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KING EDWARD'S HOSPITAL FUND
FOR LONDON

DIRECTORY

OF

CONVALESCENT HOMES

SERVING GREATER LONDON

1978

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HER MAJESTY THE QUEEN

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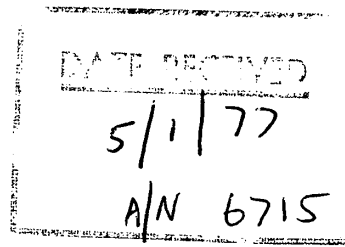
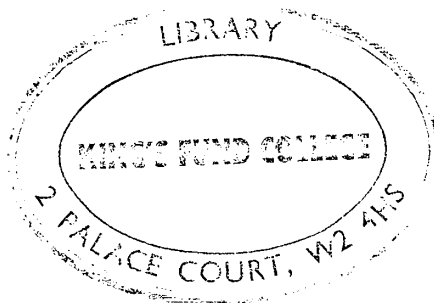
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PREFACE

The Directory was first published in 1948. As a result of reports of its usefulness received from Medical Social Workers and Health Workers, it was decided to make it an annual publication.

The decision to include a particular Home in this directory lies at the discretion of the Committee. Nearly all the Independent homes were visited by one or more members of the Committee prior to their acceptance for the Directory, and subsequently annual visits have been made whenever possible. Homes within the National Health Service have also been visited, by courtesy of Area Health Authorities. Private Homes that have contractual arrangements with Area Health Authorities have been included.

Homes which are situated outside the borders of the four Thames RHAs and of the Wessex Region have been placed in Part II, few of them having been visited by members of the Committee. Wherever they may be, all Homes in the Directory are for patients for whom convalescence or a recuperative holiday has been recommended by a doctor.

Information about 36 convalescent homes situated outside the four Thames RHAs can be found in the Directory of Convalescent Homes serving the Provinces published by the British Hospitals Contributory Schemes Association (1948), 30 Lancaster Gate, London, W2 3LT.

EXPLANATORY NOTE

PART I of the Directory contains Homes within the four Thames RHAs and the Wessex Region arranged alphabetically according to the name of the town or village in which the Home is situated. Where there is more than one Home in a particular town, they are arranged in alphabetical order according to the names of the Homes.

PART II provides similar information about Homes situated outside those Regions.

The page containing details of each Home shows the Region in which the Home is situated at the top left hand corner and at the top right hand corner the words: "National Health Service", "Contractual Arrangements," "Special School" or "Independent." Patients at the first two will normally be a charge to the RHA or AHA, those at Special Schools are maintained by Local Educational Authorities and those at Independent Homes are frequently assisted by Local Health Authorities under the recuperative holiday schemes.

When it is desired to select a Home in a particular district, reference should first be made to the GEOGRAPHICAL INDEX of Homes on pages viii to xi. Private Homes having contractual arrangements with RHAs or AHAs are printed in italics in this list.

ALPHABETICAL INDEX on pages xii to xiv is an alphabetical list of Homes. The prefix letters to each Home show whether men, women or children are accepted and whether the following facilities are provided:—breakfast in bed, bed cases, ground floor rooms, long term stay.

CLASSIFIED INDEX on pages xv to xxiv contains lists of Homes showing the treatments they provide and medical conditions accepted. It also lists Homes taking particular social or occupational groups.

CHILDREN'S INDEX on page xxv contains a list of all the children's Homes showing the age groups accepted.

NORMAL EXCLUSIONS—Although the types of cases not admissible vary to a certain degree as between Homes, it can normally be taken that Pulmonary Tuberculosis, Pregnancy (after the fifth month), Mental Cases, Incurable, Infectious and Contagious Diseases and usually Skin Disease, Open Sores and Wounds are not accepted, unless otherwise stated. In trying to decide whether a patient is eligible or not for any given Home, a study of the information given under TREATMENT and STAFF will give a good idea as to the type of work undertaken.

LIST OF HOMES ADDED OR OMITTED SINCE THE LAST ISSUE OF THE DIRECTORY

ADDED

Jubilee Lodge, Chigwell.
Lourdes House, Margate.
Princess Marina House, Rustington.

OMITTED

Zachary Merton Annexe, Banstead.
Convalescent Hospital for Officers, Brighton.
Maureen's Oast House, Lamberhurst.
Wenham Holt Convalescent Home, Liss.
The Railway Convalescent Home, Par.

MERCHANT SEAMEN'S CONVALESCENT HOME
SPRINGBOK-RADCLIFFE
ALFOLD,
SURREY.

(Loxwood 752270)

PATIENTS: Serving Merchant Seamen only. All convalescent cases. In addition, double room accommodation now available for recuperating married seamen and their wives. The railway fare and a nominal charge for accommodation to be paid for wife.

RELIGION : Undenominational.

BEDS : 25, in single rooms.

TREATMENT: Occupational Therapy: Special diets: All dressings.

STAFF: Chief Resident Officer: Welfare Manager.

Nursing Staff: 1 Female (Resident).

Medical Staff: 1 Dr J W Hodson (on call).

LENGTH OF STAY : 2-3 weeks. Extensions granted when recommended by Doctor.

ROUTINE AND RECREATION: Patients get up at 7.30 am and go to bed at 10.30 pm. There is a library and plenty of indoor games, radio, television and a licensed club.

Visiting Day : Any day by appointment.

CHARGES : None. King George's Fund for Sailors contributes towards the upkeep of each seaman.

RECEIVING DAY: By arrangement, Mondays, Tuesdays or Wednesdays.

DISCHARGE DAY: By arrangement.

STATION: Guildford (Surrey) or Horsham (Sussex).

GENERAL : A splendidly equipped Home, in the grounds of the Society's 400 acre farm training centre, which is run for the rehabilitation of disabled seamen. The Home is open all the year round.

APPLICATIONS : to the Secretary, Merchant Seamen's War Memorial Society, Alfold, Surrey. (Telephone: Loxwood 752270) or at any Branch Office of the National Union of Seamen.

LONDON AND ASCOT PRIORY CONVALESCENT HOME

**ASCOT PRIORY,
ASCOT,
BERKS, SL5 8RT**

(Winkfield Row 2067)

**Parent Society: Society of The Most Holy Trinity, Ascot, Berks. SL5 8RT
(Winkfield Row 2067)**

PATIENTS: Women from 50 upwards. General Convalescence. Post-operative cases. Chronics. Hearts.

Ineligible: Normal exclusions. Bed cases.

RELIGION: Church of England. (All denominations accepted).

BEDS: 18, in one large ward on the ground floor.

TREATMENT: Simple dressings. Intra-muscular injections can be given.

STAFF: Chief Resident Officer: The Reverend Mother Superior.

Nursing Staff: 3 SRN, 1 SEN

Medical Staff: Dr D Paul (visiting).

LENGTH OF STAY: No limit. Minimum 1 week.

ROUTINE AND RECREATION: Patients rise at 8.30 am after having breakfast in bed, and retire at 6.30 pm. No domestic work is expected from the patients. There is a library, and TV.

Visiting Day: Every day 2.30 pm to 8 pm.

CHARGES: From £35.00 per week. Personal laundry extra.

RECEIVING DAYS: Monday to Friday.

DISCHARGE DAYS: As above.

STATION: Ascot, from Waterloo.

GENERAL: The Home, which was built in 1865, is set well back from the road amongst pine-woods. It is attached to a Convent and stands in extensive grounds. Medical Social Workers are advised that it is suitable for elderly patients mostly of long stay. The Home is open all the year round.

APPLICATIONS: to the Reverend Mother Superior at the Home.

EDITH EDWARDS HOUSE

**PARK ROAD,
BANSTEAD,
SURREY.**

(Burgh Heath 54174)

Parent Society: The Invalid Children's Aid Association.

PUPILS : Boys and Girls, from 5-12 years, suffering from severe communication disorders accompanied by other learning difficulties. Maximum admission age-9.

RELIGION : Undenominational.

BEDS : 21.

TREATMENT: Speech therapy. Specialist psychiatric and psychological consultations. Routine medical supervision.

STAFF : Chief Resident Officer: Headmistress, Miss P Denny.

Medical Staff: Dr A Skarbek (Visiting Consultant Psychiatrist). Dr J R Mansfield, School Medical Officer.

Psychologist: Mr P Conn.

LENGTH OF STAY : Minimum one year. Until ready for transfer or on reaching maximum age.

ROUTINE AND RECREATION : Children get up at 7.30 am, and go to bed between 6.0 pm and 8.0 pm.

School: 5 hours daily in small groups according to ability; individual teaching for assessment of particular methods required for each child. Short holidays spent at home four times a year, and half-term. Other week-ends if considered desirable. Regular swimming. Riding lessons.

Visiting Day: By arrangement with the Headmistress.

CHARGES : Payable by Local Education Authority.

RECEIVING DAY: By arrangement.

DISCHARGE DAY: Normally at the end of term.

STATION : Sutton, Surrey, from Victoria thence by bus No 164 to Banstead War Memorial at the entrance to Park Road.

GENERAL : A modern school building with small and varied rooms for a wide range of activities.

APPLICATIONS: to the Director, The Invalid Children's Aid Association, 126 Buckingham Palace Road, London, SW1W 9SB (01-730-9891)

BEXHILL CONVALESCENT HOME

163 COODEN SEA ROAD,
LITTLE COMMON,
BEXHILL-ON-SEA,
SUSSEX.

(Cooden 4577)
(Patients—Cooden 3782)
(STD Code 0424 3)

PATIENTS: Men and Women from 17 years from the South-East Thames Region and London Teaching Hospitals. General convalescence especially for post-operative cases. Cardiac Diseases (including post cardiac surgery). Subject to the absolute discretion of the Medical Officer and/or Nursing Officer a limited number of patients with controlled colostomies can be accepted.

Ineligible: Bed and chairbound cases. Urinary incontinence. Severe asthma. Cor-pulmonale. Inoperable malignant disease with a poor prognosis. Psychotic illness and senile confusional states. Orthopaedic cases (except from Hastings Health District).

RELIGION : Undenominational.

BEDS: 50. (Dormitory Wards. No single rooms). Lift.

TREATMENT : Convalescent, gastric and other diets, (including full, light, low calorie, low salt, but not individual diets). Dressings. Physiotherapy and active exercises. Patients on drugs should be given a supply to cover their two weeks' stay and for the subsequent three days. Colostomy patients to be supplied with sufficient appliances.

STAFF : Chief Officer : Nursing Officer.

Nursing Staff: 5 SRN and 2 Part time SRN.

Medical Staff: Dr J G Holmes-Milner (visiting).

LENGTH OF STAY: 2 weeks or at discretion of the Medical Officer of the Home.

ROUTINE AND RECREATION: The patients are called at 7.15 am breakfast 8.30 am and should be indoors by 9pm. Bedtime not later than 9.30 to 10 pm. There are facilities for suitable indoor and outdoor games. Television, radio and library. A trolley-shop service is provided by the W.R.V.S. on Tuesdays and Fridays. Weekly coach trips to surrounding districts from May to October.

Visiting Days: From 2 pm. daily, until 7.30 pm.

RECEIVING DAY : Tuesday.

DISCHARGE DAY : Monday.

STATION : Cooden Beach, from Victoria.

GENERAL : The Home stands in its own grounds in a pleasant position. It is ten minutes' walk from the sea.

APPLICATIONS: to The Administrator, Bexhill Convalescent Home, Cooden, Bexhill-on-Sea, Sussex.

THE MENTAL AFTER CARE ASSOCIATION

LAWN COURT, 26-27 PARK ROAD,
BEXHILL-on-SEA,
SUSSEX.

PATIENTS : Men and women suffering from some degree of mental disability.

Ineligible : Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION : Undenominational.

BEDS : 36. 1-5, according to size of rooms.

TREATMENT : Mental rehabilitation.

STAFF : Three resident staff trained or experienced in mental nursing.

LENGTH OF STAY: Indefinite long-term care or recuperative holidays.

ROUTINE AND RECREATION : All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other indoor amusements provided. Outside activities encouraged.

CHARGES: £28.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any week-day.

STATION : Bexhill Central—frequent trains from Victoria.

GENERAL : Large house facing park and one minute from sea.

APPLICATIONS : To The Secretary, The Mental After Care Association, Eagle House,
110 Jermyn Street, London, SW1Y 6HB

THE MENTAL AFTER CARE ASSOCIATION

THE TOWERS, 18 EGERTON ROAD,
BEXHILL-on-SEA,
SUSSEX.

PATIENTS: Men and women suffering from some degree of mental disability.

Ineligible : Normal exclusions other than mental illness. Bed cases or those requiring nursing care and night time attention are also ineligible.

RELIGION : Undenominational.

BEDS : 25. 1-4 according to size of rooms.

TREATMENT : Mental rehabilitation.

STAFF: Three resident staff trained or experienced in mental nursing.

LENGTH OF STAY: Indefinite long-term care or recuperative holidays.

ROUTINE AND RECREATION : All residents make their beds and help with domestic duties where possible and reasonable. Television, radio, record player and other indoor amusements provided. Outside activities encouraged.

CHARGES : £28.00 per week.

RECEIVING DAY : }
DISCHARGE DAY: } Any week-day.

STATION : Bexhill Central—frequent trains from Victoria Station.

GENERAL : Large house facing park, with Annexe, one minute from sea.

APPLICATIONS : To the Secretary, The Mental After Care Association, Eagle House,
110 Jermyn Street, London, SW1Y 6HB

THE WHITE HOUSE CONVALESCENT HOME

23 CANTELUPE ROAD,
BEXHILL-ON-SEA,
SUSSEX.

(Bexhill 212540)

London Telecommunications Region Mutual Aid Fund

PATIENTS : Members of the London Telecommunications. Other patients accepted if vacancies. General convalescence either sex up to 65 years of age.

Ineligible : Normal exclusions. Bed cases. No diets.

RELIGION : Undenominational.

BEDS : 22, 3 single rooms; 8 rooms with 2 single beds; (including 1 on the ground floor); 1 room with 3 single beds.

TREATMENT : None. Simple dressings.

STAFF: Chief Resident Officer: Mrs I Stewart (Matron).

Nursing Staff: None.

Medical Staff: Visiting Doctor.

LENGTH OF STAY : Normally 2 weeks.

ROUTINE AND RECREATION : No restrictions. Radio, television and small library.

CHARGES: £40.00 per week.

RECEIVING DAY : Saturday (after lunch).

DISCHARGE: Friday.

STATION : Bexhill (Central).

GENERAL: Home 150 yards from the sea. Garden. Closed for two weeks at Christmas.

COMMUNICATIONS: to Assistant Secretary, LTR Mutual Aid Fund, Ref NC/P32
Fleet Bldg, 40 Shoe Lane, EC4A 3DD or 01-829-3437.

APPLICATIONS : to P231B, Room 945 Camelford House, 87/90 Albert Embankment,
London SE1 7TS (01-587-8000. Ext 7263.)

**EDITH PRIDAY HOME
OF THE BRITISH RED CROSS SOCIETY
21 & 23 ST JOHN'S PARK, BLACKHEATH, SE3 7TE**

(Admissions : 01 858-8469)

(Matron : 01 858-0039)

(Patients : 01 858-1063)

PATIENTS: Men and women of 70 and over, mainly those living in the County of London, for convalescence.

Ineligible : Incontinent cases, mentally confused, colostomy and tracheostomy cases or bed-ridden.

RELIGION : Undenominational.

BEDS : 42, in wards of 2-4. (3 ground floor wards—women).

TREATMENTS: Some treatments undertaken but physiotherapy must be arranged through Greenwich District Hospital, Vanbrugh Hill, Greenwich, London SE10 9HE (Tel. 01-858 8141). Gastric and diabetic diets provided. Simple dressings, where needed.

A supply of drugs and walking aids where needed should accompany patients together with an up-to-date letter from the Ward Sister giving particulars of dosage and treatments. Name and address and telephone number of General Practitioner must be shown on forms.

STAFF : Chief Officer : Matron (SRN).

Admitting Officer: Mrs A Crisp.

Nursing Staff: 1 SRN, 3 SEN, 8 Nursing Auxiliaries.
2 Night Attendants.

Warden: 1 Resident.

Medical Staff: Dr W Chandler (Hon Medical Officer).

Administration : Secretary.

LENGTH OF STAY : Maximum 4 weeks. Upon request Hospitals must accept responsibility for re-admissions.

ROUTINE AND RECREATION : Patients are expected to take all meals in the dining rooms. All clothing and possessions must be marked. No domestic work involved. Independence encouraged. Diversional therapy. Hair-dressing arranged. Trolley shop. Film shows. Coach trips. T.V. Miniature golf.

Visiting: Unrestricted. Outings encouraged.

CHARGES: £47.95 per week.

RECEIVING DAY: Thursday morning 10.00 am. to 12.30 pm. Home open—all year round.

DISCHARGE DAY: Thursday.

STATION: Blackheath, from Charing Cross, Waterloo and London Bridge. Buses: 53, 54, 75, 89, 108B and 192.

GENERAL: There is a lift. The Home is situated off the A2, in a spacious residential district with pleasant gardens. Very near church, shops.

APPLICATIONS: To the Admissions Officer, 23 St. John's Park, Blackheath, London, SE3 7TE. Tel: 01-858-8469.

FOXHOLM

**3 MARINE DRIVE WEST,
BOGNOR REGIS,
SUSSEX
PO21 2QA**

**(Bognor Regis 23517)
(024-33-23517)**

Bermondsey Medical Mission.

PATIENTS : Women over 60.

Ineligible : Cases requiring night attention or bed cases. Incontinent or mentally confused patients.

RELIGION : Interdenominational

BEDS: 24; eight on the ground floor, 5 single rooms upstairs. Lift.

TREATMENT : Special diets provided : Light dressings.

