# **BURECTORY**

# NVALESCENT ERVING GREATER SENS



1960

# **DIRECTORY**

OF

# **CONVALESCENT HOMES**

SERVING GREATER LONDON



1960

Published Annually
By
King Edward's Hospital Fund for London
34, King Street, E.C.2

Price 7s. 6d., post free

# KING EDWARD'S HOSPITAL FUND FOR LONDON

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#### PREFACE

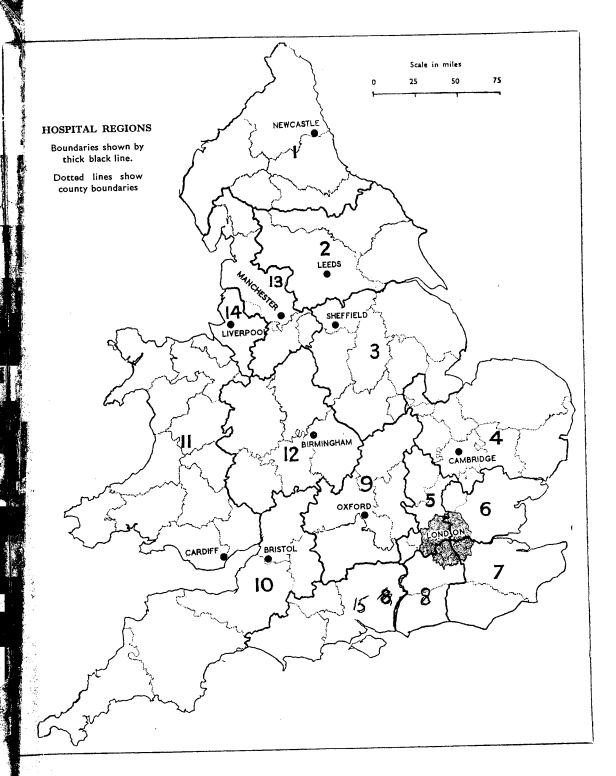
The Directory was first published in the autumn of 1948. As a result of reports of its usefulness received from Almoners and Health Workers, it was decided to make it an annual publication.

The decision whether to include a particular Home or not lies at the discretion of the Committee. Of the Homes operating outside the National Health Service, nearly all are visited by one or more members of the Committee prior to their acceptance for the Directory, and subsequently, if possible, every year. Homes within the National Health Service have also been visited, by courtesy of Regional Hospital Boards. Only Homes which are prepared to admit patients residing in the London area are recorded. At first only Voluntary or National Health Service Homes were included, but now it has been decided to include a few private Homes that have contractual arrangements with Regional Hospital Boards.

Homes which are situated outside the borders of the four Metropolitan Hospital Regions have been placed in Part II, few of them having been visited by members of the Committee. Wherever they may be, all Homes in the Directory are for patients for whom convalescence or a recuperative holiday has been recommended by a doctor.



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# REGIONAL HOSPITAL BOARDS

(See Map opposite)

- 1 NEWCASTLE Regional Hospital Board, Dunira, Osborne Road, Newcastle-on-Tyne 2. (Jesmond 3084-6.)
- 2 LEEDS Regional Hospital Board, Park Parade, Harrogate. (Harrogate 5061-8.)
- 3 SHEFFIELD Regional Hospital Board, Fulwood House, Old Fulwood Road Sheffield 10. (Sheffield 32937-9.)
- 4 EAST ANGLIAN Regional Hospital Board, 117, Chesterton Road, Cambridge, (Cambridge 58345.)

#### METROPOLITAN Regional Hospital Boards

- 5 NORTH-WEST
- 6 NORTH-EAST
- 40 Eastbourne Terrace, London, W.2

(AMBassador 8011)

- 7 SOUTH-EAST
- 8 SOUTH-WEST
- 9 OXFORD Regional Hospital Board, 43, Banbury Road, Oxford. (Oxford 47645.)
- 10 SOUTH-WESTERN Regional Hospital Board, "Parklands" 27, Tyndalls Parklands, Bristol 8. (Bristol 38471.)
- 11 WELSH Regional Hospital Board, Temple of Peace and Health, Cathays Park, Cardiff. (Cardiff 28521.)
- 12 BIRMINGHAM Regional Hospital Board, 10, Augustus Road, Birmingham 15. (Edgbaston 4828.)
- 13 MANCHESTER Regional Hospital Board, Cheetwood Road, Manchester 8 (Deansgate 6441-8.)
- 14 LIVERPOOL Regional Hospital Board, 19, James Street, Liverpool 2. (Central 8231.)
- WESSEX Regional Hospital Board, Highcroft, Romsey Road, Winchester, Hants (Winchester 2248.)

#### **EXPLANATORY NOTE**

PART I of the Directory contains Homes within the four Metropolitan Hospital Regions, arranged alphabetically according to the name of the town or village in which the Home is situated. Where there is more than one Home in a particular town — such as Broadstairs — they are arranged in alphabetical order according to the names of the Homes.

When it is desired to select a Home in a particular district, reference should first be made to the GEOGRAPHICAL INDEX of Homes on pages ix to xiv. Private Homes having contractual arrangements with Hospital Boards are printed in italics in this list.

PART II provides similar information about Homes situated outside the four Metropolitan Hospital Regions. The page containing details of each Home shows the Hospital Region in which the Home is situated at the top left hand corner and at the top right hand corner the words: "National Health Service," "Contractual Arrangements," "Special School" or "Independent." Patients at the first two will normally be a charge to the Regional Hospital Board, those at Special Schools are maintained by Local Educational Authorities and those at Independent Homes are frequently approved by Local Health Authorities under the recuperative holiday schemes.

ALPHABETICAL INDEX on pages xv to xviii is an alphabetical list of all Homes. The prefix letters to each Home show whether men, women or children are accepted and whether the following facilities are provided:—breakfast in bed, bed cases, ground floor rooms, long term stay.

CLASSIFIED INDEX on pages xix to xxvii contains lists of Homes showing the treatments they provide and medical conditions accepted. It also lists Homes taking particular social or occupational groups.

CHILDREN'S INDEX on pages xxviii and xxix contains a list of all the children's Homes showing the age groups accepted.

NORMAL EXCLUSIONS—Although the types of cases not admissible vary to a certain degree as between Homes, it can normally be taken that Pulmonary Tuberculosis, Pregnancy (after the fifth month), Mental Cases, Epilepsy, Incurable, Infectious and Contagious Diseases and usually Skin Disease, Open Sores and Wounds are not accepted, unless otherwise stated. In trying to decide whether a patient is eligible or not for any given Home, a study of the information given under TREATMENT and STAFF will give a good idea as to the type of work undertaken.

# LIST OF HOMES ADDED AND OMITTED SINCE THE LAST ISSUE OF THE DIRECTORY

#### HOMES ADDED

All Saints Convalescent Home, Eastbourne.

Lulworth Court, Westcliff-on-Sea, Essex.

Mildmay Convalescent Home, Worthing.

Princess Louise Convalescent Home, Nazeing, Essex.

Closs HOMES, OMITTED

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Eden Cottage Hospital.

Merlynn, Eastbourne

Mildmay Convalescent Home, Ramsgate.

St. Luke's, Torquay.

St. Raphael's, Torquay.

Sun Hill Court, Worthing.

Temple House, Walton Cross.

Victoria and Zachary Merton Home, Broadstairs.

Wordsworth Home, Swanage.

#### CHANGE OF NAME

Henry Radcliffe Home for Merchant Seamen now becomes Merchant Seamen's Convalescent Home.

# LONDON AND ASCOT PRIORY CONVALESCENT HOME

#### ASCOT PRIORY, ASCOT, BERKS.

(Winkfield Row 67)

Parent Society: Society of The Most Holy Trinity, Ascot, Berks. (Winkfield Row 67)

**PATIENTS:** Women from 30 to 65. General Convalescence. Post-operative cases. Chronics. Hearts.

Ineligible: Normal exclusions. Bed cases. Those requiring night nursing.

RELIGION: Church of England. (All denominations accepted).

BEDS: 28, in one large ward on the ground floor. No isolation ward.

TREATMENT: No treatments or diets. Simple dressings. Intra-muscular injections can be given.

STAFF: Chief Resident Officer: The Reverend Mother Superior.

Nursing Staff: 2 S.R.N. 2 S.E.A.N. Medical Staff: Dr. R. Allen (visiting).

LENGTH OF STAY: No limit. Minimum 2 weeks.

ROUTINE AND RECREATION: Patients rise at 8.30 a.m. after having breakfast in bed, and retire at 6.30 p.m. No domestic work is expected from the patients. There is a library, and facilities for handicraft work are available.

Visiting Day: Every day except Tuesday. 2.30 p.m. to 5 p.m.

CHARGES: £5 5s. 0d. per week. Personal laundry extra. There is one bed at a reduced charge of £2 10s. 0d. per week, obtainable via the Reverend Mother Superior.

RECEIVING DAYS: Monday and Thursday.

STATION: Ascot, from Waterloo. Patients make their own way to the Hospital, by taxi procured at the station or by Thames Valley bus—route number 2.

GENERAL: The Home, which was built in 1865, is set well back from the road amongst pine-woods. It is attached to a Convent and stands in extensive grounds. Almoners are advised that it is especially suitable for elderly patients.

APPLICATIONS: to the Reverend Mother Superior at the Home. N.H.S. patients to the N.W. Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, W.2.

### RESIDENTIAL OPEN AIR SCHOOL OF RECOVERY

(SURGICAL HOME FOR BOYS)

### PARK ROAD, BANSTEAD, SURREY

(Burgh Heath 4174)

PATIENTS: Boys aged 11 years. General convalescence. Asthma. Bed cases are taken.

Ineligible: Normal exclusions.

**RELIGION:** Undenominational, but services are held in the Chapel by C. of E. Chaplain.

**BEDS**: 30 in one ward on the ground floor. A part of this ward can be shut off by folding doors to form an isolation room.

TREATMENT: Physiotherapy. No diets. Post-operative dressings.

STAFF: Nursing Staff: Matron; 1 Staff Nurse; 3 Probationers; 1 Visiting Masseuse.

Medical Staff: Dr. D. B. Smallshaw (visiting Surgeon).

**LENGTH OF STAY:** No limit.

ROUTINE AND RECREATION: The boys rise at 7.30 a.m. and retire at 6.30 p.m. Half an hour's rest in the afternoon.

Visiting Day: Second and fourth Sundaysin each month, 2 to 4 p.m.

**CHARGES**: £5.5s. 0d. per week. Payable by Local Education Authority for children of school age. Physiotherapy and medical prescriptions extra.

**RECEIVING DAY:** Any Day.

STATION: Sutton, from Victoria or London Bridge. Patients are not met at the station, but No. 164 bus stops at the Banstead War Memorial near the Home.

**GENERAL**: Late Victorian buildings with large garden, stand in open country not far from Epsom Downs.

**APPLICATIONS**: to the Matron (for vacancies only). All other correspondence to be addressed to the Secretary.

### **ZACHARY MERTON ANNEXE**

(CATHERINE GLADSTONE FOUNDATION)

#### HOLLY LANE,

#### BANSTEAD, SURREY.

(Burgh Heath 822)

Patients taken from the London Hospital only, (BIShopsgate 3255), and by arrangement from the North East Metropolitan Regional Board.

PATIENTS: Men and women over 12. Medical and surgical cases. Bed cases.

**RELIGION**: Undenominational.

BEDS: 51, on ground floor, in wards of 6. Three single rooms. 36 beds are reserved for orthopædic patients.

**TREATMENT:** Physiotherapy and Occupational Therapy given. Gastric and Diabetic diets provided. All dressings.

STAFF: Chief Resident Officer: Sister-in-Charge (S.R.N.).

Nursing Staff: Trained Nurses; Student Nurses; Pre-Training Students.

Medical Staff: Mr. W. Alexander Law (Visiting Surgeon).

Dr. John Ellis (visiting Physician).

Dr. D. Aldridge (Medical Officer in Charge).

LENGTH OF STAY: Normal maximum 1 month.

ROUTINE AND RECREATION: After early tea at 7 a.m. the patients rise at 11 a.m. having had breakfast at 8 a.m. in bed and retire at 8 p.m. or on special occasions 9 p.m. No school.

There is a library as well as facilities for indoor games, and television in the patients' recreation room.

Visiting Day: Tuesday, Wednesday and Thursday, 3 to 4 p.m.; Saturday and Sunday, 2 to 4 p.m.

RECEIVING DAYS: Monday and Thursday (men); Tuesday and Friday (women).

**STATION:** Banstead from Victoria or London Bridge. Patients are brought from the London Hospital by ambulance.

GENERAL: The Home stands on high ground with an open field in front of it. All beds can be pushed out on to a wide, sunny terrace.

# THE PAWLING HOME-HOSPITAL

# HADLEY HIGHSTONE, BARNET, HERTS.

(Barnet 0324)

PATIENTS: Girls 3-13, Boys 3-7. General convalescence. Ministry of Education

recommend for congenital hearts. Bed cases admitted.

**Ineligible:** Normal exclusions.

**RELIGION:** Undenominational.

BEDS: 20 beds, all of which are on the ground floor. 1 cubicle bed.

TREATMENT: No treatments or diets. Simple dressings, including mastoids.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: Sister (S.R.N.); 3 Untrained.

Medical Staff: Dr. J. A. Nunn (visiting).

LENGTH OF STAY: Minimum 1 month. No limit.

ROUTINE AND RECREATION: The children rise at 7 a.m. and retire at 7 p.m.

They are not expected to do any domestic work.

There are facilities for indoor games.

Visiting Day: Saturday or Sunday when children are well enough can be taken out by the parents for the whole or the half day.

CHARGES: Payable by Local Education Authority, or by Regional Hospital Board.

**RECEIVING DAY:** Any day, except Sunday.

STATION: High Barnet (Northern Tube) and No. 134 bus to Hadley Highstone. Green Line Nos. 716 and 717 stop close by.

GENERAL: The Hospital was built in 1912, and stands high in open country.

APPLICATIONS: to the Matron.

N.H.S. patients to the N.W. Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London, W.2.

# WINIFRED HOUSE CONVALESCENT HOSPITAL FOR CHILDREN

# BARNET GATE, ARKLEY, BARNET, HERTS.

(Barnet 3343)

**PATIENTS:** Boys aged 2–10. Girls aged 2–12. Long-term patients taken. Patients in plaster. Osteomyelitis. Non-Pulmonary T.B. T.B. Meningitis. Pneumonia. Asthma. Bed patients (limited number).

Ineligible: Normal exclusions. Hearts.

**RELIGION**: Undenominational.

**BEDS**: 40, in wards of 8 to 12 beds. All on ground floor.

**TREATMENT:** Physiotherapy and Ultra-Violet Rays available. No diets. Simple dressings.

**STAFF**: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 1 Full-time Sister (S.R.N.); 2 Assistant Nurses; 6 Student Nurses.

Medical Staff: Dr. L. R. Gardner, Dr. R.C.E. Norman (visiting).

**LENGTH OF STAY:** No limit.

**ROUTINE AND RECREATION:** Patients rise at 7 a.m. and retire at 7 p.m. There is a compulsory afternoon rest.

There is a supply of toys and indoor games.

Visiting Day: Sunday, 2 to 3.30 p.m.

RECEIVING DAY: No special day.

**STATION:** New Barnet, from Kings Cross; or High Barnet (Northern Line). A bus runs from either station to near the Home.

**GENERAL**: The Home was built in 1936 and stands on very high ground surrounded by fields. There is a large terrace for beds outside the Home.

**APPLICATIONS**: to the Matron.

# CHILDREN'S CONVALESCENT HOME

WHITE BARN, STATION ROAD, BEACONSFIELD, BUCKS.

(Beaconsfield 37)

PATIENTS: Boys and girls 0-5 years. General convalescence. Ambulant plasters.

Ineligible: Normal exclusions. Bed cases. Asthma.

**RELIGION**: Interdenominational.

BEDS: 30 in open wards, 2 of which are on the ground floor.

**TREATMENT**: No treatments or diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 2 Sisters (S.R.N.); 12 Nursery Nurses (including 2 Night

Nurses).

Medical Staff: Dr. A. J. Milner (visiting).

**LENGTH OF STAY**: 4–12 weeks only.

ROUTINE AND RECREATION: The children rise at 6.30 a.m. and retire at 5.30 p.m.

with an hour's rest in the afternoon.

There is an outdoor sandpit, paddling pool, hardpitch and a playing-field in the grounds. The Home has a good supply of toys.

Visiting Day: Second Sunday in each month, 2 to 4 p.m., after 1 month's stay. sb-6-0

CHARGES: £\$ 10s. 0d. per week.

**RECEIVING DAY:** Every other Wednesday.

**STATION**: Beaconsfield, from Marylebone. Escorts provided.

GENERAL: Well-adapted buildings with modern additions. Extensive grounds.

APPLICATIONS: to the Shaftesbury Society, 112, Regency Street, Westminister, S.W.1. (Victoria 2656).

#### **PARNHAM**

#### BEAMINSTER, DORSET.

INDEPENDENT

(Beaminster 204)

**PATIENTS:** Elderly ladies suffering from a degree of mental senility, but who are ambulant and able to walk up and down stairs unaided.

Ineligible: Certifiable, bed-ridden, incontinent, or helpless cases.

**RELIGION:** Undenominational.

**BEDS**: 45

**TREATMENT:** Specialised care and occupational therapy but no treatment, diets or dressings.

STAFF: Chief Resident Officer: Lady Warden, R.G.N., R.M.P.A.

Nursing Staff: Matron, S.R.N.

Deputy Matron, S.R.N.

Night assistant.

7 Assistants.

LENGTH OF STAY: Not less than 1 Month.

CHARGES: £7 7s. 0d. per week, 3-8 beds, £10 10s. 0d. per week, single and double rooms.

**RECEIVING DAY:** By arrangement.

**STATION**: Crewkerne from Waterloo. Trains are met if necessary.

**GENERAL**: A beautiful Elizabethan Manor, modernised for comfort, with central heating throughout—spacious grounds and well laid out gardens.

APPLICATIONS: to the Secretary, Residential Services Department, National Association for Mental Health, 39, Queen Anne Street, London, W. 1. (WELbeck 1272).

# HEARTS OF OAK BENEFIT SOCIETY HOME

#### 46, TERMINUS AVENUE, BEXHILL, SUSSEX.

(Bexhill 432)

**PATIENTS:** Men and women not over 70 with priority for members of the Hearts of Oak Benefit Society or other Friendly Societies. Limited accommodation for married couples only where membership of the Hearts of Oak Benefit Society is established. General convalescence.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

BEDS: 18 single rooms.

13 double rooms for married couples, of which 11 are on ground floor.

TREATMENT: Medical and Nursing attention in emergency only. There is a lift.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: Resident Sister, S.R.N.

Medical Staff: Dr. Wilson Croome (visits twice weekly).

LENGTH OF STAY: Normally 2 weeks. Extensions allowed if recommended by Medical Officer, Maximum 4 weeks.

ROUTINE AND RECREATION: Patients must observe the regulations of the Home. Breakfast is at 8.30 a.m. and all patients must be in bed by 10 p.m. No form of domestic work is expected from the patients.

There is a library as well as a supply of indoor games, wireless and television in the lounge. Occasional coach trips are organised to surrounding districts.

Visiting Days: Wednesday and Sunday, 2 to 5 p.m.

CHARGES: £8 8s. 0d. per week (non-members). No charge to members of the Society whose membership covers Convalescent Home Benefit.

All residents are responsible for their personal laundry.

RECEIVING DAYS: Friday, after 3 p.m.

STATION: Bexhill Central from Victoria. Patients met at the Station with a car, if travelling by train, and notice given to the Matron.

**GENERAL**: The building is new, having been constructed in 1955, and stands about half a mile back from the sea in about  $5\frac{1}{2}$  acres of ground.

APPLICATIONS: to the Hearts of Oak Benefit Society, Hearts of Oak Buildings, Euston Road, London, N.W.1. (EUSton 2411).

# LITTLE FOLKS HOME

#### LITTLE COMMON, BEXHILL-ON-SEA, SUSSEX.

(Cooden 284)

This Home is for patients from Queen Elizabeth Hospital for Children, London (SHOreditch 8866), and, when there are vacancies, for patients from other hospitals in the N.E. Metropolitan Region, y Ilians

**PATIENTS:** Children up to the age of 14. General convalescence. Bed cases. Some long-term cases.

Ineligible: Normal exclusions.

**RELIGION**: Undenominational.

BEDS: 40. Some on ground floor.

TREATMENT: No treatments. Special diets provided. All dressings. Physiotherapy.

STAFF: Chief Resident Officer: Matron-in-Charge (S.R.N., R.S.C.N.). 5 C

Nursing Staff: S.R.N., 1 S.R.N., R.S.C.N., 10 Student Nurseaus

1 Part-time physiotherapist. M.C.S.P.

Medical Staff: Dr. R. K. Reid (visiting).

**LENGTH OF STAY:** No limit, but as recommended by the hospital.

**ROUTINE AND RECREATION:** Normal times of rising and retiring. There is a compulsory rest during the afternoon. Tuition for children over seven years old. There is a supply of toys and books as well as facilities for indoor and outdoor games.

Visiting: Saturday and Sunday between 1.45 and 3.45 p.m., and other days by arrangement.

**RECEIVING DAY:** Normally Thursday.

STATION: Cooden Beach, from Victoria. Patients are met either at Cooden Beach or Victoria. A bus service runs from the station to near the Home.

GENERAL: The Home is about a mile from the sea and stands in 8 acres of ground.

S.E. METROPOLITAN REGION
HASTINGS GROUP HOSPITAL MANAGEMENT COMMITTEE

# METROPOLITAN CONVALESCENT HOME FOR MEN

#### LITTLE COMMON, NEAR BEXHILL SUSSEX.

(Cooden 5)
(Patients—Cooden 782)

**PATIENTS:** Men 17-65 years. General convalescence. Hearts (including post-cardiac surgery).

**Ineligible:** Bed cases. Colostomies. Urinary incontinence. Skin diseases. Severe neurasthenia. Severe asthma. Inoperable malignant disease with a poor prognosis.

**RELIGION**: Undenominational.

**BEDS**: 82.

**TREATMENT:** Convalescent gastric and other diets. Dressings. Physiotherapy and active exercises. Occupational Therapy. Lift.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: 6 S.R.N.; 4 Nursing Auxiliaries.

Medical Staff: Dr. R. A. Andrews (visiting).

LENGTH OF STAY: At discretion of the Medical Officer of the Home.

**ROUTINE AND RECREATION:** The patients get up at 7.30 a.m. and go to bed at 8.0-9.30 p.m.

There are facilities for suitable indoor and outdoor games. Television.

Visiting Days: Sunday and Wednesday, 2 to 4.30 p.m.

**RECEIVING DAYS:** Monday and Thursday.

STATION: Cooden Beach, from Victoria.

**GENERAL:** The Home stands in an excellent position with view over the sea and nine acres of garden. It is ten minutes' walk from the sea.

**APPLICATIONS:** to the Secretary, Hospital Management Committee, Beau Site, White Rock, Hastings, Sussex. (Envelopes endorsed "Metropolitan Convalescent Home.")

# METROPOLITAN CONVALESCENT HOME FOR WOMEN

Consolination.

OLD TOWN,
BEXHILL-ON-SEA,

SUSSEX.

(Bexhill 1131)

(Patients—Bexhill 3076)

PATIENTS: Women 17-65 years. General convalescence. Gynæcological.

**Ineligible:** Colostomies. Urinary incontinence. Pregnancy after the fourth month. Severe neurasthenia. Severe asthma. Inoperable malignant disease with a poor prognosis. Skin diseases.

**RELIGION**: Undenominational.

BEDS: 90. Some on ground floor.

**TREATMENT**: Convalescent gastric diet. Dressings. Physiotherapy and active exercises. A small number of beds are available for very early convalescents requiring a few days further rest in bed.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: 3 S.R.N.; 3 Nursing Orderlies.

Medical Staff: Dr. R. A. Andrews (visiting).

LENGTH OF STAY: 3 weeks or at discretion of the Medical Officer of the Home.

**ROUTINE AND RECREATION:** The patients get up at 7.15 a.m. and go to bed at 8-9 p.m. They are expected to make their own beds if well enough. There is no lift at this Home.

Visiting Day: Sunday 2 to 4 p.m.

RECEIVING DAYS: Wednesday and Friday.

STATION: Bexhill Central, from Victoria.

**GENERAL**: The Home stands in an open position in its own grounds. It is ten minutes' walk from the sea.

**APPLICATIONS:** to the Secretary, Hospital Management Committee, Beau Site, White Rock, Hastings, Sussex. (Envelopes endorsed "Metropolitan Convalescent Home.")

#### THE WHITE HOUSE CONVALESCENT HOME

### 23 CANTELUPE ROAD, BEXHILL-ON-SEA, SUSSEX.

(Bexhill 2540)

#### London Telecommunications Region Mutual Aid Fund

**PATIENTS:** Members of the London Telecommunications. Other patients accepted if vacancies. General convalescence either sex.

Ineligible: Normal exclusions. Bed cases. No diets.

**RELIGION**: Undenominational.

BEDS: 17, 4 single rooms; 5 rooms with 2 single beds; (including 1 on the ground floor); 1 room with 3 single beds.

**TREATMENT:** None. Simple dressings.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: None.

Medical Staff: Visiting Doctor.

**LENGTH OF STAY:** Normally 2 weeks.

ROUTINE AND RECREATION: No restrictions. Radio, television and small library.

CHARGES: £4 10s. 0d. per week.

RECEIVING DAY: Saturday.

STATION: Bexhill (Central).

GENERAL: Home 150 yards from the sea. Garden.

COMMUNICATIONS: to Convalescent Home Sec., L.T.R. Mutual Aid Fund, Room 203, Telephone House, Shoot-up Hill, London, N.W.2. GLAdstone 8060 Ext 406.

APPLICATIONS: to Miss M. Hodgson, Room 501, Waterloo Bridge House, Waterloo Road, London S.E.1. City 2000, Ex. 7263.

# THE DIABETIC CONVALESCENT HOME

#### FOR WOMEN

#### BEACH AVENUE, BIRCHINGTON-ON-SEA, KENT.

(Thanet 41667)

**PATIENTS:** Diabetic women (including those with complications). A limited number of non-diabetic women can be admitted by arrangement if beds are available.

**RELIGION**: Undenominational.

BEDS: 50 for women — limited accommodation on ground floor.

**TREATMENT:** Special training in diabetic diet and injection. Diabetic diets of all types are provided, including variations, e.g. diabetic gastrics. All dressings—subject to acceptance by Matron.

STAFF: Chief Resident Officer: Assistant Matron.

Nursing Staff: 4 S.R.N.; 3 S.E.A.N.; 7 Nursing Auxiliaries.

Medical Staff: Dr. T.S. Stone (visiting).

**LENGTH OF STAY:** 2 to 3 weeks—subject to medical necessity.

**ROUTINE AND RECREATION:** The patients get up at 7.30 a.m. and go to bed at 9 p.m. Those who are able are asked to make their own beds. So far as treatments permit, patients are allowed out daily until 6.45 p.m. during the summer months and until 4 p.m. during the winter months.

Visiting Day: By arrangement.

RECEIVING DAY: Patients are admitted on Tuesday and discharged on Monday.

**STATION**: Birchington, from Victoria or Cannon Street. Patients are met by arrangement at the station, which is only 2 minutes from the Home.

**GENERAL**: The Home was originally built as a Convalescent Home in 1888, and has been kept modernised.

**APPLICATIONS:** To the Matron at the Home.

# EDITH PRIDAY HOME (BRITISH RED CROSS SOCIETY)

23, ST. JOHN'S PARK, S.E.3.

(Greenwich 0039)

PATIENTS: Men and women over 60, mainly those living in the County of London.

Ineligible: Incontinent cases. Those requiring night nursing.

**RELIGION**: Undenominational.

**BEDS**: 40, in wards of 2-4. 3 ground floor wards (women).

TREATMENT: Some treatments can be arranged. Gastric and diabetic diets provided.

Simple dressings. There is a lift.

STAFF: Chief Resident Officer: Warden.

Nursing Staff: 3 S.E.A.N.

Medical Staff: Dr. G. S. R. Little (Hon. Medical Officer).

LENGTH OF STAY: Maximum 6 weeks.

ROUTINE AND RECREATION: No domestic work expected.

Diversional Therapy. Local Red Cross members take patients out.

Visiting Day: Daily, except Thursday.

CHARGES: £5 12s. 0d. per week.

**RECEIVING DAY:** Thursday.

STATION: Blackheath, from Charing Cross. Green Line bus from Victoria.

GENERAL: The Home is situated in spacious residential district. Pleasant garden, very near to church, shops, buses, cinema.

APPLICATIONS: to the Divisional Director, 46 Vanbrugh Park, London, S.E.3. (Greenwich 0157).

### **FOXHOLM**

#### 3 MARINE DRIVE WEST, BOGNOR REGIS.

(Bognor Regis 517)

#### Bermondsey Medical Mission.

PATIENTS: Women over 60.

Ineligible: Cases requiring nursing attention or bed cases.

**RELIGION:** Interdenominational (Mission).

BEDS: 24; ten on the ground floor, 3 single rooms upstairs.

TREATMENT: Gastric diets provided: Light dressings.

STAFF: Nursing Staff: Matron (S.R.N.).

2 Orderlies.

Medical Staff: Visiting.

**LENGTH OF STAY:** 2-4 weeks or longer in winter months.

ROUTINE AND RECREATION: Breakfast in bed, evening prayers, weekly outing, radio, books and piano.

CHARGES: £410s. 0d. per week.

RECEIVING DAY: Monday,

STATION: Bognor Regis. 3.18 p.m. train from Victoria is met at Bognor Regis station.

GENERAL: The house is situated on the sea front within easy reach of shops.

**APPLICATIONS:** to the Secretary, Bermondsey Medical Mission, 44, Grange Road, London, S.E. 1. Bermondsey 4241.

# VICTORIAN CONVALESCENT HOME AND PRINCESS MARY MEMORIAL HOME

#### THE ESPLANADE, BOGNOR REGIS, SUSSEX.

(Bognor 42)

**PATIENTS:** Women aged 16–70, but older cases will receive consideration. General convalescence including Asthma, mild heart cases.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

BEDS: 45, all in wards and 5 on ground floor. 4 single rooms, + 6 cubecks (sates)

**TREATMENT:** No special treatments. Simple and approved gastric diets are arranged. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 1 S.E.A.N.

Medical Staff: Dr. A. H. Barwell, M.R.C.S., L.R.C.P. (Visiting).

LENGTH OF STAY: As required.

ROUTINE AND RECREATION: The patients may rest in their rooms in the afternoons. Piano, wireless, books, television.

Visiting Day: Any day.

CHARGES: Surrey residents, £4 19s. 6d. per week. Non-Surrey, £5 10s. 0d. per week. Single room, £6 6s. 0d. per week and £7 7s. 0d. per week.

**RECEIVING DAYS:** Mondays.

STATION: Bognor Regis, from Victoria. The Home is 7 minutes' walk from the station.

**GENERAL**: The Home was built in 1897 and stands on the sea front. It has a pleasant garden.

APPLICATIONS: to the Secretary, Surrey Convalescent Homes, Surrey Road, Seaford, Sussex (Seaford 2216).

WESSEX REGION
BOURNEMOUTH AND EAST DORSET GROUP HOSPITAL MANAGEMENT COMMITTEE

# HAHNEMANN CONVALESCENT HOME

# HAHNEMANN ROAD, WEST CLIFF, BOURNEMOUTH, HANTS.

(Bournemouth 20115)

PATIENTS: Women. General convalescence, including inoffensive cancer.

**Ineligible:** Patients suffering from Pulmonary Tuberculosis. Advanced Heart Disease. Bronchitis or Bronchial Asthma. Fits (Epileptic or other). Diabetes (or Special Diet), cases of Incontinence or recovering from Infectious Disease. Patients under the age of 15.

**RELIGION**: Undenominational.

BEDS: 26. Lift available.

TREATMENT: No diets. Most light dressings undertaken.

STAFF: Chief Resident Officer: Sister-in-Charge (S.R.N.).

Nursing Staff: 1 Ward Sister; 2 S.R.N.; 2 S.E.A.N.

Medical Staff: Dr. Rachel Hatfield.

LENGTH OF STAY: Minimum 2 weeks.

ROUTINE AND RECREATION: Patients get up at 8 a.m. and are in bed by 9.30 p.m. They are, if able, expected to make their own beds, but are not required to do any other form of domestic work. All patients rest in the afternoon. There is a library, wireless, piano and television.

