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INFORMATION NOTES

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ETHNIC MINORITIES & HEALTH CARE IN LONDON



December 1982

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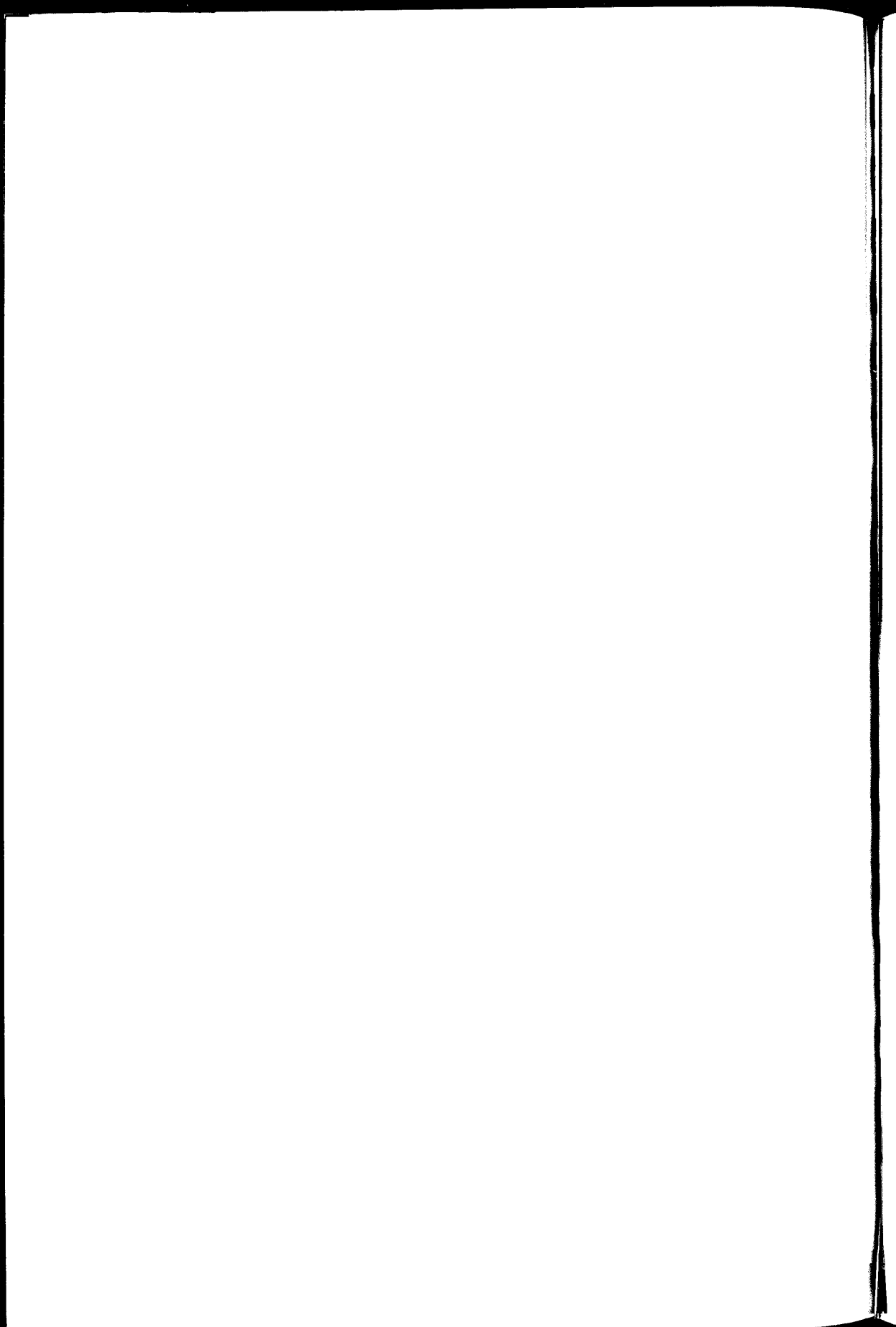
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ETHNIC MINORITIES AND HEALTH CARE IN LONDON

The main purpose of this information note is to provide, for those concerned with ethnic minorities' health care in London, an up-to-date source document listing local projects and initiatives. Other information has also been included to help the reader: some data on the ethnic composition of London's population; a list of organisations concerned with ethnic minorities' health; addresses and phone numbers of CHCs and CRCs in Greater London and a list of useful publications.

The information contained in this document is not claimed to be comprehensive. Material has been gathered from a wide variety of sources but inevitably some initiatives will have been missed. Compiling the information note involved the co-operation of a large number of individuals and organisations and I am grateful to everyone who gave their time to talk or write to me about projects they knew of. Any errors that have been introduced into the information they provided are entirely my responsibility.

Jane Hughes
December 1982.



ETHNIC MINORITIES AND HEALTH CARE IN LONDON

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1. The first part of the paper is devoted to a general discussion of the problem.

2. In the second part, we shall consider the case of a single particle.

3. The third part is devoted to the case of a system of particles.

4. In the fourth part, we shall discuss the results of our calculations.

5. The fifth part is devoted to a discussion of the physical meaning of the results.

6. In the sixth part, we shall consider the case of a system of particles.

7. The seventh part is devoted to a discussion of the physical meaning of the results.

8. In the eighth part, we shall consider the case of a system of particles.

9. The ninth part is devoted to a discussion of the physical meaning of the results.

10. In the tenth part, we shall consider the case of a system of particles.

11. The eleventh part is devoted to a discussion of the physical meaning of the results.

12. In the twelfth part, we shall consider the case of a system of particles.

13. The thirteenth part is devoted to a discussion of the physical meaning of the results.

14. In the fourteenth part, we shall consider the case of a system of particles.

15. The fifteenth part is devoted to a discussion of the physical meaning of the results.

16. In the sixteenth part, we shall consider the case of a system of particles.

17. The seventeenth part is devoted to a discussion of the physical meaning of the results.

THE ETHNIC COMPOSITION OF THE POPULATION OF LONDON

It is difficult to obtain accurate and detailed information about the racial and ethnic composition of London's population. British Censuses have never included questions on ethnicity but have relied instead on information about place of birth and parental birthplace. A question on race or ethnic origin was to be included in the 1981 Census but was abandoned because it was not universally acceptable. Thus the 1981 Census yields information based on place of birth which, although not ideal, gives some idea of the sizes and location of London's minority ethnic populations.

In most boroughs, people of New Commonwealth and Pakistani origin form the largest proportion of those born outside the UK and Irish Republic, as shown in diagram I. For the purpose of the diagram, the 'New Commonwealth and Pakistan' (NCWP) group of countries has been divided into three subgroups: Caribbean and African countries; India, Bangladesh and Pakistan; and a third group which includes Cyprus, Malta, Gibraltar, Sri Lanka, Hong Kong, Singapore and Malaysia. An editorial in *Population Trends* (no.28, 1982) makes the following points about the population of NCWP origin in Britain.

- a) The population of NCWP origin is strongly concentrated in urban areas, indeed in inner cities currently, perhaps 40 per cent live in the GLC area
- b) Whereas at the national level roughly 50 per cent of the NCWP population are Asians from the Indian subcontinent and Africa, 30 per cent from the West Indies and 20 per cent from elsewhere, including persons originating from Africa, the Far East and the Mediterranean, there are considerable variations at the subnational level because of residential clustering of particular ethnic minorities.

The editorial also points out that, from the Census, the best indicator of the size of the NCWP population is the number of persons in households headed by an NCWP-born person. It is estimated that this definition can be expected to cover 90 per cent of the total population of NCWP origin, although it does not give the complete picture. This information for the London boroughs is shown in diagram II, and is likely to give a better estimate of the proportion of people of Caribbean origin, because those born in this country are included.

