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KING EDWARD'S HOSPITAL FUND FOR LONDON

DIRECTORY

OF

CONVALESCENT HOMES

SERVING GREATER LONDON

1972

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TABLE OF CONTENTS

									Pa	age No
Preface			• •				• .			iv
Map of Hospital Reg	ions		• •	• •	• •			• •		v
Explanatory Note	• •	••								vii
List of Homes added Homes which ha					t issue	of the	Direct	ory and		viii
PART I Convalescent Homes and the Wessex the names of tov	Hosp	ital Re	gion ar	ranged	l alpha					1-85
Convalescent Homes the Wessex Regi						_	Regio	ns and		88-99
Geographical Index		• •	• •	• •						ix
Alphabetical Index	••	••	• •	• •						xiv
Classified Index	••	••	• •							xv ii
Children's Index		• •								xxv

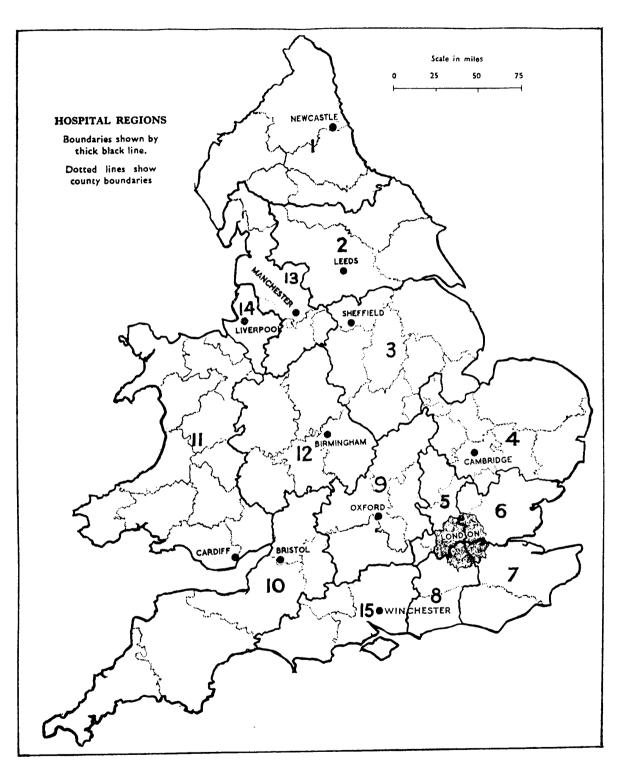
PREFACE

The Directory was first published in 1948. As a result of reports of its usefulness received from Medical Social Workers and Health Workers, it was decided to make it an annual publication.

The decision to include a particular Home in this directory lies at the discretion of the Committee. Nearly all the Independent homes were visited by one or more members of the Committee prior to their acceptance for the Directory, and subsequently annual visits have been made whenever possible. Homes within the National Health Service have also been visited, by courtesy of Regional Hospital Boards. Private Homes that have contractual arrangements with Regional Hospital Boards have been included.

Homes which are situated outside the borders of the four Metropolitan Hospital Regions and of the Wessex Region have been placed in Part II, few of them having been visited by members of the Committee. Wherever they may be, all Homes in the Directory are for patients for whom convalescence or a recuperative holiday has been recommended by a doctor.

Information about 46 convalescent homes situated outside the four Metropolitan Hospital Board Regions can be found in the Directory of Convalescent Homes serving the Provinces published by the British Hospitals Contributory Schemes Association (1948), 87 Lord Street, Liverpool 2.



REGIONAL HOSPITAL BOARDS

(See Map on previous page)

- 1 NEWCASTLE Regional Hospital Board, Benfield Road, Walker Gate, Newcastle on Tyne, NE6 4PY (0632 659141.)
- 2 LEEDS Regional Hospital Board, Park Parade, Harrogate. (Harrogate 5061-8.)
- 3 SHEFFIELD Regional Hospital Board, Fulwood House, Old Fulwood Road, Sheffield, S10 3TH (0742 306511.)
- 4 EAST ANGLIAN Regional Hospital Board, Union Lane, Chesterton, Cambridge (0223 61212.)

METROPOLITAN Regional Hospital Boards

- 5 NORTH-WEST
 6 NORTH-EAST
 8 SOUTH-WEST

 40 Eastbourne Terrace, London W2
 (01-262-8011)
- 7 SOUTH-EAST Randolph House, 46-48 Wellesley Road, Croydon, CR9 3QA (01-686-8877.)
- 9 OXFORD Regional Hospital Board, Old Road, Headington, Oxford (0865 64861.)
- 10 SOUTH-WESTERN Regional Hospital Board, 27 Tyndalls Park Road, Bristol, BS8 1PJ (Bristol 38471.)
- 11 WELSH Regional Hospital Board, Temple of Peace and Health, Cathays Park, Cardiff, CF1 3NW (Cardiff 31021/8.)
- 12 BIRMINGHAM Regional Hospital Board, Arthur Thomson House, 146/150 Hagley Road, Birmingham 16. (021-454-4828.)
- 13 MANCHESTER Regional Hospital Board, Gateway House, Piccadilly South, Manchester 1 M60 76P (061-236-9456.)
- 14 LIVERPOOL Regional Hospital Board, Wilberforce House, The Strand, Liverpool 2 (051-236-8464)
- 15 WESSEX Regional Hospital Board, Highcroft, Romsey Road, Winchester, Hants. (Winchester 63511)

EXPLANATORY NOTE

PART I of the Directory contains Homes within the four Metropolitan Hospital Regions and the Wessex Region arranged alphabetically according to the name of the town or village in which the Home is situated. Where there is more than one Home in a particular town, they are arranged in alphabetical order according to the names of the Homes.

PART II provides similar information about Homes situated outside those Regions.

The page containing details of each Home shows the Hospital Region in which the Home is situated at the top left hand corner and at the top right hand corner the words: "National Health Service," "Contractual Arrangements," "Special School" or "Independent." Patients at the first two will normally be a charge to the Regional Hospital Board, those at Special Schools are maintained by Local Educational Authorities and those at Independent Homes are frequently approved by Local Health Authorities under the recuperative holiday schemes.

When it is desired to select a Home in a particular district, reference should first be made to the GEOGRAPHICAL INDEX of Homes on pages ix to xiii. Private Homes having contractual arrangements with Hospital Boards are printed in italics in this list.

ALPHABETICAL INDEX on pages xiv to xvi is an alphabetical list of all Homes. The prefix letters to each Home show whether men, women or children are accepted and whether the following facilities are provided:—breakfast in bed, bed cases, ground floor rooms, long term stay.

CLASSIFIED INDEX on pages xvii to xxiv contains lists of Homes showing the treatments they provide and medical conditions accepted. It also lists Homes taking particular social or occupational groups.

CHILDREN'S INDEX on page xxv contains a list of all the children's Homes showing the age groups accepted.

NORMAL EXCLUSIONS—Although the types of cases not admissible vary to a certain degree as between Homes, it can normally be taken that Pulmonary Tuberculosis, Pregnancy (after the fifth month), Mental Cases, Epilepsy, Incurable, Infectious and Contagious Diseases and usually Skin Disease, Open Sores and Wounds are not accepted, unless otherwise stated. In trying to decide whether a patient is eligible or not for any given Home, a study of the information given under TREATMENT and STAFF will give a good idea as to the type of work undertaken.

LIST OF HOMES ADDED AND OMITTED SINCE THE LAST ISSUE OF THE DIRECTORY

HOMES ADDED

The Hill House, Esher.

Dedisham School for Autistic Children, Slinfold

HOMES OMITTED

Bexhill Convalescent Home for Women. *
Brooklands Convalescent Home, Coggeshall.
Hart's Leap, Sandhurst.
The Railway Convalescent Home, Wirral.

* Bexhill Convalescent Home for Men has been re-named Bexhill Convalescent Home and now accepts both men and women patients.

MERCHANT SEAMEN'S CONVALESCENT HOME

ALFOLD, SURREY.

(Loxwood 555/270)

PATIENTS: Serving Merchant Seamen only. All convalescent cases.

Ineligible: Bed cases.

RELIGION: Undenominational.

BEDS: 25, in single rooms.

TREATMENT: Infra-Red Light: Occupational Therapy: Special diets: All dressings.

STAFF: Chief Resident Officer: Welfare Manager.

Nursing Staff: 1 Female (Resident.) Medical Staff: 1 Dr J W Hodson.

LENGTH OF STAY: 3-4 weeks. Extensions granted.

ROUTINE AND RECREATION: Patients get up at 7.30 am and go to bed at 10.30 pm. There is a library and plenty of indoor games, radio, television and a licensed club.

Visiting Day: Any day by appointment.

CHARGES: None. King George's Fund for Sailors contributes towards the upkeep of each seaman.

RECEIVING DAY: By arrangement, usually Wednesdays.

DISCHARGE DAY: By arrangement.

STATION: Guildford (Surrey) or Horsham (Sussex).

GENERAL: A splendidly equipped Home, in the grounds of the Society's 400 acre farm training centre, which is run for the rehabilitation of disabled seamen.

APPLICATIONS: to the Secretary, Merchant Seamen's War Memorial Society, Alfold, Surrey. (Telephone: Loxwood 555) or at any Branch Office of the National Union of Seamen.

LONDON AND ASCOT PRIORY CONVALESCENT HOME

ASCOT PRIORY, ASCOT, BERKS.

(Winkfield Row 2067)

Parent Society: Society of The Most Holy Trinity, Ascot, Berks. SL5 8RT (Winkfield Row 2067)

PATIENTS: Women from 50 upwards. General Convalescence. Post-operative cases. Chronics. Hearts.

Ineligible: Normal exclusions. Bed cases. Those requiring night nursing.

RELIGION: Church of England. (All denominations accepted).

BEDS: 27, in one large ward on the ground floor. No isolation ward.

TREATMENT: No treatments or diets. Simple dressings. Intra-muscular injections can be given.

STAFF: Chief Resident Officer: The Reverend Mother Superior.

Nursing Staff: 4 SRN

Medical Staff: Dr G Cook (visiting).

LENGTH OF STAY: No limit. Minimum 2 weeks.

ROUTINE AND RECREATION: Patients rise at 8.30 am after having breakfast in bed, and retire at 6.30 pm. No domestic work is expected from the patients. There is a library, and facilities for handicraft work are available.

Visiting Day: Every day except Monday 2.30 pm to 5 pm.

CHARGES: £9.45 per week. Personal laundry extra. There is one bed at a reduced charge of £2.50 per week, obtainable via the Reverend Mother Superior.

RECEIVING DAYS: Monday and Thursday.

DISCHARGE DAYS: Monday and Thursday (or by arrangement)

STATION: Ascot, from Waterloo.

GENERAL: The Home, which was built in 1865, is set well back from the road amongst pine-woods. It is attached to a Convent and stands in extensive grounds. Medical Social Workers are advised that it is suitable for elderly patients mostly of long stay.

APPLICATIONS: to the Reverend Mother Superior at the Home. NHS patients to the NW Metropolitan Regional Hospital Board, 40 Eastbourne Terrace, W2.

EDITH EDWARDS HOUSE

PARK ROAD, BANSTEAD, SURREY.

(Burgh Heath 54174)

Parent Society: The Invalid Children's Aid Association.

PUPILS: Boys and Girls, from 5-12 years, suffering from severe communication difficulties and emotional disturbance. Maximum admission age-9.

RELIGION: Undenominational.

BEDS: 21.

TREATMENT: Psychiatric consultations. Routine medical supervision. Speech

STAFF: Chief Resident Officer: Headmistress, Miss P Denny.

Medical Staff: Dr A Skarbek (Visiting Consultant Psychiatrist). Dr Frances Hill, School Medical Officer.

LENGTH OF STAY: Minimum one year. Until ready for transfer or on reaching maximum age.

ROUTINE AND RECREATION: Children get up at 7.30 am, and go to bed between

6.0 pm and 8.0 pm.

School: 5 hours daily in small groups according to ability; individual teaching for assessment of particular methods required for each child. Short holidays spent at home four times a year, and half-term and other week-ends if considered desirable.

Visiting Day: By arrangement with the Headmistress.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: By arrangement.

DISCHARGE DAY: Normally at the end of term.

STATION: Sutton, Surrey, from Victoria thence by bus No 164 to Banstead War Memorial at the entrance to Park Road.

GENERAL: A modern school building with small and varied rooms for a wide range of activities.

APPLICATIONS: to the General Secretary, The Invalid Children's Aid Association, 126 Buckingham Palace Rd., London, SW1W 9SB (01-730-9891)

ZACHARY MERTON ANNEXE

HOLLY LANE. BANSTEAD, SURREY.

(2554822)

Patients taken from The London Hospital only, (01-247 5454), or by arrangement from the North East Metropolitan Regional Board, if vacancies permit

PATIENTS: Men and women over 21. Medical and surgical cases. Bed cases.

RELIGION: Undenominational.

BEDS: 50, on ground floor, in one ward of 12, six wards of 6, 1 private room and 1 isolation room.

TREATMENT: Physiotherapy and Occupational Therapy given. Limited number of Gastric and Diabetic diets provided. All dressings.

STAFF: Chief Resident Officer: Sister-in-Charge (SRN RFN)

Nursing Staff: Trained Nurses; Student Nurses; Pupil Nurses; Nursing

Auxiliaries.

Medical Staff: Dr D Aldridge (Medical Officer in Charge).

Dr R A S Redd.

LENGTH OF STAY: Normal (maximum 1 month.)

ROUTINE AND RECREATION: After early tea at 7 am those well enough are asked to be up and go to the dining room for breakfast at 8 am. All patients are encouraged to rest on their beds between 1.30 and 3 pm. There is a library and facilities for indoor games and separate television and sitting rooms.

Visiting Day: Open visiting every day between 11 am and 8 pm.

RECEIVING DAYS: Monday and Thursday (men); Tuesday and Friday (women).

DISCHARGE DAYS: Monday and Thursday (men); Tuesday and Friday (women).

STATION: Banstead from Victoria or London Bridge. Patients are brought from The London Hospital by ambulance.

GENERAL: The Home stands on high ground with an open field in front of it. All beds can be pushed out on to a wide, sunny terrace.

NW METROPOLITAN REGION BARNET GROUP HOSPITAL MANAGEMENT COMMITTEE

WINIFRED HOUSE CONVALESCENT HOSPITAL FOR CHILDREN

BARNET GATE, ARKLEY, BARNET, HERTS.

(01-449-3343)

PATIENTS: Boys and Girls aged 6 months to 12 years. Short or Long-term patients taken. Patients in plaster. Osteomyelitis. Non-Pulmonary TB, TB. Meningitis. Pneumonia. Asthma. Bed patients (limited number).

Ineligible: Normal exclusions.

RELIGION: Undenominational.

BEDS: 20, in wards of 8 and 12 beds. All on ground floor.

TREATMENT: Physiotherapy and Ultra-Violet Rays available. Simple dressings.

STAFF: Chief Resident Officer: Matron (SRN RSCN).

Nursing Staff: 2 Full-time Sisters; 3 Part Time Sisters; 1 Part Time Staff
Nurse; 1 Part Time Senior Enrolled Nurse; 1 Full Time
Nursing Auxiliary; 4 Part Time Nursing Auxiliaries; 6 Pupil

Nurses; 1 Part Time Nursery Nurse.

Medical Staff: Dr K R Norton, (visiting consultant paediatrician).

Dr L R Gardner (visiting), Dr R C E Norman (visiting).

LENGTH OF STAY: No limit.

ROUTINE AND RECREATION: Patients rise at 7.30 am and retire at 7 pm. There is a compulsory rest period as and when necessary.

There is a supply of toys and indoor games.

Visiting Day: Daily, 2 to 3.30 pm, or by arrangement.

RECEIVING DAY: No special day.

DISCHARGE DAY: No special day.

STATION: New Barnet, from Kings Cross; or High Barnet (Northern Line). A bus runs from either station past the Home.

GENERAL: The Home was built in 1936 and stands on very high ground surrounded by fields.

APPLICATIONS: to the Matron.

PARNHAM

BEAMINSTER, DORSET.

(Beaminster (030 84-204)

PATIENTS: Elderly ladies suffering from a degree of mental deterioration, mainly loss of memory and confusion, but who are ambulant, able to walk up and down stairs unaided, and not incontinent on admission.

Ineligible: Bed-ridden and helpless cases, or those needing mental hospital treatment.

RELIGION: Undenominational.

BEDS: 52.

TREATMENT: Appropriate care, simple treatments and diets, regular chiropody dental treatment etc.

STAFF: Chief Resident Officers: Joint Wardens: Mrs H M Moulding SRN Mr R F Moulding.

Nursing Staff:

Deputy Warden (SRN)
Day assistants and night nurses.

Medical Staff:

Dr T Green (visiting). Dr C E Roachsmith (Hon. Consultant Psychiatrist).

CHARGES: From: £19.35 (under review)

RECEIVING DAY: By arrangement.

STATION: Crewkerne from Waterloo. (The Warden will arrange for a car to meet trains, if necessary).

GENERAL: A beautiful Elizabethan Manor, modernised, with central heating, a lift, spacious grounds and well laid out gardens. Residents are encouraged to lead as normal a life as possible and regular social activities are arranged. The policy of the Association is to provide continuity of care.

(Short-stay cases can be accepted, if suitable, but the home is essentially for permanent residents).

APPLICATION: to Social Services Department, National Association for Mental Health, 39 Queen Anne Street, London, W1M OAJ (01-935-1272).

BEXHILL CONVALESCENT HOME

163 COODEN SEA ROAD, LITTLE COMMON, BEXHILL-ON-SEA, SUSSEX.

> (Cooden 2005) (Patients—Cooden 3782)

PATIENTS: Men and Women from 17 years from the South-East Metropolitan Region and London Teaching Hospitals. General convalescence especially for post-operative cases. Cardiac Diseases (including post cardiac surgery).

Ineligible : Bed cases. Urinary incontinence. Severe asthma. Cor pulmonale. Inoperable malignant disease with a poor prognosis. Psychotic illness and senile confusional states.

RELIGION: Undenominational.

BEDS: 72. (Dormitory Wards. No single rooms). Lift.

TREATMENT: Convalescent, gastric and other diets, (including full, light, low calorie, low salt, but not individual diets). Dressings. Physiotherapy and active exercises.

STAFF: Chief Officer: Nursing Officer.

Nursing Staff: 8 SRN

Medical Staff: Dr J G Holmes-Milner (visiting).

LENGTH OF STAY: 2 to 3 weeks or at discretion of the Medical Officer of the Home.

ROUTINE AND RECREATION: The patients are called at 7.15 am and go to bed at 9.0-9.30 pm.

There are facilities for suitable indoor and outdoor games. Television, radio and library.

Visiting Days: Wednesday, Saturday and Sunday 2 to 4.30 pm.

RECEIVING DAY: Tuesday.

DISCHARGE DAY: Monday.

STATION: Cooden Beach, from Victoria.

GENERAL: The Home stands in its own grounds in a pleasant position. It is ten minutes' walk from the sea.

APPLICATIONS: to the Group Secretary, Hastings Group Hospital Management Committee, 9 White Rock Road, Hastings, Sussex. (Envelopes endorsed "Bexhill Convalescent Home.") Tel: Hastings 5400 Ext 47.

LITTLE FOLKS HOME

LITTLE COMMON, BEXHILL-ON-SEA, SUSSEX.

(Cooden 2284)

This Home is for patients from Queen Elizabeth Hospital for Children, London and, when there are vacancies, for patients from other hospitals in the NE Metropolitan Region, and elsewhere.

PATIENTS: Boys over one and under eleven years. Girls over one and under fourteen years. General convalescence.

Ineligible: Normal exclusions.

RELIGION: Non-denominational.

BEDS: 40.

TREATMENT: No treatments. Special diets provided. All dressings. Physiotherapy.

STAFF: Chief Resident Officer: Matron-in-Charge (SRN RSCN SCM)

Nursing Staff: 2 RSCN, 10 Nursing Assistants.

1 Part-time physiotherapist. MCSP.

Medical Staff: Dr R K Reid (visiting).

LENGTH OF STAY: No limit, but as recommended by the hospital.

ROUTINE AND RECREATION: Normal times of rising and retiring. There is a compulsory rest during the afternoon. Tuition for children over seven years old. There is a supply of toys and books as well as facilities for indoor and outdoor games.

Visiting: Saturday and Sunday between 1.45 and 3.45 pm, and other days by arrangement. (Not on first weekend of stay).

RECEIVING DAY: Normally Wednesday.

DISCHARGE DAY: Normally Wednesday.

STATION: Cooden Beach, from Victoria.

GENERAL: The Home is about a mile from the sea and stands in 5 acres of ground.

APPLICATIONS: to the Medical Social Worker, Queen Elizabeth Hospital for Children, Hackney Road London, E2 (01-739-8422 Extension 12).

THE MENTAL AFTER CARE ASSOCIATION

LAWN COURT, 26-27 PARK ROAD, BEXHILL-on-SEA, SUSSEX.

PATIENTS: Men and Women suffering from some degree of mental disability. Normally long-stay but recuperative holidays also given.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 37. 1-5, according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Three resident staff trained or experienced in Mental nursing.

Medical Staff: Visiting Physician.

LENGTH OF STAY: Recuperative holidays or indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities encouraged.

CHARGES: £10.50 per week.

RECEIVING DAY:
Any week-day.
DISCHARGE DAY

STATION: Bexhill Central—frequent trains from Victoria.

GENERAL: Large house facing park and one minute from sea.

APPLICATIONS: To The Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

THE MENTAL AFTER CARE ASSOCIATION

THE TOWERS, 18 EGERTON ROAD, BEXHILL-on-SEA, SUSSEX.

PATIENTS: Women suffering from some degree of mental disability.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care and night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 28. 1-4 according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Two resident staff trained or experienced in Mental nursing.

Medical Staff: Visiting Physician.

LENGTH OF STAY: Recuperative holidays or indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities encouraged.

CHARGES: £10.50 per week.

RECEIVING DAY:

Any week-day.

DISCHARGE DAY:

STATION: Bexhill Central—frequent trains from Victoria Station.

GENERAL: Large house facing park, with Annexe, one minute from sea.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

THE WHITE HOUSE CONVALESCENT HOME

23 CANTELUPE ROAD, BEXHILL-ON-SEA, SUSSEX.

(Bexhill 2540)

London Telecommunications Region Mutual Aid Fund

PATIENTS: Members of the London Telecommunications. Other patients accepted if vacancies. General convalescence either sex up to 65 years of age.

Ineligible: Normal exclusions. Bed cases. No diets.

RELIGION: Undenominational.

BEDS: 22, 3 single rooms; 8 rooms with 2 single beds; (including 1 on the ground floor); 1 room with 3 single beds.

TREATMENT: None. Simple dressings.

STAFF: Chief Resident Officer: Mrs M Russell (Matron).

Nursing Staff: None.

Medical Staff: Visiting Doctor.

LENGTH OF STAY: Normally 2 weeks.

ROUTINE AND RECREATION: No restrictions. Radio, television and small library.

CHARGES: £10.00 per week.

RECEIVING DAY: Saturday.

DISCHARGE: Friday.

STATION: Bexhill (Central).

GENERAL: Home 150 yards from the sea. Garden.

COMMUNICATIONS: to General Secretary, LTR Mutual Aid Fund, Westle House, 32-38 Uxbridge Road, Ealing, London, W5 2BA 01-579-8421

APPLICATIONS: to P231B, Room 945 Camelford House, 87/90 Albert Embankment, London SE1 (01-587-8000. Ext 7263.)

ST MARY'S CONVALESCENT HOME

BEACH AVENUE, BIRCHINGTON-ON-SEA, KENT.

(Thanet 41667)

PATIENTS: Diabetic men and women (including those with complications). A limited number of non-diabetic women are admitted by arrangement if beds are available.

RELIGION: Undenominational.

BEDS: 44 for women, 13 for men—limited accommodation on ground floor. There is a lift.

TREATMENT: Special training in diabetic diet and injection. Diabetic diets of all types are provided, including variations, e.g. diabetic gastrics. All dressings—subject to acceptance by Matron.

STAFF: Chief Resident Officer: Assistant Matron.

Nursing Staff: 6 SRN; 3 SEN; 8 Nursing Auxiliaries.

Medical Staff: Dr T S Stone (Visiting Consultant).

Dr J T Hayden (Visiting General Practitioner).

LENGTH OF STAY: 2 to 3 weeks—subject to medical necessity.

ROUTINE AND RECREATION: Patients rise at 7.30 am and go to bed at 10 pm. Those who are able are asked to make their own beds. So far as treatments permit, patients may go out daily until 8.00 pm.

Visiting: Daily.

RECEIVING DAY:

Any week-day, by arrangement.

DISCHARGE DAY:

STATION: Birchington, from Victoria or Cannon Street. Patients are met by arrangement at the station, which is only 2 minutes from the Home.

GENERAL: The Home was originally built as a Convalescent Home in 1888, and has been kept modernised. Passenger lift installed in 1967. The Home is situated within easy reach of the beach.

APPLICATIONS: to the Hospital Secretary at the Home.

EDITH PRIDAY HOME OF THE BRITISH RED CROSS SOCIETY

21 & 23 ST JOHN'S PARK, BLACKHEATH, SE3 7TE

(Office: 01 858-0039) (Patients: 01 858-1063)

PATIENTS: Men and women over 70, mainly those living in the County of London, for convalescence.