Visiting Day: Daily, from 2.30 p.m. 3-4 pm , 7-8 fm

**RECEIVING DAY:** Wednesday.

STATION: Bournemouth West, from Waterloo, thence by taxi to the Home.

GENERAL: Built in 1878 in a residential district near the sea on top of the cliffs.

**APPLICATIONS:** to the Sister-in-Charge.

# THE HOUSE BEAUTIFUL (N.S.S.U. CONVALESCENT HOME)

#### 11, DERBY ROAD, BOURNEMOUTH, HANTS.

(Bournemouth 27154)

PATIENTS: Boys aged 5-10. Girls aged 5-12. General convalescence.

Ineligible: Normal exclusions. Cases requiring constant nursing.

**RELIGION:** Protestant.

BEDS: 50, divided between 22 boys and 28 girls. 6 or 10 bed wards. No ground floor rooms. Isolation ward.

**TREATMENT**: No treatments or diets. Simple dressings.

16 w/w

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff (1 Staff Nurse; 4 Assistant Nurses. Medical Staff: Dr. S. Robertson (visits weekly).

**LENGTH OF STAY:** 2-4 weeks. Extensions made.

ROUTINE AND RECREATION: The patients rise at 7.30 a.m. and retire from 6.30 to 8.30 p.m., according to age. Breakfast in bed is served when necessary. There are morning prayers. No school.

The Home has a large Summer House, Slide, etc. There is a good supply of books and games, a toy-cupboard and a piano.

Visiting Day: Visiting by arrangement for children staying for more than-4 weeks but preferably not on Sundays.

CHARGES: £5 10s. 0d. per week. Special charges for scholars of Schools affiliated to the N.S.S.U.

**RECEIVING DAY:** Thursday.

**STATION:** Bournemouth Central, from Waterloo. Children are met by car at Bournemouth. Children travelling by the 1.30 p.m. train on Thursdays are escorted from Waterloo.

GENERAL: The buildings, which are fairly modern, are centrally heated and are surrounded by a small garden; about 6 minutes' walk from the sea.

APPLICATIONS: to the National Sunday School Union, Central Hall Buildings, Durnsford Road, Wimbledon, S.W.19.

# ST. JOSEPH'S CONVALESCENT HOME

#### 11 & 13, BRANKSOME WOOD ROAD, BOURNEMOUTH, HANTS.

16-80.

(Bournemouth 27869)

PATIENTS: Men and women aged 16-70. General convalescence.

Ineligible: Normal exclusions. Hearts. Asthma. Patients who cannot climb stairs.

**RELIGION:** Roman Catholic. (All denominations taken).

BEDS: 84, 52 for women, 32 for men, in 2, 3 or 4 bed wards. None on the ground flooren terms TREATMENT: No treatments. Gastric and other diets provided. Simple dressings.

STAFF: Chief Resident Officer: Reverend Mother.

Nursing Staff: 2 S.R.N.

Medical Staff: Dr. Moorhouse (visiting).

LENGTH OF STAY: 2 weeks to 3 months.

ROUTINE AND RECREATION: The patients rise at 7.30 a.m.; the women retire at 8.30 p.m., and the men at 9.30 p.m. Breakfast in bed if necessary. Patients are expected to make their own beds, and women to wash up dining room cutlery oren putining aup 9 and set tables. There is a library, billiards table, piano, wireless and television; bowling green in the grounds.

Visiting Day: Any day.

CHARGES: £4 0s. 0d. per week. £4 10s. 0d. per week (2 bed wards) October to March, private rooms 5 guineas. A subscriber's letter is worth three guineas for men, and two guineas for women. Laundry extra.

**RECEIVING DAY:** Any day.

STATION: Bournemouth West, from Waterloo. Patients make their own way to the Home. Taxis are available.

GENERAL: The Home is situated on sloping ground in a residential district, half a mile from the sea. It has an extensive garden. Central heating.

**APPLICATIONS:** to the Reverend Mother. N.H.S. patients: to the Wessex Regional Hospital Board, Highcroft, Romsey Road, Winchester, Hants.

# **BROOK LANE REST HOUSE**

# 83, BEACONSFIELD VILLAS, BRIGHTON.

(Brighton 55042)

#### Bermondsey Medical Mission.

**PATIENTS:** Women over 60.

Ineligible: Cases requiring nursing attention, or bed cases.

**RELIGION:** Interdenominational (Mission).

**BEDS**: 20, including 4 single rooms upstairs if medically advisable. There is one ground floor room with 4 beds.

TREATMENT: Gastric diets provided. Light dressings.

STAFF: Nursing Staff: Matron (S.E.A.N.), 2 Orderlies.

Medical Staff: Visiting.

LENGTH OF STAY: 2 to 4 weeks, extended in special cases.

ROUTINE AND RECREATION: Breakfast in bed at 8 a.m. Evening prayers. Weekly outing, radio, books, piano.

Visiting Day: Any day.

CHARGES: £4 0s. 0d. per week.

RECEIVING DAY: Monday.

STATION: Brighton; 2.28 p.m. train from Victoria and 2.18 p.m. from London Bridge are met at Brighton Station.

GENERAL: The House is situated above Preston Park, on the 46a trolley bus route to the sea.

APPLICATIONS: to the Secretary, Bermondsey Medical Mission, 44, Grange Road, S.E.1. (Bermondsey 4241).

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# CONVALESCENT HOSPITAL FOR OFFICERS

#### 4, PERCIVAL TERRACE, BRIGHTON 7, SUSSEX.

(Brighton 26884)

Parent Society: Joint Committee of the Order of St. John of Jerusalem, and the British Red Cross Society.

**PATIENTS:** Serving and ex-Service Naval, Army and Air Force Officers, including ex-War Service temporary Officers. A few beds are available for male officers of the Order of St. John and British Red Cross Society and for female officers and members of the Order and Society.

Ineligible: Tuberculosis, Mental or Infectious cases. Chronic cases may be

admitted in small numbers for short periods.

**RELIGION**: Undenominational.

**BEDS**: 26, mostly 3 beds in large room. Few single rooms. No beds on ground floor. Lift for invalid chairs.

TREATMENT: Simple physiotherapy. Diets if required, Surgical dressings.

STAFF: Commandant (non-resident): Medical Superintendent, N. H. A. Mackinnon, M.B., Ch.B.

Nursing Staff: Matron (S.R.N.); 3 S.R.N.; 1 Assistant Nurse; 1 Physiotherapist; 5 Male Orderlies.

LENGTH OF STAY: 4 weeks.

ROUTINE AND RECREATION: There is early morning tea in bed at 6.30 a.m. Patients retire at 10 p.m. Breakfast is provided in bed if necessary.

There is a library, billiards, piano, television, etc. Wireless in every room. Home is within easy reach of local golf links, tennis courts, riding stables, theatre and

cinema.

Visiting Day: Daily, 2 to 4 p.m.

CHARGES: Charges are made in accordance with circumstances. The hospital is recognised by the Ministry of Pensions, The Officers' Association and the Royal Air Force Benevolent Fund, who frequently meet hospital expenses.

RECEIVING DAY: Any Day.

**STATION**: Brighton, from Victoria. Home is 2 miles from station. Patients travel by taxi as there is no hospital transport.

GENERAL: The Home stands on the sea front, at the east end of Brighton, with an uninterrupted view over the English Channel.

APPLICATIONS: to the Director of Medical Services, 12, Grosvenor Crescent, London, S.W.1; or to the Medical Superintendent at the Home.

# FRENCH CONVALESCENT HOME

#### DE COURCEL ROAD, BRIGHTON 7, SUSSEX.

68/678 (Brighton-<del>2167</del>8)

**PATIENTS**: Men, women and children from the age of 5 upwards. General convalescence. Patients of the French Hospital, occasionally an outside patient who can speak French, on payment of a fee. Limited number of permanent French aged. Non-infectious surgical T.B.

**Ineligible:** Normal exclusions. Patients requiring nursing, or unable to look after themselves. Bed cases. Mental patients.

**RELIGION**: All religions are admissible. (Sisters are Roman Catholics).

**BEDS**: 58, of which 29 are for men and 29 for women, including 12 cubicles for the aged.

**TREATMENT**: No treatments, and normally no diets. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge S.R.N.

Nursing Staff: 5 Sisters (1 S.R.N.)

Medical Staff: Dr. W. A. Porter (visiting).

**LENGTH OF STAY:** About 3 weeks, but longer if necessary.

**ROUTINE AND RECREATION:** Subject to the Matron's decision. No domestic work expected from patients except at their own request. No school. 3 recreation rooms.

Visiting Day: No special day.

**CHARGES**: Free for convalescents of French Hospital. (Voluntary donations). Special arrangements for other cases.

**RECEIVING DAY:** No special day.

N12

STATION: Brighton, from Victoria or London Bridge. Thence by No. 7 bus to Kemp Town.

**GENERAL**: An old-fashioned building in excellent condition, on the sea front, with a large garden.

**APPLICATIONS:** to the Secretary, The French Hospital and Dispensary, 172, Shaftesbury Avenue, London, W.C.2. (TEMple Bar 5025).

# THE JOHN HOWARD CONVALESCENT HOME

### KEMP TOWN, BRIGHTON 7, SUSSEX.

(Brighton 66027)

**PATIENTS:** Women aged 18 to 65.

Ineligible: Normal exclusions, diabetics, asthma, colostomies, severe nervous disorders

**RELIGION**: Undenominational.

**BEDS**: 33. Single rooms. 6 on the ground floor. Lift to each floor.

TREATMENT: A limited number of cases needing dressing or on light diets. Physiotherapy can be provided at local hospital, if arranged prior to admission.

STAFF: Chief Resident Officer: Matron, S.R.N.

Nursing Staff: 2 Sisters, S.R.N.

Medical Staff: Medical Officer (visiting).

LENGTH OF STAY: 2-4 weeks, extended at the discretion of the Medical Officer.

**ROUTINE AND RECREATION:** Breakfast at 9.0 a.m. Lunch at 12.30 p.m. Tea at 4.0 p.m. Supper at 6.45 p.m. Hot drinks if required at 9.0 p.m. Breakfast in bed for the first 3 days, extended as and when necessary. Wireless and Library.

VISITING DAYS: Any day by arrangement.

CHARGES: £6 10s. 0d. per week.

RECEIVING DAYS: Every afternoon 3 p.m. except except Sunday.

**STATION:** Brighton. 7 or 7b bus, or taxis in station yard.

**GENERAL**: The Home is within 5 minutes of the sea and Downs. There is a frequent bus service, stopping outside the Home.

**APPLICATIONS:** to the Matron at the Home. It will be appreciated if dressings and diets are mentioned when applying.

# THOMAS LYE CONVALESCENT HOME

# RUTLAND HOUSE, 63, MARINE PARADE, BRIGHTON, SUSSEX.

(Brighton 63565)

**PATIENTS:** Men and women aged 16–70. General convalescence.

Ineligible: Normal exclusions. Severe cases, and those unable to negotiate stairs.

**RELIGION**: Undenominational.

**BEDS**: 12, divided between men and women, in rooms containing 2–4 beds.

TREATMENT: Simple dressings. No diets.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: None.

Medical Staff: In association with the Royal Sussex County Hospital.

**LENGTH OF STAY:** Normally 2-3 weeks.

**ROUTINE AND RECREATION:** Patients get up at 8 a.m. and lights are expected to be out by 10 p.m. Women are asked to make their own beds.

There is a television, radiogram and a small supply of books, as well as a few

There is a television, radiogram and a small supply of books, as well as a few indoor games.

Visiting Day: Any day.

RECEIVING DAY: Friday.

**STATION:** Brighton, from Victoria. A bus service operates between the station and Marine Parade.

**GENERAL:** A nineteenth-century house with steep stairs, but which faces the sea and has a small front garden in which the patients can sit.

APPLICATIONS and enquiries concerning vacancies to the Matron at the Home.

# ANTHONY AND ANNIE MULLER CONVALESCENT HOME AND SCHOOL

#### LANTHORNE ROAD, BROADSTAIRS, KENT.

(Thanet 61186)

PATIENTS: Boys aged 3-12. Girls aged 3-15. Limited accommodation for children under 3. General convalescence. Jewish patients only.

Ineligible: Bed cases and normal exclusions. Serious heart cases.

**RELIGION**: Jewish.

BEDS: 90. Ground floor rooms are available. Isolation ward provided.

TREATMENT: Physiotherapy. Simple dressings and diets.

STAFF: Chief Resident Officer: Matron, R.S.C.N.

Nursing Staff: 1 S.E.A.N.

Unqualified Staff (as available).

Medical Staff: Dr. C. H. T. Bond (visiting).

LENGTH OF STAY: Residential open air school, Minimum 3 months, no limit. Recuperative holidays, 2-6 weeks.

ROUTINE AND RECREATION: The children rise at 7.30 a.m., breakfast at 8.30 a.m., dinner at 12.30 p.m., tea at 4.30 p.m. Bed time is at 5.30 p.m. with flexible arrangements for older children. Recreation in own grounds with regular visits to beach. Playrooms and Television.

Visiting Day: Parents and relatives, once monthly and by arrangement with Matron.

CHARGES: Payable by Local Authorities. This to the sewer SW

RECEIVING DAY: Wednesday, and as necessary.

STATION: Broadstairs, from Victoria or Cannon Street.

GENERAL: Built in 1926, standing in large grounds, the Home is 5 minutes from the sea.

APPLICATIONS: To Local Education Authorities for Residential Open Air School; to Divisional Medical Officers for recuperative holidays; or to the Jewish Board of Guardians, Health/Convalescent Department, 74a Charlotte Street, London W.1. (MUSeum 1644)

# BROADLANDS

(N.S.S.U. CONVALESCENT AND HOLIDAY HOME)

32, RAMSGATE ROAD, BROADSTAIRS,

KÉNT.

(Thanet 61832)

PATIENTS: Boys aged 5-10. Girls aged 5-12. General convalescence.

Ineligible: Normal exclusions; cases requiring constant nursing.

**RELIGION**: Protestant.

**BEDS**: 18 boys in 2 wards; 22 girls in 3 wards; 6 beds available in isolation ward. No ground floor beds.

TREATMENT: No treatments or diets. Simple dressings.

STAFF: Chief Resident Officer Matron.

Nursing Staff: 1 Assistant Matron; 4 Nurses; 1 Assistant Nurse.

Medical Staff: Dr. J. McNaught (visiting).

**LENGTH OF STAY**: 2–4 weeks, extensions made.

**ROUTINE AND RECREATION**: The children rise at 7.30 a.m. and retire from 6.30 to 8 p.m. according to age. Breakfast is served in bed when necessary.

There are morning and evening prayers. No school.

There are large grounds attached to the Home, with swings, slide and a see-saw. Indoor games, toys and books are provided. Gramophone, wireless, piano and television available.

Visiting Day: Monday, 3 to 4,p.m.

CHARGES: £5 10s. 0d per week. Special charges for scholars of Schools affiliated to the N.S.S.U.

**RECEIVING DAY:** Wednesday.

STATION: Broadstairs, from Victoria. Children are met by car at Broadstairs. Those travelling by the 12.40 p.m. train on Wednesdays are escorted from Victoria.

Those returning are escorted to Victoria, arriving 10.21 a.m.

**GENERAL**: The Home, which was acquired in 1947, has been adapted as a Convalescent Home. It is 12 minutes' walk from the sea, and there is a bus service to the sea front.

**APPLICATIONS**: to the National Sunday School Union, Central Hall Buildings, Durnsford Road, Wimbledon, S.W.19.

# FAIRFIELD HOUSE OPEN AIR RESIDENTIAL SCHOOL

#### FAIRFIELD ROAD, BROADSTAIRS, KENT.

(Thanet 62132)

Owners: The Save the Children Fund, 12, Upper Belgrave Street, S.W.1.

**PATIENTS**: Girls aged 5-13. Bronchitis, Asthma, Malnutrition, T.B. contacts, Post-operative and general convalescence. Long term.

Ineligible: Normal exclusions. Bed cases.

**RELIGION:** Undenominational.

**BEDS**: 60, in dormitories containing from 2 to 12 beds.

TREATMENT: Margaret Morris remedial exercises. No special diets. Simple dressings.

STAFF: Chief Resident Officer: The Head Mistress.

Nursing Staff: 1 S.R.N.; 3 Assistants.

Medical Staff: Medical Superintendent attends twice weekly—or as required.

Teaching Staff: 3 Teachers and 1 Margaret Morris Teacher.

**LENGTH OF STAY:** Not less than 1 term. (The School closes for holidays).

**ROUTINE AND RECREATION:** The Children get up at 7.15 a.m. and go to bed at 7.15 p.m. There is a compulsory rest after dinner.

There is a playroom and a large supply of children's books and games. Radio and television.

Solarium with Vita-glass windows.

**Visiting Day:** 2 or 3 Sundays in each term.

CHARGES: Payable by Local Education Authority.

**RECEIVING DAY:** Beginning of school terms. January, April, September, and when vacancies occur.

STATION: Broadstairs, from Victoria. Patients are met at Broadstairs station.

**GENERAL**: A Victorian house with  $4\frac{3}{4}$  acres of garden about  $1\frac{1}{4}$  miles from the sea.

**APPLICATIONS:** to the Head Mistress.

## HEARTS OF OAK BENEFIT SOCIETY HOME

# CALLIS COURT ROAD, BROADSTAIRS,

KENT.

(Thanet 62250)

**PATIENTS:** Men aged not over 70 with priority for members of the Hearts of Oak Benefit Society or other Friendly Societies. General convalescence.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

BEDS: 49 in single rooms, of which 4 are on the ground floor.

TREATMENT: Medical and nursing attention in emergency only. There is a lift.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: Resident Sister, S.R.N.

Medical Staff: Dr. J. W. W. Jepps (visits twice weekly).

**LENGTH OF STAY:** Normally 2 weeks. Extensions allowed if recommended by the Medical Officer. Maximum 4 weeks.

ROUTINE AND RECREATION: Patients must observe the regulations of the Home. Breakfast is at 8.30 a.m. and all patients must be in bed by 10 p.m. No form of domestic work is expected from the patients.

There is a library as well as a supply of indoor games including two billiards tables; wireless and television; in the garden the patients can play bowls. Weekly concerts are organised inside the Home, and there are also occasional coach trips to the surrounding districts.

Visiting Days: Wednesday and Sunday, 2 to 5 p.m.

CHARGES: £8 8s. 0d. per week (non-members). No charge to members whose membership covers Convalescent Home benefit. All residents are responsible for their personal laundry.

**RECEIVING DAY:** Friday, after 3 p.m.

**STATION**: Broadstairs, from Victoria. Patients met at the station with a car, if travelling by train and notice given to the Matron, also special coach service from Victoria coach station at 2.45 p.m. on Fridays.

**GENERAL**: The buildings, which are modern, stand about a mile back from the sea in  $10\frac{1}{2}$  acres of ground.

APPLICATIONS: to the Hearts of Oak Benefit Society, Hearts of Oak Buildings, Euston Road, London, N.W.1. (EUSton 2411).



S.E. METROPOLITAN REGION
ISLE OF THANET GROUP HOSPITAL MANAGEMENT COMMITTEE

#### METROPOLITAN CONVALESCENT HOME FOR CHILDREN

# LANTHORNE ROAD, BROADSTAIRS,

KENT.

(Thanet 62252)

**PATIENTS:** Boys and girls aged  $3-12\frac{1}{2}$ . General convalescence after operation or illness. Bed cases. Diabetic boys and girls accepted.

Ineligible: Normal exclusions.

**RELIGION**: Undenominational.

**BEDS**: 102.

**TREATMENT**: Massage, Sunlight and Remedial Exercises. Gastric and coeliac diets. All dressings. Diabetic diet and treatment.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: Assistant Matron; 8 S.R.N.; 3 S.E.A.N.; 11 Nursing Auxil-

iaries; 7 Pre-Student Nurses.

Medical Staff: Dr. C. H. T. Bond (visiting).

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**LENGTH OF STAY:** According to requirements.

ROUTINE AND RECREATION: The patients get up at 7.30 a.m. and go to bed between 6 and 7 p.m., according to age. Educational facilities. Television. There are toys and other facilities for indoor and outdoor games. There is a male attendant for boys, who organises their hobbies and games.

Visiting Day: After first 10 days' stay, weekly on Sunday, 2 to 4 p.m. Parents may take their children out, weather permitting or by arrangement in special circumstances.

RECEIVING DAY: Thursday, or by arrangement.

**STATION:** Broadstairs, from Victoria. Children are met at Victoria and conducted by an escort to the Home.

**GENERAL**: A well-constructed building in an excellent position with view over the sea and 4 acres of gardens and playing fields. The Home is within easy reach of the sands.

APPLICATIONS: To the Hospital Secretary, Royal Sea-Bathing Hospital, 38, Canterbury Road, Margate, Kent. Telephone Thanet 22231. Ext. 3. (Applications endorsed "Metropolitan Convalescent Home.")

#### ST. MARY'S HOME FOR CHILDREN

(The Sisters of the Church)
NORTH FORELAND ROAD,
BROADSTAIRS,
KENT.

(Thanet 62314)

Parent Society: Church Extension Association, Inc., St. Michael's Convent, Ham Common, Surrey.

PATIENTS: Boys aged 3-7. Girls aged 3-15. General convalescence, after operation and illness. Chest cases. Non-infectious T.B. contacts. Malnutrition. Anæmia. Ineligible: Normal exclusions. Bed cases. Severe hearts. Epileptics.

**RELIGION**: Church of England (All denominations accepted).

**BEDS**: 47. Isolation room.

TREATMENT: Simple treatments, diets and dressings only.

STAFF: Chief Resident Officer: Sister Superior.

Nursing Staff: 1 S.R.N.; 4 Nurses trained in care of children; 1 Night

Nurse; 2 part-time helpers.

Medical Staff: Dr. M. O. Raven. Visiting.

Dr. C. H. T. Bond

LENGTH OF STAY: According to medical advice.

ROUTINE AND RECREATION: The children get up at 7 a.m. and retire at 6.0 p.m.

There is an hour's compulsory rest at midday. No school.

Ample facilities for indoor and outdoor games.

Visiting: Sundays, 2–4 p.m.

CHARGES: £4 18s. 0d. per week.

**RECEIVING DAY:** Thursdays.

STATION: Broadstairs, from Victoria. Patients are taken to and from Broadstairs by

an escort.

GENERAL: Situated on the cliff top with large garden, and easy access to the shore.

**APPLICATIONS:** Sister Superior at the Home.

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NATIONAL HEALTH SERVICE

# THE YARROW HOME OF WESTMINSTER HOSPITAL FOR CONVALESCENT CHILDREN

RAMSGATE ROAD, BROADSTAIRS, KENT.

(Thanet 61451)

Applications for beds to be made to the Secretary, Westminster Children's Hospital, S.W.1. (TATe Gallery 9111).

PATIENTS: Boys and girls up to 12 years.

Ineligible: Pulmonary T.B. Advanced hearts. Infectious cases.

**RELIGION**: Undenominational.

BEDS: 33 for boys and 40 for girls, and 12 in isolation unit.

**TREATMENT:** Physiotherapy treatment, as recommended by Medical Officer. Occupational Therapy. Gastric, diabetic and coeliac diets. All dressings.

 $\textbf{STAFF}: \textbf{Chief Resident Officer}: \ \mathrm{Matron} \ (\mathrm{S.R.N.}, \ \mathrm{R.S.C.N.}).$ 

Nursing Staff: 6 S.R.N.; 18 Pre-hospital Students.

Medical Staff: Dr. G. K. Marshall (daily).

Medical Staff from Westminster Hospital (visiting).

**LENGTH OF STAY:** 4 weeks in first instance; may be extended when recommended by Medical Officer.

**ROUTINE AND RECREATION**: As prescribed.

Indoor and outdoor games. Children accompanied on walks and to the beach.

Visiting Day: Sunday, 1.45 to 3.45 p.m., or by special arrangement with the Matron.

**RECEIVING DAY:** Tuesday.

STATION: Broadstairs, from Victoria or Cannon Street.

**GENERAL:** Built in 1895, the Home stands on high ground facing south, overlooking the sea, and in several acres of ground, with playing fields. Fruit and vegetables are home grown.

#### THE MENTAL AFTER CARE ASSOCIATION

31, YORK ROAD, CHEAM, SURREY.

PATIENTS: Women.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

**BEDS**: 25, Numbers according to size of rooms.

**TREATMENT:** General rehabilitation.

STAFF: Matron: Miss E. Samuelson, R.M.P.A.

Assistant Matron: Miss L. L. Ellis.

Medical Staff: Dr. J. H. Newmark (visiting Physician).

**LENGTH OF STAY:** Normally 3-6 months, may be extended on the recommendation of the Medical Officer.

ROUTINE AND RECREATION: Any instructions from psychiatrists are carried out. Breakfast is served at 8 a.m. and bedtime is stretched to suit television programmes where desired. Radio, croquet and other amusements provided. All patients assist with domestic duties.

Visiting: Allowed by permission of the Matron.

CHARGES: £5 0s. 0d. per week.

**RECEIVING DAY:** Any week day.

STATION: Sutton, or Cheam. Frequent trains run from Victoria Station; also Green Line Buses.

GENERAL: The house is a brick villa with a garden.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110, Jermyn Street, London, S.W.1.

#### THE MENTAL AFTER CARE ASSOCIATION

#### 78 BARROWGATE ROAD, CHISWICK, W.4.

**PATIENTS:** Men and women, preference to those under 50 years—Hostel accommodation.

Ineligible: Normal exclusions. Bed cases.

**RELIGION:** Undenominational.

BEDS: 30 — Numbers according to size of rooms, mostly two or three.

TREATMENT: General rehabilitation.

STAFF: Matron: Miss H. Mackenzie, S.R.M.N.

Assistant Matron

H. Kung

Medical Staff: Dr. J. J. Musgrave (visiting Physician)

LENGTH OF STAY: Normally 3-6 months, may be extended.

ROUTINE AND RECREATION: Breakfast and evening meals to suit patient's hours of employment—packed lunches provided where necessary. All boarders make their beds and help with domestic work where possible and reasonable. Bedtime not later than 11 p.m. unless special concession granted. Television, Radio and other indoor amusement provided.

Visiting: By arrangement with the Matron.

CHARGES: £5 0s. 0d. per week.

RECEIVING DAY: Any week day by previous arrangement.

STATION: Hammersmith and thence by bus.

GENERAL: Detached family residence with small garden, close to main road, buses and shops.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, S.W.1.

# MIDDLESEX BRANCH HOSPITAL AND CONVALESCENT HOME

CLACTON-ON-SEA, ESSEX.

(Clacton-on-Sea 877)

(Patients—Clacton-on-Sea 1992)

The Home is primarily intended for patients from the Middlesex Hospital.

Others are admitted when vacancies permit.

**PATIENTS**: Men and women. Boys 0–10. Girls 0–12. General convalescence.

Ineligible: Normal exclusions; Chest cases in winter or early spring.

**RELIGION**: Undenominational.

BEDS: 60 (19 for men, 34 for women, 4 for mothers and babies, 5 for children).

TREATMENT: Physiotherapy. Diets and simple dressings.

STAFF: Chief Resident Officer: Assistant Matron in charge (S.R.N., S.C.M.).

Nursing Staff: 2 Sisters (S.R.N., S.C.M.); 1 Staff Nurse; 3 State Registered

Nurses; 10 pre-nursing Students.

Medical Staff: Dr. H. P. Clark, Dr. C. A. Haxton visit regularly and when

required.

**LENGTH OF STAY:** Usually 2 weeks. No fixed limit.

**ROUTINE AND RECREATION:** Breakfast at 8.30 a.m. is served in bed if necessary. Patients are expected to rest after lunch. No domestic work is required of the patients. No school.

There is a library, wireless and television, and a supply of indoor games.

**Visiting Day:** Any day 2 to 4 p.m., by arrangement with the Assistant Matron in charge.

**RECEIVING DAY:** Tuesday. (See arrangements under STATION).

**STATION**: Clacton-on-Sea, from Liverpool Street. Patients normally travel by coach from the Middlesex Hospital, meeting there at 9 a.m. On return the coach reaches the Hospital about 5.15. p.m

**GENERAL**: The Home is situated about 5 minutes from the beach and has a large garden.

**APPLICATIONS:** to the Resident Medical Officer, Middlesex Hospital, London, W.1. MUSeum 8333 Ext. 365.

### RECKITT CONVALESCENT HOME

#### CLACTON-ON-SEA,

ESSEX.

(Clacton-on-Sea 1345) Patients (Clacton-on-Sea 1287)

**PATIENTS:** Men and women aged 17-70. General Convalescence. Short-term medical and surgical cases. A certain number of beds are reserved for patients from the Royal Northern Hospital.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

**BEDS**: 31.

TREATMENT: Colostomies. Gastric diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N., S.C.M.).

Nursing Staff: 1 S.R.N.

Medical Staff: Dr. D. G. Bown (visiting).

LENGTH OF STAY: 2 weeks, sometimes extended.

ROUTINE AND RECREATION: The patients are called about 7.30 a.m. for breakfast at 8.30 and go to bed at 9.30 p.m. They make their own beds, if fit to do so.

There is a supply of books and facilities for indoor games, also wireless and television. Parties and outdoor excursions are sometimes arranged.

Visiting Day: At any reasonable time.

**RECEIVING DAY:** Thursday.

**STATION**: Clacton, from Liverpool Street. Taxis are available at the station. Local ambulance meets the train at Clacton on day of admission.

**GENERAL**: The Home is a modern building standing in 4 acres of its own ground with direct access to the seashore.

APPLICATIONS: to the Matron.

#### ST. MICHAEL'S CONVALESCENT HOME

#### MARINE PARADE EAST, CLACTON-ON-SEA,

ESSEX.

(Clacton 88)

Owners: Westminster Sisters of Mercy, 11, Harewood Avenue, N.W.1.

**PATIENTS:** Women up to 75 years of age—over 75 subject to approval by Medical Officer. General convalescence. Colostomies.

**Ineligible:** Normal exclusions. Nerve cases. Asthmas, Cardiac failure and other severe heart conditions.

**RELIGION**: Roman Catholic. (All denominations taken).

**BEDS:** 90 single and sharing rooms and one ward on the first and second floors. Also one ward and single and sharing rooms on ground floor.

TREATMENT: All diets, if notified prior to arrival. All dressings. Physiotherapy should be arranged with Clacton Hospital before patients are sent to the Home.

STAFF: Chief Resident Officer: Mother Superior.

Nursing Staff: Religious Sisters (S.R.N. and M.C.S.P.), Assistant Nurses. Medical Staff: Dr. Arnold Moore (visiting).

LENGTH OF STAY: As necessary.

ROUTINE AND RECREATION: Early tea is served to each patient in bed. Patients are expected to take all meals in the dining room, unless a special arrangement has been made with Matron prior to admission. If able, patients are asked to help dust and tidy their rooms. No other domestic work is expected of them. There is a library. The beach is only a few yards away. There is a Chapel in the Convent grounds, but attendance is not compulsory. Wireless in sitting-rooms and smoking lounge. There are large balconies overlooking the sea.

Visiting Hours: 10 a.m. — 8 p.m. daily.

CHARGES: £4 14s. 6d. per week for rooms sharing. Single rooms 5 gns, 6 or 6½ gns. £4 4s. 0d. per week for wards.

**RECEIVING DAY:** Every day after 3 p.m. but before 6 p.m. by arrangement.

STATION: Clacton-on-Sea, from Liverpool Street. Taxis available at Clacton.

**GENERAL**: The Home stands on the front and faces south. There is a large vegetable garden. There is central heating and supplementary heating when necessary.

APPLICATIONS: to the Matron.

#### ST. OSYTH'S PRIORY CONVALESCENT HOME

# NEAR CLACTON, ESSEX.

(St. Osyth's 235)

PATIENTS: Men up to 69.

Ineligible: Hearts. Asthma. Those unable to climb stairs.

**RELIGION**: Undenominational.

**BEDS**: 31, in rooms containing 1–5 beds. None on ground floor.

TREATMENT: General Nursing treatment. Gastric and diabetic diets. Dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 1 S.R.N.; 1 S.E.A.N.; 1 Nursing Orderly.

Medical Staff: Dr. C. J. Fox (visiting).

**LENGTH OF STAY:** Normally three weeks.

ROUTINE AND RECREATION: Patients are called with tea in bed at 7 a.m. Breakfast at 8.30 a.m., lunch at 12.30 p.m., afternoon tea at 4 p.m., evening meal at 6 p.m. Light refreshments are provided at 10.30 a.m. and 8.30 p.m. Patients go to bed at 10 p.m. Wireless. Piano. Billiards. Darts. Television.