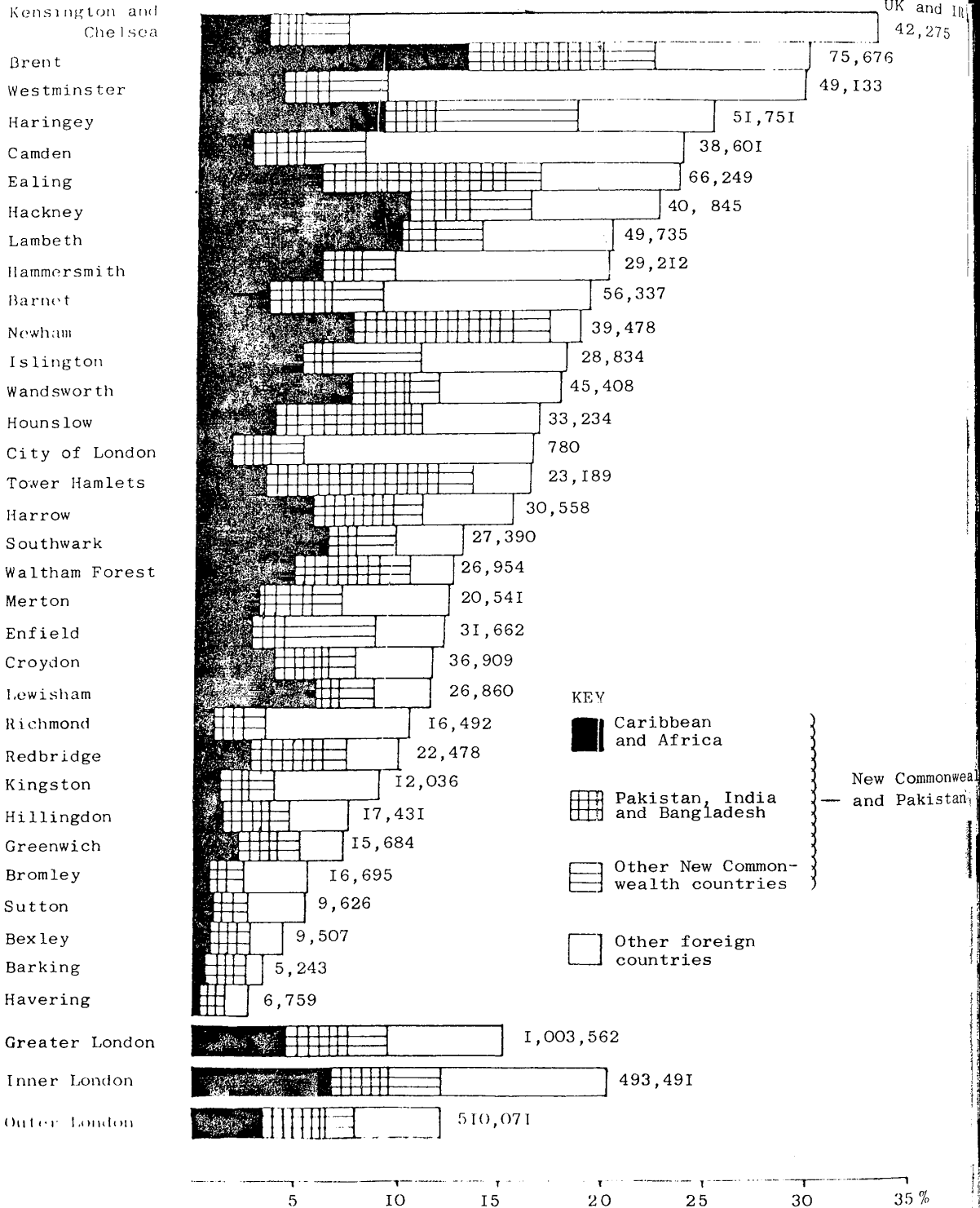
Both diagrams clearly show that the boroughs of Kensington and Chelsea, Westminster and Camden differ from the usual pattern of the population of NCWP origin constituting the largest proportion of those born abroad. The populations of these boroughs are so cosmopolitan that a large number of countries of birth are represented, most of which are classified in the 'other foreign countries' category.

The information in diagram II can be compared with information based on the 1978 National Dwelling and Housing Survey, which used a different approach to collecting information about ethnicity. People were asked to describe their ethnic origin and the results are shown in diagram III. The pattern is broadly similar to that obtained from Census data.

DIAGRAM I

% of usually resident population of London Boroughs
born outside the UK and Irish Republic (1981 Census)

total number
born outside
UK and Irish Republic



SOURCE: GREAT BRITAIN. OFFICE OF POPULATION CENSUSES AND SURVEYS.
Census 1981: County Report. Greater London part I. London, HMSO, 1982
(Table 10).

DIAGRAM 11

% of usually resident population of London Boroughs living in households in which head of household was born outside the UK or Irish Republic. (1981 Census)

Total number of people in households in which head of household was born outside UK and IR

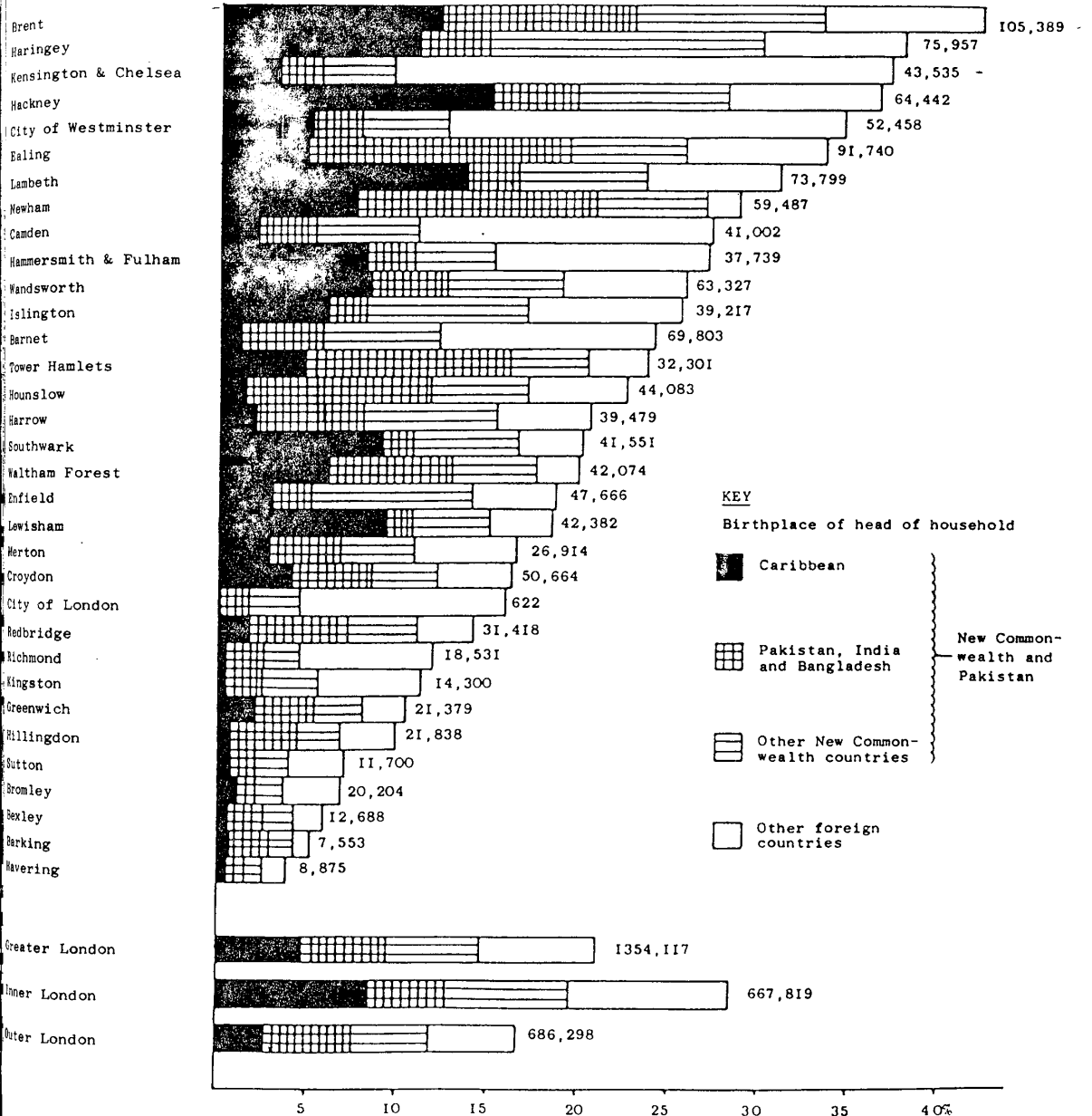
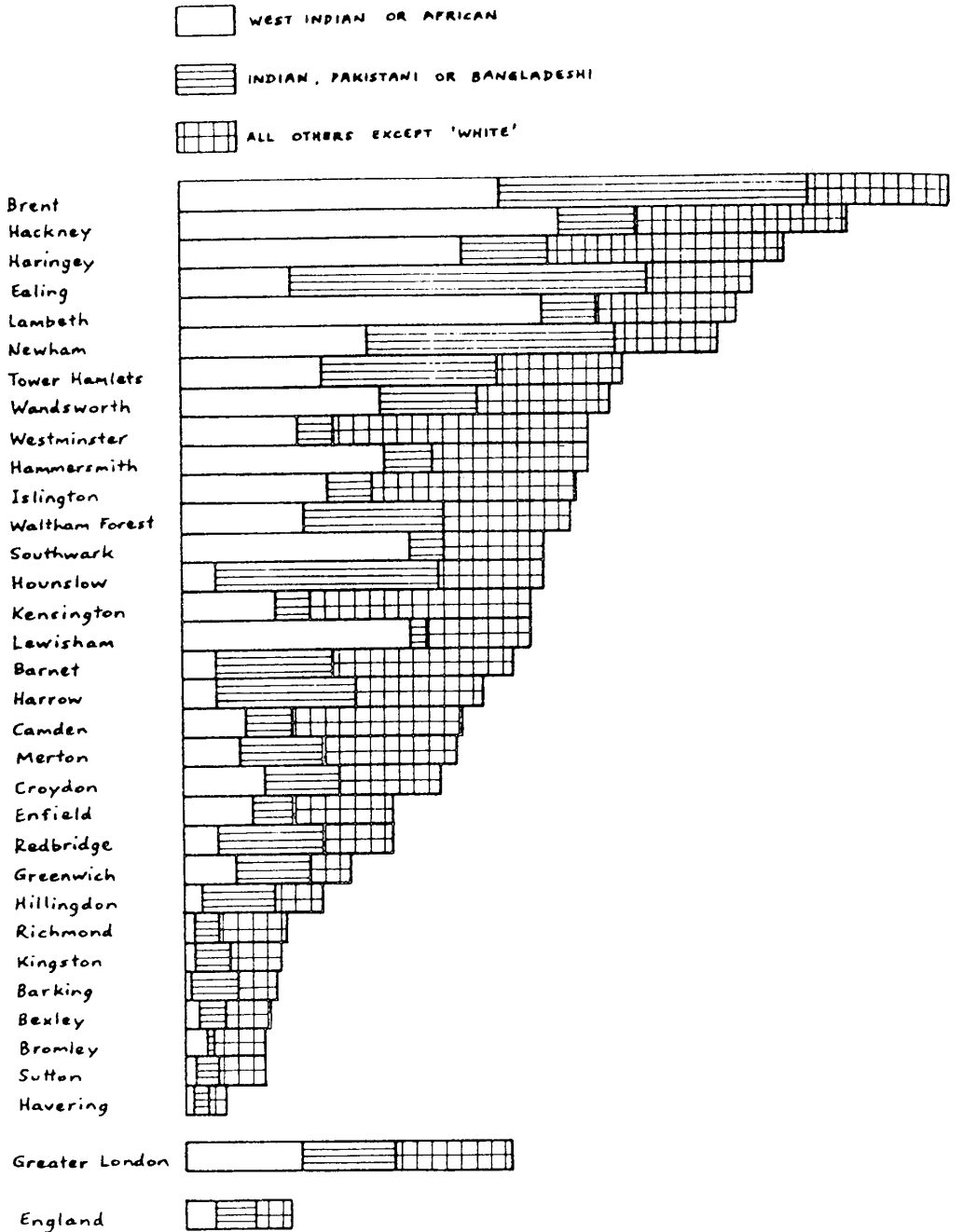