STAFF: Nursing Staff: Matron (SRN)
2 Part time SRN; 1 SEN.

Medical Staff : Visiting.

LENGTH OF STAY : Normally 2 weeks: longer in winter months if required.

ROUTINE AND RECREATION : Breakfast in bed, evening prayers, television, radio, books and piano.

CHARGES: £28.00 per week shared £33.00 per week single room

RECEIVING DAY : Monday afternoon

DISCHARGE DAY: Monday morning

VISITING DAY : Any day.

STATION: Bognor Regis. 14.02 pm train from Victoria will be met at Bognor Regis station, if requested.

GENERAL : The house is situated on the sea front within easy reach of shops.

APPLICATIONS : to the Matron.

THE VICTORIA CONVALESCENT HOME

THE ESPLANADE,
BOGNOR REGIS,
SUSSEX.

(Bognor 23042)

PATIENTS: Women, men and married couples. General convalescence including Asthma, mild heart cases, diabetics. Subject to the absolute discretion of the Medical Officer and/or Matron a limited number of controlled colostomies can be accepted.

Ineligible: Normal exclusions. Bed cases. Patients under age of 18.

RELIGION : Undenominational.

BEDS: 41 beds in all. 29 in wards mostly cubicled. 6 single rooms. 3 double rooms
6 beds are on the ground floor. There is a lift.

TREATMENT: No special treatments. Simple dressings.

STAFF: Chief Resident Officer: Matron (SRN).

Nursing Staff : 1 Nurse SEN
2 Nursing Auxiliaries.
1 Night Nurse.

Medical Staff: Dr Peters.

LENGTH OF STAY : As required.

ROUTINE AND RECREATION : The patients may rest in their rooms in the after-
noons. Piano, wireless, books, colour television.

Visiting Day : Any day.

CHARGES: Single rooms £20.00 per week. Double rooms £18.00 per week each.
Wards £16.00 per week.

RECEIVING DAYS : Mondays.

DISCHARGE DAY: Mondays.

STATION : Bognor Regis, from Victoria. The Home is 7 minutes' walk from the station.

GENERAL : The Home was built in 1897 and stands on the sea front. It has a pleasant garden and is near to shops etc. Fully centrally heated.
Closed each year for the week in which Christmas day falls.

APPLICATIONS : to the Secretary, The Victoria Convalescent Home, Roselawn, Rose Walk, Seaford, Sussex (Seaford 0323-893950).

HAHNEMANN CONVALESCENT HOME

HAHNEMANN ROAD,
WEST CLIFF,
BOURNEMOUTH,
DORSET BH2 5JW

(Bournemouth 20115)

PATIENTS : Women. General convalescence. Subject to the absolute discretion of the Medical Officer and/or Sister-in-Charge, a few emotionally disturbed patients may sometimes be accepted. Such patients must have already RECEIVED treatment for their condition and be in the convalescent stage.

Ineligible : Patients suffering from Pulmonary Tuberculosis. Advanced Heart Disease. Bronchitis or Bronchial Asthma. Fits (Epileptic or other), Diabetes (or Special Diet), colostomies, cases of incontinence or recovering from infectious disease. Patients under the age of 15.

RELIGION : Undenominational.

BEDS : 32 (shared rooms). Lift available, but stone steps to main entrance.

TREATMENT : No diets. Most dressings undertaken.

STAFF: Chief Officer: Matron (SRN SCM).

Nursing Staff: 1 SRN; 2 SEN; 2 Nursing Auxillaries.

Medical Staff: Dr R F G Barker and Partners.

LENGTH OF STAY: Maximum 2 weeks.

ROUTINE AND RECREATION : Patients get up at 8 am and are in bed by 9.30 pm. They are, if able, expected to make their own beds, but are not required to do any other form of domestic work. All patients rest in the afternoon (1pm. to 2 pm.) There is a radio, piano, and television. Patients may go out daily apart from rest period.

Visiting: Daily, unrestricted (apart from patients' rest period).

STATION: Bournemouth Central, from Waterloo, thence by taxi to the Home, at own expense.

GENERAL : Built in 1878 in a residential district near the sea on top of the cliffs
Closed each year for the week in which Christmas day falls.

APPLICATIONS: To Matron.

THE MENTAL AFTER CARE ASSOCIATION

CLIFTON HOUSE, 1 GRANTLEY ROAD,
BOSCOMBE, BOURNEMOUTH BH5 1HW

PATIENTS: Men and women suffering from some degree of mental disability.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 37, 1-5, according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Four resident staff trained or experienced in mental nursing.

LENGTH OF STAY: Indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio, record player and other indoor amusements provided. Outside activities arranged.

CHARGES: £28.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Any week-day.

STATION: Bournemouth Central—frequent trains from Waterloo.

GENERAL: Detached residence with small garden, near to bus routes and all amenities and only a few minutes away from the sea.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn St., London SW1Y 6HB.

THE MENTAL AFTER CARE ASSOCIATION

KING'S HOUSE, 1 EARLE ROAD,
WESTBOURNE,
BOURNEMOUTH

PATIENTS: Men and women suffering from some degree of mental disability.

Ineligible: Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION: Undenominational.

BEDS: 31. 1-4, according to size of rooms.

TREATMENT: Mental rehabilitation.

STAFF: Three resident staff trained or experienced in mental nursing.

LENGTH OF STAY: Indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio, record player and other indoor amusements provided. Outside activities encouraged.

CHARGES: £28.00 per week.

RECEIVING DAY: }
DISCHARGE DAY } Any week-day.

STATION: Bournemouth Central—frequent trains from Waterloo.

GENERAL: Detached residence with garden, close to Alum Chine and bus routes to surrounding areas of Bournemouth.

APPLICATIONS: To The Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

ST JOSEPH'S CONVALESCENT HOME

11 & 13 BRANKSOME WOOD ROAD,
BOURNEMOUTH,
HANTS, BH2 6BU

(Bournemouth 27869) Staff
(„ 23772) Patients

PATIENTS : Men and women aged 16-80. General convalescence. Subject to the absolute discretion of the Medical Officer and/or Matron a limited number of patients with controlled colostomies can be accepted.

Ineligible: Asthma or inoperable carcinoma and severe or chronic chest and heart conditions.

RELIGION : Roman Catholic. (All denominations taken).

BEDS : 24 in men's home including 5 on the ground floor. 40 in women's home. None on ground floor but there is a lift. 16 in new extension for men and women having 12 single and 2 double rooms. This extension has its own lift.

TREATMENT : No treatments. Gastric, diabetic and other diets provided. Simple dressings.

STAFF : **Chief Resident Officer** : Reverend Mother.

Nursing Staff : 1 SRN 1 SEN.

Medical Staff : Dr W Cremin (visiting).

LENGTH OF STAY : 2 weeks to 3 months.

ROUTINE AND RECREATION: Breakfast 8.00 am; the patients retire 9.30 pm. Breakfast in bed if necessary. Patients are expected (if able) to make their own beds, and women to wash up dining room cutlery and set tables. Occupational therapy optional. Large summer house in garden of Women's Home. Pianos, Wireless, Coloured Television in each Home.

Visiting Day : Any day.

CHARGES: £16.00 per week (4/6 bedded rooms). £20.00 per week (2 bedded rooms) £20.00 (private rooms). Single rooms in the new extension £22.00 weekly. Laundry extra.

RECEIVING DAY : Any day.

DISCHARGE DAY : Same as receiving day.

STATION : Bournemouth Central, from Waterloo. Patients make their own way to the Home. Taxis are available.

GENERAL : The Home is situated on sloping ground in a residential district, half a mile from the sea. It has an extensive garden. Central heating.

APPLICATIONS : to the Reverend Mother including NHS patients.

FRENCH CONVALESCENT HOME**DE COURCEL ROAD****BRIGHTON****SUSSEX, BN2 5TF****Telephone (0273) 681678**

PATIENTS: Permanent French, aged 60 years and over. A few non-French are admitted on exceptional occasions.

RELIGION: Undenominational. Has own R.C. chapel in the Home.

BEDS: 44 private rooms, Lift to all floors.

TREATMENT: A limited number of cases needing simple dressings or on light diets.

STAFF: Chief Officer: Secretary/Administrator.

Nursing Staff: 4 Nuns.

Medical Staff: Medical Officer (visiting).

LENGTH OF STAY: Permanent (after 1 week's trial period). Also temporary stays of 2-3 weeks, (when accommodation is available).

ROUTINE AND RECREATION: Breakfast at 8-00 am. Tea at 10-30 am. Lunch at 12-30 pm. Tea at 4-00 pm. Supper at 6-30 pm. Hot drinks if required at 8-30 pm. No meals normally served in bedrooms. 2 recreation rooms, television, large enclosed garden.

VISITING DAYS: Any day.

CHARGES: Dependent on financial means.

RECEIVING DAYS: Any day.

DISCHARGE DAYS: Any day. } But preferably not Sundays.

STATION: Brighton. Buses Nos. 7; 37; 39; 44. 47, Taxis in station yard.

GENERAL: The Home faces the sea, and is served by numerous buses. There is a small shopping centre adjacent in Arundel Street.

APPLICATIONS: To the Secretary/Administrator at the above Brighton address and tel. no.

VALUABLE ARTICLES: The Home cannot accept responsibility for these, and entrants are therefore requested not to fetch them.

FAIRFIELD HOUSE RESIDENTIAL SCHOOL

FAIRFIELD ROAD, BROADSTAIRS, KENT.

CT10 2JZ

(Telephone 0843-62132)

OWNERS: The Save the Children Fund, 157 Clapham Road, London, SW9 0PT.

PUPILS: Girls aged 5-16. Mild maladjustment, delicate, asthmatic, bronchietic, diabetic, epileptic (non-severe, well-controlled). Long stay or short stay.

Ineligible: Normal exclusions. Bed cases.

RELIGION: Undenominational.

BEDS: 65 in rooms containing 2-10 beds.

TREATMENT: Remedial exercises. Special Diets. Comprehensive treatment asthmatics.

STAFF Chief Resident Officer: The Headmistress

Nursing Staff: 2 SRN: 1 SEN: 12 Child Care Assistants.

Medical Staff: Medical Superintendent attends once weekly—or as required

Teaching Staff: 6 Teachers full time; 3 Teachers part time.

LENGTH OF STAY: Not less than 1 term. (School closes for the holidays)

ROUTINE AND RECREATION: The children rise at 7.30 a.m. and go to bed between 7 and 9.30 p.m. according to age. There is a rest after dinner. There is a play-room and large supply of children's books and games, clubs, etc., radio and television.

Fully-equipped Domestic Science Unit and full school curriculum.

Solarium with Vita-glass windows.

Fully-equipped Gymnasium/Assembly Hall.

Visiting: Preferably at week-ends, but by arrangement.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: Beginning of School terms. Four term year: January, April, July, October, and when vacancies occur.

DISCHARGE DAY: Last day of each School term.

STATION: Broadstairs, from Victoria. Pupils are met at Broadstairs station.

GENERAL: A Victorian house with $4\frac{3}{4}$ acres of garden and playing space with equipment. About $1\frac{1}{4}$ miles from the sea.

APPLICATIONS: To the Headmistress.

HEARTS OF OAK BENEFIT SOCIETY HOME

CALLIS COURT ROAD,
BROADSTAIRS,
KENT.

(0843 62250)

PATIENTS : Men aged not over 70 and women not over 65 with priority for members of the Hearts of Oak Benefit Society or other Friendly Societies. General convalescence.

Ineligible : Normal exclusions. Bed cases.

RELIGION : Undenominational.

BEDS : 27 in single rooms for men, of which 3 are on the ground floor, and 19 in single rooms for women.

TREATMENT : Medical and nursing attention in emergency only.

STAFF : Chief Resident Officer : Matron.

Medical Staff : Dr J M A Jepps (visits twice weekly).

LENGTH OF STAY : Normally 2 weeks. Extensions allowed if recommended by the Medical Officer. Maximum 4 weeks.

ROUTINE AND RECREATION : Guests should observe the regulations of the Home. Breakfast is at 8.30 am and all patients should be in bed by 10 pm. No form of domestic work is expected from the guests.

There is a library as well as a supply of indoor games including two billiards tables ; radio and television ; in the garden the patients can play bowls. Weekly concerts are organised inside the Home, and there are also occasional coach trips to the surrounding districts.

Visiting Days : Wednesday, Saturday and Sunday, 2 to 5 pm.

CHARGES : £32.40 per week (non-members) inclusive of VAT. No charge to members whose membership covers Convalescent Home benefit. All residents are responsible for their personal laundry.

RECEIVING DAY : Thursday, after 2 pm.

DISCHARGE DAY : Thursday, prior to mid-day.

STATION : Broadstairs, from Victoria. Patients met at the station with a car, if travelling by train and notice given to the Matron.

GENERAL : The buildings, which are modern, stand about a mile back from the sea in 10½ acres of ground. Lift serves all floors. The Home is closed for two weeks over the Christmas period.

APPLICATIONS : Direct to the Matron.

ST MARY'S HOME FOR CHILDREN

(The Sisters of the Church)
NORTH FORELAND ROAD,
BROADSTAIRS,
KENT.

(Thanet 62314)

Parent Society : Church Extension Association, Inc., St. Michael's Convent,
Ham Common, Richmond, Surrey.

PATIENTS: Boys aged 2-9. Girls aged 2-9 on admission but staying till 16 plus. "In care". Occasional vacancies for short periods of convalescence. Non infectious T.B. contacts. Malnutrition. Emotionally disturbed.

RELIGION : Church of England. (All denominations accepted).

BEDS : 26.

STAFF : Chief Resident Officer : Sister-in-Charge.

Staff : 1 Assistant (Sister of the Community); 6 Resident Assistants, plus part-time non residents.

Medical Staff : Dr D Chastell.
Dr I Tye

LENGTH OF STAY: According to medical advice, or local Authority Placement.

ROUTINE : Children get up at 7 am and retire between 6-10 pm. Rest according to need. School by arrangement with local authority.

RECREATION : Television. Radio. Facilities for indoor and outdoor games. Play ground apparatus—swings, climbing frame, etc. Swimming pool.

Visiting : Free.

CHARGES: £54.74 per week.

RECEIVING DAY : }
DISCHARGE DAY: } By arrangement.

STATION : Broadstairs.

GENERAL : Well-constructed modern house, centrally heated. Situated on the cliff top, with large gardens, and easy access to the shore.

APPLICATIONS : Sister-in-charge at the Home.

THE MENTAL AFTER CARE ASSOCIATION

31 YORK ROAD,

CHEAM,

SURREY.

PATIENTS : Men and women of working age suffering from some degree of mental disability. For long and short stays.

Ineligible : Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION : Undenominational.

BEDS: 29. Main House—19. Numbers according to size of rooms.
Units—10 single rooms.

TREATMENT: Rehabilitation toward full employment and social independence.

STAFF: Two resident staff trained or experienced in mental nursing.

LENGTH OF STAY: As appropriate to individual needs.

ROUTINE AND RECREATION: Meal times to suit residents' hours of employment. All residents make their own beds and help with domestic tasks where possible or reasonable. Television, radio, record player, and other indoor and outdoor amusements provided. Outside interests encouraged.

CHARGES: £28.00 per week.

RECEIVING DAY : }
DISCHARGE DAY: } Any week day.

STATION : Sutton or Cheam. Frequent trains from Victoria Station, also Green Line Coaches.

GENERAL: Detached residence with large garden. Also two purpose built self-care units for 10 women thought ready to live more independently.

APPLICATIONS To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

JUBILEE LODGE

GRANGE FARM
CHIGWELL, ESSEX.

To open in Spring 1978.

Parent Society: The Winged Fellowship Trust, 58 College Road, Dulwich, SE21.

PATIENTS: Physically handicapped persons from 15 upwards. Incontinence, night attention, simple diets acceptable.

Ineligible: Mental illness, senility, those in need of sick nursing, epileptics or blind persons if they are not wheelchair bound. (People are more likely to be rejected for being too lightly handicapped than the reverse.)

RELIGION: Undenominational.

BEDS: 32. Mostly four bedded but two single and one double room available for those likely to disturb others at night, or disabled married couples.

TREATMENT: Medication, injections—as prescribed by patient's doctor. Simple diabetic diets.

STAFF: **Housefather** in charge

2 Assistants. About 20 resident volunteers of both sexes.

Nursing Staff: 3.

Medical Staff: Dr on call.

LENGTH OF STAY: 2 weeks only.

ROUTINE AND RECREATION: Guests rise about 7.30 am and retire when they wish. Piano, TV, wireless, daily outings, entertainments.

CHARGES: Under review but not likely to be less than £50 a week per head.

RECEIVING DAY: Sunday after 2 pm.

DISCHARGE DAY: Sunday before 12 noon.

STATION: NONE: Guests need to use road transport.

GENERAL: A newly built, specially designed and equipped building standing in small area of ground made available to the Trust by the City Parochial Foundation, within the grounds of the Grange Farm Sports and Leisure Centre.

APPLICATIONS: to the Holidays Office, Winged Fellowship Trust, 2nd Floor, 64/66 Oxford Street, London, W1 (tel: 01-636-5575 or 5886).

THE MENTAL AFTER CARE ASSOCIATION

78 BARROWGATE ROAD,
CHISWICK, W4

PATIENTS : Men and women in need of rehabilitation or recuperation after a mental illness. Preference given to those under 50 years.

Ineligible : Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION : Undenominational.

BEDS : 21. Numbers according to size of rooms, mostly two or three.

TREATMENT : Rehabilitation towards full employment and social independence.

STAFF: Three resident staff trained or experienced in mental nursing.

LENGTH OF STAY: As appropriate to individual needs.

ROUTINE AND RECREATION : Breakfast and evening meals to suit residents' hours of employment. All residents make their own beds and help with domestic work where possible and reasonable. Television, radio and other indoor amusement provided. Outside interests encouraged.

