally 2 weeks.

**ROUTINE AND RECREATION:** Early morning tea 7.30. Guests assisted with dressing, washing, bathing and toilet and with feeding, as required. Sun lounge, recreation room, indoor heated swimming pool, gardens, TV, radio, record player, library, indoor games, coach outings, visits to shops, village pub., etc. Entertainments most evenings. Guests retire at times of their own choice.

**Visiting day:** any day and time by arrangement with Housemother

**CHARGES:** £21.00 p.w. (1973) through Local Authority, Hospital or private society or privately.

**RECEIVING DAY:** Saturday after 2.00 pm.

**DISCHARGE DAY:** Saturday before 12.00 noon

**STATION:** Redhill (not suitable for wheelchair bound people as flight of steps to exit and ambulance required to bring to centre at S. Nutfield.

**GENERAL:** Rural surroundings near village. Patients sleeping accommodation and facilities in purpose-designed ground floor extension of the original house. The latter contains public rooms and staff accommodation. Level garden. No steps in patients accommodation areas nor in access to open air.

**APPLICATIONS:** to the Winged Fellowship Trust, 79/80 Petty France, London SW1 tel: 01-222-3589 or 3761 (this is the holidays and administration office)

**CROFT ANNEXE****(THE LONDON HOSPITAL)****CHURCH ROAD, SOUTH PARK,****REIGATE,****SURREY, RH2 8HY****(74 42067)**

**Patients taken from The London Hospital only or by arrangement from the North East Metropolitan Regional Board if vacancies permit.**

**PATIENTS :** Women and girls over 12. Medical and surgical cases. No diets.  
Patients must be fully ambulant as there is not a lift.

**RELIGION :** Undenominational.

**BEDS :** 19, in 4 wards. No ground floor rooms.

**TREATMENT :** Physiotherapy given. Small dressings.

**STAFF: Chief Resident Officer :** Sister-in-Charge (SRN).

**Nursing Staff:** Trained Nurses. Nursing Auxiliaries.

**Medical Officer :** Dr D G E Alldridge (Medical Officer in Charge).

**LENGTH OF STAY :** Normal (maximum, 1 month).

**ROUTINE AND RECREATION :** The patients are called at 7 am with tea and have breakfast in bed at 8 am. No school. Comfortable sitting room with separate television facilities. There is a plentiful supply of books.

**Visiting Days :** Daily between 10 am and 12 midday, 2 and 6 pm and 8 to 9 pm.

**RECEIVING & DISCHARGE DAYS :** Friday and Tuesday.

**STATION :** Redhill, from Victoria or London Bridge. Patients are brought from The London Hospital by ambulance. A bus runs from the station to near the Home.

**GENERAL :** An old-fashioned but well adapted house, with a good view and a large garden.

**CATHARINE HOUSE FOR GENTLEWOMEN**

**57 CHURCH ROAD,  
ST LEONARDS-ON-SEA,  
SUSSEX.**

**(Hastings 419)**

**PATIENTS:** Professional and other gentlewomen. General convalescence. Rest.

**Ineligible :** Normal exclusions; bed cases and cases requiring night attention.

**RELIGION :** Undenominational.

**BEDS :** 22 single rooms, 8 on ground floor. All rooms have hot and cold water.

**TREATMENT:** No specialised treatments.

**STAFF : Chief Resident Officer :** Lady Superintendent.

**Nursing Staff:** 1 Sister (SRN); and 1 Assistant part-time Nurse.

**Medical Staff :** Dr Anne Beattie (visiting).

**LENGTH OF STAY:** Usually 2 weeks, extended in special circumstances.

**ROUTINE AND RECREATION :** Breakfast in bed every day. Patients are expected to make their beds and keep their rooms tidy if they are well enough to do so. Television, piano, wireless. Ample sitting-rooms, including Sun Lounge.

**Visiting Day:** Any day. Teas 7½p each visitor.

**CHARGES:** All single rooms £12.00 + VAT per week. Patients also pay for night drinks.

**RECEIVING DAYS :** Any day.

**STATION :** St. Leonards, Warrior Square, from Victoria or Charing Cross. The house is near the station and patients are met if necessary.

**GENERAL :** A very comfortable old-fashioned house, standing high and not far from the shore. Central heating.

**APPLICATIONS:** to the Lady Superintendent at the Home, who will send the necessary application form.

## HERTFORDSHIRE SEASIDE CONVALESCENT HOME

ST LEONARDS-ON-SEA,  
SUSSEX.

(Hastings 553)

**PATIENTS :** Men and women over 14 years old. Priority for residents of Hertfordshire, but patients are accepted from elsewhere. General convalescence. Ambulant plasters. Subject to the absolute discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage. A limited number of controlled colostomies can be accepted, again at such discretion.

**Ineligible :** Bed cases.

**RELIGION :** Undenominational.

**BEDS:** 45. Single and double rooms on two floors. Most rooms have their own sanitary units. No bedrooms on ground floor. Accommodation for married couples.

**TREATMENT :** No treatments or dressings. Simple gastric diets. There is a lift.

**STAFF : Chief Resident Officer:** Matron (SRN).

**Assistants:** 2 Sisters (SRN)

**Medical Staff:** Visiting doctor.

**LENGTH OF STAY :** Up to 19 days.

**ROUTINE AND RECREATION :** There is a supply of indoor and garden games, and a library. Billiards room. Television, wireless. Minibus.

**Visiting Day:** Any day.

**CHARGES:** £13 to £15 + 10% VAT according to accommodation.

**RECEIVING DAY :** Monday.

**DISCHARGE DAY:** Saturday.

**STATION :** West St. Leonards, from Charing Cross. The station is very near the Home.

**GENERAL :** A very pleasant building with a sun lounge, central heating etc., in prominent position with a fine view over the sea. Recent modernisation to a very high standard. Standing in its own grounds and situated on a bus route. A telephone box is available for patients.

**APPLICATIONS :** to the Matron at the Home.

## QUEEN CHARLOTTE'S HOSPITAL FOR WOMEN CONVALESCENT HOME

119-121 WEST HILL ROAD,  
ST LEONARDS-ON-SEA,  
SUSSEX.

(Hastings 1217)

**PATIENTS :** Women who require convalescence following in-patient treatment for gynaecological disorders.

**Ineligible:** Some patients with other conditions as well as their gynaecological conditions cannot be dealt with successfully. In case of doubt enquiries should be addressed to the Matron of the Home.

**RELIGION :** Undenominational.

**BEDS :** 40.

**TREATMENT :** Normal post-operative treatments.

**STAFF: Chief Resident Officer:** Matron (SRN)

**Nursing Staff:** 7 SRN or Assistant Nurses.

**Medical Staff:** Dr W N Ingham (visiting).

**LENGTH OF STAY :** 2 weeks.

**ROUTINE AND RECREATION :** No domestic work is expected of the patients.

**Visiting :** Any day at any reasonable time.

**RECEIVING DAYS :** }  
**DISCHARGE DAYS:** } Mondays and Thursdays.

**STATION :** Warrior Square, Hastings, from Charing Cross.

**GENERAL :** This is a well-equipped Convalescent Home with delightful garden overlooking the sea. Adequate "sitting-out" accommodation.

**APPLICATIONS :** To the Matron at the Home.

## THE MENTAL AFTER CARE ASSOCIATION

CASTLE GLEN, CASTLE ROAD,  
SANDGATE, Nr FOLKESTONE,  
KENT.

**PATIENTS :** Women suffering from some degree of mental disability. Normally long-stay but recuperative holidays also given.

**Ineligible :** Normal exclusions other than mental illness. Bed cases and those requiring nursing care or night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS :** 30. 2-4 according to size of rooms.

**TREATMENT :** Mental rehabilitation.

**STAFF :** Three resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY :** Recuperative holidays or indefinite long term care.

**ROUTINE AND RECREATION :** All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other amusements provided. Outside activities encouraged.

**CHARGES:** £10.50 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY:** } Any week day.

**STATION :** Folkestone Central—frequent trains from Charing Cross.

**GENERAL :** Large house and garden running down to the sea. Near main road to shops and other nearby resorts.

**APPLICATIONS :** To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

## PILGRIMS SCHOOL

FIRLE ROAD,  
SEAFORD,  
SUSSEX.

(Seaford 822697)

**Parent Society :** The Invalid Children's Aid Association.

**PUPILS :** Boys from the ages of 12 to 16. Asthma. Other non-infectious chest conditions.

**Ineligible :** Boys deemed maladjusted or ESN.

**RELIGION :** Undenominational.

**BEDS:** 63 beds.

**TREATMENT:** Physiotherapy.

**STAFF :** Chief Resident Officer : Headmaster—I J Smith

Nursing Staff : Matron. (SRN, RSEN); Assistant Matron; Night Nurse; Housemaster.

Medical Staff: Dr Leslie G Scott FRCP (visiting Consultant Paediatrician).

Dr C G Vokins (School Medical Officer).

**LENGTH OF STAY:** According to medical necessity; normally a minimum stay of one year. (School holidays spent at home).

**ROUTINE AND RECREATION :** The boys get up at 7.30 am; lights out at 8.45 pm. The curriculum is planned to provide a wide variety of interests, and in addition to the basic subjects, includes drama, art and various crafts. Well equipped modern woodwork room and science laboratory. Graded physical training and outdoor sports help the boys towards increased self-confidence and build up a sense of security and of well being. Duke of Edinburgh Award scheme. School for 4½ hours per day—additional study hours for GCE candidates ('O' level). CSE examinations also taken.

**Visiting Day :** By arrangement with the Headmaster.

**CHARGES :** Payable by Local Education Authority.

**RECEIVING DAY :** Normally at beginning of school term.

**DISCHARGE DAY:** Normally at the end of the school term.

**STATION :** Seaford from Victoria.

**GENERAL :** Situated high on the Downs above Seaford with 8 acres of playing space, it is ideally placed for its purpose. The majority of the boys are asthmatic and, in treating them, the emphasis is on normality. Swimming pool. Gymnasium.

**APPLICATIONS :** to the General Secretary, The Invalid Children's Aid Association, 126 Buckingham Palace Road, London, SW1W 9SB (01-730-9891).

## **THE ROYAL BRITISH LEGION CHURCHILL COURT CONVALESCENT HOME**

**KIPPINGTON ROAD,  
SEVENOAKS,  
KENT.**

**(Sevenoaks 52018)**

**PATIENTS :** Ex-Service men and women. General convalescence. Hearts.

**Ineligible :** Normal exclusions ; bed cases ; bronchiectasis. (See Royal British Legion Application Form for details).

**RELIGION :** Undenominational.

**BEDS:** 30 for men, 10 for women; 2 wards for men on ground floor. Wards vary from 2 to 7 beds. There is a lift.

**TREATMENT :** Physiotherapy can be arranged at a clinic in Sevenoaks. Light diets. Simple dressings.

**STAFF : Chief Resident Officer :** Manager.

**Nursing Staff :** Sister.

**Medical Staff :** Dr Dudley E Yarrow (visiting).

**LENGTH OF STAY :** Usually 2 weeks.

**ROUTINE AND RECREATION :** Patients get up at 8 am and lights out is at 10.30 pm. Patients are expected to make their own beds. Billiards, table tennis, croquet, miniature golf, bowls, television.

**CHARGES :** Free. Borne by Royal British Legion. Other Service Funds, etc, are asked to contribute towards cost of maintenance.

**RECEIVING DAY :** Thursday. 2 pm to 4.30 pm.

**DISCHARGE DAY :** Thursday. 9 am to 11.30 am (or Wednesday pm if more convenient).

**STATION :** Sevenoaks, from Charing Cross or London Bridge. Patients met at station.

**GENERAL :** A modern house in the country with a large garden. Comfortably equipped.

**APPLICATIONS:** through Local Service Committees of the Royal British Legion. (Addresses available at Local Post Offices). Medical Social Worker by telephone to Churchill Court, Sevenoaks (0732) 52018.



**DEDISHAM SCHOOL FOR AUTISTIC CHILDREN**

**SLINFOLD, Nr HORSHAM,  
SUSSEX.**

**(Slinfold 257)**

**Parent Society:** The National Society for Autistic Children.

**PATIENTS:** Boys and girls, aged 5-16, who have been diagnosed as autistic, aphasic or non-communicating.

**RELIGION:** Undenominational.

**BEDS:** 28 termly boarders. 7 girls, 21 boys.

**MEDICAL:** Specialist consultations as required. Routine medical attention. Speech therapy.

**STAFF: Chief Resident Officer:** Headmaster.

**Medical Staff:** Consultant Psychiatrist, Dr Joan Wells MD MRCP DPM  
School Medical Officer, Dr David Mathies MB BS DRCOG

**LENGTH OF STAY:** As required for satisfactory treatment.

**ROUTINE AND RECREATION:** Children get up at 7.30 am, and go to bed between 7.30 pm and 8.30 pm.

**School:** 5 hours daily teaching in small groups, on individually planned programmes.

**Recreation:** organised by teaching and child care staff.

**CHARGES:** Payable by local authorities.

**RECEIVING DAY:** By arrangement.

**DISCHARGE DAY:** Normally at the end of term.

**STATION :** Horsham, from Victoria, Waterloo or London Bridge. Buses Nos 33 and 50 run from Horsham Station—passing the end of the drive. Dedisham is situated on the Horsham to Guildford main road.

**VISITING DAY:** By arrangement with the Principal.

**GENERAL:** The school faces South and has an open view over fields. It is registered with the Department of Education and Science as an Independent, Residential Special School.