DIAGRAM III

% of Borough Population giving their ethnic group as other than 'white' in 1978.



% 0 5 10 15 20 25 30

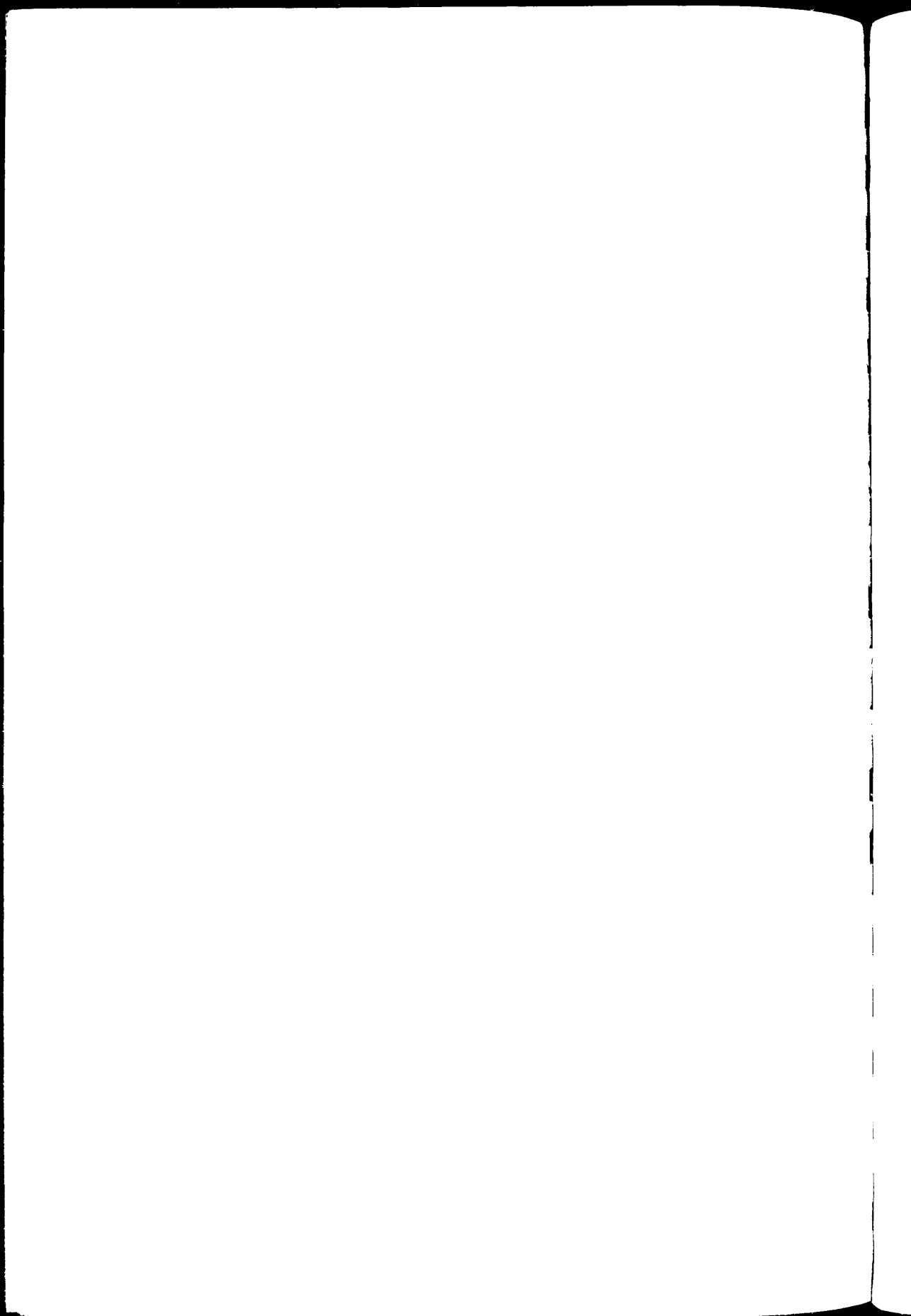
Source: DoE National Dwelling and Housing Survey 1978, table 99.

Chart taken from 'A Social Review of Greater London', GLC 1980.

The following demographic differences between minority ethnic groups and the majority or white population are listed in 'A social review of Greater London' published by the GLC in 1980.

- (i) Age structure: it is estimated that only 2 per cent of the population of New Commonwealth ethnic origin is over 65, compared with 13 per cent of the whole population of London, and that 34 per cent is under 14 compared with 21 per cent of all London. The New Commonwealth groups are therefore significantly 'younger' than the majority population, reflecting the period when many arrived in the 1960s as young immigrants.
- (ii) Birth Rate: The fertility rate among women of Asian, American, and African New Commonwealth ethnic origin is estimated to be between 40 and 60 per cent higher depending on the area of origin than for the population at large, although the absolute number of such births has been falling at the same rate as for the white population. For women of the Mediterranean New Commonwealth the rate is about 10 per cent higher than for the whole population. This circumstance, combined with the high incidence of women of childbearing age in most minority groups explains the fact that 21.4 per cent of all births in London in 1975 were to mothers born in the New Commonwealth and Pakistan.
- (iii) Household sizes: The households of the ethnic minorities in London tend to be larger than average: 30 per cent of West Indian households and 40 per cent of those from India/Pakistan/Bangladesh consist of five or more persons compared with 9 per cent for the white population.
- (iv) Housing circumstances: Different minority groups show different patterns of housing utilization, influenced by cultural factors, by household size, and by their socio-economic composition. Sharing of dwellings and of amenities within dwellings show a higher incidence among all the minority groups than among the population as a whole, and they tend also to occupy their dwellings more densely. They are also significantly over-represented in the private rented furnished sector, which may in part be explained by their relatively recent arrival.

These differences clearly have implications for the health of minority ethnic groups and for their use of health services.



ETHNIC MINORITIES AND HEALTH CARE IN LONDON

LIST OF LOCAL PROJECTS AND INITIATIVES

BARKING

BARNET

- 2.1 Stop rickets campaign. Co-ordinator: Liz Merrick, Health Education Unit (346 9371). The campaign has provided a focus for other issues.
- 2.2 Health education staff are also working with postnatal support groups.

BEXLEY

- 3.1 Bexley CRE employs a worker, Miss Kam Cheema, to look into the health needs of, and provision for, the Asian community. Roy Tindle works with the Vietnamese community and is also involved in health matters.
- 3.2 Bexley CHC works closely with the CRE.

BRENT

- 4.1 Brent CHC published the report 'Black People and the Health Service'.¹
- 4.2 There is a sickle cell information, screening and counselling centre at Willesden General Hospital (459 1292 ext. 235).
- 4.3 The Sickle Cell Society is based in Brent (451 3293) see page 28.
- 4.4 Social workers for the West Indian community have produced posters and leaflets on mental illness in the black community and are setting up groups. Social Services Department, 16 High Street, London NW10 (965 9021).
- 4.5 Harlesden Asian Women's Group takes an interest in health issues and has established an Asian women's refuge (765 2916).
- 4.6 Robyn Green at the Age Concern Brent, 379 Willesden High Road, NW10 (451 3426) has a special remit to look into the health needs of elderly people from minority ethnic groups.

- 4.7 Ann Casey at Brent and Harrow Health Education Dept. (459 2251 ext. 47) and Frances Weinreich of Islington Adult Education Institute have developed a project entitled 'Beating the Language Barrier' to help health workers to communicate with patients who do not speak English. A pilot study was undertaken in Brent, involving health visitors and other staff, and a manual for use by NHS staff is being compiled.
- 4.8 Brent Irish Advisory Service, 9 Brondesbury Road, NW6, has produced a directory 'Irish in Britain', price £1.00, which gives details of a wide range of services for Irish people in Britain. It covers social and community associations, arts and culture, commercial enterprises and sources of information and advice on legal matters, health, housing, education and employment.