Visiting Day: Sundays and Wednesdays 2-5 p.m.

**CHARGES**: Payable by Regional Hospital Board.

**RECEIVING DAY:** Wednesday.

**STATION:** Clacton-on-Sea from Liverpool Street. (Patients are met). Coaches from King's Cross pass the Home.

**GENERAL:** The Home is a large private residence situated in the centre of the village, two miles from the sea. The grounds are very interesting, containing several historical buildings and the gardens provide many interesting walks.

APPLICATIONS: To North East Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London, W.2. (AMBassador 8011).

### PRINCESS MARY'S HOSPITAL (REHABILITATION)

#### WILDERNESS HALL, CLIFTONVILLE, MARGATE, KENT. man and.

(Thanet 21578)

PATIENTS: Active rehabilitation for women of any age in most medical and surgical conditions and non-infectious tuberculosis patients. Unit for valvotomy cases. A limited number of colostomy cases are accepted.

Ineligible: Peptic ulcer cases on medical treatment, cases of inoperable carcinoma, diabetic and asthmatic cases, those unable to climb stairs.

RELIGION : Undenominational.

BEDS: 251 (Including II for Student Nurses from general hospitals who are in need of rehabilitation). & 66 weeks bases

TREATMENT: There is a large modern Physiotherapy Department and Gymnasium all modern physiotherapy treatments. There is also a modern fully staffed Occupational Therapy Department for treatment of suitable cases. All dressings.

Diets are limited to "Full" and "Light".

STAFF: Chief Resident Officer: Matron.

ets are limited to "Full" and "Light".

Chief Resident Officer: Matron.

Nursing Staff: Assistant Matron, Night Sister, 15 S.R.N. (Sisters and Staff) Nurses), 20 S.E.A.N., 14 Ward Orderlies.

Medical Staff: Dr. R. W. Barter, (Consultant in Physical Medicine) and 2 visiting Physicians (Dr. J. M. Muir and Dr. J. S. Drummond).

LENGTH OF STAY: 2-5 weeks. Average 3 months in Non-Infectious Tuberculosis Unit.

ROUTINE AND RECREATION: Same as in general hospital. As far as possible, patients have the afternoons free.

Coach excursions are arranged twice weekly for patients wishing to go.

There is a recreation hall where social evenings are arranged 5 or 6 times a week by the Recreation Officer.

A silence room is available for patients wishing to read or write in quiet.

Visiting Day: Sunday afternoon.

**RECEIVING DAYS:** Tuesday and Thursday.

STATION: Margate. Patients travel from Victoria in parties which are escorted by two nurses and are conveyed from Margate Station to the hospital.

GENERAL: A hospital for rehabilitation situated in pleasant surroundings and within easy reach of the sea.

APPLICATIONS: To the Regional Hospital Board of the area in which the patient resides for non-infectious tuberculosis cases.

To the Consultant in Physical Medicine, Princess Mary's Hospital, Margate, for all other patients.

### SCHIFF HOME OF RECOVERY

# COBHAM, SURREY.

(Cobham 175)

**PATIENTS:** Men and women direct from hospital, no age limit. Girls and boys from 11 years.

**Ineligible**: Medical cases, normal exclusions, colostomies, inoperable carcinomas, mitral valvulotomies.

**RELIGION**: Undenominational.

tional.

BEDS: Men's wards for 18 and 15 on the ground floor with a balcony's Women's wards for 15,48 and 10 on the first floor, all with balconies. No single rooms.

TREATMENT: Early post-operative cases, hernia, carcinoma of the lung, pneumonectomy and other post-operative chest cases.

STAFF: Chief Officers: Matron and Hospital Secretary.

Nursing Staff: Home Sister; 12 S.R.N.; 20 Pre-Student Nurses; 6 Nurs-

ing Auxiliaries; Physiotherapist.

Medical Staff: Medical Officer visiting daily.

**LENGTH OF STAY:** From 3–4 weeks.

ROUTINE AND RECREATION: Wireless over each bed. Recreation room for men and women with billiards, ping-pong, etc. Television, library, trolleyshop, occupational therapy. Central heating, lift and a good supply of wheel chairs. Patients have all their meals in the wards.

Visiting Days: Monday, Tuesday, Thursday and Friday 7.15 p.m. to 8 p.m. Wednesday, Saturday and Sunday, from 2-4 p.m.

**RECEIVING DAY:** Daily, except Sunday, before noon.

STATION: Waterloo to Cobham: taxis at station, or 15 minute walk to the Home. Green Line bus 715 from London to Cobham: then half hour's walk.

**GENERAL**: The Home is more of a hospital than a Convalescent Home; there are several acres of lovely grounds and it is situated just outside Cobham towards Leatherhead.

**APPLICATIONS**: to the Medical Officer.

#### **BROOKLANDS CONVALESCENT HOME**

#### CHURCH STREET, COGGESHALL, ESSEX.

(Coggeshall 207)

PATIENTS: Male convalescents, aged from 16 upwards, who are recovering from an acute condition and will return to normal employment. Colostomies taken following perino-abdominal excisions if not needing daily washouts. Acute heart conditions, including valvotomies, but not chronic cases still in failure. Patients should be ambulant and able to look after their own basic needs, such as washing, dressing, etc. Ineligible: Asthmas. Chronics. Diabetics. Ileostomies. Incontinent urinary cases and those involving the use of apparatus. Skin diseases likely to be obnoxious to other patients. (Patients over 70 taken only if genuinely convalescent and mentally alert).

**RELIGION:** Undenominational.

BEDS: 9 on ground floor and 18 first floor (2, 3, 4 and 6 bedded). Single room by arrangement.

TREATMENT: Post-operative dressings, diets, normal nursing.

STAFF: Chief Resident Officers: Principal (Administrative duties only) and Matron S.R.N., S.C.M.

Nursing Staff: 1 S.R.N.; 2 S.E.A.N's.; 4 Nursing Orderlies.

Medical Staff: Local doctors in attendance.

**LENGTH OF STAY:** N.H.S. patients 2 or 3 weeks; extensions depend on medical recommendation. Private patients by arrangements.

ROUTINE AND RECREATION: Putting green, television, wireless, billiards and snooker, darts, library and usual games. Five public rooms including a sitting room reserved for non-smokers. Patients called at 7.30 a.m. with tea, and go to bed at 9 p.m. (Lights out 10 p.m.). Breakfast in bed if necessary. Patients can rest in bed at any time. Light refreshments available mid-morning and afternoon tea in addition to usual lunch and 3 course evening meal. Local buses to Braintree (6 miles), Colchester (10 miles), and Chelmsford (15 miles). Daily coaches during summer months to Clacton (25 miles), West Mersea, etc.

Visiting Day: Any day. Direct coach from Kings Cross Coach Station on Sunday.

**CHARGES:** N.H.S. patients through N.E. Met. Regional Hospital Board. A number of beds available for private patients and those needing recuperative holidays.

**RECEIVING DAY:** Monday (other days by arrangement).

STATIONS: Kelvedon (2 miles), Marks Tey (4 miles) or Witham (6 miles) from Liverpool Street. Also coaches from Kings Cross. Patients met at the station if necessary.

**GENERAL**: The Home is a large private residence, situated in an admirable position about  $\frac{1}{4}$  mile from the centre of the village, containing nearly 5 acres of grounds. with its own kitchen garden and orchard.

APPLICATIONS: N.H.S. patients to N.E. Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London, W.2 (AMBassador 8011).

Recuperative holiday cases through County Councils.

Private patients to Principal.

#### SHOREDITCH HOLIDAY AND REST HOME

#### EFFINGHAM HOUSE, COPTHORNE, NEAR CRAWLEY, SUSSEX.

(Copthorne 309)

PATIENTS: Men, women and children of any age requiring rest and change of air. Mothers and babies (limited number). People from Shoreditch have priority. Ineligible: Normal exclusions. Unaccompanied children under 16. Patients requiring nursing or medical attention.

**RELIGION**: Undenominational.

BEDS: 40 (and cots as required), and 6 ground floor bedrooms.

TREATMENT: No treatments. Diabetic and mild gastric diets if required. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N., S.C.M., Sister-Tutor; T.A. Certif.).

Nursing Staff: Deputy Matron (S.E.A.N.). Medical Staff: Dr. Morton Palmer (visiting).

LENGTH OF STAY: 2 weeks (June to September). Can be extended at other times.

ROUTINE AND RECREATION: Breakfast is provided in bed if necessary. Mothers are asked to make their own beds and look after their own children, under supervision. Patients may rest on their beds during the afternoon. There is a piano, wireless, library, darts, billiards and other indoor games, rocking horses, etc.; tennis court, slide, etc., pleasant grounds and open country. Coach tours to the seaside, etc., can be arranged. Television. Visiting Day: No special day, but preferably limited to 2 guests per family.

CHARGES: £5 12s. 6d. per week; £4 4s. 0d. per week for children 5-13; £2 2s. 0d. for children under 5 years.

RECEIVING DAY: Friday, (and Wednesday at peak periods).

STATION: Horley, from London Bridge or Victoria, thence 424 bus to Keepers' Corner, where taxis available for hire. (Taxi from station can be arranged if notified in advance). Transport can be arranged by the M.O.H. for patients to travel by coach from Shoreditch Town Hall (10)- return, children half price).

Sell (11)- return, children half price).

GENERAL: A Victorian country house recently modernised. Partial central heating.

Standing in spacious grounds, with kitchen garden supplying fresh vegetables etc.

APPLICATIONS: to the Medical Officer of Health, Shoreditch Town Hall, Old Street, London, E. C. 1 (SHOreditch 7600 Ext. 70, between 10.30-3.0 p.m. if possible). WESSEX REGION

INDEPENDENT

## KING EDWARD VII CONVALESCENT HOME FOR OFFICERS

OSBORNE HOUSE, EAST COWES, ISLE OF WIGHT.

(Cowes 251)

Owners: The Ministry of Works, Lambeth Bridge House, London, S.E.1.

CONVALESCENTS: Serving Officers (men and women), Ex-Service Officers (men and women), Established Serving and Retired (on pension), Officers of the Civil Service (men and women), Permanently Unestablished Officers (men and women), Colonial Office and Foreign Office.

Ineligible: Psychiatric, tubercular and incurable cases.

**RELIGION**: Undenominational.

BEDS: 50, mostly in single rooms. ground floor rooms. There is a lift.

TREATMENT: Physiotherapy, massage and remedial exercises. Remedial Hot Pool. Occupational Therapy. All diets. Simple dressings.

STAFF: House Governor and Medical Superintendent: Surgeon Rear Admiral E. T. S. Rudd, C.B., C.B.E., F.R.C.S.

> Nursing Staff: Matron (S.R.N.); 1 Sister (S.R.N.); 5 S.R.N.; 1 Physiotherapist; 1 Remedial Gymnast; 1 Occupational Therapist.

**Medical Staff:** One of a panel of 20 Hospital and Service Consultants visits monthly.

2 visiting local Consultants.

**LENGTH OF STAY:** Average 3 weeks.

**ROUTINE AND RECREATION:** According to patient's condition. No domestic work sailer is expected of them. Private golf course and bathing beach Tennis courts, bowls, croquet/Recreation hall with cinema and stage, billiards, library, wireless and television. Indoor and outdoor entertainments organised frequently.

Visiting Day: Any day (see GENERAL).

CHARGES: No charge to Service Officers and Ministry of Pensions cases. At present 15/- per day for ex-Officers and Civil Service Officers.

**RECEIVING DAYS:** Monday, Wednesday and Friday before 4.30 p.m.

STATION: Ryde, from Waterloo, via Portsmouth Harbour. Patients are met at Ryde by the house car.

GENERAL: Former palace of Queen Victoria, standing in 400 acres of grounds, where there is maintained a hostel for patients' relatives.

**APPLICATIONS**: to the House Governor/Medical Superintendent, via employing departments in the case of Civil servants.

S.E. METROPOLITAN REGION SEAMEN'S HOSPITAL MANAGEMENT COMMITTEE

### ANGAS CONVALESCENT HOME FOR SEAMEN

(SEAMAN'S HOSPITALS GROUP)

CUDHAM,

KENT.

Priorett

(Biggin Hill 3)

PATIENTS: Members of Merchant Navy. Preference given to patients from the Seamen's Hospitals Group.

Ineligible: Cases requiring active nursing.

RELIGION: Undenominational.

BEDS: 36. Special accommodation for Officers.

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TREATMENT: Treatments and diets as ordered. Diversional Therapy is provided. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge (S.R.N.).

Nursing Staff: 3 S.R.N.; with 6 junior staff.

Medical Staff: Visiting Doctor from "Dreadnought" Hospital, Greenwich.

ROUTINE AND RECREATION: Patients rise at 7 a.m. and retire at 9.30 p.m. A certain amount of diversional therapy, e.g. soft toys, rug making, etc., can be voluntarily undertaken by patients and any help in the house or garden will be

welcomed, but is not obligatory. (All forms of indoor and outdoor recreation. Tax

Visiting Day: Daily, between 2 p.m. and 5 p.m. (it is regretted that visitors cannot be given tea).

RECEIVING DAY: Wednesday. heare: wael + 700

STATION: Orpington, from Charing Cross or Victoria. Bus half-hourly from station.

GENERAL: Own garden produce.

APPLICATIONS: only to the House Governor, "Dreadnought" Seamen's Hospital, Greenwich, London, S.E.10 (GREenwich 3433).

#### THE MENTAL AFTER CARE ASSOCIATION

# HULSEWOOD, OAKFIELD LANE, DARTFORD, KENT.

PATIENTS: Young Male Adults.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

85

BEDS: 35, Numbers according to size of rooms.

**TREATMENT**: General rehabilitation.

STAFF: Warden: Mr. H. Walker, R.M.N.

Matron: Mrs. H. Walker, R.M.P.A.

Medical Staff: Dr. A. B. Baxter (visiting Physician).

**LENGTH OF STAY:** Normally 3-6 months, may be extended on the recommendation of the Medical Officer.

ROUTINE AND RECREATION: Any instructions from psychiatrists are carried out. Breakfast is served at 8 a.m. and bedtime is stretched to suit television programmes where desired. Table tennis, radio, clock golf and other amusements provided. All patients make their beds.

Visiting Day: Any Day by previous arrangement with the Matron.

CHARGES: £5 0s. 0d. per week.

RECEIVING DAY: Any week day.

STATION: Dartford. Frequent trains run from Charing Cross Station; also Green Line Buses.

GENERAL: Large house, standing in its own grounds.

APPLICATIONS: to the Secretary, The Mental After Care Association, Eagle House, 110, Jermyn Street, London, S.W.1.

## LLOYD MEMORIAL (CAXTON) SEASIDE HOME

DEAL, KENT.

Pris (Deal 182)

PATIENTS: Men and women aged 16-75. General convalescence. Printers and others. (See Applications.)

**Ineligible**: Normal exclusions. Heart disease and chronic diseases of an incurable nature. Bed cases. Colostomy. Cancer. Emphysema. Bronchiectasis. Asthma. Pulmonary or laryngeal tuberculosis.

**RELIGION**: Undenominational.

BEDS: 96 for men and 45 for women in 1-4 bedded rooms.

TREATMENT: No Treatments. Light gastic diets provided. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 1 S.R.N. Responsible

Medical Staff: Drs. Aitchison, Hanraty or Martin visit weekly.

LENGTH OF STAY: 2-3 weeks. Extensions granted on certificate.

ROUTINE AND RECREATION: Patients rise at 7.30 a.m. for breakfast at 8.30 a.m., lights are put out at 10.30 p.m. Women are expected to make their own beds, but are not asked to do any other form of domestic work. Attendance at prayers is optional.

The Home has a Rediffusion wireless installation and television as well as a library and billiards tables. Whist drives are held weekly. Clock golf and bowls provided.

Visiting Day: Any afternoon.

CHARGES: £5 0s. 0d. per week.

**RECEIVING DAY:** Saturday.

**STATION:** Deal, from Charing Cross. Seats for patients are reserved on the 1.10 p.m. train on Saturdays. Taxis at the station, which is about a mile from the Home (charge, 1s.)

GENERAL: Situated in the centre of Deal, two minutes from the sea. There is a large sheltered garden in which patients may sit.

APPLICATIONS: to Mr. J. E. Rawlins, 79, Blackfriars Road, London, S.E.1.

(WATerloo 4571).

Health Service and other patients only admitted on completion of the Home's Medical Certificate.

efficiently waitersings.

# THE DAME GERTRUDE YOUNG MEMORIAL CONVALESCENT HOME

# CASTLE BAR HILL EALING, W.5.

(PERivale 2124)

This Home is for the use of post-operative patients of the Royal National Throat, Nose and Ear Hospital, Gray's Inn Road, W.C.1. (TERminus 8855), and Golden Square, W.1.

**PATIENTS:** Men, women and children. Post-operative cases needing skilled nursing, surgical dressings and treatment under medical supervision. Bed cases.

Ineligible: Normal exclusions.

**RELIGION**: Undenominational.

BEDS: 26, in wards containing 4, 6 and 10 beds.

TREATMENT: Throat, nose and ear treatments and dressings only. No diets.

STAFF: Chief Resident Officer: Sister-in-Charge (S.R.N.).

Nursing Staff: 1 Sister S.R.N.; 1 Staff Nurse (S.R.N.); 3 Student Nurses

from parent Hospital; 2 Ward Orderlies.

Medical Staff: From the parent Hospital as required. Visits from local

Medical Officer

LENGTH OF STAY: According to medical advice.

ROUTINE AND RECREATION: There is a supply of indoor games as well as a piano, wireless and television.

Visiting Day: Adults daily, 7.30 to 8.30 p.m. Saturday and Sunday, 2 to 3.30 p.m. Children, Saturday and Sunday 2 to 3.30 p.m.

**RECEIVING DAY:** No special day.

**STATION:** Ealing Broadway—District and Central London lines. A No. 65 bus from the station passes the Home.

**GENERAL**: There is a large garden.

### CHILDREN'S HOME

#### HIGHFIELD ROAD, EAST GRINSTEAD, SUSSEX.

(East Grinstead 215)

PATIENTS: Children aged 2-5 years. General convalescence. (Clothing provided.)

**Ineligible:** Bed cases. Normal exclusions. Those requiring special attention at night.

**RELIGION**: Undenominational.

TREATMENT: No treatments, diets or dressings. T.B. contacts, not infectious.

BEDS: 18 beds in wards, no ground floor rooms. Isolation ward provided.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 1 Sister (N.N.E.B.); 2 Staff Nurses; 4 Assistant Nursery

Nurses, (Nat. Soc. Children's Nurses). 1 Nightnurse.

Medical Staff: Dr. Worlock (visiting).

LENGTH OF STAY: 6-8 weeks. Can be extended if necessary.

**ROUTINE AND RECREATION:** The children get up at 7 a.m. and go to bed at 6 p.m. Breakfast in bed is provided if necessary.

Visiting Day: No special day.

CHARGES: 15-58. 0d. per week (reduced for local people).

**RECEIVING DAY:** Thursday and Friday.

**STATION**: East Grinstead, from Victoria and London Bridge. Patients met at East Grinstead.

**GENERAL**: The Home is a converted house on the outskirts of East Grinstead. There is a garden suitable for small children.

APPLICATIONS: to the Matron.

## WESTMINSTER HOSPITAL (CHARTHAM PARK) CONVALESCENT HOME

#### NEAR EAST GRINSTEAD, SUSSEX.

(Dormans Park 340)

The Home is for the use only of patients from the Westminster Hospital, London, S.W.1. (VICtoria 8161).

**PATIENTS:** Men and boys over 16 years old. General convalescence. Colostomies (2 only). Bed cases.

Ineligible: Normal exclusions; those requiring heavy nursing or close medical supervision.

**RELIGION**: Undenominational.

BEDS: 6 in ward. 24 on first floor. No lift.

TREATMENT: No treatments. Gastric and diabetic diets. All dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 3 S.R.N.; 5 Pre-Nursing Students.

Medical Staff: Westminster Hospital Medical Staff visit at intervals.

Dr. H. B. Shaw attends regularly and is on call.

LENGTH OF STAY: Maximum 6 weeks.

**ROUTINE AND RECREATION:** Patients rise and retire at varying times according to their medical condition. The Home has a library as well as a supply of indoor games.

Visiting Days: Thursdays and Sundays, 1.30-5.30 p.m.

**RECEIVING DAYS:** Monday and Thursday.

STATION: Lingfield, from Victoria or London Bridge. The Home is 2 miles from the station. Visitors usually travel by Green Line coach route No. 708 to East Grinstead.

GENERAL: A modernised mansion standing in several acres of its own grounds.

#### ALL SAINTS HOSPITAL

#### MEADS, EASTBOURNE, SUSSEX.

(Eastbourne 6)

PATIENTS: Women from 16 to 65. General convalescence.

Ineligible: Normal exclusions. Bed cases. Bronchitis in winter months. Asthma and Severe Hearts.

**RELIGION:** Undenominational.

BEDS: 53. None on the ground floor. No isolation ward. There is a lift.

TREATMENT: Simple treatments, diets and dressings only.

STAFF: Chief Resident Officer: Hospital Secretary.

Nursing Staff: 2 S.R.N.

Medical Staff: Dr. D. A. L. Ashforth, M.B., B.S., M.R.C.S., L.R.C.P., D.A.

LENGTH OF STAY: Normally 2 weeks.

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ROUTINE AND RECREATION: Patients must get up to meals, be in by 9.30 p.m.,

and lights out at 10 p.m. Billiards room, recreation room, wireless, television, etc.

Visiting Day: Any day.

**RECEIVING DAYS:** Monday and Thursday.

STATION: Eastbourne, from Victoria. The Home is about a mile and a half from the station.

GENERAL: Part of a well-built convalescent hospital, comfortably furnished, 2 minutes from sea.

APPLICATIONS: to the Secretary at the Home. 1/00 before 57,

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INDEPENDENT

### SELIGMAN BEST HOME

#### ELSTREE, MEADS ROAD, EASTBOURNE, SUSSEX.

PATIENTS: Jewish men and women from 16-75. General convalescence.

Ineligible: Normal exclusions and bed cases.

**RELIGION**: Jewish Orthodox.

BEDS: 20.13 for men and 7 for women. (None on ground floor).

TREATMENT: Light surgical dressings and light medical treatment. Simple gastric or diabetic diets.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: Sister, S.R.N.

Medical Staff: Dr. D. A. L. Ashforth.

LENGTH OF STAY: 2-4 weeks.

ROUTINE AND RECREATION: Breakfast is at 8.30 a.m. and patients retire about 10 p.m. They may rest on their beds after lunch. There is television and wireless.

Visiting Days: Any day from 2-4 p.m. except Thursday and Saturday.

CHARGES: None to members. Relatives 7 guineas per week in winter, 8 guineas in summer. Non-members 8 guineas in winter and 9 guineas in summer.

**RECEIVING DAY:** Thursday.

**STATION**: Eastbourne.

GENERAL: The Home is intended for those who seek convalescence in an orthodox Jewish atmosphere.

APPLICATIONS: to the United Jewish Friendly Society, 175, Whitechapel Road, London, E.1. (BIShopsgate 1921-2).

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N.W. METROPOLITAN REGION
WINDSOR GROUP HOSPITAL MANAGEMENT COMMITTEE

## FARNHAM PARK REHABILITATION CENTRE

## FARNHAM ROYAL, BUCKS.

(Farnham Common 671)

**PATIENTS:** Men and women aged 18 to 55. Patients needing Occupational Therapy, Hydrotherapy, Physiotherapy and Remedial Exercises, who are capable of being restored to full earning capacity in a maximum of ten weeks, or, in the case of permanent disability, to such earning capacity as disability will allow. Ambulant cases.

**Ineligible:** Normal exclusions. Cases suffering from incontinence of urine or fæces or nocturnal enuresis. Psychosis. Severe neurosis. Diabetes. Asthma. Total blindness, epilepsy, infectious or contagious disease.

**RELIGION**: Undenominational.

BEDS: 66, in 2 to 8 bedded rooms, on first and second floors.

TREATMENT: Work of therapeutic value in workshops and gardens. Physiotherapy, Hydrotherapy. Remedial exercises. Special diets. Surgical dressings.

STAFF: Medical Staff: Dr. A. Austin Eagger, C.B.E., (Medical Director).

Chief Resident Officer: Matron (S.R.N.), Industrial Nursing Certificate.
Nursing Staff: 3 Nursing Sisters (S.R.N.), Industrial Nursing Certificate;
2 Physiotherapists; 2 Occupational Therapists; 2 Remedial Gymnasts and 1 Catering Officer.

LENGTH OF STAY: 3-10 weeks.

and re-examined by medical staff weekly.

There is a library, games room, radiogram, television. Concerts arranged. Occupational Therapy workshops. Putting, tennis, bowls, and extensive gardens.

Visiting Days: Saturday and Sunday, 2 to 4.30 p.m.

RECEIVING DAYS: Tuesday and Thursday.

STATION: Slough.

**GENERAL:** The Home is a large house situated in 8 acres of garden and lawn, within easy reach by bus of Slough and Windsor. Kitchen garden provides fresh vegetables.

APPLICATIONS: to the Matron, on prescribed form, with clinical and social history.

#### MAITLAND HOUSE

#### OLD ROAD, FRINTON-ON-SEA, ESSEX.

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(Frinton 657)

PATIENTS: Convalescent Guest House for women patients requiring convalescence, including those with a Est background. Nurses specially welcomed.

Ineligible: Positive Sputum cases. Those requiring nursing attention, dressings or special diets. Epileptics.

**RELIGION**: Undenominational.

BEDS: 14, mostly in shared rooms, ground floor rooms when essential.

**TREATMENT:** Post-hospital care. Refills, both A.P. and P.P. can be arranged with the Chest Physician at Colchester.

STAFF: Chief Resident Officer: Joint Wardens

Nursing Staff: None:

Medical Staff: General practitioner and Regional Chest Physician available

if required.

LENGTH OF STAY: Up to one month in the first instance: often prolonged.

ROUTINE AND RECREATION: The aim of the Trustees is to provide a quiet holiday and convalescent service coupled with the atmosphere of home. There are, therefore, few restrictions or routine arrangements. Guests are asked to make their own beds and help clear up after meals.

Visiting Day: No restrictions.

CHARGES: £6 0s. 0d. per week.

**RECEIVING DAY:** Any day. Preferably Monday.

STATION: Frinton-on-Sea, from Liverpool Street. The Home is 15 minutes' walk from the station. Taxis meet guests without extra charge.

**GENERAL**: The house is a modern building adjacent to sea front, shops and places of worship. Small, pleasant garden. Central heating throughout.

APPLICATIONS: to Mrs. Carling A.M.I.A., 27, Holmwood Avenue, Shenfield, Essex. (phone Brentwood 1527).

#### SAINT DOMINIC'S OPEN AIR SCHOOL FOR BOYS

# MOUNT OLIVET, HAMBLEDON, GODALMING, SURREY.

(Wormley 141)

Parent Society: The Sisters of the Sacred Hearts of Jesus and Mary, address and telephone number as above.

PATIENTS: Boys aged 5-11. Asthma, Malnutrition, Debility.

Ineligible: Bed cases. All other complaints.

RELIGION: Roman Catholic. (Children of all denominations taken).

**BEDS**: 100, all in wards. Some on ground floor. Classrooms are all on ground floor. Isolation accommodation is provided.

TREATMENT: Sunray treatment. Remedial exercises. No diets or dressings.

STAFF: Chief Resident Officer: Reverend Mother.

Nursing Staff: 1 S.R.N.; 1 Assistant Nurse.

Medical Staff: Dr. Barber (visiting).

LENGTH OF STAY: No limit.

**ROUTINE AND RECREATION:** The boys rise at 7 a.m. and retire at 7 p.m.

There is an hour's rest in the afternoon.

The Home has a playroom and a library, and there are ample facilities for indoor and outdoor games.

Visiting Day: Second Sunday every month, 1.30 to 3.30 p.m.

**CHARGES:** Payable by Local Education Authority.

**RECEIVING DAY:** No special day.

STATION: Witley, from Waterloo. A bus from the station passes near the Home.

**GENERAL**: A Victorian house, 500 feet above sea-level with a large garden, which includes a playground.

**APPLICATIONS:** to the Superintendent at the Home.

#### EDITH CAVELL HOME OF REST FOR NURSES

#### COOMBE HEAD, HASLEMERE, SURREY.

(Haslemere 2711)

PATIENTS: Nurses and Midwives requiring rest.

Ineligible: Those requiring nursing or medical attention.

**RELIGION**: Undenominational.

**BEDS**: 10, in single rooms.

TREATMENT: No treatments, diets or dressings.

STAFF: Chief Resident Officer: Superintendent (S.R.N.).

Nursing Staff: None.

Medical Staff: Dr. T. M. Richards, Hon. Medical Officer.

LENGTH OF STAY: Up to 2 or 3 weeks. Sometimes extended.

**ROUTINE AND RECREATION:** Visitors rise about 8.30 a.m. and retire at 10.30 p.m. Opportunities for indoor and outdoor games, picnics, etc., in summer. There is a piano, television and wireless.

CHARGES: £3 3s. 0d. per week. Visitors pay for extra milk.

**RECEIVING DAY:** Any day except Sunday.

**STATION**: Haslemere, from Waterloo. Visitors are met at the station with a car, for which a charge is made. Taxis are also available.

GENERAL: A modern house, standing high in beautiful country.

**APPLICATIONS:** to the Secretary, Edith Cavell Home of Rest for Nurses, 21, Cavendish Square, London, W.1. (LANgham 2721).

#### HERMITAGE CONVALESCENT HOME

# 32, HOLMSDALE GARDENS, HASTINGS, SUSSEX.

(Hastings 818)

**PATIENTS:** Men and women aged 16–70. General convalescence. Printers and others. **Ineligible:** Normal exclusions. Heart cases. Those unable to look after themselves.

**RELIGION**: Undenominational.

**BEDS**: 83 (including 36 for women), in 3, 4 or 5 bedded wards. None on the ground floor.

**TREATMENT**: Modified gastric diets. Treatments undertaken at Royal East Sussex Hospital (adjacent to Home). Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 2 S.R.N.

Medical Staff: Dr. Dunbar Johnson (visiting).

**LENGTH OF STAY:** Maximum 3 weeks.

**ROUTINE AND RECREATION:** The patients breakfast at 8.30 a.m. and must retire by 10 p.m. Women (excluding gynæcological cases) are expected to make their own beds. Patients may rest on their beds during the afternoon. Television, radio, piano, billiards, bagatelle, table tennis, darts, croquet, etc. **Visiting Day:** Every day between 2–5 p.m. excluding Saturday.

CHARGES: £4-12s. 6d. per week. / 5 /wrw.

**RECEIVING DAY:** Saturday.

STATION: Hastings, from Victoria, Charing Cross or Cannon Street.

**GENERAL:** The Home, which was built about 1880, is situated on a steep hill 4 minutes' walk from the sea and 3 minutes from the railway station. It stands in its own grounds, and possesses a delightful rose garden. Central heating. Hot and cold water in all bedrooms.

Patient's telephone: - Hastings 7428.

APPLICATIONS: to Mr. F. A. Cross, Secretary, Printers' Medical Aid & Sanatoria Association, 154, Fleet Street, London, E.C.4. (FLEet Street 3903 and 7005).

#### ST. PATRICK'S RESIDENTIAL OPEN AIR SCHOOL

#### BEACH ROAD, SOUTH HAYLING, HAMPSHIRE.

(Hayling 77759)

Parent Society: The Sisters of the Sacred Hearts of Jesus and Mary.

**PATIENTS**: Girls aged 5–16. Malnutrition. Debility. General convalescence. Bronchiectasis, asthma and arthritis.

Ineligible: Normal exclusions. Bed cases. Surgical, Orthopædic and non-consultant cases.

**RELIGION:** Roman Catholic. (Patients of all denominations taken.)

BEDS: 100 (2 wards with 30 beds, 6 with 6 beds, 1 with 4 beds) and Isolation Ward.

**TREATMENT:** Treatments and simple dressings.

STAFF: Chief Resident Officer: Reverend Mother.

Nursing Staff: 2 S.R.N.; 2 Untrained.

Medical Staff: Dr. May (visiting).

**LENGTH OF STAY:** Minimum 3 months.

**ROUTINE AND RECREATION:** The children rise at 7 a.m. and retire at 6.30 p.m. and 7 p.m. There is a compulsory rest in the afternoon. The bigger girls help with very light duties—e.g. laying tables, drying dishes, etc. Four trained certified teachers on staff.

There is a library as well as a supply of indoor games. Concrete playground for outdoor games. Facilities for gardening hobbies. Quiet room for senior girls.