Ineligible: Incontinent cases, mentally confused, colostomy and tracheostomy cases or bed-ridden.

RELIGION: Undenominational.

BEDS: 42, in wards of 2-4. (3 ground floor wards—women).

TREATMENTS: Some treatments undertaken but physio-therapy must be arranged through Miller General Wing, SE10 8LJ, (Tel:01-692-1136), of Greenwich District Hospital. Gastric and diabetic diets provided. Simple dressings. A supply of drugs should accompany patients together with an up-to-date letter giving particulars of dosage and treatments. Patient's National Health Service number and name and address of General Practitioner must be shown on forms.

STAFF: Chief Officer: Matron (SRN).

Nursing Staff: 1 SRN, 4 SEN, 4 Nursing Auxiliaries.

2 Night Attendants.

Medical Staff: Dr W Chandler (Hon. Medical Officer).

Administration: Secretary.

LENGTH OF STAY: Maximum 6 weeks.

ROUTINE AND RECREATION: All clothing and possessions must be marked. No domestic work involved. Independence encouraged. Diversional therapy. Hair-dressing and chiropody arranged. Trolley shop. Film shows. Coach trips. Visiting: Unrestricted. Outings encouraged.

CHARGES: £16.80 per week.

RECEIVING DAY: Thursday.

DISCHARGE DAY: Thursday.

STATION: Blackheath, from Charing Cross, Waterloo and London Bridge. Green Line bus (701 & 702) from Victoria to Roxy Cinema. Buses: 53, 54, 75, 89, 108B and 192.

GENERAL: There is a lift. The Home is situated in a spacious residential district with pleasant gardens. Very near church, shops, cinema.

APPLICATIONS: To the Divisional Director, 46 Vanbrugh Park, Blackheath, London, SE3 7AA. Tel: 01-858-0157.

FOXHOLM

3 MARINE DRIVE WEST, BOGNOR REGIS, SUSSEX

(Bognor Regis 23517) (024-33-23517)

Bermondsey Medical Mission.

PATIENTS: Women over 60.

Ineligible: Cases requiring night attention or bed cases. Incontinent or mentally confused patients.

RELIGION: Interdenominational (Mission).

BEDS: 24; eight on the ground floor, 3 single rooms upstairs. Lift.

TREATMENT: Special diets provided: Light dressings.

STAFF: Nursing Staff: Matron (SRN).

2 Part time SEN.

Medical Staff: Visiting.

LENGTH OF STAY: Normally 2 weeks: longer in winter months if required.

ROUTINE AND RECREATION: Breakfast in bed, evening prayers, television, radio, books and piano.

CHARGES: £12.00 per week.

RECEIVING DAY: Monday

DISCHARGE DAY: Monday

VISITING DAY: Any day.

STATION: Bognor Regis. 14.02 pm train from Victoria is met at Bognor Regis station.

GENERAL: The house is situated on the sea front within easy reach of shops.

APPLICATIONS: to the Matron.

THE VICTORIA CONVALESCENT HOME

THE ESPLANADE, BOGNOR REGIS, SUSSEX.

(Bognor 23042)

PATIENTS: Women, men and married couples aged 16–70, but older cases will receive consideration. General convalescence including Asthma, mild heart cases.

Ineligible: Normal exclusions. Bed cases.

RELIGION: Undenominational.

BEDS: 40 beds in all. 30 in wards mostly cubicled. 6 single rooms. 2 double rooms. 6 beds are on the ground floor. There is a lift.

TREATMENT: No special treatments. Simple and approved gastric diets are arranged. Simple dressings.

STAFF: Chief Resident Officer: Matron (SRN).

Nursing Staff: 1 Nurse SRN (resident).

2 Nursing Auxiliaries.

1 Night Nurse.

Medical Staff: Dr Greenway (visiting).

LENGTH OF STAY: As required.

ROUTINE AND RECREATION: The patients may rest in their rooms in the afternoons. Piano, wireless, books, television.

Visiting Day: Any day.

CHARGES: £8.50 per week. Single rooms £11.00 per week. Double rooms £9.00 per week each.

RECEIVING DAYS: Mondays.

DISCHARGE DAY: Mondays.

STATION: Bognor Regis, from Victoria. The Home is 7 minutes' walk from the station.

GENERAL: The Home was built in 1897 and stands on the sea front. It has a pleasant garden and is near to shops etc.

APPLICATIONS: to the Secretary, The Victoria Convalescent Home, Roselawn, Rose Walk, Seaford, Sussex (Seaford 3950).

HAHNEMANN CONVALESCENT HOME

HAHNEMANN ROAD, WEST CLIFF, BOURNEMOUTH, HANTS BH2 5IW

(Bournemouth 20115)

PATIENTS: Women. General convalescence. Subject to the absolute discretion of the Medical Officer and/or Sister-in-Charge, a few emotionally disturbed patients can sometimes be accepted. Such patients must have already RECEIVED treatment for their condition and be in the convalescent stage.

Ineligible: Patients suffering from Pulmonary Tuberculosis. Advanced Heart Disease. Bronchitis or Bronchial Asthma. Fits (Epileptic or other). Diabetes (or Special Diet), cases of incontinence or recovering from infectious disease. Patients under the age of 15.

RELIGION: Undenominational.

BEDS: 28. Lift available, but stone steps to main entrance.

TREATMENT: No diets. Most light dressings undertaken.

STAFF: Chief Resident Officer: Sister-in-Charge (SRN).

Nursing Staff: 1 SRN; 2 SEN; 2 Nursing Auxiliaries.

Medical Staff: Dr Rachel Hatfield.

LENGTH OF STAY: Minimum 2 weeks.

ROUTINE AND RECREATION: Patients get up at 8 am and are in bed by 9.30 pm. They are, if able, expected to make their own beds, but are not required to do any other form of domestic work. All patients rest in the afternoon. There is a library, wireless, piano and television.

Visiting Day: Daily, from 3-4 pm and 7-8 pm.

STATION: Bournemouth Central, from Waterloo, thence by taxi to the Home.

GENERAL: Built in 1878 in a residential district near the sea on top of the cliffs.

APPLICATIONS: to the Sister-in-Charge.

ST JOSEPH'S CONVALESCENT HOME

11 & 13 BRANKSOME WOOD ROAD, BOURNEMOUTH, HANTS, BH2 6BU

(Bournemouth 27869) Staff (,, 23772) Patients

PATIENTS: Men and women aged 16-80. General convalescence.

Ineligible: Asthma or inoperable carcinoma and severe or chronic chest and heart conditions.

RELIGION: Roman Catholic. (All denominations taken).

BEDS: 30 in men's home including 4 on the ground floor. 40 in women's home. None on ground floor but there is a lift. 16 in new extension for men and women having 12 single and 2 double rooms. This extension has its own lift.

TREATMENT: No treatments. Gastric, diabetic and other diets provided. Simple dressings.

STAFF: Chief Resident Officer: Reverend Mother.

Nursing Staff: 2 SRN 1 SEN.

Medical Staff: Dr P J Cremin (visiting).

LENGTH OF STAY: 2 weeks to 3 months.

ROUTINE AND RECREATION: Breakfast 8.15 am; the women retire at 9.0 pm, and the men at 9.30 pm. Breakfast in bed if necessary. Patients are expected (if able) to make their own beds, and women to wash up dining room cutlery and set tables. Occupational therapy optional. Large summer house in garden of Women's Home. Pianos, Wireless, Coloured Television in each Home.

Visiting Day: Any day.

CHARGES: £7.00 per week (4/6 bedded rooms). £9.90 per week (2 bedded rooms). £9.00 (private rooms). Single rooms in the new extension £11.00 weekly. Laundry extra.

RECEIVING DAY: Any day.

DISCHARGE DAY: Same as receiving day.

STATION: Bournemouth Central, from Waterloo. Patients make their own way to the Home. Taxis are available.

GENERAL: The Home is situated on sloping ground in a residential district, half a mile from the sea. It has an extensive garden. Central heating.

APPLICATIONS: to the Reverend Mother including NHS patients.

CONVALESCENT HOSPITAL FOR OFFICERS

4 PERCIVAL TERRACE. BRIGHTON 7, SUSSEX.

(Brighton 66884)

Joint Committee of the Order of St. John of Jerusalem, and the British Red Cross Society.

PATIENTS: Ex-Service Naval, Army and Air Force Officers, including ex-War Service temporary officers. Wives and widows whose husbands are or were officers. Members of the medical profession, not already eligible as ex-holders of commission in H.M. Forces, who have given service in the Emergency Service during the Second World War and officers of the Merchant Navy. A few beds are available for serving and retired men and women officers, members, auxiliary members of the Order of St. John and the British Red Cross Society.

Ineligible: Active Tuberculosis, Mental or Infectious cases. Disabled cases may be admitted in small numbers for short periods.

RELIGION: Undenominational.

BEDS: 24, mostly single rooms. Lift for invalid chairs.

TREATMENT: Diet as necessary; surgical dressings.

STAFF: Commandant (non-resident): Medical Superintendent, N H A Mackinnon

MB ChB Nursing Staff: Matron (SRN); 2 SRN; 2 Assistant Nurses; 5 Male Orderlies.

LENGTH OF STAY: 4 weeks.

ROUTINE AND RECREATION: There is early morning tea in bed.

Patients retire at 10 pm. Breakfast is provided in bed if necessary. library and television room, etc. Hospital is within easy reach of local golf links, There is a tennis courts, theatre and cinema.

Visiting day: unrestricted except meal times.

CHARGES: Charges at present £18.20 per week. The Hospital is recognised by the Ministry of Pensions, The Officers' Association and the Royal Air Force Benevolent Fund, who frequently meet hospital expenses.

RECEIVING DAY: Monday to Friday inclusive.

STATION: Brighton. Hospital is 2 miles from station. Patients travel by taxi as there is no hospital transport.

GENERAL: The Hospital stands on the sea front, at the east end of Brighton, with an uninterrupted view over the English Channel.

APPLICATIONS: To the Commandant, Convalescent Hospital for Officers, 4 Percival

FRENCH CONVALESCENT HOME

DE COURCEL ROAD, BRIGHTON, SUSSEX, BN2 5TF

(Brighton 681678)

PATIENTS: General convalescence. Out-patients of the Dispensaire Francais and outside patients. Permanent French aged 60 years and over.

Ineligible: Normal exclusions. Patients requiring nursing, or unable to look after themselves. Bed cases. Mental patients.

RELIGION: All religions are admissible.

BEDS: 50 apportioned equally between sexes. Rooms of 2, 4 and 6 and private rooms.

TREATMENT: No treatments, and normally no diets. Simple dressings.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: 3 Sisters.

Medical Staff: Drs W A Porter and G E Haward (visiting).

LENGTH OF STAY: Convalescents 2/4 weeks. French residents over 60 permanently

ROUTINE AND RECREATION: 3 recreation rooms. Television.

Visiting Day: No special day.

CHARGES: Convalescents—Private rooms £15.00. Shared rooms £10.00 weekly. Permanent French residents—Private rooms £9.00. Shared rooms £7.61 weekly.

RECEIVING DAY: No special day.

DISCHARGE DAY: No special day.

STATION: Brighton, from Victoria or London Bridge. Thence by bus to Kemp Town.

GENERAL: Building on the sea front in excellent condition with a large garden.

APPLICATIONS: All applications to The Secretary, Brighton French Convalescent Home, c/o Dispensaire Français, Osnaburgh St, London NW1. (01-387-4612).

THE JOHN HOWARD CONVALESCENT HOME

ROEDEAN ROAD, BRIGHTON BN2 5RR

MATRON (Brighton 66027) PATIENTS (Brighton 680801)

PATIENTS: Fully mobile women and men aged 17 and upwards. Now open also as a Holiday Rest Home (Preferably middle aged upwards) for short visits 7-21 days.

RELIGION: Undenominational.

BEDS: 33. Single rooms. 6 on the ground floor. Lift to each floor.

TREATMENT: A limited number of cases needing dressings or on light diets. Physiotherapy can be provided at local hospital, if arranged prior to admission.

STAFF: Chief Officer: Matron (SRN SCM)

Nursing Staff: 1 Sister (SRN SCM); 1 Staff Nurse (SRN); 3 SEN.

Medical Staff: Medical Officer (visiting).

LENGTH OF STAY: Minimum 1 week.

ROUTINE AND RECREATION: Breakfast at 9.0 am. Coffee at 10.30 am. Lunch at 12.30 pm. Tea at 4.0 pm. Supper at 6.45 pm. Hot drinks if required at 8.30 pm. Breakfast in bed for the first 3 days, extended as and when necessary. Wireless, Library and Television. Rest period 1.30 pm—3 pm.

VISITING DAYS: Any day.

CHARGES: £20.00 per week.

RECEIVING DAYS: Every afternoon 2 to 3 pm except Sunday and Bank Holidays.

DISCHARGE DAYS: Every day at the end of the convalescent period.

STATION: Brighton. Nos 7 and 47 buses or taxis in station yard.

GENERAL: The Home is within 5 minutes of the sea and Downs. There is a frequent bus service, stopping outside the Home.

APPLICATIONS: to the Matron at the Home. It will be appreciated if dressings and diets are mentioned when applying.

FAIRFIELD HOUSE OPEN AIR RESIDENTIAL SCHOOL

FAIRFIELD ROAD, BROADSTAIRS, KENT.

(Telephone 0843-62132)

Owners: The Save the Children Fund, 29 Queen Anne's Gate, SW1

PUPILS: Girls aged 6–16. Delicate, asthmatic, bronchietic, diabetic. Long or short term stay.

Ineligible: Normal exclusions. Bed cases.

RELIGION: Undenominational.

BEDS: 52, in rooms containing 2 to 10 beds.

TREATMENT: Remedial exercises. Special diets. Comprehensive treatment asthmatics.

STAFF: Chief Resident Officer: The Head Mistress.

Nursing Staff: 1 SRN; 5 Child care Assistants.

Medical Staff: Medical Superintendent attends once weekly—or as required

Teaching Staff: 4 Teachers full time; 1 Teacher part time.

LENGTH OF STAY: Not less than 1 term. (The School closes for holidays).

ROUTINE AND RECREATION: The children rise at 7.30 am and go to bed between 7 and 9.30 pm, according to age. There is a rest after dinner. There is a playroom and large supply of children's books, and games, clubs etc., radio and television.

Fully equipped Domestic Science Unit and full school curriculum.

Solarium with Vita-glass windows.

Visiting: Preferably at week-ends, but by arrangement.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: Beginning of school terms. January, April, September, and when vacancies occur.

DISCHARGE DAY: Last day of each school term.

STATION: Broadstairs, from Victoria. Pupils are met at Broadstairs station.

GENERAL: A Victorian house with $4\frac{3}{4}$ acres of gardens and playing space with equipments. About $1\frac{1}{4}$ miles from the sea.

APPLICATIONS: to the Headmistress.

HEARTS OF OAK BENEFIT SOCIETY HOME

CALLIS COURT ROAD, BROADSTAIRS, KENT.

(Thanet 62250)

PATIENTS: Men aged not over 70 and women not over 65 with priority for members of the Hearts of Oak Benefit Society or other Friendly Societies. General convalescence.

Ineligible: Normal exclusions. Bed cases.

RELIGION: Undenominational.

BEDS: 37 in single rooms for men, of which 4 are on the ground floor, and 11 in single rooms for women.

TREATMENT: Medical and nursing attention in emergency only.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: Sister (SEN)

Medical Staff: Dr J M A Jepps (visits twice weekly).

LENGTH OF STAY: Normally 2 weeks. Extensions allowed if recommended by the Medical Officer. Maximum 4 weeks.

ROUTINE AND RECREATION: Guests should observe the regulations of the Home.

Breakfast is at 8.30 am and all patients should be in bed by 10 pm. No form of domestic work is expected from the guests.

There is a library as well as a supply of indoor games including two billiards

There is a library as well as a supply of indoor games including two billiards tables; radio and television; in the garden the patients can play bowls. Weekly concerts are organised inside the Home, and there are also occasional coach trips to the surrounding districts.

Visiting Days: Wednesday, Saturday and Sunday, 2 to 5 pm.

CHARGES: £10.50 per week (non-members). No charge to members whose membership covers Convalescent Home benefit. All residents are responsible for their personal laundry.

RECEIVING DAY: Thursday, after 2 pm.

DISCHARGE DAY: Thursday, prior to mid-day.

STATION: Broadstairs, from Victoria. Patients met at the station with a car, if travelling by train and notice given to the Matron.

GENERAL: The buildings, which are modern, stand about a mile back from the sea in $10\frac{1}{2}$ acres of ground. Lift serves all floors.

APPLICATIONS: to the Hearts of Oak Benefit Society, Hearts of Oak House, Euston Road, London, NW1 2DL (01-387-5020) or direct to the Matron (Thanet 62250).

ST MARY'S HOME FOR CHILDREN

(The Sisters of the Church)
NORTH FORELAND ROAD,
BROADSTAIRS,
KENT.

(Thanet 62314)

Parent Society: Church Extension Association, Inc., St. Michael's Convent, Ham Common, Richmond, Surrey.

PATIENTS: Boys aged 3-9. Girls aged 3-15. "In care". Occasional vacancies for short periods of convalescence. Noninfectious T.B. contacts. Malnutrition Emotionally disturbed.

RELIGION: Church of England. (All denominations accepted).

BEDS: 36.

STAFF: Chief Resident Officer: Sister-in-Charge.

Staff: 1 Assistant (Sister of the Community); 9 Resident Assistants, plus part-time non residents.

Medical Staff: Dr D Chastell.

Dr C H T Bond MB BCh (Cam).

LENGTH OF STAY: According to medical advice.

ROUTINE: Children get up at 7 am and retire between 6-8.30 pm. Rest according to need. School by arrangement with local authority.

RECREATION: Television. Radio. Facilities for indoor and outdoor games. Play ground apparatus—swings, climbing frame, etc.

Visiting: Free.

CHARGES: £14.50—£17.50 per week.

RECEIVING DAY:

By arrangement.

DISCHARGE DAY:

STATION: Broadstairs.

GENERAL: Well-constructed modern house, centrally heated. Situated on the cliff top, with large gardens, and easy access to the shore.

APPLICATIONS: Sister-in-charge at the Home.

SW METROPOLITAN REGION

THE MENTAL AFTER CARE ASSOCIATION

31 YORK ROAD, CHEAM, SURREY.

PATIENTS: Women of working age suffering from some degree of mental disability. For long and short stays. Recuperative holidays also given.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 25. Numbers according to size of rooms.

TREATMENT: Rehabilitation toward full employment and social independence.

STAFF: Two resident staff trained or experienced in Mental nursing.

Medical Staff: Visiting Physician.

LENGTH OF STAY: Normally 3-6 months, may be extended.

ROUTINE AND RECREATION: Meal times to suit residents' hours of employment. All residents make their own beds and help with domestic tasks where possible or reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor and outdoor amusements provided. Outside interests encouraged.

CHARGES: £10.50 per week.

RECEIVING DAY:

Any week day.

DISCHARGE DAY:

STATION: Sutton or Cheam. Frequent trains from Victoria Station, also Green Line Coaches.

GENERAL: Detached residence with large garden.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

THE MENTAL AFTER CARE ASSOCIATION

78 BARROWGATE ROAD. CHISWICK, W4

PATIENTS: Men and women in need of rehabilitation or recuperation after a mental illness. Preference given to those under 50 years.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 23. Numbers according to size of rooms, mostly two or three.

TREATMENT: Rehabilitation towards full employment and social independence.

STAFF: Two resident staff trained or experienced in mental nursing.

Medical Staff: Visiting Physician.

LENGTH OF STAY: Normally 3-6 months.

ROUTINE AND RECREATION: Breakfast and evening meals to suit residents' hours of employment. All residents make their own beds and help with domestic work where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusement provided. Outside interests encouraged.

CHARGES: £10.50 per week.

RECEIVING DAY: Any week day.

STATION: Turnham Green and thence by bus. Frequent services.

GENERAL: Detached residence with garden; close to main road, buses and shops.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

NE METROPOLITAN REGION MIDDLESEX HOSPITAL GROUP

THE MIDDLESEX HOSPITAL CONVALESCENT HOME

CLACTON-ON-SEA, ESSEX, CO15 6EY

> (Clacton-on-Sea 22877) (Patients—Clacton-on-Sea 21992)

The Home is primarily intended for patients from The Middlesex Hospital. Others are admitted when vacancies permit.

PATIENTS: Men and women. General convalescence.

Ineligible: Normal exclusions, chronic chest cases in winter and early spring.

RELIGION: Undenominational.

BEDS: 62. Lifts to all floors.

TREATMENT: Diets. Dressings.

STAFF: Chief Resident Officer: Nursing Officer (SRN RMN CMB Part 1)

Nursing Staff: 3 Sisters (SRN); 6 Staff Nurses; 12 Nursing Auxiliaries.

Medical Staff: Dr H P Clark and Dr C A Haxton visit regularly and when required.

LENGTH OF STAY: Usually two weeks.

ROUTINE AND RECREATION: Breakfast at 8.30 am is served in bed if necessary. There is a library, wireless and television, a quiet room, and a games room.

Visiting Day: Any day 2 to 6 pm, and by arrangement with the Nursing Officer

RECEIVING DAY: Tuesday (see arrangements under STATION).

DISCHARGE DAY: Tuesday (see arrangements under STATION).

STATION: Clacton-on-Sea from Liverpool Street. Patients normally travel by coach from The Middlesex Hospital, leaving there at 9.30 am. On return the coach arrives at the Hospital about 5.15 pm.

GENERAL: The Home is situated in delightful grounds, about 5 minutes from the sea and 15 minutes from the town centre.

APPLICATIONS: to the Resident Medical Officer, The Middlesex Hospital, London, W1 01-636-8333, extension 347.

ST MICHAEL'S CONVALESCENT HOME

MARINE PARADE EAST, CLACTON-ON-SEA, ESSEX, CO15 6JW

(Clacton 23688)

Owners: Westminster Sisters of Mercy, 11 Harewood Avenue, NW1.

PATIENTS: Women up to 75 years of age—over 75 subject to approval by the Medical Officer. General convalescence. Colostomies. A limited number of emotionally disturbed patients.

Ineligible : Normal exclusions. Asthmas, cardiac failure and other severe heart conditions.

RELIGION: Roman Catholic. (All denominations taken).

BEDS: 88 in single and sharing rooms. Lifts to all floors.

TREATMENT: All diets, if notified prior to arrival. All dressings. Physiotherapy should be arranged with Clacton Hospital before patients are sent to the Home.

STAFF: Chief Resident Officer: Mother Superior.

Nursing Staff: Religious Sisters, SRN and Assistant Nurses.

Medical Staff: Dr Kennedy McIntyre (visiting).

LENGTH OF STAY: As arranged, maximum three months.

ROUTINE AND RECREATION: Early tea is served to each patient in bed. Patients are expected to take all meals in the dining room. There is a library. The beach is only a few yards away. There is a Chapel in the Convent grounds, but attendance is not compulsory. Television and wireless. Large balconies overlooking the sea.

Visiting Hours: 10 am to 8 pm daily.

CHARGES: Single rooms £9.50. Sharing rooms £7.00.

RECEIVING DAYS: Tuesdays, Thursdays, Fridays and Saturdays. Patients may be admitted for urgent reasons only on Sunday. Patients should leave before dinner on the day of departure.

DISCHARGE DAY: Any day.

STATION: Clacton-on-Sea, from Liverpool Street. Taxis available at Clacton.

GENERAL: The Home stands on the sea front and faces south. Central heating and supplementary heating when necessary.

APPLICATIONS: to the Matron.

ST OSYTH'S PRIORY CONVALESCENT HOME

NEAR CLACTON,

ESSEX.

(St. Osyth's 235)

PATIENTS: Men and women up to 69. General convalescence. A limited number of colostomy cases can be accepted.

Ineligible: Hearts. Asthma. Those unable to climb stairs.

RELIGION: Undenominational.

BEDS: 36, in rooms containing 1-5 beds. None on ground floor.

TREATMENT: General Nursing treatment. Gastric and diabetic diets. Dressings.

STAFF: Chief Resident Officer: Matron (SRN).

Nursing Staff: 1 SRN; 1 SEN; 1 Nursing Orderly.

Medical Staff: Dr Colquhoun (visiting).

LENGTH OF STAY: Normally 2 weeks.

ROUTINE AND RECREATION: Patients are called with tea in bed at 7 am Breakfast at 8.30 am, lunch at 12.30 pm, afternoon tea at 3 pm, evening meal at 6 pm. Light refreshments are provided at 10.30 am and 8.0 pm. Patients go to bed at 9.30 pm. Lights out at 10.0 pm. Wireless. Piano. Billiards. Darts. Television. Table Tennis.

Visiting Day: Every day.

CHARGES: Payable by Regional Hospital Board.

RECEIVING DAY: Monday. (If own transport, please arrive between 3-4 pm).

STATION: Clacton-on-Sea from Liverpool Street. (Patients are met). Coaches from King's Cross pass the Home.

GENERAL: The Home is a large private residence situated in the centre of the village, two miles from the sea. The grounds are very interesting, containing several historical buildings and the gardens provide many interesting walks.

APPLICATIONS: to North East Metropolitan Regional Hospital Board, 40 East-bourne Terrace, London, W2 (01-262-8011 Ex 207.)

KING EDWARD VII CONVALESCENT HOME FOR OFFICERS

OSBORNE HOUSE, EAST COWES, ISLE OF WIGHT.