BROMLEY

CAMDEN

- 6.1 University College Hospital provides a screening service for thalassaemia.
- 6.2 Hampstead CHC has set up a working party to look at ethnic minority issues.
- 6.3 South Camden CHC (now incorporated in Bloomsbury CHC) reviewed current services and Area policy in 'Profile of Health Services in South Camden'.²
- 6.4 Bengali interpreters are employed by Bloomsbury DHA to work in two family health clinics (Somers Town and Province of Natal) and at University College Obstetric Hospital.
- 6.5 The Bloomsbury, Hampstead, Islington Health Education Service, 159-167 Upper Street, N1 (226 4488) has taken some initiatives to increase staff awareness about the needs of ethnic groups. They have also produced a variety of material in Bengali on feeding babies; leaflets on bottle and breast feeding in Turkish and Italian; and leaflets in Chinese on dental health. Reports of seminars are also available.
- 6.6 The work of West Hampstead Asian Women's group, 12 Graymead, Abbey Road, NW8 (328 4015) is reported in 'Good Practices in Mental Health in Camden',³ available from Hampstead CHC.
- 6.7 Camden Community Law Centre (485 6672) is organising the 'No Pass Laws to Health' campaign. The campaign has produced leaflets in several languages explaining changes in the rules about 'non-residents' eligibility for free NHS treatment.
- 6.8 Camden CCR employs a Bengali-speaking health worker. She interprets in clinics and gives basic health advice as well as accompanying women to hospital.

- 6.9 The CCR initiated discussions with officers of Camden and Islington Area Health Authority on the needs of ethnic minority groups. This has been followed up by representations from the CCRs in Camden and Westminster to Bloomsbury DHA requesting discussion on equal opportunities policy and the needs of the Bengali, Chinese and Afro-Caribbean communities.

CITY OF LONDON

- 7.1 The Social Services Department (606 3030) has established a day care scheme for under-fives and linked to this discussions are being held with parents on topics including health care.

CROYDON

- 8.1 Croydon CRC has set up a subcommittee to consider health and welfare needs and how well these are being met by services.
- 8.2 Croydon Race and Community Unit organises 'Helpline' (688 0515), a contact point run by West Indians. A health panel advises on health matters.

EALING

- 9.1 Services in Ealing are organised to meet a number of special needs, in particular those of the Asian community. Maternity and child health services offer appropriate screening tests and paediatric specialists. A new clinic has recently opened in Southall (843 9999) where Urdu and Punjabi-speaking interpreters assist health visitors and district nurses.
- 9.2 The Health Education Unit (570 7715) has developed a range of materials for minority ethnic groups.
- 9.3 The Social Services Department runs a day centre for elderly Asians which has strict religious rules. The joint health care planning team for the elderly includes representatives of minority ethnic groups.
- 9.4 Ealing CRC has a health and welfare committee which meets every month and takes up matters of concern with appropriate professionals.
- 9.5 The National Association of Asian Youth (574 1325) is involved in the rickets campaign and wider health issues.
- 9.6 At Southall Rights (571 4920) Anita Sharda gives advice to women. There is a black health workers and patients group concerned with mental health and other issues (see page 25).

- 9.7 The Sisters of the Resurrection, 85 Gordon Road, W5 (998 8954) visit elderly Polish people and others who speak only Polish.

ENFIELD

- 10.1 Enfield and Haringey Health Education Department (803 1444) mounted a Vitamin D campaign which involved working with local groups. A resource pack for health professionals has also been produced.
- 10.2 A subcommittee of Enfield CRC is looking at screening and counselling services for sickle cell disease and thalassaemia.

GREENWICH

- 11.1 Greenwich Social Services Department employs four social workers for minority ethnic communities: 3 Asian and one West Indian. Ms Sadish Kanwar, senior social worker, (854 8888) takes a special interest in mental health.
- 11.2 The India Centre, 6 Thomas Street, SE18 (855 4415), is an advice and welfare centre run by Mr and Mrs Flora. A women's group is based at the Centre.

HACKNEY

- 12.1 Three women workers, two Asian, one Turkish, are employed to act as advocates/health educators/advisers for women using maternity services at the Mothers' Hospital. This is a joint CRE/CHC project, described in the article 'Advising Asian Mothers'.⁴
- 12.2 Ms Cora Woolcock has been employed by City and Hackney Health Authority to develop and run a sickle cell centre in conjunction with Dr A Stephens, Consultant Haematologist, at St Leonard's Hospital (739 8484 ext. 369).
- 12.3 A multi-ethnic steering group meets six-weekly and brings together representatives from the health service, CHC and community to discuss and stimulate action on problems connected with race and religion in the district.
- 12.4 Halal food is available in local hospitals.
- 12.5 An antenatal support group for Turkish women meets every Wednesday morning at the Mothers' Hospital. A postnatal support and general women's health group meets every Wednesday afternoon at Barton House Clinic, Albion Road, N16, and every Monday afternoon at Somerford Grove Health Centre, N16. The groups are organised by Iffet Renda and Hafize Ece (985 6661, bleep), who are associated with the Turkish Education Group, which is also active in Haringey and Islington (see pages 12, 13 and 29).

HAMMERSMITH

- 13.1 North Hammersmith CHC (now part of Hammersmith & Fulham CHC) has campaigned generally on welfare rights and the uptake of benefits, such as attendance allowance.
- 13.2 A women's group on welfare rights and health was established by the health education officer in South Hammersmith for women used as interpreters and others. Joint meetings were held with community health staff to exchange views. Although the group is not meeting at present, HEO Maggie Jee (385 1047) is hoping to reestablish it.
- 13.3 Jan Cornish, Senior Health Education Officer for Hammersmith Special Health District (992 2277 ext. 48) has set up a number of in-service training courses for receptionists and other hospital and community staff using training packages prepared by Alix Henley on Asian names in records and Asian foods and diets.
- 13.4 The Health Education Unit works with a number of local community groups, such as the Asia group and the Ebony and Livingstone groups on the White City Estate.
- 13.5 The Health Education Unit holds numerous resources for work with minority ethnic groups.
- 13.6 A health visitor has been specially appointed to work with minority ethnic clients at Westway Clinic (743 1738).
- 13.7 At Hammersmith and Fulham CRE, Mr Siddiqi, Asian Liaison Officer, is involved in a joint project with the Health Education Unit focussing on work with Asian mothers and children.
- 13.8 The CRE also provides an interpreting service. This is free for individuals who need help or advice about health, housing, social services, etc. The interpreters' co-ordinator is Malika Tuzani (736 8133).

HARINGEY

- 14.1 Haringey CRC and CHC have jointly discussed health policy for ethnic minorities in the borough. The CHC's report 'Inequalities and Health: A district action programme'⁵ makes a number of proposals.
- 14.2 In 1980 the CHC and CRC set up a Joint Working Party on Vitamin D Deficiency with wide representation. The report has been circulated and one of the recommendations, a health education campaign, was taken up by the Area Health Authority. The campaign is coordinated by the Health Education Department (803 1444).

- 14.3 Haringey CHC also published 'The Rickets Report: why do British Asians get rickets?'⁶
- 14.4 The CHC has published a (free) report on 'Hospital Food for Ethnic Minority Patients'⁷ and is continuing work in this area.
- 14.5 Haringey Greek Cypriot Women's Health Group has been established by liaison workers from the CRC (Dina Kleanthous) and Social Services Department (Praxoulla Charalambous) at the Cypriot Community Centre, Earls Grove, N22. One of the aims is to produce more suitable health education material for Greek Cypriot women.
- 14.6 A support group for Turkish parents of handicapped children has been established as a joint project of the CRC and the Turkish Education Group. The Turkish community worker at the CRC is Ayshe Behjet. She is also involved in a Turkish Education Group Project with Iffet Renda, setting up antenatal and postnatal support groups at a local clinic. The Turkish Education Group is also active in Hackney and Islington (see pages 10, 13 and 29).
- 14.7 The Organisation for Sickle Cell Anaemia Research (OSCAR) is based in the borough at 200a High Road, N22 (880 3300) (see page 28).
- 14.8 The Thalassaemia Society is based in the borough at 107 Nightingale Lane, N8 (348 0437) and provides information, counselling and support for affected families (see page 29).

HARROW

- 15.1 Harrow CHC established links with English as a second language classes and provided speakers on health issues.
- 15.2 Ann Casey at Brent and Harrow Health Education Dept. (459 2251 ext. 47) and Frances Weinreich of Islington Adult Education Institute have developed a project called 'Beating the Language Barrier' to help health workers communicate with patients who do not speak English. A pilot study was undertaken in Harrow and a manual for use by NHS staff is being compiled.

HAVERING

HILLINGDON

- 17.1 Hillingdon CHC has looked into the treatment of immigrants passing through the Health Control Unit at Heathrow Airport and has published 'Heathrow Health Control Unit: A report on screening procedures'.⁸

- 17.2 The Bangladeshi women's group takes an interest in health issues and has invited health visitors to speak. Further information from David Wilson at Hillingdon CRC.
- 17.3 Asian food has been the subject of local initiatives: Halal food has been introduced into hospitals and staff training schemes have been launched.

HOUNSLOW

- 18.1 The Health Education Service (570 7715) has launched a number of campaigns, including a campaign against rickets and has a variety of materials available.
- 18.2 Hounslow CRC (570 1168) has taken up a number of issues including food in hospitals and has run multidisciplinary courses on working with Asian patients.
- 18.3 The CRC is also establishing an interpreting service, with a co-ordinator for a team of trained volunteers.
- 18.4 The Social Services Department (570 7728) has obtained Section II funds to employ a social worker in a hospital team.