Visiting Day: Once monthly, by arrangement with the Reverend Mother.

**CHARGES**: Payable by Local Education Authority.

**RECEIVING DAY:** Thursday.

**STATION:** Hayling Island (May-September); Havant at other times. The children are escorted from London (Waterloo).

GENERAL: The Home stands on the sea front and has a large garden.

**APPLICATIONS:** arranged by Local Education Authority.

# CROLE WYNDHAM MEMORIAL HOME FOR CONVALESCENT CHILDREN

#### SEA VIEW ROAD, HERNE BAY, KENT.

(Herne Bay 416)

**PATIENTS**: Boys and girls aged 4–10. General convalescence.

Ineligible: Normal exclusions. Bed cases. T.B. Mental cases. Major Epilepsy.

**RELIGION:** Undenominational.

BEDS: 19 in 3 dormitories. Isolation ward.

TREATMENT: No diets. Simple dressings. Breathing and remedial exercises.

STAFF: Chief Resident Officer: Sister-in-Charge S.R.N., S.C.N., R.S.C.N.

Nursing Staff: 1 Sister, S.R.N.; 5 Assistant Nurses, or Orderlies.

Medical Staff: Dr. D. A. Lubbock (visiting), and Staff from Kent and

Canterbury Hospital.

LENGTH OF STAY: Normally four weeks—subject to medical necessity.

**ROUTINE AND RECREATION:** Children are called at 7.30 a.m. and go to bed at 7 p.m. There is a rest period for one hour immediately after lunch each day. No school.

Nursery. Outdoor playgrounds. Beach hut in summer. Books, radio, television, piano, gramophone.

Visiting Day: Sunday, 2 to 4 p.m. or by arrangement. No children under 14 allowed.

**RECEIVING DAYS:** Monday and Thursday, except in special circumstances.

STATION: Herne Bay, from Victoria. Nos. 42, 43 and 39 buses pass the Home.

**GENERAL**: A well-adapted building previously used as a girls' school. It is situated on high ground at Belinge, Herne Bay, near to the sea and the East Cliff.

**APPLICATIONS**: to the Admissions Officer, Canterbury Group Hospital Management Committee, at Nunnery Fields Hospital, Canterbury, Kent. (Canterbury 4661).

#### FRIENDLY SOCIETIES' CONVALESCENT HOME

#### BELTINGE, HERNE BAY, KENT.

Parent Society: Friendly Societies operating in the Metropolitan Area.

**PATIENTS:** Men and women from 16: No age-limit subject to physical condition. **Ineligible:** Normal exclusions. Bed cases. Epileptics and mental cases.

**RELIGION**: Undenominational.

BEDS: 48 for men and 32 for women.

**TREATMENT:** No treatments. Light gastric diets. There is no lift and no ground floor bedrooms.

STAFF: Chief Resident Officer: Matron, S.R.N.
Assistant Matron.
Medical Staff: Dr. S. C. Cozens (visiting).

**LENGTH OF STAY:** Minimum of 2 weeks, extension may be granted on recommendation of the Medical Officer.

**ROUTINE AND RECREATION:** Breakfast at 8.30 a.m. Women patients are expected to make their beds. There is a library, television and sound radio and facilities for billiards and croquet.

Visiting Day: Any day except Friday and Sunday, after 2 p.m.

CHARGES: f. to -0d. per week.

**RECEIVING DAY:** Friday.

STATION: Herne Bay. Patients are met by arrangement.

**GENERAL**: A large well-built Home standing in 17 acres of grounds, with a good bus service to the station and seafront.

APPLICATIONS: to the Secretary, Friendly Societies' Convalescent Home, 309, Upper Street, London, N.1. (CANonbury 1944).

## THE RAILWAY CONVALESCENT HOME

#### RECULVER ROAD, BELTINGE, HERNE BAY, KENT.

(Herne Bay 84)

PATIENTS: Railwaymen of working age who subscribe to the Railway Convalescent Homes. & those up to one zero affew return V Ineligible: Normal exclusions. Bed cases. All cases requiring treatment.

**RELIGION**: Undenominational.

BEDS: 100 in wards containing 3-12 beds; 3 beds on ground floor.

TREATMENT: No treatment. Simple diets provided from October to March. Simple dressings.

STAFF: Chief Resident Officer: Matron, S.R.N.

Nursing Staff: None.

Medical Staff: Dr. S. Cozens (visiting).

LENGTH OF STAY: 2-4 weeks.

bytum 17.m. ROUTINE AND RECREATION: Patients rise 46.30 a.m/and retire at 10 p.m. All patients are expected to be indoors by 9 p.m. No domestic work is done by the patients.

There are billiards, bagatelle, table tennis, darts, bowls, putting green, piano, wireless and television.

Visiting Day: Every afternoon, 2 to 4 p.m. ung om gt w. the humber

CHARGES: None. Membership secured by weekly subscription through pay sheets.

**RECEIVING DAYS:** Tuesday and Thursday.

STATION: Herne Bay, from Victoria.

GENERAL: Large gardens supply fresh vegetables, own poultry. The Home is an easy walk from the cliffs. & admission to

APPLICATIONS: to the Secretary The Railway Convalescent Homes, Speen House, Porter Street, off Baker Street, London, W.1. (WELbeck 9386).

#### ROSEMARY HOME

#### SELSEA AVENUE, HERNE BAY, KENT.

(Herne Bay 1221)

**PATIENTS**: Boys aged 5-9. Girls aged 5-12. General convalescence. Preference given to Wimbledon children.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

**BEDS**: 20 in wards containing from 3-7 beds.

TREATMENT: No treatments or diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Assistant Matron (S.E.A.N.).

Nursing Staff: 2 Children's assistants.

Medical Staff: Dr. Quentin Evans (visiting).

**LENGTH OF STAY:** Normally 2-4 weeks. Extended on recommendation of Medical Officer.

**ROUTINE AND RECREATION:** The children get up at 8 a.m. and go to bed at 6.30 p.m. There is a compulsory rest during the afternoon. Children attend daily prayers. No school.

There is a large supply of children's books as well as indoor games. Outside there are facilities for games in a large garden; also bathing.

Visiting Day: Sunday. Matron should be advised before visit.

CHARGES: Wimbledon children, according to income, but not exceeding £1 10s. 0d. To other Voluntary Organisations, £2 0s. 0d. per week. To local Authorities £4 4s. 0d. per week.

**RECEIVING DAY:** Thursday, fortnightly.

STATION: Herne Bay, from Victoria, where the children are met.

**GENERAL**: The Home, which was built about 1900, stands in its own grounds not far from the sea.

APPLICATIONS: to the Wimbledon Children's Home Association, 30, Worple Road, London, S.W.19. (WIMbledon 0735).

## CATISFIELD HOUSE .

#### 55, THE DRIVE

#### HOVE 3

(Hove 36036)

Patiets PATIENTS: Gentlewomen aged 18-70, but, older cases will be considered if active. General convalescence and Recuperative Holiday.

Ineligible: Normal exclusions, bed cases, neurasthenia, asthma.

**RELIGION:** Undenominational.

BEDS: 16 single rooms all with running hot and cold water (2 on ground floor).

**TREATMENT:** No diets or dressings. Physiotherapy can be arranged. A lift has recently been fitted to all floors.

STAFF: Chief Resident Officer: Matron

Assistant Matron (S.R.N.

Medical Staff: Medical Officer (visiting)

LENGTH OF STAY: 2-4 weeks which may be extended if necessary.

ROUTINE AND RECREATION: Breakfast in bed, ladies are asked to be downstairs for morning coffee at 10 a.m. Aim is to provide a pleasant, homelike atmosphere, free from domestic work with as few rules and regulations as possible.

Visiting Day: Any day.

**CHARGES:** 6 guineas per week.

**RECEIVING DAY:** Wednesday and Saturday afternoons.

STATION: Brighton or Hove from Victoria and London Bridge. Taxis available at both stations.

GENERAL: Founded in 1925 by endowment, a converted private house on level ground near sea and shops, very comfortably equipped with a pleasant secluded garden. Opposite Hove Parish Church, R.C. Church and bus stops adjacent. Roman Coetholica

**APPLICATIONS:** to the Matron.

#### **CONVALESCENT POLICE SEASIDE HOME**

#### 11, PORTLAND ROAD, HOVE, 3, SUSSEX.

(Hove 31936)

**PATIENTS:** Men and women actually serving in the Police Force, requiring general convalescence. Police pensioners not over 65 years of age and Police Officers on annual leave taken by special arrangement.

Ineligible: Cases of phthisis, fits or mental disorders.

**RELIGION:** Undenominational.

**BEDS**: 53, of which 4 are in single rooms.

TREATMENT: Treatments. Gastric diets. Simple dressings.

STAFF: Chief Resident Officer: Lady Superintendent.

Nursing Staff: 1 S.R.N.

Medical Staff: 3 Visiting Doctors.

LENGTH OF STAY: 2 weeks, which can be extended if necessary.

ROUTINE AND RECREATION: The patients get up at 7.30 a.m. and go to bed at 10 p.m.

Billiards, table tennis, library, concerts, cinema and television, coach drives, etc.

Visiting Day: By arrangement.

CHARGES: On application.

RECEIVING DAY: Tuesday and Friday.

STATION: Hove, from Victoria or London Bridge. Patients are met at the station, which is 10 minutes' walk from the Home.

**GENERAL**: The Home is a modern, well-planned building, half a mile from the sea. Very comfortably equipped.

APPLICATIONS: to the Lady Superintendent at the Home.

## THE HOME FOR INVALID CHILDREN

# 92, CROMWELL ROAD, HOVE 3, SUSSEX.

(Hove 32407)

**PATIENTS:** Boys, 4–8 years of age. Girls, 4–10. General convalescence. General Debility.

Ineligible: Children suffering from Fits.

**RELIGION**: Undenominational.

**BEDS**: 32, in small wards containing 3-7 beds.

**TREATMENT**: As prescribed by Medical Officer.

**STAFF**: Chief Resident Officer: Lady Superintendent (S.R.N.).

Nursing Staff: 1 S.R.N., 2 S.E.A.N., 1 N.N.E.B.

Medical Staff: Dr. Gough (visiting).

**ENGTH OF STAY:** As advised by Medical Officer.

ROUTINE AND RECREATION: The children rise at 7.30 a.m., and go to bed from 6 p.m. to 7 p.m. There is a compulsory rest from 1 p.m. to 2 p.m. Daily prayers. No school. The Home supplies clothing when required.

Children visit the beach, weather permitting. There is a library, large garden, and playroom. The latter has a good supply of toys and television.

Visiting Day: There is no definite visiting day, but parents can telephone or see Lady Superintendent at any time. Parents are notified weekly of child's progress.

CHARGES: £4 15s. 0d. per week.

**RECEIVING DAY:** Wednesday, 11 a.m. to 12.30 p.m., whenever possible.

STATION: Brighton or Hove, from Victoria. Buses pass the home.

**GENERAL:** All children's rooms face south, on which side the Home garden adjoins the Sussex County Cricket Ground.

APPLICATIONS: to the Lady Superintendent.

# ST. BERNARD'S CONVALESCENT HOME FOR GENTLEWOMEN

70, WILBURY ROAD, HOVE, 3, SUSSEX.

(Hove 32226

PATIENTS: Gentlewomen aged 17-70. General convalescence. Post-operative. Debility.

Ineligible: Normal exclusions. Bed cases. Neurasthenia. Asthma. Hearts.

**RELIGION**: Undenominational.

BEDS: 9 single rooms. No ground floor rooms.

TREATMENT: No diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 1 S.R.N.

Medical Staff: Dr. C. Barrington Prowse (Hon. Visiting Physician).

LENGTH OF STAY: 2-4 weeks, dependent on circumstances.

ROUTINE AND RECREATION: Breakfast is provided in bed and patients are expected to be out of their rooms by 10 a.m. In the evening lights must be out by 10 p.m. The patients rest for an hour in the afternoon. They make their own beds, but are not expected to do any other domestic work.

The Home has a television, wireless and piano, as well as a supply of indoor games.

Visiting Day: By arrangement with Matron.

CHARGES: From £5 5s. 0d. per week.

RECEIVING DAY: No special day.

STATIONS: Brighton and Hove, from Victoria. A bus, route No. 7, runs from both stations to near the Home.

GENERAL: The Home, which was built in the 'eighties, stands in a wide road about a quarter of a mile from the sea. It has a small garden.

APPLICATIONS: to the Matron at the Home, for private and Regional Hospital Board patients.

#### THE DOMINICAN CONVALESCENT HOME

#### CHURCH STREET, KELVEDON, NEAR COLCHESTER, ESSEX.

(Kelvedon 359)

Sisters of the Order of St. Dominic.

PATIENTS: Women over 16 years. General convalescence and rest.

Ineligible: Normal exclusions. Aged and infirm. Bed cases.

**RELIGION:** Roman Catholic. (Patients of other denominations taken).

BEDS: 26, of which 12 are on the ground floor; the remaining 14 being in cubicles

TREATMENT: No treatments. Gastric diets provided. Simple dressings.

STAFF: Chief Resident Officer: Mother Prioress.

Nursing Staff: 2 S.R.N.; 2 Assistant Nurses.

Medical Staff: Dr. Mackenzie, Dr. Burt (visiting).

LENGTH OF STAY: Usually 3 or 4 weeks, extended in special cases.

ROUTINE AND RECREATION: Breakfast at 8.45 a.m. and lights are put out at 10 p.m. Patients are expected to make their own beds and keep their rooms tidy.

Visiting Day: Any day.

CHARGES: £77s. 0d. per week.

**RECEIVING DAY**: Any day.

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**STATION:** Kelvedon from Liverpool Street/Patients are met at the station by arrangement.

**GENERAL**: The building stands in pleasant country surroundings and has a good garden. The sea is within easy reach.

APPLICATIONS: to the Mother Prioress at the Home.

N.H.S. patients: to the N.E. Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London, W.2. (AMBassador 8011).

#### SOUTHERN CONVALESCENT HOMES, INC.

# THE BELL MEMORIAL HOME, SOUTH STREET, LANCING, SUSSEX.

(Lancing 2020)

PATIENTS: Women aged 14-75 years. General convalescence. Mild Asthmas.

Ineligible: Normal exclusions. Bed cases.

**RELIGION:** Undenominational.

**BEDS**: 24 in shared rooms (3 per room), 23 single rooms and 4 rooms for married couples.

TREATMENTS: No treatments or diets. Dry dressings. A lift has recently been installed.

STAFF: The Resident Superintendent: Mr. Leeks.

Nursing Staff: Matron and Assistant (untrained).

Medical Staff: Dr. T. D. Collier (visiting).

**LENGTH OF STAY:** Usually 2 or 3 weeks.

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ROUTINE AND RECREATION: The patients rise at 8.15 a.m. The adults retire at 10 p.m. Patients are expected to give a certain amount of help with making beds and washing up.

Impromptu concerts and excursions are organised from time to time.

Visiting Day: Any day.

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CHARGES: £3 5s. 0d. per week (shared rooms). £3 15s. 0d. per week (single rooms). £3 10s. 0d. (double rooms).

RECEIVING DAY: Saturday.

**STATION:** Lancing. The 1.23 p.m. train from Victoria and 1.5 p.m. from London Bridge are met on Saturdays.

GENERAL: The Home stands a little back from the sea, about 2 minutes to the seashore.

**APPLICATIONS:** to the Secretary, Sister Ivy Baldock, The Central Hall, Bermondsey Street, London, S.E.1. (HOP 2014).

#### TYRWHITT HOUSE

#### OAKLAWN ROAD, LEATHERHEAD, SURREY.

( Agistered in PA) accordance with the National Assistance Act, 1948).

PATIENTS: All ranks of all branches of Her Majesty's Forces, including ex-officers and men of the Mercantile Marine, suffering from Psychoses or Neuroses arising from WAR or ACTIVE Service. Before admission all patients have to undergo a Psychiatric examination by the Society's Consultant.

**Ineligible:** Those who on phychiatric examination are found to require active and medical treatment. Bed cases.

**RELIGION**: Undenominational.

**BEDS**: 38.

40

LEREATMENT: Skilled psychiatric nursing. Rehabilitation by gardening, woodwork, cardboard-box making, etc., which is organised by a qualified Occupational Therapist, working in close co-operation with the Nursing Staff.

STAFF: Trained in Mental and Nervous illness.

Chief Resident Officer: Matron.

Nursing Staff: 2 Sisters.

Chief Consultant: Dr. T. Tennent, M.D., F.R.C.P., D.P.M.

**LENGTH OF STAY:** In accordance with medical advice.

RECEIVING DAY: Any day.

STATION: Leatherhead from Waterloo, 'bus runs close to the House.

This industrial colony employs over 90 disabled men and women, who remain until considered fit enough to resume their previous occupations.

APPLICATIONS: to the Administrative Secretary, Ex-Services Mental Welfare Society, 37/9 Thurloe Street, London, S.W.7. (KNI 8688)

#### HIGHVIEW CONVALESCENT AND NURSING HOME

21, VICTOR DRIVE, LEIGH-ON-SEA,

ESSEX.

(Leigh-on-Sea 7856)

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PATIENTS: Women 16 to 65.

Ineligible: Hearts. Asthma. Colostomies.

**RELIGION**: Undenominational.

BEDS: 8 in 2 single, 1 double and 1 four-bedded rooms. One single on ground floor for private patients.

TREATMENT: General Nursing Treatment. Diets. Dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 4 part-time S.R.N.

Medical Staff: Dr. Lever (visiting).

LENGTH OF STAY: Normally three weeks.

ROUTINE AND RECREATION: Breakfast served in bed at 8.30 a.m. and patients retire by 10 p.m. Patients are expected to make their own beds if possible. Radio in all rooms and supply of books and games. Television.

Visiting Day: Any day.

CHARGES: From £8 18s. 6d. per week.

**RECEIVING PAY:** Wednesday.

STATION: Leigh-on-Sea from Ferchurch Street.

GENERAL: The situation of the Home gives good views across the Thames Estuary and is 5 minutes' walk from Cliff Gardens and sea. An excellent shopping centre is nearby.

APPLICATIONS: N.H.S. patients to N.E. Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London, W.2. (AMBassador 8011). Private patients to Matron.



#### ST. HELEN'S TODDLERS' CONVALESCENT HOME

#### NORTON WAY NORTH, LETCHWORTH, HERTS.

(Letchworth 214)

PATIENTS: Boys and Girls 1-8 years. General convalescence.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

**BEDS**: 12 in rooms containing 2–6 beds or cots.

**TREATMENT**: Limited facilities for diets. Simple dressings.

**STAFF: Chief Resident Officer:** Matron (R.S.C.N.).

Nursing Staff: 1 Nursery Nurse; 2 Nursery Assistants.

Medical Staff: Dr. E. Scurfield (visiting).

LENGTH OF STAY: According to medical advice; minimum 3 weeks.

ROUTINE AND RECREATION: The children rise at 7.30 a.m. and retire from 6 p.m. onwards, according to age. A qualified teacher attends Monday/Friday for 2 hours and gives lessons to all children of 5 years and over. The Home has a good supply of toys and adequate playing space in the garden, which is adjacent to a common, where the children may play in safety.

Visiting Day: By arrangement with the Matron, who also writes to parents once a week. They may telephone the Home at any time.

CHARGES: £5 5s. 0d. per week.

**RECEIVING DAY:** Wednesday.

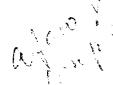
**STATION:** Letchworth, from Kings Cross, whence the patients are escorted by a member of the Staff.

**GENERAL**: St. Helen's was built in 1905 in Letchworth Garden City. It is small and homely and particularly suitable for children who are being sent away from their Mothers for the first time.

**APPLICATIONS:** to Miss M. D. Weekes, Hon. Secretary, 2b, Water Lane, Stratford, E.15.

N.H.S. patients: to the N.W. Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London, W.2. (AMBassador 8011).

S.W. METROPOLITAN REGION



#### CAXTON CONVALESCENT HOME

NZ04169

#### THE CHART, LIMPSFIELD, NEAR OXTED, SURREY.

**PATIENTS:** Men and women aged 15–70. General convalescence. People in any way associated with the printing industry have priority.

Ineligible: Normal exclusions. Non-ambulant cases.

**RELIGION**: Undenominational.

BEDS: 62, in 2, 4, 6 or 10 bed wards. Limited ground floor room available for women.

TREATMENTS: No treatments or diets.

STAFF: Chief Resident Officers: Matron and Assistant Matron.

Nursing Staff: None.

Medical Staff: Dr. Lankester (visiting).

**LENGTH OF STAY:** Usually 3 weeks, with extensions to 3 months maximum.

ROUTINE AND RECREATION: The patients rise at 8 a.m. and retire by 10 p.m. They are not allowed to do any work in the Home, except making their beds. There is a library as well as television, billiards, bagatelle and ping-pong tables and facilities for other indoor and outdoor games.

Visiting Day: Any day between 2-5 p.m. (Not more than 2 visitors per patient).

CHARGES: Printers or dependent relatives provided they are 1d. per week subscribers are taken for 3 weeks free of charge: one week's extension at the cost of £1 10s. 0d., thereafter £3 13s. 6d. per week. £3 13s. 6d. per week, non-subscribing printers and all others. There is free travel to the Home and in addition half-fare to London is paid to provincial members (maximum 15s. 0d.) (Non-subscribers pay their own fare).

RECEIVING DAYS: Wednesday and Saturday.

**STATION:** Oxted, from Victoria or London Bridge. Patients travelling by the 10.38 a.m. train from Victoria are met at the station. Charge per patient, 4s. 0d.

**GENERAL**: A modern building standing in good grounds. All bedroom windows face South and have a good open view.

APPLICATIONS: to Mr. S. T. Marshall, Secretary, Caxton Convalescent Home, London Office, 1 Gough Square, London, E.C.4 (FLEet Street 2574); to whom all correspondence must be addressed.



#### MERCHANT SEAMEN'S CONVALESCENT HOME

### LIMPSFIELD, SURREY.

(Limpsfield Chart 2215)

**PATIENTS:** Merchant Seamen only, aged 16 and upwards. All convalescent cases. **Ineligible:** Bed cases.

**RELIGION**: Undenominational.

BEDS: 55, most of which are on the gound floor. (2 large wards containing 20 beds in each and 4 smaller wards). Isolation ward for emergency use.

**TREATMENT:** Ultra-Violet and Infra-Red Light, Radiant Heat, Occupational Therapy. Special diets. All dressings.

**STAFF:** Chief Resident Officer: Warden/Manager, (S.R.N.)

Nursing Staff: 1 S.R.N.

Medical Staff: Dr. D. Laing (visiting).

**LENGTH OF STAY:** 3–4 weeks. Extensions granted.

**ROUTINE AND RECREATION:** Patients get up at 8 a.m. and go to bed at 10 p.m. There is a library and plenty of indoor games, also dance and concert hall, bar, radio and television.

Visiting Day: Any day by appointment.

**CHARGES**: None. King George's Fund for Sailors contributes towards the upkeep of each seaman and makes a grant to dependants during patients' convalescence.

**RECEIVING DAY:** Monday, or by arrangement.

STATION: Oxted, from Victoria. Patients are met at the station by the Home's car.

**GENERAL**: A splendidly equipped Home, standing high in beautiful country.

APPLICATIONS: to the Secretary, Merchant Seamen's War Memorial Society, Maritime House, London S.W.4. (Telephone: MACaulay 5581) or at any Branch Office of the National Union of Seamen.

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LIMPSFIELD CONVALESCENT HOME FOR WOMEN

WOLFE'S ROW, LIMPSFIELD,

SURREY.

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PATIENTS: Women over 20. General convalescence after illness or operation. Diets.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

BEDS: 14 beds, 3 or 4 in each room. A beds on the ground floor.

TREATMENT: Dry dressings.

STAFF: Chief Resident Officer: Matron, Miss Armstrong

Nursing Staff: None.

Medical Staff: Dr. J. Lankester (visiting).

**LENGTH OF STAY:** 2–3 weeks preferred.

**ROUTINE AND RECREATION:** The patients rise at 8.30 a.m. and go to bed at 9.30 p.m. Rest from 2 to 4 p.m. A little help is expected from those who are well enough.

Television, wireless, car drives and quiet outings are arranged.

Visiting Days: Wednesday and Sunday afternoons. Other times by arrangement.

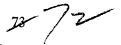
CHARGES: £3 0s. 0d. per week.

RECEIVING DAY: Tuesday and Friday.

STATION: Oxted is the station for Limpsfield. London patients should travel from Victoria (direct) by the 2.8 p.m. train. This train is met by a lady wearing a white armlet. A bus runs from the station to the "Plumber's Arms", Limpsfield. The taxi charge is 2s. 6d.

GENERAL: The Home is a "Cottage Home," built in 1939 in delightful country on the edge of Limpsfield Common.

**APPLICATIONS:** to the Matron.



#### WENHAM HOLT CONVALESCENT HOME

#### HILLBROW,

LISS,

#### NR. PETERSFIELD, HANTS.

Ph (Liss 2340)

Ph Ly 2174

**PATIENTS:** Women over 14 years only. General convalescence after acute illness and operation. As there is a steep approach to the garden, this Home is unsuitable for the aged and asthmatic.

**Ineligible**: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

**BEDS**: 32, in wards of 3-8 beds. 1 ground floor room (5 beds).

**TREATMENT:** No treatments, diets or dressings.

STAFF: Chief Resident Officer: Assistant Matron, (S.R.N., S.C.M.).

Nursing Staff: 3 S.R.N.; 2 Assistant Nurses; 6 other whole or part-time

Nurses.

Medical Staff: A local General Practitioner is on call.

**LENGTH OF STAY:** Normally 2 weeks.

**ROUTINE AND RECREATION:** The patients rise between 8 and 10 a.m. and retire between 8 and 9 p.m. They may have breakfast in bed if they wish during the first week. The lounge is equipped with television.

Visiting Day: Any day, 2.30 p.m. to 7 p.m. (No children under 12 allowed to visit).

RECEIVING DAY: Tuesday and Friday.

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STATION: From Waterloo via Guildford to Petersfield, from Portsmouth: to Petersfield. No. 24 bus (Aldershot and District) runs from Petersfield station at hourly intervals (2 hourly on Sunday), and passes the Home. Southdown coaches from Victoria to Portsmouth will stop at the gate.

GENERAL: The Home is a fairly modern building standing en a hill, in 7½ acres of ground. There are beautiful views. The Home is 25 miles from Portsmouth.

APPLICATIONS: to the Group Secretary, St. Mary's Hospital, Portsmouth, Hants. (Portsmouth 22331, Ext 25).

#### RUSTINGTON CONVALESCENT HOME FOR MEN

### LITTLEHAMPTON, SUSSEX.

(Rustington 268)

Governors: The Worshipful Company of Carpenters.

**PATIENTS:** Men aged 16-70. General convalescence to enable patient to resume his employment.

Ineligible: Normal exclusions. (Hearts.) Asthma (from 1st Oct.-1st June). Bronchitis (from 1st Oct.-1st May).

**RELIGION**: Undenominational.

BEDS: 60, in 2-6 bed wards. Some single rooms.

TREATMENT: No treatments. Gastric diets. Simple post-operative dressings.

STAFF: Nursing Staff: Matron, Deputy Matron and Nursing Sister. 3 in all. (S.R.N.)

Medical Staff: Dr. W. Heywood-Waddington (visiting).

**LENGTH OF STAY**: 2 weeks, may be extended if recommended by Medical Officer of the Home.

ROUTINE AND RECREATION: The patients rise for breakfast at 8 a.m., and retire by 9.30 p.m. They may rest on their beds during the afternoon if they so wish. No form of domestic work is expected of them.

Recreation under Matron's supervision. Separate recreation room for billiards.

Recreation under Matron's supervision. Separate recreation room for billiards, table tennis, bowls and putting green.

Visiting Day: Any day, 2 to 4 p.m.

**CHARGES**: £,5 5s. 0d.

RECEIVING DAY: Wednesday.

**STATION:** Littlehampton, 2.25 p.m. train from Victoria. Patients are met at Littlehampton Station with a car.

GENERAL: The Home stands in its own grounds of 18 acres facing the sea.

APPLICATIONS: to the Secretary, The Rustington Convalescent Home, Carpenters' Hall, 1 Throgmorton Avenue, London, E.C.2 (LONdon Wall 1347).

N.H.S. patients: to the S.W. Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London, W.2 (AMBassador 8011).

## THE RAILWAY CONVALESCENT HOME, "SHOTTENDANE"

TIVOLI ROAD, MARGATE, KENT.

(Thanet 23761)

PATIENTS: Railwaywomen of working age who subscribe to the Railway Convalescent Homes. Wives of railwaymen, provided the husband is of working age and subscribes to the Railway Convalescent Homes.

**RELIGION**: Undenominational.

BEDS: 44, in wards containing 2 to 9 beds, or in cubicles.

**TREATMENT:** No treatments or diets. Simple dressings.

**STAFF**: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: None.

Medical Staff: Dr. W. T. F. Muir (visiting).

**LENGTH OF STAY:** 2 to 4 weeks.

ROUTINE AND RECREATION: Patients rise at 7 a.m. and retire at 10 p.m. All patients are expected to be indoors by 9 p.m. No domestic work is done by the patients.

There is a supply of games—darts, table tennis, piano and wireless and television.

Visiting Day: Every afternoon 2 to 4 p.m. here we have the patients.

**CHARGES:** None. Railwaywomen's membership secured by small weekly subscriptions. Wives granted benefit on husband's Membership.

**RECEIVING DAYS:** Tuesday and Thursday.

STATION: Margate, from Victoria.

GENERAL: Large gardens supply fresh vegetables. Excellent grounds where patients may rest. The Home is a short walk from the Promenade. Hot and cold water in all wards.

APPLICATIONS: to the Secretary, The Railway Convalescent Homes, Speen House, Porter Street, off Baker Street, London, W.1. (WELbeck 9386).

#### VICTORIA HOME FOR INVALID CHILDREN

#### CANTERBURY ROAD, MARGATE, KENT.

(Thanet 21791)

PATIENTS: Boys 1-12 years. Girls 1-15 years. General convalescence. Bed cases, including long stay medical cases.

Ineligible: Normal exclusions.

**RELIGION**: Undenominational.

BEDS: 60, all on ground floor with verandahs.

**TREATMENT**: Massage, sunlight, remedial exercises. Gastric and coeliac diets. (See also under ROUTINE AND RECREATION). All dressings.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: Assistant Matron; 5 S.R.N.; 4 S.E.A.N.; 4 Nursing Auxil-

iaries, 12 pre-Student Nurses.

Medical Staff: Dr. W. G. Sutcliffe (visiting).

LENGTH OF STAY: According to requirements.

ROUTINE AND RECREATION: The children stay in bed or get up part of the day, according to progress. Schooling is given in all suitable cases even if bedfast. Facilities are provided for indoor and outdoor games, and visits to the beach form part of the children's recreation in summer. Television. Playroom.

Visiting Days: Saturday and Sunday, 2 to 4 p.m.

**RECEIVING DAY:** Thursday, or by arrangement.

**STATION**: Margate, from Victoria. Children can be met at Victoria, by request, and conveyed to the Home.

**GENERAL**: The buildings are modern, situated in the residential area of Margate not far from the sea. A large garden and paddock form part of the grounds.

APPLICATIONS: To the Regional Hospital Board of the area in which the patient resides, for tuberculosis cases. To the Hospital Secretary, Royal Sea Bathing Hospital, Margate, for all other patients, (telephone Thanet 22231, Ext. 3). Applications endorsed "Victoria Home".

#### RED CROSS CONVALESCENT HOME FOR CHILDREN

# "CAPESTHORNE," MUDEFORD, CHRISTCHURCH, HANTS.

(Highcliffe 2800)

Parent Society: British Red Cross Society, Hampshire Branch.

**PATIENTS**: Children 0–10. Boys up to 8 years and girls up to 10 years. General convalescence. Medical and Surgical cases. Bed cases.

Ineligible: Normal exclusions.

**RELIGION**: Undenominational.

BEDS: 24, in wards of varying numbers.

**TREATMENT:** Treatment and special diet, as requested. Gastric and Coeliac patients accepted. Dressings undertaken, including healing burns cases. There is a Unit for the special care of post gastro-enteritis infants. Massage and physiotherapy cannot be provided, except privately.

STAFF: Chief Resident Officer: Matron (S.R.C.N., S.R.N., C.M.B.).

Nursing Staff: Hospital Trained Sisters, Nursery Nurses and British Red

Cross Members.

Medical Staff: Dr. E. W. Deane (visiting).