(Cowes 2511/2/3)

Owner: Department of the Environment, 2 Marsham St., London SW1

CONVALESCENTS: Serving Officers (men and women), Ex-Service Officers (men and women), Established Serving and Retired (on pension) Officers of the Civil Service (men and women), Permanently Unestablished Officers (men and women), Colonial Office and Foreign Office. All admissions are subject to House Governor's personal approval.

RELIGION: Undenominational.

BEDS: 50, mostly in single rooms. 3 ground floor rooms. There is a lift.

TREATMENT: Physiotherapy, Remedial exercises. Remedial Hot Pool. Occupational Therapy. Simple dressings. No special diets.

STAFF: House Governor and Medical Superintendent: Surgeon Captain L G Topham MD ChB FRCP (Ed) MRCP (Lond) RN (Retd).

Nursing Staff: Matron (SRN); 2 Sisters (SRN); 4 SRN; 1 Physiotherapist; 1 Remedial Gymnast.

Medical Staff: One of a panel of 15 Hospital and Service Consultants visits monthly.

2 visiting local Consultants.

LENGTH OF STAY: Average 3 weeks.

ROUTINE AND RECREATION: According to patient's condition. No domestic work is expected of them.

Golf course and bathing beach. Sailing. Tennis courts, bowls, croquet. Clock golf. Recreation hall with stage, billiards, library, radio and television. Indoor and outdoor entertainments organised frequently.

Visiting Day: Any day (see GENERAL).

CHARGES: No charge to Serving Officers and Ministry of Pensions cases. At present £2.00 per day for ex-Officers and Civil Service Officers. 5p a day to "Sports Fund".

RECEIVING AND DISCHARGE DAYS: Monday, Wednesday and Friday.

STATION: Ryde, from Waterloo, via Portsmouth Harbour. Patients are met at Ryde. Pier Head by the house car. Cases from the West Country via Southampton-East Cowes.

GENERAL: Former palace of Queen Victoria, standing in 400 acres of grounds, where there is maintained a Guest House for patients' relatives.

APPLICATIONS: to the House Governor/Medical Superintendent, via employing departments in the case of Civil Servants.

THE OLD RECTORY,

THE CHURCH'S MINISTRY OF HEALING

CROWHURST, nr BATTLE, SUSSEX.

(Crowhurst 204)

PATIENTS: Those who need rest or are suffering from some personal shock, from the stress of life, or who need a time of convalescence. The family atmosphere and the Services which are held daily in the Chapel are of great value to these individuals. Ambulant patients only.

RELIGION: All denominations welcomed.

BEDS: 30, mainly in single rooms, but a few double rooms are available for those accompanied by relative or friend.

TREATMENT: Personal interviews and a therapeutic programme (Tuesday to Tuesday) designed to aid relaxation, healing and readjustment. Good food but no special diets.

STAFF: Warden: The Rev Paul Peters (Anglican), member of the Churches' Council of Healing.

Visiting Consultants: The Ven L W Harland (Anglican), The Rev G A Cornforth (Methodist).

Medical Staff: Dr Kenneth Brown (visiting).

LENGTH OF STAY: Usually 2-3 weeks. Variable by consultation with Warden.

ROUTINE AND RECREATION: Breakfast in rooms, main meals in dining room. Family Prayers, 10 am, Evensong 6 pm. The Home is much like a private hotel with drawing room, TV Room, Silent Room and Library, etc. Patients are known as 'visitors' or 'guests'. A weekly therapeutic programme is arranged. Delightful garden and countryside.

CHARGES: A Contribution of £15.75 a week is asked (with additional 50p registration fee.)

RECEIVING DAY: Midweek is preferred; Tuesday afternoon is best.

STATION: Crowhurst, from Charing Cross; 5 minutes' walk.

GENERAL: The Home is situated in beautiful country and surrounded by an attractive and secluded garden. Across the valley is the sea, four miles distant. In easy reach of Bexhill and Hastings.

APPLICATIONS: to the Warden.

THE MENTAL AFTER CARE ASSOCIATION

COIGNAFEARN. 226 PAMPISFORD ROAD, S CROYDON, SURREY, CR2 6DB

PATIENTS: Men and women in need of rehabilitation after mental illness. Preference to those under 50 years. Short recuperative holidays.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 42. Numbers according to size of rooms.

TREATMENT: Rehabilitation towards full employment and social independence.

STAFF: Four resident staff trained or experienced in mental nursing.

Medical Staff: Visiting Physician.

LENGTH OF STAY: Normally 3-6 months, may be extended.

ROUTINE AND RECREATION: Breakfast and evening meals to suit residents' hours of employment. All residents make their own beds and help with domestic work where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and indoor and outdoor interests provided.

CHARGES: $f_110.50$ per week.

RECEIVING DAY: Any weekday.

DISCHARGE DAY:

STATION: East Croydon, thence by 'bus. Frequent trains from Charing Cross or Victoria Stations.

GENERAL: Large house and annexe with pleasant garden, overlooking park at rear.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

SE METROPOLITAN REGION SEAMEN'S HOSPITAL MANAGEMENT COMMITTEE

ANGAS CONVALESCENT HOME FOR SEAMEN

(SEAMEN'S HOSPITALS GROUP)

CUDHAM,

KENT.

(Biggin Hill 2003)

PATIENTS: Merchant Navy. Priority given to patients from the Seamen's Hospitals Group.

Ineligible: Cases requiring active nursing.

RELIGION: Undenominational.

BEDS: 36. Includes separate accommodation for Officers.

TREATMENT: Treatments and diets as ordered. Occupational Therapy is provided. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge (SRN).

Nursing Staff: 3 SRN; with 5 junior staff.

Medical Staff: Visiting Doctor from "Dreadnought" Hospital, Greenwich.

LENGTH OF STAY: As required. Normally 2 weeks.

ROUTINE AND RECREATION: Patients rise at 7 am and retire at 9.30 pm. All forms of indoor and outdoor recreation. A certain amount of supervised occupational therapy, eg soft toys, rug making, etc, can be voluntarily undertaken by patients.

Visiting Day: Daily, between 2 pm and 5 pm. (At other times by arrangement with the Sister-in-Charge).

RECEIVING DAY: Monday, Wednesday and Friday.

STATION: Orpington, from Charing Cross or Victoria. Bus half-hourly from station.

GENERAL: Own garden produce.

APPLICATIONS: only to the House Governor, "Dreadnought" Seamen's Hospital, Greenwich, London, SE10 (01-858-3433).

LLOYD MEMORIAL (PRINTERS) CONVALESCENT HOME

DEAL, KENT.

This Home closed during 1969.

The Society propose to open a smaller Home, equipped to a high standard, elsewhere on the south coast. When these plans have been effected an appropriate entry will again appear in this Directory.

YARBURGH CHILDREN'S HOME

HIGHFIELD ROAD, EAST GRINSTEAD, SUSSEX.

(East Grinstead 23215)

PATIENTS: Children aged 1–6 years. General convalescence.

Ineligible: Bed cases. Normal exclusions. Those requiring special attention at night.

RELIGION: Undenominational.

TREATMENT: No treatments, diets or dressings. TB contacts, not infectious.

BEDS: 18 beds in wards, no ground floor rooms. Isolation ward provided.

STAFF: Chief Resident Officer: Matron (NNEB)

Nursing Staff: 1 Sister (NNEB); 2 Staff Nurses (NNEB); 5 Assistant Nursery Nurses; 1 Nightnurse; 4 Students.

Medical Staff: Dr M Worlock BA MRCS LRCP (visiting).

LENGTH OF STAY: Any length of time from one week to a number of years.

ROUTINE AND RECREATION: The children get up at 7 am and go to bed at Breakfast in bed is provided if necessary. Recreations and nursery 6–6.30 pm. school activities outdoors whenever possible. Also indoor nursery school for the older children.

Visiting Day: Any day.

CHARGES: £12.60 per week.

RECEIVING DAY: Any day.

STATION: East Grinstead, from Victoria and London Bridge.

GENERAL: The Home is a converted house on the outskirts of East Grinstead. There is a garden suitable for small children.

APPLICATIONS: to the Matron.

SELIGMAN CONVALESCENT HOME

ELSTREE COURT, MEADS ROAD, EASTBOURNE, SUSSEX.

PATIENTS: Jewish men and women from 16-75. General Convalescence. Subject to the absolute discretion of the Medical Officer and/or Matron a limited number of patients with controlled colostomies can be accepted.

Ineligible: Normal exclusions and bed cases.

RELIGION: Jewish.

BEDS: 21. 12 for men and 9 for women. (None on ground floor). There is a lift. Arrangements can sometimes be made for married couples.

TREATMENT: Light medical treatment. Simple gastric or diabetic diets.

STAFF: Chief Resident Officer: Matron.

Medical Officer: Dr D A L Ashforth.

LENGTH OF STAY: 2 weeks. (An extension may be granted on recommendation of the Medical Officer or by arrangement).

ROUTINE AND RECREATION: Breakfast at 8.30 am and patients retire about 10 pm. They may rest after lunch in comfortable lounges. There is television and wireless.

VISITING DAYS: Any day from 2-4 pm except Wednesday.

CHARGES: £1.00 or £2.00 per week for members. Non-members from £14.70 per week.

RECEIVING DAY: Wednesday.

DISCHARGE DAY: Wednesday.

STATION: Eastbourne.

GENERAL: The Home is intended for those who seek convalescence in an orthodox Jewish atmosphere. Synagogue attached to the Home.

APPLICATIONS: To the United Jewish Friendly Society, Absa House, 46 Commercial Road, London, E1 1LW Telephone 01-709-0838.

THE MENTAL AFTER CARE ASSOCIATION

THE HILL HOUSE, PORTSMOUTH ROAD, ESHER. SURREY, KT10 9LP

PATIENTS: Men and Women suffering from some degree of mental disability. Normally long-stay but recuperative holidays also given.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 35, 1–5, according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Four resident staff trained or experienced in Mental nursing.

Medical Staff: Visiting Physician.

LENGTH OF STAY: Recuperative holidays or indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities arranged.

CHARGES: $f_{10.50}$ per week.

RECEIVING DAY

Any week-day

DISCHARGE DAY

STATION: Esher—frequent trains from Waterloo or Green Line coach No 715.

GENERAL: Large house and garden on bus route to town centre.

APPLICATIONS: To The Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

FARNHAM PARK REHABILITATION CENTRE

FARNHAM ROYAL, BUCKS.

Tel: Farnham Common 2271/2

PATIENTS: Ambulant cases, able to climb one flight of stairs with hand-rails. Men and women, in-patients aged 18-60, out-patients aged 16-65, who, through a balanced programme of physiotherapy, remedial exercises, occupational therapy and hydrotherapy appropriate to the condition, are capable of being restored to full earning capacity in about two months or less or, in the case of permanent disability to such capacity as the disability will allow.

INELIGIBLE: Normal exclusions. Cases suffering from incontinence of urine or faeces or nocturnal enuresis. Psychosis, severe neurosis, asthma, total blindness, epilepsy, unstabilised diabetes, infectious or contagious disease. Any cases needing night nursing apart from emergency.

RELIGION: Undenominational.

BEDS: 60, in 2 to 8-bedded rooms on first floor.

TREATMENT: Physiotherapy, remedial exercises, hydrotherapy, work of therapeutic value in workshops and gardens, special diets.

STAFF: Medical: J G P Williams, FRCS (Ed) D Phys Med Medical Director, also whole time Medical Assistant.

Nursing: Matron (SRN), 3 Nursing Sisters, 4 Physiotherapists, 3 remedial gymnasts, 5 occupational therapists.

LENGTH OF STAY: Average 6 weeks.

ROUTINE AND RECREATION: Patients are graded as to their disability and re-examined by medical staff weekly or as necessary. DRO attends weekly. There is a library, games room, radiogram, television. Concerts arranged. Putting, tennis, bowls, extensive gardens.

Visiting: Monday-Friday 5.0 to 6.0 pm, Saturday and Sunday 2 to 4.30 pm.

RECEIVING DAYS: Monday. (Except by special arrangement).

STATION: Slough.

GENERAL: Centre is a large house situated in 8 acres of garden and lawn, within easy reach of Slough and Windsor by bus. Car parking available (at owners risk)

APPLICATIONS: to the Medical Director on the prescribed form with clinical and social notes.

THE MENTAL AFTER CARE ASSOCIATION

RUSSELL HOUSE, 13 MARINE PARADE, FOLKESTONE, KENT.

PATIENTS: Men and women suffering from some degree of mental disability. Normally long-stay but recuperative holidays also given.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 24. 1-4 according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Three resident staff trained or experienced in mental nursing.

Medical Staff: Visiting Physician.

LENGTH OF STAY: Recuperative holidays or indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and other indoor amusements provided. Outside activities encouraged.

CHARGES: $f_{10.50}$ per week.

RECEIVING DAY: Any week-day.

DISCHARGE DAY:

STATION: Folkestone Central—frequent trains from Charing Cross.

GENERAL: Large house facing sea and near Leas and Harbour.

APPLICATIONS: to the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

MAITLAND HOUSE

3 OLD ROAD, FRINTON-ON-SEA. ESSEX.

(Frinton 4657)

PATIENTS: Convalescent Guest House for women including those with a tuberculous background. Ground floor double room for married couples.

Ineligible: Positive sputum cases. Epileptics, Special diets. Those on anti-coagulants.

RELIGION: Undenominational.

BEDS: 16. One single, one double, and one three-bedroom ground floor; bathroom and lavatory adjacent. Four single rooms with h & c and views of the sea on the first floor.

TREATMENT: Post hospital care. Chemotherapy programmes. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge: Mrs I Wilson SRN.

Medical Staff: General Practitioner as required.

LENGTH OF STAY: Two to four weeks.

ROUTINE AND RECREATION: The aim of the Trustees is to provide a quiet holiday and convalescent service in the atmosphere of home. There are, therefore, few restrictions or routine arrangements. Television. Beach hut.

Visiting Day: No restrictions.

CHARGES: £14-£18 per week according to type of accommodation and whether shared or single.

RECEIVING DAY: Monday or by arrangement. Please notify time of arrival. Dinner cannot be kept after 1 pm. Guests are expected to leave before lunch on day of departure.

DISCHARGE DAY: Monday or by arrangement.

STATION: Frinton-on-Sea from Liverpool Street. Through train $1\frac{1}{2}$ hours. The Home is half a mile from the station. Taxis meet guests at station without extra charge. Motor coach travel is not recommended because of the difficulty of meeting coaches.

GENERAL: The house is comfortable and adjacent to the sea front, shops and places of worship. Central heating throughout. Sun lounge and garden. The house is run by the Maitland Trust which is registered with the Charity Commissioners.

APPLICATIONS: to Mrs Carling AIMSW 27 Holmwood Avenue, Shenfield, Essex.

SAINT DOMINIC'S OPEN AIR SCHOOL FOR BOYS

MOUNT OLIVET, HAMBLEDON, GODALMING, SURREY.

(Wormley 2741)

Parent Society: The Sisters of the Sacred Hearts of Jesus and Mary, address and telephone number as above.

PATIENTS: Boys aged 5-16. Asthma, Malnutrition, Debility, Hæmophilia, Spastic, Eczema.

Ineligible: Bed cases. All other complaints.

RELIGION: Roman Catholic. (Children of all denominations taken).

BEDS: 80, all in wards. Some on ground floor. Classrooms are all on ground floor. Isolation accommodation is provided.

TREATMENT: Breathing exercises. Postural drainage. Daily tonic dressings. Coeliac and Gastric diets.

STAFF: Chief Resident Officer: Sister Superior.

Nursing Staff: 1 SRN; 1 Assistant Nurse.

Medical Staff: Dr Gethen (visiting).

LENGTH OF STAY: No limit.

ROUTINE AND RECREATION: The boys rise at 8 am and retire in groups from 7-9 pm.

The Home has a playroom and a library, and there are ample facilities for indoor and outdoor games.

Visiting Days: By arrangement with parents.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: No special day.

DISCHARGE DAY: When children are considered fit.

STATION: Witley, from Waterloo. A bus from the station passes near the Home.

GENERAL: A Victorian house, 500 feet above sea-level with a large garden, which includes a playground, football pitch, tennis court and swimming pool.

APPLICATIONS: to the Superintendent at the Home.

EDITH CAVELL HOME OF REST FOR NURSES

COOMBE HEAD, HASLEMERE, SURREY.

(Haslemere 2711)

PATIENTS: Practising Nurses and Midwives requiring rest.

Ineligible: Male nurses and those requiring nursing or medical treatment.

RELIGION: Undenominational.

BEDS: 10, in single rooms.

TREATMENT: No treatments, diets or dressings.

STAFF: Chief Resident Officer: Superintendent.

Nursing Staff: None.

Medical Staff: Doctor attends on request

LENGTH OF STAY: Up to 2 or 3 weeks. Sometimes extended.

ROUTINE AND RECREATION: Visitors rise about 8.30 am and retire at 10.30 pm. Opportunities for indoor and outdoor games, picnics, etc, in summer. There is a piano, television and wireless.

CHARGES: £6.30 per week.

RECEIVING DAY:)

> Preferably Saturday but any day except Sunday.

DISCHARGE DAY:

STATION: Haslemere, from Waterloo. When possible, visitors are met at the station with a car, for which a charge is made. Taxis are also available.

GENERAL: A modern house, standing high in beautiful country.

APPLICATIONS: to the Secretary, Edith Cavell Home of Rest for Nurses, 1 Vere Street, London, W1 (01-629 1618).

ST PATRICK'S RESIDENTIAL OPEN AIR SCHOOL

2 BEACH ROAD SOUTH HAYLING HAMPSHIRE, PO11 OAD

(Hayling 3759)

Parents Society: The Sisters of the Sacred Hearts of Jesus and Mary.

PATIENTS: Girls 5-16. Bronchiectasis, Asthma, Cystic Fibrosis, Malnutrition Debility.

RELIGION: Roman Catholic. (Patients of all denominations received).

BEDS: 95, (6 wards with 8 beds, 2 wards with 6 beds, 5 wards with 7 beds) and Isolation Ward.

TREATMENT: Postural draining and exercises with Physiotherapist and PE teacher.

STAFF: Chief Resident Officer: Sister Superior.

Nursing Staff: 2 SRN, 2 nursing experience, 3 childcare trained, visiting physiotherapist.

Medical Staff: Dr D H Broughton (visiting).

Teaching Staff: Six qualified teachers and visiting PE, music, dancing, clerical and French teachers.

LENGTH OF STAY: In accordance with the Medical Officer's advice.

ROUTINE AND RECREATION: The children breakfast at 8 am and retire in groups according to age and condition from 7 pm to 9 pm. The well equipped Home Economics Department ensures a full range of training in Home Management, including cookery, laundry, needlework, budgetting &c., for senior pupils. Pupils are prepared for CSE subjects of their own choice plus Pitman Typing and Shorthand. There is a quiet room, library, playroom with a supply of indoor games, TV etc. Large playground for outdoor games, excellent sea bathing. Facilities for gardening hobbies

Visiting Day: Once monthly or more often by special arrangement.

CHARGES: Payable by Local Education Authorities.

RECEIVING DAY: By arrangement with Sister Superior.

DISCHARGES: End of December and July.

STATION: Havant. Thence by Hayling Island bus to Beachlands Terminus. Children are escorted from London (Waterloo).

GENERAL: The School stands on the sea front, has a large garden and is close to a fine park.

APPLICATIONS: arranged by Local Education Authority.

FRIENDLY SOCIETIES' CONVALESCENT HOME

BELTINGE, HERNE BAY, KENT.

(A Registered Charity supported by Friendly Societies operating in the Metropolitan Area).

PATIENTS: Men and women from 16; Age limit of 80 years of age. (Subject to the absolute discretion of the Medical Officer and Matron one or two emotionally disturbed patients can sometimes be admitted during quiet periods of the year. They must have received treatment and be in the convalescent stage and an undertaking to remove should they suffer a relapse and disturb other patients must be given. A limited number of patients with controlled colostomies can be accepted under like conditions.)

Ineligible: Normal exclusions. Bed cases. Epileptics, pregnant and mental cases.

RELIGION: Undenominational.

BEDS: 60 for men and 40 for women.

TREATMENT: No treatments. Light gastric diets. There is a lift but no ground floor bedrooms.

STAFF: Chief Resident Officer: Matron.

Assistant Matron.

Medical Staff: Dr P H Watkins (visiting).

LENGTH OF STAY: Minimum of 2 weeks, extension may be granted on recommendation of the Medical Officer.

ROUTINE AND RECREATION: Breakfast at 8.45 am. There is a library, television and sound radio and facilities for billiards, darts, bowls, putting.

Visiting Day: Any day except Thursday, after 2 pm.

CHARGES: £13.00 per week (abated for hospital, local authorities and subscribing societies).

RECEIVING AND DISCHARGE DAY: Thursday.

STATION: Herne Bay. Patients are met by arrangement.

GENERAL: A large well-built Home standing in 15 acres of grounds, with a good bus service to the station and seafront.

APPLICATIONS: to the Secretary, Friendly Societies' Convalescent Home, 309 Upper Street, London, N1 (01-226-1944).

THE RAILWAY CONVALESCENT HOME

RECULVER ROAD. BELTINGE, HERNE BAY, KENT.

(022-73-4084)

PATIENTS: Male Employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes, and those up to 5 years after retirement and 3 years following redundancy. Ineligible: Bed cases. All cases requiring constant nursing care.

RELIGION: Undenominational.

BEDS: 83 in wards containing 3-12 beds; 3 beds on ground floor. (Beddage will be reduced following modernisation in 1971/72.)

TREATMENT: No treatment. Gastric and Diabetic diets. Simple dressings. Colostomy case admitted, under certain circumstances.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: Assistant/Relief Matron (SRN).

Medical Staff: Dr P Watkins (visiting).

LENGTH OF STAY: 4 weeks maximum.

ROUTINE AND RECREATION: Patients rise at 7 am and retire at 10 pm. All patients are expected to be in the grounds by 9.30 pm. No domestic work is done by the patients.

There are billiards, bagatelle, table tennis, darts, bowls, putting green, piano radio and television.

Visiting Day: Every afternoon, 2 to 4 pm by arrangement with Matron.

CHARGES: None.

RECEIVING DAYS: Tuesday and Thursday.

STATION: Herne Bay, from Victoria. Conveyance arranged from and to the station

GENERAL: Large gardens supply fresh vegetables, own poultry. The Home is an easy walk from the cliffs.

APPLICATIONS: to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House", 93-96 Oxford Road, Uxbridge, Middlesex. Telephone: Uxbridge 35567/8.

CATISFIELD HOUSE

55 THE DRIVE, HOVE. BN3 3PF

(Brighton 736036)

PATIENTS: Gentlewomen aged 18-70, but older patients will be considered if active. General convalescence. Recuperative Holidays occasionally, if beds available.

Ineligible: Bed cases, nervous disorders, terminal and inoperable cancer, diabetics and patients on special diet, or requiring surgical or colostomy dressings, or injections.

RELIGION: Undenominational.

BEDS: 19 single rooms, all with running hot and cold water (2 on ground floor). There is a lift to all floors.

TREATMENT: Medicines (oral only). Physiotherapy if arranged prior to admission.

STAFF: Chief Resident Officer: Matron.

Assistant Matrons.

Medical Staff: Medical Officer (visiting).

LENGTH OF STAY: 2-3 weeks, extended only at discretion of Medical Officer.

ROUTINE AND RECREATION: Breakfast in bed. Ladies are asked to be down-stairs for morning coffee at 10 am. Aim is to provide a happy homelike atmosphere, free from domestic work and with as few rules and regulations as possible. Lounge and Television room. Use of beach hut during summer months.

Visiting Times: Daily 10—12.30 or from 4.30—6.30.

CHARGES: £10.50 per week.

RECEIVING DAYS: Every afternoon except Sunday and Bank Holidays.

STATION: Brighton or Hove from Victoria and London Bridge. Taxis available at both stations.

GENERAL: Founded 1924 by endowment, a converted private house in centre of town, near sea and shops, very comfortably equipped with a pleasant garden and sun loggia. Opposite Hove Parish Church. Roman Catholic Church and bus stops adjacent.

APPLICATIONS: to the Matron.

CONVALESCENT POLICE SEASIDE HOME

205-209 Kingsway, HOVE, SUSSEX, BN3 4FD

(Brighton 773991)

PATIENTS: Men and women actually serving in the Police Force, requiring general convalescence. Police pensioners up to 65 years of age and Police Officers on annual leave taken by arrangement.

Ineligible: Cases of phthisis, fits and certain Mental disorders.

RELIGION: Undenominational.

BEDS: 53 of which 44 are in single rooms. There are two lifts.

TREATMENT: All types of diets. Dressings. Injections.

STAFF: Chief Resident Officer: Lady Superintendent.

Nursing Staff: 2 SRN

Medical Staff: 2 Visiting Doctors.

LENGTH OF STAY: 2 weeks, which can be extended if necessary.

ROUTINE AND RECREATION: The patients get up at 7.30 am and go to bed at 10.15 pm.

Billiards, table tennis, library, television, coach drives, etc.

Visiting Day: Any day.

CHARGES: On application.

RECEIVING DAY: Tuesday and Friday (other days by arrangement).

DISCHARGE DAYS: Tuesdays and Fridays.

STATION: Hove, from Victoria or London Bridge. Patients are met from the station.