ISLINGTON

- 19.1 Islington CHC has a working party on ethnic minorities' health which was established in 1979. It includes representatives of minority ethnic groups in the borough.
- 19.2 A walk-in sickle cell counselling and screening service, run by health visitors, is available at Goodinge Health Centre every Wednesday morning. Further details from Barbara Sisley (278 2323 ext. 249).
- 19.3 The Health Education Unit (226 4488) has been involved in a number of initiatives and has a variety of material available (see page 8, CAMDEN).
- 19.4 The Turkish Education Group works closely with the CHC and has been involved in translating leaflets. (Ertanch Hidayettin, Turkish Community Worker, London Borough of Islington, 359 2173).
Enise Yaylali (254 3654) has established support groups for isolated Turkish women.
The Turkish Education Group is also active in Hackney and Haringey (see pages 10, 12 and 29).
- 19.6 Community Education Trust, North Islington Welfare Centre, Manor Gardens, N7 (Administrator: Margaret Billet, 272 4231) takes an interest in health and is involved with a number of local projects, including a day centre for elderly people.

19.7 A Bengali women's group meets twice a week at the Thornhill Neighbourhood Project (Bilquis Islam, 278 9500).

19.8 Islington Adult Education Institute has initiated a number of schemes involving language teaching. (Language organiser: Helen Bishop, 272 6081).

Frances Weinreich, Home Tutor Organiser, visits the maternity wards at the Whittington Hospital and the City of London Maternity Hospital to encourage women and their families who do not speak English to take advantage of local English classes. She also gives lessons to women who are in hospital for any length of time. It is hoped to extend this initiative to other wards at the Whittington.

The Institute has also established a link with an antenatal class at the Whittington Hospital at which English is taught by an ESL teacher.

The Institute offers a course in Bengali for health workers and others.

KENSINGTON & CHELSEA

20.1 A student, Lynne Griffiths, was attached to Paddington and North Kensington Community Health Council for eight months in 1982. She has investigated communication between women whose first language is not English and the antenatal services, and a report on her work will be available from the CHC in the autumn of 1982. The CHC Annual Report has parts translated into Spanish, Portuguese and Moroccan Arabic. The CHC hopes to compile a comprehensive guide to health care facilities in Paddington and North Kensington during 1982-3 which will be translated into languages spoken in the District.

20.2 Officers of Victoria DHA have established a working group to consider the needs of the ethnic groups in the district and service provision.

20.3 The Kensington, Chelsea and Westminster Health Education Department (229 9001) has produced reports on migrant workers⁹ and on the North Kensington Moroccan project.¹⁰

20.4 Victoria CHC carried out a survey of antenatal care and found problems for women from minority ethnic groups, which are described in the report 'Maybe I didn't ask'.¹¹

20.5 Earl's Court Migrant Workers Group (351 3210) have made representations on the issue of eligibility of overseas visitors for NHS treatment.

20.6 Victoria CHC, with Kensington and Chelsea Mental Health Association, has published 'Good Practices in Mental Health in Kensington and Chelsea'¹² which includes a study of bereavement in the West Indian community.

KINGSTON

LAMBETH

- 22.1 Lambeth Sickle Cell Information and Counselling Centre has been funded by the Inner City Partnership and will be based at 2 Stockwell Road, SW9 from January 1983. Further details Marian McTair (274 6222 ext. 747).
- 22.2 Lambeth CCR employs two family workers, one Asian and one Afro-Caribbean, who take an interest in health issues.
- 22.3 Stockwell Health Project c/o 460 Wandsworth Road, SW8 (622 9455) is taking a number of initiatives on health care antenatal services and translation of leaflets. See the report of the project's work: Stockwell Health Project After Two Years¹³
- 22.4 The Asian Community Action Group, 15 Bedford, SW4 (733 7494/5) employs a worker, Mrs Nirveen Din, who takes a special interest in women's health issues. She works with groups of women and has produced a series of leaflets on antenatal care in the five main Asian languages.
- 22.5 The group also produced the report 'Asians' Sheltered Residential Accommodation¹⁴ and have developed, in conjunction with Solon Housing Association, the ASRA project which assists elderly and handicapped members of the Asian community by the provision of sheltered accommodation.

LEWISHAM

- 23.1 Lewisham CHC has established a community health project in Catford. This is described in the report 'Closer to the people'¹⁵ As part of this project a community survey is being undertaken to discover what people think about health and illness and their views on a variety of health issues.
- 23.2 There is a local OSCAR group (see page 28).
- 23.3 Voluntary Action Lewisham (690 4343) has taken some initiatives on racism awareness training.
- 23.4 Tony McBride, community worker with the Albany Health Project, The Albany, Douglas Way, SE8 (629 0231) is involved in many local health issues and activities.

MERTON

- 24.1 Merton, Sutton and Wandsworth Health Education Service (673 7799) has taken a number of initiatives on ethnic minorities' health; keeps information on voluntary and statutory services in Asian languages and a comprehensive list of Asian language teaching material.

- 24.2 Wandsworth and East Merton Health District set up a working party on the provision of services to ethnic minority groups in the district. The report is entitled 'Ethnic minorities and the health service'.¹⁶

NEWHAM

- 25.1 A child health booklet is given to all Newham mothers to record their child's progress. A leaflet to go with this has been produced in Urdu, Hindi, Gujarati and Punjabi.
- 25.2 The borough employs a community liaison officer, Diana Hill (472 1430), who takes an interest in health issues.
- 25.3 Newham Age Concern (555 9049) takes a strong interest in ethnic minority issues.
- 25.4 The Senior Citizen's Welfare Association has established a day centre for elderly Asian people. Further details Maureen Aves (534 4545 ext. 219).
- 25.5 A community dietitian, Mrs Shukla, is based at Lord Lister Health Centre (555 5331), where she works with Asian patients. Mrs Shukla also gives talks to community groups and clubs.
- 25.6 Pushpa Lata at Newham Mental Health Association (555 9049) is a mental health worker with special responsibility for ethnic minorities.
- 25.7 Carolyn Sikorski (534 4545) is a community worker with minority ethnic groups and is involved with health issues.
- 25.8 The North and East London branch of the Sickle Cell Society is based in the borough, c/o Newham Voluntary Council, Durning Hall, Earlham Grove, Forest Gate, E7 (Marva Rollins - 478 5351). (Also see page 28).

REDBRIDGE

- 26.1 The Health Education Service (553 0813) has developed an Asian Health Project, co-ordinator: Lee Adams. Meetings have been held with Asian organisations and health workers to establish priorities for health education activities. As part of the project so far, seminars on nutrition and the Asian community have been held and these are continuing; health education material has been produced; workshops have been held for NHS staff on the language barrier in health education; and an information booklet for NHS staff and an Urdu phrase book are being prepared. There is also a proposal to train Asian people to undertake health education with their own community.

- 26.2 Redbridge CRC holds meetings with the District Management Team to discuss issues concerning health care for minority ethnic groups. They have discussed interpreting services; recruitment of nurses with language skills; hospital food (halal and vegetarian food is available on request and patients are to be informed about this); and the need for training of NHS staff.
- 26.3 Redbridge CHC has looked at toilet facilities in local hospitals and is pressing for provision of bidets in the same place as toilets. The CHC is also looking at ways of increasing in-service training about the needs of minority ethnic groups.

RICHMOND

SOUTHWARK

SUTTON

- 29.1 Merton, Sutton and Wandsworth Health Education Service (673 7799) has taken a number of initiatives on ethnic minorities' health; keeps information on voluntary and statutory services in Asian languages and a comprehensive list of Asian language teaching material.

TOWER HAMLETS

- 30.1 A Bengali Health Advisory Service is provided at Toynbee Hall (547 3633). This is described in 'Health Advisory Services and the Immigrant'.¹⁷
- 30.2 Interpreters for the London Hospital (Mile End) are temporary employees of the Medical Records Department. this scheme is described in the paper 'Breaking the language barrier'.¹⁸
- 30.3 The Maternity Services Liaison Scheme (377 8725) was established by a committee of local people and a team of five women workers are employed: three Bengali, one Somali and an administrator (Liz Smart). Their work involves befriending, escorting and supporting women throughout their pregnancy and during the first six weeks after birth.
- 30.4 The Bethnal Green Community Health Network is based at Oxford House (739 9093). The community worker, Christine Smith, is involved in a number of local health activities.
- 30.5 The Health Education Department (981 0041) and the City of London Polytechnic have obtained funds to employ a Bengali-speaking health educator.