**LENGTH OF STAY:** Normally 4 weeks. Can be extended to 12 weeks when recommended by the Medical Officer.

**ROUTINE AND RECREATION**: As prescribed.

Visiting: Saturdays and Sundays; and by arrangement. No children to visit.

CHARGES: By agreement.

**RECEIVING DAY:** Any day by arrangement.

STATION: Christchurch, from Waterloo. Home is 2 miles from the station.

**GENERAL**: The Home is situated in spacious grounds, with access to the foreshore. All wards face South, with an uninterrupted view of the Isle of Wight.

APPLICATIONS: to the Wessex Regional Hospital Board, Western Area Office, High-croft, Romsey Road, Winchester, Hants., or to the Matron.

#### PRINCESS LOUISE CONVALESCENT HOME

#### NAZEING, ESSEX.

(Nazeing 3132)

PATIENTS: Women 16 to 75 years. General convalescence. Mild Hearts and Diabetics. One colostomy patient by arrangement.

Ineligible: Bed cases, Epileptics, Asthmatics.

**RELIGION:** Undenominational.

BEDS: 20. All on ground floor.

TREATMENT: Diabetic and convalescent gastric diets. Simple dressings.

Assistant Mathon STAFF: Sister-in-Charge, S.R.N.

Deputy Sister, S.R.N.

Part-time Staff Nurse.

Auxiliary Nurse.

2 Ward Orderlies.

LENGTH OF STAY: 2 weeks, but longer if required.

ROUTINE AND RECREATION: Patients rise at 7.30 a.m. and retire at 9 p.m. 1 hour's rest in the afternoon, or as required. There is television and an organised social evening once weekly.

Visiting Days: Thursday, Saturday and Sunday 2-4 p.m.

**RECEIVING DAY:** Monday, or by arrangement.

STATION: Broxbourne from Liverpool Street. There is a bus from the Station (No. 327) direct to the Home. On receiving day, patients are taken direct by ambulance from the Prince of Wales's Hospital.

GENERAL: It is a bungalow-type Home, with small garden and terrace, overlooking open countryside.

APPLICATIONS: To the Head Almoner, Prince of Wales's General Hospital, The Green, Tottenham, N.15. (Tottenham 0303).

WESSEX REGION SOUTHAMPTON GROUP HOSPITAL MANAGEMENT COMMITTEE

NATIONAL HEALTH SERVICE

#### NETLEY CASTLE CONVALESCENT HOME

# NETLEY ABBEY, NEAR SOUTHAMPTON, HANTS.

(Hamble 2257)

PATIENTS: Men aged 16-70. Surgical post-operative and medical.

**Ineligible:** Anxiety Neurosis. Offensive Bronchiectasis and offensive Carcinoma. Bed cases. Acute Asthma. Patients who are not ambulant or who are unable to manage stairs.

**RELIGION**: Undenominational.

BEDS: 45, in rooms containing 2-6 beds.

TREATMENT: Gastric diets. (Stage III only). All minor dressings and treatments.

**STAFF**: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 2 S.R.N.; 3 S.E.A.N.; 2 Male Orderlies.

Medical Staff: Dr. St. Clare E. J. Barrett (visiting).

**LENGTH OF STAY**: Average 2–3 weeks.

**ROUTINE AND RECREATION:** There is a set daily routine. Patients are allowed out at any time, but are expected to be in to main meals. Patients are expected to make their own beds if fit, but are not required to do any other domestic work. The Home has a library, billiards and equipment for indoor and outdoor games.

Visiting Day: Any day 2 p.m.-8 p.m.

**RECEIVING DAY:** Monday.

STATION: Netley, from Waterloo. Change at Southampton Central. Bus from Netley Station or Bus from Southampton Central. Change at Floating Bridge. Patients are met at Southampton on Mondays at 1.15 p.m.

**GENERAL**: The Home is a converted Elizabethan Castle centrally heated throughout, overlooking Southampton Water, commanding views of the New Forest, The Solent, Isle of Wight, etc. The grounds are extensive, with considerable water frontage.

APPLICATIONS: To the Administrative Officer.

#### MEATH SCHOOL

BROX ROAD, OTTERSHAW, NEAR CHERTSEY, SURREY

(Ottershaw 302)

Parent Society: The Invalid Children's Aid Association.

**PATIENTS:** Boys aged 7 to 11. Asthma, mild bronchiectasis, other non infectious chest cases or conditions associated with emotional stress.

Ineligible: Boys deemed maladjusted or educationally sub-normal.

**RELIGION:** Undenominational.

BEDS: 28 3 0

TREATMENT: Physiotherapy.

STAFF: Chief Resident Officer: Headmaster, R. V. Thomas.

Nursing Staff: Matron, R.S.C.N., Assistant Matron, S.E.A.N., 1 assistant Nurse, Night Nurse.

Medical Staff: Dr. S. J. R. Macoun, M.R.C.P., M.R.C.S. (visiting Consultant Paediatrician).

Dr. C. E. McQuade, M.B., F.R.C.S., (School Medical Officer).

LENGTH OF STAY: According to medical necessity: Normalle to concern the state of th

**ROUTINE AND RECREATION:** The boys get up at 7.30 a.m. Lights out at 8.15 p.m. The curriculum is planned to provide a wide variety of interests; and, in addition to the basic subjects, includes drama, art and various crafts. Cub Pack. School for  $4\frac{1}{2}$  hours daily.

Visiting Day: By arrangement with the Headmaster.

CHARGES: Payable by Local Education Authorities.

GENERAL: The School stands in 8 acres of garden and woodland.

RECEIVING DAY: Normally at the beginning of the school term.

APPLICATIONS: to the General Secretary, The Invalid Children's Aid Association, 4 Palace Gate, London, W.8. (KNIghtsbridge 8222).

#### **MOOR HOUSE SCHOOL**

#### HURST GREEN, OXTED, SURREY.

(Oxted 2271)

PATIENTS: Boys and girls aged 9 to 16 years, of normal intelligence, suffering from severe speech disorders.

(A Case Committee, consisting of Neurologist, Psychiatrist, Psychologist, Plastic Surgeon, Speech Therapists and Educationalists, under the Chairmanship of the Hon. Medical Director can refuse any application if the child is unlikely to benefit from the special facilities provided).

Ineligible: Normal exclusions. Stammers. Educationally sub-normal children. Severely spastic cases. Seriously maladjusted children.

**RELIGION**: Undenominational.

BEDS: 88. 60

TREATMENT: Each child receives intensive Speech Therapy. Specialist medical consultations as required. Routine medical attention.

STAFF: Chief Resident Officer: Principal, Mrs. S. Hudson-Smith, F.C.S.T.

Medical Staff: Dr. C. Worster-Drought, M.A., M.D., F.R.C.P., Hon. Medical Director, and a staff of consultants.

RECEIVING DAY: Second day of each term. (January, April and September).

ROUTINE AND RECREATION: Children receive Speech Therapy at least four times a week, and special education according to their needs. The School is recognised by the Ministry of Education as a Special School for children suffering from speech disorders.

Games take place in a large garden with a playing field.

Visiting Day: Two days per term at parents' choice.

CHARGES: £158 6s. 8d. per term. £475 per annum.

**LENGTH OF STAY:** As required for satisfactory treatment.

STATION: Hurst Green Halt from Victoria or London Bridge. Thence 5 minutes to Moor House.

GENERAL: An enlargement programme was completed in the summer of 1959 whereby accommodation was increased to 58 children. The John Horniman School, Worthing, is a preparatory school for Moor House.

**APPLICATIONS**: to the Principal at the School.

#### CROFT ANNEXE

(THE LONDON HOSPITAL) REIGATE. SURREY.

(Reigate 2067)

Patients taken from the London Hospital only and by arrangement from the North East Metropolitan Regional Board.

PATIENTS: Women and girls over 12. Medical and surgical cases. Bed cases.

**RELIGION**: Undenominational.

BEDS: 19, in 4 wards. No ground floor rooms.

TREATMENT: Physiotherapy and Occupational Therapy given. Gastric and diabetic diets provided. All dressings.

STAFF: Chief Resident Officer: Sister-in-Charge (S.R.N.).

Nursing Staff: Trained Nurses and Pre-Training Students. Nursing Auxiliaries.

Medical Officer: Dr. D. Aldridge (Medical Officer in Charge).

LENGTH OF STAY: Normal maximum, 1 month.

ROUTINE AND RECREATION: The patients are called at 7 a.m. with tea, and have breakfast at 8 a.m. They retire at 8 p.m. Breakfast in bed is provided. No school. There is television in the patients' sitting-room. There is a plentiful supply of books.

Visiting Days: Sunday, Wednesday and Saturday, 2-5 p.m., or by arrangement with Sister-in-Charge.

**RECEIVING DAYS:** Friday and Tuesday.

STATION: Redhill, from Victoria or London Bridge. Patients are brought from the London Hospital by ambulance. A bus runs from the station to near the Home.

GENERAL: An old-fashioned but well adapted house, with a good view and a large garden.

S.W. METROPOLITAN REGION LONDON HOSPITAL GROUP

#### FAIRFIELD ANNEXE

(THE LONDON HOSPITAL)

BEACH ROAD,

REIGATE,

SURREY.

(Reigate 2613)

Patients taken from the London Hospital only. (BIShopsgate 3255) and by arrangement from the North East Metropolitan Regional Board.

PATIENTS: Men over 12 years of age. Medical and surgical cases. Bed cases.

**RELIGION**: Undenominational.

**BEDS**: 23. One ward of 9 beds is on the ground floor.

**TREATMENT**: Physiotherapist visits daily. Occupational Therapy available. Gastric and diabetic diets provided. All dressings.

STAFF: Chief Resident Officer: Sister-in-Charge (S.R.N.).

Nursing Staff: Trained Nurses; Assistant Nurses; Pre-training Students.

Medical Staff: Dr. John Ellis (visiting Physician).

Dr. D. Aldridge (Medical Officer in Charge).

LENGTH OF STAY: Usual maximum 1 month.

ROUTINE AND RECREATION: Patients are called with tea at 7 a.m. and have breakfast at 8.15 a.m. They retire after 8 p.m. Breakfast in bed is provided, and there is a compulsory rest in the afternoon for patients needing it. No school. There is a library and other forms of indoor amusement. The garden has a croquet lawn. There is television in the patients' sitting-room.

Visiting Days: Wednesday and Saturday 3-5 p.m. Sunday 2-5 p.m.

**RECEIVING DAYS:** Monday and Thursday.

**STATION**: Reigate, from Victoria or London Bridge. The Home is 10 minutes' walk from the station. Patients are brought by ambulance from the London Hospital.

GENERAL: Modernised building facing South and surrounded by 2 acres of garden.

#### **BRENTWOOD SCHOOL**

#### OLD CHURCH ROAD, HOLLINGTON, ST. LEONARDS, SUSSEX.

(Hastings 51089)

Parent Society: The Invalid Children's Aid Association.

**PATIENTS:** Girls aged 9 to 16th birthday. Asthma. Bronchiectasis. Other physical conditions associated with emotional stress.

Ineligible: Girls deemed maladjusted or E.S.N.

**RELIGION**: Undenominational.

BEDS: 30 beds.

TREATMENT: Physiotherapy. Gastric and cocline diets.

STAFF: Chief Resident Officer: Headmistress Miss. N. Holmes.

Nursing Staff: Matron, S.E.A.N., Assistant Matron, S.E.A.N.

1-Assistant Nurse. Night Nurse.

Medical Staff: Dr. Gover, M.A., D.M., (Oxon.)

LENGTH OF STAY: According to medical necessity. Normally a minimum stary of

ROUTINE AND RECREATION: The girls get up at 7 a.m. and have lights out at 8.30 p.m. School for  $4\frac{1}{2}$  hours a day. Nature rambles, etc. Girl Guide Company. Country Dancing.

Visiting Days: By arrangement with the Headmistress.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: Normally at the beginning of term.

STATION: St. Leonards (Warrior Square), from Victoria.

**GENERAL**: A large Victorian house in a magnificent position on high ground overlooking Hastings and the sea.

APPLICATIONS: to the General Secretary, The Invalid Children's Aid Association, 4, Palace Gate, London, W.8. (KNIghtsbridge 8222).

#### CATHARINE HOUSE FOR GENTLEWOMEN

57, CHURCH ROAD, ST. LEONARDS-ON-SEA, SUSSEX.

(Hastings 419)

PATIENTS: Professional gentlewomen. General convalescence. Rest.

Ineligible: Normal exclusions; bed cases.

**RELIGION**: Undenominational.

**BEDS**: 21, of which 19 are single rooms, 7 on ground floor, and double rooms with cubicles. All rooms have hot and cold water.

TREATMENT: No specialized treatments, diets or dressings.

STAFF: Chief Resident Officer: Lady Superintendent.

Nursing Staff: 1 Sister (S.R.N.); and 1 Assistant Nurse. (Retd. S.R.N.)

Medical Staff: Dr. Anne Beattie (visiting).

**LENGTH OF STAY**: Usually 1 month, extended in special circumstances.

ROUTINE AND RECREATION: Breakfast in bed every day. Patients are expected to make their beds and keep their rooms tidy if they are well enough to do so. Piano, Wireless. Ample sitting-rooms.

Visiting Day: Any day from 11.0-12.30 and 3.30-6.30. Teas 1/- each visitor.

CHARGES: £3 3s. 0d. per week each, double rooms. All single rooms £5 5s. 0d. per week. Patients also pay for personal laundry, medicine, and extra milk; all rooms have slot meters for gas. It is the first for the first form.

RECEIVING DAYS: Monday or Tuesday. Hospital cases any day as arranged.

**STATION:** St. Leonards, Warrior Square, from Victoria or Charing Cross. The house is near the station and patients are met if necessary.

**GENERAL**: A very comfortable old-fashioned house, standing high and not far from the shore.

**APPLICATIONS:** to the Lady Superintendent at the Home, who will send an application form which requires a medical and social recommendation.

#### HERTFORDSHIRE SEASIDE CONVALESCENT HOME

## ST. LEONARDS-ON-SEA, SUSSEX.

(Hastings 553)

**PATIENTS:** Men and women over 14 years old. Priority for residents of Hertfordshire, but patients can be accepted from elsewhere. General convalescence. Ambulant plasters.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

BEDS: 54. In rooms of 2-8 beds. Afen succell hours for married leaply

TREATMENT: No treatments or dressings. Simple gastric diets. There is a lift.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Assistant; Sister (S.R.N.). 2 Sister 5 R.N.

Medical Staff: Visiting doctor.

LENGTH OF STAY: 3 weeks. up to 19 days.

**ROUTINE AND RECREATION:** There is a supply of indoor and garden games, and a library. Billiards room. Television, wireless.

Visiting Day: Any day.

CHARGES: Holders of subscribers' letters, £3 3s. 0d. per week. Charge for others, £5 5s. 0d. per week.

**RECEIVING DAY:** Monday.

STATION: West St. Leonards, from Charing Cross. The station is very near the Home.

**GENERAL**: A fully modernized building with a sun lounge, central heating, etc., in prominent position with a fine view over the sea. Standing in its own grounds and situated on a bus route. A telephone call box is available for patients.

APPLICATIONS: By telephone to the Matron at the Home, or the Secretaries, Longmores, 24, Castle Street, Hertford. (Tel. Hertford 3003), or Assistant Secretary, Mrs. N. E. Jackson, 15, Farquhar Street, Bengeo, Hertford, Herts. (Tel. Hertford 2659). Admission papers to be sent to the Secretaries, Longmores.

S.E. METROPOLITAN REGION
OUEEN CHARLOTTE'S AND CHELSEA HOSPITALS

NATIONAL HEALTH SERVICE

# QUEEN CHARLOTTE'S AND CHELSEA HOSPITALS CONVALESCENT HOME

119-121, WEST HILL, ST. LEONARDS-ON-SEA, SUSSEX.

(Hastings 1217)

**PATIENTS:** Women who require recuperation following in-patient treatment at Queen Charlotte's Maternity Hospital, or the Chelsea Hospital for Women.

Ineligible: Normal exclusions.

**RELIGION**: Undenominational.

BEDS: 27 for women, 9 for mothers and babies. 3 beds for ante-natal patients.

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**TREATMENT:** No treatments, diets or dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 7 S.R.N. or Assistant Nurses.

Medical Staff: Dr. W. Hoadley-Gabb (visiting).

LENGTH OF STAY: 2 weeks (Chelsea Hospital patients); 2 weeks (Queen Charlotte's

Maternity Hospital patients).

ROUTINE AND RECREATION: No domestic work is expected of the patients.

Visiting Day: Any afternoon 2-4 p.m.

RECEIVING DAYS: Monday and Thursday.

STATION: Warrior Square, Hastings, from Charing Cross.

**GENERAL**: This is a well-equipped Convalescent Home with delightful garden overlooking the sea. Adequate "sitting-out" accommodation.

APPLICATIONS: to the Secretary, Board of Governors, Queen Charlotte's and Chelsea Hospitals, 339, Goldhawk Road, London, W.6. (RIVerside 4666).

#### HART'S LEAP

#### SANDHURST, NEAR CAMBERLEY, SURREY.

(Crowthorne 2599)

**PATIENTS:** Boys and girls aged 2–6. General convalescence.

Ineligible: Normal exclusions. Bed cases. Hearts.

**RELIGION**: Undenominational.

**BEDS**: 32 in rooms containing 5-8 beds. None on ground floor. Isolation ward.

**TREATMENT**: Special diets. Simple dressings.

**STAFF:** Chief Resident Officer: Matron (S.R.C.N.).

Nursing Staff: Sister (S.R.C.N.); 4 Nursery-trained Nurses; 4 Untrained;

1 Night Nurse.

Medical Staff: Dr. G. W. Hadfield (visiting).

LENGTH OF STAY: According to medical advice. Usually 1-3 months.

ROUTINE AND RECREATION: The children get up at 7.15 a.m. and go to bed between 5.30 p.m. and 7 p.m. There is an hour's rest after lunch. Older children can attend the local school: children under 5 have a Froebel teacher in the home. There are plenty of toys, and a good garden in which to play.

Visiting Day: Sunday. Matron writes once a week.

**CHARGES:** £6 6s. 0d. per week, but subject to revision.

**RECEIVING DAY:** Friday, or by arrangement.

STATION: Camberley, from Waterloo. Patients arriving in parties are met with a taxi for which the sender pays.

**GENERAL**: A fine house, standing in large wooded grounds in the country.

APPLICATIONS: Direct to Matron and through Medical Officer, L.C.C., Children's Officer L.C.C. and Hospital Almoners.



#### KINGSLEIGH CONVALESCENT HOME

#### SUTTON AVENUE, SEAFORD, SUSSEX.

(Seaford 2490)

(Patients: Seaford 344211)

**PATIENTS**: All persons employed, or who have been employed, in any capacity in the Furnishing and Allied Trades throughout the country, whether with manufacturers, wholesalers or retailers, and the wives, widows and children, over the age of 16 years, of such persons. General convalescence. Bed cases. In appropriate cases for other relatives or dependants.

Ineligible: Normal exclusions. Post-natal. Pregnancy. Bronchiectasis.

**RELIGION**: Undenominational.

**BEDS**: 25.

**TREATMENT**: Special treatments. Gastric and diabetic diets. All dressings.

**STAFF: Chief Resident Officer:** Matron (S.R.N.).

Nursing Staff: 2 S.R.N.; 4 Assistant Nurses; (State Registered Nurse on

Night duty).

Medical Staff: Dr. R. J. C. Sutton (visiting).

**LENGTH OF STAY**: 2-3 weeks, may be extended.

**ROUTINE AND RECREATION:** Walking patients get up at 7.30 a.m. and go to bed at 9.30 p.m. No domestic work is expected of the patients. Library, games, wireless, television. Each bed is provided with separate earphones.

Visiting Days: Sunday, Tuesday and Thursday, 2 to 4 p.m., or by arrangement.

CHARGES: £1 10s. 0d. per week.

**RECEIVING DAY:** Wednesday, 2.30 p.m.

**STATION**: Seaford, from Victoria. The Home is about 1 mile from the station, but taxicabs meet all trains.

**GENERAL**: The house stands in 2 acres of grounds near the Downs. It is about a mile from the sea and a frequent bus service passes the rear of the property.

APPLICATIONS: to the General Secretary, Furnishing Trades Benevolent Association, Bouverie House, 154, Fleet Street, London, E.C.4 (FLEet Street 1421 and 2408).

#### PILGRIMS SCHOOL

FIRLE ROAD, SEAFORD, SUSSEX.

(Seaford 2697)

Parent Society: The Invalid Children's Aid Association.

PATIENTS: Boys from the ages of 11 to 16. Asthma. Other physical conditions associated with emotional stress. Non-winding of well come long Ineligible: Boys deemed maladjusted or E.S.N.

**RELIGION**: Undenominational.

BEDS: 52 beds.

**TREATMENT:** Physiotherapy.

STAFF: Chief Resident Officer: Headmaster—D. Gooding.

Nursing Staff: Matron, S.E.A.N.; Night Nurse; Male Supervisors.

Medical Staff: Dr. Leslie G. Scott, M.D., M.R.C.P., (visiting Consultant

Paediatrician).

Dr. Malcolm Robinson, M. R. C. S., L. R. C. P. (School Medical Officer).

LENGTH OF STAY: According to medical necessity. wormally a luminous of the property of the fact helicity shows all

**ROUTINE AND RECREATION:** The boys get up at 7.30 a.m.; lights out at 8.45 p.m. The curriculum is planned to provide a wide variety of interests, and in addition to the basic subjects, includes drama, art and various crafts. Graded physical training and outdoor sports help the boys towards increased self-confidence and builds up a sense of security and of well being. Scout troop. School for  $4\frac{1}{2}$  hours per day.

Visiting Day: By arrangement with the Headmaster.

**CHARGES**: Payable by Local Education Authority.

**RECEIVING DAY:** Normally at beginning of school term.

**STATION**: Seaford from Victoria.

**GENERAL**: Situated high on the Downs above Seaford with 8 acres of playing space, it is ideally placed for its purpose. The majority of the boys are asthmatic and, in treating them, the emphasis is on normality.

**APPLICATIONS**: to the General Secretary, The Invalid Childrens' Aid Association, 4, Palace Gate, London, W.8. (KNIghtsbridge 8222).

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#### SURREY CONVALESCENT HOME FOR MEN

#### SURREY ROAD, SEAFORD, SUSSEX.

(Seaford 2524)

**PATIENTS:** Men aged 15–70. Older ages will receive consideration. General convalescence. Ambulant plasters. Certain Asthma, Heart cases. All cases with the exception of open colostomy and certain carcinoma will receive consideration.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

BEDS: 61, in rooms containing 1-5 and 1-10 beds. 7 beds on ground floor. I single room. Lift to first floor.

**TREATMENT**: No special treatments. Simple diets and approved gastric diets are arranged. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 1 S.E.A.N.

Medical Staff: Dr. D. Cairns, M.B., M.R.C.P., L.R.C.P. (visiting).

**LENGTH OF STAY:** As required.

**ROUTINE AND RECREATION:** Patients rise at 7 a.m. and retire at 10 p.m. They are expected to make their own beds if medically fit. They may rest on their beds in the afternoon.

Television, wireless, library, billiards, piano, darts, table tennis, and putting green.

**Visiting Day:** Daily, 2 to 6 p.m.

CHARGES: Surrey residents, £4 19s. 6d. per week. Others £5 10s. 0d. per week. 1 single room £7 7s. 0d. per week.

**RECEIVING DAY:** Monday.

**STATION:** Seaford, from Victoria. The Home is 7 minutes' walk from the station, but taxis and buses are available.

**GENERAL:** The Home stands in its own grounds with views of the sea and Downs, and is 10 minutes from the town and 5 minutes from the beach. Most bedrooms have a south aspect. Fresh fruit and vegetables supplied from the Home's gardens.

**APPLICATIONS:** to the Secretary, Surrey Convalescent Home, Surrey Road, Seaford. (Seaford 2216).

#### OAK BANK OPEN AIR SCHOOL

#### SEAL, NEAR SEVENOAKS, KENT.

(Sevenoaks 61013)

**PATIENTS:** Girls aged 5–15 years. Boys aged 5–10 years. General convalescence. Debility. Anæmia. Malnutrition. Chronic bronchitis. Asthma.

Ineligible: Normal exclusions. Bed cases. Acute Chorea.

**RELIGION**: Undenominational.

BEDS: 85, in wards of varying size containing 4-12 beds, some of which are on the ground floor. Isolation ward is provided.

**TREATMENTS:** No treatments or diets. Dressings as required.

STAFF: Chief Resident Officer: Principal. Here's hecolien

Nursing Staff: 2 Nurses; Auxiliary helpers. Medical Staff: Dr. A. P. Gaston (visiting).

LENGTH OF STAY: Minimum three months. No maximum limit.

ROUTINE AND RECREATION: The children get up at 7 a.m. The younger ones go to bed between 6 and 7 p.m.; the older ones later, according to age. The older girls make their own beds and are expected to give a little help with washing up and light domestic work.

There is a small library and also books are available from the County library. A playroom and a large school hall are provided. Television.

Visiting Day: By arrangement with the Principal. Head with w

CHARGES: £5 10s. 0d. per week, payable by Local Education Authority, or Charitable Society sending the child for convalescence.

RECEIVING DAY: Tuesday (fortnightly).

**STATION**: Sevenoaks, Tubs Hill, from London Bridge; patients are escorted from London Bridge by a member of the Oak Bank Staff.

GENERAL: Large, airy mid-Victorian mansion in good condition. Facing south and standing in 30 acres of ground, surrounded by woods and sheltered from the wind on the north and east sides.

APPLICATIONS: to the Principal at the School.

## BRITISH LEGION CHURCHILL COURT CONVALESCENT HOME

#### KIPPINGTON ROAD, SEVENOAKS, KENT.

52018.

(Sevenoaks -2018)

**PATIENTS**: Ex-Service men and women. General convalescence. Hearts. Asthma. **Ineligible**: Normal exclusions; bed cases; bronchiectasis. (See British Legion Application Form for details).

**RELIGION**: Undenominational.

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BEDS: 39 for men, 6 for women; 2 wards on ground floor. Wards vary from 2 to 8 beds.

**TREATMENT:** Physiotherapy can be arranged at a clinic in Sevenoaks. Light diets. Simple dressings.

STAFF: Chief Resident Officer: Manager.

Nursing Staff: Sister; 1 Nurse.

Medical Staff: Dr. Dudley E. Yarrow (visiting).

LENGTH OF STAY: Usually 2 weeks.

ROUTINE AND RECREATION: Patients get up at 8 a.m. and lights out is at 10.30 p.m. Patients are expected to make their own beds.

Indoor games of all sorts, cinema, whist drives and social evenings. Outdoor games in summer.

CHARGES: Free. Borne by British Legion. Other Service Funds, etc., are asked to contribute towards cost of maintenance.

**RECEIVING DAY:** Thursday.

STATION: Sevenoaks, from Charing Cross or London Bridge. Patients met at station.

**GENERAL**: A modern house in the country with a large garden. Comfortably equipped.

APPLICATIONS: through Local Service Committees of the British Legion. (Addresses available at Local Post Offices).

#### SUNSHINE HOME

#### NESS ROAD, SHOEBURYNESS, ESSEX.

(Shoeburyness 2654)

**PATIENTS**: Boys aged 2–11. Girls aged 2–13. General convalescence.

Ineligible: Normal exclusions.

**RELIGION**: Undenominational.

**BEDS**: 20

TREATMENT: Treatments and diets as recommended.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 4 S.R.N.; 2 S.E.A.N.; 9 Nursing Orderlies.

Medical Staff: Dr. G. Dockery (visiting).

**LENGTH OF STAY:** 3 weeks. Longer if recommended by Home's Medical Officer.

ROUTINE AND RECREATION: Recreation in own grounds—daily visits accompanied by staff to beach. Indoor games in inclement weather.

Visiting: Sunday afternoon and other days by arrangement.

RECEIVING DAY: Friday.

STATION: Shoeburyness. Children are conveyed to the Home by coach from St. Mary's Hospital for Women and Children, Plaistow, E.13.

GENERAL: Convalescent Home comprises: 2 floors, separate dormitories for girls and boys with separate dormitory for basies. Near sea front. Spacious garden and recreation ground. Beach hut.

APPLICATIONS: to the North East Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London, W.2.

#### DAVID SALOMON'S HOUSE

(CONVALESCENT HOSPITAL FOR WOMEN)
SOUTHBOROUGH,
NR. TUNBRIDGE WELLS,
KENT.

(Southborough 852/3 & 704)

PATIENTS: Women aged 16-60 (approx.) from Hospitals in the South East Metropolitan area and from other London areas when vacancies permit. Medical (including Cardiacs) and surgical cases, Plasters and long-term orthopædic cases chiefly from local hospitals. Some bed cases are admitted.

Ineligible: Normal exclusions. Diabetics. Asthmatics. Epileptics. (Note: Most beds are above ground floor and there is no lift).

**RELIGION:** Undenominational.

**BEDS**: 70, in wards containing 2–9 beds, with the exception of one big ward of 16 beds for bed patients. One ward of 9 beds on the ground floor.

**TREATMENT:** Physiotherapy. Occupational Therapy. Gastric and other simple diets. All dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 3 S.R.N.; 1 Staff Nurse; 5 Assistant Nurses; (including night staff).

Medical Staff: Mr. J. Mayer, F.R.C.S. (visiting Orthopædic Specialist).
Dr. K. M. N. Isaacs.

**LENGTH OF STAY:** Normally 2-3 weeks, can be extended at the discretion of the visiting Medical Officer.

ROUTINE AND RECREATION: Patients make their own beds if fit enough to do so, but are not required to do any other form of domestic work unless they wish. They are encouraged to rest during the afternoon and to be outside as much as possible.

There is a library as well as facilities for indoor games. Television.

Visiting Day: Wednesday, Saturday and Sunday, 1.30 p.m. to 4 p.m. for all patients. For Orthopaedic patients in special ward, visiting every evening 7-8 p.m. except Wednesday and Saturday. Other times by arrangement with Matron.

RECEIVING DAY: Any weekday, except Saturday and Tuesday.

**STATION:** Tonbridge from Charing Cross. Green Line coach to Tunbridge Wells coach depot. Patients can be met there, or at Tonbridge station (48 hours' notice to be given).

**GENERAL:** The Hospital is a large country mansion, with 36 acres of grounds, about a mile from Southborough. There is a frequent bus service from the end of the road to the nearby towns.

**APPLICATIONS**: to the Matron.

### DEDISHAM CONVALESCENT NURSERY SCHOOL

SLINFOLD/

NR. HORSHAM,

SUSSEX.

(Slinfold 257)

PATIENTS: Children aged 2-7, babies 0-2. General convalescence. Long-term cases preferred. Plasters.

Ineligible: Normal exclusions. Hearts. Bed cases.

RELIGION: Undenominational.

BEDS: 35, for 2-7 year olds. 8 for 0-2 year olds. Isolation wards provided. Separate room for mothers with babies.

TREATMENT: Simple treatments Gastric and coeliac diets provided. Simple dressings.

STAFF: Chief Resident Officers: Matron (S.R.N.).

Nursing Staff: 2 Sisters (R.S.C.N.) (one in charge of Baby Wing); 4 Staff Nurses; 1 Night Nurse; 12 Students; 2 Nursery Assistants.

Medical Staff: Dr. H. M. Kelvey, M.B., B.S., M.R.C.S., (visiting);

Dr. S. L. Henderson, B.A. (Oxon), M.R.C.S., L.R.C.P., (visiting).

LENGTH OF STAY: Minimum 3 months, for 2-7 year olds. As recommended by the Medical Officers for 0-2 year olds.

ROUTINE AND RECREATION: The children get up at 7.30 a.m. and go to bed at 6 p.m. Slight variations are made in the time, according to age. There is a compulsory rest in the afternoon. There is an ample supply of indoor games and a large garden with climbing frames, slides, etc.

Visiting Day: Every alternate Sunday afternoon in month. Parents are particularly requested not to bring other children.

CHARGES: Payable by Local Education Authority, for children of 2-7. £7 8s. 6d. per week. For 0-2 year olds, £7 7s. 0d. per week. For mothers with babies, £9 9s. 0d. per week.

STATION: Horsham, from Victoria, Waterloo or London Bridge. Buses Nos. 33 and 50 run from Horsham Station—passing the end of the drive. Dedisham is situated on the Horsham to Guildford main road.

**GENERAL:** The Home faces south and has an open view over fields. The Baby Wing has its own isolation wards.

**APPLICATIONS:** to the Matron.

#### LENNOX HOUSE HOLIDAY HOME

4-5, LENNOX MANSIONS, SOUTH PARADE, SOUTHSEA, HANTS.