GENERAL: The Home is very comfortable and well equipped.

APPLICATIONS: In the case of members of the Metropolitan Police Force to the Chief Medical Officer, Tintagel House, Albert Embankment, SE1 Telephone: Whitehall 1212 Extension - Tintagel 219. (01-230-1212 Ext. Tintagel 219) In the case of Provincial Forces, Pensioners and Annual Leave to the Lady Superintendent.

LONDON TRANSPORT BENEVOLENT FUND

'PHILBEACH' CONVALESCENT HOME

STATION ROAD, HYTHE, KENT.

(Hythe 67013)

PATIENTS: Women Employees of London Transport Excutive who are contributors to the London Transport Benevolent Fund and the wives of members who may be accompanied by not more than three children under eight years of age. The Home is also available to wives and widows of retired members. Admission can also be arranged for women who, although not members of the Fund, are sponsored by Fund members, and by arrangement with hospitals, trade unions and other organisations.

Ineligible: Normal exclusions, asthmatics and heart cases (unless adequately

controlled.)

RELIGION: Undenominational.

BEDS: 83, (8 on ground floor). Rooms contain 1 to 4 beds, hot and cold water in some bedrooms. Ample bathroom, toilet and washing facilities on all floors. at present, though it is hoped to install one by August, 1972.

TREATMENT: No treatments. Simple dressings. All diets. Limited number of plaster cases accepted.

STAFF: Chief Resident Officer: Matron (SRN). Nursing Staff: Assistant Matron (SEN).

Medical Staff: Drs J Comyn and J Barham (visiting).

LENGTH OF STAY: 2 weeks (3 weeks maximum on doctor's recommendation).

ROUTINE AND RECREATION: Patients rise at 7.30 am with early morning tea and take breakfast at 8.30 am All children are in bed by 7.30 pm and patients at No domestic work is done by patients but, if possible, patients are required to make their own beds. Smoking is allowed in the common rooms but Films, colour television, putting green, table tennis not in the bedrooms. library, hair dressing salon, outdoor and indoor childrens playground. Other facilities include laundry and baby feeding and changing rooms.

Visiting: Any day (Tuesday excepted) between 9.30 am and 12.30 pm and between 2 pm and 6 pm. Cars are not permitted in the grounds.

CHARGES: Members—no charge. Other organisations £8.40 per week. (excluding fares).

RECEIVING AND LEAVING DAY: Tuesdays.

TRAVEL ARRANGEMENTS: Coach from and to Selbie House, Allsop Place, Baker Street, London, NW1.

STATION: The nearest station is Sandling Junction, from Charing Cross (Southern Region), but the most convenient means of reaching the home is by train to Folkestone Central and then by bus to the "Ritz", Hythe.

GENERAL: Nine acres of lawns, woodlands and gardens overlooking the sea. minutes walk to sea front. Bus service.

APPLICATIONS: To the Secretary, London Transport Benevolent Fund, Selbie House, Allsop Place, London, NW1 Telephone 01-935-3826/0923.

THE DOMINICAN CONVALESCENT HOME

LONDON ROAD, KELVEDON,

NEAR COLCHESTER, (Kelvedon 405)—Residents ESSEX. (Kelvedon 359)—

(Kelvedon 359)— Convent and Matron

Sisters of the Order of St. Dominic.

PATIENTS: Women over 16 years. General convalescence and rest.

Ineligible: Normal exclusions. Infirm. Bed cases.

RELIGION: Roman Catholic. (Patients of other denominations taken).

BEDS: 28, of which 14 are on the ground floor; the remaining 14, single and double rooms, are served by a lift.

TREATMENT: No treatments. Gastric and diabetic diets provided. Simple dressings.

STAFF: Chief Resident Officer: Mother Prioress.

Nursing Staff: 2 SRN; 2 Assistant Nurses; 1 part time SRN.

Medical Staff: Dr Spear, Dr Burt (visiting).

LENGTH OF STAY: Usually 2 to 4 weeks, extended in special cases.

ROUTINE AND RECREATION: Breakfast at 8.45 am and lights are put out at 10 pm. Patients are expected to make their own beds if they are able to, and keep their rooms tidy.

Visiting Day: Any day by arrangement. Saturday and Sunday 2 pm to 4.30 pm.

CHARGES: £15.75 per week.

RECEIVING AND DISCHARGE DAYS: Tuesdays and Thursdays.

STATION: Kelvedon from Liverpool Street, every two hours (49 minutes). Patients are met at Kelvedon Station.

GENERAL: The building stands in pleasant country surroundings and has a good garden. The sea is within easy reach by bus or train. 1 hour to Clacton-on-Sea.

APPLICATIONS: to the Mother Prioress at the Home.

NHS patients: to the NE Metropolitan Regional Hospital Board, 40 East-bourne Terrace, London, W2 (01-262-8011).

MAUREEN'S OAST HOUSE FOR ARTHRITICS

LAMBERHURST,

KENT.

PATIENTS: Arthritic men and women over 60 years of age, for holiday period.

Ineligible: Cases over 10 stone in weight, needing lifting; Incontinent cases; If night attention is required.

RELIGION: Undenominational.

BEDS: 5 single bedrooms on ground floor, sliding doors, hand rails for support.

TREATMENT: No treatment except for nursing care, dressings and injections when required. Diabetic and gastric diets catered for.

STAFF: Matron-in-Charge.

Married couple. 2 Daily Assistants.

Medical Staff: Local Doctor visits at request.

LENGTH OF STAY: A fortnight.

ROUTINE AND RECREATION: Early morning cup of tea at 8 am. Breakfast in bed. Patients may retire when they wish but not later than 11 pm unless especially requested. Television, wireless, books and games. Patients taken for occasional drives, circumstances permitting.

VISITING: Any day by arrangement.

CHARGES: £10.00 per week.

RECEIVING DAY: Saturday, in time for lunch.

DISCHARGE DAY: Friday morning.

STATION: Tunbridge Wells Central. Transport to Maureen's Oast House by arrangement. Alternatively, arthritics can be collected by ambulance from their homes, returning by private cars.

GENERAL: The house stands in an acre of a delightful garden on high ground. Carpeted throughout, central heating, no stairs. Adjustable chairs and beds, plus many other features to ensure the comfort and safety of patients.

APPLICATIONS: To The Secretary, Mrs. Davies, 4 Hans Crescent, London, SW1 (01-235-1432).

SOUTHERN CONVALESCENT HOMES, INC.

THE BELL MEMORIAL HOME, SOUTH STREET, LANCING, SUSSEX.

(Lancing 2020)

PATIENTS: Women aged 14–75 years. General convalescence. Mild Asthmas. Subject to the absolute discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage. Subject to the same discretion a limited number of patients with controlled colostomies can be accepted.

Ineligible: Normal exclusions. Bed cases.

RELIGION: Undenominational.

BEDS: 18 in shared rooms (3 per room), 23 single rooms and 6 double rooms.

TREATMENTS: No treatments or diets. Dry dressings. A lift has recently been installed.

STAFF: The Resident Superintendent: Mr Leeks.

Nursing Staff: Matron and Assistant (untrained).

Medical Staff: Dr T D Collier (visiting) Dr M Berkley (visiting).

LENGTH OF STAY: Usually 2 or 3 weeks.

ROUTINE AND RECREATION: The patients rise at 8.15 am and retire at 10 pm. Patients are expected to give a certain amount of help with making beds and washing up.

Impromptu concerts and excursions are organised from time to time.

Visiting Day: Any day.

CHARGES: £6.50 per week (shared rooms). £7.00 per week (single rooms). £7.00 (double rooms).

RECEIVING DAY: Saturday.

DEPARTURE DAY: Friday.

STATION: Lancing. The 1.23 pm train from Victoria and 12.10 pm from London Bridge are met on Saturdays.

GENERAL: The Home stands a little back from the sea, about 2 minutes to the seashore.

APPLICATIONS: to the Secretary, Sister Ivy Baldock, The Bell Memorial Home, 164 South Street, Lancing, Sussex (090-63-2020).

TYRWHITT HOUSE

OAKLAWN ROAD, LEATHERHEAD, SURREY.

Parent Society: The Ex-Services Mental Welfare Society. (Registered in accordance with the National Assistance Act, 1948 and the Charities Act, 1960)

PATIENTS: All ranks of all branches of Her Majesty's Forces, including ex-officers and men of the Mercantile Marine, suffering from Psychoses or Neuroses arising from active or long regular service. Before admission all patients have to undergo a Psychiatric examination by the Society's Consultant or full medical reports submitted for his consideration.

Ineligible: Those who on psychiatric examination are found to require active medical treatment. Epileptics. Bed cases.

RELIGION: Undenominational.

BEDS: 22.

TREATMENT: Skilled psychiatric nursing. Rehabilitation by gardening, cardboard-box making, etc., which is organised by an experienced Occupational Supervisor, working in close co-operation with the Nursing Staff.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: 2 Sisters.

Chief Consultant: Dr C P Blacker MC GM MD FRCP.

LENGTH OF STAY: In accordance with medical advice.

RECEIVING DAY: Any day, except Saturday or Sunday.

DISCHARGE DAY: At the discretion of Chief Consultant.

STATION: Leatherhead from Waterloo, 'bus runs close to the House.

GENERAL: Patients considered suitable may be later transferred to Thermega Ltd., manufacturers of electrical appliances, to work under sheltered conditions.

This industrial colony employs mentally disabled men and women.

APPLICATIONS: to the General Secretary, Ex-Services Mental Welfare Society, 37/9 Thurloe Street, London, SW7 (01–584-8688).

CAXTON CONVALESCENT HOME

THE CHART, LIMPSFIELD, NEAR OXTED, SURREY.

PATIENTS: Men and women aged 18–80. General convalescence. People in any way associated with the printing industry have priority. A few married couples can be accepted.

Ineligible : Normal exclusions. Non-ambulant cases. Borderline cases will be considered.

RELIGION: Undenominational.

BEDS: 46 in 2, & 3 bed rooms, all fitted h & c. There is a lift.

TREATMENTS: No treatments. Light dressings, injections; diets considered.

STAFF: Chief Resident Officer: Matron (SRN)

Nursing Staff: Sister (SRN); Nurse (SEN)

Medical Staff: Dr M Myers (visiting).

LENGTH OF STAY: Usually 3 weeks, with extensions to 3 months maximum.

ROUTINE AND RECREATION: The patients rise at 8 am and retire by 10 pm. They are not allowed to do any work in the Home, except making their beds. There is a library as well as television, billiards, bagatelle and facilities for other indoor and outdoor games, putting green.

Visiting Day: Any day between 2 to 5 pm (Not more than 2 visitors per patient).

CHARGES: Members of the Printing Industry provided they are 40p per year subscribers are taken for 3 weeks free of charge: extensions granted by arrangement, £12.00 per week non-subscribing printers and all others. There is free travel from London to the Home for subscribers, together with minibus from Oxted Station to the Home. Non-subscribers pay own fare; free transport is available from Oxted Station to the home and return.

RECEIVING DAY: Saturday afternoon.

DISCHARGE DAY: Friday.

STATION: Oxted, from Victoria or London Bridge. Patients travelling by the 11.09 am or 2.09 pm train from Victoria are met at the station.

GENERAL: A modern building standing in good grounds. All bedroom windows face South and have a good open view.

APPLICATIONS: to Mr A C Oram, Secretary, Caxton Convalescent Home, London Office, 1 Gough Square, London, EC4A 3DQ (01-353-2574); to whom all correspondence must be addressed.

LIMPSFIELD CONVALESCENT HOME FOR WOMEN

WOLF'S ROW, LIMPSFIELD, SURREY, RH8 0EB

(Oxted 2096)

PATIENTS: Women over 60. General convalescence after illness or operation.

Ineligible: Normal exclusions. Bed cases.

RELIGION: Undenominational.

BEDS: 16 beds, 4 shared rooms—3 single rooms. 5 beds on the ground floor.

TREATMENT: Dry dressings. Injections. No special diets. No asthma cases.

STAFF: Chief Resident Officer: Matron: Miss S M McFadden (SRN)

Medical Staff: Dr M Myers (Visiting).

LENGTH OF STAY: 2-3 weeks, or longer if required.

ROUTINE AND RECREATION: The patients rise at 8.30 am and go to bed at

9.30 pm. Rest from 2 to 4 pm.

Television, wireless, car drives and quiet outings are arranged.

Visiting Days: Wednesday and Sunday afternoons. Other times by arrangement.

CHARGES: £7.00 per week shared room, £8.00 single room.

RECEIVING DAYS:

Tuesday and Friday.

DISCHARGE DAYS:

STATION: Oxted is the station for Limpsfield. London patients should travel from Victoria (direct) by the 2.9 pm train. The taxi charge is 25p.

GENERAL: The Home is a "Cottage Home," built in 1939 in delightful country

on the edge of Limpsfield Common.

APPLICATIONS: to the Matron.

WESSEX REGION PORTSMOUTH GROUP HOSPITAL MANAGEMENT COMMITTEE

WENHAM HOLT CONVALESCENT HOME

HILLBROW, LISS, NR PETERSFIELD, HANTS.

Office (Liss 2340) Patients (Liss 2174)

PATIENTS: Women over 18 years only. General convalescence after acute illness and operation. As there is a steep approach to the garden, this Home is unsuitable for the aged and asthmatic.

Ineligible: Normal exclusions. Bed cases.

RELIGION: Undenominational.

BEDS: 30, in wards of 3-5 beds. 1 ground floor room (5 beds). There is a lift between ground and first floors.

TREATMENT: No treatments or diets.

STAFF: Chief Resident Officer: Sister-in-Charge.

Nursing Staff: 3 SRN; 2 Assistant Nurses; 6 other whole or part-time

Nurses.

Medical Staff: Dr J M S Knott (visiting Consultant Physician).

A local General Practitioner is on call.

LENGTH OF STAY: One week or more as required.

ROUTINE AND RECREATION: The patients rise between 8 and 10 am and retire between 8 and 9 pm. They may have breakfast in bed if they wish during the first week. The lounge is equipped with television. There is also a quiet room.

Visiting Day: Any day, 2.30 pm to 7 pm. (No children under 12 allowed to visit).

RECEIVING DAY: Monday, Tuesday and Friday.

STATION: Petersfield. From Waterloo via Guildford, and from Portsmouth. Number 24 bus (Aldershot & District) passes the Home and leaves Petersfield Station daily every other hour at 10 minutes past the hour (even hours). Return journeys at 28 minutes past every other hour (odd hours). Southdown express coaches (Victoria-Portsmouth) will stop at the gates.

GENERAL: Fairly modern building on high ground standing back from the main A3 London-Portsmouth road in $7\frac{1}{2}$ acres of gardens and woodland with beautiful country views. About 25 miles from Portsmouth.

APPLICATIONS: to the Sister-in-Charge, Monday to Friday between 10 am and 12 noon by phone.

RUSTINGTON CONVALESCENT HOME FOR MEN

LITTLEHAMPTON, SUSSEX.

(Rustington 3368)

Governors: The Worshipful Company of Carpenters.

PATIENTS: Men aged 16–70+. General convalescence to enable patient to resume his employment.

Ineligible: Normal exclusions. Severe heart cases. Asthma (from 1st Oct.-1st May). Bronchitis (from 1st Oct.-1st May).

RELIGION: Undenominational.

BEDS: 25*, in 2 to 6 bed wards. Some single rooms. A lift has recently been installed.

TREATMENT: No treatments. Gastric diets. Simple post-operative dressings.

STAFF: Nursing Staff: Matron, Deputy Matron and 2 Nursing Sisters. 4 in all (SRN).

Medical Staff: Dr P Owen (visiting).

LENGTH OF STAY: 2 weeks, may be extended if recommended by Medical Officer of the Home.

ROUTINE AND RECREATION: The patients rise for breakfast at 8 am, and retire by 9.30 pm. They may rest on their beds during the afternoon if they so wish. No form of domestic work is expected of them.

Recreation under Matron's supervision. Separate recreation room for billiards, table tennis, bowls and putting green.

Visiting Day: Any day, 2 to 4 pm.

CHARGES: £7.00 per week.

RECEIVING AND DISCHARGE DAY: Wednesday.

STATION: Littlehampton, 10.25 am train from Victoria. Patients are met at Littlehampton Station with a car.

GENERAL: The Home stands in its own grounds of 9 acres facing the sea and is at present undergoing modernisation which will be completed in 1973.

APPLICATIONS: to the Secretary, The Rustington Convalescent Home, Carpenter's Hall, 1 Throgmorton Avenue, London, EC2 (01-588-1347).

NHS patients: to the SW Metropolitan Regional Hospital Board, 40 Eastbourne Terrace, London, W2 (01-262-8011).

* until 1973 when there will be 42 in single and double rooms.

THE RAILWAY CONVALESCENT HOME, "SHOTTENDANE"

SHOTTENDANE ROAD, MARGATE,

KENT.

 $(0843 \ 3-23761)$

PATIENTS: Female Employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. (Wives, provided the husband is of working age and contributes to the Railway Convalescent Homes). Also retired personnel up to 5 years after retirement date and 3 years following redundancy.

Ineligible: Bed cases. All cases requiring constant nursing care and those unable to climb stairs.

RELIGION: Undenominational.

BEDS: 28, in wards containing 2 to 3 beds. Hot and cold water in most wards.

TREATMENT: No treatments. Gastric and diabetic diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (SRN).

Nursing Staff: Assistant/Relief Matron (SRN).

Medical Staff: Dr T G Paterson (visiting).

LENGTH OF STAY: 4 weeks maximum.

ROUTINE AND RECREATION: Patients rise at 7 am and retire at 10 pm. All patients are expected to be in grounds by 9.30 pm. No domestic work is done by the patients.

There is a supply of games, piano and radio and colour television.

Visiting Day: Every afternoon 2 to 4 pm by arrangement with Matron.

CHARGES: None.

RECEIVING DAYS: Tuesday and Thursday.

STATION: Margate, from Victoria. Conveyance arranged from and to the Station.

GENERAL: Large gardens supply fresh vegetables. Excellent grounds where patients may rest. The Home is within walking distance of the Promenade (approx 1 mile). Bus to town is 20 minutes.

APPLICATIONS: to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex. Telephone: Uxbridge 35567/8.

PRINCESS LOUISE CONVALESCENT HOME

NAZEING, ESSEX.

(Nazeing 3132)

PATIENTS: Women from 16 years of age, requiring general convalescence. Applications from patients over 70 will be carefully considered, but the number accepted for admission has to be restricted. Stabilised diabetic patients, those having gastric diets, and surgical patients requiring simple dressings.

Ineligible: Bed cases, epileptics, chronic bronchitics and asthmatics, patients with congestive heart failure and those having anti-coagulant treatment.

RELIGION: Undenominational.

BEDS: 20. All on ground floor. Cubicled, in two dormitories, no private rooms.

TREATMENT: See under "Patients" above.

STAFF: Assistant Matron, Deputy Sister, SRN, Part-time Staff Nurse, Auxiliary Nurse, 2 Ward Orderlies.

Medical Staff: Dr F Beilby (visiting).

LENGTH OF STAY: Two weeks, but longer if particularly requested by the Doctor.

ROUTINE AND RECREATION: Patients rise at 7.30 am and retire at 9.30 pm. One hour's rest in the afternoon or as required. There is television.

Visiting Day: Daily from 2.00 to 4.00 pm.

RECEIVING DAY: Wednesday, or by arrangement.

DISCHARGE DAY: Discharges normally take place also on Wednesday, but they may be arranged for Saturday or Sunday in certain circumstances.

STATION: Broxbourne from Liverpool Street. There is a bus from the Station (No 327) direct to the Home on Monday to Saturday. There is no bus service to the Home on a Sunday but taxis are available at Broxbourne Station. For patients requiring transport, orders should be given to the local Ambulance Authority, who make convoy arrangements.

GENERAL: It is a bungalow-type Home with small garden and terrace overlooking countryside, but not near the sea. The drive in is a steep slope leading from the road to the front door, and this may limit some patients to the actual precincts of the building and terrace.

APPLICATIONS: to the Senior Medical Social Worker, The Prince of Wales General Hospital, The Green, Tottenham, N15 (01-808-1081).

NETLEY CASTLE CONVALESCENT HOME

NETLEY ABBEY, NEAR SOUTHAMPTON, HANTS, SO3 5FA

(Hamble 2257)

PATIENTS: Men aged 16-70. Surgical post-operative and medical.

Ineligible: Bed cases. Colostomies. Patients who are unable to manage stairs.

RELIGION: Undenominational.

BEDS: 45, in rooms containing 3-4 beds and one with 6 beds.

TREATMENT: Gastric diets. (Stage III only). All minor dressings and treatments.

STAFF: Assistant Matron in Charge.

Nursing Staff: 8, including Registered and Enrolled Nurses.

Medical Staff: Dr C C Bamber (visiting).

LENGTH OF STAY: Average 2-3 weeks.

ROUTINE AND RECREATION: There is a set daily routine—breakfast 8.15 am and patients retire at 10 pm. Patients are allowed out at any time, but are expected to be in to main meals, and in by 9 pm. Billiards and equipment for indoor and outdoor games are available. Library facilities by arrangement with Administrative Officer.

Visiting Day: Any day 9 am to 8 pm.

RECEIVING DAY: Monday, or other days by arrangement.

DISCHARGE DAY: Monday (Fortnightly) or Saturday/Sunday by arrangement.

STATION: Netley, from Waterloo. Change at Southampton Station. Bus from Netley Station to Convalescent Home. Patients are met at Southampton on Mondays at 1.12 pm by Hospital coach.

GENERAL: The Home is an ancestral house centrally heated throughout, overlooking Southampton Water, commanding views of the New Forest, The Solent, Isle of Wight, etc. The grounds are extensive, with considerable water frontage.

APPLICATIONS: to the Administrative Officer.

MEATH SCHOOL

BROX ROAD, OTTERSHAW, NEAR CHERTSEY, SURREY.

(Ottershaw 2302)

Parent Society: The Invalid Children's Aid Association.

PUPILS: Boys aged 8 to 12. Asthma, mild bronchiectasis, other non-infectious chest cases.

Ineligible: Boys deemed maladjusted or educationally sub-normal.

RELIGION: Undenominational

BEDS: 32

TREATMENT: Physiotherapy.

STAFF: Chief Resident Officer: Headmaster, R V Thomas.

Nursing Staff: Matron (RSCN); Assistant Matron (SEN); 1 assistant

Nurse, Night Nurse.

Medical Staff: Dr S J R Macoun MRCP MRCS (visiting Consultant Paediatrician).

Dr C E McQuade MB FRCS (School Medical Officer).

LENGTH OF STAY: According to medical necessity; normally a minimum stay of one year. (School holidays spent at home.) Transfer to senior school can be arranged if required. (See Pilgrims School, p 66.)

STATION: Woking, from Waterloo.

ROUTINE AND RECREATION: The boys get up at 7.30 am. Lights out at 8.15 pm. The curriculum is planned to provide a wide variety of interests; and, in addition to the basic subjects, includes drama, art and various crafts. Cub Pack. School for 4½ hours daily.

Visiting Day: By arrangement with the Headmaster.

CHARGES: Payable by Local Education Authorities.

GENERAL: The School stands in 8 acres of garden and woodland. Swimming pool.

RECEIVING DAY: Normally at the beginning of the school term.

DISCHARGE DAY: Normally at the end of the school term.

APPLICATIONS: to the General Secretary, The Invalid Children's Aid Association. 126 Buckingham Palace Road, London, SW1W 9SB (01-730-9891).

MOOR HOUSE SCHOOL

HURST GREEN, OXTED, SURREY.

(Oxted 2271/2)

Recognised by the Department of Education and Science.

PATIENTS: Boys and girls aged 8-16 years, of normal intelligence, suffering from severe speech and language disorders.

Suitability for admission is investigated by the Consultant Neurologist, Educational Psychologist, Speech Therapists and Educationalists. When necessary cases are referred to a Consultant Plastic Surgeon, an Orthodontist or other

Medical Specialists.

Ineligible: Normal exclusions: Stammerers. Educationally sub-normal

children. Severely spastic cases. Seriously maladjusted children.

RELIGION: Undenominational.

BEDS: 61

MEDICAL: Specialist Medical consultations as required. Routine medical attention. Resident SRN Intensive speech therapy, each child being given several sessions a week.

STAFF: Chief Resident Officer: Headmaster, Mr F W Flaherty
Consultant Neurologist: Dr F Clifford Rose MB MRCP DCH

RECEIVING DAY: New entrants will normally be received on the second day of the Terms commencing in January, April and September.

EDUCATION: Children receive suitable special education.

RECREATION: This is organised by a team of Houseparents under the guidance of a trained Housefather. Playing field and grounds, $6\frac{1}{2}$ acres overall.

Visiting days: Most weekends during term.

CHARGES: Payable by local Education Authorities.

LENGTH OF STAY: As required for satisfactory treatment.

STATION: Hurst Green from Victoria or London Bridge. Thence 5 minutes to Moor House.

GENERAL: An enlargement programme was completed in the summer of 1960 whereby accommodation was increased to 61 children.

APPLICATIONS: to the Headmaster at the School.

CROFT ANNEXE

(THE LONDON HOSPITAL) CHURCH ROAD, SOUTH PARK, REIGATE, SURREY, RH2 8HY

(74 42067)

Patients taken from The London Hospital only or by arrangement from the North East Metropolitan Regional Board if vacancies permit.