CHARGES: £28.00 per week.

RECEIVING DAY : }
DISCHARGE DAY : } Any week day.

STATION : Turnham Green and thence by bus. Frequent services.

GENERAL: Detached residence with garden; close to main road, buses and shops.

APPLICATIONS : To the Secretary, The Mental After Care Association, Eagle House,
110 Jermyn Street, London, SW1Y 6HB

**THE MIDDLESEX HOSPITAL
CONVALESCENT HOME****CLACTON-ON-SEA,
ESSEX, CO15 6EY****(0255 22877)
(Patients—0255 992)21**

The Home is primarily intended for patients on discharge from hospitals in the North-East District of Kensington and Chelsea and Westminster AHA. Others are admitted when vacancies permit.

PATIENTS : Men and women. General convalescence.

Ineligible : Normal exclusions, chronic chest cases in winter.

RELIGION : Undenominational.

BEDS : 62. Lifts to all floors. No single rooms.

TREATMENT : Diets. Dressings.

STAFF : **Chief Resident Officer :** Nursing Officer (SRN QNS CMB Part 1)

Nursing Staff : 3 Sisters (SRN); 7 Staff Nurses; 3 Enrolled Nurses; 10 Nursing Auxiliaries.

Medical Staff : Dr C A Haxton visits regularly and when required.

LENGTH OF STAY : Usually two weeks.

ROUTINE AND RECREATION : Breakfast at 8.30 am is served in bed if necessary. There is a library, wireless and television, a quiet room, and a games room.

Visiting Day : Any day 10 am. to 6 pm. and by arrangement with the Nursing Officer.

RECEIVING DAY : Tuesday (see arrangements under STATION).

DISCHARGE DAY : Tuesday (see arrangements under STATION).

STATION : Clacton-on-Sea from Liverpool Street. Patients usually travel by coach from the Middlesex Hospital, leaving there at 9.30 am. On return the coach arrives at the Hospital at 4.45 pm. Transport is not normally arranged from the Hospital to the patient's home.

GENERAL : The Home is situated in delightful grounds, about 5 minutes from the sea and 15 minutes from the town centre.

APPLICATIONS : "Convalescent" forms (A4, etc.—in duplicate if possible) to the Admissions Office, The Middlesex Hospital, Mortimer Street, London, W1N 8AA. Enquiries: 01-636 8333 Ext: 347.

ST MICHAEL'S CONVALESCENT HOME

MARINE PARADE EAST,

CLACTON-ON-SEA,

ESSEX CO15 6JW

(Clacton-on-Sea 23688)

OWNERS: Westminster Sisters of Mercy, 11 Harewood Avenue, NW1.

PATIENTS: Women up to 75 years of age—over 75 subject to approval of the Medical Officer. General convalescence. Colostomies. A limited number of emotionally disturbed patients.

Ineligible: Normal exclusions. Asthmas, cardiac failure and other severe heart conditions.

RELIGION: Roman Catholic. (All denominations taken.)

BEDS: 82 in single and sharing rooms. Lifts to all floors.

TREATMENT: All diets, if notified prior to arrival. All dressings. Physiotherapy should be arranged with Clacton Hospital before patients are sent to the Home.

STAFF: Chief Resident Officer: Sister Superior.

Nursing Staff: Religious Sisters, SRN and Assistant Nurses.

Medical Staff: Dr T J Ryan (visiting).

LENGTH OF STAY: As arranged, maximum three months.

ROUTINE AND RECREATION: Patients are expected to take all meals in the dining room. Television, piano. Large balconies overlooking the sea. The beach is only a few yards away. There is a Chapel in the Convent grounds, but attendance is not compulsory.

Visiting Hours: 10 am to 8 pm daily.

CHARGES: Sharing Rooms £20.00. Single Rooms £25.00. Units—(comprised of bedroom, bathroom and toilet) £30 plus VAT. Fees under review at present.

RECEIVING DAYS: Tuesdays, Thursdays, Fridays and Saturdays. Patients should leave before lunch on the day of departure.

DISCHARGE DAY: Any day.

STATION: Clacton-on-Sea from Liverpool Street. Taxis available at Clacton.

GENERAL: The Home is magnificently situated as close to the sea front as a building could be and faces south. Central heating and supplementary heating when necessary.

APPLICATIONS: To the Matron.

ST OSYTH'S PRIORY CONVALESCENT HOME

**NEAR CLACTON,
ESSEX.**

(St. Osyth's 820 235)

PATIENTS: Men and women up to 69. General convalescence. A limited number of colostomy cases can be accepted.

Ineligible : Hearts. Asthma. Those unable to climb stairs.

RELIGION : Undenominational.

BEDS : 36, in rooms containing 1-5 beds. None on ground floor.

TREATMENT : General Nursing treatment. Gastric and diabetic diets. Dressings.

STAFF : Chief Resident Officer : Matron (SRN).

Nursing Staff : 3 SRN; 1 Nursing Orderly.

Medical Staff : Dr Colquhoun (visiting).

LENGTH OF STAY : Normally 2 weeks.

ROUTINE AND RECREATION : Patients are called with tea in bed at 7 am. Breakfast at 8.30 am, lunch at 12.30 pm, afternoon tea at 3 pm, evening meal at 6 pm. Light refreshments are provided at 10.30 am and 8.0 pm. Patients go to bed at 9.30 pm. Lights out at 10.0 pm. Wireless. Piano. Billiards. Darts. Television. Table Tennis.

Visiting Day: Every day.

CHARGES: Payable by Essex Area Health Authority.

RECEIVING DAY: Monday. (If own transport, please arrive between 3-4 pm).

STATION : Clacton-on-Sea from Liverpool Street. (Patients are met). Coaches from King's Cross pass the Home.

GENERAL: The Home is a large private residence situated in the centre of the village, two miles from the sea. The grounds are very interesting, containing several historical buildings and the gardens provide many interesting walks.

APPLICATIONS: To North East Thames Regional Health Authority, 40 Eastbourne Terrace, London, W2 (01-262-8011 Ex. 207).

KING EDWARD VII CONVALESCENT HOME FOR OFFICERS

OSBORNE HOUSE,
EAST COWES,
ISLE OF WIGHT. PO32 6JY. (Cowes 2511/2/3)

Owner : Department of the Environment, 2 Marsham St., London SW1

CONVALESCENTS : Serving Officers (men and women), Ex-Service Officers (men and women), Established Serving and Retired (on pension) Officers of the Civil Service (men and women), Permanently Unestablished Officers (men and women), Colonial Office and Foreign Office. All admissions are subject to House Governor's personal approval.

RELIGION : Undenominational.

BEDS : 50, mostly in single rooms. 3 ground floor rooms. There is a lift.

TREATMENT : Physiotherapy, Remedial exercises. Remedial Hot Pool. Occupational Therapy. Simple dressings. No special diets.

STAFF: House Governor and Medical Superintendent: Surgeon Captain R S McDonald, MRCS LRCP DMRD RN (Retd.)

Nursing Staff : Matron (SRN); 2 Sisters (SRN); 4 SRN; 1 Physiotherapist; 1 Remedial Gymnast.

Medical Staff : One of a panel of 15 Hospital and Service Consultants visits monthly.
2 visiting local Consultants.

LENGTH OF STAY: Average 3 weeks. Open all the year.

ROUTINE AND RECREATION : According to patient's condition. No domestic work is expected of them.

Golf course and bathing beach. Sailing. Tennis court, croquet. Clock golf. Recreation hall with stage, billiards, library, radio and television. Indoor and outdoor entertainments organised frequently.

Visiting Day : Any day (see GENERAL).

CHARGES: No charge to Serving Officers and Department of Health and Social Security Disability Pension cases. £7.50 per day (subject to review) for ex-officers and Civil Service Officers. 10p a day to "Sports Fund".

RECEIVING AND DISCHARGE DAYS : Monday, Wednesday and Friday.

STATION : Ryde, from Waterloo, via Portsmouth Harbour. Patients are met at Ryde, Pier Head by the house car. Cases from the West country via Southampton-East Cowes.

GENERAL: Former private home of Queen Victoria, standing in 400 acres of grounds. There is a Guest House for patient's relatives nearby.

APPLICATIONS : To the House Governor/Medical Superintendent, via employing departments in the case of Civil Servants.

**THE OLD RECTORY,
THE CHURCH'S MINISTRY OF HEALING
CROWHURST, nr BATTLE,
SUSSEX.**

(Crowhurst 204)

PATIENTS : Those who need rest or are suffering from some personal shock, from the stress of life, who have a particular need of healing, or who need a time of convalescence. The family atmosphere and the Services which are held daily in the Chapel are of great value to these individuals. Ambulant patients only.

RELIGION : All denominations welcomed.

BEDS : 30, mainly in single rooms, but a few double rooms are available for those accompanied by relative or friend.

TREATMENT : Personal interviews and a therapeutic programme (Tuesday to Tuesday) designed to aid relaxation, healing and readjustment. Good food but no special diets.

STAFF : Warden : The Rev Paul Peters (Anglican), member of the Churches' Council of Healing.

Visiting Consultants: The Rev G A Cornforth (Methodist). The Rev. R Purser (Anglican).

Medical Staff : Dr Kenneth Brown (visiting).

LENGTH OF STAY: Usually 1-2 weeks. Variable by consultation with Warden.

ROUTINE AND RECREATION: Breakfast in rooms, main meals in dining room. Family Prayers, 10 am, Evensong 6 pm. The House is much like a private hotel with drawing room, TV Room, Silent Room and Library, Art and Craft Room etc. Patients are known as 'visitors' or 'guests'.

CHARGES: A Contribution of £38.00 a week is asked (with a non-returnable deposit of £5.00 per head due on booking).

RECEIVING DAY : Midweek is preferred; Tuesday afternoon is best.

STATION: Crowhurst, from Charing Cross; 5 minutes' walk.

GENERAL: The House is situated in beautiful country and surrounded by an attractive and secluded garden. Across the valley is the sea, four miles distant. In easy reach of Bexhill and Hastings.

APPLICATIONS: To the Warden.

THE MENTAL AFTER CARE ASSOCIATION

COIGNAFEARN,
226 PAMPISFORD ROAD,
S CROYDON,
SURREY, CR2 6DB

PATIENTS : Men and women in need of rehabilitation after mental illness. Preference given to those under 50 years.

Ineligible : Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION : Undenominational.

BEDS : 43. Numbers according to size of rooms.

TREATMENT : Rehabilitation towards full employment and social independence

STAFF : Four resident staff trained or experienced in mental nursing.

LENGTH OF STAY: As appropriate to individual needs.

ROUTINE AND RECREATION : Breakfast and evening meals to suit residents' hours of employment. All residents make their own beds and help with domestic work where possible and reasonable. Television, radio, record player and indoor and outdoor interests provided.

CHARGES: £28.00 per week.

RECEIVING DAY : }
DISCHARGE DAY : } Any weekday.

STATION : East Croydon, thence by bus. Frequent trains from Charing Cross or Victoria Stations.

GENERAL : Large house and annexe with pleasant garden, overlooking park at rear.

APPLICATIONS : To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

YARBURGH CHILDREN'S HOME

**HIGHFIELD ROAD,
EAST GRINSTEAD,
SUSSEX.**

(East Grinstead 23215)

PATIENTS : Children aged 1-11 years. General convalescence.

Ineligible : Bed cases. Normal exclusions. Those requiring special attention at night.

RELIGION : Undenominational.

TREATMENT: No treatments, TB contacts, not infectious.

BEDS : 18 beds in wards, no ground floor rooms. Isolation ward provided.

STAFF: Chief Resident Officer: Officer in Charge (NNEB)

Nursing Staff: Deputy Officer in Charge(NNEB); 3 Senior House Parents (NNEB); 5 Assistant House Parents (PRC); 1 Night nurse;

Medical Staff : Dr M Worlock BA MRCS LRCP (visiting).

LENGTH OF STAY : Any length of time from one week to a number of years.

ROUTINE AND RECREATION : The children get up at 7.30 am and go to bed at 6-9.30 pm. Breakfast in bed is provided if necessary. Recreations and nursery school activities outdoors whenever possible. Also indoor play school for the pre-school children.

Visiting Day : Any day.

CHARGES: £8.00 per day (£56.00 per week).

RECEIVING DAY : Any day.

STATION: East Grinstead, from Victoria and London Bridge.

GENERAL : The Home is a converted house on the outskirts of East Grinstead. There is a garden suitable for children. The Home is open all the year round.

APPLICATIONS: To the Officer in Charge.

FARNHAM PARK REHABILITATION CENTRE

FARNHAM ROYAL,
BUCKS. SL2 3LR

Tel: Farnham Common 2271/2

PATIENTS: Ambulant cases, able to climb one flight of stairs with hand-rails. Men and women, in-patients aged 18-60, out-patients aged 16-65, who, through a balanced programme of physiotherapy, remedial exercises, occupational therapy, speech therapy and hydrotherapy appropriate to the condition, are capable of being restored to full earning capacity in about three months or less or, in the case of permanent disability to such a capacity as the disability will allow.

INELIGIBLE: Normal exclusions. Cases suffering from incontinence of urine or faeces or nocturnal enuresis. Psychosis, severe neurosis, asthma, total blindness, epilepsy, unstabilised diabetes, infectious or contagious disease. Any cases needing night nursing apart from emergency.

RELIGION: Undenominational.

BEDS: 50, in 2 to 8-bedded rooms on first floor.

TREATMENT: Physiotherapy, remedial exercises, hydrotherapy, speech therapy, work of therapeutic value in workshops and gardens, special diets.

STAFF: Medical: J G P Williams, FRCS (Ed.), D.Phys.Med., Medical Director, also whole time Medical Assistant.

Nursing: Matron (SRN); 3 Nursing Sisters, 6 Physiotherapists, 2 remedial gymnasts, 6 occupational therapists, Speech Therapist, Social worker.

LENGTH OF STAY: Average 6 weeks.

ROUTINE AND RECREATION: Patients are graded as to their disability and re-examined by medical staff weekly or as necessary. DRO attends weekly. There is a library, games room, radiogram, television. Concerts arranged. Putting, squash, tennis, bowls, extensive gardens.

Visiting: Monday - Friday 5.0 to 6.0 pm, Saturday and Sunday 2 to 4.30 pm.

RECEIVING DAYS : Monday. (Except by special arrangement).

STATION: Slough.

GENERAL: Centre is a large house situated in 8 acres of garden and lawn, within easy reach of Slough and Windsor by bus. Car parking available (at owners risk)

APPLICATIONS: To the Medical Director on the prescribed form with clinical and social notes.

THE MENTAL AFTER CARE ASSOCIATION

**RUSSELL HOUSE, 13 MARINE PARADE,
FOLKESTONE,
KENT.**

PATIENTS : Men and women suffering from some degree of mental disability.

Ineligible : Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION : Undenominational.

BEDS : 24. 1-4 according to size of rooms.

TREATMENT : Mental rehabilitation.

STAFF : Three resident staff trained or experienced in mental nursing.

LENGTH OF STAY: Indefinite long-term care.

ROUTINE AND RECREATION: All residents make their beds and help with domestic duties where possible and reasonable. Television, radio, record player and other indoor amusements provided. Outside activities encouraged.

CHARGES: £28.00 per week.

RECEIVING DAY : }
DISCHARGE DAY: } Any week-day.

STATION : Folkestone Central—frequent trains from Charing Cross.

GENERAL : Large house facing sea and near Leas and Harbour.

APPLICATIONS: To the Secretary, The Mental After Care Association, Eagle House
110 Jermyn Street, London, SW1Y 6HB.

SAINT DOMINIC'S SCHOOL FOR BOYS

**MOUNT OLIVET,
HAMBLEDON,
GODALMING, SURREY.**

(Wormley 2741)

Parent Society: The Sisters of the Sacred Hearts of Jesus and Mary, address and telephone number as above.

PATIENTS: Boys aged 5-16. Asthma, Malnutrition, Debility, Haemophilia, Spastic, Eczema, Diabetes, Phenylketonuria.

Ineligible: Bed cases. All other complaints.

RELIGION: Roman Catholic. (Children of all denominations taken).

BEDS: 80, all in wards. Some on ground floor. Classrooms are all on ground floor. isolation accommodation is provided.

TREATMENT: Breathing exercises. Postural drainage. Daily tonic dressings. Coeliac and Gastric diets.

STAFF: Chief Resident Officer: Sister Superior.

Nursing Staff: 1 SRN; 2 Assistant Nurses.

Medical Staff: Dr Williams (visiting).

LENGTH OF STAY: No limit.

ROUTINE AND RECREATION: The boys rise at 8.30 am and retire in groups from 7-9 pm.

The Home has a playroom and a library, and there are ample facilities for indoor and outdoor games.

Visiting Days: By arrangement with parents.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: No special day.

DISCHARGE DAY: When children are considered fit.

STATION: Witley, from Waterloo. A bus from the station passes near the Home.

GENERAL: A Victorian house, 500 feet above sea-level with a large garden, which includes a playground, football pitch, tennis court and swimming pool. School closed Christmas, 2 weeks, Easter 2 weeks, Summer 4 weeks. Spring, Summer and Autumn Half-terms, 1 week each.

APPLICATIONS: To the Superintendent at the Home.

SPELTHORNE ST. MARY

**55 MILTON ROAD,
HARPENDEN
HERTS, AL5 5NX**

Harpenden 68511

Owners: Community of St. Mary the Virgin, Wantage.

PATIENTS: Women alcoholics and drug addicts.

Ineligible: Any other type of case.

RELIGION: Church of England, but any denomination received.

BEDS: 17. All single rooms.

TREATMENT: Treatment according to the nature of the case. Occupational therapy
Group therapy.