(Portsmouth 23818)

Owners: Kensington Holidays Limited, branch of Kensington Council of Social Service.

**PATIENTS:** Men, women and children of any age, requiring rest, good food, and fresh air. Children up to age of 16 must be accompanied by an adult.

**RELIGION**: Undenominational.

**BEDS**: 45 (and cots as required). Two ground floor bedrooms. Only one single room which is on second floor.

**TREATMENT**: No treatments. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N., R.F.N.).

Nursing Staff: Children's Help.

Medical Staff: Dr. D. F. Lytle (visiting).

**LENGTH OF STAY:** Average 2 weeks. No fixed limit.

ROUTINE AND RECREATION: Mothers are asked to make their own beds, do a little wiping up and look after their own children with a certain amount of help. Patients may rest on their beds in the afternoons. Some toys and games are provided. Some prams and push-chairs are provided and there are facilities for washing and ironing. The beach and Southsea Common are only 2 minutes away across ornamental gardens.

**CHARGES**: £4 15s. 0d. per week adults.

£3 15s. 0d. ,, ,, children 7-15.

£2 15s. 0d. ,, ,, 1-6.

£1 5s. 0d. ,, ,, babies under 1 year.

RECEIVING DAY: Normally Saturday. In winter other days can be arranged if necessary.

STATION: Portsmouth and Southsea. Fast trains every hour from Waterloo. Coaches from Victoria pass the house, alight at Netley Mansions.

**GENERAL:** Lennox House is in a splendid position, overlooking the Solent and across to the Isle of Wight. Small garden and verandah.

APPLICATIONS: to the Hon. Treasurer, Kensington Holidays Limited, 138, Portobello Road, London, W.11. (Park 6130).

#### ROYAL NATIONAL ORTHOPÆDIC HOSPITAL

(CHILDREN'S CONVALESCENT BRANCH)
BROCKLEY HILL,
STANMORE,
MIDDLESEX.

(GRImsdyke 2900)

#### Mainly for patients of the Royal National Orthopaedic Hospital.

**PATIENTS:** Boys and girls aged 2–12. Orthopædic convalescence. Plaster cases. Ambulant patients only.

Ineligible: All others.

**RELIGION**: Undenominational.

BEDS: 56, in 2 large wards and side wards on ground floor.

**TREATMENT**: Physiotherapy. No diets. Simple dressings.

STAFF: Chief Resident Officer:

Nursing Staff:

From the Royal National Orthopædic Hospital.

Medical Staff:

LENGTH OF STAY: So long as surgical supervision is required.

**ROUTINE AND RECREATION:** The children rise at 7.30 a.m., and retire at 7 p.m. There is a compulsory rest during the afternoon. Hospital school. Indoor and outdoor games and walks.

Visiting Days: Unrestricted, by arrangement with ward sister.

**RECEIVING DAY:** No fixed day.

**STATION**: Edgware (Northern Line). A bus from Edgware station, route No. 107, passes near the Home.

**GENERAL**: A modern building standing in the grounds of the Royal National Orthopædic Hospital, Stanmore.

APPLICATIONS: to the House Governor, Royal National Orthopædic Hospital Country Hospital, Brockley Hill, Stanmore, Middlesex (GRImsdyke 2900).

## WESTMINSTER HOSPITAL (PARKWOOD) AUXILIARY HOSPITAL AND CONVALESCENT HOME

#### BEECHENLEA LANE, SWANLEY, KENT.

(Swanley Junction 2391)

Affiliated to Westminster Hospital—Surplus beds at disposal of other Hospitals in S.W. and S.E. Metropolitan Regions upon application to the Resident Medical Officer of the Home.

**PATIENTS:** Men and Women. Bed cases and patients in early stage of convalescence welcomed.

Ineligible: Cases detrimental to other patients' convalescence.

**RELIGION**: Undenominational.

**BEDS**: 110, in wards of 12, 8, 5 and 4 beds. Surplus beds at disposal of other hospitals in S.W. and S.E. Metropolitan Regions upon application to the Resident Medical Officer.

**TREATMENT**: Physiotherapy and occupational therapy given. All diets provided. All dressings.

STAFF: Chief Resident Officer: Matron (S.R.N., S.C.M., Nursing Admin. Cert., R.C.N.).

Nursing Staff: 13 S.R.N., 26 Student Nurses (including Pre-Nursing Students).

Medical Staff: Resident Medical Officer.

Local Consulting M.O., Dr. L. F. A. Harrison. Westminster Hospital Medical Staff (visiting).

**LENGTH OF STAY:** Normally 3 weeks with extension on the recommendation of the Medical Officer.

**ROUTINE AND RECREATION:** Convalescent patients get up for 8.30 a.m. breakfast and return to bed at 8.30 p.m. Breakfast in bed and extra rest are provided when necessary.

**Visiting Days:** Wednesday, Thursday and Sunday, 2 to 4 p.m. (October to April); 2 to 5 p.m. (May to September).

RECEIVING DAYS: Tuesday and Friday.

**STATION:** Swanley, from Victoria or Holborn Viaduct. (There is a long platform to be walked, and a flight of stairs).

**TRANSPORT:** Ambulance travel for London patients may be available by prior arrangement with Transport Officer, Westminster Hospital, S.W.1. (VICtoria 8161).

**GENERAL**: The Home stands in 46 acres of woodland and gardens. Wide colonnades run along the front of the building to enable bed patients to be out in the open air.

#### **BABIES' HOSPITAL**

#### (Formerly SYDENHAM INVALID BABIES' NURSERY)

### "BELTWOOD," 41, SYDENHAM HILL, S.E. 26.

(FORest Hill 4796)

**PATIENTS:** Boys and girls 0-3 years. General convalescence especially malnourished babies in early stages of convalescence needing nursing supervision.

**RELIGION**: Undenominational.

**BEDS**: 35 in 5 rooms.

TREATMENT: Coeliacs and other diets catered for. No dressings.

STAFF: Chief Resident Officer: Matron, S.R.N., S.C.M., R.S.C.N.

Nursing Staff: 3 Ward Sisters; 6 Staff Nurses; 2 B.R.C.S. or S.E.A.N.'s

2 Pupil Assistant Nurses.

**LENGTH OF STAY:** As long as necessary.

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ROUTINE AND RECREATION: According to age and complaint.

Visiting Day: Any time/provided that previous notice has been given to Matron

and subject to discretion of Medical Officer.

**RECEIVING DAY:** Any weekday.

STATION: Sydenham Hill, from Victoria.

GENERAL: The Hospital is a Georgian House equipped to the best modern requirements and, although situated in Sydenham, its position on the top of the hill, surrounded by extensive grounds, gives it most of the advantages of a home in the country.

APPLICATIONS: to the Matron.

#### SPELTHORNE ST. MARY

### THORPE, NR. EGHAM, SURREY.

(Chertsey 3112)

Owners: Community of St. Mary the Virgin, Wantage.

**PATIENTS:** Women aged not over 65 years. Drug and alcohol addicts, mild nerve cases. **Ineligible:** Bed cases. All other cases.

**RELIGION:** Church of England, but any denomination received.

**BEDS**: 68, 43 being in single rooms, 4 in one ward, 3 in another, and the remainder in double rooms.

**TREATMENT**: Treatment according to type of case. Occupational Therapy. Diets provided on doctor's orders. No dressings.

STAFF: Chief Resident Executive Officer: Sister Superior.

Nursing Staff: 2 S.R.N.; 3 Assistants.

Medical Staff: Dr. F. Goggs (visits weekly).

Dr. J. V. Dent (Consulting Physician).

Dr. R. Macdonald (Psychiatrist).

LENGTH OF STAY: At Doctor's discretion. At least 6 months preferred.

ROUTINE AND RECREATION: Breakfast 8 a.m. Lights out 10.30 p.m. Breakfast in bed is provided when necessary. There is a compulsory afternoon rest for all patients, who are expected to help in the kitchen and with housework, or in the garden or craft room.

There are facilities for indoor and outdoor games, a wireless, television, and a good library.

Visiting Day: Weekdays, 2 to 4 p.m.

CHARGES: £4 4s. 0d. per week (double rooms and cubicles); from £7 7s. 0d. per week (private rooms).

**RECEIVING DAY:** Any day.

**STATION**: Virginia Water or Egham nearest, but bus service only from Staines. (All stations from Waterloo).

**GENERAL:** The house stands in 22 acres of parkland in the open country.

APPLICATIONS: to the Sister Superior at the Home.

#### ST. CATHERINE'S HOME

GROVE ROAD, VENTNOR, ISLE OF WIGHT.

(Ventnor 128)

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**PATIENTS:** Boys aged 5–12 years; girls aged 6½ to 9½ years on admission. General convalescence. Bronchitis. Post-operative convalescent chest cases. Asthma. Long term debility. Malnutrition.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Church of England.

BEDS: 150 in wards containing 2-14 beds. Some on ground floor.

**TREATMENT**: Physical exercises and breathing exercises for Asthma. No diets. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge.

Nursing Staff: 3 S.R.N., (including 1 Night Nurse); 1 Trained; 4 Assistant Nurses; 3 Junior Nurses.

Medical Officers: Dr. E. F. Burndred.

LENGTH OF STAY: Minimum 3-6 months.

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ROUTINE AND RECREATION: The children rise at 7.30 or 8 a.m. and retire between 6.30 and 8 p.m., according to age. There is a compulsory rest in the afternoon. There are 2 weekly school half-holidays.

The Home has a library as well as a supply of indoor games. There are also football and cricket pitches, and troops for Scouts and Cubs and Brownies.

Visiting Days: Saturday and Sunday, or by arrangement with Sister-in-Charge.

CHARGES: Payable by Local Education Authority.

**RECEIVING DAY:** Tuesday.

**STATION:** Ventnor, from Waterloo via Portsmouth and Ryde. Children are met at Portsmouth by arrangement. The Home is a short walk from the station.

GENERAL: The Home, which was built in 1895, has since been modernised. It stands 250 feet above sea-level and is sheltered from the north by St. Boniface Down. It faces south, and has large grounds.

**APPLICATIONS**: to the Sister in-Charge.

#### SAMUEL LEWIS SEASIDE CONVALESCENT HOME

#### NAZE PARK ROAD, WALTON-ON-NAZE,

ESSEX.

(Walton-on-Naze 127)

PATIENTS: Jewish men and women. General convalescence.

Ineligible: Normal exclusions; bed cases.

**RELIGION**: Jewish.

BEDS: 86, in wards of 1-12 beds. Some ground floor rooms. Isolation ward provided.

There is a lift.

TREATMENT: No treatments. Diets. Simple dressings.

STAFF: Chief Resident Officer: Matron, S.R.N., S.C.M.

Nursing Staff: 3 Day and 1 Night Sister: 4 5 RN , 3 and tour and

Medical Staff: Dr. F. J. Sladen (visiting).

LENGTH OF STAY: 2-4 weeks.

ROUTINE AND RECREATION: Indoor games are provided. Radio, T.V., Billiards,

Table tennis.

Visiting Day: By arrangement with Matron, any day.

CHARGES: Through Divisional Medical Officers for recuperative holidays. N.E.

Metropolitan R.H.B. for convalescent cases. Private patients by arrangement.

RECEIVING DAYS: Women on Tuesday. Men on Thursday.

STATION: Walton-on-Naze, from Liverpool Street. Patients are conveyed from

London by coach.

GENERAL: The Home was built about 40 years ago (modernised 1949-50), and faces

the sea.

APPLICATIONS: To Divisional Medical Officers for recuperative holidays; to N.E.

Metropolitan Regional Hospital Board, 40, Eastbourne Terrace, London, W.2 (AMBassador 8011) for convalescence. Other patients to Jewish Board of Guard-

ians, Health/Convalescence Department, 74a Charlotte Street, London W.1.

(MUSeum 1644).

#### BELGRAVE RECOVERY HOME

3, WEST GROVE, WALTON-ON-THAMES, SURREY.

(Walton-on-Thames 24253)

**PATIENTS:** Boys and girls aged 2 to 12. For patients from the Belgrave Hospital and other Hospitals in the Kings' College Hospital Group. Patients are admitted from other hospitals when beds are available.

**RELIGION**: Undenominational.

BEDS: 30.

TREATMENT: Bed cases. Simple treatments. Simple dressings.

**STAFF:** Sister-in-Charge, 1 Sister, 2 Staff Nurses, 2 Pre-Student Nurses, 6 Nursing Auxiliaries.

Medical Staff: Dr. C. G. Windsor, M.A., M.B., B.Ch., M.R.C.S., L.R.C.P.

**LENGTH OF STAY:** Unlimited—average 4–6 weeks.

ROUTINE AND RECREATION: Rise at 8.30 a.m. and retire between 6.30 and 7 p.m. according to age. There is a compulsory rest during the day. The Home has a library and a large well equipped play-room. There is a garden with paddling pool, etc. Visits are arranged to the Zoo, sea-side, etc. Physiotherapy and occupational therapy have been arranged.

Visiting Day: Any day, by appointment with Sister.

**RECEIVING DAY:** Any weekday, usually Thursday. Transport and escort provided between the Hospital and the Home.

STATION: Walton-on-Thames, from Waterloo.

GENERAL: The Home is a modern building standing in a large garden. All wards overlook the garden and each is self-contained with its own sanitary arrangements. Vegetables and fruits are supplied from the garden.

APPLICATIONS: to the Almoner, Belgrave Hospital for Children, 1, Clapham Road, London, S.W.9. (RELiance 3151)

#### METROPOLITAN CONVALESCENT HOME

### WALTON-ON-THAMES, SURREY.

(Weybridge 2273)

PATIENTS: Men and women aged 17 years to 73 years. General convalescence. Mid hearts.

Ineligible: Normal exclusions. Bed cases.

**RELIGION:** Undenominational. The Home has its own chapel.

BEDS: 54 beds for men, 50 for women in open wards. Some on the ground floor.

**TREATMENT**: No treatments. Gastric diets. Simple dressings. Physiotherapy and Remedial exercises available on recommendation of Consultant of patient's Hospital.

STAFF: Chief Resident Officer: Matron and Assistant Matron.

Nursing Staff: 5 S.R.N.; 4 Assistant Nurses or Nursing Auxiliaries.

Medical Staff: Dr. H. V. Reeves (visiting).

**LENGTH OF STAY:** 3 weeks.

**ROUTINE AND RECREATION:** The patients rise at 7.45 a.m. and retire at 9 p.m. in winter and 10 p.m. in summer. The Home has a library as well as a billiards table, table tennis and other facilities for indoor entertainments, including television.

**Visiting Day:** Any afternoon between 2 p.m. and 7 p.m.; other times by arrangement.

**RECEIVING DAYS:** Tuesday.

**STATION:** Patients travel by the 2.27 train from Waterloo to Walton-on-Thames, where they are met by a coach.

GENERAL: The Home, built in 1841, stands in an open position in its own extensive grounds.

APPLICATIONS: to the Matron.

INDEPENDENT

#### LULWORTH COURT

Contractual Boys

#### CHALKWELL ESPLANADE, WESTCLIFF-ON-SEA ESSEX.

Parent Society: National Association for the Paralysed.

**PATIENTS:** Men and women over 16.

Ineligible: Mental defectives and those suffering from infectious or contagious

diseases.

**RELIGION:** Undenominational.

BEDS: 20. In rooms with 3 or 4 beds.

TREATMENT: Full nursing care.

STAFF: Chief Resident Officer: Superintendent, S.R.N., O.N.C., A.R.S.H.

Nursing Staff: 1 S.R.N., 6 Assistant Nurses or as required.

Medical Staff: Visiting doctor.

LENGTH OF STAY: 2 weeks—longer in the winter.

ROUTINE AND RECREATION: Breakfast in bed. Any special instructions observed;

sitting room; T.V. and some outings.

Visiting Day: Any day.

CHARGES: £10 10s. 0d. per week.

RECEIVING DAY: 3 times weekly.

STATION: Westcliff-on-Sea.

GENERAL: The home is on the Sea front in a residental Area. There is a lift to all

patient rooms.

APPLICATIONS: To the Assistant Secretary, National Association for the Paralysed,

1 York Street, Baker Street, London, W.1. (Welbeck 8371).

#### THE FREDERICK ANDREW CONVALESCENT HOME

# THE MANOR HOUSE, WEST MALLING, MAIDSTONE, KENT.

(West Malling 2348)

PATIENTS: Gentlewomen 18 to 64 inclusive, earning their living as Nurses, Civil Servants, Authors, Artists, Teachers, or in similar professions. General convalescence. Rest. Ineligible: Normal exclusions. Bed cases. Asthma. Chronics. Cases requiring nursing. Colostomy.

**RELIGION**: Undenominational.

BEDS: 16 single rooms, all with hot and cold running water. No ground-floor rooms.

TREATMENT: No treatments, diets or dressings. There is a lift.

STAFF: Chief Resident Officer: Matron S.R.N.

Medical Staff: Medical Officer visits twice weekly.

**LENGTH OF STAY:** Usually 3 weeks.

ROUTINE AND RECREATION: No restrictions or rules except that guests must be able to take meals in the dining-room. Afternoon rests are advised. No domestic work is expected from the guests.

Beautiful surrounding country for walking. There is a good supply of books and papers, a piano, television, wireless and radiograms.

Visiting Day: No restrictions.

CHARGES: £4 14s. 6d. per week.

RECEIVING DAYS: Tuesday and Friday.

STATION: West Malling, from Victoria.

GENERAL: The Manor House is a Georgian residence standing in extensive grounds overlooking an expanse of parkland and lake.

**APPLICATIONS**: Full particulars and Forms of Application from the Secretary at the Home.

NATIONAL HEALTH SERVICE SPECIAL SCHOOL

#### **CHEYNE HOSPITAL**

WOODLAND WAY, WEST WICKHAM. KENT.

(SPRingpark 1955)

PATIENTS: Long term patients between 3 and 10 suffering from all types of paralysis, general orthopaedic and post operative conditions, plastic cases awaiting grafts, medical complaints such as rheumatism, rheumatic carditis, nephritis, chorea and bronchiectasis.

Ineligible: Normal exclusions.

**RELIGION:** Undenominational.

plant in all wards Film Shows & Carpers

om pong a hage beaut

BEDS: 80; all wards on the ground floor. Spen and sure of the service of the serv

TREATMENT: Treatment and diets as recommended by the Consultants. Full physiotherapy service.

STAFF: Matron, S.R.N., S.C.M., R.S.C.N., M.R.I.H.

Medical Staff: Full consultant cardiological, orthopædic and pædiatric Fully transmit state service.

LENGTH OF STAY: Normally 3 months, no limit.

ROUTINE AND RECREATION: This is arranged according to the needs of the patients. The children have their own pony and trap. Education provided—there are four teachers.

Visiting Day: Wednesday and Sunday afternoons, other days by arrangement. elication former in sever los of suitable

STATION: West Wickham, from Charing Cross, or East Croydon from Victoria, thence by bus. To E. Curgion from Viel or brillo them 19 by
to wordland wary, w. W. We Khon Kom Chirg X:

RAL: The Hospital stands in its own-orounds.

GENERAL: The Hospital stands in its own-grounds. /2 acras if grand

APPLICATIONS: to the Matron at the hospital.

#### ST. CECILIA'S

# WEST BAY WESTGATE-ON-SEA KENT

(Thanet 31409)

#### Parent Society: Musicians' Benevolent Fund

**PATIENTS:** Professional Musicians of either sex needing convalescence after illness or a recuperative rest. Members of other professions (not over 70 years of age) accepted when accommodation is available.

Ineligible: Normal exclusions, severe heart, bronchial or asthmatic conditions and all cases requiring diets, nursing or anything but simple dressings.

**RELIGION:** Undenominational.

BEDS: 20. Seven on ground floor.

TREATMENT: Simple dressings only.

STAFF: Chief Resident Officer: Lady Superintendent.

Medical Staff: Dr. K. R. Lown.

**LENGTH OF STAY:** Normally 2 weeks: can be extended on medical recommendation when accommodation is available.

**ROUTINE AND RECREATION:** Breakfast at 9 a.m. No domestic work is expected of guests.

Piano, wireless, television, indoor games, a supply of books and stringed instruments.

Visiting Day: Any day.

CHARGES: Musicians: £4 4s. 0d. maximum or according to circumstances.

Non-Musicians: £6 6s. 0d. except those coming through the Recuperative Holiday Scheme when the charge is £5 5s. 0d.

**RECEIVING DAY:** Wednesday.

STATION: Westgate-on-Sea, a few minutes' walk from the Home.

**GENERAL:** The Home is a modern, well-planned building, on the seafront, and is very comfortably equipped. Hot and cold water in all bedrooms. Central heating.

APPLICATIONS: to the Superintendent, Musicians' Benevolent Fund, St. Cecilia's House, 7 Carlos Place, London, W.1. (GROsvenor 1086)

#### ST. MICHAEL'S CONVALESCENT HOME

### ELM GROVE, WESTGATE-ON-SEA, KENT.

(Thanet 31448)

Parent Society: The Deaconess Community of St. Andrew, 12, Tavistock Crescent, London, W.11 (BAYswater 2662).

PATIENTS: Women 16-70. General convalescence, for mobile patients.

Ineligible: Normal exclusions. Serious Hearts. Asthma. Chest conditions.

**RELIGION**: Church of England.

BEDS: 30. 14 in single rooms, remainder in curtained cubicles, 3 of which are on the ground floor.

TREATMENT: No diets. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge.

Nursing Staff: 2 S.R.N.; 1 Assistant Nurse.

Medical Staff: Dr. K. R. Lown and Dr. J. D. Mathers (visiting).

LENGTH OF STAY: Average 3 weeks. Maximum 6 weeks.

**ROUTINE AND RECREATION:** Early tea 8.0 a.m. Breakfast 9.0 a.m. No domestic work is expected of patients. Wireless, television and books are available. Patients may attend chapel daily.

Visiting Day: Any day.

CHARGES: From £5 5s. 0d. per week.

**RECEIVING DAY:** Monday afternoons.

STATION: Westgate-on-Sea, from Victoria. Patients travelling down on the 1.40 p.m. train are met by taxi at Westgate station.

**GENERAL:** The Home is a modernised Victorian building in an open position near the sea. Comfortably equipped, central heating.

APPLICATIONS: to the Sister-in-Charge at the Home.

#### WANDSWORTH PEACE MEMORIAL HOME

# 33, TANKERTON ROAD, WHITSTABLE, KENT.

(Whitstable 3157)

**PATIENTS:** Children aged 6 to 11 years requiring recuperative holidays. Preference for Wandsworth children, but others accepted.

Ineligible: Normal exclusions.

RELIGION: All denominations taken. Roman Catholics attend own church.

**BEDS**: 30—in dormitories varying from 4 to 12.

**TREATMENT**: No treatments.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: Three members.

Medical Staff: Dr. Witney (visiting).

**LENGTH OF STAY:** Periods of 14 days or longer if necessary.

**ROUTINE AND RECREATION:** Three main meals served and hot milk before retiring. Large recreation room; piano; library; wireless, television, large garden—part covered; outdoor play room.

Visiting Day: Nil.

**CHARGES:** Inclusive of transport by coach to and from Municipal Buildings, Wandsworth—£7 0s. 0d. per fortnight.

**RECEIVING DAY:** Every alternate Thursday.

STATION: Whitstable, Southern Kailway from Victoria.

**GENERAL**: The Home stands on high ground, detached in large garden and 100 yards from the sea.

APPLICATIONS: to the Hon. Clerk, Mayor's Parlour, Municipal Buildings, Wandsworth, S.W. 18.

#### HOMEWOOD CONVALESCENT HOME

### ASPLEY HEATH, WOBURN SANDS, NR. BLETCHLEY, BUCKS.

(Official) Woburn Sands 2230 (Patients) Woburn Sands 3320

**PATIENTS:** Men, women and children aged 12 or over, mainly from the Bedford General Hospital. General convalescence.

Ineligible: Normal exclusions.

**RELIGION:** Undenominational.

BEDS: 11 for men and 11 for women, of which some are in single rooms. No ground floor rooms.

TREATMENT: No special treatments. Gastric and Diabetic diets can be arranged. Simple dressings. Physiotherapy can be arranged at Edgbury Hospital.

STAFF: Chief Resident Officer: Sister-in-Charge (S.R.N.). Arethan Navel Tham I have a market of the Medical Officer: Dr. W. A. Barnes (visiting).

LENGTH OF STAY: 2 weeks, except under special circumstances.

ROUTINE AND RECREATION: Patients rise and retire at varying times according to their conditions. Library, television, fortnightly film shows, etc.

Visiting Days: Wednesday, Saturday and Sunday, 3 to 5 p.m.

RECEIVING DAY: Any day.

**STATION:** Woburn Sands. L.C.C. patients brought by L.C.C. ambulance coach on Thursdays. M.C.C. patients brought by train and M.C.C. and Bucks. ambulance coach on Fridays.

**GENERAL**: The home was formerly a large private residence and is situated in a pleasant garden.

APPLICATIONS: to the Matron, Edgbury Hospital, Woburn Sands.
(Woburn Sands 2392)

N.W. METROPOLITAN REGION BEDFORD GROUP HOSPITAL MANAGEMENT COMMITTEE

#### DANESWOOD CONVALESCENT HOME

ASPLEY HEATH WOBURN SANDS. NEAR BLETCHLEY, BUCKS.

> (Official) Woburn Sands 3113 (Patients) Woburn Sands 2372

PATIENTS: Women and girls from 14-70 years of age. General convalescence.

Ineligible: Colostomies.

**RELIGION**: Undenominational.

BEDS: 50, in small wards, chiefly 2 or 4 bed wards. No ground-floor rooms.

TREATMENT: As required. Limited physiotherapy. All diets and dressings provided.

STAFF: Chief Residential Officer: Matron.

Nursing Staff: Trained nurses.

Assistant nurses.

Nursing auxiliaries.

Medical Staff: Dr. W. A. Barnes (visiting).

LENGTH OF STAY: 2 weeks, may be extended on recommendation of visiting doctor.

ROUTINE AND RECREATION: Patients rise and retire at varying times according to individual conditions. There are library facilities, fortnightly film shows, wireless, television, indoor and outdoor games. Also facilities for washing and ironing personal laundry.

Visiting Day: Any day.

**RECEIVING DAY:** Mondays, Thursdays and Fridays.

STATION: Woburn Sands. L.C.C. patients brought by L.C.C. ambulance coach on Thursdays. M.C.C. patients brought by train and M.C.C. and Bucks. ambulance coach on Fridays.

GENERAL: Two-storied building standing on high ground, with attractive wooded district all round.

APPLICATIONS: to the Matron, Edgbury Hospital, Woburn Sands (Woburn Sands 2392).

#### **KINGSBURY**

#### COLEY AVENUE, WOKING, SURREY. Church Army Short-stay Home.

(Woking 104)

PATIENTS: Men and women over 60 years of age for holiday periods, or care and attention when relatives are away, post-hospital periods of rest and care.

Ineligible: Normal exclusions, lung diseases (including Asthma in advanced stages.)

RELIGION: Church of England, but non-Church of England are sometimes received.

BEDS: 25 cubicle bedrooms; 7 ground floor; one single room.

TREATMENT: No treatment, but light Diets provided.

STAFF: Matron, Church Army Sister in charge, Assistant Matron and Two General Assistants.

Medical Staff: Doctor attends weekly or at request.

**LENGTH OF STAY:** Maximum 4 weeks, although extensions are allowed in special circumstances.

ROUTINE AND RECREATION: Visitors have breakfast at 9 a.m. They are asked to make their own beds, which are equipped with modern interior spring mattresses, but this is undertaken for the more frail.

Visiting: Any day.

CHARGES: 4 guineas per week.

**RECEIVING DAY:** By arrangement with the Church Army Headquarters, Sunset Homes Department, to whom all applications should be made.

STATION: Woking.

**GENERAL:** The Home is centrally heated and well equipped; ten minutes' walk from Station.

APPLICATIONS: The Church Army Headquarters, Sunset Homes Department, 55 Bryanston Street, W.1.

#### ST. PETER'S CONVENT

#### , MAYBURY HILL, WOKING, SURREY.

(Woking 37)

**PATIENTS:** Women and girls from 14 to 70. Consideration is given to patients over 70 who are genuinely convalescent and mentally alert. General medical and post-operative convalescence. Hearts.

**Ineligible:** Asthma, fits, (epileptic or other), infectious and skin diseases. Neurosis, cancer in advanced stage, or if liable to be offensive to others.

**RELIGION:** Anglican Community. (All denominations accepted).

BEDS: 57. First Floor: Large ward divided into two, 10 beds and 6 beds. Balcony ward 5 beds. One small ward, 4 beds. 12 single rooms for private patients.

Ground Floor; Ward of 12 beds and Verandah Ward 5 beds. Lift.

TREATMENT: Simple medical treatments. Mild gastric diets. Simple dressings.

STAFF: Chief Resident Officer: Reverend Mother Superior.

Nursing Staff: Assistant Superior, S.R.N., 4 S.R.N., and 1 part time S.R.N.; 3 L.S.E.A.N.; 8 Pre-nursing Students 1 Dispenser, M.P.S.

Medical Staff: Mr. L. G. Higgins
Dr. W. C. D. Maile
Dr. Scott
Dr. Dagleish

(visiting).

LENGTH OF STAY: Usually 2-4 weeks, but no fixed limit. Usual maximum 3 months.

ROUTINE AND RECREATION: All patients have breakfast in bed and retire before or after supper as desired. Afternoon rest if required.

Library, wireless, television, occasional concerts. Convalescents allowed out to afternoon cinemas.

Visiting Day: Any day except Friday, 2 to 5 p.m.

CHARGES: Wards, £6 6s. 0d.; Private rooms from 8 guineas.

RECEIVING DAYS: Monday, Wednesday, Thursday before 12 noon.

STATION: Woking, from Waterloo, thence by Maybury Hill bus or taxi.

**GENERAL**: Built in 1883, the Convent stands on high ground facing 20 acres of ground.

APPLICATIONS: to the Assistant Superior of the Community of St. Peter at the Convent (with return postage).

N.H.S. patients: to the S.W. Metropolitan Regional Hospital Board, 40 Eastbourne

Terrace, London, W.2.

#### ST. JOHN'S OPEN AIR SCHOOL

### CHIGWELL CONVENT, WOODFORD BRIDGE,

ESSEX.

(BUCkhurst 1624)

Parent Society: The Sisters of the Sacred Hearts of Jesus and Mary.

**PATIENTS:** Boys aged 5–15. General convalescence. Hearts, chests, malnutrition. Bed cases. Long term. Asthma and Bronchiectasis.

Ineligible: Normal exclusions.

**RELIGION:** Roman Catholic. (All denominations accepted).

**BEDS**: 100 in wards containing from 6 to 18 beds. Some on ground floor. Self-contained isolation ward, 9 beds.

TREATMENT: Treatments. Breathing exercises. Postural drainage. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge.

Nursing Staff: 2 S.R.N.

Medical Staff: Dr. K. Perry (Consultant); Dr. A. Norman (visiting).

School Staff: 5 Qualified Teachers.

LENGTH OF STAY: No limit.

ROUTINE AND RECREATION: The boys get up at 7.30 a.m. and go to bed between 6.30 and 7.30 p.m. according to age and health. There is a compulsory rest in the afternoon. Parents of non-Roman Catholic children are asked for permission if their children wish to attend Roman Catholic Services.

The Home has a library and there are plenty of facilities for indoor and outdoor games.

Visiting Day: Second Sunday in the month, 2 to 4 p.m. (Special consideration for parents as needed, especially for those who live far away).

CHARGES: Payable by Local Education Authority.

**RECEIVING DAY:** No special day.

**STATION**: South Woodford (Central Line). Then No. 10 bus, Abridge or Woodford Bridge. Patients are met at South Woodford Station by request.

GENERAL: An old Manor House, with the boys' block added in 1916, standing in its own grounds near Epping Forest.

APPLICATIONS: to the Sister-in-Charge of the Home.

#### THE ARMITAGE PERMANENT AND RECUPERATIVE HOME FOR BLIND MEN AND WOMEN

107-9, MARINE PARADE, WORTHING, SUSSEX.

Parent Society: The Metropolitan Society for the Blind and Indigent Blind Visiting Society.

PATIENTS: Most suitable for elderly blind men and women, but any age over 16 accepted. Priority to London patients. Sighted guides accommodated. Ineligible: Normal exclusions. Asthmatics, those unable to negotiate stairs.

**RELIGION**: Undenominational.

BEDS: 54 Permanent residents. 20 holiday beds. 3 to 5-bedded rooms in main building. Two first-floor double rooms in annexe suitable for married couples, one of whom must be sighted.