PATIENTS: Women and girls over 12. Medical and surgical cases. No diets. Patients must be fully ambulant as there is not a lift.

RELIGION: Undenominational.

BEDS: 19, in 4 wards. No ground floor rooms.

TREATMENT: Physiotherapy given. Small dressings.

STAFF: Chief Resident Officer: Sister-in-Charge (SRN).

Nursing Staff: Trained Nurses. Nursing Auxiliaries.

Medical Officer: Dr D Aldridge (Medical Officer in Charge).

LENGTH OF STAY: Normal (maximum, 1 month).

ROUTINE AND RECREATION: The patients are called at 7 am with tea and have breakfast in bed at 8 am. No school. Comfortable sitting room with separate television facilities. There is a plentiful supply of books.

Visiting Days: Daily between 10 am and 12 midday, 2 and 6 pm and 8 to 9 pm.

RECEIVING & DISCHARGE DAYS: Friday and Tuesday.

STATION: Redhill, from Victoria or London Bridge. Patients are brought from The London Hospital by ambulance. A bus runs from the station to near the Home.

GENERAL: An old-fashioned but well adapted house, with a good view and a large garden.

CATHARINE HOUSE FOR GENTLEWOMEN

57 CHURCH ROAD, ST LEONARDS-ON-SEA, SUSSEX.

(Hastings 419)

PATIENTS: Professional and other gentlewomen. General convalescence. Rest.

Ineligible: Normal exclusions; bed cases and cases requiring night attention.

RELIGION: Undenominational.

BEDS: 20 single rooms, 8 on ground floor. All rooms have hot and cold water.

TREATMENT: No specialised treatments.

STAFF: Chief Resident Officer: Lady Superintendent.

Nursing Staff: 1 Sister (SRN); and 1 Assistant Nurse (Retd. SRN)

Medical Staff: Dr Anne Beattie (visiting).

LENGTH OF STAY: Usually 2 weeks, extended in special circumstances.

ROUTINE AND RECREATION: Breakfast in bed every day. Patients are expected to make their beds and keep their rooms tidy if they are well enough to do so. Television, piano, wireless. Ample sitting-rooms, including Sun Lounge.

Visiting Day: Any day. Teas 7½p each visitor.

CHARGES: All single rooms £12.00 per week. Patients also pay for night drinks; all rooms have slot meters for gas or electric fires.

RECEIVING DAYS: Any day.

STATION: St. Leonards, Warrior Square, from Victoria or Charing Cross. The house is near the station and patients are met if necessary.

GENERAL: A very comfortable old-fashioned house, standing high and not far from the shore. Central heating.

APPLICATIONS: to the Lady Superintendent at the Home, who will send the necessary application form.

HERTFORDSHIRE SEASIDE CONVALESCENT HOME

ST LEONARDS-ON-SEA, SUSSEX.

(Hastings 553)

PATIENTS: Men and women over 14 years old. Priority for residents of Hertfordshire, but patients are accepted from elsewhere. General convalescence. Ambulant plasters. Subject to the absolute discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage. A limited number of controlled colostomies can be accepted, again at such discretion.

Ineligible: Bed cases.

RELIGION: Undenominational.

BEDS: 45. Single and double rooms on two floors. Most rooms have their own vanitory units. No bedrooms on ground floor. Accommodation for married couples.

TREATMENT: No treatments or dressings. Simple gastric diets. There is a lift.

STAFF: Chief Resident Officer: Matron (SRN).

Assistants: 2 Sisters (SRN)
Medical Staff: Visiting doctor.

LENGTH OF STAY: Up to 19 days.

ROUTINE AND RECREATION: There is a supply of indoor and garden games, and a library. Billiards room. Television, wireless. Minibus.

Visiting Day: Any day.

CHARGES: £11.00 to £12.50 according to accommodation.

RECEIVING DAY: Monday.

DISCHARGE DAY: Saturday.

STATION: West St. Leonards, from Charing Cross. The station is very near the Home.

GENERAL: A very pleasant building with a sun lounge, central heating etc., in prominent position with a fine view over the sea. Recent modernisation to a very high standard. Standing in its own grounds and situated on a bus route. A telephone box is available for patients.

APPLICATIONS: to the Matron at the Home.

QUEEN CHARLOTTE'S AND CHELSEA HOSPITALS CONVALESCENT HOME

119-121 WEST HILL ROAD, ST LEONARDS-ON-SEA, SUSSEX.

(Hastings 1217)

PATIENTS: Women who require convalescence following in-patient treatment for gynaecological disorders.

Ineligible: No gynaecological conditions are ineligible, but some patients with other conditions as well cannot be dealt with successfully. In case of doubt enquiries should be addressed to the Matron of the Home.

RELIGION: Undenominational.

BEDS: 40.

TREATMENT: Normal post-operative treatments.

STAFF: Chief Resident Officer: Matron (SRN)

Nursing Staff: 7 SRN or Assistant Nurses.

Medical Staff: Dr W Hoadley Gabb (visiting).

LENGTH OF STAY: 2 weeks.

ROUTINE AND RECREATION: No domestic work is expected of the patients.

Visiting: Any day at any reasonable time.

RECEIVING DAYS:

> Mondays and Thursdays.

DISCHARGE DAYS:

STATION: Warrior Square, Hastings, from Charing Cross.

GENERAL: This is a well-equipped Convalescent Home with delightful garden overlooking the sea. Adequate "sitting-out" accommodation.

APPLICATIONS: To the Matron at the Home.

THE MENTAL AFTER CARE ASSOCIATION

CASTLE GLEN, CASTLE ROAD, SANDGATE, Nr FOLKESTONE, KENT.

PATIENTS: Women suffering from some degree of mental disability. Normally long-stay but recuperative holidays also given.

Ineligible: Normal exclusions other than mental illness. Bed cases and those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 30. 2-4 according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Three resident staff trained or experienced in Mental nursing.

Medical Staff: Visiting Physician.

LENGTH OF STAY: Recuperative holidays or indefinite long term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other amusements provided. Outside activities encouraged.

CHARGES: £10.50 per week.

RECEIVING DAY: Any week day.

DISCHARGE DAY:

STATION: Folkestone Central—frequent trains from Charing Cross.

GENERAL: Large house and garden running down to the sea. Near main road to shops and other nearby resorts.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

PILGRIMS SCHOOL

FIRLE ROAD, SEAFORD, SUSSEX.

(Seaford 2697)

Parent Society: The Invalid Children's Aid Association.

PUPILS: Boys from the ages of 12 to 16. Asthma. Other non-infectious chest conditions.

Ineligible: Boys deemed maladjusted or ESN.

RELIGION: Undenominational.

BEDS: 63 beds.

TREATMENT: Physiotherapy.

STAFF: Chief Resident Officer: Headmaster-I J Smith

Nursing Staff: Matron. (SEN); Assistant Matron; Night Nurse; House-

master.

Medical Staff: Dr Leslie G Scott FRCP (visiting Consultant Paedia-

trician).

Dr C G Vokins (School Medical Officer).

LENGTH OF STAY: According to medical necessity; normally a minimum stay of one year. (School holidays spent at home).

ROUTINE AND RECREATION: The boys get up at 7.30 am; lights out at 8.45 pm. The curriculum is planned to provide a wide variety of interests, and in addition to the basic subjects, includes drama, art and various crafts. Well equipped modern woodwork room and science laboratory. Graded physical training and outdoor sports help the boys towards increased self-confidence and build up a sense of security and of well being. Scout troop. Duke of Edinburgh Award scheme. School for $4\frac{1}{2}$ hours per day—additional study hours for GCE candidates ('O' level). CSE examinations also taken.

Visiting Day: By arrangement with the Headmaster.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: Normally at beginning of school term.

DISCHARGE DAY: Normally at the end of the school term.

STATION: Seaford from Victoria.

GENERAL: Situated high on the Downs above Seaford with 8 acres of playing space, it is ideally placed for its purpose. The majority of the boys are asthmatic and, in treating them, the emphasis is on normality. Swimming pool. Gymnasium.

APPLICATIONS: to the General Secretary, The Invalid Children's Aid Association, 126 Buckingham Palace Road, London, SW1W 9SB (01-730-9891).

THE ROYAL BRITISH LEGION CHURCHILL COURT CONVALESCENT HOME

KIPPINGTON ROAD, SEVENOAKS,

KENT.

(Sevenoaks 52018)

PATIENTS: Ex-Service men and women. General convalescence. Hearts.

Ineligible: Normal exclusions; bed cases; bronchiectasis. (See British Legion Application Form for details).

RELIGION: Undenominational.

BEDS: 30 for men, 10 for women; 2 wards for men on ground floor. Wards vary from 2 to 7 beds. There is a lift.

TREATMENT: Physiotherapy can be arranged at a clinic in Sevenoaks. Light diets. Simple dressings.

STAFF: Chief Resident Officer: Manager.

Nursing Staff: Sister.

Medical Staff: Dr Dudley E Yarrow (visiting).

LENGTH OF STAY: Usually 2 weeks.

ROUTINE AND RECREATION: Patients get up at 8 am and lights out is at 10.30 pm. Patients are expected to make their own beds. Billiards, table tennis, croquet, miniature golf, bowls, television.

CHARGES: Free. Borne by British Legion. Other Service Funds, etc, are asked to contribute towards cost of maintenance.

RECEIVING DAY: Thursday. 2 pm to 4.30 pm.

DISCHARGE DAY: Thursday. 9 am to 11.30 am (or Wednesday pm if more convenient).

STATION: Sevenoaks, from Charing Cross or London Bridge. Patients met at station.

GENERAL: A modern house in the country with a large garden. Comfortably equipped.

APPLICATIONS: through Local Service Committees of the British Legion. (Addresses available at Local Post Offices). Medical Social Worker by telephone to RBLHQ (Service Dept) 01-930-8131

DEDISHAM SCHOOL FOR AUTISTIC CHILDREN

SLINFOLD, Nr HORSHAM, SUSSEX.

(Slinfold 257)

Parent Society: The National Society for Autistic Children.

PATIENTS: Boys and girls, aged 5–16, who have been diagnosed as autistic, aphasic or non-communicating.

RELIGION: Undenominational.

BEDS: 30 termly boarders.

MEDICAL: Specialist consultations as required. Routine medical attention. Speech therapy.

STAFF: Chief Resident Officer: Headmaster, A E Nye.

Medical Staff: Consultant Psychiatrist, Dr Joan Wells MD MRCP DPM

School Medical Officer, Dr David Mathies MB BS DRCOG

LENGTH OF STAY: As required for satisfactory treatment.

ROUTINE AND RECREATION: Children get up at 7.30 am, and go to bed between 7.30 pm and 8.30 pm.

School: 5 hours daily teaching in small groups, on individually planned programmes.

Recreation: organised by teaching and child care staff.

CHARGES: Payable by local authorities.

RECEIVING DAY: By arrangement.

DISCHARGE DAY: Normally at the end of term.

STATION: Horsham, from Victoria, Waterloo or London Bridge. Buses Nos 33 and 50 run from Horsham Station—passing the end of the drive. Dedisham is situated on the Horsham to Guildford main road.

VISITING DAY: By arrangement with the Principal.

GENERAL: The school faces South and has an open view over fields. The school opened with six children in September 1970 and will build up numbers over 18 months.

APPLICATIONS: To the Principal at School.

DAVID SALOMON'S HOUSE

(CONVALESCENT HOSPITAL FOR WOMEN) SOUTHBOROUGH,

NR TUNBRIDGE WELLS,

KENT.

(Tunbridge Wells 29171)

PATIENTS: Women from Hospitals in the South East Metropolitan area and from other London areas when vacancies permit. Medical (including nine cardiac patients) and surgical cases. Plasters and long-term orthopaedic cases chiefly from local hospitals. Some bed cases are admitted.

Ineligible: Normal exclusions. Asthmatics. Epileptics.

(Note: Most beds are above ground floor and there is no lift).

RELIGION: Undenominational.

BEDS: 70, in wards containing 2–9 beds, with the exception of one big ward of 16 beds for Orthopaedic patients. One ward containing 9 beds on the ground floor for cardiacs—cheifly from local hospitals.

TREATMENT: Physiotherapy (Three times weekly). Gastric and other <u>simple diets</u>. All dressings.

STAFF: Chief Resident Officer: Nursing Officer.

Nursing Staff: 5 Sisters (SRN)

1 Staff Nurse (SRN)

3 Assistant Nurses (SEN)

Medical Staff: Mr J Mayer FRCS (visiting Orthopædic Consultant)
Dr L J Bailey.

LENGTH OF STAY: Normally 2-3 weeks, can be extended at the discretion of the visiting Medical Officer.

ROUTINE AND RECREATION: Patients make their own beds if fit enough to do so, but are not required to do any other form of domestic work unless they wish. They are encouraged to rest during the afternoon and to be outside as much as possible.

There is a library and television.

Visiting: Daily 2 pm to 6 pm for convalescent patients. For Orthopædic patients in special ward, visiting daily 2 pm to 4 pm and 7 pm to 8 pm Other times by arrangement with Matron.

RECEIVING DAY: Any weekday, except Saturday and Sunday.

STATION: Tonbridge from Charing Cross. Green Line coach to Tunbridge Wells coach depot. Patients can be met there, or at Tonbridge station (48 hours' notice to be given).

GENERAL: The Hospital is a large country mansion, with 36 acres of grounds, about a mile from Southborough. There is a frequent bus service from the end of the road ($\frac{3}{4}$ mile) to the nearby towns of Tonbridge and Tunbridge Wells a few miles away.

APPLICATIONS: to the Nursing Officer.

WORDSWORTH HOUSE

SWANAGE, DORSET, BH19 2HR

(Swanage 2577)

PATIENTS: Women.

Ineligible: Normal exclusions.

RELIGION: A Church of England Home, but members of other denominations accepted.

BEDS: 13 Single rooms, 8 double rooms, 3 three bedded rooms, (6 cubicles in one room).

TREATMENT: No diets.

STAFF: No nursing staff.

LENGTH OF STAY: As recommended.

ROUTINE AND RECREATION: Breakfast 9 am. Lunch 1 pm. Supper 6.30 pm. (Except on Sundays when it is High Tea at 5.30 pm.) Visitors are expected to make their own beds. Television Room, well stocked library, radio.

Visiting Day: Visiting at any time.

CHARGES: On application to the Warden.

RECEIVING DAY: Saturday from May to October, any week day at other times o the year.

STATION: Swanage from Waterloo. Coach from Victoria to Bournemouth and then No 7 bus to Swanage.

GENERAL: Wordsworth House, built in 1908, is situated the Durlston side of Swanage. Partial central heating. Hot and cold water in all rooms. There is a private chapel within the building, and guests are invited to attend daily prayers and occasional services taken by the Clergy. Early tea and hot drinks at night are available at a small extra charge. Buses from the pier—No 104—stop outside the house. House closed during October for staff holidays.

APPLICATIONS: to the Warden, Wordsworth House, Swanage.

SPELTHORNE ST MARY

THORPE, NR EGHAM, SURREY.

(Chertsey 63112)

Owners: Community of St. Mary the Virgin, Wantage.

PATIENTS: Women alcoholics and drug addicts.

Ineligible: Any other type of case.

RELIGION: Church of England, but any denomination received.

BEDS: 48—all single rooms.

TREATMENT: Treatment according to the nature of the case. Occupational therapy; Group-therapy.

STAFF: Chief Resident Executive Officer: Sister Superior.

Nursing Staff: 2 SRN Sisters of the Community; 2 SEN Staff.

Medical Staff: A resident doctor—Sister of the Community.

Dr S J Poots (visiting Physician).

LENGTH OF STAY: At Doctor's discretion. Ordinarily 6 months.

ROUTINE AND RECREATION: Breakfast 8 am. Lights out 10.30 pm. Meals in bed as necessary. A graded programme of occupation, rest and recreation is provided according to individual needs. Training facilities in Crafts, Gardening and Cooking. There is a hard tennis-court, croquet and miniature golf; TV, a radiogram and a good library both of books and records; expeditions are arranged to places of interest.

CHARGES: £12 to £20 per week.

RECEIVING DAY:

Any day.

DISCHARGE DAY:

STATION: Virginia Water or Egham nearest, but bus service only from Staines. (All stations from Waterloo).

GENERAL: The house stands in 22 acres of parkland.

APPLICATIONS: to the Sister Superior at the Home.

ST CATHERINE'S HOME

GROVE ROAD, VENTNOR, ISLE OF WIGHT.

(Ventnor 722/723)

PATIENTS: Boys aged 5-13 years; girls aged 5 to 11 years on admission. General convalescence. Bronchitis. Post-operative convalescent chest cases. Asthma and Eczema. Long term debility. Malnutrition. Fibrocystics.

Ineligible: Normal exclusions. Bed cases.

RELIGION: Church of England.

BEDS: 154 in wards containing 2-16 beds. Some on ground floor.

TREATMENT: As required. Remedial exercises and breathing exercises for Asthma Physiotherapy where necessary. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge.

Nursing Staff: 4 SRN, 2 SEN, Remedial Gymnast and suitably trained

staff.

Medical Officer: Dr E F Burndred.

LENGTH OF STAY: Minimum 6 months.

ROUTINE AND RECREATION: The children rise at 7.30 or 8 am and go to bed between 6.30 and 8 pm, according to age. There is a one-hour rest in the afternoon. School holidays: Saturday and Sunday.

The Home has a gymnasium and library as well as a supply of indoor games. There are also football and cricket pitches, and troops for Scouts and Cubs and Brownies.

Visiting Days: Saturday and Sunday, once a month or by arrangement with Sister-in-Charge.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: Termly or during term if vacancy available.

STATION: Regular train services operate between Waterloo and Portsmouth, and connect with the boats from Portsmouth Harbour to Ryde Pier Head. From Ryde Pier the journey is continued by train to Shanklin and by bus to Ventnor, or by bus from Ryde Esplanade to Ventnor.

GENERAL: The Home, which was built in 1895, has since been modernised. It stands 250 feet above sea-level and is sheltered from the north by St Boniface Down. It faces south, and has large grounds.

APPLICATIONS: to the Sister-in-Charge.

SAMUEL LEWIS SEASIDE CONVALESCENT HOME

NAZE PARK ROAD, WALTON-ON-NAZE,

ESSEX.

(Frinton-on-Sea 5627) 02556

PATIENTS: Jewish men and women. General convalescence. Subject to the absolute discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage.

Ineligible: Normal exclusions; bed cases.

RELIGION: Jewish. The Home has its own Synagogue.

BEDS: 86, in wards of 1-12 beds. Some ground floor rooms. There is a lift.

TREATMENT: Simple medical treatment. Diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (SRN)

Nursing Staff: 5 SRN, 7 Auxiliaries.

Medical Officer: Dr W R Kynan (visiting).

LENGTH OF STAY: 2-4 weeks.

ROUTINE AND RECREATION: Indoor games are provided. Radio, TV and miniature golf.

Visiting Day: Monday, Wednesday, Thursday and Sunday 2 pm to 5 pm.

CHARGES: Through Divisional Medical Officers for recuperative holidays. NE Metropolitan RHB for convalescent cases. Private patients by arrangement

RECEIVING AND DISCHARGE DAY: Tuesday.

STATION: Walton-on-Naze, from Liverpool Street. Patients are conveyed from London by coach.

GENERAL: The Home which was built about 60 years ago has since been modernised and faces the sea.

APPLICATIONS: to Divisional Medical Officers for recuperative holidays; to NE Metropolitan Regional Hospital Board, 40 Eastbourne Terrace, London W2 (01-262-8011) for convalescence. Other patients to Jewish Welfare Board, Homes Administration Dept, Lionel Cohen House, 74a Charlotte Street, London, W1 (01-636-1644).

LULWORTH COURT

CHALKWELL ESPLANADE, WESTCLIFF-ON-SEA ESSEX.

Parent Society: Queen Elizabeth's Foundation for the Disabled.

PATIENTS: Severely disabled men and women over 16.

Ineligible: Those suffering from mental disorders, infectious or contagious diseases, those who are senile and/or liable to make a disturbance at night, and those who are bedridden.

RELIGION: Undenominational.

BEDS: 20. In rooms with 3 to 6 beds.

TREATMENT: Full nursing care.

STAFF: Chief Resident Officer: Superintendent (SRN.)

Nursing Staff: 1 SRN, 6 Assistant Nurses or as required.

Medical Staff: Visiting doctor.

LENGTH OF STAY: Approximately 2 weeks

ROUTINE AND RECREATION: Breakfast in bed. Any special instructions observed.

Large sitting room overlooking sea front; colour TV; trolley shop. Outings and entertainments arranged.

CHARGES: Approximately £,15.00 per week.

RECEIVING DAY: Late afternoons five times weekly.

DISCHARGE DAY: Mornings five times weekly.

STATION: Westcliff-on-Sea.

GENERAL: On the sea front in a residential area, close to Southend-on-Sea. The house is specially adapted for the severely disabled and there is a lift to take patients in standard sized wheelchairs to first floor and 4 bedrooms. One ground floor bedroom.

Visiting Day: Any day.

APPLICATIONS: to Miss M P Hurn, Holiday Organizer, Queen Elizabeth's Foundation for the Disabled, Leatherhead Court, Leatherhead, Surrey (Oxshott 2204).

CHEYNE HOSPITAL

WOODLAND WAY, WEST WICKHAM, KENT, BR4 9LT

(777 1955)

PATIENTS: Patients from one month to 10 years old suffering from all types of long term illnesses, orthopaedic, medical and incurable, requiring treatment and schooling.

Ineligible: Mentally handicapped and diabetic patients.

RELIGION: Undenominational.

BEDS: 60. All wards on the ground floor. All beds can be wheeled on to open terraces.

TREATMENT: Treatment and diets as recommended by Consultants. Full physiotherapy service. Hydrotherapy Unit.

STAFF: Sister in charge, with supporting nursing staff, responsible to Senior Nursing Officer, Children's Area, Bromley Group of Hospitals.

Medical Staff: Full consultant, paediatric, cardiological and orthopaedic and dental service.

LENGTH OF STAY: Decided on merit of individual case.

ROUTINE AND RECREATION: TV, radio and record players in all wards. Film shows and car rides. Cub and Brownie activities with local packs. Sunshine coach, garden with roundabout and swings and large well-equipped playroom.

EDUCATION: Special schoolrooms, 3 teachers. General subjects and handicrafts up to and including 11 plus.

Visiting: Every day from 3 to 6.30 pm and at other times by arrangement Children go home for weekends and school holidays if suitable.

STATION: To East Croydon from Victoria or Waterloo then bus 119 to Woodland Way, or West Wickham from Charing Cross.

GENERAL: The hospital is pleasantly situated in 12 acres of grounds.

APPLICATIONS: to the Sister-in-Charge at the Hospital.

THE MENTAL AFTER CARE ASSOCIATION

ROYAL OAK HOUSE, 9/11 EGBERT ROAD, WESTGATE-ON-SEA, KENT.

PATIENTS: Women suffering from some degree of mental disability. Minimum age 45 years. Normally long-stay but recuperative holidays also given.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 39. 1-5 according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Three resident staff trained or experienced in Mental nursing.

Medical Staff: Visiting Physician.

LENGTH OF STAY: Recuperative holidays or indefinite long term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other indoor amusement provided. Outside activities encouraged.

CHARGES: £10.50 per week.

RECEIVING DAY:

Any week day.

DISCHARGE DAY:

STATION: Westgate-on-Sea-frequent trains from Victoria.

GENERAL: Large house—one minute from the sea.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

ST CECILIA'S

WEST BAY, WESTGATE-ON-SEA,

KENT. (Thanet 31461—Superintendent) (0843 31409—Guests)

Parent Society: Musicians' Benevolent Fund

PATIENTS: Professional musicians, both men and women, needing a recuperative rest or convalescence after illness. Members of other professions (not over 70 years of age) accepted when accommodation is available.

Ineligible: Normal exclusions, coronaries, most heart conditions, colostomies, bronchial or asthmatic conditions and all cases requiring diets or nursing.

RELIGION: Undenominational.

BEDS: 21 singles in 15 rooms, 6 of which are on the ground floor.

TREATMENT: None. No diets. (In general, set meals are planned on a low starch—high protein basis).

STAFF: Chief Resident Officer: Lady Superintendent.

Medical Staff: Dr R G Taylor.

LENGTH OF STAY: Normally 2 weeks: can be extended on medical recommendation when accommodation is available.

ROUTINE AND RECREATION: Early tea 8.0 am, breakfast 9.0 am, luncheon 12.30 pm, dinner 6.0 pm, hot drinks 8.0 pm, house closed 10.0 pm. Food cannot be served in bedrooms or between meal times. Piano, wireless, television, indoor games and library.

Visiting Day: Any day.

CHARGES: Musicians: £7.35 per week from April to October and £6.30 per week from November to March or according to circumstances.

Non-Musicians: £12.60 per week April-October (inclusive). £10.50 November-March; and this also applies to those coming through the Recuperative Holiday Scheme.

RECEIVING DAY: Wednesday. Guests are asked to write time of arrival to Superintendent.

DISCHARGE DAY: Wednesday.

STATION: Westgate-on-Sea, a few minutes' walk from the Home. Trains from Victoria at 40 minutes past each hour. 10.40 am and 2.40 pm recommended.

GENERAL: The Home is a modern, well-planned building, on the seafront, and is very comfortably equipped. Hot and cold water in all bedrooms. Central heating.