WALTHAM FOREST

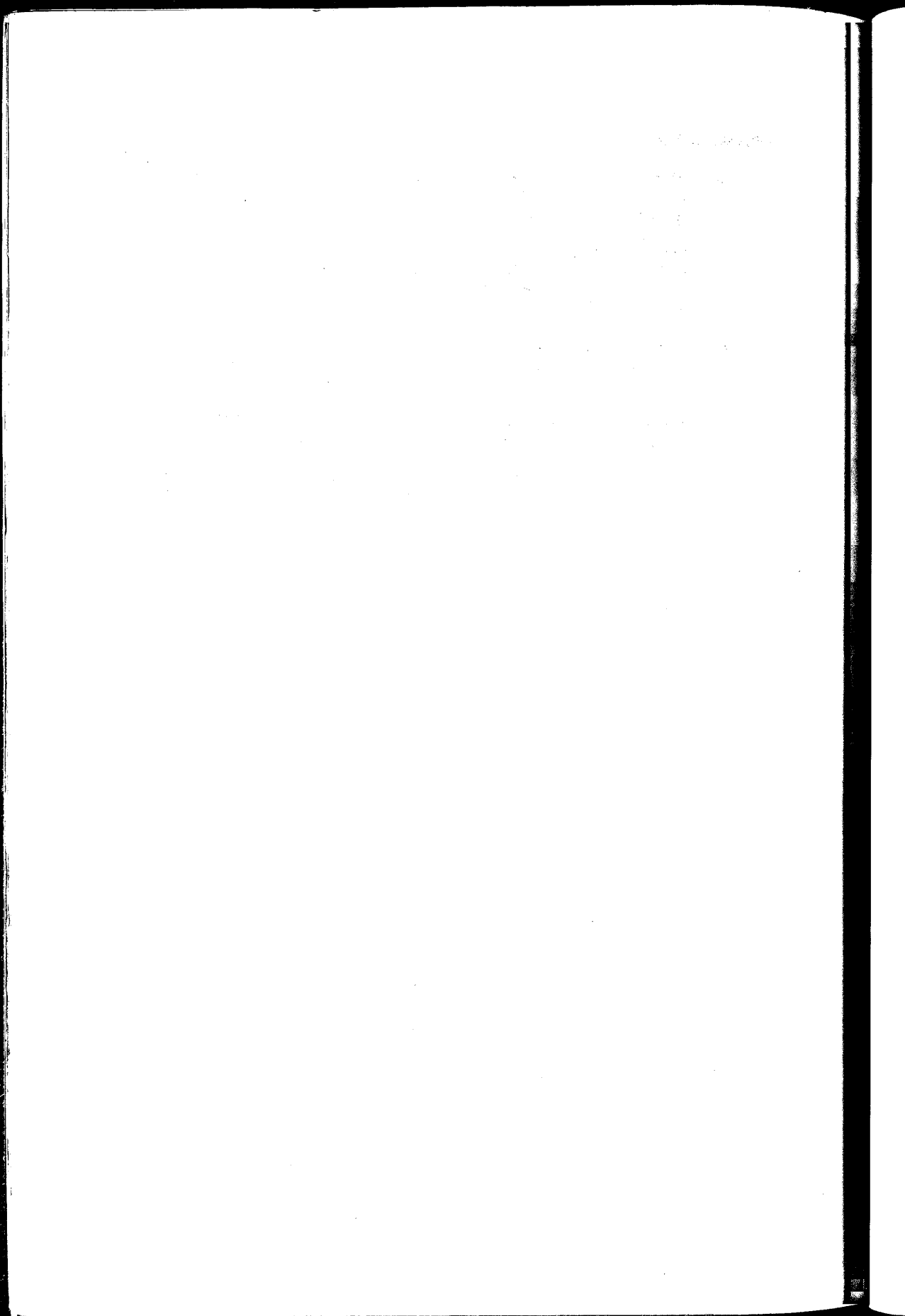
- 31.1 'Asian Mothers Project', an antenatal health education project undertaken by health visitors is described in a report of the same title.¹⁹
- 31.2 The Health Education Service (553 0813) has developed an Asian Health Project, co-ordinator: Lee Adams. This project has included research into the nutritional beliefs and practices of the Moslem community (report available soon); development of health education material in Asian languages; workshops for health service staff; preparation of a booklet for health service staff. There is also a proposal to train Asian people to undertake health education with their own community. A comprehensive list of health education materials in Asian languages is available from Lee Adams.
- 31.3 The Health Education Service is also developing appropriate materials for multi-cultural health education in local schools.
- 31.4 The CHC and CRC had a joint working group on the health needs of ethnic minorities. Both organisations are campaigning for well-women clinics. This and other issues are discussed in the CHC report 'Information paper for the Waltham Forest District Health Authority'.²⁰

WANDSWORTH

- 32.1 Wandsworth and East Merton health district set up a working party on the provision of services to ethnic minority groups in the district. The report is entitled 'Ethnic minorities and the health service'.¹⁶
- 32.2 There are two jointly financed posts in the district - an Asian community health worker and an Asian dietitian.
- 32.3 Merton, Sutton and Wandsworth Health Education Service (673 7799) has taken a number of initiatives, including running a Radio London phone-in counselling service for six months in 1979. This is described in 'Report of the ethnic health project 1979/80'.²¹ The Health Education Service also keeps information on voluntary and statutory services in Asian languages; has a comprehensive list of Asian language teaching materials and supplies of these materials.
- 32.4 Wandsworth CRC published the report 'Asians and the Health Service'.²² The CRC has an Asian project which is directed by Ms Indu Sharma.
- 32.5 Afro-Caribbean Voluntary Help is a recently formed group concerned with mental health. Mrs Shirley Obereki (673 7003) hopes to set up a visiting and counselling service.

WESTMINSTER

- 33.1 Victoria CHC carried out a survey of women having babies at Westminster Hospital. The results are described in 'Maybe I didn't ask'.¹¹
- 33.2 Soho and Marylebone CHC (now incorporated into Bloomsbury CHC) looked at the needs of the Chinese community in 1975/6 and a report of this work is available from Bloomsbury CHC.
- 33.3 Advice sessions are given by a group of Chinese students at Fitzrovia Neighbourhood Centre, 39 Tottenham Street, W1 (580 4576).
- 33.4 Camden CCR's health worker runs a group for Bangladeshi women at a clinic in Cleveland Street, W1 (see page 8).
- 33.5 Camden and Westminster CRCs have opened discussions with Bloomsbury DHA on equal opportunities policy and special provision of services to meet the needs of the Bengali, Chinese and Afro-Caribbean communities.

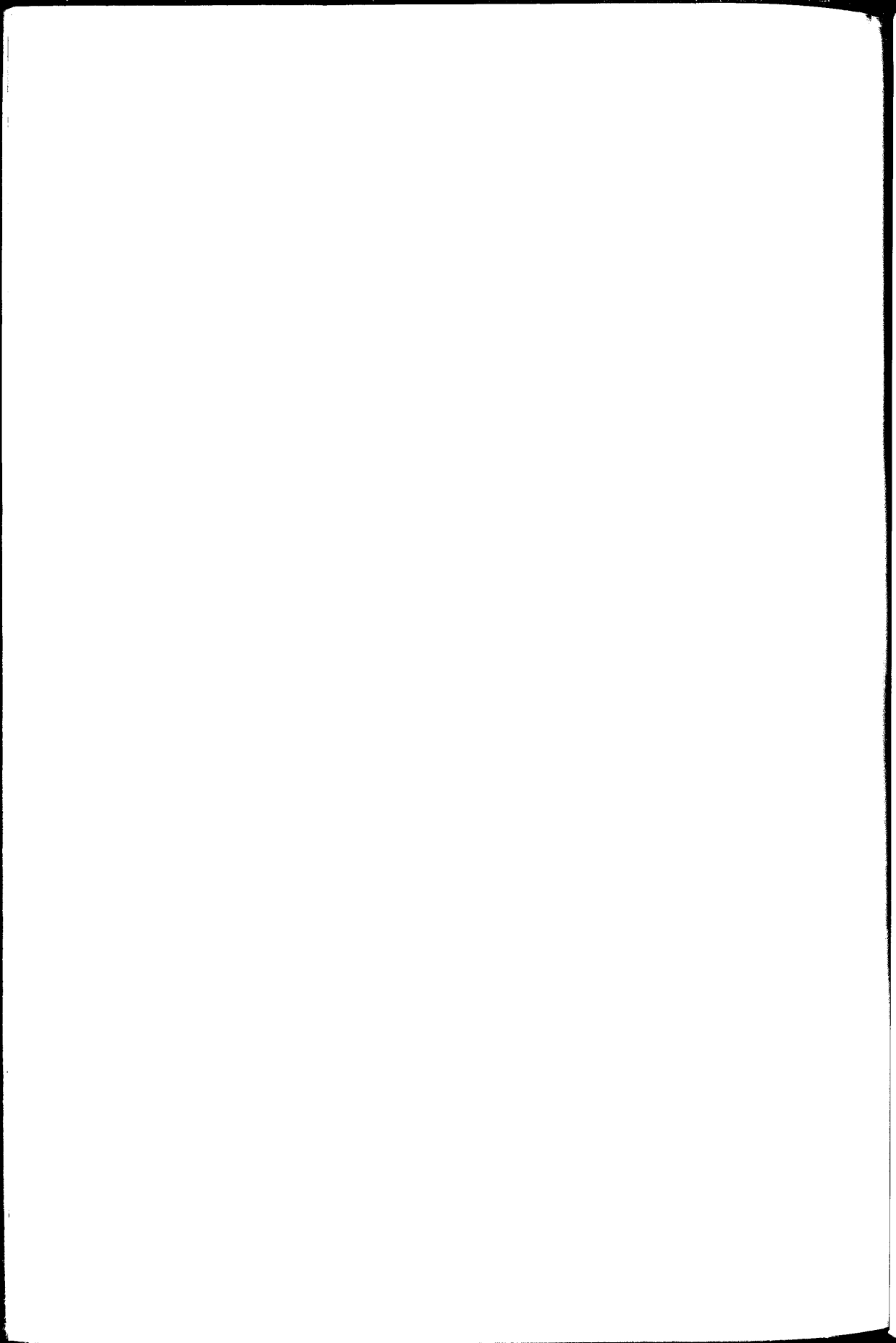


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ORGANISATIONS CONCERNED WITH ETHNIC MINORITIES
AND HEALTH CARE

AGE CONCERN GREATER LONDON 737 3456
54 Knatchbull Road
London SE5

David Hearnden is Age Concern Greater London's development worker with ethnic minorities. He is currently concerned with helping ethnic minority elderly people articulate their needs, including health needs, and has links with a number of local projects. A special fact sheet Your Rights for Ethnic Minority Senior Citizens is available in five Asian languages; Greek; Chinese and English.