STAFF: **Chief Resident Executive Officer and Social Worker:** Sister Superior

Nursing Staff: 2 S.R.N. Sisters of the Community.

Other Staff: Sisters of the Community

Medical Staff: Dr. M Williams (visiting Physician)
Dr M M Glatt Dr J L McClure

LENGTH OF STAY: Minimum 6 months.

ROUTINE AND RECREATION: Breakfast 8 am. Lights out normally 10.30 pm.
Meals in bed if necessary. A graded programme of occupation, rest and recreation is provided according to individual needs. Training facilities in Crafts, Typing, Cooking etc. The house is ten minutes walk from a pleasant shopping centre, and 5 minutes from a common. Expeditions are arranged to places of interest, and there is a good library in the house both of books and records.

CHARGES: £30.10p per week plus pocket money.

RECEIVING DAY }
DISCHARGE DAY } Any day as arranged.

STATION: Good trains from St. Pancras. Station 10 minutes walk from house.

APPLICATIONS: To the Sister Superior.

ST. FRANCIS DE SALES SCHOOL

2 Beach Road, Hayling Island,

Hants PO11 OAD

(Hayling Island 3759)

Parent Society: The Sisters of the Sacred Hearts of Jesus and Mary.

PATIENTS: Boys 5 to 16 years. Fresh admissions up to 11 years. Severely mentally handicapped.

RELIGION: Roman Catholic (Children of all denominations received.)

BEDS: 50.

TREATMENT: General health care and training, taking into account the physical, intellectual, emotional and social aptitudes of their respective development. Speech therapy.

STAFF: Chief Resident Officer: Sister Superior.

Nursing Staff: 1 SRN, 1 SEN.

Medical Staff: Dr D. H. Broughton (Visiting).

Teaching Staff: 1 Qualified Head Teacher with Diploma for ESN children.
3 Assistant teachers (Sisters) qualified and with Diploma for SSN boys. 1 Qualified Male Teacher with Diploma for SSN children.

LENGTH OF STAY: up to school leaving age.

ROUTINE AND RECREATION: The children breakfast at 8 am and retire in groups according to age and condition from 7 pm to 9 pm. There is an abundance of equipment in the classrooms and gymnasium so that each boy can gain knowledge and training through experimental activity. Music is considered essential as also craft work games and rhythmic activities. There are indoor and outdoor recreational facilities of every kind and frequent outings.

VISITING: Parents and friends may come any weekend.

CHARGES: Payable by local Education Authorities.

RECEIVING DAY: By arrangement with Sister Superior.

STATION: Havant. Thence by Hayling Island Bus (301) to Beachlands Terminus.

GENERAL: The School faces the English Channel, has a large garden, is close to the beach and there is a fine part within easy reach. School closed at Christmas, Easter and during August.

APPLICATIONS: Arranged by Local Education Authorities.

FRIENDLY SOCIETIES' CONVALESCENT HOME

**BELTINGE,
HERNE BAY,
KENT.**

(A Registered Charity supported by Friendly Societies.)

PATIENTS: Men and women from 16; age limit of 80 years of age. (Subject to the absolute discretion of the Medical Officer and Matron one or two emotionally disturbed patients can sometimes be admitted during quiet periods of the year. They must have received treatment and be in the convalescent stage and an undertaking to remove should they suffer a relapse and disturb other patients must be given. A limited number of patients with controlled colostomies can be accepted under like conditions.)

Ineligible: Normal exclusions. Bed cases. Epileptics, pregnant and mental cases.

RELIGION: Undenominational.

BEDS: 60 for men and 40 for women.

TREATMENT: No treatments. Light gastric diets. There is a lift but no ground floor bedrooms.

STAFF: Chief Resident Officer: Matron.
Assistant Matron.

Medical Staff: Dr P H Watkins (visiting).

LENGTH OF STAY: Minimum of 2 weeks, extension may be granted on recommendation of the Medical Officer.

ROUTINE AND RECREATION: Breakfast at 8.45 am. There is a library, television and sound radio and facilities for billiards, darts, bowls, putting.

Visiting Day: Any day except Thursday, after 2 pm.

CHARGES: £40.00 per week.

RECEIVING AND DISCHARGE DAY: Thursday.

STATION: Herne Bay. Patients are met by arrangement.

GENERAL: A large well-built Home standing in 15 acres of grounds, with a good bus service to the station and seafront. The Home will be closed from 15th Dec. 1977 to 25th Jan. inclusive, opening 26th Jan. 1978.

APPLICATIONS: to the Secretary, Friendly Societies' Convalescent Home, 309 Upper Street, London, N1 (01-226-1944).

THE RAILWAY CONVALESCENT HOME

RECVLVER ROAD,
BELTINGE,
HERNE BAY, KENT.
CT6 6LF

(022-73-4084)

PATIENTS: Male employees and husbands of female employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired and redundant personnel within certain limits.

Ineligible: Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases; unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

RELIGION: Undenominational.

BEDS: 64 in rooms containing 1-8 beds; 3 beds on ground floor. Lift to all floors.

TREATMENT: No treatment. Gastric and Diabetic diets. Simple dressings, Colostomy case admitted, under certain circumstances.

STAFF: Chief Resident Officer: Matron (SRN).

Medical Staff: Dr P Watkins (visiting).

LENGTH OF STAY: 2 weeks.

ROUTINE AND RECREATION : Patients rise at 7 am and retire at 10 pm. All patients are expected to be in the grounds by 9.30 pm. No domestic work is done by the patients.

There are billiards, bagatelle, table tennis, darts, bowls, putting green, piano radio and colour television.

Visiting Day: Every afternoon, 2 to 4 pm by arrangement with Matron.

CHARGES : None.

RECEIVING DAYS : }
LEAVING DAYS : } Tuesday.

STATION : Herne Bay, from Victoria. Conveyance arranged from and to the station.

GENERAL: Large gardens. The Home is an easy walk from the cliffs.

APPLICATIONS: To the Secretary, The Railway Convalescent Homes, "High Bridge House", 93-96 Oxford Road, Uxbridge, Middlesex. UB8 1HW. Telephone: Uxbridge 35567/8. (STD Code 0895).

NOTE: This Convalescent Home is closed for extensive modernisation and will not re-open until Spring 1978 approximately.

CATISFIELD HOUSE

55 THE DRIVE,
HOVE.

E. SUSSEX BN3 3PF

(Brighton 0273 736036)

PATIENTS: Gentlewomen aged 18-70. (Older ladies accepted entirely at Matron's discretion.) General convalescence. Recuperative Holidays occasionally, if beds available.

Ineligible : Bed cases, nervous disorders, terminal and inoperable cancer, asthma, diabetes and patients on special diet, requiring surgical dressings or injections, colostomy cases.

BEDS : 19 single rooms, all with running hot and cold water (2 on ground floor). There is a lift to all floors.

TREATMENT : Medicines (oral only). Physiotherapy if arranged prior to admission

STAFF: Chief Resident Officer: Matron SRN
Assistant to Matron
Medical Staff: Medical Officer (visiting).

LENGTH OF STAY : 2-3 weeks, extended only at discretion of Medical Officer.

ROUTINE AND RECREATION : Breakfast in bed. Ladies are asked to be downstairs for morning coffee at 10 am. Aim is to provide a happy homelike atmosphere, free from domestic work and with as few rules and regulations as possible. Lounge and Television room.

Visiting Times : Daily 10-12.30 or from 3.30-6.30 or 7.30-9.
(Meals cannot be provided for Visitors).

CHARGES: £28 per week (subject to review).

RECEIVING DAYS : Every afternoon except Sunday and Bank Holidays.

STATION : Brighton or Hove from Victoria and London Bridge. Taxis available at both stations.

GENERAL: Founded 1924 by endowment, a converted private house in centre of town, near sea and shops, very comfortably equipped with a pleasant garden and sun loggia. Opposite Hove Parish Church. Roman Catholic Church and bus stops adjacent. House usually closed 1 week over Christmas.

APPLICATIONS : To the Matron.

CONVALESCENT POLICE SEASIDE HOME

205 Kingsway,
HOVE,
SUSSEX, BN3 4FD

(Tel: 0273 773991)

PATIENTS : Men and women actually serving in the Police Force and Police pensioners, requiring general convalescence. Police pensioners and Police Officers on annual leave taken by arrangement.

Ineligible: Normal exclusions.

RELIGION : Undenominational.

BEDS : 53 of which 41 are in single rooms. There are two lifts.

TREATMENT : All types of diets. Dressings. Injections.

STAFF : **Chief Resident Officer**: Superintendent, D H Holmes.

Nursing Staff: 2 SRN.

Medical Staff: Dr H C M Jarvis (visiting).

LENGTH OF STAY : 2 weeks, which can be extended if necessary.

ROUTINE AND RECREATION : The patients get up at 7.30 am and go to bed at 11.00 pm.

Billiards, table tennis, library, television, coach drives, and beach chalet.

Visiting Day : Any day.

CHARGES : On application.

RECEIVING DAYS : Tuesday and Friday (other days by arrangement).

DISCHARGE DAYS: Tuesdays and Fridays.

STATION : Hove, from Victoria or London Bridge. Patients are met at the station.

GENERAL: The Home is very comfortable and well equipped. The Home closes for up to two weeks over the Christmas period.

APPLICATIONS : To the Chief Medical Officer, Tintagel House, Albert Embankment, London SE1 7UD for Metropolitan Police officers ; to the appropriate Chief Constable for officers of all other Forces. Pensioners and officers on annual leave, direct to the Superintendent.

LONDON TRANSPORT BENEVOLENT FUND

'PHILBEACH' CONVALESCENT HOME

STATION ROAD, HYTHE, KENT.

(0303-67013)

PATIENTS: Women Employees of London Transport Executive who are contributors to the London Transport Benevolent Fund and the wives of members who may be accompanied by not more than three children under eight years of age. The Home is also available to wives and widows of retired members. Admission can also be arranged for women who, although not members of the Fund, are sponsored by Fund members, and, by arrangement, patients can also be accepted from trade unions, hospitals, local authorities and other organisations.

Ineligible: Normal exclusions, asthmatics and heart cases (unless adequately controlled.)

RELIGION: Undenominational.

BEDS: 83. 1 to 4 according to size of rooms. Lift.

TREATMENT: No treatments. Simple dressings. All diets. Limited number of plaster cases accepted.

STAFF: Chief Resident Officer: Matron (SRN).

Nursing Staff: Assistant Matrons 2 (SEN)

Medical Staff: Dr J Barham (visiting).

LENGTH OF STAY: 2 weeks (3 weeks maximum on doctor's recommendation).

ROUTINE AND RECREATION: Patients rise at 7.30 am with early morning tea and take breakfast at 8.30 am. All children are in bed by 7.30 pm and patients at 10.30 pm. No domestic work is done by patients but, if possible, patients are required to make their own beds. Smoking is allowed in the common rooms but not in the bedrooms. Films, colour television, putting green, library, hair dressing salon, outdoor and indoor childrens playground. Other facilities include laundry and baby feeding and changing rooms.

Visiting: Any day (Tuesday excepted) between 9.30 am and 12.30 pm and between 2 pm and 6 pm. Cars are not permitted in the grounds.

CHARGES: Members—no charge. Outside organisations £25.00 per week + VAT (excluding fares). Children over 12 months £8.00 per week + VAT (excluding fares); under 12 months—no charge. (Charges are subject to periodic reviews.)

RECEIVING AND LEAVING DAY: Tuesday.

TRAVEL ARRANGEMENTS: Coach from and to Selbie House, Allsop Place, Baker Street, London, NW1.

STATION: The nearest station is Sandling Junction, from Charing Cross (Southern Region), but the most convenient means of reaching the home is by train to Folkestone Central and then by bus to the "MECCA" cinema, Hythe.

GENERAL: Nine acres of lawns, woodlands and gardens overlooking the sea. 10 minutes walk to sea front. Bus service. Home closed Christmas week.

APPLICATIONS: To the Secretary, London Transport Benevolent Fund, Selbie House, Allsop Place, London, NW1 Telephone 01-935-3826/0923.

THE DOMINICAN CONVALESCENT HOME

LONDON ROAD,
KELVEDON,
NEAR COLCHESTER,

ESSEX. CO5 9AN (Matron—Kelvedon 70359)
(Residents—Kelvedon 70405)

Sisters of the Order of St. Dominic.

PATIENTS : Women over 16 years. General convalescence and rest.

Ineligible : Normal exclusions. Infirm. Bed cases. Colostomies.

RELIGION : Roman Catholic. (Patients of other denominations taken).

BEDS : 28, of which 14 are on the ground floor ; the remaining 14, single and double rooms, are served by a lift.

TREATMENT : No treatments. Gastric and diabetic diets provided. Simple dressings.

STAFF : Chief Resident Officer : Matron.

Nursing Staff: 2 SRN; 1 Assistant Nurse; 1 part time SRN.

Medical Staff: Dr Spear, Dr Willett (visiting).

LENGTH OF STAY : Usually 2 to 4 weeks, extended in special cases.

ROUTINE AND RECREATION : Breakfast at 8.30 am. Patients retire not later than 10 pm. They are expected to make their own beds if they are able to, and keep their rooms tidy. Colour Television.

Visiting Day : Any day 2 pm to 9 pm.

CHARGES: £35.00 per week, private patients, £31.00, National Health Service.

RECEIVING AND DISCHARGE DAYS : Tuesdays and Thursdays.

STATION : Kelvedon from Liverpool Street, every two hours (49 minutes). Patients are met at Kelvedon Station.

GENERAL : The building stands in pleasant country surroundings and has a good garden. The sea is within easy reach by bus or train. 1 hour to Clacton-on-Sea.

APPLICATIONS: To the Matron of the Home.

NHS patients: to the NE Thames Regional Health Authority, 40 Eastbourne Terrace, London, W2 (01-262-8011).

SOUTHERN CONVALESCENT HOMES, INC.

THE BELL MEMORIAL HOME,
SOUTH STREET,
LANSING,
SUSSEX.

(Lancing 2020)

PATIENTS: Women aged 16-75 years. Married couples in double rooms. General convalescence. Mild Asthmas. Subject to the absolute discretion of the Medical Officer and/or Matron a few emotionally disturbed patients can sometimes be accepted. Such patients must have already received treatment for their condition and be in the convalescent stage. Subject to the same discretion a limited number of patients with controlled colostomies can be accepted.

Ineligible: Normal exclusions. Bed cases.

RELIGION : Undenominational.

BEDS : 21 in shared rooms (3 per room), 23 single rooms and 5 double rooms.

TREATMENTS: No treatments or diets. Dry dressings. A lift has recently been installed

STAFF: The Resident Superintendent: Sister Ivy Baldock.

Nursing Staff : Matron and Assistant (untrained).

Medical Staff : Dr M Berkley (visiting).

LENGTH OF STAY : Usually 2 or 3 weeks.

ROUTINE AND RECREATION: The patients rise at 8.15 am and retire at 10 pm. Patients are expected to give a certain amount of help with making beds and washing up, (wiping up only).

Impromptu concerts are organised from time to time.

Visiting Day : Any day.

CHARGES: £15.50 per week (shared rooms). £16.00 per week (single rooms), £16.00 (double rooms). When sharing room is used as double £23.25 per person.

RECEIVING DAY : Saturday (after 2 pm).

DEPARTURE DAY: Friday.

STATION : Lancing. 1.23 pm train from Victoria (change at Shoreham-by-Sea).

GENERAL : The Home stands a little back from the sea, about 2 minutes to the seashore. Home is closed for two weeks at Christmas.

APPLICATIONS : To the Secretary, Sister Ivy Baldock, The Bell Memorial Home, 164 South Street, Lancing, Sussex BN15 8AZ (090-63-2020).

TYRWHITT HOUSE

**OAKLAWN ROAD,
LEATHERHEAD,
SURREY.**

Parent Society : The Ex-Services Mental Welfare Society. (Registered in accordance with the National Assistance Act, 1948 and the Charities Act, 1960)

PATIENTS: All male ranks of all branches of Her Majesty's Forces, including ex-officers and men of the Mercantile Marine, suffering from Psychoses or Neuroses arising from active or long regular service. Before admission all patients have to undergo a Psychiatric examination by the Society's Consultant or full medical reports submitted for his consideration.

Ineligible: Those who on psychiatric examination are found to require active medical treatment. Epileptics. Bed cases.

RELIGION : Undenominational.

BEDS : 19.

TREATMENT : Skilled psychiatric nursing. Rehabilitation by gardening, cardboard-box making, etc., which is organised by an experienced Occupational Supervisor, working in close co-operation with the Nursing Staff.

STAFF: Chief Resident Officer: Matron.

Nursing Staff : 3 Sisters.

Chief Consultant: Brigadier J F D Murphy MD FRC Psych DPM.

LENGTH OF STAY : In accordance with medical advice.

RECEIVING DAY : Any day, except Saturday or Sunday.

DISCHARGE DAY : At the discretion of Chief Consultant.

STATION : Leatherhead from Waterloo.

GENERAL: Patients considered suitable may be later transferred to Thermega Ltd., manufacturers of electrical appliances, to work under sheltered conditions.

This industrial colony employs mentally disabled men and women.

APPLICATIONS : To the General Secretary, Ex-Services Mental Welfare Society, 37 Thurloe Street, London, SW7 2LL (01-584-8688).

RUSTINGTON CONVALESCENT HOME FOR MEN
LITTLEHAMPTON,
SUSSEX.

(Rustington 3368)

Governors : The Worshipful Company of Carpenters.

PATIENTS : Men aged 16-70+. General convalescence to enable patient to resume his employment. Subject to the absolute discretion of the Medical Officer and/or Matron a limited number of controlled colostomies can be accepted.

Ineligible : Normal exclusions. Severe heart cases. Asthma (from 1st Oct.-1st May). Bronchitis (from 1st Oct.-1st May).