APPLICATIONS: to the Director General, Musicians' Benevolent Fund, St. Cecilia's House, 16 Ogle Street, London, W1P 7LG (01-636-4481/2).

ST. MICHAEL'S CONVALESCENT HOME

ELM GROVE, WESTGATE-ON-SEA, KENT.

(Thanet 31448)

Parent Society: The Deaconess Community of St. Andrew, 12 Tavistock Crescent, London, W11 (01-229-2662).

PATIENTS: Women and married couples. General convalescence, for mobile patients. Subject to the absolute discretion of the Medical Officer and or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage. A limited number of controlled colostomies can be accepted, again at such discretion.

Ineligible: Normal exclusions. Serious Hearts, including Coronary Thrombosis. Adrenalectomy. Chest conditions are given individual consideration, on application.

RELIGION: Church of England Home. Other denominations welcomed.

BEDS: 30. 21 in single rooms, remainder in curtained cubicles or double rooms; 2 single and one double room on the ground floor.

TREATMENT: Very simple diets. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge.
Nursing Staff: 2 SRN; 1 Assistant Nurse.
Medical Staff: Medical Officer (visiting).

LENGTH OF STAY: Average 2 weeks. Maximum 6 weeks.

ROUTINE AND RECREATION: Early tea 7.30 am. Breakfast 9 am. Wireless, television and books are available. Patients may attend chapel daily.

Visiting Day: Any day.

CHARGES: From f.8.75 to f.9.50 per week.

RECEIVING DAY: Monday afternoons.

DISCHARGE DAY: Monday morning.

STATION: Westgate-on-Sea, from Victoria. Patients travelling down on the 1.40 pm train are met by taxi at Westgate station.

GENERAL: The Home is a modernised Victorian building in an open position near the sea with a large garden. Comfortably equipped, central heating. There is a small home lift.

APPLICATIONS: to the Sister-in-Charge at the Home.

DANESWOOD CONVALESCENT HOME

ASPLEY HEATH WOBURN SANDS, NEAR BLETCHLEY, BUCKS.

> (Official) Woburn Sands 3113 (Patients) Woburn Sands 2372

PATIENTS: Women and girls from 14-75 years of age. General convalescence.

Ineligible: Colostomies and Asthmas.

RELIGION: Undenominational.

BEDS: 50, in small wards, chiefly 2 or 4 bed wards. No ground-floor rooms or lift.

TREATMENT: As required. Physiotherapy can be arranged at Edgbury Hospital nearby. All diets and dressings provided.

STAFF: Chief Officer: Matron.

Nursing Staff: Trained nurses.

Enrolled nurses.

Nursing auxiliaries.

Medical Staff: Dr G Worden (visiting).

LENGTH OF STAY: 2 weeks.

ROUTINE AND RECREATION: Patients rise and retire at varying times according to individual conditions. There are library facilities, wireless, television, indoor games. Also facilities for washing and ironing personal laundry.

Visiting Day: Every Afternoon.

RECEIVING DAY: Monday to Friday.

DISCHARGE DAY: Normally 14 days after admission, eg admitted on a Tuesday discharged on a Tuesday.

STATION: Bletchley. GLC patients admitted on Tuesdays and Wednesdays and patients from Buckinghamshire hospitals on Mondays and Fridays.

GENERAL: Two-storied building standing on high ground, with attractive wooded district all round.

APPLICATIONS: to the Matron, Edgbury Hospital, Woburn Sands (Woburn Sands 2392)

KINGSBURY

COLEY AVENUE, WOKING, SURREY. Church Army Short-stay Home.

(Woking 63304)

PATIENTS: Men and women over 60 years of age for holiday periods, or care and attention when relatives are away, post-hospital periods of rest and care.

Ineligible : Normal exclusions, lung diseases including asthma in advanced stages. Diabetics. Confusion. Incontinent cases.

RELIGION: Church of England, but non-Church of England are received.

BEDS: 24 cubicle rooms including 7 on the ground floor. One single room on the first floor and six single rooms on the ground floor. There is a lift.

TREATMENT: No treatment, but light Diets provided.

STAFF: Church Army Sister in charge, Assistant and Three General Assistants.

Medical Staff: Doctor attends weekly or at request.

LENGTH OF STAY: Maximum 4 weeks, although extensions are allowed in special circumstances.

ROUTINE AND RECREATION: Visitors have breakfast at 9 am. Those who can are asked to make their own beds, which are equipped with modern interior spring mattresses, but this is undertaken for the more frail.

Visiting: Any day.

CHARGES: £9.03 per week.

RECEIVING DAY: By arrangement with the Church Army Headquarters, Sunset Homes Department, to whom all applications should be made.

DISCHARGE DAY: By arrangement with CA Headquarters.

STATION: Woking.

GENERAL: The Home is centrally heated and well equipped; ten minutes' walk from Station.

APPLICATIONS: The Church Army Headquarters, Sunset Homes Department, PO Box 67, 185 Marylebone Road, NW1

ST PETER'S CONVENT

MAYBURY HILL, WOKING, SURREY.

(Woking 61137)

PATIENTS: Women up to 70. Consideration is given to a limited number of patients over 70 who are genuinely convalescent and mentally alert. General medical and post-operative convalescence. Hearts. Orthopaedic cases.

Ineligible: Asthma, fits, (epileptic or other), infectious and skin diseases. Neurosis, cancer in advanced stage, or if liable to be offensive to others.

RELIGION: Anglican Community. (All denominations accepted).

BEDS: 47. First Floor: Large ward, 11 beds, Balcony ward 4 beds. 1 small private room. 11 single rooms for private long-term patients. Lift.

Ground floor: Large ward divided into 2, 6 beds each. 1 private room. Verandah ward 7 beds.

TREATMENT: Simple medical treatments. Mild gastric diets. Simple dressings.

STAFF: Chief Resident Officer: Reverend Mother Superior.

Nursing Staff: Assistant Superior (SRN); 4 SRN and 2 part time SRN;

2 SEN; 1 Dispenser.

Medical Staff: Mr L G Higgins

Dr Dalgleish

Dr K. A. M. Moore

Dr McKenzie

Dr Rae

(visiting).

LENGTH OF STAY: Usually 2 weeks, but no fixed limit. Usual maximum 1 month.

ROUTINE AND RECREATION: All patients have breakfast in bed and retire before or after supper as desired. Afternoon rest if required.

Library, wireless, television. Convalescents allowed out to afternoon cinemas. **Visiting:** 2 to 5 pm. 7.0 — 7.45 pm for those unable to come in the afternoon.

CHARGES: Wards, £10.50. per week Private rooms (long term patients) from £12.60 per week.

RECEIVING DAYS: Monday, before 12 noon.

DISCHARGE DAY: Normally Monday

STATION: Woking, from Waterloo, thence by Maybury Hill bus or taxi.

GENERAL: Built in 1883, the Convent stands on high ground in 20 acres of ground.

APPLICATIONS: to the Admissions Sister of the Community of St. Peter at the

Convent (with return postage). NHS patients: to the SW Metropolitan Regional Hospital Board, 40 Eastbourne

Terrace, London, W2

THE JOHN HORNIMAN SCHOOL

2 PARK ROAD, WORTHING. SUSSEX.

(Worthing 200317)

Parent Society: The Invalid Children's Aid Association.

PUPILS: Boys and girls aged 5-9 suffering from severe speech and language disorders.

Ineligible: Normal exclusions. Primary stammers. Educationally sub-normal

children. Severely spastic cases. Seriously maladjusted children.

RELIGION: Undenominational.

BEDS: 24.

TREATMENT: Speech therapy. Specialist medical and psychological consultations. Routine medical supervision.

STAFF: Chief Resident Officer: Headmistress: Miss M. Palmer.

Senior Speech Therapist: Miss F Shaw LCST.

Audiology Consultations: Miss C P S Griffiths LCST Dip Aud. Medical Staff: Dr A Robinson (Visiting Consultant Paediatrician) Dr D Palmer School Medical Officer.

LENGTH OF STAY: As required for satisfactory treatment or until of age for transfer to Moor House School, Oxted.

ROUTINE AND RECREATION: Children get up at 7.30 am and go to bed between 6 and 7 pm. Intensive integrated language programme carried out by teachers and speech therapists with individual teaching and speech therapy as required. Regular use made of the school minibus for outings in connection with educational programme and to the Downs for walks and free play.

Visiting Day: By arrangement with the Matron.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: Normally at the beginning of the Spring and Autumn terms.

DISCHARGE DAY: Normally at the end of the Christmas and Summer terms.

STATION: Worthing Central.

GENERAL: Built as a Convalescent Home for children by John Horniman Trustees about 1890. Entirely redecorated and modernised. Playground and lawn with sandpit and paddling pool. School is opposite the sea and near a recreation ground.

APPLICATIONS: to the General Secretary, The Invalid Children's Aid Association, 126 Buckingham Palace Road, London, SW1W 9SB (01-730-9891).

MILDMAY CONVALESCENT HOME

WORDSWORTH ROAD, WORTHING, SUSSEX.

(Worthing 39875)

PATIENTS: Married couples and Women aged 20 to 70. General convalescence.

Ineligible: Normal exclusions. Bed cases. Infirm or advanced cases of

illness and those needing night attention. Asthma.

RELIGION: Interdenominational.

BEDS: 30. Double and single rooms. Lift to first floor. Patients must be able to negotiate a few stairs.

TREATMENT: No special treatment. Gastric diets. Simple dressings.

STAFF: Chief Resident Officer: Matron, Miss M Jameson SRN SCM.

Nursing Staff: Sister (SRN).

Medical Staff: Dr R H Neeve MB BSc Lond (visiting).

LENGTH OF STAY: 2 weeks, extended to 4 weeks on medical grounds.

ROUTINE AND RECREATION: Patients get up in time for breakfast at 8.30 am and retire by 9.30 pm. There is a rest hour for everybody after lunch. There is television, games, wireless, a record player and piano. Evening prayers (voluntary).

Visiting Day: Every day, by arrangement with Matron.

CHARGES: £10.00 per week.

RECEIVING DAYS: Mondays, Wednesdays and Fridays, preferably between 2 and 4 pm.

DISCHARGE DAYS: As above preferably before 11.30 am.

STATION: Victoria to Worthing.

GENERAL: A few minutes from the sea, on level ground near to shops.

APPLICATIONS: to the Matron.

THE QUEEN ALEXANDRA HOSPITAL HOME

for Disabled Sailors, Soldiers and Airmen.
GIFFORD HOUSE,
WORTHING,
SUSSEX.

(Worthing 202486)

PATIENTS: Disabled Ex-Servicemen only. No accommodation for Officers.

Ineligible: Cases of tuberculosis and all infectious diseases.

RELIGION: Church of England but any denomination received.

BEDS: 64. Fifty for permanent patients and fourteen beds available in wards on ground floor for seriously disabled men living at home in need of a change or convalescense with treatment following an illness or operation.

TREATMENT: According to Disability. Physiotherapy and Occupational Therapy available.

STAFF: Medical Officer: Dr P Murphy MB BCh.

Matron: Miss D P Morris SRN. State Registered Staff.

LENGTH OF STAY: At Doctor's discretion and according to demand on beds.

ROUTINE AND RECREATION: Television, radio, good library, indoor games.

Outings and Entertainments arranged by local residents and Societies.

CHARGES: Every case considered according to means.

RECEIVING DAY:

≻Any day.

DISCHARGE DAY:

STATION: West Worthing.

GENERAL: This Hospital Home fulfils a dual role—it provides a home for some 50 disabled Ex-Servicemen who are permanently resident and carries out the recreative and convalescent work already described; Gifford House has sheltered gardens and is within easy reach of the sea. Worthing has a level stretch of sea front and so is ideal for patients in chairs.

APPLICATIONS: to the Secretary.

THOMAS BANTING MEMORIAL HOME

BANTING HOUSE, 28 DOWNVIEW ROAD, WORTHING, SUSSEX.

(Worthing 47461)

PATIENTS: Ladies aged 18 to 75. General convalescence.

Ineligible: Normal exclusions. Those requiring any form of nursing, special

diets, or unable to manage stairs.

RELIGION: Undenominational.

BEDS: 6, in single rooms, on 1st floor. 2 in a double room on 2nd floor.

TREATMENT: No diets or dressings, but Physiotherapy can be arranged at Worthing Hospital. Arrangements to be made by the Hospital sending the patient.

STAFF: Chief Resident Officer: Lady Superintendent.

Nursing Staff: None.

Medical Staff: Dr P A T Martin (visiting).

LENGTH OF STAY: 2 or 3 weeks, which can be extended to 8 if necessary.

ROUTINE AND RECREATION: Patients should be up by 9 am.

Writing and reading rooms. Cinemas, concerts, etc, in Worthing.

Visiting Day: Any afternoon.

CHARGES: £10.00 per week. Patients pay for gas and electric fires in their bedrooms by slot meter. Deposit of £3.00 should be remitted in advance of the visitor's arrival.

RECEIVING DAYS: Monday to Friday inclusive.

DISCHARGE DAYS: Monday to Friday inclusive or at weekend by arrangement.

STATION: West Worthing, from Victoria, thence 5 minutes' walk, or by taxi.

GENERAL: The Home is a comfortable, old-fashioned house in a quiet road intended only for the reception of ladies of reduced means. It would be much appreciated if patients would bring suitcases small enough to be carried upstairs without difficulty by female staff.

APPLICATIONS: to the Secretary, Thomas Banting's Memorial, 1 Highworth, Worthing (Worthing 37581).

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PART II

The Homes listed in this section are outside the boundaries of the four Metropolitan and Wessex Regional Hospital Boards. Only those Homes nearest to London are regularly visited by members of the Auxiliary Hospitals Committee.

THE RAILWAY CONVALESCENT HOME

"BRIDGE HOUSE," DAWLISH, DEVON.

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PATIENTS: Male employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

Ineligible: Bed cases, and all cases requiring constant nursing care, and those unable to climb stairs.

RELIGION: Undenominational.

BEDS: 57. None on ground floor. Wards contain 3 to 9 beds.

TREATMENT: No treatments. Gastric and diabetic diets. Simple dressings. Colostomy cases accepted.

STAFF: Chief Resident Officer: Matron (SRN).

Nursing Staff: Assistant/Relief Matron (SRN).

Medical Staff: Dr D B Peterkin (visiting).

LENGTH OF STAY: 4 weeks maximum.

ROUTINE AND RECREATION: Patients rise at 7 am and retire at 10 pm. All patients to be in the grounds by 9.30 pm. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, piano, radio, television, and putting green.

Visiting Day: Every afternoon, 2 to 4 pm by arrangement with Matron.

CHARGES: None.

RECEIVING DAYS: Tuesday and Thursday. **LEAVING DAYS:**

STATION: Dawlish, from Paddington. Conveyance arranged from and to Station.

GENERAL: Large gardens supply fresh vegetables. Own poultry. Short, easy walk to seashore.

APPLICATIONS: to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex. Telephone: Uxbridge 35567/8.

THAT

THE MENTAL AFTER CARE ASSOCIATION

158 FOXHALL ROAD, IPSWICH, SUFFOLK.

PATIENTS: Men and women in need of rehabilitation after mental illness. Preference to those under 50 years. Short recuperative holidays also given.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 35. Numbers according to size of rooms.

TREATMENT: Rehabilitation towards full employment and social independence.

STAFF: Four resident staff trained or experienced in Mental nursing.

Medical Staff: Visiting Physician.

LENGTH OF STAY: Normally 3-6 months, may be extended.

ROUTINE AND RECREATION: Breakfast and evening meals to suit residents' hours of employment. All residents make their beds and help with domestic work where possible and reasonable. Bedtime not later than 11 pm unless special concession granted. Television, radio and indoor and outdoor interests provided.

CHARGES: £10.50 per week.

RECEIVING DAY:

Any week day.

DISCHARGE DAY:

STATION: Ipswich—frequent trains from Liverpool Street Station.

GENERAL: Large house and garden on bus route to town centre and Felixstowe.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House 110 Jermyn Street, London, SW1

ORCHARD DENE

19 VIEW ROAD, RAINHILL, NEAR LIVERPOOL, LANCS.

(Prescot 4122)

Parent Society: The National Society for Mentally Handicapped Children.

PATIENTS: Short stay and extended care for all grades of mentally handicapped children from 2–12 years of age, including those suffering from epilepsy or cerebral palsy.

Ineligible: Infectious diseases and children who are a danger to themselves and others.

RELIGION: Undenominational.

BEDS: 26 in 6 rooms of 2 to 6 beds, (isolation facilities available if necessary).

TREATMENT: Nursing care and education.

STAFF: Nursing Staff: Matron and Assistant Matron (resident).

2 Night Nurses 10 Assistants.

3 Teachers

Medical Staff: Dr G McKenna (visiting).

LENGTH OF STAY: Not exceeding one year on initial acceptance.

ROUTINE: Routine is according to requirements. Large garden with well equipped playground. Special school on premises.

CHARGES: £18.00 per week, plus £75.00 per term school fees.

RECEIVING DAY:

By arrangement.

DISCHARGE DAY:

STATION: Rainhill, or by H2, H3 and H4 buses from Pier Head, Liverpool, to Victoria Hotel, Rainhill.

APPLICATIONS: Residential Services Officer, NSMHC Centre, 86 Newman Street, London, W1 (01-636-2861)

THE RAILWAY CONVALESCENT HOME

THE OLD ABBEY, MARINE DRIVE, LLANDUDNO, NORTH WALES.

(Llandudno 77625)

PATIENTS: Female Employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. (Wives, provided the husband is of working age and contributes to the Railway Convalescent Homes). Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

Ineligible: Bed cases. All cases requiring constant nursing care, and those unable to climb stairs.

RELIGION: Undenominational.

BEDS: 25, in 2 and 3 bed wards. None on the ground floor. Hot and cold water in every bedroom.

TREATMENT: Normal gastric and diabetic diets, etc. Simple dressings. Colostomy cases accepted.

STAFF: Chief Resident Officer: Matron (SRN).

Medical Staff: Dr S Salisbury (visiting).

LENGTH OF STAY: 4 weeks maximum.

ROUTINE AND RECREATION: Patients rise at 7 am and retire at 10 pm. All patients to be in grounds by 9.30 pm. No domestic work is done by the patients There is a piano, radio, colour television and card games, etc.

Visiting Day: Every afternoon, 2 to 4 pm by arrangement with Matron.

CHARGES: None.

RECEIVING DAYS: Tuesday and Thursday.

STATION: Llandudno, from Euston. Conveyance arranged from and to the Station

GENERAL: The Home commands extensive views from Conway Castle to the Isle of Anglesey. Large gardens run down to the seashore, and supply fresh vegetables.

APPLICATIONS: to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex. Telephone: Uxbridge 35567/8.

MARLBOROUGH CHILDREN'S CONVALESCENT HOSPITAL

MARLBOROUGH, WILTS.

(Marlborough 2271-2)

PATIENTS: Boys and girls from birth to 15th birthday. Orthopædic cases. Chests.

Non-infectious skin cases. Asthmatics. Rheumatic Hearts. Post-operatives. Bed

Ineligible: Normal exclusions.

RELIGION: Undenominational.

121:12

BEDS: 100, including a modern ward accommodating 26 boy patients.

TREATMENT: Fully equipped physiotherapeutic department with Hubbard Tank etc; remedial exercises; all diets and dressings.

STAFF: Chief Resident Officer: Assistant Matron-in-Charge.

Nursing Staff: 1 Assistant Matron; 10 SRN; 3 SEN; 25 Nursing Auxiliaries.

Medical Officers & Visiting Medical Staff:

Dr L F Jones Consulting Paediatrician Dr D W Hide Consultant Paediatrician

Dr J B Stewart Consultant in Physical Medicine

Mr J C Scott Consulting Orthopædic Surgeon

Dr K D Crow Consulting Dermatologist

Dr T R Maurice Medical Officer

Dr W L Calnan Medical Officer Mr R B Jones Dental Surgeon

LENGTH OF STAY: Minimum 1 month. No limit.

ROUTINE AND RECREATION: The children who are fit to do so normally rise at 7.45 am and have breakfast at 8.30 am. There is a compulsory rest in the afternoon. All the children are in bed by 8 pm. No domestic work is required of them. Occupational therapy. Films, luxury coach, games room.

Facilities for outdoor games. Playground. Country walks, nature study, etc. School: Recognised Ministry of Education Hospital School. Head Teacher and

7 assistants. Also Nursery School.

Visiting Days: At any time at discretion of Assistant Matron-in-Charge or Ward Sister, but preferably after School (3.30 pm) on weekdays.

RECEIVING DAY: Any day.

DISCHARGE DAY: Any day but usually at weekends.

STATION: Swindon from Paddington. The Hospital is 13 miles from Swindon at which there is a bus service (No 470) to and from Marlborough. It can also be reached by coach.

GENERAL: The Hospital stands in its own grounds on the edge of Marlborough Downs, 500 feet above sea-level.

APPLICATIONS: to the Assistant Matron-in-Charge.

THE RAILWAY CONVALESCENT HOME

"TRENYTHON," PAR, CORNWALL.

(Par 2572)

PATIENTS: Male employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

Ineligible: Bed cases and all cases requiring constant nursing care.

RELIGION: Undenominational.

BEDS: 41. Two on the ground floor. Wards contain 2-6 beds.

TREATMENT: No treatments. Gastric and diabetic diets. Simple dressings. Colostomy cases accepted.

STAFF: Chief Resident Officer: Matron (SRN).

Nursing Staff: Assistant/Relief Matron (SRN). Medical Staff: Dr J L Barnardo (visiting).

LENGTH OF STAY: 4 weeks maximum.

ROUTINE AND RECREATION: Patients rise at 7 am and go to bed at 10 pm. All patients to be in the grounds by 9.30 pm. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, bowls, piano, radio and television.

Visiting Day: Every afternoon, 2 to 4 pm by arrangement with Matron.

CHARGES: None.

RECEIVING DAYS:

Tuesday and Thursday.

LEAVING DAYS:

STATION: St. Austell, from Paddington. Conveyance arranged from and to the Station.

GENERAL: Large gardens supply fresh vegetables, own poultry, grounds include extensive woods. Home overlooks St. Austell Bay, but is a fair walk from seashore. Bus service from Home to Par town and sea.

APPLICATIONS: to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex. Telephone: Uxbridge 35567/8.

THE RAILWAY CONVALESCENT HOME

ASCOG MANSION, ROTHESAY, ISLE OF BUTE, SCOTLAND.

(Rothesay 121)

PATIENTS: Male employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired personnel up to 5 years after retirement date or 3 years following redundancy.

Ineligible: Bed cases and all cases requiring constant nursing care, and those unable to climb stairs.

RELIGION: Undenominational.

BEDS: 32. None on the ground floor. Wards contain 2 to 6 beds.

TREATMENT: No treatment. Gastric and diabetic diets provided. Simple dressings. Colostomy cases accepted.

STAFF: Chief Resident Officer: Matron (SRN).

Medical Staff: Dr T Wilson Howie (visiting).

LENGTH OF STAY: Maximum stay 4 weeks.

ROUTINE AND RECREATION: Patients rise at 7 am and retire at 10 pm. patients to be in the grounds by 9.30 pm. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, bowls, piano, radio, television and putting green.

Visiting Day: Every afternoon, 2 to 4 pm by arrangement with Matron.

CHARGES: None.

RECEIVING DAYS:

Tuesday and Thursday.

LEAVING DAYS:

STATION: Rothesay, from Euston, via Glasgow and Wemyss Bay-Conveyance arranged from and to the Pier

GENERAL: Large gardens supply fresh vegetables. Own poultry. Home on seashore.

APPLICATIONS: to the Secretary and Administrator, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex. Telephone: Uxbridge 35567/8.

BYNG HOUSE

68 PROMENADE, SOUTHPORT, LANCS, PR9 OJB

(Southport 3950)

PATIENTS: Ex-Servicemen. General convalescence.

Ineligible: Normal exclusions. Bed cases. Bronchiectasis.

RELIGION: Undenominational.

BEDS: 38, in 1-4 bed wards; none on ground floor but there is a lift.

TREATMENT: No treatments or dressings. Light diets.

STAFF: Chief Resident Officer: Manager.

Nursing Staff: None.

Medical Staff: Dr T J Szczesniak (visiting).

LENGTH OF STAY: 2 weeks, sometimes extended.

ROUTINE AND RECREATION: Patients rise in time for 8.45 am breakfast, and retire at 10.30 pm. They are expected to make their own beds. No other domestic work is required.

The Home has a library and television as well as facilities for indoor and out-door games.

Visiting Day: By arrangement with the Manager.

CHARGES: Free. Payable by British Legion. Other Service Funds, etc., are asked to contribute towards cost of maintenance.

RECEIVING DAY: Thursday.

DISCHARGE DAY: Thursday.

STATION: Southport, from Euston. A bus (Route No 17) from Lord Street runs near the Home.

GENERAL: The house stands on the promenade and it has a small garden facing the sea.

APPLICATIONS: through Local Service Committees of the Royal British Legion. (Addresses available at Local Post Offices).

SOUTH-WESTERN HOSPITAL REGION TORQUAY HOSPITAL DISTRICT MANAGEMENT COMMITTEE

"THE HEADLAND"

CLIFF ROAD, TORQUAY, DEVON, TQ2 6RE

(Torquay 22161)

PATIENTS: Men and women aged 17-70. General convalescence. 2 Male colostomy

beds.