**APPLICATIONS:** To the National Society Head office, 1A Golders Green Rd. London, NW11 8EA

**WORDSWORTH HOUSE**

**SWANAGE,  
DORSET, BH19 2HR**

**(Swanage 2577)**

**PATIENTS :** Women.

**Ineligible :** Normal exclusions.

**RELIGION :** A Church of England Home, but members of other denominations accepted.

**BEDS:** 16 Single rooms, 8 double rooms, 3 three bedded rooms.

**TREATMENT :** No diets.

**STAFF :** No nursing staff.

**LENGTH OF STAY:** As recommended. Maximum 1 Month

**ROUTINE AND RECREATION :** Breakfast 9 am. Lunch 1 pm. Supper 6.00 pm.  
(Except on Sundays when it is High Tea at 5.30 pm.) Visitors are expected to make their own beds. Television Room, well stocked library, radio.

**Visiting Day :** Visiting at any time.

**CHARGES:** On application to the Warden.

**RECEIVING DAY :** } Saturday from May to October, any week day at other times of  
**DEPARTURE DAY:** } the year.

**STATION:** Wareham from Waterloo. Coach from Victoria to Bournemouth and then No 7 bus to Swanage.

**GENERAL :** Wordsworth House, built in 1908, is situated the Durlston side of Swanage. Partial central heating. Hot and cold water in all rooms. There is a private chapel within the building, and guests are invited to attend daily prayers and occasional services taken by the Clergy. Early tea and hot drinks at night are available at a small extra charge. Buses from the pier—No 104—stop outside the house. House closed during October for staff holidays.

**APPLICATIONS :** to the Warden, Wordsworth House, Swanage.

**SPELTHORNE ST MARY****THORPE, NR EGHAM,****SURREY.****(Chertsey 63112)****Owners : Community of St. Mary the Virgin, Wantage.****PATIENTS :** Women alcoholics and drug addicts.**Ineligible :** Any other type of case.**RELIGION :** Church of England, but any denomination received.**BEDS :** 48—all single rooms.**TREATMENT :** Treatment according to the nature of the case. Occupational therapy;  
Group-therapy.**STAFF : Chief Resident Executive Officer :** Sister Superior.**Nursing Staff :** 2 SRN Sisters of the Community; 2 SEN Staff.**Medical Staff :** Dr S J Poots (visiting Physician).  
Dr C Harris } (Consultant Psychiatrists).  
Dr M M Glatt }**LENGTH OF STAY :** At Doctor's discretion. Ordinarily 6 months.**ROUTINE AND RECREATION :** Breakfast 8 am. Lights out 10.30 pm. Meals in bed as necessary. A graded programme of occupation, rest and recreation is provided according to individual needs. Training facilities in Crafts, Gardening and Cooking. There is a hard tennis-court, croquet and miniature golf; TV, a radiogram and a good library both of books and records; expeditions are arranged to places of interest.**CHARGES :** £16 to £20 per week.**RECEIVING DAY :** }  
**DISCHARGE DAY :** } Any day.**STATION :** Virginia Water or Egham nearest, but bus service only from Staines. (All stations from Waterloo).**GENERAL :** The house stands in 22 acres of parkland.**APPLICATIONS :** to the Sister Superior at the Home.

**ST CATHERINE'S SCHOOL**

GROVE ROAD,  
VENTNOR,  
ISLE OF WIGHT, PO38 1TT

**(852722)**

**PATIENTS:** Boys aged 5-13½ years; girls aged 5 to 13½ years on admission. General convalescence. Bronchitis. Post-operative convalescent chest cases. Asthma and Eczema. Long term debility. Malnutrition. Fibrocystics.

**Ineligible :** Normal exclusions. Bed cases.

**RELIGION :** Church of England.

**BEDS :** 154 in wards containing 2-16 beds. Some on ground floor.

**TREATMENT :** As required. Remedial exercises and breathing exercises for Asthma Physiotherapy where necessary. Simple dressings.

**STAFF :** Chief Resident Officer : Sister-in-Charge.

Nursing Staff: 4 SRN, 2 SEN, Remedial Gymnast and suitably trained staff.

Medical Officer : Dr B J Periera, MB, BS

**LENGTH OF STAY :** Minimum one term.

**ROUTINE AND RECREATION:** The children rise at 7.45 or 8 am and go to bed between 6.30 and 8 pm, according to age. There is a one-hour rest in the afternoon. School holidays: Saturday and Sunday.

The Home has a gymnasium and library as well as a supply of indoor games. There are also football and cricket pitches, and troops for Scouts and Cubs and Brownies. Heated Swimming Pool.

**Visiting Days :** Saturday and Sunday, once a month or by arrangement with Sister-in-Charge.

**CHARGES :** Payable by Local Education Authority.

**RECEIVING DAY :** Termly or during term if vacancy available.

**STATION :** Regular train services operate between Waterloo and Portsmouth, and connect with the boats from Portsmouth Harbour to Ryde Pier Head. From Ryde Pier the journey is continued by train to Shanklin and by bus to Ventnor, or by bus from Ryde Esplanade to Ventnor.

**GENERAL :** The Home, which was built in 1895, has since been modernised. It stands 250 feet above sea-level and is sheltered from the north by St Boniface Down. It faces south, and has large grounds.

**APPLICATIONS :** to the Sister-in-Charge.

## **SAMUEL LEWIS SEASIDE CONVALESCENT HOME**

**5 SUNNY POINT,  
WALTON-ON-NAZE,  
ESSEX.**

**(Frinton-on-Sea 5627)  
02556**

**PATIENTS :** Jewish men and women. General convalescence. Subject to the absolute discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage.

**Ineligible :** Normal exclusions ; bed cases.

**RELIGION :** Jewish. The Home has its own Synagogue.

**BEDS :** 86, in wards of 1-12 beds. Some ground floor rooms. There is a lift.

**TREATMENT :** Simple medical treatment. Diets. Simple dressings.

**STAFF : Chief Resident Officer :** Matron (SRN)

**Nursing Staff :** 5 SRN, 7 Auxiliaries.

**Medical Officer :** Dr W R Kynan (visiting).

**LENGTH OF STAY :** 2-4 weeks.

**ROUTINE AND RECREATION :** Indoor games are provided. Radio, TV and miniature golf.

**Visiting Days :** Monday, Wednesday, Thursday and Sunday 2 pm to 5 pm.

**CHARGES :** Through Divisional Medical Officers for recuperative holidays. NE Metropolitan RHB for convalescent cases. Private patients by arrangement

**RECEIVING AND DISCHARGE DAY:** Tuesday.

**STATION :** Walton-on-Naze, from Liverpool Street. Patients are conveyed from London by coach.

**GENERAL :** The Home which was built about 60 years ago has since been modernised and faces the sea.

**APPLICATIONS :** to Divisional Medical Officers for recuperative holidays ; to NE Metropolitan Regional Hospital Board, 40 Eastbourne Terrace, London W2 (01-262-8011) for convalescence. Other patients to Jewish Welfare Board, Homes Administration Dept, Lionel Cohen House, 74a Charlotte Street, London, W1P 2AH (01-636-1644).

**LULWORTH COURT**  
**CHALKWELL ESPLANADE,**  
**WESTCLIFF-ON-SEA**  
**ESSEX.**

**Parent Society :** Queen Elizabeth's Foundation for the Disabled.

**PATIENTS :** Severely disabled men and women over 16.

**Ineligible :** Those suffering from mental disorders, infectious or contagious diseases, those who are senile and/or liable to make a disturbance at night, and those who are bedridden.

**RELIGION :** Undenominational.

**BEDS:** 20. In rooms with 3 to 6 beds.

**TREATMENT:** Full nursing care.

**STAFF : Chief Resident Officer :** Superintendent (SRN.)

**Nursing Staff:** 1 SRN, 6 Assistant Nurses or as required.

**Medical Staff:** Visiting doctor.

**LENGTH OF STAY:** Approximately 2 weeks

**ROUTINE AND RECREATION:** Breakfast in bed. Any special instructions observed. Large sitting room overlooking sea front; colour TV. Purpose built shelter with toilet facilities on the Promenade. Outings and entertainments arranged. entertainments arranged.

**CHARGES:** Approximately £20.00 per week. (subject to review)

**RECEIVING DAY :** Late afternoons three times weekly.

**DISCHARGE DAY:** Mornings three times weekly.

**STATION:** Westcliff-on-Sea.

**GENERAL:** On the sea front in a residential area, close to Southend-on-Sea. The house is specially adapted for the severely disabled and there is a lift to take patients in standard sized wheelchairs to first floor and 4 bedrooms. One ground floor bedroom.

**Visiting Day:** Any day.

**APPLICATIONS :** to Miss M P Hurn, Holiday Organizer, Queen Elizabeth's Foundation for the Disabled, Leatherhead, Surrey KT22 0BN (Oxshott 2204).

**CHEYNE HOSPITAL****WOODLAND WAY,  
WEST WICKHAM,  
KENT, BR4 9LT****(777 1955)**

**PATIENTS :** Patients from one month to 10 years old suffering from all types of long term illnesses, orthopaedic, and medical, requiring treatment and schooling.  
**Ineligible :** Diabetic patients.

**RELIGION :** Undenominational.

**BEDS :** 35. All wards on the ground floor. All beds can be wheeled on to open terraces.

**TREATMENT :** Treatment and diets as recommended by Consultants. Full physiotherapy service. Hydrotherapy Unit.

**STAFF:** Sister in charge, with supporting nursing staff, responsible to Senior Nursing Officer, Children's Area, Bromley Group of Hospitals.

**Medical Staff:** Full consultant, paediatric, cardiological and orthopaedic and dental service.

**LENGTH OF STAY:** Decided on merit of individual case.

**ROUTINE AND RECREATION :** TV, radio and record players in all wards. Film shows and car rides. Cub and Brownie activities with local packs. Sunshine coach, garden with roundabout and swings and large well-equipped playroom.

**EDUCATION :** Special schoolrooms, 3 teachers. General subjects and handicrafts up to and including 11 plus, provided by the London Education Authority.

**Visiting:** Every day from 3 to 6.30 pm and at other times by arrangement. Children go home for weekends and school holidays if possible.

**STATION :** To East Croydon from Victoria or Waterloo then bus 119 to Woodland Way, or West Wickham from Charing Cross.

**GENERAL :** The hospital is pleasantly situated in 12 acres of grounds.

**APPLICATIONS :** to the Sister-in-Charge at the Hospital.

## THE MENTAL AFTER CARE ASSOCIATION

ROYAL OAK HOUSE, 9/11 EGBERT ROAD,  
WESTGATE-ON-SEA,  
KENT.

**PATIENTS :** Women suffering from some degree of mental disability. Minimum age 45 years. Normally long-stay but recuperative holidays also given.

**Ineligible :** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS :** 39. 1-5 according to size of rooms.

**TREATMENT :** Mental rehabilitation.

**STAFF :** Three resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY :** Recuperative holidays or indefinite long term care.

**ROUTINE AND RECREATION :** All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other indoor amusement provided. Outside activities encouraged.

**CHARGES:** £10.50 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY:** } Any week day.

**STATION :** Westgate-on-Sea—frequent trains from Victoria.

**GENERAL :** Large house—one minute from the sea.

**APPLICATIONS :** To the Secretary, The Mental After Care Association, Eagle House,  
110 Jermyn Street, London, SW1Y 6HB



**ST CECILIA'S**  
**WEST BAY,**  
**WESTGATE-ON-SEA,**  
**KENT. (Thanet 31461—Superintendent)**  
**(0843 31409—Guests)**

**Parent Society : Musicians' Benevolent Fund**

**PATIENTS :** Professional musicians, both men and women, needing a recuperative rest or convalescence after illness. Members of other professions (not over 70 years of age) accepted when accommodation is available.

**Ineligible :** Normal exclusions, coronaries, most heart conditions, colostomies, bronchial or asthmatic conditions and all cases requiring diets or nursing.

**RELIGION :** Undenominational.

**BEDS :** 21 singles in 15 rooms, 6 of which are on the ground floor.

**TREATMENT :** None. **No diets.** (In general, set meals are planned on a low starch—high protein basis).

**STAFF : Chief Resident Officer :** Lady Superintendent. (S.R.N.)

**Medical Staff :** Dr R G Taylor.

**LENGTH OF STAY :** Normally 2 weeks: can be extended on medical recommendation when accommodation is available.

**ROUTINE AND RECREATION :** Early tea 8.0 am, breakfast 9.0 am, luncheon 12.30 pm, dinner 6.0 pm, hot drinks 8.0 pm, house closed 10.0 pm. Food cannot be served in bedrooms or between meal times.

Piano, wireless, television, indoor games and library.

**Visiting Day:** Any day.

**CHARGES: Musicians:** £7.35 per week from April to October and £6.30 per week from November to March or according to circumstances.

**Non-Musicians:** £12.60 per week April-October (inclusive). £10.50 November-March; and this also applies to those coming through the Recuperative Holiday Scheme.

**RECEIVING DAY :** Wednesday. Guests are asked to write time of arrival to Superintendent.

**DISCHARGE DAY:** Wednesday.

**STATION :** Birchington or Margate Trains from Victoria at 40 minutes past each hour. 10.40 am and 2.40 pm recommended.

**GENERAL :** The Home is a modern, well-planned building, on the seafront, and is very comfortably equipped. Hot and cold water in all bedrooms. Central heating.