RELIGION : Undenominational.

BEDS : 41 in single and double rooms all with H and C water.

TREATMENT : No treatments. Gastric diets. Simple post-operative dressings.

STAFF : Nursing Staff : Matron, Deputy Matron and 2 Nursing Sisters. 4 in all (SRN).

Medical Staff : Dr P Owen (visiting).

LENGTH OF STAY : 2 weeks, may be extended if recommended by Medical Officer of the Home.

ROUTINE AND RECREATION : The patients rise for breakfast at 8.15 am, and retire by 9.30 pm. They may rest on their beds during the afternoon if they so wish. No form of domestic work is expected of them. Separate rooms for billiards and television. Bowls and putting course on the lawns in front of the Home.

Visiting Day : Any day, until 8 pm, preferably in the afternoon.

CHARGES : £35.00 per week (Possible increase early 1978).

RECEIVING AND DISCHARGE DAY : Wednesday. Closed for 3 weeks at Christmas.

STATION : Littlehampton, 10.23 am train from Victoria. Blue Line Taxi from Littlehampton Station (fare paid by Home).

GENERAL : The Home stands in its own grounds of 9 acres facing the sea and has recently undergone complete modernisation including installation of a lift.

APPLICATIONS : To the Secretary, The Rustington Convalescent Home, Carpenter's Hall, 1 Throgmorton Avenue, London, EC2 (01-588-1347).

LOURDES HOUSE

22 ROYAL ESPLANADE, WESTBROOK,
MARGATE, KENT, CT9 5DX.

(Housemother) Thanet 291533
(Guests) Thanet 23586

Parent Society: The Lourdes House (Thanet) Trust.

GUESTS: Families with a handicapped child. Within the terms of the Trust a "child" is a single young person up to the age of twenty-five years. Any degree of handicap welcome.

RELIGION: Roman Catholic. All denominations and races most welcome.

BEDS: 14, four of which are on ground floor (there is also a ground floor bathroom and shower).

MEDICAL STAFF: Dr R. G. Taylor, MB, BSc, DObst RCOG. Visits as requested.

Team of volunteer nurses on call.

LENGTH OF STAY: Normal holiday period. Can be 1-4 weeks dependent on need.

CHARGES: For full board—Adults (including children over 12 years) £25.00 per week
Children (3-12 years) £12.50 per week. Children (under 3 years) £7.00 per week.
(Under review for 1978).

RECEIVING DAY: Any day, usually Saturday.

STATION: Margate, from Victoria, Charing Cross and Waterloo.

GENERAL: Lourdes House aims to give families a holiday in happy homely surroundings. It can accommodate three to four families at a time, and is open throughout the year, with the exception of February. It is situated facing the sea, at Westbrook. Close by are ramps leading to the beach, also putting greens and tennis courts, open in the Summer. This part of Kent is near many places of historic interest, including Canterbury, Dover, Sandwich and Reculver Towers. Within easy distance by car or bus are the North Foreland Lighthouse, Dickens Museum and "Bleak House" at Broadstairs, Quex Park Museum at Birchington, and the Hoverport at Ramsgate.

Lourdes House has an enclosed garden, and central heating.

APPLICATIONS: to Mrs Jean Anderton, Housemother, Lourdes House, 22 Royal Esplanade, Westbrook, Margate, Kent.

THE RAILWAY CONVALESCENT HOME, "SHOTTENDANE"

SHOTTENDANE ROAD,

MARGATE, KENT.

CT9 4BS.

(0843 3-23761)

PATIENTS : Female Employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. (Wives, provided the husband is of working age and contributes to the Railway Convalescent Homes). Also retired and redundant personnel within certain limits (this applies also to wives of retired personnel).

Ineligible: Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

RELIGION : Undenominational.

BEDS: 28, in rooms containing 2 to 3 beds. Hot and cold water in most bedrooms.

TREATMENT: No treatments. Gastric and diabetic diets. Simple dressings. Colostomy cases admitted, under certain conditions.

STAFF : Chief Resident Officer : Matron (SRN).

Medical Staff : Dr T G Paterson (visiting).

LENGTH OF STAY : 2 weeks.

ROUTINE AND RECREATION : Patients rise at 7 am and retire at 10 pm. All patients are expected to be in grounds by 9.30 pm. No domestic work is done by the patients.

There is a supply of games, piano and radio and colour television.

Visiting Day: Every afternoon 2 to 4 pm by arrangement with Matron.

CHARGES : None.

RECEIVING DAYS : }
LEAVING DAYS : } Tuesday.

STATION : Margate, from Victoria. Conveyance arranged from and to the Station.

GENERAL : Large gardens supply fresh vegetables. Excellent grounds where patients may rest. The Home is within walking distance of the Promenade (approx. 1 mile). Bus to town is 20 minutes.

APPLICATIONS: To the Secretary, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex, UB8 1HW. Telephone: Uxbridge 35567/8. (STD Code 0895).

NETLEY CASTLE CONVALESCENT HOME

**NETLEY ABBEY,
NEAR SOUTHAMPTON,
HANTS, SO3 5FA**

(Hamble 2257)

PATIENTS : Men aged 16-75. Surgical post-operative and medical up and able to look after themselves.

Ineligible : Bed cases. Colostomies. Patients who are unable to manage stairs.

RELIGION : Undenominational.

BEDS : 42, in rooms containing 3-4 beds and one with 6 beds.

TREATMENT : Gastric diets. (Stage III only). Only minor dressings and treatments.

STAFF : Sister in Charge.

Nursing Staff : 8, including Registered and Enrolled Nurses.

Medical Staff: Dr N Kotibhaskar (visiting).

LENGTH OF STAY : Average 2-3 weeks.

ROUTINE AND RECREATION : There is a set daily routine—breakfast 8.15 am and patients retire at 10 pm. Patients are allowed out at any time, but are expected to be in to main meals, and in by 9 pm. Billiards and equipment for indoor and outdoor games are available. Library facilities by arrangement with Administrative Officer.

Visiting Day : Any day 10 am to 8 pm.

RECEIVING DAY : Monday, or other days by arrangement.

DISCHARGE DAY : Monday (Fortnightly) or Saturday/Sunday by arrangement.

STATION : Netley, from Waterloo. Change at Southampton Station. Bus from Netley Station to Convalescent Home. Patients are met at Southampton on Mondays at 12.40 pm by Hospital coach.

GENERAL : The Home is an ancestral house centrally heated throughout, overlooking Southampton Water, commanding views of the New Forest, The Solent, Isle of Wight, etc. The grounds are extensive, with considerable water frontage.

APPLICATIONS : To the Administrative Officer.

Closed for four weeks during the month of August and for one week at Christmas.

NETLEY WATERSIDE HOUSE

VICTORIA ROAD,

NETLEY,

Nr. SOUTHAMPTON, HANTS.

PARENT BODIES: This holiday home for severely disabled persons is sponsored by Refresh—a charity established by the Responauts (those dependant on respiratory machinery) and the London Borough of Lambeth.

GUESTS: There are two main categories of holidaymaker at Netley. The most severely disabled of all are the Responauts who are dependent on respiratory machinery and for whom a total of four places are provided. Responauts may come from any part of the country and may if they wish be accompanied by able bodied members of their families. Two of the Responaut beds are in small flats so that family holidays can be taken.

The remaining 26 beds are for severely disabled persons principally from the London Borough of Lambeth, but applications are accepted from any severely disabled person in the London region and if there are vacancies a suitable applicant from outside London will be considered.

RELIGION: Undenominational.

TREATMENT: Medication and injections as prescribed by guest's doctor. Simple diets. SRN always on duty.

Staff concerned with the care of Responauts have received special training at St Thomas' Hospital.

STAFF: The operation of the establishment is under the direction of the Principal, assisted by a Deputy Principal, Care Officers and other supporting staff. A visiting Medical Officer calls twice a week and upon request.

LENGTH OF STAY: Normally two weeks, but extended holidays may sometimes be taken by special arrangement.

ROUTINE AND RECREATION: The aim of Netley is to provide as normal a holiday as possible, there is a licenced bar, television lounges and an Entertainments Officer is employed to arrange outings, entertainment, etc.

RECEIVING AND DISCHARGING DAY: Mid-week bookings are preferred but alternative days can be arranged.

CHARGES: Quoted on request.

STATION: Netley.

VISITING: Any day.

GENERAL: Netley is custom built in the grounds of Netley Castle Convalescent Home. It enjoys a south-west frontage on the Hamble Estuary and across Victoria Road are the ruins of St Mary's a Cistercian Abbey founded 1239 A.D. The building is entirely free of steps or ramps internally. Access to the first floor is by lift and particular care has been taken in the design to ensure that disabled persons may have a carefree and enjoyable holiday.

APPLICATIONS: To Director of Social Services, London Borough of Lambeth, 234-244 Stockwell Road, SW9 9SR. 01-274 7722.

PIRATES SPRING

ST. MARY'S BAY,
NEW ROMNEY,
KENT.

(New Romney 3351)

Parent Society: The National Society for Mentally Handicapped Children.

PATIENTS: Extended care for all grades of mentally handicapped children up to 16 years of age .

Ineligible Infectious diseases and children who are a danger to themselves or others.

RELIGION: Undenominational.

BEDS: 30 (isolation facilities available if necessary).

TREATMENT: Child care and social training.

EDUCATION: Provided by Local Authority on the premises.

STAFF: Matron and 2 Assistant Matrons. Trained care staff day and night.

Medical Staff: Visiting Medical Officer and Physiotherapy Adviser.

LENGTH OF STAY: Not exceeding one year on initial acceptance; extension beyond that period subject to individual review.

ROUTINE: Routine is according to requirements. Well equipped playground and large garden with private access to beach.

CHARGES: £75.39 per week.

RECEIVING DAY: }
DISCHARGE DAY: } By arrangement.

STATION: Folkestone Central. Bus from market place to St. Mary's Bay Garage.

APPLICATIONS: Director of Residential Establishments NSMHC Pembridge Hall, 17 Pembridge Square, London W.2 4EP. (01-229-8941).

MEATH SCHOOL

**BROX ROAD,
OTTERS Shaw,
NEAR CHERTSEY,
SURREY.**

(Ottershaw 2302)

Parent Society: The Invalid Children's Aid Association.

PUPILS : Boys aged 8 to 12. Asthma, asthma/eczema, mild bronchiectasis, other non-infectious chest cases, cystic fibrosis.

Ineligible: Boys deemed maladjusted or educationally sub-normal.

RELIGION: Undenominational.

BEDS: 32

TREATMENT: Physiotherapy.

STAFF: Chief Resident Officer: Headmaster, R V Thomas.

Nursing Staff: Senior School Nurse (RSCN); School Nurse (SEN); Night Staff. Full 24 hours nursing cover.

Medical Staff: Dr S J R Macoun MRCP MRCS (visiting Consultant Paediatrician).

Dr H. W. Lawson (School Medical Officer).

LENGTH OF STAY: According to medical necessity; normally a minimum stay of one year. (School holidays spent at home.) Transfer to senior school can be arranged if required. (See Pilgrims School, p 57.)

STATION: Woking, from Waterloo.

ROUTINE AND RECREATION: The boys get up at 7.30 am. and go to bed around 8.30 pm. The curriculum is planned to provide a wide variety of interests and, in addition to the basic subjects, includes drama, art and various crafts. Cub Pack. School for 4½ hours daily.

Visiting Day: By arrangement with the Headmaster.

CHARGES: Payable by Local Education Authorities.

GENERAL : The School stands in 8 acres of garden and woodland. Swimming pool. All purpose Recreation Hall.

RECEIVING DAY: Normally at the beginning of the school year.

DISCHARGE DAY: Normally at the end of the school year.

APPLICATIONS: To the Director, The Invalid Children's Aid Association.
126 Buckingham Palace Road, London, SW1W 9SB (01-730-9891).

MOOR HOUSE SCHOOL

HURST GREEN,
OXTED,
SURREY, RH8 9AG

(Oxted 2271/2)

Recognised by the Department of Education and Science.

PATIENTS: Boys and girls aged 7-16 years, of normal intelligence, suffering from severe speech and language disorders.

Suitability for admission is investigated by the Educational Psychologist, Speech Therapists, Educationalists, and other Specialists when necessary.

Ineligible : Normal exclusions: Stammerers. Educationally sub-normal children. Severely spastic cases. Seriously maladjusted children. Significant Hearing Loss.

RELIGION: Undenominational.

BEDS: 80.

MEDICAL: Specialist Medical consultations as required. Routine medical attention. Intensive speech therapy.

STAFF: Chief Resident Officer: Principal: Mr John Lea, M.Sc., A.Mus.T.C.L.

RECEIVING DAY: New entrants will normally be received on the second day of the Terms commencing in January, April and September.

EDUCATION: Children receive suitable special education.

RECREATION: This is organised by a team of Houseparents under the guidance of a trained Housefather. Playing field and grounds, 6½ acres overall.

Visiting Days: Two visiting weekends each term.

CHARGES: Payable by local Education Authorities.

LENGTH OF STAY: As required for satisfactory treatment.

STATION: Hurst Green from Victoria or London Bridge. Thence 5 minutes to Moor House.

GENERAL: New buildings recently completed now provide accommodation for 80 children. The School has its own indoor heated swimming pool, and handicraft centre.

APPLICATIONS: to the Principal at the School.

CRABHILL HOUSE

SOUTH NUTFIELD

REDHILL, SURREY.

(Nutfield Ridge 2221)

Parent Society: The Winged Fellowship Trust. Regd charity no 231924. Regd Office 58, College Road, Dulwich SE 21.

PATIENTS: Men and women 16 years and over. For severely disabled people, including incontinents, colostomies etc. For holidays only, throughout the year except January.

Ineligible: Normal exclusions but chairbound epileptics and chairbound blind accepted. Chronic bronchitics and asthmatics cannot be accepted unless on specific medical recommendation, and prior discussion.

RELIGION: Undenominational.

BEDS: 32, all ground floor.

TREATMENT: Medication, injections—as prescribed by patient's doctor. Simple diabetic diets. Use of swimming pool with assistance.

STAFF: Chief Resident Officer: Housemother

Nursing Staff: 2 SRN, Resident Assistance, plus voluntary resident and non resident helpers.

Medical staff: Dr J A Butler (visiting on request).

LENGTH OF STAY: Normally 2 weeks. (Closed during January)

ROUTINE AND RECREATION: Early morning tea 7.30. Guests assisted with dressing, washing, bathing and toilet and with feeding, as required. Sun lounge, recreation room, indoor heated swimming pool, gardens, TV, radio, record player, library, indoor games, coach outings, visits to shops, village pub., etc. Entertainments most evenings. Guests retire at times of their own choice.

Visiting day: any day and time by arrangement with Housemother

CHARGES: £40.00 p.w. (1977—under review for 1978) through Local Authority, Hospital or private society or privately.

RECEIVING DAY: Saturday after 2.00 pm.

DISCHARGE DAY: Saturday before 12.00 noon.

STATION: Redhill (not suitable for wheelchair bound people as flight of steps to exit and ambulance required to bring to centre at S. Nutfield).

GENERAL: Rural surroundings near village. Patients sleeping accommodation and facilities in purpose-designed ground floor extension of the original house. The latter contains public rooms and staff accommodation. Level garden. No steps in patients accommodation areas nor in access to open air. Closed during January.

APPLICATIONS: to the Winged Fellowship Trust, 64/66 Oxford Street, (2nd Floor), London, W1, tel: 01-636-5886 or 5575 (this is the holidays and administration office).

PRINCESS MARINA HOUSE

SEAFIELD ROAD
RUSTINGTON
SUSSEX BN16 2J6

Rustington (09-062) 4044

Parent Society: The Royal Air Force Benevolent Fund

PATIENTS: All ranks now serving or who have served in the Royal Air Force (including Auxiliaries and Reserves), the Women's Royal Air Force, Princess Mary's Royal Air Force Nursing Service and their adult dependants are eligible for admission.
Ineligible: Normal exclusions: bed cases and those who have had a heart attack within three months prior to date of admission.

RELIGION: Undenominational.

BEDS: 31—7 in single rooms and 24 in double rooms, a few of which are available for those accompanied by a relative or friend to provide assistance where needed. Lift. Ramps for wheel-chairs.

TREATMENT: Simple diets, dressings, injections, medication as prescribed by own doctor.

STAFF: Chief Resident Officer: Manager—Retired RAF Officer.

Nursing Staff: A SRN is on duty during the day and on call at night.

Medical Staff: Visiting Medical Officer.

LENGTH OF STAY: Normally 2 weeks.

ROUTINE AND RECREATION: Guests are expected to take all meals in the dining room. There are comfortable lounges, library and television rooms and there is a Club with a bar, bar billiards and darts, a card-room and sun veranda. The Convalescent Home is surrounded by gardens which include croquet and putting lawns.

CHARGES: According to financial means.

RECEIVING DAY: Monday.

DEPARTURE DAY: Monday.

STATION: Littlehampton from Victoria. Transport is provided from the station.

GENERAL: Princess Marina House stands with its own private beach on the seashore a Rustington between Littlehampton and Worthing. The Home closes for 3 weeks over Christmas.

APPLICATIONS: To the Secretary, Princess Marina House, Royal Air Force Benevolent Fund, 67 Portland Place, London, W1N 4AR. Tel: 01-580 8343. Ext. 3.

CATHARINE HOUSE FOR GENTLEWOMEN

**57 CHURCH ROAD,
ST LEONARDS-ON-SEA,
EAST SUSSEX, TN37 6HJ**

(0424-437419)

PATIENTS: Professional and other gentlewomen. General convalescence. Rest.

Ineligible : Normal exclusions; bed cases and cases requiring night attention.

RELIGION : Undenominational.