BLACK HEALTH WORKERS AND PATIENTS GROUP 485 6672
c/o 146 Kentish Town Road
London NW5

The group produces a bulletin entitled 'Black Health'.

COMMISSION FOR RACIAL EQUALITY 828 7022
Elliott House
Allington Street
London SW1

The CRE employs a Health Services Officer, Marlene Hinshelwood, who has responsibility for health issues. She has a special interest in service provision, access to services and recruitment and training of NHS staff.

COMMUNITY EDUCATION TRUST 272 4231
North Islington Welfare Centre
Manor Gardens
London N7

Community Education Trust (Administrator, Margaret Billet) takes an interest in health issues and is involved in a number of local projects in Islington and elsewhere in London.

COMMUNITY HEALTH GROUP FOR ETHNIC MINORITIES 993 6119
28a Churchfield Road
London W3 6EB
Director: Dr Carlos Ferreyra

The Community Health Group was set up as a national information and resource centre (Centre Link) and produces a newsletter (Health Link). The group has organised a number of conferences on the health of ethnic minorities and migrants and runs an 'ethnic switchboard' to give advice on health care and provide emergency translating and interpreting facilities, for which a charge is made.

GREATER LONDON COUNCIL

633 4537

Ethnic Minorities Unit
Director General's Department (DG/EMU)
The Greater London Council
The County Hall
London SE1

The GLC has an Ethnic Minorities Committee and has established an Ethnic Minorities Unit, headed by Herman Ouseley, Principal Race Relations Adviser. The Committee considered the government's proposal to introduce charges for 'overseas visitors', which it feels will have damaging effects on race relations. The Committee also has a strong commitment to support initiatives aimed at helping the ethnic elderly and has provided funds for day centres, luncheon clubs and a London-wide project by Age Concern.

There is also a GLC Health Panel, composed of GLC members. Sue Kingsley in the Central Policy Unit has special responsibility for research into health service provision in London and health policy analysis (633 8455).

HEALTH EDUCATION COUNCIL

637 1881

78 New Oxford Street
London WC1A 1AH

The HEC funds a number of projects concerned with ethnic minorities' health and produces health education material in a number of languages. Further information about this material can be obtained from the HEC's Resource Centre, 71-75 New Oxford Street, WC1.

The HEC has funded the BBC to produce booklets in twelve languages. The booklets, entitled 'Your Rights to health in the UK' are written and produced by the BBC's Continuing Education Department. Subjects covered include obtaining NHS treatment, benefits and so on. They are in the following languages: Urdu, Hindi, Gujarati, Punjabi, Bengali, Arabic, Chinese, Italian, Greek, Turkish, Portugese and Spanish. It is likely that a related explanatory booklet will also be produced in English for health workers who are using the multi-lingual booklet. The booklets are available from local health education units.

Since 1978 HEC has been producing publications in Asian languages - Bengali, Gujarati, Hindi, Punjabi and Urdu. All publications are produced with parallel English and Asian language texts. The main subject areas covered are baby care, food hygiene, nutrition and pregnancy. Future publications will include a series of leaflets on breast feeding, bottle feeding and weaning.

HEC funds the 'Training in Health and Race Project' (see page 28).

LONDON COUNCIL ON ALCOHOLISM

236 9770

146 Queen Victoria Street
London EC4V 4BX

Mary Bruce at the Council has an interest in drinking problems and minority ethnic groups. Some local initiatives have begun.

LONDON VOLUNTARY SERVICE COUNCIL

388 0241

London Community Health Resource, LVSC
68 Chalton Street
London NW1

The London Community Health Resource project is based within LVSC Community Work Service. The Resource was established to encourage and assist community development and health initiatives in London and is staffed by two workers, Helen Rosenthal and Mai Wann. The project has been involved in a variety of ways with health issues affecting ethnic minority groups in London. These are described in the 'Report on the 1st Year'²³ of the project. The Resource also produces a newsletter 'London Community Work Service Health News' and an annually-updated directory, 'London Health Action Network', which lists groups and individuals involved or interested in a wide range of community health initiatives (price £1.00).

NATIONAL ASSOCIATION FOR ASIAN YOUTH

574 1325

46 High Street
Southall Middx

This is a national organisation with a broad interest in health and involvement with local projects. A MSC worker with the Association has been seconded to Ealing, Hammersmith and Hounslow Health Education Department to undertake personal counselling as part of the Rickets Campaign.

NATIONAL COUNCIL FOR VOLUNTARY ORGANISATIONS

636 4066

Inner Cities Unit
26 Bedford Square
London WC1B 3HU

'City Health' is a useful information sheet of health news as a regular supplement to NCVO's bimonthly newsletter 'Inner City News'. NCVO has also produced: 'Directory of Community Health Initiatives' price £1.40 and a handbook for voluntary groups, 'Community Based Health Initiatives' price £2.25.

CENTRE FOR ETHNIC MINORITIES HEALTH STUDIES

0274 490 324

Field House Teaching Centre
Duckworth Lane
Bradford

The Centre for Ethnic Minority Health Studies was established in 1981 as a national multidisciplinary research resource and educational centre for the study of health care needs of ethnic minorities in Britain. The aims of the Centre are:

To bring together in one place information about the health care problems of ethnic minorities in Britain and make this information available to those who need it.

To act as a resource and reference centre for researchers and practitioners working in this field, so that useful research may be facilitated and new findings made known promptly.

To initiate new research on specific subjects by obtaining research grants from national and international sources and providing academic and practical backing for new or existing projects.

To organise training courses, seminars and conferences on relevant subjects, independently or in association with other educational bodies.

Further details of current work from Maggie Pearson at the Centre.

ORGANISATION FOR SICKLE CELL ANAEMIA RESEARCH (OSCAR)
200a High Road 889 3300
London N22

OSCAR is a national body run by voluntary workers who raise funds for research to promote greater understanding of sickle cell disease. The organisation also provides some support and counselling for affected families. There is a local OSCAR group in Lewisham.

THE SICKLE CELL SOCIETY 451 3293
c/o Brent CHC
Rear Block
16 High Street
London NW10 4LX

The Sickle Cell Society was formed in 1979 and is composed of volunteer members. The Society produces information on sickle cell disease and trait and holds social and fund-raising events. Leaflets about sickle cell disease can be obtained by sending a stamped s.a.e. to the Society and the report 'Sickle Cell Disease: the need for improved services'²⁴ is available, price 50p.

There is a local branch of the Sickle Cell Society for North and East London. Inquiries to Marva Rollins, c/o Newham Voluntary Council, Durning Hall, Earlam Grove, Forest Gate, London E7 (478 5351).

TRAINING IN HEALTH AND RACE

980 6263

Institute of Community Studies
18 Victoria Park Square
Bethnal Green
London E2 9PF

Training in Health and Race is a health education project established in 1982 by the National Extension College and supported by the Health Education Council to provide training and resources for health workers in a multi-racial society.

The project team consists of Mavis Clarke (project coordinator), 4 regional research and development officers: Jenny Douglas (Birmingham), Alix Henley (London), Shaama Malik (Leicester) and Penny Mares (Leeds); and an administrator, Jo Larbie.

The work of the project includes researching training needs, developing training and training materials to meet those needs, and finding effective ways to incorporate the training and materials into the work of trainers, tutors and other health educators.

TURKISH EDUCATION GROUP

226 6001

c/o Highbury Manor Adult Education Institute
Shepperton Road
London N1

The Turkish Education Group is a voluntary group concerned with education (in the broadest sense) of the Turkish community in London. The group is currently active in Hackney, Haringey and Islington, where its members organise mother-tongue classes, youth projects, women's support groups, etc. and produce a newsletter. On health issues the group works closely with CHCs. (see pages 10, 12 and 13).

UNITED KINGDOM THALASSAEMIA SOCIETY

348 0437

107 Nightingale Lane
London N8

The Thalassaemia Society offers education, information and counselling to those who are concerned that they or their families may suffer from thalassaemia. Information is available in English, Greek, Turkish and Asian languages.

TRAINING IN HEALTH AND RACE

Training in Health and Race is a project of the Health Education Council, established in 1982 by the National Extension College and supported by the Health Education Council to provide training and resources for health workers from multi-racial society. The project is a joint venture between the Health Education Council and the National Extension College, with regional research and development centres in London, Birmingham, Manchester, Liverpool and Leeds. Penny Mares (Leeds) and an administrator, Jo Laidlaw, are the project's co-ordinators. The project includes developing training and training materials to meet the needs of health workers and to incorporate the training of health workers into the work of health workers and health educators.