**APPLICATIONS :** to the Director General, Musicians' Benevolent Fund, St. Cecilia's House, 16 Ogle Street, London, W1P 7LG (01-636-4481/2).

**DANESWOOD CONVALESCENT HOME**

**ASPLEY HEATH  
WOBurn SANDS,  
NEAR BLETCHLEY,  
BUCKS.**

**(Official) Woburn Sands 3113  
(Patients) Woburn Sands 2372**

**PATIENTS :** Women and girls from 14-75 years of age. General convalescence.

**Ineligible :** Colostomies and Asthmas.

**RELIGION :** Undenominational.

**BEDS:** 50, in small wards, chiefly 2 or 4 bed wards. No ground-floor rooms or lift.

**TREATMENT :** As required. Physiotherapy can be arranged at Edgbury Hospital nearby. All diets and dressings provided.

**STAFF : Chief Officer :** Nursing Officer

**Nursing Staff :** Trained nurses.

Enrolled nurses.

Nursing auxiliaries.

**Medical Staff:** Dr G Worden (visiting).

**LENGTH OF STAY :** 2 weeks.

**ROUTINE AND RECREATION :** Patients rise and retire at varying times according to individual conditions. There are library facilities, wireless, television, indoor games. Also facilities for washing and ironing personal laundry. Library service organised by the British Red Cross. Shopping facilities provided by Women's Royal Voluntary Service.

**Visiting :** Unrestricted visiting up to 9 pm.

**RECEIVING DAY :** Monday to Friday.

**DISCHARGE DAY :** Normally 14 days after admission, eg admitted on a Tuesday discharged on a Tuesday.

**STATION :** Bletchley. GLC patients admitted on Tuesdays and Wednesdays and patients from Buckinghamshire hospitals on Mondays and Fridays.

**GENERAL :** Two-storied building standing on high ground, with attractive wooded district all round.

**APPLICATIONS:** to the Nursing Officer, Edgbury Hospital, Woburn Sands (Woburn Sands 2392)

**KINGSBURY**  
**COLEY AVENUE,**  
**WOKING, SURREY.**  
**Church Army Short-stay Home.**

(Woking 63304)

**PATIENTS:** Men and women over 60 years of age for holiday periods, or care and attention when relatives are away, post-hospital periods of rest and care.

**Ineligible :** Normal exclusions, lung diseases including asthma in advanced stages. Diabetics. Confusion. Epileptics and Incontinent cases.

**RELIGION:** Church of England, but non-Church of England are received.

**BEDS :** 24 cubicle rooms including 7 on the ground floor. One single room on the first floor and six single rooms on the ground floor. There is a lift.

**TREATMENT:** No treatment, but light Diets provided.

**STAFF:** Church Army Sister in charge, Assistant and Three General Assistants.

**Medical Staff:** Doctor attends weekly or at request.

**LENGTH OF STAY:** Maximum 4 weeks, although extensions are allowed in special circumstances.

**ROUTINE AND RECREATION :** Visitors have breakfast at 9 am. Those who can are asked to make their own beds, which are equipped with modern interior spring mattresses, but this is undertaken for the more frail.

**Visiting:** Any day.

**CHARGES:** £11.55 per week.

**RECEIVING DAY:** By arrangement with the Church Army Headquarters, Sunset Homes Department, to whom all applications should be made.

**DISCHARGE DAY:** By arrangement with CA Headquarters.

**STATION:** Woking.

**GENERAL:** The Home is centrally heated and well equipped; ten minutes' walk from Station.

**APPLICATIONS:** The Church Army Headquarters, Sunset Homes Department, PO Box 67, 185 Marylebone Road, NW1 5 QL

**ST PETER'S CONVENT**

**MAYBURY HILL,  
WOKING,  
SURREY.**

**(Woking 61137)**

**PATIENTS :** Women up to 70. Consideration is given to a limited number of patients over 70 who are genuinely convalescent and mentally alert. General medical and post-operative convalescence. Hearts. Orthopaedic cases.

**Ineligible:** Asthma, fits, (epileptic or other), infectious and skin diseases. Neurosis, cancer in advanced stage, or if liable to be offensive to others.

**RELIGION :** Anglican Community. (All denominations accepted).

**BEDS:** Convalescent—First floor—total 20. (Large Ward, 11. Small ward, 4. Balcony, 4 one small private room). Geriatric—a wing of 11 single rooms, for long-term private patients.

**TREATMENT :** Simple medical treatments. Mild gastric diets. Simple dressings.

**STAFF : Chief Resident Officer :** Reverend Mother Superior.

**Nursing Staff :** Assistant Superior (SRN); 5 SRN and 2 part time SRN; 2 SEN; 1 Dispenser.

**Medical Staff :** Mr L G Higgins  
Dr Dalglish  
Dr K A M Moore  
Dr Rae

} (visiting).

**LENGTH OF STAY :** Usually 2 weeks, but no fixed limit. Usual maximum 1 month.

**ROUTINE AND RECREATION :** All patients have breakfast in bed and retire before or after supper as desired. Afternoon rest if required.

Library, wireless, television. Convalescents allowed out to afternoon cinemas.

**Visiting:** 2 to 5 pm. 7.0 — 7.45 pm for those unable to come in the afternoon.

**CHARGES:** Wards, £12.60. per week Private rooms from £14.70 per week.

**RECEIVING DAY:** Monday, before 12 noon.

**DISCHARGE DAY:** Normally Monday

**STATION :** Woking, from Waterloo, thence by Maybury Hill bus or taxi.

**GENERAL:** Built in 1883, the Convent stands on high ground in 20 acres of ground.

**APPLICATIONS :** to the Admissions Sister of the Community of St. Peter at the Convent (with return postage).

NHS patients: to the SW Metropolitan Regional Hospital Board, 40 Eastbourne Terrace, London, W2

## THE JOHN HORNIMAN SCHOOL

2 PARK ROAD,  
WORTHING,  
SUSSEX.

(Worthing 200317)

**Parent Society : The Invalid Children's Aid Association.**

**PUPILS:** Boys and girls aged 5-9 suffering from severe speech and language disorders.

**Ineligible :** Primary stammers. Educationally sub-normal children. Severely spastic cases. Seriously maladjusted children.

**RELIGION :** Undenominational.

**BEDS :** 24.

**TREATMENT :** Speech therapy. Specialist medical and psychological consultations  
Routine medical supervision.

**STAFF : Chief Resident Officer : Headmistress :** Miss M Palmer.

**Senior Speech Therapist:** Miss F Shaw LCST.

**Audiology Consultations:** Miss C P S Griffiths LCST Dip Aud. MA (Ed.)

**Medical Staff :** Dr A Robinson (Visiting Consultant Paediatrician)

Dr D Palmer School Medical Officer.

**LENGTH OF STAY :** As required for satisfactory treatment or until maximum age.

**ROUTINE AND RECREATION :** Children get up at 7.30 am and go to bed between 6 and 7 pm. Intensive integrated language programme carried out by teachers and speech therapists with individual teaching and speech therapy as required. Regular use made of the school minibus for outings in connection with educational programme and to the Downs for walks and free play.

**Visiting Day :** By arrangement with the Matron.

**CHARGES :** Payable by Local Education Authority.

**RECEIVING DAY :** Normally at the beginning of the Spring and Autumn terms.

**DISCHARGE DAY :** Normally at the end of the Christmas and Summer terms.

**STATION :** Worthing Central.

**GENERAL :** Built as a Convalescent Home for children by John Horniman Trustees about 1890. Entirely redecorated and modernised. Playground and lawn with sandpit and paddling pool. School is opposite the sea and near a recreation ground.

**APPLICATIONS :** to the General Secretary, The Invalid Children's Aid Association, 126 Buckingham Palace Road, London, SW1W 9SB (01-730-9891).

**MILDMAY CONVALESCENT HOME**

**WORDSWORTH ROAD,  
WORTHING,  
SUSSEX, BN11 3JB**

**(Worthing 39875)**

**PATIENTS :** Married couples and Women aged 20 to 70. General convalescence.

**Ineligible :** Normal exclusions. Bed cases. Infirm or advanced cases of illness and those needing night attention. Asthma.

**RELIGION :** Interdenominational.

**BEDS :** 30. Double and single rooms. Lift to first floor. Patients must be able to negotiate a few stairs.

**TREATMENT :** No special treatment. Gastric diets. Simple dressings.

**STAFF: Chief Resident Officer:** Matron, Miss M Jameson SRN SCM.

**Nursing Staff :** Sister (SRN).

**Medical Staff :** Dr R H Neeve MB BSc Lond (visiting).

**LENGTH OF STAY :** 2 weeks.

**ROUTINE AND RECREATION :** Patients get up in time for breakfast at 8.30 am and retire by 9.30 pm. There is a rest hour for everybody after lunch. There is television, games, wireless, a record player and piano. Evening prayers (voluntary).

**Visiting Day :** Every day, by arrangement with Matron.

**CHARGES:** £11.50 per week.

**RECEIVING DAYS:** Mondays, Wednesdays and Fridays, preferably between 2 and 4 pm.

**DISCHARGE DAYS:** As above preferably before 11.30 am.

**STATION:** Victoria to Worthing.

**GENERAL:** A few minutes from the sea, on level ground near to shops.

**APPLICATIONS :** to the Matron.

## THE QUEEN ALEXANDRA HOSPITAL HOME

for Disabled Sailors, Soldiers and Airmen.

GIFFORD HOUSE,

WORTHING,

SUSSEX, BN11 4LJ

(Worthing 202486)

**PATIENTS :** Disabled Ex-Servicemen only. No accommodation for Officers.

**Ineligible :** Cases of tuberculosis and all infectious diseases.

**RELIGION :** Church of England but any denomination received.

**BEDS :** 64. Fifty for permanent patients and fourteen beds available in wards on ground floor for seriously disabled men living at home in need of a change or convalescence with treatment following an illness or operation.

**TREATMENT :** According to Disability. Physiotherapy and Occupational Therapy available.

**STAFF : Medical Officer :** Dr P Murphy MB BCh.

**Matron :** Miss D P Morris SRN.

State Registered Staff.

**LENGTH OF STAY :** At Doctor's discretion and according to demand on beds.

**ROUTINE AND RECREATION :** Television, radio, good library, indoor games.  
Outings and Entertainments arranged by local residents and Societies.

**CHARGES :** Every case considered according to means.

**RECEIVING DAY :** }  
**DISCHARGE DAY :** } Any day.

**STATION :** West Worthing.

**GENERAL :** This Hospital Home fulfils a dual role—it provides a home for some 50 disabled Ex-Servicemen who are permanently resident and carries out the re-creative and convalescent work already described ; Gifford House has sheltered gardens and is within easy reach of the sea. Worthing has a level stretch of sea front and so is ideal for patients in chairs.

**APPLICATIONS :** to the Secretary.

## THOMAS BANTING MEMORIAL HOME

BANTING HOUSE,  
28 DOWNVIEW ROAD,  
WORTHING, SUSSEX.

(Worthing 47461)

**PATIENTS :** Ladies aged 18 to 75. General convalescence.

**Ineligible:** Normal exclusions. Those requiring any form of nursing, special diets, or unable to manage stairs.

**RELIGION :** Undenominational.

**BEDS :** 6, in single rooms, on 1st floor. 1 on 2nd floor.

**TREATMENT :** No diets or dressings, but Physiotherapy can be arranged at Worthing Hospital. Arrangements to be made by the Hospital sending the patient.

**STAFF : Chief Resident Officer :** Lady Superintendent.

**Nursing Staff :** None.

**Medical Staff :** Dr P A T Martin (visiting).

**LENGTH OF STAY :** 2 or 3 weeks, which can be extended to 8 if necessary.

**ROUTINE AND RECREATION :** Patients should be up by 9 am.

Writing and reading rooms. Cinemas, concerts, etc, in Worthing.

**Visiting Day :** Any afternoon.

**CHARGES:** £10.00 per week. Patients pay for gas and electric fires in their bedrooms by slot meter. Deposit of £3.00 should be remitted in advance of the visitor's arrival.

**RECEIVING DAYS :** Monday to Friday inclusive.

**DISCHARGE DAYS :** Monday to Friday inclusive or at weekend by arrangement.

**STATION :** West Worthing, from Victoria, thence 5 minutes' walk, or by taxi.

**GENERAL :** The Home is a comfortable, old-fashioned house in a quiet road intended only for the reception of ladies of reduced means. It would be much appreciated if patients would bring suitcases small enough to be carried upstairs without difficulty by female staff.

**APPLICATIONS :** to the Secretary, Thomas Banting's Memorial, 1 Highworth, Worthing (Worthing 37581).



## PART II

The Homes listed in this section are outside the boundaries of the four Metropolitan and Wessex Regional Hospital Boards. Only those Homes nearest to London are regularly visited by members of the Auxiliary Hospitals Committee.

## THE RAILWAY CONVALESCENT HOME

"BRIDGE HOUSE,"

DAWLISH, DEVON.

EX7 9AU

(Dawlish 3303)

**PATIENTS :** Male employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

**Ineligible:** Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

**RELIGION :** Undenominational.

**BEDS:** 57. None on ground floor. Wards contain 3 to 9 beds.

**TREATMENT :** No treatments. Gastric and diabetic diets. Simple dressings. Colostomy cases accepted.

**STAFF : Chief Resident Officer :** Matron (SRN).

**Nursing Staff :** Assistant/Relief Matron (SRN).

**Medical Staff :** Dr D B Peterkin (visiting).

**LENGTH OF STAY :** 4 weeks maximum.

**ROUTINE AND RECREATION :** Patients rise at 7 am and retire at 10 pm. All patients to be in the grounds by 9.30 pm. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, piano, radio, colour television, and putting green.