BEDS: 15 single rooms, 7 on ground floor. and 2 twin bed basement flats. All rooms have hot and cold water.

TREATMENT: No specialised treatments.

STAFF: Chief Resident Officer: Lady Superintendent, Miss M Murray SRN SCM.

Nursing Staff: 2 Sisters (SRN) part-time.

Medical Staff : Dr Anne Beattie (visiting).

LENGTH OF STAY: Usually 2 weeks, extended in special circumstances.

ROUTINE AND RECREATION : Breakfast in bed every day. Patients are expected to make their beds and keep their rooms tidy if they are well enough to do so. Colour Television, piano, wireless. Ample sitting-rooms, including Sun Lounge.

Visiting Day: Any day. Teas 10p each visitor.

CHARGES: All rooms £30 (including VAT), per head per week. Patients also pay for night drinks.

RECEIVING DAYS : Any weekday.

STATION : St. Leonards, Warrior Square, from Victoria or Charing Cross. The house is near the station.

GENERAL: A very comfortable house, standing high and not far from the shore. Central heating.

APPLICATIONS: to the Lady Superintendent at the Home, who will send the necessary application form.

HERTFORDSHIRE SEASIDE CONVALESCENT HOME

**ST LEONARDS-ON-SEA,
SUSSEX.**

(Hastings 420553)

PATIENTS: Men and women over 14 years old. Priority for residents of Hertfordshire but patients accepted from elsewhere. General convalescence. Age no barrier. A limited number of controlled colostomies. All applications sympathetically considered.

Ineligible: Bed cases.

RELIGION: Undenominational.

BEDS: 43. Single and double rooms on two floors. All rooms have their own vanitory units. No bedrooms on ground floor. There is a lift. Accommodation for married couples.

TREATMENT: Simple treatment and dressings, gastric diets. There is a lift.

STAFF: Chief Resident Officer: Matron (SRN).

Assistants: 2 Sisters (SRN).

Medical Staff: Visiting doctor.

LENGTH OF STAY: 2 to 3 weeks.

ROUTINE AND RECREATION: There is a supply of indoor and garden games, and a library. Billiards room. Television, wireless. Minibus. Bowling Green.

Visiting Day: Any time.

CHARGES: Approximately £38.00 per week.

RECEIVING DAY: }
DISCHARGE DAY: } Saturday

STATION: St. Leonards, Warrior Square. Home's minibus meets train.

GENERAL: A very pleasant building with a sun lounge, central heating etc., in prominent position with a fine view over the sea. Recent modernisation to a very high standard. Standing in its own grounds and situated on a bus route. A telephone box is available for patients in the Home.

APPLICATIONS: to the Matron at the Home.

QUEEN CHARLOTTE'S HOSPITAL FOR WOMEN

CONVALESCENT HOME

119-121 WEST HILL ROAD,
ST LEONARDS-ON-SEA,
SUSSEX, TN38 0NQ

(0424 421217)

PATIENTS : Women who require convalescence following in-patient treatment for gynaecological disorders.

Ineligible: Some patients with other conditions as well as their gynaecological conditions. In case of doubt enquiries should be addressed to the Matron of the Home.

RELIGION : Undenominational.

BEDS : 40.

TREATMENT : Normal post-operative treatments.

STAFF: Chief Resident Officer: Matron (SRN).

Nursing Staff: 7 SRN or SEN.

Medical Staff: Visiting Doctor.

LENGTH OF STAY : 2 weeks.

ROUTINE AND RECREATION: Lounge, Solarium, Library, Radio and TV.

Visiting: Daily, 10 am. – 6.45 pm.

RECEIVING DAYS : }
DISCHARGE DAYS: } Mondays and Thursdays.

STATION : Warrior Square, Hastings, from Charing Cross.

GENERAL : This is a well-equipped Convalescent Home with delightful garden overlooking the sea. Adequate "sitting-out" accommodation.

NOTE: The Home may be closed for a week or ten days at Christmas time.

APPLICATIONS : To the Matron at the Home.

THE MENTAL AFTER CARE ASSOCIATION

CASTLE GLEN, CASTLE ROAD,
SANDGATE, Nr FOLKESTONE,
KENT.

PATIENTS: Women suffering from some degree of mental disability.

Ineligible : Normal exclusions other than mental illness. Bed cases and those requiring nursing care or night time attention are also ineligible.

RELIGION : Undenominational.

BEDS : 30. 2-4 according to size of rooms.

TREATMENT : Mental rehabilitation.

STAFF : Three resident staff trained or experienced in mental nursing.

LENGTH OF STAY : Indefinite long term care.

ROUTINE AND RECREATION : All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other amusements provided. Outside activities encouraged.

CHARGES: £28.00 per week.

RECEIVING DAY : }
DISCHARGE DAY: } Any week day.

STATION : Folkestone Central—frequent trains from Charing Cross.

GENERAL : Large house and garden running down to the sea. Near main road to shops and other nearby resorts.

APPLICATIONS : To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB.

PILGRIMS SCHOOL

**FIRLE ROAD,
SEAFORD,
SUSSEX.**

(Seaford 822697)

Parent Society : The Invalid Children's Aid Association.

PUPILS : Boys from the ages of 12 to 16. Asthma. Other non-infectious chest conditions. Asthma/eczema.

Ineligible: Boys deemed maladjusted or educationally sub-normal.

RELIGION : Undenominational.

BEDS: 63 beds.

TREATMENT: Physiotherapy.

STAFF: Chief Resident Officer: Headmaster—P B Murtagh.

Nursing Staff: Senior School Nurse (SRN), School Nurse; Night Staff.
Full 24 hours nursing cover.

Medical Staff: Dr Leslie G Scott FRCP (visiting Consultant Paediatrician).
Dr C G Vokins (School Medical Officer).

LENGTH OF STAY: According to medical necessity; normally a minimum stay of one year. (School holidays spent at home).

ROUTINE AND RECREATION: The boys get up at 7.30 am; and go to bed around 9 pm. The curriculum is planned to provide a wide variety of interests, and in addition to the basic subjects, includes drama, art and various crafts. Well equipped modern woodwork room and science laboratory. Graded physical training and outdoor sports help the boys towards increased self-confidence and build up a sense of security and of well being. Duke of Edinburgh Award scheme. School for 4½ hours per day—additional study hours for GCE candidates ('O' level). CSE examinations also taken. Participation in local activities.

Visiting Day : By arrangement with the Headmaster.

CHARGES : Payable by Local Education Authority.

RECEIVING DAY: Normally at beginning of school year.

DISCHARGE DAY: Normally at the end of the school year.

STATION : Seaford from Victoria.

GENERAL : Situated high on the Downs above Seaford with 8 acres of playing space, it is ideally placed for its purpose. The majority of the boys are asthmatic and, in treating them, the emphasis is on normality. Swimming pool. Gymnasium.

APPLICATIONS: to the Director, The Invalid Children's Aid Association,
126 Buckingham Palace Road, London SW1W 9SB (01-730-9891).

**THE ROYAL BRITISH LEGION
CHURCHILL COURT CONVALESCENT HOME**

**KIPPINGTON ROAD,
SEVENOAKS,
KENT.**

(Sevenoaks 50888)

PATIENTS : Ex-Service men and women. General convalescence. Hearts.

Ineligible : Normal exclusions ; bed cases ; bronchiectasis. (See Royal British Legion Application Form for details).

RELIGION : Undenominational.

BEDS : 26 for men, 14 for women; 1 ward for men on ground floor. Wards vary from 2 beds (for married couples) to 6 beds. There is a Lift.

TREATMENT : Physiotherapy can be arranged at a clinic in Sevenoaks. Light diets. Simple dressings.

STAFF : Chief Resident Officer : Manager.

Nursing Staff : Sister.

Medical Staff : Dr Dudley E Yarrow (visiting).

LENGTH OF STAY : Usually 2 weeks.

ROUTINE AND RECREATION : Patients get up at 8 am and lights out is at 10.30 pm. Patients are expected to make their own beds. Billiards, table tennis, croquet, miniature golf, bowls, television.

CHARGES : Free. Borne by Royal British Legion. Other Service Funds, etc, are asked to contribute towards cost of maintenance.

RECEIVING DAY: Tuesday 2 pm to 4.30 pm.

DISCHARGE DAY: Tuesday 9 am to 11.30 am (or Monday pm if more convenient)

STATION : Sevenoaks, from Charing Cross or London Bridge. Patients met at station

GENERAL : A modern house in the country with a large garden. Comfortably equipped
Closed Period: Normally from Mid December to end of January.

APPLICATIONS: For patients in Hospital: By telephone by Medical Social Workers direct to Churchill Court, Sevenoaks (0732) 50888. For patients at home: Through Local Service Committee of the Royal British Legion (Addresses available at Local P.O.s).

DEDISHAM SCHOOL FOR AUTISTIC CHILDREN

**SLINFOLD, Nr HORSHAM,
SUSSEX.**

(Slinfold 790257)

Parent Society: The National Society for Autistic Children.

PATIENTS: Boys and girls, aged 5-18, who have been diagnosed as autistic, or non-communicating.

RELIGION: Undenominational.

BEDS: 35—9 girls, 26 boys.

MEDICAL: Specialist consultations as required. Routine medical attention. Speech therapy.

STAFF: Chief Resident Officer: Headmaster, Geoffrey C Pickering.

Medical Staff: Consultant Psychiatrist, Dr Margaret Shepperd MRCS, MRCP DPM.

School Medical Officer, Dr David Mathias MB BS DRCOG

LENGTH OF STAY: As required for satisfactory treatment.

ROUTINE AND RECREATION: Children get up at 7.30 am, and go to bed between 7.30 pm and 8.30 pm.

School: 5 hours daily teaching in small groups, on individually planned programmes.

Recreation: organised by teaching and child care staff.

CHARGES: Payable by local authorities (Sept 1976 P.A. £3,975).

RECEIVING DAY: By arrangement.

DISCHARGE DAY: Normally at the end of term.

STATION: Horsham, from Victoria, Waterloo or London Bridge. Buses run from Horsham Station—passing the end of the drive. Dedisham is situated on the Horsham to Guildford main road.

VISITING DAY: By arrangement with the Principal.

GENERAL: The school faces South and has an open view over fields. It is recognised and registered with the Department of Education and Science as an Independent, Residential Special School. Normal School holidays at Easter, Summer, Christmas *plus* 1 week mid-way in each term.

APPLICATIONS: To the National Society Head office, 1A Golders Green Rd., London, NW11 8EA.

WORDSWORTH HOUSE

SWANAGE,
DORSET, BH19 2HR

(Swanage 2577)

GUESTS: Women and men, (also children).

Ineligible : Normal exclusions.

RELIGION : A Church of England Home, but members of other denominations accepted.

BEDS: 13 Single rooms, 8 double rooms, 3 three bedded rooms, 1 four bedded room.

TREATMENT: No treatment provided. Guests must be able bodied and not in need of nursing, special diets or individual attention. This is a Guest house which will take convalescents provided that they require no nursing.

STAFF : No nursing staff.

LENGTH OF STAY: As recommended. Maximum 1 Month.

ROUTINE AND RECREATION : Breakfast 9 am. Lunch 1 pm. Supper 6.00 pm.
(Except on Sundays when it is High Tea at 5.30 pm.) Visitors are expected to make their own beds. Television Room, well stocked library. Towels and soap are not provided.

Visiting Day : Visiting at any time.

CHARGES: On application to the Warden.

RECEIVING DAY : }
DEPARTURE DAY: } Saturday from April to September.

STATION: Wareham from Waterloo. Coach from Victoria to Bournemouth and then No 147 bus to Swanage.

GENERAL : Wordsworth House, built in 1908, is situated the Durlston side of Swanage. Partial central heating. Hot and cold water in all rooms. There is a private chapel within the building, and guests are invited to attend daily prayers and occasional services taken by the Clergy. Early tea and hot drinks at night are available at a small extra charge. Buses from the pier—No 145—stop outside the house. House closed during October for staff holidays, and from November to March the House is used as a Conference Centre.

APPLICATIONS : to the Warden, Wordsworth House, Swanage.

ST CATHERINE'S SCHOOL

GROVE ROAD,
VENTNOR,
ISLE OF WIGHT, PO38 1TT

(852722)

PUPILS: Boys aged 5-13½ years; girls aged 5 to 13½ years on admission. General convalescence. Bronchitis. Post-operative convalescent chest cases. Asthma and Eczema. Long term debility. Malnutrition. Fibrocystics. Diabetics. Teaching unit for children with speech and language disorders with full time Speech Therapist and Remedial Teachers.

Ineligible : Normal exclusions. Bed cases.

RELIGION : Church of England.

BEDS: 154 in dormitories containing 2-16 beds. Some on ground floor.

TREATMENT : As required. Remedial exercises and breathing exercises for Asthma Physiotherapy where necessary. Simple dressings.

STAFF : Chief Resident Officer : Sister-in-Charge.

Nursing Staff : 4 SRN, 2 SEN, and suitably trained staff.

Medical Officer : Dr B J Periera, MB, BS.

LENGTH OF STAY : Minimum one term.

ROUTINE AND RECREATION: The children rise at 7.45 or 8 am and go to bed between 6.30 and 9 pm, according to age. School holidays: Saturday and Sunday. The Home has a gymnasium and library as well as a supply of indoor games. There are also football and cricket pitches, and troops for Scouts and Cubs and Brownies. Heated Swimming Pool. Also outside Youth Activities.

Visiting Days : Saturday and Sunday, once a month or by arrangement with Sister-in-Charge.

CHARGES : Payable by Local Education Authority.

RECEIVING DAY : Termly or during term if vacancy available.

STATION : Regular train services operate between Waterloo and Portsmouth, and connect with the boats from Portsmouth Harbour to Ryde Pier Head. From Ryde Pier the journey is continued by train to Shanklin and by bus to Ventnor, or by bus from Ryde Esplanade to Ventnor.

GENERAL: The School, which was built in 1895, has since been modernised. It stands 250 feet above sea-level and is sheltered from the north by St Boniface Down. It faces south, and has large grounds. Closed for School holidays—Christmas, Easter and Summer. Office open during Holidays for enquiries and applications.

APPLICATIONS : to the Sister-in-Charge.

LULWORTH COURT
CHALKWELL ESPLANADE,
WESTCLIFF-ON-SEA
ESSEX.

Parent Society : Queen Elizabeth's Foundation for the Disabled.

PATIENTS : Severely disabled men and women over 16.

Ineligible : Those suffering from mental disorders, infectious or contagious diseases, those who are senile and/or liable to make a disturbance at night, and those who are bedridden.

RELIGION : Undenominational.

BEDS: 20. In rooms with 3 to 6 beds.

TREATMENT: Full nursing care.

STAFF: Chief Officer: Superintendent.

Nursing Staff: Deputy Superintendent (Resident SRN); 1 Resident, 2 Non-Resident SRN's; 6 Assistant Nurses or as required. The staff are supported by a large number of Volunteers throughout the Summer months.

Medical Staff: Visiting Doctor.

LENGTH OF STAY: Approximately 2 weeks

ROUTINE AND RECREATION: Breakfast in bed. Any special instructions observed. Two sitting rooms, one with colour TV. Purpose built shelter with toilet facilities on the Promenade. Outings and entertainments arranged.

CHARGES: For Convalescence: Under National Health Service.
For Holidays: Fees quoted on request. There is a small Fund to help with cases of exceptional need.

RECEIVING DAY: Weekdays.

DISCHARGE DAY: Weekdays.

STATION: Westcliff-on-Sea.

GENERAL: On the sea front in a residential area, close to Southend-on-Sea. The house is specially adapted for the severely disabled and there is a lift to take patients in standard sized wheelchairs to first floor and 4 bedrooms. One ground floor bedroom. Closure: The Home is closed from approx. 21st December to 21st January each year and for one week during May.

Visiting Day: Any day.

APPLICATIONS : to Miss M P Hurn, Holiday Organizer, Queen Elizabeth's Foundation for the Disabled, Leatherhead, Surrey KT22 0BN (Oxshott 2204).

CHEYNE HOSPITAL**WOODLAND WAY,
WEST WICKHAM,
KENT, BR4 9LT****(01-777 9426/7)**

PATIENTS: Physically handicapped patients from 2 years to 11 years old and mentally handicapped patients from 2 years to 16 years old, requiring treatment and schooling.

Ineligible: Diabetic Patients.

RELIGION: Undenominational.

BEDS: 50: (26 beds for physically handicapped and 24 for mentally handicapped children). All wards on the ground floor.

TREATMENT: Treatment and diets as recommended by Consultants. Full physiotherapy service. Hydrotherapy Unit.

STAFF: Nursing Officer in Charge, with supporting nursing staff responsible to Senior Nursing Officer, Children's Area, Bromley Area Health Authority.
Medical cover provided by Consultant Paediatrician, Consultant Psychiatrist, Orthopaedic Surgeon and visiting General Practitioner; Dental, Ophthalmic and other services available. Psychologist, Speech Therapist. Occupational Therapist, Physiotherapists, Social Worker and Play Leader also in attendance.
Administrative cover from Beckenham Hospital.

LENGTH OF STAY: Decided on Merit of individual case. Children are admitted to the hospital during the school holiday periods for social reasons.

ROUTINE AND RECREATION: TV, radio and record players in all wards. Film shows and car rides. Cub and Brownie activities with local packs. Garden with swings and large well-equipped playrooms. Services of Play Leader and Occupational Therapist.

EDUCATION: General subjects and handicrafts up to and including 11 Plus; special classes for mentally handicapped provided by Bromley Education Authority.

VISITING: Open, by arrangement with Nursing Officer in charge.

STATION: To East Croydon from Victoria or Waterloo then bus 119 to Woodland Way, or West Wickham from Charing Cross.