TREATMENT: Simple eye treatments only. Low carbohydrate diets provided for diabetics—no weighed or measured diets.

**STAFF**: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: Assistant Matron (S.R.N.); 4-5 Nursing Orderlies; 1 State

Registered Staff Nurse.

Medical Staff: Visiting Doctors.

**LENGTH OF STAY:** No limit.

ROUTINE AND RECREATION: Patients get up at 8 a.m. and are expected to be in bed by 10 p.m.

Wireless sets, Braille books and indoor games.

Instruction in pastime occupations.

Visiting Day: Any day. Excap V was

CHARGES: Recuperative holiday guests £5 10s. 0d. Charges for permanent residents on application.

**RECEIVING DAY:** Wednesday.

STATION: Worthing Central from Victoria. Patients met at Victoria and escorted on to a train which is met regularly at Worthing Central.

GENERAL: Home is on the sea front, five minutes from the Pier. Small sheltered garden. Central heating and supplementary heating where necessary.

APPLICATIONS: To the Metropolitan Society for the Blind and Indigent Blind Visiting Society, 51 Denison House, 296, Vauxhall Bridge Road, London, S.W.1. (VICtoria 5813-4).

#### THE JOHN HORNIMAN SCHOOL

2, PARK ROAD, WORTHING, SUSSEX.

(Worthing 317)

Parent Society: The Invalid Children's Aid Association.

**PATIENTS:** Boys and girls aged 5-9 suffering from severe speech disorders. This school is a preparatory unit for Moor House School, Oxted, and selection of cases for admission will be undertaken by the Hon. Consultant Neurologist of Moor House School, Dr. Worster-Drought, M.D., F.R.C.P.

Ineligible: Normal exclusions. Primary stammers. Educationally sub-normal children. Severely spastic cases. Seriously maladjusted children.

**RELIGION**: Undenominational.

**BEDS**: 24.

TREATMENT: Speech Therapy. Specialist medical consultations. Routine medical supervision.

STAFF: Chief Resident Officer: Warden, Mrs. E. M. Parry, S.R.N.

Headmistress: Miss H. Palmer.

Speech Therapist: Miss C. P. S. Griffiths, L.C.S.T.

Medical Staff: Dr. Michael Yealland, M.R.C.P., L.R.C.P. (Visiting Hon.

Consultant Neurologist).

Dr. Lovell Barnes, M.R.C.S. (visiting Hon. Consultant

Psychiatrist).

Dr. Mulchay, School Medical Officer.

LENGTH OF STAY: As required for satisfactory treatment or until of age for transfer to Moor House School, Oxted.

ROUTINE AND RECREATION: Children get up at 7.30 a.m. and go to bed between 6 and 7 p.m. School 5 hours daily. Intensive speech therapy according to individual needs.

Visiting Day: By arrangement with the Warden.

**CHARGES:** Payable by Local Education Authority.

**RECEIVING DAY:** Normally at the beginning of the school term.

**STATION**: Worthing Central.

**GENERAL**: Built as a Convalescent Home for children by John Horniman Trustees about 1890. Entirely redecorated and modernised. Playground and lawn with sandpit. School is opposite the sea and near a recreation ground.

APPLICATIONS: The Principal, Moor House School, Hurst Green, Oxted, Surrey.

#### MILDMAY CONVALESCENT HOME

#### WORDSWORTH ROAD, WORTHING, SUSSEX.

(Worthing 9875)

PATIENTS: Men and Women aged 15 to 70.

Ineligible: Normal exclusions. Bed cases. Infirm or advanced cases of

illness and those needing night attention.

**RELIGION**: Interdenominational.

BEDS: 25, in single and double rooms, all on first floor.

TREATMENT: No special treatment. Gastric diets. Simple dressings.

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STAFF: Chief Resident Officer: Matron/(S.R.N., S.C.M.).

Nursing Staff: Sister (S.R.N.).

Medical Staff: Visiting Medical Officer.

DVR. H. NECUS. MB

LENGTH OF STAY: 2 weeks, extended to 4 weeks on medical grounds.

ROUTINE AND RECREATION: Patients get up in time for breakfast at 8.30 a.m. and retire by 9.30 p.m. There is a rest hour for everybody after lunch. There is television, games, wireless, a record player and piano. Evening prayers (Voluntary).

Visiting Day: Every day, by arrangement with Matron.

CHARGES: £5 0s. 0d. per week.

RECEIVING DAY: Mondays, Wednesdays and Fridays, preferably between 2 and 4 p.m.

STATION: Victoria to Worthing.

GENERAL: A few minutes from the sea, on level ground near to shops.

**APPLICATIONS:** to the Matron.

#### THE QUEEN ALEXANDRA HOSPITAL HOME

for Paralysed and Disabled Sailors, Soldiers and Airmen.
GIFFORD HOUSE,
WORTHING,
SUSSEX.

(Worthing 2486)

PATIENTS: Disabled Ex-Servicemen only. No spice Account for the Ineligible: Cases of tuberculosis and all infectious diseases. Mental diseases and Epilensy.

**RELIGION:** Church of England but any denomination received.

BEDS: 65. Twelve beds available in wards on ground floor (no special accommodation for Officers) for seriously disabled men living at home in need of a change or convalescence with treatment following an illness or operation.

**TREATMENT:** According to Disability. Physiotherapy and Occupational Therapy available.

STAFF: Medical Superintendent: Dr. R. S. Stevens, M.D., M.R.C.P.

Matron: Miss-L. P. Dewey A.R.R.C. Min AU. Hamphon 5121

LENGTH OF STAY: At Doctor's discretion and according to demand on beds.

**ROUTINE AND RECREATION:** Television, radio, good library, indoor games. Outings and Entertainments arranged by local residents and Societies.

**CHARGES:** Every case considered according to means.

RECEIVING DAY: Any day.

**STATION:** West Worthing.

GENERAL: This Hospital Home fulfils a dual role—it provides a home for some 50 disabled Ex-Servicemen who are permanently resident and carries out the recreative and convalescent work already described; Gifford House has sheltered gardens and is within easy reach of the sea. Worthing has a level stretch of sea front and so is ideal for patients in chairs.

**APPLICATIONS:** To the Secretary.

#### THOMAS BANTING MEMORIAL HOME

#### BANTING HOUSE, 28, DOWNVIEW ROAD, WORTHING, SUSSEX.

(Worthing 4746)

PATIENTS: Ladies aged 18 to 75. General convalescence.

Ineligible: Normal exclusions. Those requiring any form of nursing.

**RELIGION**: Undenominational.

**BEDS**: 8, in single rooms.

**TREATMENT**: No diets or dressings, but Physiotherapy can be arranged at Worthing Hospital.

STAFF: Chief Resident Officer: Lady Superintendent.

Nursing Staff: None.

Medical Staff: Dr. Densham (visiting).

**LENGTH OF STAY:** 3 weeks, which can be extended to 8 if necessary.

**ROUTINE AND RECREATION:** Patients should be up by 9 a.m. Writing and reading rooms. Cinemas, concerts, etc., in Worthing.

Visiting Day: Any day.

CHARGES: £4 4s. 0d. per week. Patients pay for gas and electric fires in their bedrooms by slot meter. The amount charged for the original period of visit (apart from any extension thereof) should be remitted in advance of the visitor's arrival.

**RECEIVING DAYS:** Monday to Saturday inclusive.

STATION: West Worthing, from Victoria, thence 5 minutes' walk, or by taxi.

GENERAL: The Home is a comfortable, old-fashioned house in a quiet road intended only for the reception of ladies of reduced means.

APPLICATIONS: to the Secretary, Thomas Banting's Memorial, 74, Broadwater Street West, Worthing. (Worthing 8383 and 9408). 6585 - 6465 (Application form requires a social testimony as well as the normal medical certificate).

#### PART II

The Homes listed in this section are outside the boundaries of the four Metropolitan Regional Hospital Boards. Only those Homes nearest to London are regularly visited by members of the Auxiliary Hospitals Committee.

#### COMBE DOWN CONVALESCENT HOME

#### COMBE DOWN, BATH, SOMERSET.

(Combe Down 3344)

PATIENTS: Women aged 20-65 (to 70 if active). General convalescence.

Ineligible: Normal exclusions.

**RELIGION**: Undenominational.

**BEDS**: 19, including 1 single room, the remainder being in 2, 3 or 4 bed wards, some on ground floor.

TREATMENT: No treatments or diets. Minor post-operative dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 1 S.R.N.; 1 S.E.A.N.

Medical Staff: Dr. David Stewart (visiting).

**LENGTH OF STAY:** 2–4 weeks.

ROUTINE AND RECREATION: The patients get up in time for breakfast at 9 a.m.

Lights are put out at 10.15 p.m.

There is a supply of books, wireless, television, etc., and there is a pleasant garden.

Visiting Day: Every afternoon and evening.

CHARGES: 16-10s. 1d. per week for patients received through S.W. Regional Hospital

RECEIVING DAY: Monday, between 2 and 4 p.m. if possible.

STATION: Bath Spa, from Paddington, or Midland Line to Green Park Station, Bath. A bus (Route No. 3) from the Guildhall stops outside the Home.

**GENERAL**: The Home is situated 500 feet above sea-level in lovely country within easy reach of the City. It has a large garden with home-grown vegetables.

**APPLICATIONS:** to the Matron.

N.H.S. patients: to the Board in whose Region the patient is at the time of application—e.g. Hospital, private residence, etc.

#### BLACKWELL RECOVERY HOSPITAL

# BLACKWELL, NEAR BROMSGROVE, WORCESTERSHIRE.

(HILLside 1195/6)

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**PATIENTS**: Men and women aged 18–70. Early post-operative and medical cases; Fractures and dietetic cases. (One-third bed cases, one-third semi-bed cases, and one-third convalescence).

Ineligible: Normal exclusions. Advanced heart conditions. Colostomies.

**RELIGION**: Undenominational.

BEDS: 127, in wards of 6, 8 or 12 beds. 4 of the wards are on the ground floor.

**TREATMENT**: Gastric, diabetic and other special diets. Dressings and special treatments (no physiotherapy available).

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 7-8.R.N.; 9 Assistant Nurses.

Medical Staff: Dr. W. W. Cashmore (visiting).

**LENGTH OF STAY:** 2 weeks, maximum 3 weeks.

**ROUTINE AND RECREATION:** The patients rise in time for breakfast at 8.30 a.m. and retire at 9.30 p.m. Those wishing to rest during the afternoon may do so. The Hospital has a library as well as facilities for indoor games and handicrafts.

**Visiting Days:** Tuesday and Friday, 7.30–8.0 p.m., Wednesday, Saturday and Sunday, 2 to 4 p.m.

 ${\bf ADMISSION}\ \ {\bf DAYS}$  : Monday and Thursday.

**STATION:** Blackwell, from Euston. The Hospital is only a few minutes' walk from the station.

**GENERAL**: The Hospital was built in 1860, but has since been modernised. It stands very high, about 600 feet above sea-level.

**APPLICATIONS:** Outside Birmingham Region to be made direct to Birmingham Regional Hospital Board, 10, Augustus Road, Edgbaston, Birmingham.

SOUTH WESTERN HOSPITAL REGION

PRIVATE HOME WITH CONTRACTUAL ARRANGEMENTS

APPROVED BY MINISTRY OF EDUCATION AS BOARDING HOME FOR DELICATE CHILDREN

#### HAPSTEAD HOUSE FOR CHILDREN

#### HAPSTEAD, BUCKFASTLEIGH, DEVON.

(Buckfastleigh 2117)

Parent Society: Hillaway Houses for Children, Hapstead, Buckfastleigh.

PATIENTS: Boys and girls from 5-15. General convalescence. Asthmatics. Chest

cases. Enuretics. Non-infectious tuberculosis.

Ineligible: Hearts. Epilepsy.

**RELIGION**: Undenominationl.

**BEDS**: 27.

TREATMENT: Simple dressings. Coeliac and other simple diets.

A physiotherapist attends once weekly. Remedial Exercises daily by resident

S.R.N.

STAFF: Chief Resident Officer: Proprietors.

Nursing Staff: 9-10 Resident Assistants including S.R.N.

Medical Staff: Dr. Michael Wigram (visiting).

LENGTH OF STAY: No limit. Long term cases preferred.

ROUTINE AND RECREATION: Open air life whenever possible. Well equipped playing fields. Pets kept. Afternoon rest. Library. Piano. Those sufficiently well

attend school. Home tuition by qualified teacher.

CHARGES: £4 140. 6d. per week.

**RECEIVING DAY:** By arrangements.

**STATION:** Newton Abbot.

**GENERAL**: Georgian House standing high in 18 acres.

APPLICATIONS: Mr. and Mrs. F. Markus, Hapstead, Buckfastleigh, Devon.

N.H.S. patients: to the Board in whose region the patient is at the time of

application.

#### THE RAILWAY CONVALESCENT HOME

#### THE BEDFORD, ST. JOHN'S ROAD, BUXTON, DERBYSHIRE.

(Buxton 541)

PATIENTS: Railwaymen of working age, who subscribe to the Railway Convalescent

Homes. General convalescence.

Homes. General convalescence.

Ineligible: Normal exclusions. Bed cases, and all cases requiring treatment.

**RELIGION**: Undenominational.

BEDS: 51. None on ground floor. Lift to first and second floors. Wards contain 1 and 2

beds only. Hot and cold water in every bedroom.

**TREATMENT:** No treatments or diets. Simple dressings.

**STAFF**: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: None.

Medical Staff: Dr. G. Cochrane (visiting).

**LENGTH OF STAY:** 2–4 weeks.

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ROUTINE AND RECREATION: Patients rise at 6.30 a.m. and retire at 10 p.m. All patients to be indoors by 9 p.m. No domestic work is done by the patients.

Visiting Day: Every afternoon, 2 to 4 p.m. by and with high me

CHARGES: None. Membership secured by weekly subscription through pay sheets.

**RECEIVING DAYS:** Tuesday and Thursday.

**STATION**: Buxton, from St. Pancras.

GENERAL: Garden of moderate size. All patients supplied by the Home with a free

pass to the adjacent Municipal Gardens.

APPLICATIONS: to the Secretary, The Railway Convalescent Homes, Speen House, Porter Street, off Baker Street, London, W.1. (WELbeck 9386).

#### **BELMONT CONVALESCENT HOME**

#### CHAPEL HILL, CLEVEDON, SOMERSET.

(Clevedon 2088)

PATIENTS: Women aged 14-69. General convalescence.

Ineligible: Normal exclusions. Bed cases. Emphysema and patients unable to manage stairs.

**RELIGION**: Church of England. (All denominations taken).

BEDS: 40, 36 being in wards and the remaining 4 in single rooms. No ground floor rooms.

TREATMENT: No treatments. Gastric and diabetic diets provided. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Medical Staff: Dr. W. Hylton (visiting).

LENGTH OF STAY: Normally 2 weeks.

ROUTINE AND RECREATION: Patients rise at 8 a.m. and retire at 9.30 p.m. They are expected to make their own beds and assist with the washing up during their second week. No other domestie-work is expected of them.

The Home has a small library as well as a wireless, piano and table games.

Television.

Visiting Day: Any day.

CHARGES: £6 0s. 0d. per week (Wards); £6 15s. 0d. per week (Private Rooms). Reduced charges to holders of subscribers' letters.

**RECEIVING DAY:** Monday.

STATION: Clevedon, from Paddington. A taxi is available at the station.

**GENERAL**: The Home, which is surrounded by a large garden, stands on a hill overlooking the Mendips.

APPLICATIONS: to the Secretary, Clevedon Convalescent Homes, Victoria Home, Princes Road, Clevedon (Clevedon 2031).

N.H.S. patients: to the Board in whose Region the patient is at the time of application—e.g. Hospital, private residence, etc.

#### VICTORIA HOME

#### PRINCES ROAD, CLEVEDON, SOMERSET.

(Clevedon 2031)

PATIENTS: Men aged 16-69. General convalescence.

Ineligible: Normal exclusions. Bed cases and patients unable to look after themselves.

**RELIGION:** Church of England. (All denominations taken).

BEDS: 40 in wards, 1 ground floor ward.

TREATMENT: No treatments. Gastric and diabetic diets provided. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N., S.C.M.).

Medical Staff: Dr. W. Hylton (visiting).

LENGTH OF STAY: Normally 2 weeks.

ROUTINE AND RECREATION: Patients rise at 8 a.m. and retire at 9.30 p.m.

There is a wireless as well as a billiards table, piano, bowling green, darts and television.

Visiting Day: Any day.

CHARGES: £6 10s. 0d. per week. Reduced charges for holders of subscribers' letters.

**RECEIVING DAY:** Monday.

STATION: Clevedon, from Paddington. A taxi is available at the station.

GENERAL: The Home is a Victorian building situated in a residential district. There is a large garden, sun lounge and billiards room.

APPLICATIONS: to the Secretary, Clevedon Convalescent Homes, Victoria Home, Princes Road, Clevedon (Clevedon 2031).

N.H.S. patients: to the Board in whose Region the patient is at the time of application—e.g. Hospital, private residence, etc.

#### THE RAILWAY CONVALESCENT HOME

# "BRIDGE HOUSE," DAWLISH, DEVON.

(Dawlish 3303)

PATIENTS: Railwaymen of working age who subscribe to the Railway Convalescent Homes. General convalescence.

Ineligible: Normal exclusions. Bed cases, and all cases requiring treatment.

**RELIGION**: Undenominational.

BEDS: 84. None on ground floor. Wards contain 5 to 14 beds. No isolation ward.

**TREATMENT:** No treatments or diets. Simple dressings.

**STAFF: Chief Resident Officer:** Matron (S.R.N.).

Nursing Staff: None.

Medical Staff: Dr. D. B. Peterkin (visiting).

**LENGTH OF STAY:** 2 to 4 weeks.

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ROUTINE AND RECREATION: Patients rise at 6.30 a.m. and retire at 10 p.m. All patients to be indoors by 9 p.m. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, piano, wireless, television, and putting green.

Visiting Day: Every afternoon, 2 to 4 p.m.

CHARGES: None. Membership secured by weekly subscription.

**RECEIVING DAYS:** Tuesday and Thursday.

STATION: Dawlish, from Paddington.

**GENERAL**: Large gardens supply fresh vegetables. Own poultry. Short, easy walk to seashore.

**APPLICATIONS:** to the Secretary, The Railway Convalescent Homes, Speen House, Porter Street, off Baker Street, London, W.1 (WELbeck 9386).

#### "RESTHAVEN"

# GUSSIFORD LANE EXMOUTH, DEVON.

(Exmouth 2374)

Parent Society: Exeter City Mission, c/o 215, High Street, Exeter.

PATIENTS: Women aged 17-75. General convalescence and recuperative holiday.

Ineligible: Normal exclusions. Asthma. Hearts.

**RELIGION**: Undenominational.

BEDS: 50, in wards containing 2, 3, 4 or 5 beds. Some on ground floor (women only). 32 convalescence and recuperative holiday, 20 residents.

TREATMENT: No treatments. Gastric diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Medical Staff: Dr. J. W. A. Crabtree (visiting).

**LENGTH OF STAY:** 2 to 4 weeks.

are expected to make their own beds and to assist with the washing up. There is a compulsory rest in the afternoon for those requiring it on medical grounds.

There is a library as well as facilities for indoor games.

Visiting Day: Every afternoon.

tuntow games

CHARGES: £4 14s. 6d. per week for convalescents and holiday patients, Devon area only. £5 5s. 0d. convalescent and holiday patients outside Devon area. Residents £5 5s. 0d. or £4 14s. 6d. shared rooms.

**RECEIVING DAY:** Tuesday.

STATION: Exmouth, from Waterloo.

GENERAL: The Home faces south-west and is about half a mile from the sea. It is surrounded by a medium-sized garden.

**APPLICATIONS:** to the Matron at the Home.

#### ST. LUKE'S CONVALESCENT HOME FOR

EXMOUTH,

DEVON. 17-65

(Exmouth 2094)

PATIENTS: Women aged 18-65. General convalescence.

Ineligible: Normal exclusions. Bed cases. Asthma. Hearts. Severe Neurasthenia.

**RELIGION:** Church of England. (All denominations taken).

**BEDS**: 27 beds, including 2 private rooms; the remaining 22 are in wards of 3-4 beds, two of which are on the ground floor.

**TREATMENT:** Minor treatments and dressings. Gastric and diabetic diets.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: 1 Sister and 1 Assistant Nurse.

Medical Staff: Dr. G. M. Willoughby (visiting).

**LENGTH OF STAY:** 2 to 4 weeks, sometimes extended.

ROUTINE AND RECREATION: The patients rise at 8 a.m. and retire at 10 p.m. There is a compulsory afternoon rest for those requiring it. Patients are expected to make their own beds if well enough. There is a supply of indoor games and television.

Visiting Day: Any day, 4.30 to 5.30 p.m.

CHARGES: £5 5s. 0d. per week. £5 15s. 6d. per week (single rooms). Priority milks and special diets extra.

**RECEIVING DAY:** Monday after 2 p.m.

STATION: Exmouth, from Waterloo. The Home is 10 minutes' walk from the station and patients are met by taxi by arrangement. (Taxi fare 2/6.)

**GENERAL**: The Home is a Georgian villa on the seafront. It has a small front garden.

**APPLICATIONS:** to the Matron at the Home.

N.H.S. patients: to the Board in whose Region the patient is at the time of application—e.g. Hospital, private residence, etc.

#### HERMAN DE STERN CONVALESCENT HOME

### FELIXSTOWE, SUFFOLK.

(Felixstowe 446)

This Home is for patients from the London Hospital, Whitechapel Road, E.1, and by arrangement from North East Metropolitan Regional Board.

(BIShopsgate 3255)

**PATIENTS:** Women of any age. Boys 2–10 and girls aged 2–12. Mothers and babies. Convalescent only.

RELIGION: Undenominational.

BEDS: 18 adults. 2 single rooms, one of 4 beds and one of 12 beds. 12 children in one ward. Accommodation for 2 mothers with babies.

TREATMENT: Treatments as required. All diets and dressings provided.

STAFF: Chief Resident Officer: Sister-in-Charge (S.R.N., S.C.M.).

Nursing Staff: Trained Nurses; Pre-training Students; Nursing Auxiliaries

Medical Staff: Dr. A. Sherlock.

LENGTH OF STAY: Normally 2-4 weeks.

**ROUTINE AND RECREATION:** Patients rise at 9.30 a.m. after breakfast in bed, and retire at 8.30 p.m. No domestic work is expected of them. No school. There is a supply of books, toys and games, and television in the patients' sitting room.

Visiting Days: Wednesday, Saturday and Sunday, 2 to 5 p.m., or by arrangement with Sister-in-Charge.

**RECEIVING DAY:** Wednesday.

STATION: Felixstowe Beach, from Liverpool Street. Patients are taken by ambulance to and from London.

GENERAL: Modernised building on sea-front. South aspect with pleasant balconies.

#### SUFFOLK CONVALESCENT HOME

### FELIXSTOWE, SUFFOLK.

(Felixstowe 788)

**PATIENTS:** Men, women and children aged 13–75. Patients from Hospital with priority to Hospitals in the East Anglian Region. Patients of General Practitioners, subject to approval of Medical Officer. General convalescence. Non-tubercular chests.

**Ineligible:** Normal exclusions. Severe Bronchiectasis, Cripples, Advanced Heart cases, and patients liable to be offensive to others. There is no lift and patients must be able to manage stairs.

**RELIGION**: Undenominational.

**BEDS**: 55.

TREATMENT: All treatments and diets.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: 3 S.R.N.; 6 Other Grades.

Medical Staff: The Medical Officer visits twice weekly for Clinics and as

requested by Nursing Officers.

LENGTH OF STAY: By arrangement with the Medical Officer in charge.

**ROUTINE AND RECREATION:** Patients are called at 7 a.m. with tea and are expected to be in bed by 9 p.m. Where possible patients are expected to make their own beds, and to help wash up occasionally. No school.

The Home has a library as well as a billiards table, television, and a wireless in all sitting-rooms.

Visiting Day: Daily.

RECEIVING DAYS: Monday, Tuesday and Thursday.

**STATION**: Felixstowe Town, from Liverpool Street. Patients are met at the station by a taxi (charge 3s. return). Or Coach from Kings Cross to Felixstowe ("The Ordnance"), a few minutes' walk from the Home.

**GENERAL:** The Home faces due south with deep verandahs running full length of the building on ground and first floor. The Home is situated on the sea-front with a small garden.

APPLICATIONS: to the Matron on Forms provided. It is regretted applications cannot be dealt with by telephone.

#### BOARBANK HALL NURSING AND CONVALESCENT HOME

### (CONVENT OF OUR LADY OF LOURDES) GRANGE-OVER-SANDS, LANCASHIRE.

Convent (Grange-over-Sands 2288) Patients (Grange-over-Sands 2753)

**PATIENTS:** Men and women aged 14–70. Young children taken only if accompanied by an adult. General convalescence after operation or acute illness. Rest, malnutrition, anæmia, etc.

Ineligible: Normal exclusions. Hearts, asthma, cancer, etc.

**RELIGION**: Roman Catholic. (Other denominations accepted).

**BEDS**: 80, in private rooms and small wards.

TREATMENT: All types of nursing treatment.

STAFF: Chief Resident Officer: The Reverend Mother Superior.

Nursing Staff: Nursing Sisters.

Medical Staff: Dr. D. T. Anderson, Dr. J. McGuffie (visiting).

**LENGTH OF STAY:** Convalescence 2 weeks (summer), may be extended to 3–4 weeks if recommended by Doctor and if accommodation is available. 6 weeks maximum (winter).

ROUTINE AND RECREATION: Patients must be up in time for breakfast at 8.30 a.m. and be in bed by 10 p.m. Breakfast is served in bed if specially requested by the Almoner sending the patient. No domestic work is expected from the patients. Billiards, darts, bowls, piano, wireless and television. Concerts are arranged by the patients themselves.

Visiting Day: By arrangement.

CHARGES: From £5 5s. 0d. per week (Ward accommodation). From £7 7s. 0d. Private rooms.

RECEIVING DAYS: Friday (Ward cases). Saturday (Private rooms).

STATION: Grange-over-Sands, from Euston. Frequent bus service 200 yds. from Hall.

**GENERAL**: The Home stands 300 feet above sea level and overlooks Morecambe Bay. Within easy reach of Lake District. Lakeside—10 miles.

**APPLICATIONS:** to the Reverend Mother at the Home.

#### THE RAILWAY CONVALESCENT HOME

# "ARDENLEA," QUEEN'S DRIVE, ILKLEY, YORKSHIRE.

(Ilkley 416)

PATIENTS: Railwaymen of working age who subscribe to the Railway Convalescent Homes. General convalescence.

Ineligible: Normal exclusions. Bed cases, and all cases requiring treatment.

**RELIGION**: Undenominational.

BEDS: 40. None on ground floor. Wards contain 4, 6, 7 and 8 beds. No isolation ward.

TREATMENT: No treatments. Gastric and diabetic diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: None.

Medical Staff: Dr. A. W. Gott (visiting).

**LENGTH OF STAY:** 2–4 weeks.

ROUTINE AND RECREATION: Patients rise at 6.30 a.m. and retire at 10 p.m. All patients to be indoors by 9 p.m. No domestic work is done by the patients. Billiards, darts, table tennis, bowls, piano, wireless and television.

Visiting Day: Every afternoon, 2 to 4 p.m.

CHARGES: None. Membership secured by weekly subscription.

RECEIVING DAYS: Tuesday and Thursday.

STATION: Ilkley, from Kings Cross. Taxi service to the home.

GENERAL: Garden supplies fresh vegetables. Home adjacent to and level with moors but steep hill from town to the Home.

APPLICATIONS: to the Secretary, The Railway Convalescent Homes, Speen House, Porter Street, off Baker Street, London, W.1 (WELbeck 9386).

### LANGWITH LODGE

### NETHER LANGWITH, Nr. MANSFIELD, NOTTS.

(Shirebrook 204)

PATIENTS: Male and Female diabetic patients over 12 years of age.

**RELIGION**: Undenominational.

**BEDS**: 31.

TREATMENT: Diets, dressings, Insulin injections, etc.

STAFF: Chief Resident Officer: Matron, S.R.N. Diploma in Dietetics.

Nursing Staff: 2 Sisters, S.R.N. (in addition to Matron); 1 Staff Nurse;

Assistant Nurses and Nursing Auxiliaries.

Medical Staff: Dr. J. C. Pease, D.M., M.R.C.P., Consultant Physician,

visiting from Mansfield.

1 Clinical Assistant resident locally.

**LENGTH OF STAY:** Approximately 4 weeks.

ROUTINE AND RECREATION: Breakfast is served at 8.30 a.m. and, so far as treatment permits, patients are allowed out daily until 6.45 p.m. during the summer months and until 4 p.m. during the winter months. Television, radio, billiards, putting green, tennis court, etc., are provided and there are separate sitting rooms for men and women. An occupational therapist attends as required.

VISITING DAY: There are facilities for visiting every day.

RECEIVING DAY: Thursday. (Meel grant 6) 5

STATION: Langwith. Nottingham from Worksop line L.M.S.

**GENERAL:** The Lodge has been adapted as a Convalescent Home for male and female diabetic patients and is situated in pleasant surroundings and extensive grounds.

**APPLICATIONS:** to the Matron, Langwith Lodge, Nether Langwith, Nr. Mansfield, from whom supplies of the necessary Application forms may be obtained.

### THE RAILWAY CONVALESCENT HOME

### OLD WOOL HALL, LAVENHAM, SUDBURY, SUFFOLK.

(Lavenham 215)

**PATIENTS:** Railwaywomen of working age who subscribe to the Railway Convalescent Homes. Wives of railwaymen, provided the husband is of working age and subscribes to the Railway Convalescent Homes.

Ineligible: Normal exclusions. Bed cases. All cases requiring treatment.

**RELIGION**: Undenominational.

BEDS: 24, in wards containing 2 to 10 beds. None on ground floor.

TREATMENT: No treatment. Gastric and diabetic diets provided. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: None.

Medical Staff: Dr. D. H. Le Good (visiting).

LENGTH OF STAY: 2 to 4 weeks.

**ROUTINE AND RECREATION:** The patients rise at 7 a.m. and retire at 10 p.m. They are expected to be indoors by 9 p.m. No domestic work is done by the patients. There is a supply of games, i.e. darts, table tennis, and a wireless and television.

Visiting Day: Every afternoon, 2 to 4 p.m.

**CHARGES**: None. Railwaywomen's membership secured by small weekly subscriptions. Wives granted benefit on husband's membership.

**RECEIVING DAYS:** Tuesday and Thursday.

STATION: Lavenham, from Liverpool Street.

**GENERAL**: The Home is a thirteenth century building surrounded by a small but pleasant garden situated in a peaceful country village.

APPLICATIONS: to the Secretary, The Railway Convalescent Homes, Speen House, Porter Street, off Baker Street, London, W.1 (WELbeck 9386).

### ORCHARD DENE

# 19 VIEW ROAD, RAINHILL, NEAR LIVERPOOL, LANCS.

(Rainhill 122)

Parent Society: The National Association for Mental Health. The National Society for Mentally Handicapped Children.

**PATIENTS:** Short stay care for all grades of mentally handicapped children from 2–12 years of age. Also epileptic and spastic mental defectives.

**Ineligible:** Infectious diseases and children who are a danger to themselves and others.

**RELIGION**: Undenominational.

**BEDS**: 20, in 5 dormitories of 3 to 6 beds.

TREATMENT: Nursing care and supervision only.

STAFF: Chief Resident Officer: Superintendent (S.R.N., R.N.M.D., R.M.P.A.).

Nursing Staff: Matron (R.M.P.A.).

Night Nurse (S.R.N. or S.E.A.N.).

Assistants.

Medical Staff: Dr. Crawford (visiting).

LENGTH OF STAY: 1 to 8 weeks. Can be extended if necessary.

**ROUTINE:** Routine is according to requirements. Large garden with well equipped playground.

CHARGES: £7 17s. 6d. per week.

**RECEIVING DAY:** By arrangement.

STATION: Rainhill, or by H3 and H4 buses from Pier Head, Liverpool to Victoria Hotel, Rainhill.

**APPLICATIONS:** To the Secretary, Residential Services Department, National Association for Mental Health, 39, Queen Anne Street, London, W.1. (WELbeck 1272).

### THE RAILWAY CONVALESCENT HOME

THE OLD ABBEY,
MARINE DRIVE,
LLANDUDNO,
NORTH WALES.