**Visiting Day:** Every afternoon, 2 to 4 pm by arrangement with Matron.

**CHARGES :** None.

**RECEIVING DAYS:** } Tuesday and Thursday.  
**LEAVING DAYS :** }

**STATION :** Dawlish, from Paddington. Conveyance arranged from and to Station.

**GENERAL :** Large gardens supply fresh vegetables. Own poultry. Short, easy walk to seashore.

**APPLICATIONS:** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex. UB8 1HW. Telephone: Uxbridge 35567/8.

## THE MENTAL AFTER CARE ASSOCIATION

158 FOXHALL ROAD,  
IPSWICH,  
SUFFOLK.

**PATIENTS :** Men and women in need of rehabilitation after mental illness. Preference to those under 50 years. Short recuperative holidays also given.

**Ineligible :** Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

**RELIGION :** Undenominational.

**BEDS :** 35. Numbers according to size of rooms.

**TREATMENT :** Rehabilitation towards full employment and social independence.

**STAFF :** Four resident staff trained or experienced in Mental nursing.

**LENGTH OF STAY :** Indefinite

**ROUTINE AND RECREATION :** Breakfast and evening meals to suit residents' hours of employment. All residents make their beds and help with domestic work where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and indoor and outdoor interests provided.

**CHARGES:** £10.50 per week.

**RECEIVING DAY :** }  
**DISCHARGE DAY:** } Any week day.

**STATION :** Ipswich—frequent trains from Liverpool Street Station.

**GENERAL :** Large house and garden on bus route to town centre and Felixstowe.

**APPLICATIONS :** To the Secretary, The Mental After Care Association, Eagle House  
110 Jermyn Street, London, SW1

**ORCHARD DENE**

**19 VIEW ROAD,  
RAINHILL,  
NEAR LIVERPOOL, LANCs.**

**(Prescot 4122)**

**Parent Society : The National Society for Mentally Handicapped Children.**

**PATIENTS :** Short stay and extended care for all grades of mentally handicapped children from 2-12 years of age, including those suffering from epilepsy or cerebral palsy.

**Ineligible :** Infectious diseases and children who are a danger to themselves and others.

**RELIGION :** Undenominational.

**BEDS :** 26 in 6 rooms of 2 to 6 beds, (isolation facilities available if necessary).

**TREATMENT :** Nursing care and education.

**STAFF : Nursing Staff:** Matron and Assistant Matron (resident).  
2 Night Nurses  
10 Assistants.  
3 Teachers

**Medical Staff:** Dr G McKenna (visiting), and Physiotherapy Adviser.

**LENGTH OF STAY:** Not exceeding one year on initial acceptance: extension beyond that period subject to individual review.

**ROUTINE :** Routine is according to requirements. Large garden with well equipped playground. Special school on premises.

**CHARGES:** £24.00 per week, plus £125 per term school fees.

**RECEIVING DAY:** }  
**DISCHARGE DAY:** } By arrangement.

**STATION :** Rainhill, or by H2, H3 and H4 buses from Pier Head, Liverpool, to Victoria Hotel, Rainhill.

**APPLICATIONS :** Director of Residential Establishments, NSMHC Centre, Pembroke Hall, 17, Pembroke Square, London, W2 4EP (01-229-8941)

## THE RAILWAY CONVALESCENT HOME

THE OLD ABBEY,  
MARINE DRIVE,  
LLANDUDNO,  
NORTH WALES.

(Llandudno 77625)

**PATIENTS :** Female Employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. (Wives, provided the husband is of working age and contributes to the Railway Convalescent Homes). Also retired personnel up to 5 years after retirement date or 3 years following redundancy (this applies also to wives of retired personnel).

**Ineligible:** Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

**RELIGION :** Undenominational.

**BEDS :** 25, in 2 and 3 bed wards. None on the ground floor. Hot and cold water in every bedroom.

**TREATMENT :** Normal gastric and diabetic diets, etc. Simple dressings. Colostomy cases accepted.

**STAFF : Chief Resident Officer :** Matron (SRN).

**Medical Staff:** Dr S Salisbury (visiting).

**LENGTH OF STAY :** 4 weeks maximum.

**ROUTINE AND RECREATION :** Patients rise at 7 am and retire at 10 pm. All patients to be in grounds by 9.30 pm. No domestic work is done by the patients. There is a piano, radio, colour television and card games, etc.

**Visiting Day:** Every afternoon, 2 to 4 pm by arrangement with Matron.

**CHARGES :** None.

**RECEIVING DAYS :** }  
**LEAVING DAYS :** } Tuesday and Thursday.

**STATION :** Llandudno, from Euston. Conveyance arranged from and to the Station

**GENERAL :** The Home commands extensive views from Conway Castle to the Isle of Anglesey. Large gardens run down to the seashore, and supply fresh vegetables.

**APPLICATIONS:** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex. UB8 1HW. Telephone: Uxbridge 35567/8.

**MARLBOROUGH CHILDREN'S CONVALESCENT HOSPITAL****MARLBOROUGH,  
WILTS, SN8 1JT****(Marlborough 2271-2)**

**PATIENTS:** Boys and girls from 18 months to 15th birthday. Orthopaedic cases. Chests. Non-infectious skin cases. Asthmatics. Rheumatic Hearts. Post-operatives. Bed cases.

**Ineligible :** Normal exclusions.

**RELIGION :** Undenominational.

**BEDS :** 91, including a modern ward accommodating 26 boy patients.

**TREATMENT :** Fully equipped physiotherapeutic department with Hubbard Tank etc; remedial exercises ; all diets and dressings.

**STAFF: Chief Resident Officer:** Nursing Officer.

**Nursing Staff:** 11 SRN; 3 SEN; 25 Nursing Auxiliaries.

**Medical Officers & Visiting Medical Staff:**

Dr L F Jones Consulting Paediatrician

Dr D W Hide Consultant Paediatrician

— Consultant in Physical Medicine

Mr J Cockin Consulting Orthopaedic Surgeon

Dr K D Crow Consulting Dermatologist

Dr T R Maurice Medical Officer

Dr W L Calnan Medical Officer

Mr R B Jones Dental Surgeon

**LENGTH OF STAY :** Minimum 1 month. No limit.

**ROUTINE AND RECREATION :** The children who are fit to do so normally rise at 7.45 am and have breakfast at 8.30 am. There is a compulsory rest in the afternoon. All the children are in bed by 8 pm. No domestic work is required of them. Occupational therapy. Films, luxury coach, games room.

Facilities for outdoor games. Playground. Country walks, nature study, etc.

School : Recognised Ministry of Education Hospital School. Head Teacher and 7 assistants. Also Nursery School.

**Visiting Days:** At any time at discretion of Nursing Officer or Ward Sister, but preferably after School (3.30 pm) on weekdays.

**RECEIVING DAY :** Any day.

**DISCHARGE DAY:** Any day but usually at weekends.

**STATION :** Swindon from Paddington. The Hospital is 13 miles from Swindon at which there is a bus service (No 470) to and from Marlborough. It can also be reached by coach.

**GENERAL :** The Hospital stands in its own grounds on the edge of Marlborough Downs, 500 feet above sea-level.

**APPLICATIONS:** to the Nursing Officer.

## THE RAILWAY CONVALESCENT HOME

"TRENTHON,"  
PAR, CORNWALL.  
PL24 2TS

(Par 2572)

**PATIENTS :** Male employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

**Ineligible:** Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

**RELIGION :** Undenominational.

**BEDS :** 41. Two on the ground floor. Wards contain 2-6 beds.

**TREATMENT :** No treatments. Gastric and diabetic diets. Simple dressings. Colostomy cases accepted.

**STAFF :** Chief Resident Officer : Matron (SRN).  
Nursing Staff: Assistant/Relief Matron (SRN).  
Medical Staff : Dr J L Barnardo (visiting).

**LENGTH OF STAY :** 4 weeks maximum.

**ROUTINE AND RECREATION :** Patients rise at 7 am and go to bed at 10 pm. All patients to be in the grounds by 9.30 pm. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, bowls, piano, radio and colour television.

**Visiting Day:** Every afternoon, 2 to 4 pm by arrangement with Matron.

**CHARGES :** None.

**RECEIVING DAYS :** }  
**LEAVING DAYS:** } Tuesday and Thursday.

**STATION:** St. Austell, from Paddington. Conveyance arranged from and to the Station.

**GENERAL:** Large gardens supply fresh vegetables, own poultry, grounds include extensive woods. Home overlooks St. Austell Bay, but is a fair walk from seashore. Bus service from Home to Par town and sea.

**APPLICATIONS:** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex, UB8 1HW. Telephone: Uxbridge 35567/8.

## THE RAILWAY CONVALESCENT HOME

ASCOG MANSION,  
ROTHESAY,  
ISLE OF BUTE,  
SCOTLAND, PA20 9EU

(Rothesay 121)

**PATIENTS :** Male employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

**Ineligible:** Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

**RELIGION :** Undenominational.

**BEDS :** 32. None on the ground floor. Wards contain 2 to 6 beds.

**TREATMENT :** No treatment. Gastric and diabetic diets provided. Simple dressings. Colostomy cases accepted.

**STAFF :** Chief Resident Officer : Matron (SRN).

Medical Staff : Dr T Wilson Howie (visiting).

**LENGTH OF STAY :** Maximum stay 4 weeks.

**ROUTINE AND RECREATION :** Patients rise at 7 am and retire at 10 pm. All patients to be in the grounds by 9.30 pm. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, bowls, piano, radio, television and putting green.

**Visiting Day:** Every afternoon, 2 to 4 pm by arrangement with Matron.

**CHARGES :** None.

**RECEIVING DAYS :** }  
**LEAVING DAYS :** } Tuesday and Thursday.

**STATION :** Rothesay, from Euston, via Glasgow and Wemyss Bay—Conveyance arranged from and to the Pier

**GENERAL :** Large gardens supply fresh vegetables. Own poultry. Home on seashore.

**APPLICATIONS :** to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex, UB8 1HW. Telephone: Uxbridge 35567/8.



**BYNG HOUSE**

**68 PROMENADE,  
SOUTHPORT,  
LANCS, PR9 OJB**

**(Southport 3950)**

**PATIENTS :** Ex-Servicemen. General convalescence.

**Ineligible :** Normal exclusions. Bed cases. Bronchiectasis.

**RELIGION :** Undenominational.

**BEDS :** 38, in 1-4 bed wards ; none on ground floor but there is a lift.

**TREATMENT :** No treatments or dressings. Light diets.

**STAFF: Chief Resident Officer:** Manager.

**Nursing Staff :** None.

**Medical Staff:** Dr T J Szczesniak (visiting).

**LENGTH OF STAY :** 2 weeks, sometimes extended.

**ROUTINE AND RECREATION :** Patients rise in time for 8.45 am breakfast, and retire at 10.30 pm. They are expected to make their own beds. No other domestic work is required.

The Home has a library and television as well as facilities for indoor and outdoor games.

**Visiting Day :** By arrangement with the Manager.

**CHARGES :** Free. Payable by British Legion. Other Service Funds, etc., are asked to contribute towards cost of maintenance.

**RECEIVING DAY :** Thursday.

**DISCHARGE DAY:** Thursday.

**STATION :** Southport, from Euston. A bus (Route No 17) from Lord Street runs near the Home.

**GENERAL :** The house stands on the promenade and it has a small garden facing the sea.

**APPLICATIONS :** through Local Service Committees of the Royal British Legion.  
(Addresses available at Local Post Offices).

**"THE HEADLAND"****CLIFF ROAD,  
TORQUAY,  
DEVON, TQ2 6RE****(Torquay 22161)**

**PATIENTS:** Men and women aged 17-70. General convalescence. 2 Colostomy beds (upstairs—no lift).

**Ineligible:** Normal exclusions. Bed cases. Asthma, Chronic Bronchitis and Neurasthenia. It may also not be possible to accept certain elderly patients with severe cardiac diseases, particularly in winter months when it would involve such patients in a long journey to Torquay.

**RELIGION:** Undenominational.

**BEDS:** 35, divided between men and women.

**TREATMENT:** Includes various simple diets; simple dressings; no physiotherapy available. NB. A full supply of drugs should be sent with the patient and the bottles should have the Hospital Pharmacy label on them with correct dosage.

**STAFF :** Under direction of Miss H I Lambeth, Senior Nursing Officer, Torbay Hospital, Torquay.

**Chief Resident Officer:** Sister-in-Charge (SRN SCM)

**Nursing Staff:** 4 SRN 2 SEN

**Medical Staff:** Dr J B Coughlan (visiting).

**LENGTH OF STAY:** Arranged by South Western Regional Hospital Board. Normal period 14 days.

**ROUTINE AND RECREATION:** Breakfast at 8.45 am. An afternoon rest is advised. There is a library as well as indoor games.