GENERAL: The hospital is pleasantly situated in 12 acres of grounds.

APPLICATIONS: To Senior Nursing Officer at the Hospital.

THE MENTAL AFTER CARE ASSOCIATION

ROYAL OAK HOUSE, 9/11 EGBERT ROAD,
WESTGATE-ON-SEA,
KENT.

PATIENTS: Men and women suffering from some degree of mental disability. Minimum age 45 years.

Ineligible : Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION : Undenominational.

BEDS : 38. 1-5 according to size of rooms.

TREATMENT : Mental rehabilitation.

STAFF : Four resident staff trained or experienced in mental nursing.

LENGTH OF STAY : Indefinite long term care.

ROUTINE AND RECREATION : All residents make their beds and help with domestic duties where possible and reasonable. Television, radio and other indoor amusement provided. Outside activities encouraged.

CHARGES: £28.00 per week.

RECEIVING DAY : }
DISCHARGE DAY: } Any week day.

STATION : Westgate-on-Sea—frequent trains from Victoria.

GENERAL : Large house—one minute from the sea.

APPLICATIONS : To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1Y 6HB

ST CECILIA'S
83 SEA ROAD
WESTGATE-ON-SEA,
KENT. (Thanet 31461—Superintendent)
(0843 31409—Guests)

Parent Society : Musicians, Benevolent Fund

PATIENTS : Professional musicians, both men and women, needing a recuperative rest or convalescence after illness. Members of other professions (not over 70 years of age) accepted when accommodation is available.

Ineligible : Normal exclusions, coronaries, most heart conditions, colostomies, bronchial or asthmatic conditions and all cases requiring diets or nursing.

RELIGION : Undenominational.

BEDS : 20 singles in 14 rooms, 6 of which are on the ground floor.

TREATMENT : None. **No diets.** (In general, set meals are planned on a low starch—high protein basis).

STAFF: Chief Resident Officer: Superintendent (Mrs E Moody SRN)

Medical Staff: Dr R G Taylor (visiting).

LENGTH OF STAY: Normally 2 weeks.

ROUTINE AND RECREATION : Early tea 8.0 am, breakfast 8.45 am, luncheon 12.30 pm, dinner 6.0 pm, hot drinks 8.0 pm, house closed 10.0 pm. Food cannot be served in bedrooms or between meal times.

Piano, wireless, colour television, indoor games and library.

Visiting Day: Any day.

CHARGES: Musicians: £24.50 per week or according to circumstances.

Non-musicians: £35.00 per week. This rate also applies to those coming through the Recuperative Holiday Scheme.

Reduced Winter rates will apply from 1st November 1978.

RECEIVING DAY: Wednesday. Guests are asked to advise their time of arrival in writing to the Superintendent.

DISCHARGE DAY: Wednesday.

STATION: Westgate-on-Sea. Trains from Victoria at 10 minutes past each hour. 10.10 am is recommended.

GENERAL: The Home is a well-planned building, on the seafront, and is comfortably equipped. Hot and cold water in all bedrooms. Central heating. The Home is closed for approximately two weeks over the Christmas holiday.

APPLICATIONS: Convalescence Secretary, Musicians Benevolent Fund, St. Cecilia's House, 16 Ogle Street, London W1P 7LG (01-636 4481).

ST. PETER'S AND ST. JAMES'
(THE DONKEY CLUB)
HOME FOR THE SEVERELY DISABLED
LONE BARN FARM,
WIVELSFIELD GREEN,
HAYWARDS HEATH,
SUSSEX

Wivelsfield Green 598

Parent Society: The Donkey Club.
(Registered under the Charities' Act 1960)

PATIENTS: Severely disabled and chronic sick. Childrens wing to be built.

Ineligible: Senile and totally bedridden. Infectious diseases.

RELIGION: Undenominational. Chapel of Unity to be built.

BEDS: 18, 14 single rooms, 2 twin beds, double rooms.

TREATMENT: Full nursing care.

STAFF: Administrator and Founder: Mrs Susan Dinnage, SRN.

NURSING STAFF: SRN, Trained Care Staff. Nursing Auxiliaries (Male and Female).

MEDICAL STAFF: Dr Palmer visits Tues/Thurs. On call 24 hrs.

LENGTH OF STAY: According to need.

ROUTINE AND RECREATION: Very severely disabled have breakfast in bed, others breakfast 9 am. Dinner 1 pm. Tea 5.30 pm. TV lounge (colour), quiet lounge, library.

CHARGES: Fees on request.

RECEIVING AND DISCHARGING DAYS: By arrangement.

STATION: Haywards Heath, Sussex.

APPLICATIONS: The General Secretary and Founder, Mrs Susan Dinnage, SRN,
Lone Barn Farm, Wivelsfield Green, Haywards Heath, Sussex.

Our challenge, "no one will be refused admittance on the grounds of their disability(ies) being too difficult."

DANESWOOD CONVALESCENT HOME

**ASPLEY HEATH,
WOBBURN SANDS,
NEAR BLETCHLEY,
BUCKS.**

(Official) Woburn Sands 58 3113

(Patients) Woburn Sands 58 2372

PATIENTS : Women and girls from 14-75 years of age. General convalescence.

Ineligible : Colostomies and Asthmas.

RELIGION : Undenominational.

BEDS: 32, in small wards, chiefly 2 or 4 bed wards. No lift.

TREATMENT : As required. Physiotherapy can be arranged at Edgbury Hospital nearby. All diets and dressings provided.

STAFF: Senior Officers: Sector Administrator, Senior Nursing Officer.

Nursing Staff : Trained nurses.
Enrolled nurses.
Nursing auxiliaries.

Medical Staff: Dr G Worden (visiting).

LENGTH OF STAY: 1 or 2 weeks, as arranged by the parent hospital.

ROUTINE AND RECREATION : Patients rise and retire at varying times according to individual conditions. There are library facilities, wireless, television, indoor games. Also facilities for washing and ironing personal laundry. Library service organised by the British Red Cross.

Visiting : Unrestricted visiting 9 a.m. to 9 pm.

RECEIVING DAY : Monday to Friday.

DISCHARGE DAY : Normally 14 days after admission, eg admitted on a Tuesday, discharged on a Tuesday.

STATION : Bletchley. GLC patients admitted on Tuesdays and Wednesdays and patients from Buckinghamshire hospitals on Mondays and Fridays.

GENERAL : Two-storied building standing on high ground, with attractive wooded district all round. The Home is open all the year round.

APPLICATIONS: to the Nursing Officer, Edgbury Hospital, Woburn Sands (Woburn Sands 58 2392)

KINGSBURY
COLEY AVENUE,
WOKING, SURREY.
Church Army Short-stay Home.

(Woking 63304)

PATIENTS Men and women over retirement age for holiday periods, or care and attention when relatives are away, post-hospital periods of rest and care.

Ineligible : Normal exclusions, lung diseases including asthma in advanced stages. Diabetics. Confusion. Epileptics and Incontinent cases.

RELIGION: Church of England, but non-Church of England are received.

BEDS: 29 including 7 on the ground floor. A few single rooms are available. There is a lift

TREATMENT: No treatment, but light Diets provided.

STAFF: Church Army Officer in charge, Assistant and Three General Assistants.

Medical Staff: Doctor attends weekly or at request.

LENGTH OF STAY: Maximum 4 weeks, although extensions are allowed in special circumstances.

ROUTINE AND RECREATION : Visitors have breakfast at 9 am. Those who can are asked to make their own beds, which are equipped with modern interior spring mattresses, but this is undertaken for the more frail.

Visiting: Any day.

CHARGES: £26.91 per week but now under review.

RECEIVING DAY: By arrangement with the Church Army Headquarters, Sunset and Anchorage Homes Department, to whom all applications should be made.

DISCHARGE DAY: By arrangement with CA Headquarters.

STATION: Woking.

GENERAL: The Home is centrally heated and well equipped; ten minutes' walk from Station. This Home is open all the year round.

APPLICATIONS: The Church Army Headquarters, Sunset and Anchorage Homes Department, CSC House, North Circular Road, London, NW10 7UG.

ST PETER'S CONVENT

MAYBURY HILL,
WOKING,
SURREY.

(Woking 61137)

PATIENTS: Women. Consideration is given to a limited number of patients over 70 who are genuinely convalescent and mentally alert. General medical and post-operative convalescence. Hearts. Orthopaedic cases and colostomies.

Ineligible: Asthma, fits, (epileptic or other), infectious and skin diseases. Neurosis, cancer in advanced stage, or if liable to be offensive to others.

RELIGION : Anglican Community. (All denominations accepted).

BEDS: Convalescent—First floor—total 20. (Large Ward, 11. Small ward, 4. Balcony, 4 one small private room). Guest Floor. New unit, six single rooms available for patients needing less nursing care. There is a sitting room with an adjoining kitchen in which patients may prepare their own breakfast and afternoon tea (food provided). Dinner and supper in dining room. Lift to all floors. Private Nursing wing. Single Rooms available for short term convalescents £50 p.w.

TREATMENT : Simple medical treatments. Mild gastric diets. Simple dressings.

STAFF : Chief Resident Officer : Reverend Mother Superior.

Nursing Staff: Assistant Superior (SRN); 5 SRN and 2 part time SRN; 2 SEN; 1 Dispenser.

Medical Staff : Mr L G Higgins
Dr Dalglish
Dr K A M Moore
Dr Rae } (visiting).

LENGTH OF STAY : Usually 2 weeks, but no fixed limit. Usual maximum 1 month.

ROUTINE AND RECREATION : All patients have breakfast in bed and retire before or after supper as desired. Afternoon rest if required.

Library, wireless, television. Convalescents allowed out to afternoon cinemas.

Visiting: 2 to 5 pm. 7.0 — 7.45 pm for those unable to come in the afternoon.

Guest Floor New Unit: 7.30—8.30 pm.

CHARGES: Wards, £40 ward bed £50 single rooms, p.w.

RECEIVING DAY: Monday, before 12 noon.

DISCHARGE DAY: Normally Monday.

STATION : Woking, from Waterloo, thence by Maybury Hill bus or taxi.

GENERAL: Built in 1883, the Convent stands on high ground in 20 acres of ground.

APPLICATIONS : to the Admissions Sister of the Community of St. Peter at the Convent (with return postage), for N.H.S. patients.

THE JOHN HORNIMAN SCHOOL

2 PARK ROAD,
WORTHING,
SUSSEX.

(Worthing 200317)

Parent Society : The Invalid Children's Aid Association.

PUPILS : Boys and girls aged 5-9 suffering from severe speech and language disorders.

Ineligible : Primary stammers. Educationally sub-normal children. Severely spastic cases. Seriously maladjusted children.

RELIGION : Undenominational.

BEDS : 24.

TREATMENT : Speech therapy. Specialist medical and psychological consultations
Routine medical supervision.

STAFF : Chief Resident Officer : Headmistress : Miss M Palmer.

Medical Staff : Dr D Palmer School Medical Officer.

LENGTH OF STAY : As required for satisfactory treatment or until maximum age.

ROUTINE AND RECREATION : Children get up at 7.30 am and go to bed between 6 and 7 pm. Intensive integrated language programme carried out by teachers and speech therapists with individual teaching and speech therapy as required. Regular use made of the school minibus for outings in connection with educational programme and to the Downs for walks and free play. Four-term year—all holiday spent at home.

Visiting Day: By arrangement with the Senior Child Care Officer.

CHARGES : Payable by Local Education Authority.

RECEIVING DAY: Normally at the beginning of the Spring and Autumn terms (i.e. 2nd, and 4th terms).

DISCHARGE DAY: Normally at the end of the Easter and Summer terms (i.e. 1st and 3rd terms).

STATION : Worthing Central.

GENERAL: Built as a Convalescent Home for children by John Horniman Trustees; now entirely redecorated and modernised. Playground and lawn with sandpit and paddling pool. School is opposite the sea and near a recreation ground.

DAY UNIT: 6 boys and girls aged 3-5 with speech and language disorders attend mornings only. Organised in conjunction with Area Health Authority and Local Education Authority. Intensive language programmes carried out by speech therapist and nursery teacher.

APPLICATIONS: to the Director, The Invalid Children's Aid Association, 126 Buckingham Palace Road, London, SW1W 9SB (01-730-9891).

LLOYD RECUPERATIVE CENTRE

THE POPLARS, 32, MILL ROAD,
WEST WORTHING,
SUSSEX,

PATIENTS: Ages 16-75 years who are ambulant and can care for themselves.

Ineligible: Normal exclusions, patients requiring constant nursing and medical care.

RELIGION: Undenominational.

BEDS: 10 (single and twin-bedded rooms).

TREATMENT: Gastric and diabetic diets, simple dressings.

LENGTH OF STAY: 2 weeks which may be extended.

ROUTINE: Choice of menu—Breakfast 8.30 to 9.00 am. Lunch 1.00-1.30 pm. Light afternoon tea 4.00 pm. Dinner 6.45 to 7.15 pm.

CHARGES: On application.

RECEIVING DAY: Any day by arrangement with Head Office.

VISITORS: Any day after 10 am.

STATION: West Worthing from Victoria. Taxis available if required.

GENERAL: Situated in a most select area, on flat ground and enjoying one of the best climates on the South Coast, the Recuperative Centre is an imposing detached property having an "in and out" drive with ample parking facilities and a secluded garden. Approximately 500 yards from West Worthing Station through a pine-studded avenue in which seats are available, the Centre is about $\frac{1}{2}$ mile from the sea, again through a pleasant wide tree-lined avenue with intermittent bench seating. If required, bus services to the Town Centre and beach.

The Centre is equipped and furnished to a high standard, fitted carpets throughout, coloured T.V., hot and cold water and shaving points in all bedrooms, full central heating. Minimum restrictions.

All rooms are on ground and first floor only; the Centre has hotel standards of fire prevention, all precautions having been taken and approved by the Local Council and West Sussex Fire Officials.

APPLICATIONS: Open all the year—applications should be made to Lloyd Memorial (Printers) Convalescent Home, "The Beeches", Brighton Road, Lower Kingswood, Surrey (Mogador 2057).

MILDMAY CONVALESCENT HOME

**45, WORDSWORTH ROAD,
WORTHING,
SUSSEX, BN11 3JB**

(Worthing 39875)

PATIENTS : Married couples and Women aged 25 to 70. General convalescence.

Ineligible : Normal exclusions. Bed cases. Infirm or advanced cases of illness and those needing night attention. Asthma, Diabetics (insulin controlled), Ileostomies.

RELIGION : Interdenominational.

BEDS : 30. Double and single rooms. Lift to first floor. Patients must be able to negotiate a few stairs.

TREATMENT : No special treatment. Gastric diets. Simple dressings.

STAFF: Chief Resident Officers: Matron, Miss F B Jackson SRN SCM.

Nursing Staff: Sisters (SRN).

Medical Staff: Dr Crawley, MB, ChB. (visiting).

LENGTH OF STAY : 2 weeks.

ROUTINE AND RECREATION : Patients get up in time for breakfast at 8.30 am and retire by 9.30 pm. There is a rest hour after lunch. There is television, games, radio, a record player and piano. Evening prayers (voluntary).

Visiting Day: Every day during visiting hours according to brochure or by arrangement with Matron.

CHARGES: £31 per person per week.

RECEIVING DAYS: Mondays, Wednesdays and Fridays, preferably between 2 and 3 pm. Morning admission by arrangement.

DISCHARGE DAYS: As above, before 11.30 am. Exceptions by arrangement.

STATION: Victoria to Worthing. (Not West Worthing station).

GENERAL: A few minutes from the sea, on level ground near to shops.

APPLICATIONS : to the Matron.

THE QUEEN ALEXANDRA HOSPITAL HOME

for Disabled Sailors, Soldiers and Airmen.

GIFFORD HOUSE,

WORTHING,

SUSSEX, BN11 4LJ

(Worthing 202486)

PATIENTS : Disabled Ex-Servicemen only. No accommodation for Officers.

Ineligible: Cases of tuberculosis and all infectious diseases.

RELIGION : Church of England but any denomination received.

BEDS : 64. Fifty for permanent patients and fourteen beds available in wards on ground floor for seriously disabled men living at home in need of a change or convalescence with treatment following an illness or operation.

TREATMENT : According to Disability. Physiotherapy and Occupational Therapy available.

STAFF : Medical Officer : Dr P Murphy MB BCh.

Matron : Miss D P Morris SRN.

State Registered Staff.

LENGTH OF STAY : At Doctor's discretion and according to demand on beds.

ROUTINE AND RECREATION: Outings by Ambulance/Coach. Entertainments arranged by local residents and Societies.

CHARGES : Every case considered according to means.

RECEIVING DAY : }
DISCHARGE DAY : } Any day. Open all the year round.

STATION : West Worthing.

GENERAL : This Hospital Home fulfils a dual role—it provides a home for some 50 disabled Ex-Servicemen who are permanently resident and carries out the re-creative and convalescent work already described ; Gifford House has sheltered gardens and is within easy reach of the sea. Worthing has a level stretch of sea front and so is ideal for patients in chairs.

APPLICATIONS : to the Secretary.

THOMAS BANTING MEMORIAL HOME

BANTING HOUSE,
28 DOWNVIEW ROAD,
WORTHING, SUSSEX.

(Worthing 47461)

PATIENTS: Ladies aged 18 to 75, or more if otherwise suitable. General convalescence.

Ineligible: Normal exclusions. Those requiring any form of nursing, special diets, or unable to manage stairs.

RELIGION : Undenominational.

BEDS: 6, in single rooms, on 1st floor. 1 on 2nd floor, 1 on Ground floor.

TREATMENT : No diets or dressings, but Physiotherapy can be arranged at Worthing Hospital. Arrangements to be made by the Hospital sending the patient.

STAFF : Chief Resident Officer : Lady Superintendent.

Nursing Staff : None.