TURNING EDUCATION INTO ACTION

Turning Education into Action is a project of the Health Education Council, established in 1982 by the National Extension College and supported by the Health Education Council to provide training and resources for health workers from multi-racial society. The project is a joint venture between the Health Education Council and the National Extension College, with regional research and development centres in London, Birmingham, Manchester, Liverpool and Leeds. Penny Mares (Leeds) and an administrator, Jo Laidlaw, are the project's co-ordinators. The project includes developing training and training materials to meet the needs of health workers and to incorporate the training of health workers into the work of health workers and health educators.

UNITED KINGDOM THALASSEMIA SOCIETY

The United Kingdom Thalassaemia Society offers advice and information to people with thalassaemia and their families. The Society is a voluntary organisation and is not a charity. It is a registered company limited by guarantee. The Society's main aim is to provide support and information to people with thalassaemia and their families. The Society's main activities are to provide information and advice to people with thalassaemia and their families, to provide support and information to people with thalassaemia and their families, and to provide support and information to people with thalassaemia and their families. The Society's main activities are to provide information and advice to people with thalassaemia and their families, to provide support and information to people with thalassaemia and their families, and to provide support and information to people with thalassaemia and their families.

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Appendix 1

COMMUNITY HEALTH COUNCILS - GREATER LONDON

CHC	Address	Phone No.	Secretary
BARKING HAVERING & BRENTWOOD	Porters Avenue Clinic Porters Avenue Dagenham RM8 2AW	593 7022	Albert Leversedge
BARNET	104 Watling Avenue Burnt Oak Edgware Middx HA8 OLN	959 2038	Mrs Laurie Millward (acting)
BEXLEY	11a Upton Road Bexleyheath Kent DA6 8LQ	301 0920	Graham Girvan
BLOOMSBURY	114 Hampstead Road London NW1 2LT	388 5789/0	Mrs J Kelly
BRENT	16 High Street Harlesden London NW10	961 2028	Marianne Craig
BROMLEY	408 Masons Hill Bromley BR2 9JG	464 0249	Mrs Jean Coupe
CAMBERWELL	75 Denmark Hill London SE5 8RS	703 9498	Gill Lucas
CITY & HACKNEY	210 Kingsland Road London E2 8EB	739 6308	Fedelma Winkler
CROYDON	Croydon General Hosp. London Road Croydon CR9 2RH	688 7755	Mrs Gloria Crosby
EALING	119 Uxbridge Road Hanwell London W7	579 2211	Mrs Josephine Barry-Hicks
ENFIELD	Enfield District Hosp. Highlands Wing Winchmore Hill London N21 1PN	360 5566	Mrs Hazel Jones
GREENWICH	23 Anglesea Road London SE18	317 9994	May Clarke
HAMMERSMITH & FULHAM	2 Erconwald Street Shepherd's Bush London W12 OBS	743 4571	Mrs Pat Seers
	42 Fulham Palace Road London W6 9PH	748 0639	Ms Susan Beatty

CHC	Address	Phone No.	Secretary
HAMPSTEAD	124 Health Street London NW3	794 9953	Jean Greenshields
HARINGEY	Town Hall Tottenham London N15	808 1694	Mrs Liliias Gillies
HARROW	Third Floor 102 College Road Harrow Middx HA1 1ES	863 6432	Miss Ursula Walker
HILLINGDON	65 Belmont Road Uxbridge	0895 57858/ 57020	Mrs Marion Radclyffe
HOUNSLOW & SPELTHORNE	Hospital Road Hounslow Middx	527 8455	Michael Mannall
ISLINGTON	Manor Gardens Centre 6-9 Manor Gardens London N7 6LA	263 7207	Marcia Saunders
KINGSTON & ESHER	41c Victoria Road Surbiton KT6 4JN	399 8415	Ian Seavers
LEWISHAM & NORTH SOUTHWARK	13 Catford Broadway London SE6	690 8777	Celia Pyke-Lees
MERTON & SUTTON	29 West Street Sutton Surrey	642 6405	Mrs M E Dukelow
NEWHAM	Rooms 33 & 34 Lord Lister Health Centre 121 Woodgrange Road Forest Gate London E7	555 5331 Ext. 44/38	Miss Gwen Davey
PADDINGTON & NORTH KENSINGTON	81 Westbourne Grove London W2 4UN	221 4018	Ms Susie Parsons
REDBRIDGE	Fourth Floor Ilford Chambers Ilford Lane Ilford, Essex	553 5577	Miss Pauline Burke
RICHMOND, TWICKENHAM & ROEHAMPTON	222 Upper Richmond Road West London SW14 8AH	878 0265	Ms Jenny Griffiths

CHC	Address	Phone No.	Secretary
TOWER HAMLETS	23 New Road London E1	247 5454 Ext. 311	Ron Brewer
VICTORIA	50 Tufton Street London SW1	222 6957	Ms Judy Hague
WALTHAM FOREST	608 High Road Leytonstone London E11 3DA	539 7180	Carolyn Clark
WANDSWORTH	1 Balham Station Road London SW12	673 8820/8829	Caroline Langridge
WEST LAMBETH	2 Cleaver Street London SE11 4TP	582 3288/3238	Sue Thorne

COMMUNITY RELATIONS COUNCILS - GREATER LONDON

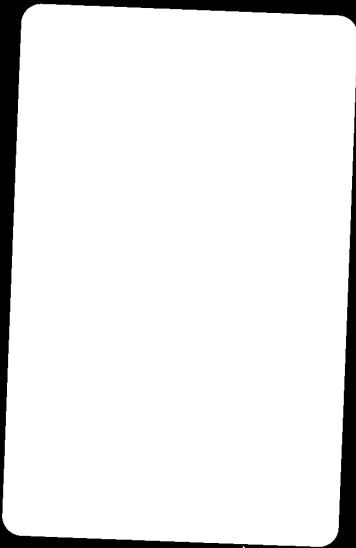
CRC	Address	Phone No.
BARKING & DAGENHAM COUNCIL FOR RACIAL EQUALITY	1st Floor The Methodist Church London Road Barking	594 2773
BARNET COMMUNITY RELATIONS COUNCIL	Trinity Church Hall Dale Grove North Finchley London N12	445 2435
BEXLEY COUNCIL FOR RACIAL EQUALITY	Riverside Baths 3 Walnut Tree Road Erith, Kent	03224 40316
BRENT COMMUNITY RELATIONS COUNCIL	194 Willesden High Road London NW10	451 4499
CAMDEN COMMITTEE FOR COMMUNITY RELATIONS	1 Robert Street London NW1 3JU	388 1942/3
CROYDON COUNCIL FOR COMMUNITY RELATIONS	45 Wellesley Road Croydon CRO 2AJ	686 8014/8524
EALING COMMUNITY RELATIONS COUNCIL	Ealing Office 2 The Green High Street Ealing London W5 5DA	579 3861
	Southall Office Manor House The Green Southall, Middx	574 4433
ENFIELD COMMUNITY RELATIONS COUNCIL	258 Hertford Road Enfield EN3 5BN	805 6121
GREENWICH COUNCIL FOR RACIAL EQUALITY	The Old Town Hall Polytechnic Street Woolwich London SE18 6PN	855 7191/2/3/4
HACKNEY COUNCIL FOR RACIAL EQUALITY	245/247 Mare Street Hackney London E8 3NS	986 4121
HAMMERSMITH & FULHAM COUNCIL FOR RACIAL EQUALITY	679 Fulham Road London SW6 5PZ	736 8133
HARINGEY COMMUNITY RELATIONS COUNCIL	14a Turnpike Lane London N8 OPT	889 6871/4

CRC	Address	Phone No.
HARROW COMMUNITY RELATIONS COUNCIL	2 St John's Road Harrow Middx HA1 2AH	427 6504
HILLINGDON COMMUNITY RELATIONS COUNCIL	21 High Street Uxbridge Middx UB8 1JN	0895 56511
HOUNSLOW COMMUNITY RELATIONS COUNCIL	Hounslow Advice Centre 1 Treaty Road Hounslow Middx TW3 1DX	570 1168
KENSINGTON & CHELSEA COMMUNITY RELATIONS COUNCIL	Westway Information and Aid Centre 140 Ladbroke Grove London W10 5ND	969 2433
COUNCIL FOR COMMUNITY RELATIONS IN LAMBETH	441 Brixton Road London SW9 8HE	274 7722 Ext. 2450
LEWISHAM COUNCIL FOR COMMUNITY RELATIONS	48 Lewisham High Street London SE13 5JH	852 9808
MERTON COMMUNITY RELATIONS COUNCIL	37a Grenfell Road Mitcham Surrey	648 3878/1077
REDBRIDGE COMMUNITY RELATIONS COUNCIL	Methodist Church Hall Ilford Lane Ilford IG1 2JZ	514 0688
SOUTHWARK COUNCIL FOR COMMUNITY RELATIONS	352-354 Camberwell New Road London SE5 ORW	274 8793
TOWER HAMLETS COUNCIL FOR RACIAL EQUALITY	The Montefiore Centre Hanbury Street London E1	247 9472/3
WALTHAM FOREST COMMUNITY RELATIONS COUNCIL	25 Church Hill London E17 3AB	521 8851/2/3
WANDSWORTH COUNCIL FOR COMMUNITY RELATIONS	57 Trinity Road London SW17 7SD	767 3631
WESTMINSTER COMMUNITY RELATIONS COUNCIL	472 Harrow Road London W9 3RU	289 2277/8

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