**Visiting Days :** Daily—afternoon or evening on application to Sister-in-Charge.

**RECEIVING DAYS:** Monday and Friday.

**DISCHARGE DAYS:** Monday and Friday.

**STATION:** Torquay, from Paddington. Taxis are available at the station.

**GENERAL:** The Home stands in its own grounds, on a headland overlooking Torbay.

**APPLICATIONS:** to the South Western Regional Hospital Board, 27, Tyndalls Park Road, Bristol BS8 1PJ (Bristol 38471).

## ROYAL BRITISH LEGION CONVALESCENT AND REST HOME

SOMERSET LEGION HOUSE,  
5-8 CLAREMONT CRESCENT,  
BIRNBECK ROAD,  
WESTON-SUPER-MARE,  
SOMERSET, BS23 2EH

(Manager) Weston-super-Mare 29589  
(Residents) Weston-super-Mare 21211

**PATIENTS** : Ex-Service men and women of any age. Adult dependants. General convalescence. Rest.

**Ineligible** : Normal exclusions. Bed cases. Bronchiectasis. Epilepsy unless controlled, Children.

**RELIGION** : Undenominational.

**BEDS** : 64, mainly in 2-bedded rooms. Some on ground floor. Few single rooms. Accommodation for 12 married couples. Hot and cold water in all bedrooms.

**TREATMENTS** : No treatments or dressings. Light diets.

**STAFF** : Chief Resident Officer : Manager.

Nursing Staff : None.

Medical Staff : Dr Leo T Martin (visiting).

**LENGTH OF STAY** : Normally 2 weeks. Can be extended at the discretion of the Medical Officer.

**ROUTINE AND RECREATION** : There are few restrictions. No domestic work is expected of the guests.

There is a library. Patients arrange own whist drives and social evenings.

**Visiting Day** : Any day.

**CHARGES** : Free. Borne by British Legion. Other Service funds, etc, are asked to contribute towards the cost of maintenance.

**RECEIVING AND DEPARTURE DAY** : Thursday.

**STATION** : Weston-super-Mare, from Paddington. The Home is about 1 mile from the station. Bus service to within 50 yards of the Home.

**GENERAL** : The Home is a converted hotel and delightfully situated on the seafront. Many of the rooms overlook the sea. Electric passenger lifts. Central heating throughout.

**APPLICATIONS** : through Local Service Committees of the Royal British Legion (Addresses available at Local Post Offices).

## **EDITH CAVELL HOME OF REST FOR NURSES**

**THE CROSSWAYS,  
WINDERMERE,  
WESTMORLAND.**

**(Windermere 3256)**

**PATIENTS :** Practising Nurses and Midwives requiring rest.

**Ineligible:** Male nurses and those requiring nursing or medical attention.

**RELIGION :** Undenominational.

**BEDS :** 12, in single and double rooms.

**TREATMENT :** No treatments, diets or dressings.

**STAFF : Chief Resident Officer :** Superintendent

**Nursing Staff :** None.

**Medical Staff:** Doctor attends on request.

**LENGTH OF STAY :** Up to 2 weeks. Sometimes extended.

**ROUTINE AND RECREATION :** Guests rise about 8.30 am and retire at 10.30 pm.

There is a supply of books as well as wireless and television. The Home is in the Lake District where some of the most beautiful scenery in England is to be found.

**Visiting Day :** Any day.

**CHARGES:** £6.30 per week.

**RECEIVING DAY:** }  
**DISCHARGE DAY:** } Preferably Saturday but any day except Sunday.

**STATION :** Windermere, from Euston. The Home is 10 minutes' walk from the station.

**GENERAL :** A fairly modern house with a small garden situated in a residential neighbourhood, about 20 minutes from the lake.

**APPLICATIONS :** to the Secretary, Edith Cavell Homes of Rest for Nurses, 1 Vere Street, London, W1M 9HQ (01-629 1618).

**HALES HOUSE**  
**WINTERTON-ON-SEA,**  
**NEAR GREAT YARMOUTH,**  
**NORFOLK.**

(Winterton-on-Sea 271)

**Parent Society : The National Society for Mentally Handicapped Children.**

**PATIENTS :** Short stay and extended care for all grades of mentally handicapped children up to 16 years of age, including those suffering from epilepsy or cerebral palsy.

**Ineligible :** Infectious diseases and children who are a danger to themselves and others.

**RELIGION :** Undenominational.

**BEDS :** 24 in six four-bedded rooms (isolation facilities available if necessary).

**TREATMENT :** Child care and social training.

**STAFF :** Matron and Assistant Matron (resident). Trained care staff day and night.

**Medical Staff:** Visiting Medical Officer and Physiotherapy Adviser.

**LENGTH OF STAY:** Not exceeding one year on initial acceptance: extension beyond that period subject to individual review.

**ROUTINE :** Routine is according to requirements. Large garden with well equipped playground.

**CHARGES:** £24.00 per week.

**RECEIVING DAY :**  
**DISCHARGE DAY :** } By arrangement.

**STATION :** Great Yarmouth. Number 6 bus to Winterton-on-Sea.

**APPLICATIONS :** Director of Residential Establishments, NSMHC Centre, Pembridge Hall, 17, Pembridge Square, London, W.2. 4EP (01-229-8941).

## 1975 EDITION OF DIRECTORY

The 1975 edition of the Directory of Convalescent Homes Serving Greater London will be ready for distribution on the 1st January, 1975. It is priced 65p post free and orders may be sent at any time and preferably before the end of November, 1974. Please do not send any remittance with your order as an invoice requesting payment will be forwarded to you with the Directory.

### ORDER FORM

#### DIRECTORY OF CONVALESCENT HOMES

*Name* .....

*Address* .....

.....

.....

Please forward to the above address.....copy/copies of the 1975 Directory of Convalescent Homes.

King Edward's Hospital Fund for London,  
14 Palace Court, W2 4HT

# INDICES

## GEOGRAPHICAL INDEX

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Alphabetical list of Towns in which Convalescent Homes are situated. (The letters M W and C indicate whether the Home takes Men, Women or Children. An asterisk signifies there is no age limit, or that the limit is over 70. Italics indicate a Private Home with Contractual Arrangements.)

<i>Name of Town and Home</i>	<i>Page</i>
ALFOLD, SURREY	
M Merchant Seamen's Convalescent Home .. .. .	1
ASCOT, BERKSHIRE	
*W London and Ascot Priory Convalescent Home .. .. .	2
BANSTEAD, SURREY	
C Edith Edwards House .. .. .	3
*MW Zachary Merton Annexe (London Hospital) .. .. .	4
BEXHILL, SUSSEX	
MW Bexhill Convalescent Home .. .. .	5
MW Lawn Court (Mental After-Care Home) .. .. .	6
W The Towers (Mental After-Care Home) .. .. .	7
MW White House Convalescent Home .. .. .	8
BIRCHINGTON-ON-SEA, KENT	
*MW St Mary's Convalescent Home .. .. .	9
BLACKHEATH, LONDON, SE3	
*MW Edith Priday Home ... .. .	10
BOGNOR REGIS, SUSSEX .. .. .	
*W Foxholm .. .. .	11
MW Victoria Convalescent Home .. .. .	12
BOURNEMOUTH, HANTS	
W Hahnemann Convalescent Home .. .. .	13
MW King's House (Mental After-Care Home) .. .. .	14
*MW St Joseph's Convalescent Home .. .. .	15
BRIGHTON, SUSSEX	
*MW Convalescent Hospital for Officers (O of St John & BRCS) .. .. .	16
*MW French Convalescent Home .. .. .	17
BROADSTAIRS, KENT	
C Fairfield House Residential School .. .. .	18
MW Hearts of Oak Benefit Society Home .. .. .	19
C St Mary's Home for Children .. .. .	20
CHEAM, SURREY	
W Mental After-Care Home .. .. .	21
CHISWICK, LONDON, W4	
MW Mental After-Care Home .. .. .	22



<i>Name of Town and Home</i>	<i>Page</i>
CLACTON-ON-SEA, ESSEX	
MW The Middlesex Hospital Convalescent Home .. .. .	23
*W St Michael's Convalescent Home .. .. .	24
MW St Osyth's Priory Convalescent Home .. .. .	25
COWES, ISLE OF WIGHT	
MW King Edward VII Convalescent Home for Officers (Osborne House) ..	26
CROWHURST, SUSSEX	
MW The Old Rectory, The Church's Ministry of Healing .. .. .	27
CROYDON, SURREY	
MW Coignafearn, Mental After-Care Home .. .. .	28
DAWLISH, DEVON	
M Railway Convalescent Home .. .. .	82
DEAL, KENT	
*MW Lloyd Memorial Printers' Convalescent Home .. .. .	29
EAST GRINSTEAD, SUSSEX	
C Yarbrough Children's Home .. .. .	30
EASTBOURNE, SUSSEX	
*MW Seligman Convalescent Home .. .. .	31
ESHER, SURREY	
MW Mental After-Care Home .. .. .	32
FARNHAM ROYAL, BUCKS.	
MW Farnham Park Rehabilitation Centre .. .. .	33
FOLKESTONE, KENT	
MW Russell House (Mental After-Care Home) .. .. .	34
GODALMING, SURREY	
C St Dominic's Open Air School for Boys .. .. .	35
HASLEMERE, SURREY	
W Edith Cavell Home of Rest for Nurses .. .. .	36
HAYLING ISLAND, HANTS	
C St. Faancis de Sales Special School .. .. .	37
HERNE BAY, KENT	
*MW Friendly Societies Convalescent Home .. .. .	38
M Railway Convalescent Home .. .. .	39
HOVE, SUSSEX	
*W Catisfield House Convalescent Home .. .. .	40
MW Convalescent Police Seaside Home .. .. .	41
HYTHE KENT	
WC Philbeach Convalescent Home .. .. .	42
IPSWICH, SUFFOLK	
MW Mental After Care Home .. .. .	83
KELVEDON, ESSEX	
*W Dominican Convalescent Home .. .. .	43
LAMBERHURST, KENT	
*MW Maureen's Oast House for Arthritics .. .. .	44

<i>Name of Town and Home</i>	<i>Page</i>
LANCING, SUSSEX *W Bell Memorial (Southern Convalescent Homes, Inc) .. .. .	45
LEATHERHEAD, SURREY M Tyrwhitt House .. .. .	46
LIMPSFIELD, SURREY *MW Caxton Convalescent Home .. .. . *W Limpsfield Convalescent Home for Women .. .. .	47 4
LISS, NR. PETERSFIELD, HANTS. W Wenham Holt Convalescent Home .. .. .	49
LITTLEHAMPTON, SUSSEX *M Rustington Convalescent Home for Men .. .. .	50
LIVERPOOL, LANCs. C Orchard Dene .. .. .	84
LLANDUDNO, CAERNARVON W Railway Convalescent Home .. .. .	85
MARGATE, KENT W Railway Convalescent Home .. .. .	51
MARLBOROUGH, WILTS. C Marlborough Children's Convalescent Hospital .. .. .	86
NAZEING, ESSEX. *W Princess Louise Convalescent Home .. .. .	25
NETLEY ABBEY, HANTS. *M Netley Castle Convalescent Home .. .. .	53
NEW ROMNEY, KENT C Pirates Spring .. .. .	54
OTTERS Shaw, SURREY C Meath School .. .. .	55
OXTED, SURREY C Moor House School .. .. .	56
PAR, CORNWALL M Railway Convalescent Home .. .. .	87
REDHILL, SURREY *MW Crabhill House (Winged Fellowship) .. .. .	57
REIGATE, SURREY *WC Croft Annexe (London Hospital) .. .. .	58
ROTHESAY, ISLE OF BUTE, SCOTLAND M Railway Convalescent Home .. .. .	88
ST LEONARDS-ON-SEA, SUSSEX *W Catharine House for Gentlewomen .. .. . *MW Hertfordshire Seaside Convalescent Home .. .. . *W Queen Charlotte's Hospital for Women Convalescent Home .. .. .	59 60 61

<i>Name of Town and Home</i>	<i>Page</i>
SANDGATE, FOLKESTONE, KENT W Castle Glen, Mental After-Care Home .. .. .	62
SEAFORD, SUSSEX C Pilgrims School .. .. .	63
SEVENOAKS, KENT *MW Royal British Legion Churchill Court Convalescent Home .. .. .	64
SLINFOLD, SUSSEX C Dedisham School for Autistic Children .. .. .	65
SOUTHPORT, LANCs. *M Byng House .. .. .	89
SWANAGE, DORSET W Wordsworth House.. .. .	66
THORPE, SURREY W Spelthorne St. Mary .. .. .	67
TORQUAY, DEVON MW The Headland Convalescent Home .. .. .	90
VENTNOR, ISLE OF WIGHT C St Catherine's School .. .. .	68
WALTON-ON-NAZE, ESSEX *MW Samuel Lewis Seaside Convalescent Home .. .. .	69
WESTCLIFF-ON-SEA, ESSEX. *MW Lulworth Court .. .. .	70
WEST WICKHAM, KENT C Cheyne Hospital .. .. .	71
WESTGATE-ON-SEA, KENT W Royal Oak House (Mental After-Care Home) .. .. . *MW St Cecilia's Home for Musicians .. .. .	72 73
WESTON-SUPER-MARE, SOMERSET *MW Royal British Legion Convalescent and Rest Home (Somerset Legion House)	91
WINDERMERE, WESTMORLAND W Edith Cavell Home of Rest for Nurses .. .. .	92
WINTERTON-ON-SEA, NORFOLK C Hales House .. .. .	93
WOBURN SANDS, NR BLETCHLEY, BEDS. *WC Daneswood Convalescent Home .. .. .	74
WOKING, SURREY *MW Kingsbury .. .. . *W St Peter's Convent .. .. .	75 76

*Name of Town and Home*

*Page*

WORTHING, SUSSEX

C John Horniman School .. .. .	77
W Mildmay Convalescent Home .. .. .	78
M Queen Alexandra Hospital Home .. .. .	79
*W Thomas Banting Memorial Home .. .. .	80

# ALPHABETICAL INDEX

## Alphabetical List of Homes Appearing in the Directory

Prefix letters denote the following:—

- M Men accepted.                      W Women accepted.                      C Children accepted.
- \* No fixed age limit, or patients over 70 accepted.                      a Breakfast in bed provided.
- b Bed cases accepted.                      g Ground floor bedrooms.                      1 Long stay.