Ineligible: Normal exclusions. Bed cases. Asthma and Neurasthenia.

RELIGION: Undenominational.

BEDS: 35, divided between men and women.

TREATMENT: No treatments. Mild gastric diets. simple dressings.

STAFF: Under direction of Miss H I Lambeth, Senior Nursing Officer, Torbay

Hospital, Torquay.

Chief Resident Officer: Sister-in-Charge (SRN SCM)

Nursing Staff: 4 SRN 2 SEN

Medical Staff: Dr J B Coughlan (visiting).

LENGTH OF STAY: Arranged by South Western Regional Hospital Board. Normal period 14 days.

ROUTINE AND RECREATION: Breakfast at 8.45 am. An afternoon rest is advised. There is a library as well as indoor games.

Visiting Days: Daily-afternoon or evening on application to Sister-in-Charge.

RECEIVING DAYS: Monday and Friday.

DISCHARGE DAYS: Monday and Friday.

STATION: Torquay, from Paddington. Taxis are available at the station.

GENERAL: The Home stands in its own grounds, on a headland overlooking Torbay.

APPLICATIONS: to the South Western Regional Hospital Board, Parklands, Tyndalls Park Road, Bristol 8 (Bristol 38471).

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ROYAL BRITISH LEGION CONVALESCENT AND REST HOME

SOMERSET LEGION HOUSE, 5-8 CLAREMONT CRESCENT, BIRNBECK ROAD, WESTON-SUPER-MARE, SOMERSET.

(Manager) Weston-super-Mare 29589 (Residents) Weston-super-Mare 21211

Comment of the Contract of the

PATIENTS: Ex-Service men and women of any age. Adult dependants. General convalescence. Rest.

Ineligible: Normal exclusions. Bed cases. Bronchiectasis. Epilepsy. Children.

RELIGION: Undenominational.

BEDS: 64, mainly in 2-bedded rooms. Some on ground floor. Few single rooms. Accommodation for 12 married couples. Hot and cold water in all bedrooms.

TREATMENTS: No treatments or dressings. Light diets.

STAFF: Chief Resident Officer: Manager.

Nursing Staff: None.

Medical Staff: Dr Leo T Martin (visiting).

LENGTH OF STAY: Normally 2 weeks. Can be extended at the discretion of the Medical Officer.

ROUTINE AND RECREATION: There are few restrictions. No domestic work is expected of the guests.

There is a library, and facilities for indoor and outdoor games. Patients arrange own whist drives and social evenings.

Visiting Day: Any day.

CHARGES: Free. Borne by British Legion. Other Service funds, etc, are asked to contribute towards the cost of maintenance.

RECEIVING AND DEPARTURE DAY: Thursday.

STATION: Weston-super-Mare, from Paddington. The Home is about 1 mile from the station. Bus service to within 50 yards of the Home.

GENERAL: The Home is a converted hotel and delightfully situated on the seafront. Many of the rooms overlook the sea. Electric passenger lifts. Central heating throughout.

APPLICATIONS: through Local Service Committees of the Royal British Legion (Addresses available at Local Post Offices).

EDITH CAVELL HOME OF REST FOR NURSES

THE CROSSWAYS, WINDERMERE, WESTMORLAND.

(Windermere 3256)

PATIENTS: Practising Nurses and Midwives requiring rest.

Ineligible: Male nurses and those requiring nursing or medical attention.

RELIGION: Undenominational.

BEDS: 12, in single and double rooms.

TREATMENT: No treatments, diets or dressings.

STAFF: Chief Resident Officer: Superintendent

Nursing Staff: None.

Medical Staff: Doctor attends on request.

LENGTH OF STAY: Up to 2 weeks. Sometimes extended.

ROUTINE AND RECREATION: Guests rise about 8.30 am and retire at 10.30 pm. There is a supply of books as well as wireless and television. The Home is in the Lake District where some of the most beautiful scenery in England is to be found.

Visiting Day: Any day.

CHARGES: £5.25 per week.

RECEIVING DAY:

Preferably Saturday but any day except Sunday.

DISCHARGE DAY:

STATION: Windermere, from Euston. The Home is 10 minutes' walk from the station.

GENERAL: A fairly modern house with a small garden situated in a residential neighbourhood, about 20 minutes from the lake.

APPLICATIONS: to the Secretary, Edith Cavell Homes of Rest for Nurses, 1 Vere Street, London, W1 (01-629 1618).

HALES HOUSE

WINTERTON-ON-SEA, NEAR GREAT YARMOUTH, NORFOLK.

(Winterton-on-Sea 271

Parent Society: The National Society for Mentally Handicapped Children.

PATIENTS: Short stay and extended care for all grades of mentally handicapped children up to 16 years of age, including those suffering from epilepsy or cerebral palsy.

Ineligible: Infectious diseases and children who are a danger to themselves and

others.

RELIGION: Undenominational.

BEDS: 24 in six four-bedded rooms (isolation facilities available if necessary).

TREATMENT: Child care and social training.

STAFF: Matron and Assistant Matron (resident). Trained care staff day and night.

Medical Staff: Dr E M Calderwood (visiting)

LENGTH OF STAY: Not exceeding one year on initial acceptance.

ROUTINE: Routine is according to requirements. Large garden with well equipped playground.

CHARGES: £20.00 per week.

RECEIVING DAY:

By arrangement.

DISCHARGE DAY:

STATION: Great Yarmouth. Number 6 bus to Winterton-on-Sea.

APPLICATIONS: Residential Services Officer, NSMHC Centre, 86 Newman Street, London W1 (01-636-2861).

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1973 EDITION OF DIRECTORY

The 1973 edition of the Directory of Convalescent Homes Serving Greater London will be ready for distribution on the 1st January, 1973. It is priced 50p post free and orders may be sent at any time and preferably before the end of November, 1972. Please do not send any remittance with your order as an invoice requesting payment will be forwarded to you with the Directory.

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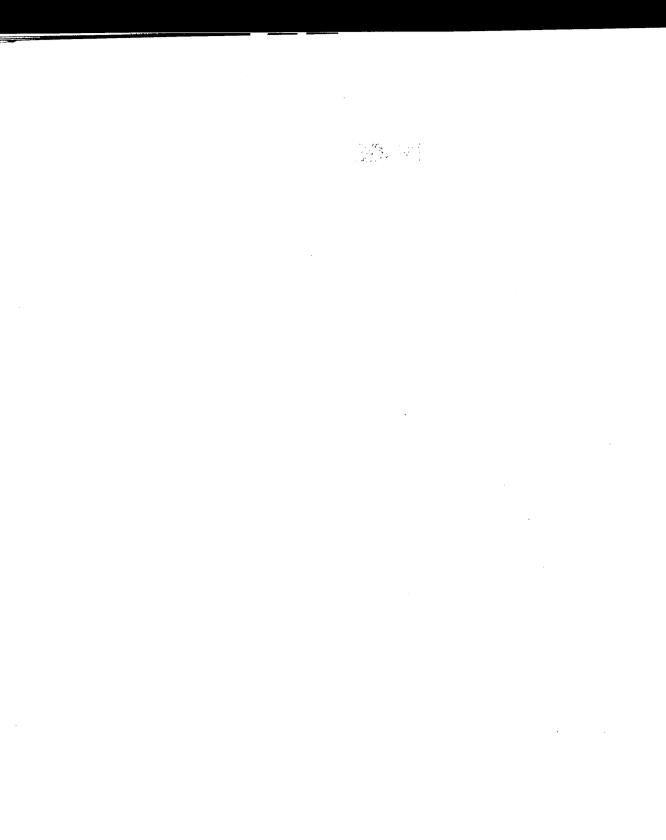
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Please forward to the above address......copy/copies of the 1973 Directory of Convalescent Homes.

King Edward's Hospital Fund for London, 14 Palace Court, W2

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INDICES



GEOGRAPHICAL INDEX

555 A.

Alphabetical list of Towns in which Convalescent Homes are situated. (The letters M W and C indicate whether the Home takes Men, Women or Children. An asterisk signifies there is no age limit, or that the limit is over 70. Italics indicate a Private Home with Contractual Arrangements.)

Name of Tow	n and Home							Page
Alfold, Sur M	rey Merchant Seamen's Convalescen	t Home		• •				1
Ascot, Berks *W	SHIRE London and Ascot Priory Conval	lescent Ho	ome					2
	urrey Edith Edwards House Zachary Merton Annexe (London	 n Hospita	 l)	• •	••	••		3
Barnet, Her C	TFORDSHIRE Winifred House Convalescent Ho	ospital for	Children	ı				5
Beaminster, *W	Dorset Parnham							6
MW W	Bexhill Convalescent Home	Home)			•••	•••		7 8 9 10 11
	-on-Sea, Kent St Mary's Convalescent Home					.,		12
	London, SE3 Edith Priday Home						.,	13
	is, Sussex	••		••	••	• •	••	14 15
Bournemout W *MW	н, Наптs Hahnemann Convalescent Home St Joseph's Convalescent Home	• • • • • • • • • • • • • • • • • • • •				• • •		16 17
*MW	USSEX Convalescent Hospital for Officer French Convalescent Home John Howard Convalescent Home		• • •	BRCS	···	••		18 19 20
$\mathbf{M}\mathbf{W}$	KENT Fairfield House Open Air Reside Hearts of Oak Benefit Society Ho St Mary's Home for Children	ome		••	•••		•••	21 22 23
Снеам, Surf W	NEY Mental After-Care Home							24
Chiswick, Lo	ONDON, W4 Mental After-Care Home							25

Name of Tow	n and Home							Page
*W	SEA, ESSEX The Middlesex Hospital Convalescent St Michael's Convalescent Home St Osyth's Priory Convalescent Home	Home		••	••	••	•••	26 27 28
Cowes, Isle (о г Wight King Edward VII Convalescent Home	for Offi	cers ((Osborn	ne Hou	se)		29
Crowнurst, MW	Sussex The Old Rectory, The Church's Minist	try of He	aling					30
Croydon, Su MW	rrey Coignafearn, Mental After-Care Home				. .			31
Cudham, Kei *M	NT Angas Convalescent Home for Seamen							32
	von Railway Convalescent Home	• •		••		••	••	88
	Lloyd Memorial Printers' Convalescen	t Home	••		٠	• •	••	33
	Yarburgh Children's Home	• •	••		••	••	••	34
Eastbourne, *MW	Sussex Seligman Convalescent Home	••	••			••	••	35
Esher, Surri MW	Mental After-Care Home							36
Farnham Ro MW	YAL, BUCKS. Farnham Park Rehabilitation Centre					••	• •	37
Folkestone, MW	KENT Russell House (Mental After-Care Hor	me)					• •	38
Frinton-on- *W	Sea, Essex Maitland House						••	3 9
Godalming, C	Surrey St Dominic's Open Air School for Boy	s						40
	Edith Cavell Home of Rest for Nurses	••						41
С	AND, HAMPSHIRE St Patrick's Residential Open Air Scho	ol	••		• •			42
	KENT Friendly Societies Convalescent Home Railway Convalescent Home		••	••	• •	• •	• •	43 44
Hove, Sussex *W			••	••	••	••	••	45 46
HYTHE KENT				••	••	••	••	47
Ipswich, Sur		• •	• •	• •	• •	••	••	89
Kelvedon, E *W	ssex Dominican Convalescent Home	••	• •	• •	••		• •	48

Name of Town and Home						Page
Lamberhurst, Kent *MW Maureen's Oast House for Arthritics		••				49
Lancing, Sussex *W Bell Memorial (Southern Convalescent Homes	, Inc)	٠	•••		• •	50
Leatherhead, Surrey M Tyrwhitt House			• •	••		51
LIMPSFIELD, SURREY *MW Caxton Convalescent Home *W Limpsfield Convalescent Home for Women					• •	52 53
Liss, Nr. Petersfield, Hants. W Wenham Holt Convalescent Home			••			54
LITTLEHAMPTON, SUSSEX *M Rustington Convalescent Home for Men	••		• •	••		55
LIVERPOOL, LANCS. C Orchard Dene	••					90
LLANDUDNO, CAERNARVON W Railway Convalescent Home				••		91
Margate, Kent W Railway Convalescent Home	••	••		••		56
Marlborough, Wilts. C Marlborough Children's Convalescent Hospital	l		• •	• •		92
Nazeing, Essex. *W Princess Louise Convalescent Home	••	••	••			57
NETLEY ABBEY, HANTS. M Netley Castle Convalescent Home		••	••			58
OTTERSHAW, SURREY C Meath School			••		••	59
OXTED, SURREY C Moor House School					••	60
Par, Cornwall M Railway Convalescent Home	• •	••		••		93
Reigate, Surrey *WC Croft Annexe (London Hospital)	••		••		• •	61
ROTHESAY, ISLE OF BUTE, SCOTLAND M Railway Convalescent Home	, • •	••	••	••	••	94
ST LEONARDS-ON-SEA, SUSSEX *W Catharine House for Gentlewomen *MW Hertfordshire Seaside Convalescent Home *W Queen Charlotte's and Chelsea Hospitals Conv		• • • • • • • • • • • • • • • • • • •		••	••	62 63
" W Queen Charlotte's and Cheisea mospitals Conve	atescen	ii Hor	ne			64

Name of Tow	n and Home							Y Constitution	(A. 31. T) - F	, , , , , , , , , , , , , , , , , , ,	Page
Sandgate, Fo W	OLKESTONE, KENT Castle Glen, Menta	l After	-Care	Home				••	••		65
Seaford, Sus C	sex Pilgrims School	••	••	••		••	• •	••			23 66
Sevenoaks, K *MW	Kent Royal British Legio	n Chu	rchill (Court C	convale	escent H	Home			· .	67
Slinfold, Su C	ssex Dedisham School fo	or Aut	istic Cl	nildren							68
Southborouc W	эн, Кепт David Salomon's H	ouse		••		••	••			• •	69
Southport, I	LANCS. Byng House	••					••				95
Swanage, Do											70
Thorpe, Suri							,				71
Torouay, De	_	-	nt Hor	ne	••	••	••	••	••	••	96
VENTNOR, ISL			ant 1101.	ile	••	••	••	••	• •	* . #60°;	72
Walton-on-	Naze, Essex			TT-		••	••	• •	••	• •	
Westcliff-on	Samuel Lewis Seas	ide Co	nvaiesc	ent Ho	me	••	••	••	••	••	73
	Lulworth Court	• •	• •	• •	· •	••		• •	• •	• •	74
West Wickh C	AM, KENT Cheyne Hospital	••			• •		••		••	• •	75
	Royal Oak House (Care H	Iome)				• • •	1 ·	76
	St Cecilia's Home f St Michael's Conva				••	••	• •	• •	••	• •	77 78
Weston-supe *MW	r-Mare, Somerset Royal British Legio	on Cor	valesce	ent and	Rest	Home	(Som	erset :	Legion	House)	97
Windermere, W	Westmorland Edith Cavell Home	of Res	st for N	lurses	••	• •					98
	on-Sea, Norfolk Hales House	••					••	••	••	• •	99
	ds, Nr Bletchley,									, · · · · .	1 1
*WC	Daneswood Conval	escent	Home	• •	••	••	• •	• •	• •	• •	79
Woking, Sur											
*MW *W	Kingsbury St Peter's Convent	••	••	••	••	• •	••	••	• •	••	80 81

Name of Town and Home				Page
Worthing, Sussex				
C Tala II amain an Calaal	 	 	 	 82
W Mildmay Convalescent Home	 	 	 	 83
M Queen Alexandra Hospital Home	 	 	 	 84
*W Thomas Banting Memorial Home		 	 	 85

ALPHABETICAL INDEX

Alphabetical List of Homes Appearing in the Directory

Prefix letters denote the following:-

M	Men accep	oted. W Women accepted.	•	С	Childre	n acce	epted.
*	No fixed ag	e limit, or patients over 70 accepted.	a I	Breakfa	st in be	d prov	vided.
b	Bed cases a	ccepted. g Ground floor bedrooms.			1	Long	stay.
		Italics indicate a Private Home with Contractual A	rran	gemen	ts		
	ference letters	Name of Home					Page
	M*	Angas Convalescent Home for Seamen, Cudham					32
		Banting House, Worthing					85
		Bell Memorial, Lancing					50
	MW	Bexhill Convalescent Home					7
	M*	Byng House, Southport					95
		Castle Glen Mental After-Care Home, Sandgate, Follows	ksto	ne			65
		Catharine House for Gentlewomen, St Leonards					62
		Catisfield House Convalescent Home, Hove					45
		Caxton Convalescent Home, Limpsfield					52
		Cheyne Hospital, West Wickham					75
		Churchill Court Convalescent Home, Sevenoaks					67
	$\overline{\mathbf{M}}\mathbf{W}$	Coignafearn Mental After-Care Home, Croydon					31
	MW*a	Convalescent Hospital for Officers, Brighton (O of St	: Joh	nn & B	RCS)		18
	MW	Convalescent Police Seaside Home, Hove					46
		Croft Annexe (London Hospital), Reigate					61
	WC*	Daneswood Convalescent Home, Wourn Sands					79
	Wgb	David Salomon's House, Southborough					69
	Čl	Dedisham School for Aurtistic Children, Slinfold					68
	W*g	Dominican Convalescent Home, Kelvedon					48
	\mathbf{W}	Edith Cavell Home of Rest for Nurses, Haslemere					41
	W	Edith Cavell Home of Rest for Nurses, Windermere					98
	Cl	Edith Edwards House, Banstead					3
	MW*g	Edith Priday Home, Blackheath, SE3					13
	Cl	Fairfield House Open Air Residential School, Broads	stair	s			21
	MW	Farham Park Rehabilitation Centre, Farnham Royal					37
		Foxholm, Bognor Regis					14
	MW*	French Convalescent Home, Brighton					19
	MW*	Friendly Societies' Convalescent Home, Herne Bay					43
	W	Hahnemann Convalescent Home, Bournemouth					16
	C	l Hales House, Winterton-on-Sea, nr Great Yarmouth	١				99
	MW	Headland Convalescent Home, Torquay	• •		• •	• •	96
	MW_{i}	Hearts of Oak Benefit Society Home, Broadstairs					22

Reference letters	Name of Home					Page
MW*	Hertfordshire Seaside Convalescent Home, St Leona	rds				63
	John Horniman School, Worthing		••	••	• •	82
	John Howard Convalescent Home, Brighton				• •	20
	King Edward VII Convalescent Home for Officers, E					29
MW*g	Kingsbury, Woking					80
	Lawn Court (Mental After-Care Home), Bexhill					ç
W*g	Limpsfield Convalescent Home for Women, Limpsfie	eld				53
	Little Folks Home, Bexhill					8
	Lloyd Memorial Printer's Convalescent Home, Deal					33
	London and Ascot Priory Convalescent Home, Ascot					2
	Lulworth Court, Westcliff-on-Sea					74
	Maitland House, Frinton-on-Sea				• •	39
	Marlborough Children's Convalescent Hospital, Mar	•	gh	• •		92
	Maureen's Oast House for Arthritics, Lamberhurst	• •	• •	• •	• •	49
	Meath School, Ottershaw	• •	• •		• •	59
	Mental-After Care Home, Cheam	• •	• •	• •	• •	24
	Mental-After Care, Home Chiswick	• •	• •	• •	• •	25
	Mental-After Care Home, Ipswich Merchant Seamen's Convalescent Home, Alfold	• •	• •	• •	• •	89
	Middlesex Hospital Convalescent Home, Clacton-on-	 Saa	• •	• •	• •	1
	Mildmay Convalescent Home, Worthing		• •	• •	• •	2 <i>6</i> 83
	Moor House School, Oxted			• •	• •	60
	Musicians' Benevolent Fund Convalescent Home, W				• •	77
	Netley Castle Convalescent Home, Netley Abbey				• •	58
Cl	Orchard Dene Convalescent Home for Mentally	 Handid	rapped	Child		50
	Rainhill, Liverpool	• •				90
MWg	Osborne House, East Cowes					29
W*1	Parnham, Beaminster, Dorset					6
WCg	Philbeach Convalescent Home, Hythe					47
	Pilgrims School, Seaford					66
	Princess Louise Convalescent Home, Nazeing				••	57
	O A1 1 TT 1/2 TTT 3TT 311				• •	84
				· ·	••	
	Queen Charlotte's and Chelsea Hospitals Convalesce	nt Hor	ne, St	Leona	ras	64
	Railway Convalescent Home, Dawlish	• •	• •	• •	• •	88
_	Railway Convalescent Home, Herne Bay	• •	• •	• •	• •	44
		• •				91
W	Railway Convalescent Home, Margate					56
Mg	Railway Convalescent Home, Par					93
\mathbf{M}	Railway Convalescent Home, Rothesay					94
MW*g	Royal British Legion Churchill Court Convalescent H	Iome, S	Sevenoa	ıks		67
	Royal British Legion Convalescent and Holiday Hom					97
	Royal Oak House Mental After-Care Home, Westgate			per 1,11		76
	Russell House Mental After-care Home, Folkestone		- CL	• •	• •	
	•		• •	• •	• •	38
	Rustington Convalescent Home for Men, Littlehampt	on		• •	• •	55
	•		• •	• •	• •	72
MW*g	St Cecilia's, Westgate-on-Sea					77

Reference letters	Name of Home	Page
Cgl	St Dominic's Open Air School for Boys, Godalming	. 40
MW*al	St Joseph's Convalescent Home, Bournemouth	. 17
MW*g	St Mary's Convalescent Home, Birchington-on-Sea	. 12
Č	St Mary's Home for Children, Broadstairs	. 23
W*	St Michael's Convalescent Home, Clacton-on-Sea	. 27
Wg	St Michael's Convalescent Home, Westgate-on Sea	. 78
MW	St Osyth's Priory Convalescent Home, Nr Clacton	. 28
Cl	St Patrick's Residential Open Air School, Hayling Island	
	St Peter's Convent, Woking	. 81
MW*g	Samuel Lewis Seaside Convalescent Home, Walton-on-Naze	. 73
MW*		. 35
MW*g		. 97
W*	Southern Convalescent Homes, Inc (Bell Memorial), Lancing	. 50
		. 71
	The Hill House Mental After-Care Home, Esher	. 36
MWag	The Old Rectory, The Church's Ministry of Healing, Crowhurst	. 30
Wi	The Towers Mental After-Care Home, Bexhill-on-Sea	. 10
W*	Thomas Banting Memorial Home, Worthing	. 85
	Tyrwhitt House, Leatherhead	. 51
	Victoria Convalescent Home, Bognor Regis	. 15
	Wenham Holt Convalescent Home, Liss	. 54
	White House Convalescent Home, Bexhill	. 11
Cbgl		5
	Wordsworth Home, Swanage	. 70
	Yarburgh Children's Home, East Grinstead	. 34
	or to the first term of the te	4

CLASSIFIED INDEX

(The letters M W B and G indicate whether the Home takes Men, Women, Boys or Girls.)