(Llandudno 77625)

PATIENTS: Railwaywomen of working age who subscribe to the Railway Convalescent Homes. Wives of railwaymen, provided the husband is of working age and subscribes to the Railway Convalescent Homes.

Ineligible: Normal exclusions. Bed cases.

**RELIGION**: Undenominational.

**BEDS**: 36, in 2 and 3 bed wards. None on the ground floor. Hot and cold water in every bedroom.

**TREATMENT**: No treatments or diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: None. 5.50 (where The Medical Staff: Dr. A. Maddock-Jones (visiting).

**LENGTH OF STAY**: 2–4 weeks.

ROUTINE AND RECREATION: There is a piano, wireless, television and table tennis.

Visiting Day: Every afternoon, 2 to 4 p.m.

CHARGES: None. Railwaywomen's membership secured by small weekly subscriptions. Railwaymen's wives are granted benefit on husband's membership.

RECEIVING DAYS: Tuesday and Thursday.

STATION: Llandudno, from Euston. Taxi service to the Home.

GENERAL: The Home commands extensive views from Conway Castle to the Isle of Anglesey. Large gardens run down to the seashore; and supply fresh vegetables.

APPLICATIONS: to the Secretary, The Railway Convalescent Homes, Speen House, Porter Street, off Baker Street, London, W.1 (WELbeck 9386).

### CHARNWOOD FOREST CONVALESCENT HOMES

### COOPER MEMORIAL CONVALESCENT HOME FOR CHILDREN WOODHOUSE EAVES, NEAR LOUGHBOROUGH, LEICESTERSHIRE.

(Woodhouse Eaves 266)

**PATIENTS:** Boys and girls aged 3-10. Older by arrangement. General convalescence.

Eligible: Medical, surgical, orthopaedic, diabetic, mild epileptic and spastic cases,

etc., and children with slight disability in need of convalescence.

**RELIGION**: Undenominational.

BEDS: 24, in wards; Open air balcony for sleeping for a number of children.

TREATMENT: Ultra-Violet Ray. Diets and limited dressings.

**STAFF: Chief Resident Officer:** Matron (R.G.N.).

Nursing Staff: 1 Sister (S.R.N., R.S.C.N.); 1 S.E.A.N.; Nursing Assistants;

Night Nurses.

Medical Staff: Dr. J. F. Walton (visiting).

**LENGTH OF STAY:** By arrangement.

ROUTINE AND RECREATION: The children rise at 8 a.m. and lights out at 6.30 p.m.

There is an afternoon rest period. No school, but occupational therapy.

There is a library as well as facilities for indoor and outdoor games, sand pit, etc.

Visiting Day: By arrangement with Matron.

CHARGES: £4 4s. 0d. per week. Dec. Jan. Feb. £4 11s. 0d. per week. March. Oct. Nov. £5 5s. 0d. per week. April to Sept. inclusive.

**RECEIVING DAY:** Monday and Friday or by arrangement.

STATION: From the North: Loughborough. From the South: Leicester (from St. Pancras or Marylebone). Midland Red Buses 601, 602 stop at gate, from Loughborough and Leicester.

GENERAL: The buildings, which are modern, stand in open country not far from a residential area, and are surrounded by large gardens and playgrounds.

APPLICATIONS: to the Secretary, Charnwood Forest Convalescent Homes, c/o 41, Granby Street, Loughborough (Loughborough 2890), or to Matron at Woodhouse Eaves.

### MARLBOROUGH CHILDREN'S CONVALESCENT HOSPITAL

### MARLBOROUGH, WILTS.

771 - 2

(Marlborough 16)

PATIENTS: Boys and girls from birth to 15th birthday. Orthopædic cases. Chests. Non-infectious skin cases. Asthmatics. Rheumatic Hearts. Post-operatives. Bed cases. Hydrocephalics.

**Ineligible:** Normal exclusions.

**RELIGION:** Undenominational.

BEDS: 108, including a modern ward accommodating 26 boy patients.

TREATMENT: Fully equipped physiotherapeutic department with Hubbard Tank, etc.; remedial exercises; all diets and dressings.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: 1 Assistant Matron; 10 S.R.N.; 3 S.E.A.N.; 25 Nursing Auxiliaries.

Medical Staff: Dr. N. R. Butler, Consulting Paediatrician

Dr. J. B. Stewart, Consultant in Physical Medicine 4 O'wiky Mr. J. C. Scott, Consulting Orthopædic Surgeon

Dr. K. D. Crow, Consulting Dermatologist

Dr. T. R. Maurice, Medical Officer

shaft. Dr. W. L. Calnan, Medical Officer

LENGTH OF STAY: Minimum 1 month. No limit.

ROUTINE AND RECREATION: The children who are fit to do so normally rise at 7.45 a.m. and have breakfast at 8.30 a.m. There is a compulsory rest in the afternoon. All the children are in bed by 7 p.m. No domestic work is required of them. Scouts, cubs, guides and brownies. Occupational therapy. Facilities for outdoor games. Playground. Country walks, nature study, etc. School: Recognised Ministry of Education Hospital School. Head Teacher and 4 assistants.

Visiting Days: Any day after 3.30 p.m. Saturday and Sunday from 2 p.m.

**RECEIVING DAY:** Any day.

STATION: Marlborough (via Savernake), from Paddington. The Hospital is threequarters of a mile from the station.

GENERAL: The Hospital stands in its own grounds on the edge of Marlborough Downs, 500 feet above sea-level.

**APPLICATIONS**: to the Matron.

### THE RAILWAY CONVALESCENT HOME

LEASOWE CASTLE,
MORETON,
WIRRAL,
CHESHIRE.

(Arrowebrook 5096)

**PATIENTS:** Railwaywomen of working age who subscribe to the Railway Convalescent Homes. Wives of railwaymen, provided the husband is of working age and subscribes to the Railway Convalescent Homes.

Ineligible: Normal exclusions. Bed cases, and all cases requiring treatment.

**RELIGION**: Undenominational.

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BEDS: 59. None on ground floor. Wards contain 2 to 4 beds, also 18 cots for babies up to 9 months old. No isolation ward. Hot and cold water in every bedroom.

TREATMENT: No treatments or diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: 3 Nursery-trained Nurses for babies.

Medical Staff: Dr. D. A. Rice (visiting).

LENGTH OF STAY: 2-4 weeks.

**ROUTINE AND RECREATION:** Patients rise at 7 a.m. and retire at 10 p.m. All patients to be indoors by 9 p.m. No domestic work is done by the patients. Darts, table tennis, putting, piano, organ, wireless and television.

Visiting Day: Every afternoon, 2 to 4 p.m.

**CHARGES:** None. Railwaywomen's membership secured by small weekly subscriptions. Wives granted benefit on husband's membership.

RECEIVING DAYS: Tuesday and Thursday.

STATION: Leasowe, from Euston or Paddington.

**GENERAL:** Large gardens supply fresh vegetables. Own poultry. Private entrance from seashore. Short electric train journey into Liverpool.

**APPLICATIONS:** to the Secretary, The Railway Convalescent Homes, Speen House, Porter Street, off Baker Street, London, W. 1 (WELbeck 9386).

### BEECH HILL CHILDREN'S CONVALESCENT HOME

### BEECH HILL, NEAR READING, BERKSHIRE.

(Reading 83120)

Parent Society: British Red Cross Society, Berkshire Branch.

PATIENTS: Boys aged 2–10. Girls aged 2–12. Hand/capped children eligible.

Ineligible: Normal exclusions.

**RELIGION**: Undenominational.

BEDS: 35 in 5 wards, one on ground floor.

TREATMENT: Post-operational cases, diets, dressings, and convalescents. Physiotherapy.

STAFF: Chief Resident Officer: Matron, S.R.N. and R.S.C.N.

Nursing Staff: 1 S.R.N., 2 Assistants, 4-6 auxiliaries,

Medical Staff: Dr. Martin (visiting).

LENGTH OF STAY, According to medical recommendation.

ROUTINE AND RECREATION: According to age; compulsory afternoon rest for all.

Games in grounds. Country walks.

Visiting Day: Saturday and Sunday or by arrangement with the Matron.

**CHARGES**: £6 16s. 6d.

RECEIVING DAY: Wednesday, or by arrangement.

STATION: Reading. Transport available to and from Home.

GENERAL: The Home is a fine Queen Anne house situated in its own grounds, facing south. It has recently been enlarged and completely modernised.

APPLICATIONS: to the Matron at the Home.

NATIONAL HEALTH SERVICE SPECIAL SCHOOL

### **COLD ASH CHILDREN'S HOSPITAL**

### NEWBURY, BERKS.

(Thatcham 3215)

PATIENTS: Boys and girls up to thirteen. Long stay medical and orthopædic cases requiring special care and skilled nursing. This is a Hospital School for children needing treatment for periods of from three months to one year. It is not a convalescent home and not an institution for permanently physically handicapped children.

**Ineligible**: Normal exclusions.

**RELIGION**: Undenominational.

**BEDS**: 34.

TREATMENT: Physiotherapy. Special diets, including coeliac. All dressings and treatment.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: 4 S.R.N. and 10 other nursing staff.

Medical Staff: Dr. J. J. Kempton (M.D., M.R.C.P.) and Mr. C. M. Squire

(F.R.C.S.) consultants in pædiatrics and orthopædics, visit regularly. Dr. Fraser, Dr. Walker (visiting). Other specialists

on call.

**LENGTH OF STAY:** Three months to one year generally.

ROUTINE AND RECREATION: Supervised graduated rest and exercise. Postural drainage and special treatment for chest cases.

Children do handicrafts and gardening. Picnics and expeditions to the sea and river are arranged.

Visiting Days: Saturday 1.30-3.30 p.m. Sunday 2.30-4.30 p.m. Other days 3.30

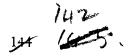
p.m. to 4.30 p.m. by arrangement.

**RECEIVING DAY:** No special day.

STATION: Thatcham or Newbury stations from Paddington. Patients can be met by arrangement at the station.

GENERAL: The Hospital was built about seventy years ago and stands in eighteen acres of ground, surrounded by pinewoods. It is specially suitable for certain types of respiratory cases and for bone and joint tuberculosis.

**APPLICATIONS:** to the Matron.



PRIVATE HOME, CONTRACTUAL ARRANGEMENTS APPROVED BY MINISTRY OF EDUCATION AS BOARDING HOME FOR DELICATE CHILDREN

### HILLAWAY HOUSE FOR CHILDREN

### STOKE-IN-TEIGNHEAD, NEWTON ABBOT, DEVON.

(Shaldon 3322)

Parent Society: Hillaway Houses for Children, Hapstead, Buckfastleigh.

PATIENTS: Boys and girls 5-15 years. General convalescence. Asthmatics.

Chest cases. Enuretics. Non-infectious tuberculosis.

Ineligible: Hearts. Epilepsy.

**RELIGION**: Undenominational.

**BEDS**: 13.

**TREATMENT:** Simple dressings. Coeliac and other simple diets.

A physiotherapist attends once weekly. Remedial Exercises daily by resident S.R.N.

STAFF: Chief Resident Officer: Matron, (S.R.N., M.C.S.P.).

Nursing Staff: 3 Resident Assistants.

Medical Staff: Dr. Roger Blackney (visiting).

**LENGTH OF STAY:** No limit. Long term cases preferred.

ROUTINE AND RECREATION: Open air life whenever possible. Sea bathing. Afternoon rest. Piano. Those sufficiently well attend school. Home tuition by qualified teacher.

CHARGES: £4 14s. 6d. per week.

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**RECEIVING DAY:** By arrangement.

**STATION**: Newton Abbot.

**GENERAL**: Modern house facing south, surrounded by old world orchard. It has three small houses in the grounds of  $3\frac{1}{2}$  acres. Children attend local school and Teignmouth Modern Secondary School.

APPLICATIONS: Mr. and Mrs. F. Markus, Hapstead, Buckfastleigh, Devon. N.H.S. patients: to the Board in whose region the patient is at the time of application.

### **BROOMHAYES**

### NORTHAM, NORTH DEVON.

(Northam 30)

**PATIENTS:** Boys and girls up to 9 years old. 6 taken under 1 year. General convalescence. Bed cases. Infantile Eczema. Malnutrition. Chest cases. Spastics. Limited accommodation for mothers with baby or older child. **Ineligible:** Normal exclusions.

**RELIGION**: Undenominational.

BEDS: 24, of which 8 are in a nursery. New isolation wing provided.

**TREATMENT**: Physiotherapy by arrangement. Coeliac and other simple diets. Simple dressings.

STAFF: Chief Resident Officer: The Proprietress.

Nursing Staff: 1 S.R.C.N.; 1 S.R.N.; 1 Nursery-trained Nurse; 10 Un-

trained Nursery Students; 1 Night Nurse.

Medical Staff: Dr. Youngman (visiting). Dr. Brimblecombe, Consultant Paediatician.

LENGTH OF STAY: Long-term cases preferred.

ROUTINE AND RECREATION: The children rise at 7.40 a.m. and retire according to age. There is a compulsory rest, in the garden if possible, in the afternoon for all children; and during the morning for babies.

There is a large supply of toys. Television. Whenever weather permits, the children play and picnic on the nearby sandy beach. Nursery school on the premises. Children taken to local school by car if advisable in a long-stay case.

Visiting Day: By arrangement with Matron.

CHARGES: £5 5s. 0d. per week; £5 0s. 0d. per week for children sent by the S.W. Regional Hospital Board,  $6\frac{1}{2}$  gns, being charged for severely handicapped children.

RECEIVING DAY: No special day. To sw

**STATION:** Bideford.

**GENERAL:** Stands high overlooking Bideford Bay, and is not far from the beach. The Home has a large garden, and home-grown vegetables.

APPLICATIONS: to the Matron.

N.H.S. patients: to the Board in whose Region the patient is at the time of application—e.g. Hospital, private residence, etc.

NATIONAL HEALTH SERVICE

## Cowho FREELAND HOSPITAL

## FREELAND, OXFORD.

(Freeland 258)

PATIENTS: Men and women aged 14-70. General convalescence. (Not chronic cases).

Ineligible: Normal exclusions. Asthma.

**RELIGION:** Undenominational.

BEDS: 62, in wards.

TREATMENT: Physiotherapy, but no electrical treatment. Reduction and gastric diets

provided. Small daily dressings.

STAFF: Chief Administrative Officer: Hospital Secretary.

Nursing Staff: Assistant Matron-in-Charge; 6 S.R.N.

Medical Staff: Dr. Tothill visits twice weekly.

**LENGTH OF STAY**: 2-4 weeks.

ROUTINE AND RECREATION: Breakfast is provided in bed at 8.15 a.m. Patients must be in their wards by 9 p.m. They are not expected to do any domestic work.

There is a library and facilities for indoor and outdoor games.

Visiting Day: Any day.

**RECEIVING DAYS:** Tuesday and Friday.

Hooke

**STATION:** Oxford, from Paddington. Bus No. 53 runs to within 1 mile of the Home Taxi can be arranged. The Home is 9 miles from Oxford.

Henbelm

GENERAL: Large country mansion with extensive grounds, situated in the heart of the country 9 miles from Oxford.

APPLICATIONS: to the Hospital Secretary at the Hospital.

### THE RAILWAY CONVALESCENT HOME

# "TRENYTHON," PAR, CORNWALL.

(Par 2572)

**PATIENTS:** Railwaymen of working age who subscribe to the Railway Convalescent Homes. General convalescence.

Ineligible: Normal exclusions. Bed cases, and all cases requiring treatment.

**RELIGION**: Undenominational.

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BEDS: 67. None on the ground floor. Wards contain 2-6 beds. No isolation ward.

**TREATMENT**: No treatments. Gastric and diabetic diets. Simple dressings.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Nursing Staff: None.

Medical Staff: Dr. J. L. Barnardo (visiting).

**LENGTH OF STAY:** 2 to 4 weeks.

ROUTINE AND RECREATION: Patients rise at 6.30 a.m. and go to bed at 10 p.m. All patients to be indoors by 9 p.m. No domestic work is done by the patients. Billiards, bagatelle, darts, bowls, piano, wireless and television.

**Visiting Day:** Every afternoon, 2 to 4 p.m.

**CHARGES:** None. Membership secured by weekly subscription.

**RECEIVING DAYS:** Tuesday and Thursday.

STATION: Par, from Paddington.

**GENERAL:** Large gardens supply fresh vegetables, own poultry, grounds include extensive woods. Home overlooks St. Austell Bay, but is a fair walk from seashore.

APPLICATIONS: to the Secretary, The Railway Convalescent Homes, Speen House, Porter Street, off Baker Street, London, W.1 (WELbeck 9386).

### ST. ELIZABETH'S HOME OF REST

### PLYMPTON ST. MAURICE, PLYMOUTH, DEVON.

(Plympton 2112)

Parent Society: The Sisters of Charity, Knowle, Bristol.

**PATIENTS:** Women aged 14–70. General convalescence after operation or illness. Debility. Rest.

Ineligible: Normal exclusions. Bed cases. Those requiring nursing.

**RELIGION:** Church of England. (All denominations taken).

BEDS: 20, in 4 cubicle wards and 4 private rooms. Some on ground floor.

**TREATMENT:** No treatments or diets. Simple dressings.

STAFF: Chief Resident Officer: Sister-in-Charge.

Nursing Staff: 1 Untrained.

Medical Staff: Dr. Ball (visiting).

**LENGTH OF STAY:** 3 to 6 weeks.

ROUTINE AND RECREATION: Patients rise at 8.30 a.m. and retire about 9 p.m. Breakfast in bed is provided when necessary. Patients are expected to make their own beds. No housework is required, but after the first or second week of their stay patients may be asked to do the drying up after breakfast or tea. There are daily prayers.

There is a library as well as a piano and wireless.

Visiting Days: Wednesday and Sunday, 2 to 4.30 p.m. and other times.

CHARGES: From £2.5s. 0d. per week (cubicles). From £3.5s. 0d. per week (private rooms).

**RECEIVING DAY** :- No special day.

STATION: Plymouth, from Paddington. Then 20 minutes by bus to the Home.

**GENERAL**: The Home is situated in a village 5 miles from Plymouth, and has 6 acres of garden; buses run nearby.

APPLICATIONS: to the Sister-in-Charge at the Home.

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## ELEANOR WEMYSS RECOVERY AND CONVALESCENT HOME

### CRAZIES HILL, NEAR READING, BERKSHIRE.

(Wargrave 72)

PATIENTS: Boys and girls 2-12 years. While the Home is primarily for patients transferred from the Evelina and Guy's Hospitals, it is frequently possible to accept suitable children from other hospitals, and enquiries addressed to the almoner at Evelina Hospital (HOP 4747) will at all times be welcomed. General convalescence.

Ineligible: Normal exclusions.

**RELIGION**: Undenominational.

BEDS: 17. Isolation ward provided.

TREATMENT: Treatments and diets as ordered by the Medical Staff.

STAFF: Chief Resident Officer: Sister-in-Charge (S.R.N., P.S.C.N.).

Nursing Staff: 3 Nursery Staff; 3 Nurses. Medical Staff: One physician (visiting).

**LENGTH OF STAY:** As recommended by the Medical Staff.

ROUTINE AND RECREATION: The patients rise at 7 a.m. and retire at 6.30 p.m.

There is a compulsory rest in the afternoon.

There is a supply of children's books, games, and indoor and outdoor playequipment.

Visiting Day: Saturday, 1 to 3 p.m.

**RECEIVING DAY:** Alternate Wednesdays.

**STATION:** Henley-on-Thames  $(3\frac{1}{2} \text{ miles})$  or Wargrave-on-Thames  $2\frac{3}{4} \text{ miles})$  from Paddington via Twyford. Patients are conveyed by ambulance. Coaches from Victoria pass within 2 minutes' walk of the Home.

**GENERAL**: The Home is situated in open country  $1\frac{3}{4}$  miles from the village of Wargrave.

APPLICATIONS: Almoner, Evelina Children's Hospital or Guy's Hospital.

### THE RAILWAY CONVALESCENT HOME

ASCOG MANSION, ROTHESAY, ISLE OF BUTE, SCOTLAND.

(Rothesay 121)

**PATIENTS:** Railwaymen of working age who subscribe to the Railway Convalescent Homes. General convalescence.

Ineligible: Normal exclusions. Bed cases. All cases requiring treatment.

**RELIGION**: Undenominational.

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BEDS: 37. None on the ground floor. Wards contain 2 to 6 beds. No isolation ward.

TREATMENT: No treatment. Gastric and diabetic diets provided. Simple dressings.

STAFF: Chief Resident Officer: Matron.

Nursing Staff: None.

Medical Staff: Dr. T. Wilson Howie (visiting).

**LENGTH OF STAY:** 2 to 4 weeks.

ROUTINE AND RECREATION: Patients rise at 6.30 a.m. and retire at 10 p.m. All patients to be indoors by 9 p.m. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, bowls, piano, wireless, television and putting green.

Visiting Day: Every afternoon, 2 to 4 p.m.

CHARGES: None. Membership secured by weekly subscription.

RECEIVING DAYS: Tuesday and Thursday.

**STATION:** Rothesay, from Euston.

GENERAL: Large gardens supply fresh vegetables. Own poultry. Home on seashore.

APPLICATIONS: to the Secretary, The Railway Convalescent Homes, Speen House, Porter Street, off Baker Street, London, W.1 (WELbeck 9386).

INDEPENDENT

### EPIPHANY CONVALESCENT AND REST HOME

### ST. AGNES, NORTH CORNWALL.

(St. Agnes 330)

Parent Society: Community of the Epiphany, Truro.

PATIENTS: Men and women. General convalescence and Resident Frail Ambulant.

**Ineligible**: Normal exclusions. Bed cases.

**RELIGION**: Church of England (but all denominations taken).

BEDS: 50 in wards of 6 and 5. Two double rooms for married couples. Electric passenger

lift.

**TREATMENT**: Light diets could be provided. Dressings when necessary.

STAFF: Sister-in-Charge: (a Sister of the Community).

Nursing Staff: 2 Trained Nurses.

Medical Staff: Dr. H. Whitworth (visiting).

LENGTH OF STAY: Variable.

ROUTINE AND RECREATION: Breakfast at 8.45 a.m. Patients may rest on their beds during the afternoon. Lights out at 10.30 p.m. Voluntary morning and evening prayers.

There is a library, wireless, television, piano and table and outdoor games.

Visiting Day: Any day.

**CHARGES**: On application.

**RECEIVING DAY:** Any day.

**STATION**: St. Agnes, from Paddington.

GENERAL: The Home stands on the coast, about half a mile from St. Agnes. It has a

large garden and is in open, somewhat hilly country.

**APPLICATIONS**: to the Sister-in-Charge at the Home.

### ORMEROD HOME FOR CHILDREN

### ST. ANNE'S-ON-SEA. LANCASHIRE.

(St. Anne's 293)

Parent Society: St. Michael's Convent, Ham Common, Surrey. Tel: Kingston 2740.

**PATIENTS**: Boys aged  $2\frac{1}{2}$ -11 years. Girls aged  $2\frac{1}{2}$ -15 years. General convalescence. Retarded children and those from broken homes are taken for periods.

Ineligible: Normal exclusions. Bed cases. Children requiring special nursing, or those unable to follow the normal routine of the Home.

**RELIGION:** Church of England. (All denominations taken).

BEDS: 56, in wards or 16. One on ground floor. There is a separate dormitory for isolation purposes.

TREATMENTS: No treatments.

STAFF: Chief Resident Officer: Sister Superior.

Nursing Staff: 1 S.R.N.; 6 Assistant Nurses.

Medical Staff: Dr. Murray (visiting)

LENGTH OF STAY: 2-12 weeks.

ROUTINE AND RECREATION: The children rise at 7 a.m. and retire from 6-8 p.m. according to age. The younger children rest in the morning. No school. There are large playrooms in the Home as well as a supply of toys and books.

Visiting Day: Once monthly by arrangement.

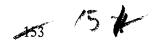
CHARGES: £3 Qs. 0d. per week.

**RECEIVING DAY:** Thursday.

STATION: St. Anne's-on-Sea, from Euston. Patients are met at the station by arrangement with the Sister Superior.

GENERAL: The Home stands on the sandhills, practically on the sea-shore, with direct access to the sands.

**APPLICATIONS**: to the Sister Superior at the Home.



### **BYNG HOUSE**

### 68, PROMENADE, SOUTHPORT, LANCS.

(Southport 3950)

**PATIENTS:** Ex-Servicemen. General convalescence.

Ineligible: Normal exclusions. Bed cases. Bronchiectasis.

**RELIGION**: Undenominational.

BEDS: 41, in 1-4 bed wards; none on ground floor but there is a lift.

TREATMENT: No treatments or dressings. Light diets.

STAFF: Chief Resident Officer: Manager, Mr. L. E. Watson.

Nursing Staff: None.

Medical Staff: Dr. John Homes (visiting).

**LENGTH OF STAY:** 2 weeks, sometimes extended.

**ROUTINE AND RECREATION:** Patients rise in time for 8.45 a.m. breakfast, and retire at 10.30 p.m. They are expected to make their own beds. No other domestic work is required.

The Home has a library and television as well as facilities for indoor and out-

door games.

Visiting Day: By arrangement with the Manager.

CHARGES: Free. Payable by British Legion. Other Service Funds, etc., are asked to contribute towards cost of maintenance.

RECEIVING DAY: Thursday.

STATION: Southport, from Euston. A bus (Route No 17) from Lord Street runs near the Home.

**GENERAL**: The house stands on the promenade and it has a small garden facing the sea.

**APPLICATIONS**: through Local Service Committees of the British Legion. (Addresses available at Local Post Offices).

### "THE HEADLAND"

### CLIFF ROAD, TORQUAY, DEVON.

(Torquay 22161)

**PATIENTS:** Men and women aged 17–70. General convalescence. 2 Male colostomy beds.

Ineligible: Normal exclusions. Bed cases. Diabetics. Asthma and Neurasthenia.

**RELIGION**: Undenominational.

BEDS: 35, divided between men and women.

TREATMENT: No treatments. Mild gastric diets, Simple dressings.

STAFF: Chief Resident Officer: Sister-in-charge (S.R.N.).

Nursing Staff: 3 S.R.N.; 2 S.E.A.N.

Medical Staff: Dr. E. H. C. Earl (visiting).

**LENGTH OF STAY**: Arranged by Medical Officer and South-West Regional Hospital Board. Normal period 2 to 4 weeks.

**ROUTINE AND RECREATION:** Patients rise at 8 a.m. and retire at 9 p.m. There is a compulsory afternoon rest. Patients are expected to make their own beds. There is a library as well as indoor games.

Visiting Days: Wednesday, Saturday and Sunday, 3 to 4 p.m.

RECEIVING DAYS: Monday and Friday.

STATION: Torquay, from Paddington. Taxis are available at the station.

GENERAL: The Home stands on a headland overlooking Torbay. It has a garden.

APPLICATIONS: to the South-Western Regional Hospital Board, Parklands, Tyndalls Park Road, Bristol 8 (Bristol 38471).

### ST. JOHN'S CONVALESCENT HOME

### WESTON FAVELL, Nr. NORTHAMPTON.

(Northampton 31729)

PATIENTS: Males and females over 12 years old. General convalescence. No restriction as to residence. Also a limited number of permanent residents.

Ineligible: Normal exclusions. Bed cases.

RELIGION: Church of England, but patients of all classes and creeds are admitted.

BEDS: 40. Single and double rooms and rooms of 4-6 beds.

TREATMENT: Small dressings. Simple gastric diets.

STAFF: Chief Resident Officer: Matron (S.R.N.).

Assistant Matron (S.E.A.N.)

Medical Staff: Dr. J. F. Mitchell (visiting).

LENGTH OF STAY: 3 weeks. Extended in special circumstances.

ROUTINE AND RECREATION: Patients are expected to make their beds if they are well enough to do so. Comfortable lounges. Library, billiards room, television and wireless.

Visiting Day: Wednesday and Saturday: 2.30 6 3.30 and 6to7 dante

CHARGES: Ordinary convalescent accommodation 110s. 0d. per week each. Single rooms £4 0s. 0d. per week. Double rooms £7 0s. 0d. per week per room. Permanent residents ordinary accommodation £4 per week. Single rooms £5. Double rooms £8 per week.

**RECEIVING DAY:** Friday.

STATION: Castle Station, Northampton, two miles from Home. Excellent bus service from Station to Home.

GENERAL: A very comfortable Home standing in grounds of eleven acres. Situated on a bus route. Fresh fruit and vegetables from own orchard and kitchen garden.

APPLICATIONS: By application form obtainable from Matron or Clerk to St. John's Convalescent Home, 7 and 8, The Parade, Market Square, Northampton. Hot and cold water in at bedrooms.

### BRITISH LEGION CONVALESCENT AND HOLIDAY HOME

SOMERSET LEGION HOUSE, 5-8, CLAREMONT CRESCENT, WESTON-SUPER-MARE, SOMERSET.

(Manager) Weston-super-Mare 589 (Residents) Weston-super-Mare 701

**PATIENTS:** Ex-Service men and women of any age. Adult dependants. General convalescence. Rest.

Ineligible: Normal exclusions. Bed cases. Bronchiectasis. Children.

**RELIGION**: Undenominational.

BEDS: 64, mainly in 2-bedded rooms. Some on ground floor. Few single rooms. Accommodation for 12 married couples. 2 ts. Hot and cold water in all bedrooms.

TREATMENTS: No treatments or dressings. Light diets.

STAFF: Chief Resident Officer: Manager.

Nursing Staff: None.

Medical Staff: Dr. H. Powell, M.B.E. (visiting).

**LENGTH OF STAY:** Normally 2 weeks. Can be extended at the discretion of the Medical Officer.

**ROUTINE AND RECREATION:** There are few restrictions. No domestic work is expected of the guests.

There is a library, and facilities for indoor and outdoor games. Patients arrange own whist drives and social evenings.

Visiting Day: Any day.

CHARGES: Free. Borne by British Legion. Other Service funds, etc., are asked to contribute towards the cost of maintenance.

**RECEIVING DAY:** Thursday.

**STATION:** Weston-super-Mare, from Paddington. The Home is about 1 mile from the station. Bus service to within 50 yards of the Home.

**GENERAL**: The Home is a converted hotel and delightfully situated on the seafront Many of the rooms overlook the sea. Electric passenger lifts.

**APPLICATIONS:** through Local Service Committees of the British Legion (Addresses available at Local Post Offices).

### EDITH CAVELL HOME OF REST FOR NURSES

## THE CROSSWAYS, WINDERMERE, WESTMORLAND.

(Windermere 256)

PATIENTS: Nurses and Midwives requiring rest.

Ineligible: Those requiring nursing or medical attention.

**RELIGION:** Undenominational.

**BEDS**: 13, in single and double rooms.

TREATMENT: No treatments, diets or dressings.

STAFF: Chief Resident Officer: Superintendent (S.R.N.).

Nursing Staff: None.

Medical Staff: Dr. R. W. P. Hall, M.C., P. (Hon. Medical Officer).

**LENGTH OF STAY:** Up to 2 or 3 weeks. Sometimes extended.

ROUTINE AND RECREATION: Guests rise about 8.30 a.m. and retire at 10.30 p.m. There is a supply of books as well as wireless, television and a supply of indoor games. The Home is in the Lake District where some of the most beautiful scenery in England is to be found.

Visiting Day: Any day.

CHARGES: £ 1 11s. 6d. per week.

RECEIVING DAY: Any day except Sunday.

STATION: Windermere, from Euston. The Home is 10 minutes' walk from the station.

**GENERAL:** A fairly modern house with a small garden situated in a residential neighbourhood, about 20 minutes from the lake.

APPLICATIONS: to the Secretary, Edith Cavell Homes of Rest for Nurses, 21, Cavendish Square, London, W.1 (LANgham 2721).

## **INDICES**

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Alphabetical list of Towns in which Convalescent Homes are situated. (The letters M W and C indicate whether the Home takes Men, Women or Children. An asterisk signifies there is no age limit, or that the limit is over 70. Italics indicate a Private Home with Contractual Arrangements).

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#### Prefix letters denote the following:-

W Women accepted.

M Men accepted.

*	No fixed a	age limit, or patients over 70 accepted.	reakfast in	bec	l prov	rided.
b		accepted. g Ground floor bedrooms.		_		stay.
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W\*g Dominican Convalescent Home, Kelvedon
W Edith Cavell Home of Rest for Nurses, Haslemere

W Edith Cavell Home of Rest for Nurses, Windermere

MWC\*b Dame Gertrude Young Memorial Convalescent Home, Ealing

Wg Combe Down Convalescent Home, Bath

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MW Convalescent Police Seaside Home, Hove WC\*ab Croft Annexe (London Hospital), Reigate

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