*Italics indicate a Private Home with Contractual Arrangements*

<i>Reference letters</i>	<i>Name of Home</i>	<i>Page</i>
W*	Banting House, Worthing .. .. .	80
W*	Bell Memorial, Lancing .. .. .	45
MW	Bexhill Convalescent Home .. .. .	5
M*	Byng House, Southport .. .. .	89
Wl	Castle Glen Mental After-Care Home, Sandgate, Folkstone .. .. .	62
W*ag	Catharine House for Gentlewomen, St Leonards .. .. .	59
W*ag	Catisfield House Convalescent Home, Hove .. .. .	40
MW*	Caxton Convalescent Home, Limpsfield .. .. .	47
Cabgl	Cheyne Hospital, West Wickham .. .. .	71
MW*g	Churchill Court Convalescent Home, Sevenoaks .. .. .	64
MW	Coignafearn Mental After-Care Home, Croydon .. .. .	28
MW*a	Convalescent Hospital for Officers, Brighton (O of St John & BRCS) .. .. .	16
MW	Convalescent Police Seaside Home, Hove .. .. .	41
MW*g	Crabhill House, Redhill .. .. .	57
WC*a	Croft Annexe (London Hospital), Reigate .. .. .	58
WC*	Daneswood Convalescent Home, Woburn Sands .. .. .	74
Cl	Dedisham School for Autistic Children, Slinfold .. .. .	65
W*g	Dominican Convalescent Home, Kelvedon .. .. .	43
W	Edith Cavell Home of Rest for Nurses, Haslemere .. .. .	36
W	Edith Cavell Home of Rest for Nurses, Windermere .. .. .	92
Cl	Edith Edwards House, Banstead .. .. .	3
MW*g	Edith Priday Home, Blackheath, SE3 .. .. .	10
Cl	Fairfield House Residential School, Broadstairs .. .. .	18
MW	Farnham Park Rehabilitation Centre, Farnham Royal .. .. .	33
W*ag	Foxholm, Bognor Regis .. .. .	11
MW*	French Convalescent Home, Brighton .. .. .	17
MW*	Friendly Societies' Convalescent Home, Herne Bay .. .. .	38
W	Hahnemann Convalescent Home, Bournemouth .. .. .	13
Cl	Hales House, Winterton-on-Sea, nr Great Yarmouth .. .. .	93
MW	Headland Convalescent Home, Torquay .. .. .	90
MWg	Hearts of Oak Benefit Society Home, Broadstairs .. .. .	19
MW*	Hertfordshire Seaside Convalescent Home, St Leonards .. .. .	60

*Reference  
letters*

*Name of Home*

*Page*

CI	John Horniman School, Worthing	77
MWg	King Edward VII Convalescent Home for Officers, East Cowes	26
MW*g	Kingsbury, Woking	75
MWl	King's House Mental After-Care Home, Bournemouth	14
MWl	Lawn Court Mental After-Care Home, Bexhill	6
W*g	Limpsfield Convalescent Home for Women, Limpsfield	48
MW*	Lloyd Memorial Printer's Convalescent Home, Deal	29
Wa*gl	London and Ascot Priory Convalescent Home, Ascot	2
MW*a	Lulworth Court, Westcliff-on-Sea	70
Cbl	Marlborough Children's Convalescent Hospital, Marlborough	86
MW*ag	Maureen's Oast House for Arthritics, Lamberhurst	44
CI	Meath School, Ottershaw	55
Wl	Mental-After Care Home, Cheam	21
MW	Mental-After Care, Home Chiswick	22
MW	Mental-After Care Home, Ipswich	83
Mg	Merchant Seamen's Convalescent Home, Alford	1
MWa	Middlesex Hospital Convalescent Home, Clacton-on-Sea	23
W	Mildmay Convalescent Home, Worthing	78
CI	Moor House School, Oxted	56
MW*g	Musicians' Benevolent Fund Convalescent Home, Westgate-on-Sea	73
M*	Netley Castle Convalescent Home, Netley Abbey	53
CI	Orchard Dene Convalescent Home for Mentally Handicapped Children Rainhill, Liverpool	84
MWg	Osborne House, East Cowes	26
WCg	Philbeach Convalescent Home, Hythe	42
CI	Pilgrims School, Seaford	63
C	Pirates Spring, New Romney	54
W*g	Princess Louise Convalescent Home, Nazeing	52
Mbg	Queen Alexandra Hospital Home, Worthing	79
W*	Queen Charlotte's Hospital for Women Convalescent Home, St Leonards	61
M	Railway Convalescent Home, Dawlish	82
Mg	Railway Convalescent Home, Herne Bay	39
W	Railway Convalescent Home, Llandudno	85
W	Railway Convalescent Home, Margate	51
Mg	Railway Convalescent Home, Par	87
M	Railway Convalescent Home, Rothesay	88
MW*g	Royal British Legion Churchill Court Convalescent Home, Sevenoaks	64
MW*g	Royal British Legion Convalescent and Holiday Home, Weston-super-Mare	91
Wl	Royal Oak House Mental After-Care Home, Westgate-on-Sea	72
MWl	Russell House Mental After-Care Home, Folkestone	34
M*	Rustington Convalescent Home for Men, Littlehampton	50
Cgl	St Catherine's School, Ventnor	68
MW*g	St Cecilia's, Westgate-on-Sea	73
Cgl	St Dominic's Open Air School for Boys, Godalming	35
CI	St Francis de Sales Special School, Hayling Island	37
MW*al	St Joseph's Convalescent Home, Bournemouth	15

<i>Reference letters</i>	<i>Name of Home</i>	<i>Page</i>
MW*g	St Mary's Convalescent Home, Birchington-on-Sea .. .. .	9
C	St Mary's Home for Children, Broadstairs .. .. .	20
W*	St Michael's Convalescent Home, Clacton-on-Sea .. .. .	24
MW	<i>St Osyth's Priory Convalescent Home, Nr Clacton</i> .. .. .	25
W*a	St Peter's Convent, Woking .. .. .	76
MW*g	Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. .. .	69
MW*	Seligman Convalescent Home, Eastbourne .. .. .	31
MW*g	Somerset Legion House, Weston-super-Mare .. .. .	91
W*	Southern Convalescent Homes, Inc (Bell Memorial), Lancing .. .. .	45
Wa	Spelthorne St Mary, Thorpe .. .. .	67
MW	The Hill House Mental After-Care Home, Esher .. .. .	32
MW	The Old Rectory, The Church's Ministry of Healing, Crowhurst .. .. .	27
Wl	The Towers Mental After-Care Home, Bexhill-on-Sea .. .. .	7
W*	Thomas Banting Memorial Home, Worthing .. .. .	80
M	Tyrwhitt House, Leatherhead .. .. .	46
MW*g	Victoria Convalescent Home, Bognor Regis .. .. .	12
Wag	Wenham Holt Convalescent Home, Liss .. .. .	49
MWg	White House Convalescent Home, Bexhill .. .. .	8
W	Wordsworth Home, Swanage .. .. .	66
Cal	Yarburgh Children's Home, East Grinstead .. .. .	30
MW*abg	Zachary Merton Annexe (London Hospital), Banstead .. .. .	4

# CLASSIFIED INDEX

(The letters M W B and G indicate whether the Home takes Men, Women, Boys or Girls.)

<i>Item</i>	<i>Page</i>
<b>ALCOHOL ADDICTS</b>	
W Spelthorne St Mary, Thorpe .. .. .	67
<b>ANAEMIA</b>	
MW Bexhill Convalescent Home, Bexhill .. .	5
MW Edith Friday Home, St. John's Park, Blackheath .. .	10
MW Friendly Societies' Convalescent Home, Herne Bay .. .	38
W Hahnemann Convalescent Home, Bournemouth .. .	13
W London and Ascot Priory Convalescent Home, Ascot .. .	2
M Netley Castle Convalescent Home, Netley Abbey .. .	53
WBG Philbeach Convalescent Home, Hythe .. .	42
M Railway Convalescent Home, Dawlish .. .	82
M Railway Convalescent Home, Herne Bay .. .	39
W Railway Convalescent Home, Llandudno .. .	85
W Railway Convalescent Home, Margate .. .	51
M Railway Convalescent Home, Par .. .	87
M Railway Convalescent Home, Rothesay .. .	88
MW St. Joseph's Convalescent Home, Bournemouth .. .	15
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. .	69
<b>ARTHRITIS</b>	
W Bell Memorial Home, Lancing .. .	45
MW Crabhill House, South Nutfield, Redhill .. .	57
MW Edith Friday Home, St. John's Park, Blackheath .. .	10
W Foxholm, Bognor Regis .. .	11
MW Friendly Societies' Convalescent Home, Herne Bay .. .	38
W Hahnemann Convalescent Home, Bournemouth .. .	13
MW Kingsbury, Woking .. .	75
W Maureen's Oast House for Arthritis, Lamberhurst .. .	44
WBG Philbeach Convalescent Home, Hythe .. .	42
M Railway Convalescent Home, Dawlish .. .	82
M Railway Convalescent Home, Herne Bay .. .	39
W Railway Convalescent Home, Llandudno .. .	85
W Railway Convalescent Home, Margate .. .	51
M Railway Convalescent Home, Par .. .	87
M Railway Convalescent Home, Rothesay .. .	88
MW St. Joseph's Convalescent Home, Bournemouth .. .	15
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. .	69
<b>ASTHMA</b>	
W Bell Memorial Home, Lancing .. .	45
MW Bexhill Convalescent Home, Bexhill .. .	5
MW Edith Friday Home, St. John's Park, Blackheath .. .	10
G Fairfield House Residential School, Broadstairs .. .	18
MW Friendly Societies' Convalescent Home, Herne Bay .. .	38
BG Marlborough Children's Convalescent Hospital, Marlborough .. .	86
B Meath School, Ottershaw .. .	55



<i>Item</i>	<i>Page</i>
ASTHMA (cont)	
B Pilgrims School, Seaford .. .. .	63
M Railway Convalescent Home, Dawlish .. .. .	82
M Railway Convalescent Home, Herne Bay .. .. .	39
W Railway Convalescent Home, Llandudno .. .. .	85
W Railway Convalescent Home, Margate .. .. .	51
M Railway Convalescent Home, Rothesay .. .. .	88
BG St. Catherine's School, Ventnor .. .. .	68
B St. Dominic's Open Air School for Boys, Godalming .. .. .	35
BG St. Mary's Home for Children, Broadstairs .. .. .	20
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. .. .	69
MW Victoria Convalescent Home, Bognor Regis .. .. .	12
AUTISM	
BG Dedisham School for Autistic Children, Slinfold .. .. .	65
BED CASES (see Alphabetical Index)	
BLIND	
MW Bexhill Convalescent Home, Bexhill .. .. .	5
BREAKFAST IN BED (see Alphabetical Index)	
BRITISH RED CROSS SOCIETY	
MW Convalescent Hospital for Officers, Brighton .. .. .	16
MW Edith Priday Home, St John's Park, Blackheath .. .. .	10
BRONCHIECTASIS	
BG Cheyne Hospital, West Wickham .. .. .	71
MW Edith Priday Home, St. John's Park, Blackheath .. .. .	10
MW Friendly Societies' Convalescent Home, Herne Bay .. .. .	38
B Meath School, Ottershaw .. .. .	55
B Pilgrims School, Seaford .. .. .	63
M Railway Convalescent Home, Dawlish .. .. .	82
M Railway Convalescent Home, Herne Bay .. .. .	39
W Railway Convalescent Home, Llandudno .. .. .	85
W Railway Convalescent Home, Margate .. .. .	51
M Railway Convalescent Home, Par .. .. .	87
M Railway Convalescent Home, Rothesay .. .. .	88
B St. Dominic's Open Air School for Boys, Godalming .. .. .	35
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. .. .	69
BRONCHITIS AND CHEST CASES	
W Bell Memorial Home, Lancing .. .. .	45
MW Edith Priday Home, St. John's Park, Blackheath .. .. .	10
G Fairfield House Residential School, Broadstairs .. .. .	18
MW Friendly Societies' Convalescent Home, Herne Bay .. .. .	38
BG Marlborough Children's Convalescent Hospital, Marlborough .. .. .	86
B Meath School, Ottershaw .. .. .	55
B Pilgrims School, Seaford .. .. .	63
M Railway Convalescent Home, Herne Bay .. .. .	39
BG St. Catherine's School, Ventnor .. .. .	68
B St. Dominic's Open Air School for Boys, Godalming .. .. .	35
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. .. .	69
MW Victoria Convalescent Home, Bognor Regis .. .. .	12