Item							i	Page
Ассоног		ICTS Spelthorne St Mary, Thorpe		• •		• •		71
Anaemia		Bexhill Convalescent Home, Bexhill						7
Arthrit		Maureen's Oast House for Arthritics, Lamberho	urst		••		:57	. 49
Аѕтнма	W G BG B B B G MW MW	St Dominic's Open Air School for Boys, Godali St Patrick's Residential Open Air School, South Samuel Lewis Seaside Convalescent Home, Wa	Broadst , Marl ming n Hayl llton-o	airs boroug ing n-Naze	h			50 7 45 21 92 59 66 72 40 42 73 15
Autism	BG	Dedisham School for Autistic Children, Slinfold	d		• •		• •	68
BED CAS	es (se	e Alphabetical Index)	,				· i'. ,:	
BLIND	MW	Bexhill Convalescent Home, Bexhill	•	••	••			7
BREAKFA	ST IN	BED (see Alphabetical Index)						
		Cross Society Convalescent Hospital for Officers, Brighton Edith Priday Home, St John's Park, Blackheath	·	• •	•.•	• •	• •	18 13
Вкомсні	BG B G	Cheyne Hospital, West Wickham Meath School, Ottershaw St. Patrick's Residential Open Air School, Sout Samuel Lewis Seaside Convalescent Home, Wa	h Hay	 ling	• •	••		75 59 42 73
Bronchi	G BG BG	ND CHEST CASES Fairfield House Open Air Residential School, B Marlborough Children's Convalescent Hospital, St. Catherine's Home, Ventnor	, Marl	boroug 		· · · · · · · · · · · · · · · · · · ·		21 92 72 73

Item						Page
Cancer						_
$\mathbf{M}\mathbf{W}$	Bexhill Convalescent Home, Bexhill	• •	• •	• •	• •	7
W	Dominican Convalescent Home, Kelvedon	on Mar	• •	• •	• •	48 73
MW	Samuel Lewis SeasideConvalescent Home, Walton-	-on-iva	ze	• •	• •	
CEREBRAL PAL	SY					!
	Orchard Dene, Liverpool			• •	• •	90
BG	Hales House, Winterton-on-Sea, nr Great Yarmout	h	• •	• •	• •	99
Chronics						
	London and Ascot Priory Convalescent Home, Asc	ot			• •	2
Civil Servan	re					
	King Edward VII Convalescent Home for Officer	s (Osb	orne F	Iouse),	East	
	Cowes		• •	• •	• •	29
Coeliacs						
BG	Little Folks Home, Bexhill					8
В	St Dominic's Open Air School for Boys, Godalmir	ıg	• •		• •	40
Coronne						
Colostomies W	Bell Memorial Home, Lancing					50
	Bexhill Convalescent Home, Bexhill				• • •	7
	Headland Convalescent Home, Torquay	• •	• •		• •	96
MW	Hertfordshire Seaside Convalescent Home, St Leon	nard's-c	n-Sea			63
	Railway Convalescent Home, Dawlish					88
	Railway Convalescent Home, Herne Bay					44
W	Railway Convalescent Home, Llandudno					91
	Railway Convalescent Home, Par					93
	Railway Convalescent Home, Rothesay					94
W	St. Michael's Convalescent Home, Clacton					27
W	St Michael's Convalescent Home, Westgate-on-Sea	١				78
	St. Osyth's Priory Convalescent Home, near Clacto		• •	• •	• •	28
MW	Samuel Lewis Seaside Convalescent Home, Walton	ı-on-Na	ıze	• •	• •	50
DIABETICS						
	Daneswood Convalescent Home, Woburn Sands				• •	79
	David Solomon's House, Southbrough					69
W	Dominican Convalescent Home, Kelvedon					48
MW	Edith Priday Home, Blackheath	. •:	• •		• •	13
G	Fairfield House Open Air Residential School, Broa	dstairs	• •	• •	• •	21
	Foxholm, Bognor Regis	(0.1	т	T	T	14
IVI VV	King Edward VII Convalescent Home for Officer	rs (Usb		• • • • • • • • • • • • • • • • • • • •		.20
DC.	Cowes	• •	• •	• •	• •	·29 8
BG BC	Marlborough Children's Convalescent Hospital, M	 arlbara	ugh	• •	• •	92
MW	Maureen's Oast House for Arthitics, Lamberhurst		ugn	• •	• •	49
W	Philbeach Convalescent Home, Hythe, Kent	• •	• •	• •	• •	47
	Princess Louise Convalescent Home, Nazeing	• •	••	• •		57
	Railway Convalescent Home, Dawlish			• • •		88
	Railway Convalescent Home, Herne Bay					44
	Railway Convalescent Home, Llandudno					91
W	Railway Convalescent Home, Margate					56
\mathbf{M}	Railway Convalescent Home, Par					93
	Railway Convalescent Home, Rothesay					94
$\mathbf{M}\mathbf{W}$	St Joseph's Convalescent Home, Bournemouth					17
$\mathbf{M}\mathbf{W}$	St Mary's Convalescent Home, Birchington-on-Sea	a				12
W	St Michael's Convalescent Home, Clacton					27

Item							Pag
DIABETI	cs (co	nt)					
	MW	St Osyth's Priory Convalescent Home, near Clacton					2
	$\mathbf{M}\mathbf{W}$	Samuel Lewis Seaside Convalescent Home, Walton-	on-Naze	е			7
	MW	Seligman Convalescent Home, Eastbourne				• •	3.
	MW	Zachary Merton Annexe, Banstead	• •	• •		• •	7
Diets (s	ee Co	eliacs, Diabetics)					
Drug A	DDION	9					
DRUG A		Spelthorne St Mary, Thorpe	••	••			71
Ессема	(see a	lso Skin Cases)					
	\mathbf{B}	St Dominic's Open Air School for Boys, Godalming					40
	$\mathbf{B}\mathbf{G}$	St Catherine's Home, Ventnor?					72
	MW	Samuel Lewis Seaside Convalescent Home, Walton-	on-Naze	•	• •		73
Epilept:	rcs						
		Bexhill Convalescent Home, Bexhill					
	BG	Orchard Dene, Liverpool	• •	• •	• •	• •	90
	BG	Hales House, Winterton-on-Sea, nr Great Yarmouth	• • L				99
Ex-Serv		ERSONNEL					
	M	Byng House, Southport					9:
	MW	Convalescent Hospital for Officers, Brighton					18
	MW	King Edward VII Convalescent Home for Officers Cowes	(Osbori	ne Ho	use),	East	29
	M					• •	84
	MW	Royal British Legion Churchill Court Convalescent I	Home S	 Seveno	ake	• •	67
	MW	Royal British Legion Convalescent and Rest Home,	Weston.	-ciiner	aks -Mai	··	97
	M	Tyrwhitt House, Leatherhead	VV CSCOII-	-super		re	51
			• •	• •	• •	• •	31
FRIENDL	y Soc	IFTIES					
		Friendly Societies' Convalescent Home, Herne Bay					43
	MW	Hearts of Oak Benefit Society Home, Broadstairs			• •	• •	22
	MW	Seligman Convalescent Home, Eastbourne		• •		• •	35
			• •	• •			33
Gastrics							
	$\mathbf{M}\mathbf{W}$	Bexhill Convalescent Home, Bexhill					7
	$\mathbf{M}\mathbf{W}$	Convalescent Hospital for Officers, Brighton					18
	$\mathbf{M}\mathbf{W}$	Convalescent Police Seaside Home, Hove					46
	WG	Daneswood Convalescent Home, Woburn Sands					79
	W	David Salomon's House, Southborough					69
	W	Dominican Convalescent Home, Kelvedon					48
	MW	Edith Priday Home, Blackheath					13
	MW	Farnham Park Rehabilitation Centre, Farnham Royal					37
	W	Foxholm, Bognor Regis					14
	MW	Friendly Societies' Convalescent Home, Herne Bay					43
	IVI W	Headland Convalescent Home, Torquay		•			96
	IVI W	Hertfordshire Seaside Convalescent Home, St. Leona	rds .				63
	IVI VV N /I V V	John Howard Convalescent Home, Brighton	·		••		20
	IVI VV	King Edward VII Convalescent Home for Officers	(Usborn	e Hou	ıse),	Last	•
	337	Cowes		•	• •	• •	29
		Limpsfield Convalescent Home for Women, Limpsfie	ıd .	•	• •	• •	53
		Little Folks Home, Bexhill Marlharovah Children's Compalacement Homital Marl	· · · · · ·	•	• •	• •	8
		Marlborough Children's Convalescent Hospital, Marl Maureen's Oast House for Arthritics, Lamberthurst	borougn	1	• •	• •	92 49

Item				P_{i}	age
C. ampres (som	+)				:
Gastrics (con	Middlesex Branch Hospital and Convalescent Home, Cla	cton		• •	26
W	Mildmay Convalescent Home, Worthing		••		83
M	Netley Castle Convalescent Home, Netley Abbey	• • •	••	• •	58
w	Philbeach Convalescent Home, Hythe, Kent	• •	• •	• •	47
\mathbf{W}	Princess Louise Convalescent Home, Nazeing		• •	• •	57 88
M	Railway Convalescent Home, Dawlish	• •		• •	44
M	Railway Convalescent Home, Herne Bay	• •		• •	56
\mathbf{W}	Railway Convalescent Home, Margate	• •		• •	91
\mathbf{W}	Railway Convalescent Home, Llandudno	• •			93
M	Railway Convalescent Home, Par	• •		• •	94
M	Railway Convalescent Home, Rothesay	ne Seveno		• •	67
MW	Royal British Legion Churchill Court Convalescent Hom	ic, bever		• •	55
M	Rustington Convalescent Home for Men, Littlehampton				40
В	St Dominic's Open Air School for Boys, Godalming				17
MW	St Joseph's Convalescent Home, Bournemouth St Mary's Convalescent Home, Birchington-on-Sea				12
MW	St Michael's Convalescent Home, Clacton				27
W 3.4337	St Osyth's Priory Convalescent Home, Nr Clacton				28
MW	St Patrick's Residential Open Air School, Hayling Island		• •		42
G	St Peter's Covent, Woking				81
VV 7. // X X 7	Samuel Lewis Seaside Convalescent Home, Walton-on-I	Naze			73
1V1 VV	Seligman Convalescent Home, Eastbourne				35
1V1 VV	Victoria Convalescent Home, Bognor Regis				15
1V1 VV	Zachary Merton Annexe, Banstead				4
W	Catharine House for Gentlewomen, St Leonards Catisfield House Convalescent Home, Hove				62 45
GROUND FLO	OR BEDROOMS (see Alphabetical Index)				
Hearts					_
MW	Bexhill Convalescent Home, Bexhill			• •	7
BG	Chevne Hospital, West Wickham	• •	• •	• •	75
W	David Salomon's House, Southborough		• •		69
W	Dominican Convalescent Home, Kelvedon		• •	• •	48 2
W	London and Ascot Priory Convalescent Home, Ascot		• •	• •	92
BG	Marlborough Children's Convalescent Hospital, Marlbo	rougn		• •	67
MW	Royal British Legion Churchill Court Convalescent Hor	ne, seven	oaks	• •	17
MW	St Joseph's Convalescent Home, Bournemouth	• •	• •	• •	81
W	St Peter's Convent, Woking	Naze	• •	• •	73
MW	Samuel Lewis Seaside Convalescent Home, Walton-on-		• •	• •	15
IVI W	Victoria Convalsecent Home, Bognor Regis	• •	••	• •	
	1. A Assessment				
INVALID CHI	LDREN'S AID ASSOCIATION				3
BC	G Edith Edwards House, Banstead	• •	• •	• •	82
ВС	G John Horniman School, Worthing				59
		• •			66
1	B Pilgrims School, Seaford	• •	7 -		
Inverse D	DATE:				
Jewish Pati	ENTS V Samuel Lewis Seaside Convalescent Home, Walton-on-	-Naze			73
J/1/2	V Seligman Convalescent Home, Eastbourne		•		35
101 0	, Deliginali Collivatedediti Izolite, Zastodarii				
Lifts					
1711.12 1747	W Bexhill Convalescent Home, Bexhill				7
	M Byng House, Southport				95

Item					Page
Lifts (cont)					0.
W Catisfield House, Hove					45
MW Caxton Convalescent Home, Limpsfield	• •		• • •	• •	52
MW Convalescent Hospital for Officers, Brighton			• •		18
MW Convalescent Police Seaside Home, Hove					46
W Dominican Home, Kelvedon					48
MW Edith Priday Home, Blackheath					13
W Foxholm, Bognor Regis					14
MW Friendly Societies' Convalescent Home, Herne Ba	у				43
W Hahnemann Convalescent Home, Bournemouth					16
MW Hearts of Oak Home, Broadstairs	• •				22
MW Hertfordshire Seaside Convalescent Home, St Leo	nards				63
BG John Horniman School, Worthing	• •				82
MW John Howard Convalescent Home, Brighton	:: .		••.		20
MW King Edward VII Convalescent Home for Office	rs (Ost	orne	House),	East	
MW Kingshumy Wolfing	• •	• •	• •		29
MW I ulworth Court Wooteliff an Co.	• •	• •	• •	• •	80
MW Middlesex Hospital Convalescent Home, Clacton-		• •	• •		74
		• •	• •	• •	26
		• •	• •	• •	83
W Parnham, Beaminster, Dorset MW Royal British Legion Churchill Court Convalescen	+ Wann		1	• •	6
M Rustington Convalescent Home for Men, Littlehar	nnton	e, seve		• •	67
MW St Joseph's Convalescent Home, Bournemouth	npton	• •	• •	• •	55
MW St Mary's Convalescent Home, Birchington-on-Se	••	• •	• •	• •	17
W St Michael's Commission and II.		• •	• •	• •	12
W St Michael's Convalescent Home, Clacton W St Michael's Convalescent Home, Westgate-on-Sea	•••	• •	• •	• •	27
W St Peter's Convent, Woking	a	• •	• •	• •	78 01
MW Samuel Lewis Seaside Convalescent Home, Walton	on N		• •	• •	81
MW Seligman Convalescent Home, Eastbourne	1-011-14	aze	• •	• •	73
W Southern Convalescent Homes, Inc (Bell Memoria	1) I and	ina.	• •	• •	35
MW Victoria Convalescent Home, Bognor Regis		mg	• •	• •	50
W Wenham Holt Convalescent Home, Liss	• •	• •	• •	• •	15
	• •	• •	• •	• •	54
LIGHT TREATMENT					
MW Bexhill Convalescent Home, Bexhill					7
G Fairfield House Open Air Residential School, Broa	dstairs	• • •	••	• •	21
B St Dominic's Open Air School for Boys, Godalmin	σ	• • •	• •	• •	40
WW St Mary's Convalescent Home, Birchington-on Sea				• •	12
MW Seligman Convalescent Home, Eastbourne			• • •	• • •	35
BG Winifred House Convalescent Hospital for Children	n, Barn	et			5
	•				•
London Telecommunications					
MW White House Convalescent Home, Bexhill					11
Long Term Stay (see Alphabetical Index)					
·					
Married Couples					
Caxton Convalescent Home, Limpsfield					52
Hertfordshire Seaside Home, St Leonards-on-Sea	• •				63
Maitland House, Frinton					39
Mildmay Convalescent Home, Worthing					83
Royal British Legion Churchill Court Convalescent	Home	, Seve	noaks		67
Royal British Legion Convalescent and Rest Home	Westo	n-supe	er-Mare		97
of Michael's Convalescent Home, Westgate-on-Sea		••			78
Seligman Convalescent Home, Eastbourne		• •			35
Southern Convalescent Homes, Inc (Bell Memorial)	, Lanci	ing	• •		50
MENTAL DETERIORATION					
MENTAL DETERIORATION W. Pormhore Prominator P					
W Parnham, Beaminster, Dorset					6

Item				Page
MENTALLY HANDICAPPED PATIENTS				
BG Orchard Dene, Liverpool BG Hales House, Winterton-on-Sea, nr Great Yarmouth	••	• •	• •	90 99
MENTAL PATIENTS				,
W Castle Glen Mental After-Care Home, Sandgate	• •	• •	• •	65 31
MW Coignafearn Mental After-Care Home, Croydon	• •	• •	• •	36
MW The Hill House Mental After-Care Home, Esner	• •	• •	• •	9
MW Lawn Court, Mental After-Care Home, Bexhill-on-Sea	• •	• • •	• • •	24
W Mental After-Care Home, Cheam MW Mental After-Care Home, Chiswick				25
MW Mental After-Care Home, Inswich				89
W Royal Oak House, Mental After-Care Home, Westgate-or	-Sea	• •	• •	76
MW Dussell House Mental After-Care Home, Folkestone	• •	• •	• •	38 10
W The Towers, Mental After-Care Home, Bexhill-on-Sea	• •	• •	• •	10
Merchant Navy				20
M Angas Convalescent Home for Seamen, Cudham	• •	• •		32
M Merchant Seamen's Convalescent Home, Alfold	• •	• •	• •	1
Musicians				
MW St Cecilia's, Westgate-on-Sea	• •	••	• •	77
Navanomen				
NEUROTICS W Spelthorne St Mary, Thorpe				71
M Tyrwhitt House, Leatherhead	• •	• •	• •	51
Nurses and Midwives				
W Edith Cavell Home of Rest for Nurses, Haslemere	• •	• •		41
W Edith Cavell Home of Rest for Nurses, Windermere	• •	• •	• •	98 39
W Maitland House, Frinton-on-Sea	••	••	• •	39
OCCUPATIONAL THERAPY				20
M Angas Convalescent Home, for Seamen, Cudham	• •	• •	• •	32 7
MW Bexhill Convalescent Home, Bexhill	• •	• •	• •	69
W David Salomon's House, Southborough	• •	• •	• • •	13
MW Edith Priday Home, Blackheath	• • •	• • •	•	37
MW King Edward VII Convalescent Home for Officers (Os			East	
Cowes				29
BG Marlborough Children's Convalescent Hospital, Marlbor	ough			92
M Merchant Seamen's Convalescent Home, Alfold		• •	• •	1
M Queen Alexandra Hospital Home, Worthing	• •	• •	• •	84 71
W Spelthorne St Mary, Thorpe	• •	• •	• •	51
M Tyrwhitt House, Leatherhead	• •	• •	• • •	2
MW Zachary Merton Annexe, Banstead	••	• •	•••	
ORTHOPAEDIC (See also plasters)				-
MW Bexhill Convalescent Home, Bexhill	• •	• •	• •	7
BG Cheyne Hospital, West Wickham W David Salomon's House, Southborough	• •	• •	• •	69
MW Farnham Park Rehabilitation Centre, Farnham Royal.		• • •	• • •	37
MW Lulworth Court Westcliff-on-Sea	• •	• •		74
BG Marlborough Children's Convalescent Hospital, Marlbor	ough			92
W St Peter's Convent. Woking				81
BG Winifred House Convalescent Hospital for Children, Bar	rnet	• •	• •	

Item							Page
Physiotherap	Y						
W	Banting House, Worthing						85
$\mathbf{M}\mathbf{W}$	Bexhill Convalescent Home, Bexhill						7
W	Catisfield House, Hove				• •		45
BG	Cheyne Hospital, West Wickham	• •	• •		• •		75
MW	Convalescent Hospital for Officers, Brighton	• •	• •		• •		18
WG	Croft Annexe (London Hospital), Reigate	••	• •	• •	• •	• •	61
***	Daneswood Convalescent Home, Woburn San		• •	• •	• •	• •	79
G	David Salomon's House, Southborough Fairfield House Open Air Residential School, Farnham Park Rehabilitation Centre, Farnham	Broads	toire	• •		• •	69 21
мw	Farnham Park Rehabilitation Centre, Farnham	n Rova	tans I	• •		• •	37
21211	John Howard Convalescent Home, Brighton	ii itoyu.		• •			20
MW	King Edward VII Convalescent Home for C	Officers	(Osbo			East	20
							29
BG	Cowes						-8
\mathbf{BG}	Marlborough Children's Convalescent Hospita	al, Mar	lborou	ıgh			92
В	Meath School, Ottershaw			٠			59
В	Meath School, Ottershaw						66
M	Queen Alexandra Hospital Home, Worthing						84
MW	Royal British Legion Churchill Court Convale	escent H	łome,	Sev	enoaks		67
BG	St Catherine's Home, Ventnor						72
W	St Michael's Convalescent Home, Clacton St Patricks' Residential Open Air School, Hay						27
G	St Patricks' Residential Open Air School, Hay	ling Is.	land				42
W	Thomas Banting Memorial Home, Worthing		. ·	. • •		• •	85
	Winifred House Convalescent Hospital for Ch					• •	5
101 00	Zachary Merton Annexe, Banstead	• •	• •	• •			4
.							
PLASTERS (see	also Orthopaedic)						_
MW	Bexhill Convalescent Home, Bexhill	• •	• •	• •	• •		7
VV N/XX/	David Salomon's House, Southborough Hertfordshire Seaside Convalescent Home, St	T	. 1	• •	• •	• •	69
1V1 VV 3X7	Dhilbagh Carvalagent Home, St	Leona	ras	• •	• •		63
RG.	Philbeach Convalescent Home, Hythe, Kent Winifred House Convalescent Hospital for Ch	ildron	Porn.	٠.	• •	• •	47 5
DG	winnied House Convalescent Hospital for Ci	maren,	Darm	ει		• •	3
Dorran							
Police	Convelenant Dalias Cassida Hama Hava						16
101 00	Convalescent Police Seaside Home, Hove	• •	• •	• •	• •	• •	46
Printers							
MW	Caxton Convalescent Home, Limpsfield						52
MW	Lloyd Memorial Printers' Convalescent Home	, Deal					33
		•					
PROFESSIONAL	CLASSES (see Gentlefolk)						
Psychiatire 1	Viirsing						
	Tyrwhitt House, Leatherhead						51
	·	• •	• •	• •	• •	• •	
	IVALESCENT HOMES						
	Railway Convalescent Home, Dawlish						88
	Railway Convalescent Home, Herne Bay						44
	Railway Convalescent Home, Llandudno	• •					91
	Railway Convalescent Home, Margate	• •	• •	• •	• •	• •	56
	Railway Convalescent Home, Par	• •			• •	• •	93
M	Railway Convalescent Home, Rothesay	• •	• •	• •	• •	• •	94
REHABILITATIO	ON						
	Farnham Park Rehabilitation Centre, Farnhan	n Royal					37
	King Edward VII Convalescent Home for O			rne	House)	East	٠,
2,2,11	Cowes						29
M	Tyrwhitt House, Leatherhead						51

Item		Page
RHEUMATISM BG Cheyne Hospital, West Wickham BG Marlborough Children's Convalescent Hospital, Marlborough		75 92
ROMAN CATHOLICS W Dominican Convalescent Home, Kelvedon MW French Convalescent Home, Brighton B St Dominic's Open Air School for Boys, Godalming MW St Joseph's Convalescent Home, Bournemouth W St Michael's Convalescent Home, Clacton G St Patrick's Residential Open Air School, South Hayling		48 19 40 17 42 32
ROYAL BRITISH LEGION M Byng House, Southport MW Royal British Legion Churchill Court Convalescent Home, Sevenoaks MW Royal British Legion Convalescent and Rest Home, Weston-super-March	 e	95 67 97
SKIN CASES (see also Eczema) BG Marlborough Children's Convalescent Hospital, Marlborough MW St Osyth's Priory Convalescent Home, near Clacton		92 28 73
SPEECH THERAPY BG Edith Edwards House, Banstead BG John Horniman School, Worthing BG Moor House School, Oxted	• •	3 82 60
TUBERCULOSIS W Maitland House, Frinton-on-Sea	•	39 5
TUBERCULOSIS CONTACTS BG St Mary's Home for Children, Broadstairs		23 34

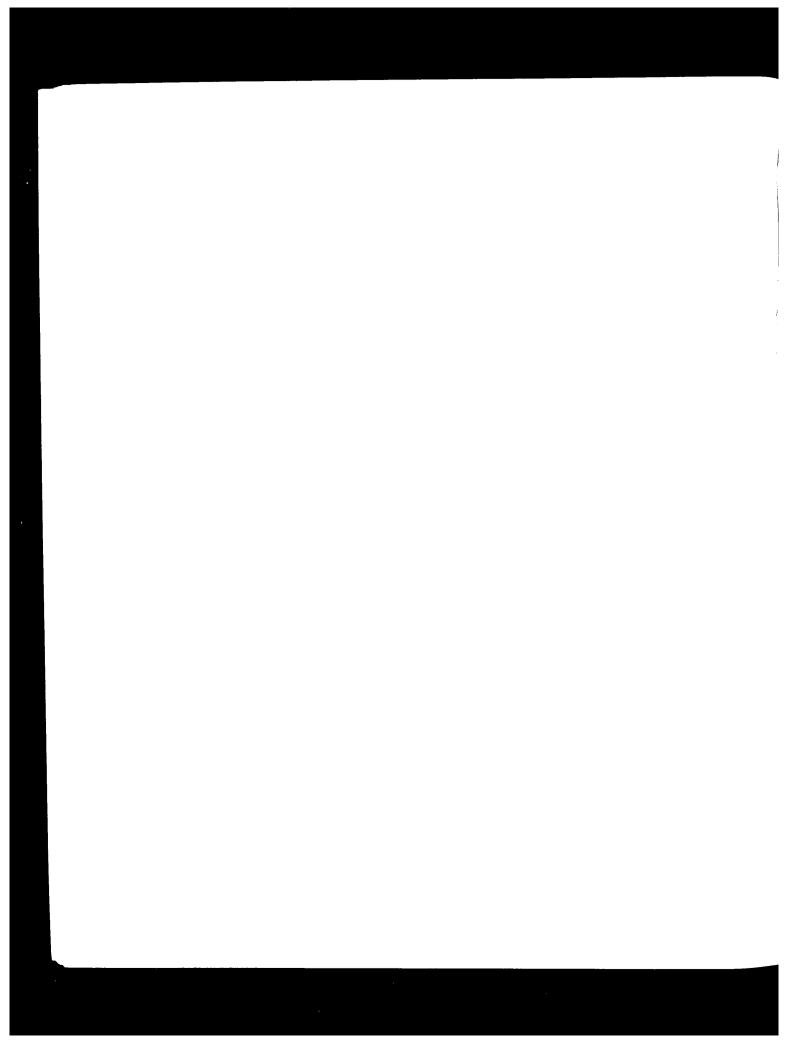
INDEX OF HOMES FOR CHILDREN

Alphabetical list of Children's Homes showing age groups accepted at each Home

A	ges	Name of Home	Page
Boys	Girls	·	
$\frac{1}{12}$ -10	$\frac{1}{12}$ -10	Cheyne Hospital, West Wickham	 75
	12-15	Croft Annexe (London Hospital), Reigate	 61
5-12	5-12	Edith Edwards House, Banstead	 3
	6-16	Fairfield House Open Air Residential School, Broadstairs	 21
0-16	0-16	Hales House, Winterton-on-Sea, nr Great Yarmouth	 99
5-9	5-9	John Horniman School, Worthing	 82
1-11	1-14	Little Folks Home, Bexhill	 8
0-15	0-15	Marlborough Children's Convalescent Hospital, Marlborough	 92
8-12		Meath School, Ottershaw	 59
8-16	8-16	Moor House School, Oxted	 60
2-12	2-12	Orchard Dene, Liverpool	 90
12-16		Pilgrims School, Seaford	 66
5-13	5-11	St Catherine's Home, Ventnor	 72
5-16		St Dominic's Open Air School for Boys, Godalming	 40
3-9	3-15	St Mary's Home for Children, Broadstairs	 23
	5-16	St Patrick's Residential Open Air School, Hayling Island	 42
$\frac{6}{12}$ -12	$\frac{6}{12}$ -12	Winifred House Convalescent Hospital for Children, Barnet	 5
1-6	1-6	Yarburgh Children's Home, East Grinstead	 34

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