Medical Staff : Dr P A T Martin (visiting).

LENGTH OF STAY : 2 or 3 weeks, which can be extended to 8 if necessary.

ROUTINE AND RECREATION : Patients should be up by 9 am.

Writing and reading rooms. Cinemas, concerts, etc, in Worthing.

Visiting Day : Any afternoon.

CHARGES: £21.00 per week. Patients pay for gas and electric fires in their bedrooms by slot meter. Deposit of £5.00 should be remitted in advance of the visitor's arrival.

RECEIVING DAYS: Monday to Friday inclusive, Saturday by arrangement.

DISCHARGE DAYS : Monday to Friday inclusive or at weekend by arrangement.

STATION : West Worthing, from Victoria, thence 5 minutes' walk, or by taxi.

GENERAL : The Home is a comfortable, old-fashioned house in a quiet road intended only for the reception of ladies of reduced means. It would be much appreciated if patients would bring suitcases small enough to be carried upstairs without difficulty by female staff. Closing: The Home may close for about 1 week at Christmas, depending on staff arrangements.

APPLICATIONS : to the Secretary, Thomas Banting's Memorial, 1 Highworth, Worthing (Worthing 37581).—9—1 am and 2.30—5 pm.

PART II

The Homes listed in this section are outside the boundaries of the four Thames and Wessex Regional Health Authorities. Only those Homes nearest to London are regularly visited by members of the Auxiliary Hospitals Committee.

THE RAILWAY CONVALESCENT HOME

"BRIDGE HOUSE,"

DAWLISH, DEVON.

EX7 9AU

(0626-86-3303)

PATIENTS: Male employees and husbands of female employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired and redundant personnel within certain limits.

Ineligible: Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

RELIGION : Undenominational.

BEDS: 57. None on ground floor. Rooms contain 3 to 9 beds.

TREATMENT: No treatments. Gastric and diabetic diets. Simple dressings. Colostomy cases accepted.

STAFF : Chief Resident Officer : Matron (SRN).
Medical Staff : Dr D B Peterkin (visiting).

LENGTH OF STAY : 2 weeks.

ROUTINE AND RECREATION : Patients rise at 7 am and retire at 10 pm. All patients to be in the grounds by 9.30 pm. No domestic work is done by the patients. Billiards, darts, piano, radio, colour television, and putting green.

Visiting Day: Every afternoon, 2 to 4 pm by arrangement with Matron.

CHARGES : None.

RECEIVING DAYS: }
LEAVING DAYS : } Tuesday.

STATION : Dawlish, from Paddington. Conveyance arranged from and to Station.

GENERAL : Large gardens supply fresh vegetables. Own poultry. Short, easy walk to seashore.

APPLICATIONS: To the Secretary, The Railway Convalescent Homes, "High Bridge House", 93/96 Oxford Road, Uxbridge, Middlesex, UB8 1HW. Telephone: Uxbridge 35567/8 (STD Code 0895).

THE MENTAL AFTER CARE ASSOCIATION

158 FOXHALL ROAD,
IPSWICH,
SUFFOLK.

PATIENTS : Men and women in need of rehabilitation after mental illness. Preference given to those under 50 years.

Ineligible : Normal exclusions other than mental illness. Bed cases or those requiring nursing care or night time attention are also ineligible.

RELIGION : Undenominational.

BEDS : 34. Numbers according to size of rooms.

TREATMENT : Rehabilitation towards full employment and social independence.

STAFF : Four resident staff trained or experienced in mental nursing.

LENGTH OF STAY: As appropriate to individual needs.

ROUTINE AND RECREATION: Meal times to suit residents' hours of employment. All residents make their own beds and help with domestic work. Various forms of occupation provided in the hostel for residents not yet ready to cope with outside employment.

CHARGES: £28.00 per week.

RECEIVING DAY : }
DISCHARGE DAY: } Any week day.

STATION : Ipswich—frequent trains from Liverpool Street Station.

GENERAL : Large house and garden on bus route to town centre and Felixstowe.

APPLICATIONS : To the Secretary, The Mental After Care Association, Eagle House, 110 Jermyn Street, London, SW1

THE RAILWAY CONVALESCENT HOME

THE OLD ABBEY,
MARINE DRIVE,
LLANDUDNO,
NORTH WALES.

(0492-77625)

PATIENTS : Female Employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. (Wives, provided the husband is of working age and contributes to the Railway Convalescent Homes). Also retired and redundant personnel within certain limits (this applies also to wives of retired personnel).

Ineligible: Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

RELIGION : Undenominational.

BEDS : 25, in 2 and 3 bed rooms. None on the ground floor. Hot and cold water in every bedroom.

TREATMENT : Normal gastric and diabetic diets, etc. Simple dressings. Colostomy cases accepted.

STAFF : Chief Resident Officer : Matron (SRN).

Medical Staff: Dr N Roberts.

LENGTH OF STAY : 2 weeks.

ROUTINE AND RECREATION : Patients rise at 7 am and retire at 10 pm. All patients to be in grounds by 9.30 pm. No domestic work is done by the patients. There is a piano, radio, colour television and card games, etc.

Visiting Day: Every afternoon, 2 to 4 pm by arrangement with Matron.

CHARGES: None.

RECEIVING DAYS: }
LEAVING DAYS: } Tuesday.

STATION: Llandudno, from Euston. Conveyance arranged from and to the Station.

GENERAL: The Home commands extensive views from Conway Castle to the Isle of Anglesey. Large gardens run down to the seashore, and supply fresh vegetables.

APPLICATIONS: To the Secretary, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex, UB8 1HW. Telephone: Uxbridge 35567/8 (STD Code 0895).

DAWN HOUSE SCHOOL

**HELMSLEY ROAD,
RAINWORTH,
Nr. MANSFIELD,
NOTTS.**

(Blidworth 5361)

Parent Society: The Invalid Children's Aid Association

PUPILS: Boys and girls aged 5-13 suffering from severe speech and language disorders.

Ineligible: Primary stammers. Educationally sub-normal children. Physically handicapped children. Seriously maladjusted children.

RELIGION: Undenominational.

BEDS: 48 resident and up to 6 day pupils.

TREATMENT: Speech therapy. Consultations with medical specialists if required.
Routine medical supervision.

STAFF: Chief Resident Officer: Headmistress, Mrs S Naidoo.

Senior Speech Therapist—Mrs C Haynes.

LENGTH OF STAY: As required for satisfactory treatment or until maximum age.

ROUTINE AND RECREATION: Children get up at 7.30 am and go to bed between 6-8 pm depending on age. Intensive and integrated language programmes are carried out by teachers and speech therapists. Specialist remedial education is linked to the language work and planned to meet each child's individual need.

Visiting Day: By arrangement with the Senior Child Care Officer.

CHARGES: Payable by Local Education Authority.

RECEIVING DAY: Normally at beginning of term.

DISCHARGE DAY: Normally at end of term.

STATION: Nottingham.

GENERAL: Purpose built school on a 10 acre site adjoining Forestry Commission land, but within a few minutes walk of the main Mansfield to Newark road. All-purpose recreation hall. Art/Craft/Domestic Science room.

APPLICATIONS: to the Director, The Invalid Children's Aid Association,
126 Buckingham Palace Road, London, SW1W 9SB (01-730-9891).

MARLBOROUGH CHILDREN'S CONVALESCENT HOSPITAL

MARLBOROUGH,
WILTS, SN8 1JT (Marlborough (0672) 52271-2)

PATIENTS: Boys and girls from 18 months to 16th birthday. Orthopaedic cases. Chests. Non-infectious skin cases. Asthmatics. Rheumatic Hearts. Post-operatives. Bed cases.

Ineligible : Normal exclusions.

RELIGION : Undenominational.

BEDS : 83, including a modern ward accommodating 26 boy patients.

TREATMENT : Fully equipped physiotherapeutic department with Hubbard Tank etc; remedial exercises ; all diets and dressings.

STAFF: Chief Resident Officer: Nursing Officer.

Nursing Staff: 11 SRN; 3 SEN; 25 Nursing Auxiliaries.

Medical Officers & Visiting Medical Staff:

Dr L F Jones Consultant Paediatrician
Dr A J Salisbury Consultant Paediatrician
Dr J Dippy Consultant Rheumatologist
Mr J Cockin Consultant Orthopaedic Surgeon
Dr K D Crow Consultant Dermatologist
Dr R W Cabeldu Consultant Child Psychiatrist
Dr T R Maurice Medical Officer
Dr W L Calnan Medical Officer
Mr R B Jones Dental Surgeon

LENGTH OF STAY : Minimum 1 month. No limit.

ROUTINE AND RECREATION : The children who are fit to do so normally rise at 7.45 am and have breakfast at 8.30 am. There is a compulsory rest in the afternoon. All young children are in bed by 8 pm. No domestic work is required of them. Occupational therapy. Television, luxury coach, games room, heated swimming pool nearby.

Facilities for outdoor games. Playground. Country walks, nature study, etc.

School : Recognised Ministry of Education Hospital School. Head Teacher and 7 assistants. Also Nursery School.

Visiting Days: At any time at discretion of Nursing Officer or Ward Sister, but preferably after School (3.30 pm) on weekdays.

RECEIVING DAY : Any day.

DISCHARGE DAY: Any day but usually at weekends.

STATION : Swindon from Paddington. The Hospital is 13 miles from Swindon at which there is a bus service (No 470) to and from Marlborough. It can also be reached by coach.

GENERAL : The Hospital stands in its own grounds on the edge of Marlborough Downs, 500 feet above sea-level.

APPLICATIONS: to the Nursing Officer.

THE RAILWAY CONVALESCENT HOME

ASCOG MANSION,
ROTHESAY,
ISLE OF BUTE,
SCOTLAND, PA20 9EU

(0700-2721)

PATIENTS: Male employees and husbands of female employees of British Nationalised Transport of working age who contribute to the Railway Convalescent Homes. Also retired and redundant personnel within certain limits.

Ineligible: Bed cases; cases requiring *constant* Nursing care or treatment; terminal cases; Patients requiring Blood Tests during Convalescence; Infectious Diseases, unless covered by a Doctor's Certificate to the effect that no infection remains; serious Mental and Neurotic disorders.

RELIGION : Undenominational.

BEDS : 32. None on the ground floor. Rooms contain 2 to 6 beds.

TREATMENT : No treatment. Gastric and diabetic diets provided. Simple dressings. Colostomy cases accepted.

STAFF : Chief Resident Officer : Matron (SRN).

Medical Staff: Dr T Gordon Howie (visiting).

LENGTH OF STAY: 2 weeks.

ROUTINE AND RECREATION : Patients rise at 7 am and retire at 10 pm. All patients to be in the grounds by 9.30 pm. No domestic work is done by the patients. Billiards, bagatelle, darts, table tennis, bowls, piano, radio, colour television and putting green.

Visiting Day: Every afternoon, 2 to 4 pm by arrangement with Matron.

CHARGES : None.

RECEIVING DAYS : }
LEAVING DAYS : } Tuesday.

STATION : Rothesay, from Euston, via Glasgow and Wemyss Bay—Conveyance arranged from and to the Pier.

GENERAL : Large gardens supply fresh vegetables. Own poultry. Home on seashore.

APPLICATIONS: To the Secretary, The Railway Convalescent Homes, "High Bridge House," 93/96 Oxford Road, Uxbridge, Middlesex, UB8 1HW. Telephone: Uxbridge 35567/8 (STD Code 0895).

BYNG HOUSE
30, PROMENADE,
SOUTHPORT,
MERSEYSIDE, PR8 1QU

(Southport 37875)

PATIENTS: Ex-Service men and women of any age. Adult dependants. General convalescence. Rest.

Ineligible: Normal exclusions. Bed cases. Bronchiectasis. Epilepsy unless controlled. Children.

RELIGION: Undenominational.

BEDS: 66, in 2 bed wards; none on ground floor but there is a lift.

TREATMENT: No treatments or dressings. Light diets.

STAFF: Chief Resident Officer: Manager.

Nursing Staff: None.

Medical Staff: Dr T J Szczesniak (visiting).

LENGTH OF STAY: 2 weeks, sometimes extended.

ROUTINE AND RECREATION: Patients rise in time for 8.45 am. breakfast, and retire at 10.30 pm. They are expected to make their own beds. No other domestic work is required.

The Home has a library and television as well as facilities for indoor and outdoor games.

Visiting: Anytime, excepting meal-times, until 8.00 pm.

CHARGES: Free. Payable by British Legion. Other Service Funds, etc., are asked to contribute towards cost of maintenance.

RECEIVING DAY: Tuesday.

DISCHARGE DAY: Tuesday.

STATION: Southport, from Euston.

GENERAL: The house stands on the promenade and has a large garden. **CLOSED DECEMBER AND JANUARY.**

APPLICATIONS: Through Local Service Committees of the Royal British Legion. (Addresses available at Local Post Offices).

ROYAL BRITISH LEGION REST AND CONVALESCENT HOME

SOMERSET LEGION HOUSE,
17/23 BIRNBECK ROAD,
WESTON-SUPER-MARE,
AVON, BS23 2EH

(Manager) Weston-super-Mare 29589
(Residents) Weston-super-Mare 21211

PATIENTS : Ex-Service men and women of any age. Adult dependants. General convalescence. Rest.

Ineligible: Chair cases. Bed cases. Communicable diseases. Tuberculosis
Epilepsy unless controlled. Children.

RELIGION : Undenominational.

BEDS: 94, mainly in 2-bedded rooms. 6 on ground floor. Few single rooms. Accommodation for 41 married couples. Hot and cold water in all bedrooms.

TREATMENTS : No treatments or dressings. Light diets.

STAFF : Chief Resident Officer : Manager.

Nursing Staff : None.

Medical Staff : Dr Leo T Martin (visiting).

LENGTH OF STAY : Normally 2 weeks. Can be extended at the discretion of the Medical Officer.

ROUTINE AND RECREATION : There are few restrictions. No domestic work is expected of the guests.

Patients arrange own social evenings.

Visiting day: Any day, except meal times, 2.00 pm until 6.00pm.

CHARGES : Free. Borne by British Legion. Other Service funds, etc, are asked to contribute towards the cost of maintenance.

RECEIVING AND DEPARTURE DAY: Tuesday.

STATION : Weston-super-Mare, from Paddington. The Home is about 1 mile from the station. Bus service to within 50 yards of the Home.

GENERAL : The Home is a converted hotel and delightfully situated on the seafront. Many of the rooms overlook the sea. Electric passenger lift. Central heating throughout.

APPLICATIONS: Through Local Service Committees of the Royal British Legion, (Addresses available at Local Post Offices). HQ, Royal British Legion controls all admissions, patients cannot be admitted on direct applications to the Home.

HALES HOUSE
WINTERTON-ON-SEA,
NEAR GREAT YARMOUTH,
NORFOLK.

(Winterton-on-Sea 271)

Parent Society The National Society for Mentally Handicapped Children.

PATIENTS : Short stay and extended care for all grades of mentally handicapped children up to 16 years of age, including those suffering from epilepsy or cerebral palsy.

Ineligible : Infectious diseases and children who are a danger to themselves and others.

RELIGION : Undenominational.

BEDS : 24 in six four-bedded rooms (isolation facilities available if necessary).

TREATMENT : Child care and social training.

EDUCATION: Provided by Local Authority.

STAFF: Matron and 2 Assistant Matrons. Trained care staff day and night.

Medical Staff: Visiting Medical Officer and Physiotherapy Adviser.

LENGTH OF STAY: Not exceeding one year on initial acceptance: extension beyond that period subject to individual review.

ROUTINE : Routine is according to requirements. Large garden with well equipped playground, adjoining sand dunes.

CHARGES: £75.39 per week.

RECEIVING DAY :
DISCHARGE DAY: } By arrangement.

STATION : Great Yarmouth. Number 6 bus to Winterton-on-Sea.

APPLICATIONS : Director of Residential Establishments, NSMHC Pembridge Hall, 17, Pembridge Square, London, W2. 4EP (01-229-8941).

1979 EDITION OF DIRECTORY

The 1979 edition of the Directory of Convalescent Homes Serving Greater London will be ready for distribution on the 1st January, 1979. It is priced £1.25 and postage will be charged at the prevailing rate. Orders may be sent at any time and preferably before the end of November, 1978. Please do not send any remittance with your order as an invoice requesting payment will be forwarded to you with the Directory.

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DIRECTORY OF CONVALESCENT HOMES

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Please forward to the above address.....copy/copies of the 1979 Directory of Convalescent Homes.

PLEASE NOTE:—

Orders for this publication should be sent to
King Edward's Hospital Fund for London,
14, Palace Court, Bayswater,
London, W2 4HT.

INDICES

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Alphabetical List of Homes Appearing in the Directory

Prefix letters denote the following:—

- M Men accepted. W Women accepted. C Children accepted
- No fixed age limit, or patients over 70 accepted. a Breakfast in bed provided.
- b Bed cases accepted. g Ground floor bedrooms. 1 Long stay

Italics indicate a Private Home with Contractual Arrangements

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Wl	Castle Glen Mental After-Care Home, Sandgate, Folkstone	55
W*ag	Catharine House for Gentlewomen, St Leonards	52
W*ag	Catisfield House Convalescent Home, Hove	36
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MW*g	Churchill Court Convalescent Home, Sevenoaks	57
MWl	Clifton House Mental After-Care Home, Bournemouth	12
MW	Coignafearn Mental After-Care Home, Croydon	27
MW	Convalescent Police Seaside Home, Hove	37
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W*g	Dominican Convalescent Home, Kelvedon	39
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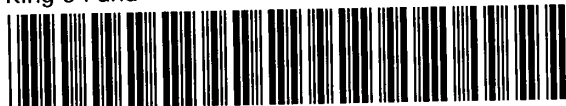
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