<i>Item</i>	<i>Page</i>
<b>CANCER</b>	
MW Bexhill Convalescent Home, Bexhill .. .. .	5
W Dominican Convalescent Home, Kelvedon .. .. .	43
MW Edith Priday Home, St. John's Park, Blackheath .. .. .	10
W Foxholm, Bognor .. .. .	11
MW Friendly Societies Convalescent Home, Herne Bay .. .. .	38
WBG Philbeach Convalescent Home, Hythe .. .. .	42
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. .. .	69
<b>CEREBRAL PALSY</b>	
BG Cheyne Hospital, West Wickham .. .. .	71
MW Crabhill House, South Nutfield, Redhill .. .. .	57
BG Hales House, Winterton-on-Sea, nr Great Yarmouth .. .. .	93
BG Orchard Dene, Liverpool .. .. .	84
BG Pirates Spring, New Romney .. .. .	54
<b>CHRONICS</b>	
W London and Ascot Priory Convalescent Home, Ascot .. .. .	2
<b>CIVIL SERVANTS</b>	
MW King Edward VII Convalescent Home for Officers (Osborne House), East Cowes .. .. .	26
<b>COELIACS</b>	
BG St. Catherine's School, Ventor .. .. .	68
B St Dominic's Open Air School for Boys, Godalming .. .. .	35
<b>COLOSTOMIES</b>	
W Bell Memorial Home, Lancing .. .. .	45
MW Bexhill Convalescent Home, Bexhill .. .. .	5
MW Crabhill House, South Nutfield, Redhill .. .. .	57
W Foxholm, Bognor Regis .. .. .	11
MW Friendly Societies' Convalescent Home, Herne Bay .. .. .	38
MW French Convalescent Home, Brighton .. .. .	17
MW Headland Convalescent Home, Torquay .. .. .	90
MW Hertfordshire Seaside Convalescent Home, St. Leonard's-on-Sea .. .. .	60
W Mildmay Convalescent Home, Worthing .. .. .	78
WBG Philbeach Convalescent Home, Hythe .. .. .	42
M Railway Convalescent Home, Dawlish .. .. .	82
M Railway Convalescent Home, Herne Bay .. .. .	39
W Railway Convalescent Home, Llandudno .. .. .	85
W Railway Convalescent Home, Margate .. .. .	51
M Railway Convalescent Home, Par .. .. .	87
M Railway Convalescent Home, Rothesay .. .. .	88
M Rustington Convalescent Home for Men, Littlehampton .. .. .	50
MW St. Joseph's Convalescent Home, Bournemouth .. .. .	15
W St. Michael's Convalescent Home, Clacton .. .. .	24
MW St. Osyth's Priory Convalescent Home, near Clacton .. .. .	25
W St. Peter's Convent, Woking .. .. .	76
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. .. .	69
MW Seligman Convalescent Home, Eastbourne .. .. .	31
<b>DIABETICS</b>	
MW Crabhill House, South Nutfield, Redhill .. .. .	57
WG Daneswood Convalescent Home, Woburn Sands .. .. .	74
W Dominican Convalescent Home, Kelvedon .. .. .	43
MW Edith Priday Home, Blackheath .. .. .	10
G Fairfield House Residential School, Broadstairs .. .. .	18
W Foxholm, Bognor Regis .. .. .	11
MW Friendly Societies Convalescent Home, Herne Bay .. .. .	38
MW King Edward VII Convalescent Home for Officers (Osborne House), East Cowes .. .. .	26

<i>Item</i>	<i>Page</i>
<b>DIABETICS (cont)</b>	
BG Marlborough Children's Convalescent Hospital, Marlborough .. ..	86
MW Maureen's Oast House for Arthitics, Lamberhurst .. ..	44
M Netley Castle Convalescent Home, Netley Abbey .. ..	53
WBG Philbeach Convalescent Home, Hythe, Kent .. ..	42
W Princess Louise Convalescent Home, Nazeing .. ..	52
M Railway Convalescent Home, Dawlish .. ..	82
M Railway Convalescent Home, Herne Bay .. ..	39
W Railway Convalescent Home, Llandudno .. ..	85
W Railway Convalescent Home, Margate .. ..	51
M Railway Convalescent Home, Par.. ..	87
M Railway Convalescent Home, Rothesay .. ..	88
B St. Dominic's Open Air School for Boys, Godalming .. ..	35
MW St Joseph's Convalescent Home, Bournemouth .. ..	15
MW St Mary's Convalescent Home, Birchington-on-Sea .. ..	9
W St Michael's Convalescent Home, Clacton .. ..	24
MW St Osyth's Priory Convalescent Home, near Clacton .. ..	25
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. ..	69
MW Seligman Convalescent Home, Eastbourne .. ..	31
MW Victoria Convalescent Home, Bognor .. ..	12
MW Zachary Merton Annexe, Banstead .. ..	4
<b>DIETS (see Coeliacs, Diabetics)</b>	
<b>DRUG ADDICTS</b>	
W Spelthorne St Mary, Thorpe .. ..	67
<b>ECZEMA (see also Skin Cases)</b>	
MW Edith Friday Home, Blackheath .. ..	10
G Fairfield House Open Air Residential School, Broadstairs .. ..	18
B St Dominic's Open Air School for Boys, Godalming .. ..	35
BG St Catherine's School, Ventnor .. ..	68
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. ..	69
<b>EPILEPTICS</b>	
MW Bexhill Convalescent Home, Bexhill .. ..	5
MW Crabhill House, South Nutfield, Redhill .. ..	57
G Fairfield House Residential School, Broadstairs .. ..	18
BG Hales House, Winterton-on-Sea, nr Great Yarmouth .. ..	93
BG Orchard Dene, Liverpool .. ..	84
BG Pirates Spring, New Romney .. ..	54
B St Dominic's Open Air School for Boys, Godalming .. ..	35
<b>EX-SERVICE PERSONNEL</b>	
M Byng House, Southport .. ..	89
MW Convalescent Hospital for Officers, Brighton .. ..	16
MW Crabhill House, South Nutfield, Redhill .. ..	57
MW King Edward VII Convalescent Home for Officers (Osborne House), East Cowes .. ..	24
M Queen Alexandra Hospital Home, Worthing .. ..	76
MW Royal British Legion Churchill Court Convalescent Home, Sevenoaks .. ..	69
MW Royal British Legion Convalescent and Rest Home, Weston-super-Mare .. ..	91
M Tyrwhitt House, Leatherhead .. ..	46
<b>FIBROCYSTIC</b>	
BG St. Catherines School, Ventnor .. ..	68
B St Dominic's Open Air School for Boys, Godalming .. ..	35

# FRIENDLY SOCIETIES

MW Friendly Societies' Convalescent Home, Herne Bay .. .. .	38
MW Hearts of Oak Benefit Society Home, Broadstairs .. .. .	19
MW Seligman Convalescent Home, Eastbourne .. .. .	31

# GASTRICS

MW Bexhill Convalescent Home, Bexhill .. .. .	5
MW Convalescent Hospital for Officers, Brighton .. .. .	16
MW Convalescent Police Seaside Home, Hove .. .. .	41
WG Daneswood Convalescent Home, Woburn Sands .. .. .	74
W Dominican Convalescent Home, Kelvedon .. .. .	43
MW Edith Priday Home, Blackheath .. .. .	10
W Foxholm, Bognor Regis .. .. .	11
MW Friendly Societies' Convalescent Home, Herne Bay .. .. .	38
MW Headland Convalescent Home, Torquay .. .. .	90
MW Hertfordshire Seaside Convalescent Home, St. Leonards .. .. .	60
MW King Edward VII Convalescent Home for Officers (Osborne House), East Cowes .. .. .	26
W Limpsfield Convalescent Home for Women, Limpsfield .. .. .	48
BG Marlborough Children's Convalescent Hospital, Marlborough .. .. .	86
MW Maureen's Oast House for Arthritics, Lamberthurst .. .. .	44
MW Middlesex Branch Hospital and Convalescent Home, Clacton .. .. .	23
W Mildmay Convalescent Home, Worthing .. .. .	78
M Netley Castle Convalescent Home, Netley Abbey .. .. .	53
WBG Philbeach Convalescent Home, Hythe, Kent .. .. .	42
W Princess Louise Convalescent Home, Nazeing .. .. .	52
M Railway Convalescent Home, Dawlish .. .. .	82
M Railway Convalescent Home, Herne Bay .. .. .	39
W Railway Convalescent Home, Margate .. .. .	51
W Railway Convalescent Home, Llandudno .. .. .	85
M Railway Convalescent Home, Par .. .. .	87
M Railway Convalescent Home, Rothesay .. .. .	88
MW Royal British Legion Churchill Court Convalescent Home, Sevenoaks .. .. .	64
M Rustington Convalescent Home for Men, Littlehampton .. .. .	50
B St Dominic's Open Air School for Boys, Godalming .. .. .	35
MW St Joseph's Convalescent Home, Bournemouth .. .. .	15
MW St Mary's Convalescent Home, Birchington-on-Sea .. .. .	9
W St Michael's Convalescent Home, Clacton .. .. .	24
MW St Osyth's Priory Convalescent Home, Nr Clacton .. .. .	25
W St Peter's Covent, Woking .. .. .	76
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. .. .	69
MW Seligman Convalescent Home, Eastbourne .. .. .	31
MW The Headland, Torquay .. .. .	92
MW Victoria Convalescent Home, Bognor Regis .. .. .	12
MW Zachary Merton Annexe, Banstead .. .. .	4

# GENTLEFOLK

W Catharine House for Gentlewomen, St Leonards .. .. .	59
W Catisfield House Convalescent Home, Hove .. .. .	40
W Thomas Banting Memorial Home, Worthing .. .. .	80

# GROUND FLOOR BEDROOMS (see Alphabetical Index)

# GYNÆCOLOGY

Queen Charlotte's Hospital for Women Convalescent Home, St Leonards ..	61
--	----

<i>Item</i>	<i>Page</i>
<b>HEARTS</b>	
W Bell Memorial Home, Lancing .. .. .	45
MW Bexhill Convalescent Home, Bexhill .. .. .	5
BG Cheyne Hospital, West Wickham .. .. .	71
W Dominican Convalescent Home, Kelvedon .. .. .	43
MW Friendly Societies Convalescent Home, Herne Bay .. .. .	38
MW Kingsbury, Woking .. .. .	75
W London and Ascot Priory Convalescent Home, Ascot .. .. .	2
BG Marlborough Children's Convalescent Hospital, Marlborough .. .. .	86
WBG Philbeach Convalescent Home, Hythe .. .. .	42
M Railway Convalescent Home, Herne Bay .. .. .	39
W Railway Convalescent Home, Margate .. .. .	51
M Railway Convalescent Home, Dawlish .. .. .	82
W Railway Convalescent Home, Llandudno .. .. .	85
M Railway Convalescent Home, Rothesay .. .. .	88
MW Royal British Legion Churchill Court Convalescent Home, Sevenoaks .. .. .	64
MW St Joseph's Convalescent Home, Bournemouth .. .. .	15
W St Peter's Convent, Woking .. .. .	76
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. .. .	69
MW Victoria Convalescent Home, Bognor Regis .. .. .	12
<b>INCONTINENTS</b>	
MW Crabbill House, South Nutfield, Redhill .. .. .	57
<b>INVALID CHILDREN'S AID ASSOCIATION</b>	
BG Edith Edwards House, Banstead .. .. .	3
BG John Horniman School, Worthing .. .. .	77
B Meath School, Ottershaw .. .. .	55
B Pilgrims School, Seaford .. .. .	63
<b>JEWISH PATIENTS</b>	
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. .. .	69
MW Seligman Convalescent Home, Eastbourne .. .. .	31
<b>LIFTS</b>	
W Bell Memorial Home, Lancing .. .. .	45
MW Bexhill Convalescent Home, Bexhill .. .. .	5
M Byng House, Southport .. .. .	89
W Catisfield House, Hove .. .. .	40
MW Caxton Convalescent Home, Limpsfield .. .. .	47
MW Convalescent Hospital for Officers, Brighton .. .. .	16
MW Convalescent Police Seaside Home, Hove .. .. .	41
W Dominican Home, Kelvedon .. .. .	43
MW Edith Priday Home, Blackheath .. .. .	10
W Foxholm, Bognor Regis .. .. .	11
MW French Convalescent Home, Brighton .. .. .	17
MW Friendly Societies' Convalescent Home, Herne Bay .. .. .	38
W Hahnemann Convalescent Home, Bournemouth .. .. .	13
MW Hearts of Oak Home, Broadstairs .. .. .	19
MW Hertfordshire Seaside Convalescent Home, St Leonards .. .. .	60
BG John Horniman School, Worthing .. .. .	77
MW King Edward VII Convalescent Home for Officers (Osborne House), EastCoves .. .. .	26
MW Kingsbury, Woking .. .. .	75
MW Lulworth Court, Westcliff-on-Sea .. .. .	70
MW Middlesex Hospital Convalescent Home, Clacton-on-Sea .. .. .	23
W Mildmay Convalescent Home, Worthing .. .. .	78
WBG Philbeach Convalescent Home, Hythe .. .. .	42
MW Royal British Legion Churchill Court Convalescent Home, Sevenoaks .. .. .	64

<i>Item</i>	<i>Page</i>
<b>LIFTS (cont)</b>	
M Rustington Convalescent Home for Men, Littlehamon .. .. .	50
MW St Joseph's Convalescent Home, Bournemouth .. .. .	15
MW St Mary's Convalescent Home, Bournemouth-on-Sea .. .. .	9
W St Michael's Convalescent Home, Clacton .. .. .	24
W St Peter's Convent, Woking .. .. .	76
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. .. .	69
MW Seligman Convalescent Home, Eastbourne .. .. .	31
W Southern Convalescent Homes, Inc (Bell Memorial) Lancing .. .. .	45
MW Victoria Convalescent Home, Bognor Regis .. .. .	12
W Wenham Holt Convalescent Home, Liss .. .. .	49
<b>LIGHT TREATMENT</b>	
MW Bexhill Convalescent Home, Bexhill .. .. .	5
G Fairfield House Open Air Residential School, Broadstairs .. .. .	18
M Merchant Seamen's Convalescent Home, Alford .. .. .	1
B St Dominic's Open Air School for Boys Godalming .. .. .	35
MW St Mary's Convalescent Home, Bournemouth-on-Sea .. .. .	9
MW Seligman Convalescent Home, Eastbourne .. .. .	31
<b>LONDON TELECOMMUNICATIONS</b>	
MW White House Convalescent Home, Bexhill .. .. .	8
<b>LONG TERM STAY (see Alphabetical Index)</b>	
<b>MARRIED COUPLES</b>	
Caxton Convalescent Home, Limpsfield .. .. .	47
Crabbill House, South Nutfield, Redhill .. .. .	57
Edith Priday Home, Blackheath .. .. .	10
French Convalescent Home, Brighton .. .. .	17
Hertfordshire Seaside Home, St Leonards-on-Sea .. .. .	60
Kingsbury, Woking .. .. .	75
Maureen's Oast House for Arthritics, Lamberhurst .. .. .	44
Mildmay Convalescent Home, Worthing .. .. .	78
Royal British Legion Churchill Court Convalescent Home, Sevenoaks .. .. .	64
Royal British Legion Convalescent and Rest Home, Weston-super-Mare .. .. .	91
St Joseph's Convalescent Home, Bournemouth .. .. .	15
Samuel Lewis Convalescent Home, Walton-on-Naze .. .. .	69
Seligman Convalescent Home, Eastbourne .. .. .	31
Southern Convalescent Homes, Inc (Bell Memorial), Lancing .. .. .	45
Victoria Convalescent Home, Bognor .. .. .	12
White House Convalescent Home, Bexhill .. .. .	8
<b>MENTALLY HANDICAPPED PATIENTS</b>	
BG Cheyne Hospital, West Wickham .. .. .	71
BG Hales House, Winterton-on-Sea, nr Great Yarmouth .. .. .	93
BG Orchard Dene, Liverpool .. .. .	84
BG Pirates Spring, New Romney .. .. .	54
B St. Francis de Sales Special School, Hayling Island .. .. .	37
<b>MENTAL PATIENTS</b>	
W Castle Glen, Mental After-Care Home, Sandgate .. .. .	62
MW Coignafearn, Mental After-Care Home, Croydon .. .. .	28
MW The Hill House, Mental After-Care Home, Esher .. .. .	32
MW King's House, Mental After-Care Home, Bournemouth .. .. .	14

<i>Item</i>	<i>Page</i>
<b>MENTAL PATIENTS (cont)</b>	
MW Lawn Court, Mental After-Care Home, Bexhill-on-Sea .. .. .	6
W Mental After-Care Home, Cheam .. .. .	21
MW Mental After-Care Home, Chiswick .. .. .	22
MW Mental After-Care Home, Ipswich .. .. .	83
W Royal Oak House, Mental After-Care Home, Westgate-on-Sea .. .. .	72
MW Russell House, Mental After-Care Home, Folkestone .. .. .	34
W The Towers, Mental After-Care Home, Bexhill-on-Sea .. .. .	7
M Tyrwhitt House, Leatherhead, .. .. .	46
<b>MERCHANT NAVY</b>	
M Merchant Seamen's Convalescent Home, Alford .. .. .	1
<b>MULTIPLE SCLEROSIS</b>	
MW Crabhill House, South Nutfield, Redhill .. .. .	57
<b>MUSICIANS</b>	
MW St Cecilia's Westgate-on-Sea .. .. .	73
<b>NEUROTICS</b>	
M Tyrwhitt House, Leatherhead .. .. .	46
<b>NURSES AND MIDWIVES</b>	
W Edith Cavell Home of Rest for Nurses, Haslemere .. .. .	36
W Edith Cavell Home of Rest for Nurses, Windermere .. .. .	92
<b>OCCUPATIONAL THERAPY</b>	
MW Bexhill Convalescent Home, Bexhill .. .. .	5
MW Edith Priday Home, Blackheath .. .. .	10
MW Farnham Park Rehabilitation Centre, Farnham Royal .. .. .	33
MW King Edward VII Convalescent Home for Officers (Osborne House), East Coves .. .. .	26
BG Marlborough Children's Convalescent Hospital, Marlborough .. .. .	86
M Merchant Seamen's Convalescent Home, Alford .. .. .	1
M Queen Alexandra Hospital Home, Worthing .. .. .	79
W Spelthorne St Mary, Thorpe .. .. .	67
M Tyrwhitt House, Leatherhead .. .. .	46
MW Zachary Merton Annexe, Banstead .. .. .	4
<b>ORTHOPAEDIC (see also plasters)</b>	
MW Bexhill Convalescent Home, Bexhill .. .. .	5
BG Cheyne Hospital, West Wickham .. .. .	71
MW Edith Priday Home, Blackheath .. .. .	10
MW Farnham Park Rehabilitation Centre, Farnham Royal .. .. .	33
MW Lulworth Court, Westcliff-on-Sea .. .. .	70
BG Marlborough Children's Convalescent Hospital, Marlborough .. .. .	86
B St Dominic's Open Air School for Boys, Godalming .. .. .	35
W St Peter's Convent, Woking .. .. .	76
<b>PARAPLEGICS</b>	
MW Crabhill House, South Nutfield, Redhill .. .. .	57
<b>PHENYLKETONURIA</b>	
B St Dominic's Open Air School for Boys, Godalming .. .. .	35
<b>PHYSIOTHERAPY</b>	
MW Bexhill Convalescent Home, Bexhill .. .. .	5
BG Cheyne Hospital, West Wickham .. .. .	71
WG Croft Annexe (London Hospital), Reigate .. .. .	58

<i>Item</i>	<i>Page</i>
<b>PHYSIOTHERAPY (cont)</b>	
WG Daneswood Convalescent Home, Woburn Sands .. .. .	74
G Fairfield House Residential School, Broadstairs .. .. .	18
MW Farnham Park Rehabilitation Centre, Farnham Royal .. .. .	33
MW King Edward VII Convalescent Home for Officers (Osborne House), East Cowes .. .. .	26
BG Marlborough Children's Convalescent Hospital, Marlborough .. .. .	86
B Meath School, Ottershaw .. .. .	55
B Pilgrims School, Seaford .. .. .	63
M Queen Alexandra Hospital Home, Worthing .. .. .	79
MW Royal British Legion Churchill Court Convalescent Home, Sevenoaks .. .. .	64
BG St Catherine's School, Ventnor .. .. .	68
B St Dominic's Open Air School for Boys, Godalming .. .. .	35
W St Michael's Convalescent Home, Clacton .. .. .	24
MW Zachary Merton Annexe, Banstead .. .. .	4
<b>PLASTERS (see also Orthopaedic)</b>	
MW Bexhill Convalescent Home, Bexhill .. .. .	5
MW Edith Friday Home, Blackheath .. .. .	10
MW Hertfordshire Seaside Convalescent Home, St Leonards .. .. .	60
M Merchant Seamen's Convalescent Home, Alford .. .. .	1
WBG Philbeach Convalescent Home, Hythe, Kent .. .. .	42
<b>POLICE</b>	
MW Convalescent Police Seaside Home, Hove .. .. .	41
<b>PRINTERS</b>	
MW Caxton Convalescent Home, Limpsfield .. .. .	47
MW Lloyd Memorial Printers' Convalescent Home, Deal .. .. .	29
<b>PROFESSIONAL CLASSES (see Gentlefolk)</b>	
<b>PSYCHIATRIC NURSING</b>	
M Tyrwhitt House, Leatherhead .. .. .	46
<b>RAILWAY CONVALESCENT HOMES</b>	
M Railway Convalescent Home, Dawlish .. .. .	82
M Railway Convalescent Home, Herne Bay .. .. .	39
W Railway Convalescent Home, Llandudno .. .. .	85
W Railway Convalescent Home, Margate .. .. .	51
M Railway Convalescent Home, Par .. .. .	87
M Railway Convalescent Home, Rothesay .. .. .	88
<b>REHABILITATION</b>	
MW Farnham Park Rehabilitation Centre, Farnham Royal .. .. .	33
MW King Edward VII Convalescent Home for Officers (Osborne House), East Cowes .. .. .	26
W Spelthorne St Mary, Thorpe .. .. .	67
M Tyrwhitt House, Leatherhead .. .. .	46
MW Zachary Merton Annexe, Banstead .. .. .	4
<b>RHEUMATISM</b>	
W Bell Memorial Home, Lancing .. .. .	45
BG Cheyne Hospital, West Wickham .. .. .	71
MW Crabhill House, South Nutfield, Redhill .. .. .	57
MW Edith Friday Home, St. John's Park, Blackheath .. .. .	10



<i>Item</i>	<i>Page</i>
<b>RHEUMATISM (cont)</b>	
W Foxholm, Bognor Regis .. .. .	11
MW French Convalescent Home, Brighton .. .. .	17
W Hahnemann Convalescent Home, Bournemouth .. .. .	13
MW Kingsbury, Woking .. .. .	75
BG Marlborough Children's Convalescent Hospital, Marlborough .. .. .	86
W Maureen's Oast House for Arthritics, Lamberhurst .. .. .	44
WBG Philbeach Convalescent Home, Hythe .. .. .	42
M Railway Convalescent Home, Dawlish .. .. .	82
M Railway Convalescent Home, Herne Bay .. .. .	39
W Railway Convalescent Home, Llandudno .. .. .	85
W Railway Convalescent Home, Margate .. .. .	51
M Railway Convalescent Home, Par .. .. .	87
M Railway Convalescent Home, Rothesay .. .. .	88
MW Samuel Lewis Seaside Convalescent Home, Walton-on-Naze .. .. .	69
<b>ROMAN CATHOLICS</b>	
W Dominican Convalescent Home, Kelvedon .. .. .	43
MW French Convalescent Home, Brighton .. .. .	17
B St Dominic's Open Air School for Boys, Godalming .. .. .	35
MW St Joseph's Convalescent Home, Bournemouth .. .. .	15
W St Michael's Convalescent Home, Clacton .. .. .	24
<b>ROYAL BRITISH LEGION</b>	
M Byng House, Southport .. .. .	89
MW Royal British Legion Churchill Court Convalescent Home, Sevenoaks .. .. .	64
MW Royal British Legion Convalescent and Rest Home, Weston-super-Mare .. .. .	91
<b>SKIN CASES (see also Eczema)</b>	
BG Marlborough Children's Convalescent Hospital, Marlborough .. .. .	86
WBG Philbeach Convalescent Home, Hythe .. .. .	42
BG St Catherine's School, Ventnor .. .. .	68
B St Dominic's Open Air School for Boys, Godalming .. .. .	35
MW St Osyth's Priory Convalescent Home, near Clacton .. .. .	25
MW Samuel Lewis Seaside Convalescent Home Walton-on-Naze .. .. .	69
<b>SPASTICS</b>	
MW Crabhill House, South Nutfield, Redhill .. .. .	57
<b>SPEECH THERAPY</b>	
BG Cheyne Hospital, West Wickham .. .. .	71
BG Dedisham School for Autistic Children, Slinfold .. .. .	65
BG Edith Edwards House, Banstead .. .. .	3
MW Farnham Park Rehabilitation Centre, Farnham Royal .. .. .	33
BG John Horniman School, Worthing .. .. .	77
BG Moor House School, Oxted .. .. .	56
<b>SPINA BIFIDA</b>	
BG Cheyne Hospital, West Wickham .. .. .	71
<b>THALASSAEMIA</b>	
B St Dominic's Open Air School for Boys, Godalming .. .. .	35
<b>TUBERCULOSIS CONTACTS</b>	
BG St. Catherine's School, Ventnor .. .. .	68
BG St Mary's Home for Children, Broadstairs .. .. .	20
BG Yarburgh Children's Home, East Grinstead .. .. .	30

# INDEX OF HOMES FOR CHILDREN

Alphabetical list of Children's Homes showing age groups accepted at each Home

<i>Ages</i>		<i>Name of Home</i>	<i>Page</i>
<i>Boys</i>	<i>Girls</i>		
$\frac{1}{2}$ -10	$\frac{1}{2}$ -10	Cheyne Hospital, West Wickham .. .. .	71
	12-15	Croft Annexe (London Hospital), Reigate .. .. .	58
5-12	5-12	Edith Edwards House, Banstead .. .. .	3
	5-16	Fairfield House Residential School, Broadstairs .. .. .	18
0-16	0-16	Hales House, Winterton-on-Sea, nr Great Yarmouth .. .. .	93
5-9	5-9	John Horniman School, Worthing .. .. .	77
$1\frac{1}{2}$ -15	$1\frac{1}{2}$ -15	Marlborough Children's Convalescent Hospital, Marlborough .. .. .	86
8-12		Meath School, Ottershaw .. .. .	55
8-16	8-16	Moor House School, Oxted .. .. .	56
2-12	2-12	Orchard Dene, Liverpool .. .. .	84
12-16		Pilgrims School, Seaford .. .. .	63
0-16	0-16	Pirates Spring, New Romney .. .. .	54
5-13 $\frac{1}{2}$	5-13 $\frac{1}{2}$	St Catherine's School, Ventnor .. .. .	68
5-16		St Dominic's Open Air School for Boys, Godalming .. .. .	35
3-9	3-15	St Mary's Home for Children, Broadstairs .. .. .	20
1-7	1-7	Yarburgh Children's Home, East Grinstead .. .. .	30

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